

LADY TALK MATTERS

England & Wales · Charity number 1189358

Details

Status Registered

Legal form CIO

Registered 2020-05-05

Register [View on the Charity Commission register](#)

Contact

Address 46 Morris Road
London
E14 6NQ

Phone 07575959550

Email info@ladytalkmatters.org

Website ladytalkmatters.org

Activities

Objects: 1. TO ADVANCE GLOBAL EDUCATION FOR THE PUBLIC BENEFIT CONCERNING ALL AREAS OF FEMALE REPRODUCTIVE HEALTH. IN PARTICULAR THROUGH:A. THE PROVISION OF EDUCATIONAL MATERIAL TO INFORM AND EDUCATE PEOPLE ABOUT FEMALE REPRODUCTIVE HEALTH ISSUES.B. PROVIDING FORUMS TO PROVIDE INFORMATION, PRACTICAL ADVICE AND EMOTIONAL SUPPORT FOR FEMALES FACING REPRODUCTIVE HEALTH ISSUES.C. PROMOTING RESEARCH IN THE AREA OF FEMALE REPRODUCTIVE HEALTH.2.TO RELIEVE GLOBAL PERIOD POVERTY OF WOMEN WHO ARE UNABLE TO AFFORD BASIC SANITARY PRODUCTS. IN PARTICULAR THROUGH THE PROVISION OF SANITARY PRODUCTS TO WOMEN WHO ARE UNABLE TO AFFORD THEM.

Activities: We advance global education for the public benefit concerning all areas of female reproductive and menstrual health. We support the relief of global period poverty of women who are unable to afford basic sanitary products. In particular through the provision of sanitary products to women who are unable to afford them.

Classification

- **How:** Makes Grants To Organisations, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- South Africa
- Zimbabwe
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-30	£10,030	£17,262	-	-
2024-03-30	£6,108	£24,115	-	-
2023-03-30	£36,316	£10,840	-	-
2022-03-30	£4,256	£4,537	-	-
2021-03-30	£9,847	£8,920	-	-

Trustees

Name	Role	Appointed
Andrea Turkovic	Chair	2020-05-05
Nicola Gilbert		2020-05-05
Stuart Mason MBE		2020-05-05

Accounts



LADY TALK MATTERS

ANNUAL
REPORT

REGISTRATION 1189358

01/06/2024- 31/05/2025



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- 01 Reference and administrative
- 02 Organisational structure and trustees
- 03 Charity Purposes
- 04 Charity Activities
- 05 Public benefit statement
- 06 Achivements
- 07 Financial Report
- 08 Declerations

REFERENCE AND ADMINISTRATIVE DETAILS

The registered name of the charity is Lady Talk Matters. It is registered with the charities commission of England and Wales with the registration number: # 1189358

Full Name and Registered Address:

Lady Talk Matters 1189358

Studio 1, 46 Morris Road

London

E146NQ

The trustees have pleasure in presenting the report together with the audited accounts for the reporting year ending 31/05/2025.



Organisational Structure & Trustees

Lady Talk Matters is Charitable Incorporated Organisation (CIO). It is governed according to the publicly accessible constitution. The members of the CIO are the trustees. During this reporting period there are 3 trustees all noted below.

Andrea Turkovic

Stuart Mason - Chair

Nicola Gilbert



CHARITY PURPOSES

1. To advance global education for the public benefit concerning all areas of female reproductive health. In particular through:
 - a. The provision of educational material to inform and educate people about female reproductive health issues.
 - b. Providing forums to provide information, practical advice and emotional support for females facing reproductive health issues.
 - c. Promoting research in the area of female reproductive health.
2. To relieve global period poverty of women who are unable to afford basic sanitary products. In particular through the provision of sanitary products to women who are unable to afford them

CHARITY ACTIVITIES

Lady Talk Matters provides factual information about women's menstrual issues.

Campaign and encourage young women and girls to attend their cervical smear tests

Educate young women and girls in low socioeconomic areas on reproductive health in particular female hygiene and assist local charities in providing basic sanitary products.

PUBLIC BENEFIT

Lady Talk Matters Public benefit is enshrined within its objectives. The trustees confirm that when setting the objectives and planning the yearly activities that they give careful consideration to the charities commission guidance on public benefit. They regularly review to ensure they are meeting their charitable objectives.

The trustees are satisfied that Lady Talk Matters meets the charity commission requirements

ACHIEVEMENTS

Lady Talk Matters has delivered substantial benefits to the public:

4056

CERVICAL SMEAR REMINDERS

4056 ladies continue to receive a reminder to ensure they never miss a cervical smear test.

15,000

RE-USABLE SANITARY PACKS DONATED

Manufactured 60,000 re-usable sanitary pads which equates to 15,000 packs. Distributed to girls in need with valuable hygiene education

AWARENESS AND EDUCATION SESSIONS

Delivered multiple education sessions to schools both in the UK, South Africa and Zimbabwe. Empowering menstruators with the knowledge and education to understand their own bodies.

SISTERHOOD

Program expanding

Our sisterhood program continues to expand in reach and impact, equipping girls with essential life skills, confidence, and values that support long-term personal development.

EDUCATION

THAT EMPOWERS

The My Body Matters educational program was strengthened this year with enhanced menstrual health education, improving girls' knowledge, confidence, and ability to manage their health with dignity

BOYS EDUCATED

Continue to significantly increase the number of boys receiving education. Helping to remove the taboo and improve lives for future generations

FINANCIAL REPORT



CHARITY COMMISSION
FOR ENGLAND AND WALES

Lady Talk Matters

Receipts and payments accounts

CC16a

For the period
from

01-Jun-24

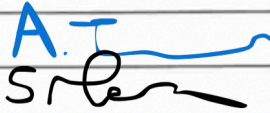
To

31-May-25

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	10,030	-	-	10,030	6,108
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	10,030	-	-	10,030	6,108
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	10,030	-	-	10,030	6,108
A3 Payments					
Travel	-	-	-	-	3,166
Merchandise	-	-	-	-	125
Educational materials	8,102	-	-	8,102	8,690
Marketing costs	1,530	-	-	1,530	110
Zimbabwe running costs	7,126	-	-	7,126	6,548
Educational Application Build cost	-	-	-	-	-
Donations	-	-	-	-	5,000
Training	-	-	-	-	116
Miscellaneous	-	-	-	-	-
Charity Platform costs	504	-	-	504	360
Purchase of materials	-	-	-	-	-
Sub total	17,262	-	-	17,262	24,115
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	17,262	-	-	17,262	24,115
Net of receipts/(payments)	- 7,232	-	-	- 7,232	- 18,007
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	7,469	-	-	7,469	25,476
Cash funds this year end	237	-	-	237	7,469

FINANCIAL REPORT

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Account	237	-	-
		-	-	-
		-	-	-
	Total cash funds	237	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Stock of educational materials	Unrestricted	-	1,000
	Stock of merchandise	Unrestricted	-	1,000
			-	
			-	
			-	
			-	
			-	
			-	
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			Andrea Turkovic	27/01/26
			Stuart Mason MBE	27/01/26

INDEPENDENT EXAMINER'S REPORT



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

**Independent examiner's
report on the accounts**

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
LADY TALK MATTERS

**On accounts for the year
ended**

31 MAY 2025

**Charity no
(if any)** 1189358

Set out on pages

1 and 2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/05/2025.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date: 26/01/2026

Name:

Christopher Dix

**Relevant professional
qualification(s) or body
(if any):**

FCA

Address:

4 Silkwood Court

Wakefield

WF5 9TP

Section B

Disclosure

None

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Andrea Turkovic

Position

Founder and Trustee

Date

27/01/2026

LADY TALK MATTERS

England & Wales - Charity number 1189358

Accounts



LADY TALK MATTERS

ANNUAL
REPORT

REGISTRATION 1189358

01/06/2023- 31/05/2024



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REFERENCE AND ADMINISTRATIVE DETAILS

The registered name of the charity is Lady Talk Matters. It is registered with the charities commission of England and Wales with the registration number: # 1189358

Full Name and Registered Address:

Lady Talk Matters 1189358

Studio 1, 46 Morris Road

London

E146NQ

The trustees have pleasure in presenting the report together with the audited accounts for the reporting year ending 31/05/2024.



Organisational Structure & Trustees

Lady Talk Matters is Charitable Incorporated Organisation (CIO). It is governed according to the publicly accessible constitution. The members of the CIO are the trustees. During this reporting period there are 3 trustees all noted below.

Andrea Turkovic

Stuart Mason - Chair

Nicola Gilbert

**Lady Talk Matters
Annual Report 2024**



CHARITY PURPOSES

1. To advance global education for the public benefit concerning all areas of female reproductive health. In particular through:
 - a. The provision of educational material to inform and educate people about female reproductive health issues.
 - b. Providing forums to provide information, practical advice and emotional support for females facing reproductive health issues.
 - c. Promoting research in the area of female reproductive health.
2. To relieve global period poverty of women who are unable to afford basic sanitary products. In particular through the provision of sanitary products to women who are unable to afford them

CHARITY ACTIVITIES

Lady Talk Matters provides factual information about women's menstrual issues.

Campaign and encourage young women and girls to attend their cervical smear tests

Educate young women and girls in low socioeconomic areas on reproductive health in particular female hygiene and assist local charities in providing basic sanitary products.

PUBLIC BENEFIT

Lady Talk Matters Public benefit is enshrined within its objectives. The trustees confirm that when setting the objectives and planning the yearly activities that they give careful consideration to the charities commission guidance on public benefit. They regularly review to ensure they are meeting their charitable objectives.

The trustees are satisfied that Lady Talk Matters meets the charity commission requirements

ACHIEVEMENTS

Lady Talk Matters has delivered substantial benefits to the public:

2896

CERVICAL SMEAR REMINDERS

2896 new ladies signed to receive a reminder to ensure they never miss a cervical smear test.

NEW BRANCH

OPENED IN ZIMBABWE

Providing employment for 4 more ladies from the rural communities to manufacture reusable sanitary pads. Expanding the number of pads distributed to girls and women in need

12,500

RE-USABLE SANITARY PACKS DONATED

Manufactured 50,000 re-usuable sanitary pads which equates to 12,500 packs. Distributed to girls in need with valuable hygiene education

22 NEW

KNOWLEDGE ARTICLES PUBLISHED

BOYS EDUCATED

Significantly increased the number of boys receiving education. Helping to remove the taboo and improve lives for future generations

AWARENESS AND EDUCATION SESSIONS

Delivered multiple education sessions to schools both in the UK, South Africa and Zimbabwe. Empowering menstruators with the knowledge and education to understand their own bodies.

FINANCIAL REPORT



CHARITY COMMISSION
FOR ENGLAND AND WALES

Lady Talk Matters

Receipts and payments accounts

CC16a

For the period
from

01-Jun-23

To

31-May-24

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	6,108	-	-	6,108	36,316
		-	-	-	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
Sub total (Gross income for AR)	6,108	-	-	6,108	36,316
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	6,108	-	-	6,108	36,316
A3 Payments					
Travel	3,166	-	-	3,166	-
Merchandise	125	-	-	125	-
Educational materials	8,690	-	-	8,690	-
Marketing costs	110	-	-	110	58
Zimbabwe running costs	6,548	-	-	6,548	-
Educational Application Build cost	-	-	-	-	201
Donations	5,000	-	-	5,000	5,200
Training	116	-	-	116	-
Miscellaneous	-	-	-	-	103
Charity Platform costs	360	-	-	360	-
Purchase of materials	-	-	-	-	5,278
Sub total	24,115	-	-	24,115	10,840
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	24,115	-	-	24,115	10,840
Net of receipts/(payments)	18,007	-	-	18,007	25,476
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	25,476	-	-	25,476	-
Cash funds this year end	7,469	-	-	7,469	25,476

FINANCIAL REPORT

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Account	7,469	-	-
		-	-	-
		-	-	-
		-	-	-
	Total cash funds (agree balances with receipts and payments account(s))	7,469	-	-

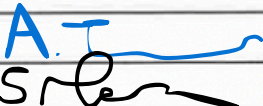
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Stock of educational materials	Unrestricted	-	1,000
	Stock of merchandise	Unrestricted	-	1,000
			-	
			-	
			-	
			-	
			-	
			-	
			-	

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Andrea Turkovic	20/01/25
	Stuart Mason MBE	20/01/25

INDEPENDENT EXAMINER'S REPORT



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

**Independent examiner's
report on the accounts**

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
LADY TALK MATTERS

**On accounts for the year
ended**

31 MAY 2024

**Charity no
(if any)**

1189358

Set out on pages

1 and 2

(referencer to include the page numbers of additional sheets)

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**Independent
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I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

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- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

16/01/2025

Name:

Christopher Dix

**Relevant professional
qualification(s) or body
(if any):**

FCA

Address:

4 Silkwood Court

Wakefield

WF5 9TP

Section B

Disclosure

None

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Andrea Turkovic

Position

Founder and Trustee

Date

20/01/2025

Accounts



LADY TALK MATTERS

ANNUAL
REPORT

REGISTRATION 1189358

01/06/2022- 31/05/2023



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Stuart Mason - Chair

Nicola Gilbert

**Lady Talk Matters
Annual Report 2023**



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PUBLIC BENEFIT

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The trustees are satisfied that Lady Talk Matters meets the charity commission requirements

ACHIEVEMENTS

Lady Talk Matters has delivered substantial benefits to the public in its third year of operations

3600

CERVICAL SMEAR REMINDERS

3502 new ladies signed to receive a reminder to ensure they never miss a cervical smear test.

ONLINE EDUCATION PLATFORM

EDUCATION VIDEOS STREAMED GLOBALLY

Education and awareness application continues to support teachers, parents and children with menstrual health education

10,000

RE-USABLE SANITARY PACKS DONATED

Manufactured 40,000 re-usable sanitary pads which equates to 10,000 packs. Distributed to girls in need with valuable hygiene education

32 NEW

KNOWLEDGE ARTICLES PUBLISHED

AWARENESS AND EDUCATION SESSIONS

Delivered multiple education sessions to schools both in the UK and South Africa. Empowering menstruators with the knowledge and education to understand their own bodies. Also ensuring boys are kept in the classroom where possible and educating them.

FINANCIAL REPORT



CHARITY COMMISSION
FOR ENGLAND AND WALES

Lady Talk Matters

Receipts and payments accounts

CC16a

For the period
from

01-Jun-22

To

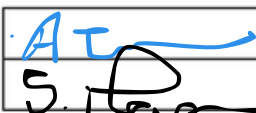
31-May-23

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	36,316	-	-	36,316	4,256
		-	-		-
		-	-		-
		-	-		-
		-	-		-
		-	-		-
		-	-		-
		-	-		-
Sub total (Gross income for AR)	36,316	-	-	36,316	4,256
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	36,316	-	-	36,316	4,256
A3 Payments					
Cost of fund raising	-	-	-	-	1,590
Merchandise	-	-	-	-	-
Educational materials	-	-	-	-	1,810
Marketing costs	58	-	-	58	262
Shipping costs	-	-	-	-	72
Educational Application Build cost	201	-	-	201	270
Donations	5,200	-	-	5,200	-
Shop Functionality Builder	-	-	-	-	-
Miscellaneous	103	-	-	103	90
Charity Platform costs	-	-	-	-	443
Purchase of materials	5,278	-	-	5,278	-
Sub total	10,840	-	-	10,840	4,537
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	10,840	-	-	10,840	4,537
Net of receipts/(payments)	25,476	-	-	25,476	- 281
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	646	-	-	646	-
Cash funds this year end	26,122	-	-	26,122	- 281

FINANCIAL REPORT

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Account	26,122	-	-
		-	-	-
		-	-	-
	Total cash funds	26,122	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Stock of educational materials	Unrestricted	-	1,000
	Stock of merchandise	Unrestricted	-	1,700
			-	
			-	
			-	
			-	
			-	
			-	
			-	
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
		 	Andrea Turkovic Stuart Mason MBE	

INDEPENDENT EXAMINER'S REPORT



CHARITY COMMISSION
FOR ENGLAND AND WALES

**Independent examiner's
report on the accounts**

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
LADY TALK MATTERS

**On accounts for the year
ended**

31 MAY 2023

**Charity no
(if any)**

1189358

Set out on pages

1 and 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/05/2023.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

31/12/2023

Name:

Christopher Dix

**Relevant professional
qualification(s) or body
(if any):**

FCA

Address:

4 Silkwood Court

Wakefield

WF5 9TP

Section B

Disclosure

None

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Andrea Turkovic

Position

Founder and Trustee

Date

30/12/2023

LADY TALK MATTERS

England & Wales - Charity number 1189358

Accounts



LADY TALK MATTERS

ANNUAL
REPORT

REGISTRATION 1189358

01/06/2021- 31/05/2022



CONTENTS

- 01** Reference and administrative
- 02** Organisational structure and trustees
- 03** Charity Purposes
- 04** Charity Activities
- 05** Public benefit statement
- 06** Achievements
- 07** Financial Report
- 08** Declerations

REFERENCE AND ADMINISTRATIVE DETAILS

The registered name of the charity is Lady Talk Matters. It is registered with the charities commission of England and Wales with the registration number: # 1189358

Full Name and Registered Address:

Lady Talk Matters 1189358

Studio 1, 46 Morris Road

London

E146NQ

The trustees have pleasure in presenting the report together with the audited accounts for the reporting year ending 31/05/2022.



Organisational Structure & Trustees

Lady Talk Matters is Charitable Incorporated Organisation (CIO). It is governed according to the publicly accessible constitution. The members of the CIO are the trustees. During this reporting period there are 3 trustees all noted below.

Andrea Turkovic

Stuart Mason - Chair

Nicola Gilbert

**Lady Talk Matters
Annual Report 2022**



CHARITY PURPOSES

1. To advance global education for the public benefit concerning all areas of female reproductive health. In particular through:
 - a. The provision of educational material to inform and educate people about female reproductive health issues.
 - b. Providing forums to provide information, practical advice and emotional support for females facing reproductive health issues.
 - c. Promoting research in the area of female reproductive health.
2. To relieve global period poverty of women who are unable to afford basic sanitary products. In particular through the provision of sanitary products to women who are unable to afford them

CHARITY ACTIVITIES

Lady Talk Matters provides factual information about women's menstrual issues.

Campaign and encourage young women and girls to attend their cervical smear tests

Educate young women and girls in low socioeconomic areas on reproductive health in particular female hygiene and assist local charities in providing basic sanitary products.

PUBLIC BENEFIT

Lady Talk Matters Public benefit is enshrined within its objectives. The trustees confirm that when setting the objectives and planning the yearly activities that they give careful consideration to the charities commission guidance on public benefit. They regularly review to ensure they are meeting their charitable objectives.

The trustees are satisfied that Lady Talk Matters meets the charity commission requirements

ACHIEVEMENTS

Lady Talk Matters has delivered substantial benefits to the public in it's second year of operations

3600

CERVICAL SMEAR REMINDERS

Development of an automated reminder tool has enable 2500 ladies to sign up and receive a reminder to ensure they never miss a cervical smear test.

ONLINE EDUCATION PLATFORM

GENERATED 210,000 HITS

Education and awareness application developed and being used.

12,000

RE-USABLE SANITARY PACKS DISTRIBUTED

Manufactured 36,000 re-usuable sanitary pads which eqautes to 12,000 packs.

Distributed to girls in need with valuable hygeine education

27

KNOWLEDGE ARTICLES PUBLISHED

AWARENESS AND EDUCATION SESSIONS

Delivered multiple education sessions to schools both in the UK and South Africa. Empowering menstruators with the knowledge and education to understand their own bodies.

FINANCIAL REPORT



CHARITY COMMISSION
FOR ENGLAND AND WALES

Lady Talk Matters

Receipts and payments accounts

CC16a

For the period
from

01-Jun-21

To

31-May-22

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	4,256	-	-	4,256	9,847
		-	-		-
		-	-		-
		-	-		-
		-	-		-
		-	-		-
		-	-		-
Sub total (Gross income for AR)	4,256	-	-	4,256	9,847
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	4,256	-	-	4,256	9,847
A3 Payments					
Cost of fund raising	1,590	-	-	1,590	2,816
Merchandise	-	-	-	-	1,871
Educational materials	1,810	-	-	1,810	1,212
Marketing costs	262	-	-	262	681
Shipping costs	72	-	-	72	161
Educational Application Build cost	270	-	-	270	1,511
Cervical Cancer Reminder	-	-	-	-	350
Shop Functionality Builder	-	-	-	-	181
Miscellaneous	90	-	-	90	51
Charity Platform costs	443	-	-	443	
Training courses	-	-	-	-	86
Sub total	4,537	-	-	4,537	8,920
A4 Asset and investment purchases. (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	4,537	-	-	4,537	8,920
Net of receipts/(payments)	- 281	-	-	- 281	927
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	927	-	-	927	-
Cash funds this year end	646	-	-	646	927

FINANCIAL REPORT

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Account	646	-	-
		-	-	-
		-	-	-
	Total cash funds	646	-	-
	(agree balances with receipts and payments account(s))			
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Stock of educational materials	Unrestricted	-	1,000
	Stock of merchandise	Unrestricted	-	1,700
			-	
			-	
			-	
			-	
			-	
			-	
			-	
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			Andrea Turkovic	12/23/2022
			Stuart Mason MBE	12/23/2022

24/12/2022

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

A handwritten signature in black ink, appearing to be 'A' followed by a stylized flourish.

Full name(s)

Andrea Turkovic

Position

Founder and Trustee

Date

23/12/2022

LADY TALK MATTERS

England & Wales - Charity number 1189358

Accounts



LADY TALK MATTERS

ANNUAL
REPORT

REGISTRATION 1189358

05/05/2020 - 31/05/2021



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Full Name and Registered Address:

Lady Talk Matters 1189358

Studio 1, 46 Morris Road

London

E146NQ

The trustees have pleasure in presenting the report together with the audited accounts for the reporting year ending 31/05/2021.



Organisational Structure & Trustees

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Andrea Turkovic

Stuart Mason – Chair

Nicola Gilbert

**Lady Talk Matters
Annual Report 2021**



CHARITY PURPOSES

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 - b. Providing forums to provide information, practical advice and emotional support for females facing reproductive health issues.
 - c. Promoting research in the area of female reproductive health.
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CHARITY ACTIVITIES

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Campaign and encourage young women and girls to attend their cervical smear tests

Educate young women and girls in low socioeconomic areas on reproductive health in particular female hygiene and assist local charities in providing basic sanitary products.

PUBLIC BENEFIT

Lady Talk Matters Public benefit is enshrined within its objectives. The trustees confirm that when setting the objectives and planning the yearly activities that they give careful consideration to the charities commission guidance on public benefit. They regularly review to ensure they are meeting their charitable objectives.

The trustees are satisfied that Lady Talk Matters meets the charity commission requirements

ACHIEVEMENTS

Lady Talk Matters has delivered substantial benefits to the public in its first year of operations

2500

CERVICAL SMEAR REMINDERS

Development of an automated reminder tool has enabled 2500 ladies to sign up and receive a reminder to ensure they never miss a cervical smear test.

ONLINE EDUCATION PLATFORM

DEVELOPED & RELEASED

Education and awareness application developed and available as open source.

3000

RE-USABLE SANITARY PACKS DISTRIBUTED

Manufactured 9000 re-usable sanitary pads which equates to 3000 packs.
Distributed to girls in need with valuable hygiene education

20

KNOWLEDGE ARTICLES PUBLISHED

Manufactured 9000 re-usable sanitary pads which equates to 3000 packs.
Distributed to girls in need with valuable hygiene education

AWARENESS AND EDUCATION SESSIONS

Delivered multiple education sessions to schools both in the UK and South Africa. Empowering menstruators with the knowledge and education to understand their own bodies.

FINANCIAL REPORT



CHARITY COMMISSION
FOR ENGLAND AND WALES

Lady Talk Matters

Receipts and payments accounts

CC16a

For the period from	05-May-20	To	31-May-21
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	9,847	-	-	9,847	-
		-	-		-
		-	-		-
		-	-		-
		-	-		-
		-	-		-
		-	-		-
		-	-		-
Sub total (Gross income for AR)	9,847	-	-	9,847	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	9,847	-	-	9,847	-
A3 Payments					
Cost of fund raising	2,816	-	-	2,816	-
Merchandise	1,871	-	-	1,871	-
Educational materials	1,212	-	-	1,212	-
Marketing costs	681	-	-	681	-
Shipping costs	161	-	-	161	-
Educational Application Build cost	1,511	-	-	1,511	-
Cervical Cancer Reminder	350	-	-	350	-
Shop Functionality Builder	181	-	-	181	-
Miscellaneous	51	-	-	51	-
Training courses	86	-	-	86	-
Sub total	8,920	-	-	8,920	-
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	8,920	-	-	8,920	-
Net of receipts/(payments)	927	-	-	927	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	927	-	-	927	-

FINANCIAL REPORT

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Account	927	-	-
		-	-	-
		-	-	-
	Total cash funds	927	-	-
	(agree balances with receipts and payments account(s))			
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Stock of educational materials	Unrestricted	-	1,000
	Stock of merchandise	Unrestricted	-	1,700
			-	
			-	
			-	
			-	
			-	
			-	
			-	
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

A handwritten signature in black ink, appearing to be 'A Turkovic', written over a horizontal line.

Full name(s)

Andrea Turkovic

Position

Founder and Trustee

Date

08/10/2021