

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30 SEPTEMBER 2021  
FOR  
FAMILIES OUT LOUD**

**FAMILIES OUT LOUD**

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FOR THE YEAR ENDED 30 SEPTEMBER 2021**

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## **FAMILIES OUT LOUD**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 SEPTEMBER 2021**

The trustees present their report with the financial statements of the charity for the year ended 30 September 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

### **REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number 1189345**

#### **Principal address**

12 Fuller Avenue  
Corsham  
Wiltshire  
SN13 9NF

#### **Trustees**

John Pendrey	Chair
Susan Lenihan	Treasurer
Debra Hawley	Secretary
Dinah Wellenkamp	Trustee

#### **Independent examiner**

Berkeley Hall Marshall Limited  
6 Charlotte Street  
Bath  
BA1 2NE

#### **Structure, governance and management**

The charity is controlled by its governing document, a deed of trust, and constitutes an unincorporated charity. For governance and training purposes, the charity has adopted the following policies: Child Protection, Equal Opportunities, Privacy, Safeguarding, Board Basics, Data Protection & GDPR, Finance and Reserves. FOL collaborates with a number of organisations which work to support people in need such as: Turning Point, DrugFAM, and local community hubs.

#### **Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

#### **Our mission**

To support adult members of families of drug & alcohol users in Wiltshire through one-to-one counselling, support group meetings and bereavement support.

#### **Our objectives**

- To provide a range of online and face-to-face counselling and support group services that focus on: detaching from chaotic behaviours, giving back responsibility, setting boundaries, being able to say 'no', supporting without enabling, and acceptance.
- To provide online and face-to-face bereavement support focusing on self-care and coming to terms with individual experiences of loss.
- To promote mental wellbeing by dealing with feelings of stress, loss, guilt, shame and hopelessness.
- To provide forums which allow families to meet and gain strength from others in similar situations to their own.
- To give families the opportunity to get involved with Families Out Loud through our Sharing by Doing Volunteer Scheme.

## **FAMILIES OUT LOUD**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 SEPTEMBER 2021**

#### **Our objectives (continued)**

- To secure income by way of donations, grants, sponsorship and independent fundraising events.
- To actively promote awareness of the charity by means of newsletters, use of social media and by approaching those who have influence in the support of those we consider to be our client base to advise them of the services we offer.

#### **Achievements and performance**

##### **New bereavement service**

In our work with families of people who have drug and alcohol addiction issues, the death of a loved one is a familiar concern. Sadly, for some this concern becomes a reality. Therefore, in May 2021 we began offering a bereavement service including one-to-one support and monthly face-to-face group meetings.

##### **Sharing by Doing Volunteer programme**

To recognise our growing team of volunteers, Sharing by Doing Volunteering was introduced with the aim of providing a focus for existing helpers, and recruiting even more of them. These fantastic volunteers all have one thing in common – they believe in our mission to support families of drug & alcohol users in Wiltshire. They generously donate their time by making high quality items that are sold online and at craft markets, writing articles for our website, helping out on craft stalls, peer mentoring and making sure all aspects of our charity are run well.

##### **KPIs**

Oct 2020 – Sept 2021

- |   |     |
|---|-----|
| • Assessment & counselling sessions delivered | 308 |
| • Support group meetings held                 | 128 |
| • Active & in contact clients                 | 65  |

By September 2021

- 172 Facebook followers
- 29 followers Instagram followers (page went live May 2021)

##### **Financial review**

Our main source of funds this year has been from a number of very generous grants from a number of local organisations. We have also raised a considerable amount through fundraising events, as well as donations.

##### **Fundraising**

In 2020 we began selling items online and at craft market stalls. All of our products are handmade in Great Britain, and many by volunteers who are clients of Families Out Loud. Our craft market sales up to the end of our financial year amounted to £647.13.

Approved by order of the board of trustees on ..... and signed on its behalf by:

.....  
Trustee

## **INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES OF FAMILIES OUT LOUD**

I report on the accounts for the year ended 30 September 2021, which are set out on pages three to six.

### **Responsibilities and basis of report**

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I have examined your charity's accounts as required under section 145 of the Charities Act 2011 ('the Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. that accounting records were not kept as required by section 130 of the Act; or
2. that the accounts do not accord with those records; or
3. that the accounts do not comply with the accounting requirements of the Act; or
4. that there is further information needed for a proper understanding of the accounts.

### **Independent examiner's statement**

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.

Berkeley Hall Marshall Limited  
6 Charlotte Street  
Bath  
BA1 2NE

Date:

# FAMILIES OUT LOUD

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 SEPTEMBER 2021

	Notes	Total Funds 2021 £	Total Funds 2020 £
<b>Income and resources</b>			
<b>Income and endowments from:</b>			
Donations and legacies	3	21,094	7,149
Charitable activities	4	<u>4,922</u>	<u>71</u>
<b>Total</b>		<b><u>26,016</u></b>	<b><u>7,220</u></b>
<b>Resources expended</b>			
<b>Expenditure on:</b>			
Charitable activities	5	10,870	5,787
Other	6	<u>2,877</u>	<u>1,384</u>
<b>Total</b>		<b><u>13,747</u></b>	<b><u>7,171</u></b>
<b>Net income</b>		<b><u>12,269</u></b>	<b><u>49</u></b>
<b>Net movement in funds</b>		<b><u>12,269</u></b>	<b><u>49</u></b>
<b>Reconciliation of funds:</b>			
<b>Total funds brought forward</b>		<b><u>1,476</u></b>	<b><u>1,427</u></b>
<b>Total funds carried forward</b>		<b><u>13,745</u></b>	<b><u>1,476</u></b>

## FAMILIES OUT LOUD

### BALANCE SHEET AS AT 30 SEPTEMBER 2021

	Notes	2021 £	2020 £
<b>Current assets</b>			
Accrued income	7	-	1,000
Stock		500	-
Current bank account		13,385	1,335
Cash in hand		<u>40</u>	<u>47</u>
<b>Total current assets</b>		<b>13,925</b>	<b>2,382</b>
<b>Current liabilities</b>			
Creditors falling due within in one year	8	<u>180</u>	<u>906</u>
<b>Total assets less current liabilities</b>		<b><u>13,745</u></b>	<b><u>1,476</u></b>
<b>Total net assets</b>		<b><u>13,745</u></b>	<b><u>1,476</u></b>
<b>Funds of the Charity</b>			
Unrestricted funds		<b>5,940</b>	1,476
Restricted funds	9	<b><u>7,805</u></b>	<u>-</u>
<b>Total funds</b>		<b><u>13,745</u></b>	<b><u>1,476</u></b>

## FAMILIES OUT LOUD

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2021

#### 1. ACCOUNTING POLICIES

##### Accounting convention

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

##### Taxation

The charity is exempt from tax on its charitable activities.

##### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### 2. TRUSTEE'S REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 September 2021 (2020 – nil).

##### Trustees' expenses

There were no trustees' expenses paid for the year ended 30 September 2021 (2020 – nil).

#### 3. DONATIONS AND LEGACIES

	2021 £	2020 £
Weekly member contributions	260	1,074
Just Giving	-	320
Donations	2,899	1,255
Grants	<u>17,935</u>	<u>4,500</u>
	<u>21,094</u>	<u>7,149</u>

#### 4. CHARITABLE ACTIVITIES

	2021 £	2020 £
Fundraising events	2,432	71
Counselling fees	2,380	-
Bereavement group	<u>110</u>	<u>-</u>
	<u>4,922</u>	<u>71</u>



## FAMILIES OUT LOUD

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2021

#### 5. CHARITABLE ACTIVITIES

	2021 £	2020 £
Room hire	135	160
Materials	1,322	-
Market stall costs	1,033	-
Training	348	-
Counsellor costs	<u>8,031</u>	<u>5,627</u>
	<u>10,870</u>	<u>5,787</u>

#### 6. OTHER

	2021 £	2020 £
Admin costs	535	8
Insurance	202	194
Website	1,748	878
Advertising	44	124
Sundry	168	-
Independent examiners fee	<u>180</u>	<u>180</u>
	<u>2,877</u>	<u>1,384</u>

#### 7. ACCRUED INCOME

	2021 £	2020 £
Wiltshire Community Fund	-	1,000

#### 8. CREDITORS – FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Coracle Therapy	-	726
Independent examiners fee	<u>180</u>	<u>180</u>
	<u>180</u>	<u>906</u>

#### 9. RESTRICTED FUNDS

	2021 £	2020 £
Trowbridge Town Council	1,400	-
Trowbridge Area Board	2,812	-
Co-op	936	-
St James	554	-
Andrew donation	<u>2,103</u>	<u>-</u>
	<u>7,805</u>	<u>-</u>