

PREGNANT IN WEST LONDON

England & Wales · Charity number 1189389

Details

Status Registered

Legal form CIO

Registered 2020-05-07

Register [View on the Charity Commission register](#)

Contact

Address 27a Colville Road
London
W11 2BT

Phone 07931544793

Email pwlcharity@gmail.com

Activities

Objects: THE OBJECTS OF THE CIO, WHICH ARE TO BE CARRIED OUT FOR THE PUBLIC BENEFIT IN WEST LONDON, ARE AS FOLLOWS: 1) THE ADVANCEMENT OF EDUCATION IN THE SUBJECTS OF PREGNANCY, LABOUR AND DELIVERY, BREASTFEEDING AND NEONATAL CARE. 2) THE PRESERVATION AND PROTECTION OF GOOD PHYSICAL AND MENTAL HEALTH AND WELLBEING AMONG WOMEN DURING PREGNANCY AND DURING THE POST NATAL PERIOD BY PROVIDING INFORMATION AND ADVICE DESIGNED TO ENSURE THAT THEY ARE CONFIDENT AND SUPPORTED TO MAKE WELL INFORMED CHOICES WHICH WILL RESULT IN POSITIVE HEALTH OUTCOMES FOR THEMSELVES AND THEIR BABIES.

Activities: We provide free ante natal and post natal sessions and support for women and their partners in West London.

Classification

- **How:** Provides Services
- **What:** General Charitable Purposes
- **Who:** Other Defined Groups

Geography

- **Area of benefit:** LOCAL
- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-04	£10,853	£9,746	-	-
2024-04-04	£2,155	£6,619	-	-
2023-04-04	£14,253	£11,643	-	-
2022-04-04	£10,317	£15,106	-	-
2021-04-04	£28,101	£21,601	-	-

Trustees

Name	Role	Appointed
Elizabeth Crompton-Batt Ms	Chair	2020-05-07
Alex Goodwin		2020-05-07
Andrea Payne		2022-11-22
Guy Creasey		2020-05-07
James Thomas Henderson		2021-07-05

PREGNANT IN WEST LONDON

England & Wales - Charity number 1189389

Accounts

PREGNANT IN WEST LONDON

Charity number 1189389

PREGNANT IN WEST LONDON
ANNUAL REPORT
FOR THE YEAR TO 30th APRIL 2025

PREGNANT IN WEST LONDON

Contents

REFERENCE AND ADMINISTRATIVE DETAILS.....	2
REPORT OF TRUSTEES.....	3
INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS.....	5
STATEMENT OF FINANCIAL ACTIVITIES.....	6
BALANCE SHEET AS AT 30TH APRIL 2025.....	7
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH APRIL 2025.....	8

REFERENCE AND ADMINISTRATIVE DETAILS

CHARITY REGISTRATION NUMBER: 1189389

CHAIR: Elizabeth Crompton-Batt

SECRETARY: Alexander Goodwin

TREASURER: James Henderson

OTHER TRUSTEES: Guy Creasey, Andrea Payne

ACCOUNTANTS

Community Acton Sutton
Granfers Community Centre
73-79 Oakhill Road
Sutton
Surrey SM1 3AA

REPORT OF TRUSTEES

FOR THE YEAR TO 30TH APRIL 2025

The Trustees present their report and financial statements for the year ended 30 April 2025.

Charity: Pregnant in West London: 1189389

General Description of the Charity's activities

The main aim of Pregnant in West London is the advancement of education in the subjects of pregnancy, labour and delivery, breastfeeding and neonatal care.

To help the preservation and protection of good physical and mental health and wellbeing among women during pregnancy and during the post-natal period, the charity aims to provide information and advice designed to ensure that women are confident and supported to make well informed choices which will result in positive health outcomes for themselves and their babies.

Pregnant in West London runs free antenatal and postnatal birthing classes covering subjects including labour, birth nutrition, mental health, first aid, pain relief and coming home with baby. Applicants join one round at a time with each round consisting of eight weekly sessions that cover all the topics mentioned above. All our speakers are registered professionals in their own field. We aim to continue these much-needed classes in West London, as we have an ever-growing demand, from constant referrals by the NHS midwives, NHS GPs and social workers, who all highly recommend us. We currently run all our sessions in a hybrid format (Zoom and in person according to the class). Our sessions are all funded by the grants and donations that the trustees work hard to achieve throughout the year.

Risk Management

The Trustees actively review the risk. The review of the controls of the financial systems will provide sufficient resources in the event of adverse conditions.

The Trustees have also examined other operational and business risks faced by the Charity and confirm that the Trustees have established systems to mitigate the significant risks.

PREGNANT IN WEST LONDON

Report of Trustees (continue)

Statement of Trustees' Responsibilities

Charity law require the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the Charity and of its results for that period. In preparing those financial statements the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether the policies adopted are in accordance with applicable accounting standards, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the Charity will continue in operation.

The Trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time, the financial position of the Charity and to enable them to ensure that the financial statements comply with relevant law. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

Review and Results

The Trustees report regularly on operations for the year under review.

Balance Sheet

Details of the major items on the balance sheet can be found in the notes to the accounts.

Accountants

It was resolved that Community Action Sutton has been reappointed as the Accountants.

Approved by the Trustees on Friday 30th January 2026 and signed on its behalf by


Chair

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

I report on the accounts for Pregnant in West London for the year to 30th April 2025.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 and that an Independent Examination is needed

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the general directions given by the Charities Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiners report

My examination was carried out in accordance with the general Directions given by the Charity Commission and the methods and principles of the Statement of Recommended Practice; Accounting and Reporting by Charities (FRSSE 2015). An examination includes a review of the accounting records kept by the organisation and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements;

- to keep accounting records and
- to prepare accounts have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Name: Dunstanette Kuti FCCA MCSI

Position: Community Accountant,

Community Acton Sutton
Granfers Community Centre,
73-79 Oakhill Road,
Sutton, Surrey, SM1 3AA

Date 30/4/2026

PREGNANT IN WEST LONDON

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30TH APRIL 2025

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
Income from:					
Donations				-	-
Grants	2	-	10,853	10,853	2,142
Other income				-	13
Total Income		-	10,853	10,853	2,155
Expenditure on:					
Charitable activities	3	-	9,746	9,746	6,619
Total Expenditure		-	9,746	9,746	6,619
Net income/ (expenditure) for the year		-	1,107	1,107	(4,464)
Balance B/F		-	(142)	(142)	4,322
Transfer between funds		-	-	-	-
Total Funds C/F		-	965	965	(142)

PREGNANT IN WEST LONDON

BALANCE SHEET AS AT 30TH APRIL 2025

	Notes	2025 £	2024 £
Current assets			
Cash at bank and in hand		1,555	948
		<u>1,555</u>	<u>948</u>
Liabilities:			
Amounts falling due within one year	4	590	1,090
		<u>590</u>	<u>1,090</u>
Net current Assets		965	(142)
		<u>965</u>	<u>(142)</u>
Net Assets		<u>965</u>	<u>(142)</u>
Funds			
Unrestricted Funds: General		-	-
Restricted Funds		965	(142)
		<u>965</u>	<u>(142)</u>

For the year ended 30 April 2025 the Charity was entitled to exemption under section 477 of the Companies Act 2006.

The members have not required the Charity to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The Trustees' acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

The Board of Trustees approved these accounts on Friday 30th January 2026 and signed on its behalf by:

Name  Trustee

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH APRIL 2025

1. Accounting policies

(a) Basis of preparation

- (i) These accounts are the accounts of Pregnant in West London.
- (ii) These accounts have been prepared on a cash basis.

(b) Fund accounting

- (i) The Charity's general fund consists of funds, which the Charity may use for its purposes at its discretion.

(c) Voluntary income

- (i) All voluntary income is included upon receipt.
- (ii) Grants receivable is credited to income immediately upon receipt.

(d) Investment income

Credit is taken for interest when the interest falls due for payment.

(e) Administration expenditure

Administration expenditure comprises costs incurred in running the Charity. Where applicable, some of these costs have been treated as direct charitable expenditures.

2. Grants

	2025	2024
	£	£
The Yapp Charity	2,000	-
Westminster Community Programme	6,711	-
Westminster Ward Budget	2,142	2,142
	<u>10,853</u>	<u>2,142</u>

**NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH APRIL
2025 (Continued)**

3 Expenditure

	2025	2024
	£	£
Sessional Speakers	3,840	3,120
Yoga	1,550	1,400
Admin expenses	1,550	1,400
Project activities	1,425	-
Insurance	146	146
Sundry expenses	122	164
Clubs expenses	703	-
Training	30	-
Accountancy Fees	380	390
	<u>9,746</u>	<u>6,619</u>

4 Liabilities: amounts falling due within one year

	2025	2024
	£	£
Accrued expenses:		
Accountancy fees	390	390
Sundry expenses	200	200
	<u>590</u>	<u>590</u>
Loans payable	-	500
	<u>590</u>	<u>1,090</u>

5. Remuneration of Trustees

No Trustees received any remuneration in the year (2024: Nil).

PREGNANT IN WEST LONDON

England & Wales - Charity number 1189389

Accounts

PREGNANT IN WEST LONDON

Charity number 1189389

PREGNANT IN WEST LONDON

ANNUAL REPORT

FOR THE YEAR TO 30th APRIL 2024

PREGNANT IN WEST LONDON

Contents

REFERENCE AND ADMINISTRATIVE DETAILS	2
REPORT OF TRUSTEES	3
INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS.....	5
STATEMENT OF FINANCIAL ACTIVITIES	6
BALANCE SHEET AS AT 30TH APRIL 2024	7
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH APRIL 2024	8

PREGNANT IN WEST LONDON

Charity number 1189389

REFERENCE AND ADMINISTRATIVE DETAILS

CHARITY REGISTRATION NUMBER:	1189389
CHAIR:	Elizabeth Crompton-Batt
SECRETARY:	Alexander Goodwin
TREASURER:	James Henderson
OTHER TRUSTEES:	Guy Creasey, Andrea Payne
ACCOUNTANTS	Community Acton Sutton Granfers Community Centre 73-79 Oakhill Road Sutton Surrey SM1 3AA

REPORT OF TRUSTEES

FOR THE YEAR TO 30TH APRIL 2024

The Trustees present their report and financial statements for the year ended 30 April 2024.

Charity: Pregnant in West London: 1189389

General Description of the Charity's activities

The main aim of Pregnant in West London is the advancement of education in the subjects of pregnancy, labour and delivery, breastfeeding and neonatal care.

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Risk Management

The Trustees actively review the risk. The review of the controls of the financial systems will provide sufficient resources in the event of adverse conditions.

The Trustees have also examined other operational and business risks faced by the Charity and confirm that the Trustees have established systems to mitigate the significant risks.

Statement of Trustees' Responsibilities

Charity law require the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the Charity and of its results for that period. In preparing those financial statements the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether the policies adopted are in accordance with applicable accounting standards, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the Charity will continue in operation.

PREGNANT IN WEST LONDON

Report of Trustees (continue)

The Trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time, the financial position of the Charity and to enable them to ensure that the financial statements comply with relevant law. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

Review and Results

The Trustees report regularly on operations for the year under review.

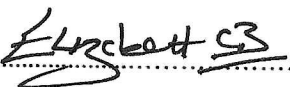
Balance Sheet

Details of the major items on the balance sheet can be found in the notes to the accounts.

Accountants

It was resolved that Community Action Sutton has been reappointed as the Accountants.

Approved by the Trustees on 27th January 2025 and signed on its behalf by



Chair

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

I report on the accounts for Pregnant in West London for the year to 30th April 2024.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 and that an Independent Examination is needed

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the general directions given by the Charities Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiners report

My examination was carried out in accordance with the general Directions given by the Charity Commission and the methods and principles of the Statement of Recommended Practice; Accounting and Reporting by Charities (FRSSE 2015). An examination includes a review of the accounting records kept by the organisation and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

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(1) which gives me reasonable cause to believe that in any material respect the requirements;

- to keep accounting records and
- to prepare accounts

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Name: Dunstanette Kuti FCCA MCSI

Position: Community Accountant,

Community Acton Sutton
Granfers Community Centre,
73-79 Oakhill Road,
Sutton, Surrey, SM1 3AA

Date 27/01/2025

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 30TH APRIL 2024

	Notes	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
		£	£	£	£
Income from:					
Donations		-	-	-	4,248
Grants	2	-	2,142	2,142	10,000
Other income		13	-	13	5
Total Income		<u>13</u>	<u>2,142</u>	<u>2,155</u>	<u>14,253</u>
Expenditure on:					
Charitable activities	3	-	6,619	6,619	11,643
Total Expenditure		<u>-</u>	<u>6,619</u>	<u>6,619</u>	<u>11,643</u>
Net income/ (expenditure) for the year		13	(4,477)	(4,464)	2,610
Balance B/F		8,558	(4,236)	4,322	1,711
Transfer between funds		(8,571)	8,571	-	-
Total Funds C/F		<u>-</u>	<u>(142)</u>	<u>(142)</u>	<u>4,322</u>

PREGNANT IN WEST LONDON

BALANCE SHEET AS AT 30TH APRIL 2024

	Notes	2024 £	2023 £
Current assets			
Cash at bank and in hand		948	4,902
		<u>948</u>	<u>4,902</u>
Liabilities:			
Amounts falling due within one year	4	1,090	580
		<u>(142)</u>	<u>4,322</u>
Net current Assets			
		<u>(142)</u>	<u>4,322</u>
Net Assets			
		<u>(142)</u>	<u>4,322</u>
Funds			
Unrestricted Funds: General		-	8,558
Restricted Funds		(142)	(4,236)
		<u>(142)</u>	<u>4,322</u>

For the year ended 30 April 2024 the Charity was entitled to exemption under section 477 of the Companies Act 2006.

The members have not required the Charity to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The Trustees' acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

The Board of Trustees approved these accounts on 27th January 2025 and signed on its behalf by:

Name... ELIZABETH CROMPTON-BATT
Trustee

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH
APRIL 2024

1. Accounting policies

(a) Basis of preparation

(i) These accounts are the accounts of Pregnant in West London.

(ii) These accounts have been prepared on a cash basis.

(b) Fund accounting

(i) The Charity's general fund consists of funds, which the Charity may use for its purposes at its discretion.

(c) Voluntary income

(i) All voluntary income is included upon receipt.

(ii) Grants receivable is credited to income immediately upon receipt.

(d) Investment income

Credit is taken for interest when the interest falls due for payment.

(e) Administration expenditure

Administration expenditure comprises costs incurred in running the Charity. Where applicable, some of these costs have been treated as direct charitable expenditures.

2. Grants

	2024	2023
	£	£
One Westminster Grant	-	10,000
Westminster Ward Budget	2,142	-
	<u>2,142</u>	<u>10,000</u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH APRIL 2024
(Continued)

3 Expenditure

	2024	2023
	£	£
Sessional Speakers	3,120	6,654
Yoga	1,400	2,180
Admin expenses	1,400	2,000
Insurance	146	146
Sundry expenses	163	283
Accountancy Fees	390	380
	<u>6,619</u>	<u>11,643</u>

4 Liabilities: amounts falling due within one year

	2024	2023
	£	£
Accrued expenses:		
Accountancy fees	390	380
Sundry expenses	200	200
	<u>590</u>	<u>580</u>
Loans payable	500	0
	<u>1,090</u>	<u>580</u>

5. Remuneration of Trustees

No Trustees received any remuneration in the year (2023: Nil).

6. Small Charity Exemptions

The Trustees have taken advantage of the Companies Act 2006 in not having these accounts audited under Section 477 (2) (total exemption).

Confirmed that no notice has been deposited under Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 30th April 2024.

Acknowledged their responsibilities for ensuring that the Charity keeps accounting records, which comply with section 386 of the Companies Act 2006.

Acknowledged their responsibilities for preparing accounts which give a true and fair view of the Charity and of its surplus for the year then ended in accordance with the requirements of Section 393 of the Companies Act 2006 and which otherwise comply with the requirements of the Act relating to accounts, so far as applicable to this Charity.

These accounts are prepared in accordance with the special provisions of part 15 of the Charity Act 2006 relating to small companies under Section 246(8) of the Act.

PREGNANT IN WEST LONDON

England & Wales - Charity number 1189389

Accounts

Charity number 1189389

PREGNANT IN WEST LONDON
ANNUAL REPORT
FOR THE YEAR TO 30th APRIL 2023

**PREGNANT IN WEST LONDON
ANNUAL REPORT
FOR THE YEAR TO 30TH APRIL 2023**

CONTENTS	Page
Charity Information	3
Report of Trustees	4-5
Independent Examiner's Report	6
Income & Expenditure Account	7
Balance Sheet	8
Notes to the Accounts	9-10

PREGNANT IN WEST LONDON

ANNUAL REPORT FOR THE YEAR TO 30TH APRIL 2023

Charity Information

CHARITY REGISTRATION NUMBER: 1189389

CHAIR: Elizabeth Crompton-Batt

SECRETARY: Alexander Goodwin

TREASURER: James Henderson

OTHER TRUSTEES: Guy Creasey, Andrea Payne

ACCOUNTANTS
Community Acton Sutton
Granfers Community Centre
73-79 Oakhill Road
Sutton
Surrey SM1 3AA

**PREGNANT IN WEST LONDON
ANNUAL REPORT
FOR THE YEAR TO 30TH APRIL 2023**

Report of Trustees

The Trustees present their report and financial statements for the year ended 30 April 2023.

Charity: Pregnant in West London: 1189389

General Description of the Charity's activities

The main aim of Pregnant in West London is the advancement of education in the subjects of pregnancy, labour and delivery, breastfeeding and neonatal care.

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Risk Management

The Trustees actively review the risk, which the Charity faces on a regular basis. The review of the controls of the financial systems will provide sufficient resources in the event of adverse conditions.

The Trustees have also examined other operational and business risks faced by the Charity and confirm that the Trustees have established systems to mitigate the significant risks.

Statement of Trustees' Responsibilities

Charity law require the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the Charity and of its results for that period. In preparing those financial statements the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
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- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the Charity will continue in operation.

**PREGNANT IN WEST LONDON
ANNUAL REPORT
FOR THE YEAR TO 30TH APRIL 2023**

Report of Trustees (continue)

The Trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time, the financial position of the Charity and to enable them to ensure that the financial statements comply with relevant law. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

Review and Results

The Trustees report regularly on operations for the year under review.

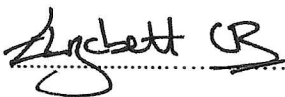
Balance Sheet

Details of the major items on the balance sheet can be found in the notes to the accounts.

Accountants

It was resolved that Community Action Sutton has been reappointed as the Accountants.

Approved by the Trustees on 5 February 2024 and signed on its behalf by


.....

Chair

PREGNANT IN WEST LONDON

Independent Examiner's Report on the Accounts

I report on the accounts for Pregnant in West London for the year to 30th April 2023.

Basis of independent examiners report

My examination was carried out in accordance with the general Directions given by the Charity Commission and the methods and principles of the Statement of Recommended Practice; Accounting and Reporting by Charities (FRSSE 2015). An examination includes a review of the accounting records kept by the organisation and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements;

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- to prepare accounts

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: Dunstanette Kuti FCCA MCSI

Position: Community Accountant,

Community Acton Sutton
Granfers Community Centre,
73-79 Oakhill Road,
Sutton, Surrey, SM1 3AA

Date February 2024

PREGNANT IN WEST LONDON

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR TO 30 APRIL 2023**

	Notes	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
		£	£	£	£
Income from:					
Donations		4,248	-	4,248	3,145
Grants	2	-	10,000	10,000	7,172
Other income		5	-	5	-
Total Income		4,253	10,000	14,253	10,317
Expenditure on:					
Charitable activities	3	-	11,643	11,643	15,106
Total Expenditure		-	11,643	11,643	15,106
Net income/ (expenditure) for the year		4,253	(1,643)	2,610	(4,789)
Balance B/F		4,305	(2,594)	1,711	6,500
Transfer between funds		-	-	-	-
Total Funds C/F		8,558	(4,236)	4,322	1,711

PREGNANT IN WEST LONDON

BALANCE SHEET AS AT 30TH APRIL 2023

	Notes	2023 £	2022 £
Current assets			
Cash at bank and in hand		4,902	2,261
		<u>4,902</u>	<u>2,261</u>
Liabilities:			
Amounts falling due within one year	4	580	550
		<u>580</u>	<u>550</u>
Net current Assets		4,322	1,711
		<u>4,322</u>	<u>1,711</u>
Net Assets			
		<u>4,322</u>	<u>1,711</u>
Funds			
Unrestricted Funds: General		8,558	4,305
Restricted Funds		(4,236)	(2,594)
		<u>4,322</u>	<u>1,711</u>

For the year ended 30 April 2023 the Charity was entitled to exemption under section 477 of the Companies Act 2006.

The members have not required the Charity to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The Trustees' acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

The Board of Trustees approved these accounts on 5th February 2024 and signed on its behalf by:

Name ELIZABETH CROMPTON-BATT
Trustee

PREGNANT IN WEST LONDON ANNUAL REPORT FOR THE YEAR TO 30TH APRIL 2023

NOTES TO THE ACCOUNTS

1. Accounting policies

(a) Basis of preparation

(i) These accounts are the accounts of Pregnant in West London.

(ii) These accounts have been prepared on a cash basis.

(b) Fund accounting

(i) The Charity's general fund consists of funds, which the Charity may use for its purposes at its discretion.

(c) Voluntary income

(i) All voluntary income is included upon receipt.

(ii) Grants receivable is credited to income immediately upon receipt.

(d) Investment income

Credit is taken for interest when the interest falls due for payment.

(e) Administration expenditure

Administration expenditure comprises costs incurred in running the Charity. Where applicable, some of these costs have been treated as direct charitable expenditures.

2. Grants

	2023	2022
	£	£
One Westminster Grant	10,000	-
Westminster Ward Budget	-	5,672
Local Giving (Magic Little Grants)	-	500
Arnold Clark Autom	-	1,000
	<u>10,000</u>	<u>7,172</u>

PREGNANT IN WEST LONDON ANNUAL REPORT FOR THE YEAR TO 30TH APRIL 2023
NOTES TO THE ACCOUNTS (continued)

3 Expenditure

	2023	2022
	£	£
Sessional Speakers	6,654	8,040
Yoga	2,180	3,200
Admin expenses	2,000	2,970
Insurance	146	546
Sundry expenses	283	-
Accountancy Fees	380	350
	<u>11,643</u>	<u>15,106</u>

4 Liabilities: amounts falling due within one year

	2023	2022
	£	£
Accrued expenses:		
Accountancy fees	380	350
Sundry expenses	200	200
	<u>580</u>	<u>550</u>

5. Remuneration of Trustees

No Trustees received any remuneration in the year (2022: Nil).

6. Small Charity Exemptions

The Trustees have taken advantage of the Companies Act 2006 in not having these accounts audited under Section 477 (2) (total exemption).

Confirmed that no notice has been deposited under Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 30th April 2023.

Acknowledged their responsibilities for ensuring that the Charity keeps accounting records, which comply with section 386 of the Companies Act 2006.

Acknowledged their responsibilities for preparing accounts which give a true and fair view of the Charity and of its surplus for the year then ended in accordance with the requirements of Section 393 of the Companies Act 2006 and which otherwise comply with the requirements of the Act relating to accounts, so far as applicable to this Charity.

These accounts are prepared in accordance with the special provisions of part 15 of the Charity Act 2006 relating to small companies under Section 246(8) of the Act.

PREGNANT IN WEST LONDON

England & Wales - Charity number 1189389

Accounts

Charity number 1189389

PREGNANT IN WEST LONDON
ANNUAL REPORT
FOR THE YEAR TO 30th APRIL 2022

**PREGNANT IN WEST LONDON
ANNUAL REPORT
FOR THE YEAR TO 30TH APRIL 2022**

CONTENTS	Page
Charity Information	3
Report of Trustees	4-5
Independent Examiner's Report	6
Income & Expenditure Account	7
Balance Sheet	8
Notes to the Accounts	9-10

**PREGNANT IN WEST LONDON
ANNUAL REPORT FOR THE YEAR TO 30TH APRIL 2022**

Charity Information

CHARITY REGISTRATION NUMBER: 1189389

CHAIR: Elizabeth Crompton-Batt

SECRETARY: Alexander Goodwin

TREASURER: James Henderson

OTHER TRUSTEES: Guy Creasey, Andrea Payne

ACCOUNTANTS
Community Acton Sutton
Granfers Community Centre
73-79 Oakhill Road
Sutton
Surrey SM1 3AA

**PREGNANT IN WEST LONDON
ANNUAL REPORT
FOR THE YEAR TO 30TH APRIL 2022**

Report of Trustees

The Trustees present their report and financial statements for the year ended 30 April 2022.

Charity: Pregnant in West London: 1189389

General Description of the Charity's activities

The main aim of Pregnant in West London is the advancement of education in the subjects of pregnancy, labour and delivery, breastfeeding and neonatal care.

The preservation and protection of good physical and mental health and wellbeing among women during pregnancy and during the post natal period by providing information and advice designed to ensure that they are confident and supported to make well informed choices which will result in positive health outcomes for themselves and their babies.

Pregnant in West London provides free antenatal and postnatal birthing classes covering subjects including labour, birth nutrition, mental health, first aid, pain relief and coming home with baby. Applicants join one round at a time which consist of eight weekly sessions that cover all the topics mentioned above. All our speakers are registered professionals in their own field. We aim to continue these much-needed classes in West London, as we have an ever-growing demand, from constant referrals by the NHS midwives, NHS GP'S and social workers, who all highly recommend us.

Our sessions are all funded by the grants and donations that the trustees work hard to achieve throughout the year.

This year we have been running our classes with both face to face sessions and Zoom sessions as required.

Risk Management

The Trustees actively review the risk, which the Charity faces on a regular basis. The review of the controls of the financial systems will provide sufficient resources in the event of adverse conditions.

The Trustees have also examined other operational and business risks faced by the Charity and confirm that the Trustees have established systems to mitigate the significant risks.

Statement of Trustees' Responsibilities

Charity law require the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the Charity and of its results for that period. In preparing those financial statements the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether the policies adopted are in accordance with applicable accounting standards, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the Charity will continue in operation.

The Trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time, the financial position of the Charity and to enable them to ensure that the financial statements comply with relevant law. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

Review and Results

The Trustees meet and report regularly on operations for the year under review.

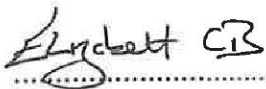
Balance Sheet

Details of the major items on the balance sheet can be found in the notes to the accounts.

Accountants

It was resolved that Community Action Sutton has been reappointed as the Accountants.

Approved by the Trustees on 9th February 2023 and signed on its behalf by



Chair

PREGNANT IN WEST LONDON

Independent Examiner's Report on the Accounts

I report on the accounts for Pregnant in West London for the year to 30th April 2022.

Basis of independent examiners report

My examination was carried out in accordance with the general Directions given by the Charity Commission and the methods and principles of the Statement of Recommended Practice; Accounting and Reporting by Charities (FRSSE 2015). An examination includes a review of the accounting records kept by the organisation and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements;

- to keep accounting records and
- to prepare accounts

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: Dunstanette Kuti FCCA MCSI



Position: Head of Finance

Community Acton Sutton
Granfers Community Centre,
73-79 Oakhill Road,
Sutton, Surrey, SM1 3AA

Date 10th February 2023

PREGNANT IN WEST LONDON

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR TO 30 APRIL 2022**

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Income from:					
Donations		3,145	-	3,145	1,160
Grants	2	-	7,172	7,172	26,941
Total Income		3,145	7,172	10,317	28,101
Expenditure on:					
Charitable activities	3	-	15,106	15,106	21,601
Total Expenditure		-	15,106	15,106	21,601
Net income/ (expenditure) for the year		3,145	(7,934)	(4,789)	6,500
Balance B/F		1,160	5,340	6,500	-
Total Funds C/F		4,305	(2,594)	1,711	6,500

PREGNANT IN WEST LONDON

BALANCE SHEET AS AT 30TH APRIL 2022

	Notes	2022 £	2021 £
Current assets			
Cash at bank and in hand		2,261	7,020
		<u>2,261</u>	<u>7,020</u>
Liabilities:			
Amounts falling due within one year	5	550	520
		<u>550</u>	<u>520</u>
Net current Assets		1,711	6,500
		<u>1,711</u>	<u>6,500</u>
Net Assets			
		<u>1,711</u>	<u>6,500</u>
Funds			
Unrestricted Funds: General		4,305	1,160
Restricted Funds		(2,594)	5,340
		<u>1,711</u>	<u>6,500</u>

For the year ended 30 April 2022 the Charity was entitled to exemption under section 477 of the Companies Act 2006.

The members have not required the Charity to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The Trustees' acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

The Board of Trustees approved these accounts on 9th February 2023 and signed on its behalf by:

Name Elizabeth CR (ELIZABETH CROFTON-BATT)
Trustee

PREGNANT IN WEST LONDON ANNUAL REPORT FOR THE YEAR TO 30TH APRIL 2022

NOTES TO THE ACCOUNTS

1. Accounting policies

(a) Basis of preparation

- (i) These accounts are the accounts of Pregnant in West London.
- (ii) These accounts have been prepared on accruals basis.

(b) Fund accounting

- (i) The Charity's general fund consists of funds, which the Charity may use for its purposes at its discretion.

(c) Voluntary income

- (i) All voluntary income is included upon receipt.
- (ii) Grants receivable is credited to income immediately upon receipt.

(d) Investment income

Credit is taken for interest when the interest falls due for payment.

(e) Administration expenditure

Administration expenditure comprises costs incurred in running the Charity. Where applicable, some of these costs have been treated as direct charitable expenditure.

2. Grants

	2022 £	2021 £
Westminster Fund	-	9,420
Westminster Ward Budget	5,672	3,185
Public Health - RBKC	-	1,360
Public Health - Westminster	-	1,360
Turning Point Innovation Fund	-	2,596
Venture Community	-	1,520
National Lottery Community Fund	-	7,500
Local Giving (Magic Little Grants)	500	-
Arnold Clark Autom	1,000	-
	<hr/>	<hr/>
	7,172	26,941
	<hr/>	<hr/>

**PREGNANT IN WEST LONDON ANNUAL REPORT FOR THE YEAR TO 30TH APRIL 2022
NOTES TO THE ACCOUNTS (continued)**

3 Expenditure

	2022 £	2021 £
Sessional Speakers	8,040	12,270
Yoga	3,200	-
Admin expenses	2,970	3,627
Project activities	-	3,900
Insurance	546	146
Sundry expenses	-	1,188
Venue Hire	-	150
Accountancy Fees	350	320
	<u>15,106</u>	<u>21,601</u>

4 Liabilities: amounts falling due within one year

	2022 £	2021 £
Accrued expenses:		
Accountancy fees	350	320
Sundry expenses	200	200
	<u>550</u>	<u>520</u>

5. Remuneration of Trustees

No Trustees received any remuneration in the year.

6. Small Charity Exemptions

The Trustees have taken advantage of the Companies Act 2006 in not having these accounts audited under Section 477 (2) (total exemption).

Confirmed that no notice has been deposited under Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 30th April 2022.

Acknowledged their responsibilities for ensuring that the Charity keeps accounting records, which comply with section 386 of the Companies Act 2006.

Acknowledged their responsibilities for preparing accounts which give a true and fair view of the Charity and of its surplus for the year then ended in accordance with the requirements of Section 393 of the Companies Act 2006 and which otherwise comply with the requirements of the Act relating to accounts, so far as applicable to this Charity.

These accounts are prepared in accordance with the special provisions of part 15 of the Charity Act 2006 relating to small companies under Section 246(8) of the Act.

PREGNANT IN WEST LONDON

England & Wales - Charity number 1189389

Accounts

Charity number 1189389

PREGNANT IN WEST LONDON
ANNUAL REPORT
FOR THE YEAR TO 30th APRIL 2021

**PREGNANT IN WEST LONDON
ANNUAL REPORT
FOR THE YEAR TO 30TH APRIL 2021**

CONTENTS	Page
Charity Information	3
Report of Trustees	4-5
Independent Examiner's Report	6
Income & Expenditure Account	7
Balance Sheet	8
Notes to the Accounts	9-10

**PREGNANT IN WEST LONDON
ANNUAL REPORT FOR THE YEAR TO 30TH APRIL 2021**

Charity Information

CHARITY REGISTRATION NUMBER: 1189389

CHAIR: Elizabeth Crompton-Batt

SECRETARY: Alexander Goodwin

TREASURER: James Henderson

OTHER TRUSTEES: Guy Creasey

ACCOUNTANTS
Community Acton Sutton
Granfers Community Centre
73-79 Oakhill Road
Sutton
Surrey SM1 3AA

**PREGNANT IN WEST LONDON
ANNUAL REPORT
FOR THE YEAR TO 30TH APRIL 2021**

Report of Trustees

The Trustees present their report and financial statements for the year ended 30 April 2021.

Charity: Pregnant in West London: 1189389

General Description of the Charity's activities

The main aim of Pregnant in West London is the advancement of education in the subjects of pregnancy, labour and delivery, breastfeeding and neonatal care.

The preservation and protection of good physical and mental health and wellbeing among women during pregnancy and during the post natal period by providing information and advice designed to ensure that they are confident and supported to make well informed choices which will result in positive health outcomes for themselves and their babies.

Pregnant in West London provides free antenatal and postnatal birthing classes covering subjects including labour, birth nutrition, mental health, first aid, pain relief and coming home with baby. Applicants join one round at a time which consist of eight weekly sessions that cover all the topics mentioned above. All our speakers are registered professionals in their own field. We aim to continue these much-needed classes in West London, as we have an ever-growing demand, from constant referrals by the NHS midwives, NHS GP'S and social workers, who all highly recommend us. We currently run all our sessions on Zoom but aim to also deliver face to face when appropriate.

Our sessions are all funded by the grants and donations that the trustees work hard to achieve throughout the year.

Risk Management

The Trustees actively review the risk, which the Charity faces on a regular basis. The review of the controls of the financial systems will provide sufficient resources in the event of adverse conditions.

The Trustees have also examined other operational and business risks faced by the Charity and confirm that the Trustees have established systems to mitigate the significant risks.

Statement of Trustees' Responsibilities

Charity law require the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the Charity and of its results for that period. In preparing those financial statements the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether the policies adopted are in accordance with applicable accounting standards, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the Charity will continue in operation.

**PREGNANT IN WEST LONDON
ANNUAL REPORT
FOR THE YEAR TO 30TH APRIL 2021**

Report of Trustees (continue)

The Trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time, the financial position of the Charity and to enable them to ensure that the financial statements comply with relevant law. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

Review and Results

The Trustees report an operational on operations for the year under review.

Balance Sheet

Details of the major items on the balance sheet can be found in the notes to the accounts.

Accountants

It was resolved that Community Action Sutton has been reappointed as the Accountants.

Approved by the Trustees on 4th February 2022 and signed on its behalf by

Elizabeth CB

Chair

PREGNANT IN WEST LONDON

Independent Examiner's Report on the Accounts

I report on the accounts for Pregnant in West London for the year to 30th April 2021.

Basis of independent examiners report

My examination was carried out in accordance with the general Directions given by the Charity Commission and the methods and principles of the Statement of Recommended Practice; Accounting and Reporting by Charities (FRSSE 2015). An examination includes a review of the accounting records kept by the organisation and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements;

- to keep accounting records and
- to prepare accounts

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Name: Dunstanette Kuti FCCA MCSI

Position: Community Accountant,

Community Acton Sutton
Granfers Community Centre,
73-79 Oakhill Road,
Sutton, Surrey, SM1 3AA

Date: 3rd February 2022

PREGNANT IN WEST LONDON

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR TO 30 APRIL 2021

	Notes	Unrestricted Funds	Restricted Funds	Total Funds 2021
		£	£	£
Income from:				
Donations		1,160	-	1,160
Grants	2	-	26,941	26,941
Total Income		<u>1,160</u>	<u>26,941</u>	<u>28,101</u>
Expenditure on:				
Charitable activities	3	-	21,601	21,601
Total Expenditure		<u>-</u>	<u>21,601</u>	<u>21,601</u>
Net income/ (expenditure) for the year		1,160	5,340	6,500
Balance B/F		-	-	-
Transfer between funds		-	-	-
Total Funds C/F		<u>1,160</u>	<u>5,340</u>	<u>6,500</u>

PREGNANT IN WEST LONDON

BALANCE SHEET AS AT 30TH APRIL 2021

	Notes	2021 £
Current assets		
Cash at bank and in hand		<u>7,020</u> 7,020
Liabilities:		
Amounts falling due within one year	5	<u>520</u>
Net current Assets		6,500
Net Assets		<u><u>6,500</u></u>
Funds		
Unrestricted Funds: General		1,160
Restricted Funds		5,340
		<u><u>6,500</u></u>

For the year ended 30 April 2021 the Charity was entitled to exemption under section 477 of the Companies Act 2006.

The members have not required the Charity to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The Trustees' acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

The Board of Trustees approved these accounts on 4th February 2021 and signed on its behalf by:

Name Ezzahat CB
Trustee (CHAIR)

PREGNANT IN WEST LONDON ANNUAL REPORT FOR THE YEAR TO 30TH APRIL 2021
NOTES TO THE ACCOUNTS (continued)

3 Expenditure

	2021 £
Charitable activities:	
Sessional Speakers	12,270
Admin expenses	3,627
Project activities	3,900
Insurance	146
Sundry expenses	1,188
Venue Hire	150
Accountancy Fees	320
	<hr/> <hr/> 21,601

4 Liabilities: amounts falling due within one year

Creditors - Accountancy Fees	£320.00
Sundry expenses	£200.00

5. Remuneration of Trustees

No Trustees received any remuneration in the year.

6. Small Charity Exemptions

The Trustees have taken advantage of the Companies Act 2006 in not having these accounts audited under Section 477 (2) (total exemption).

Confirmed that no notice has been deposited under Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 30th April 2021.

Acknowledged their responsibilities for ensuring that the Charity keeps accounting records, which comply with section 386 of the Companies Act 2006.

Acknowledged their responsibilities for preparing accounts which give a true and fair view of the Charity and of its surplus for the year then ended in accordance with the requirements of Section 393 of the Companies Act 2006 and which otherwise comply with the requirements of the Act relating to accounts, so far as applicable to this Charity.

These accounts are prepared in accordance with the special provisions of part 15 of the Charity Act 2006 relating to small companies under Section 246(8) of the Act.

PREGNANT IN WEST LONDON ANNUAL REPORT FOR THE YEAR TO 30TH APRIL 2021

NOTES TO THE ACCOUNTS

1. Accounting policies

(a) Basis of preparation

- (i) These accounts are the accounts of Pregnant in West London.
- (ii) These accounts have been prepared on cash basis.

(b) Fund accounting

- (i) The Charity's general fund consists of funds, which the Charity may use for its purposes at its discretion.

(c) Voluntary income

- (i) All voluntary income is included upon receipt.
- (ii) Grants receivable is credited to income immediately upon receipt.

(d) Investment income

Credit is taken for interest when the interest falls due for payment.

(e) Administration expenditure

Administration expenditure comprises costs incurred in running the Charity. Where applicable, some of these costs have been treated as direct charitable expenditure.

2. Grants

	2021 £
Westminster Fund	9,420
Westminster Ward Budget	3,185
Public Health - RBKC	1,360
Public Health - Westminster	1,360
Turning Point Innovation Fund	2,596
Venture Community	1,520
National Lottery Community Fund	7,500
	<hr/> <hr/> 26,941