



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From: 01/04/2024 Period start date **To: 31/03/2025** Period end date

Charity name: INTERNATIONAL SOCIAL HEALTH AND WELFARE

Charity registration number: 1189357

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	For the public benefit , to promote the efficiency and effectiveness of the charitable sector through the provision of project management services and duties to charities, in order to assist and support them in furthering and achieving their charitable purposes.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	During the period, the charity did not receive any income and therefore no operational activities, projects, or services were undertaken. The trustees focused on maintaining the charity's administrative requirements and ensuring compliance with regulatory obligations. The charity intends to commence activities in future periods in line with its charitable objectives of promoting the efficiency and effectiveness of the charitable sector through the provision of project management support to charities.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees are familiar and follow the Charities Commission's guidance in relation to public benefit

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	

Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	During the period, the charity did not undertake any activities as it had no income. Therefore, no achievements or direct benefits to beneficiaries were recorded. The trustees intend to begin activities in future periods to deliver the charity's objectives and provide public benefit.

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of the period, the charity had no income, expenditure, or funds. The financial position of the charity therefore remained nil, and no financial activities were undertaken during the period.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity's policy is to maintain minimal reserves as it did not undertake any financial activities during the period. Reserves will be reviewed and established in future periods once the charity begins receiving funds and carrying out its activities.
Amount of reserves held	Para 1.22	-
Reasons for holding zero reserves	Para 1.22	The charity holds zero reserves because it did not receive any income or undertake any financial activities during the period. As a result, no funds were available to be retained as reserves.
Details of fund materially in deficit	Para 1.24	[None]
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	[None]

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	

Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	CIO - FOUNDATION Registered 05 May 2020
How is the charity constituted? (e.g unincorporated association , CIO)	Para 1.25	Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	A Chair Trustee is appointed by the trustees by a voting process

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

--	--	--

Reference and Administrative details

Charity name	INTERNATIONAL SOCIAL HEALTH AND WELFARE
Other name the charity uses	[None]
Registered charity number	1189357
Charity's principal address	Airport House Business Centre Airport House Purley Way CROYDON CR0 0XZ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Yasin Zaman			Trustee
2	Haroon Abdul Aziz			Trustee
3				
4				
5				
6				

Corporate trustees – names of the directors at the date the report was approved

Director name		
[None]		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
[None]		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	[None]
Name and objects of the charity on whose behalf the assets are	[None]

held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	[None]

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
-----------------	------	---------

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

[None]

Other optional information

[None]

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Yasin Zaman	
Position (eg Secretary, Chair, etc)	Trustee	
Date	13 th March, 2026	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name INTERNATIONAL SOCIAL HEALTH AND WELFARE	No (if any) 1189357
--	-------------------------------

CC16a

Receipts and payments accounts

For the period from	Period start date 01-Apr-24	To	Period end date 31-Mar-25
------------------------	---------------------------------------	----	-------------------------------------

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants & Donations	-	-	-	-	-
Charitable Activities Income	-	-	-	-	-
Gift Aid	-	-	-	-	-
Other Income	-	-	-	-	-
Sub total (Gross income for AR)	-	-	-	-	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	-	-	-	-
A3 Payments					
Direct Charitable Expenditures	-	-	-	-	-
Admin Expenses	-	-	-	-	-
Sub total	-	-	-	-	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	-	-	-	-
Net of receipts/(payments)	-	-	-	-	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	-	-	-	-	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details			
		Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-	-
		-	-	-
B4 Assets retained for the charity's own use	Details			
		Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-	-
		-	-	-
B5 Liabilities	Details			
		Fund to which liability relates	Amount due (optional)	When due (optional)
		-	-	
		-	-	
		-	-	
		-	-	
	Total Liabilities		-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Yasin Zaman	13/03/2026	