

Charity Number: 1189341

CONGREGATION OF LA RETRAITE CIO

ANNUAL REPORT AND

FINANCIAL STATEMENTS

31 DECEMBER 2022

## CONGREGATION OF LA RETRAITE CIO

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**CONGREGATION OF LA RETRAITE CIO**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**FOR THE YEAR ENDED 31 DECEMBER 2022**

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**REFERENCE AND ADMINISTRATIVE DETAILS:**

**CHARITY REGISTRATION NUMBER** 1189341

**TRUSTEES**

Avril O'Regan (Congregation Leader)  
Bridget Dunne (resigned 21<sup>st</sup> February 2023)  
Margaret Harlock  
Hilary White (Chair of Trustees & Area Leader)  
Aileen Murphy  
Barbara Stafford (from 1<sup>st</sup> April 2023)  
Mary Bellekom (from 1<sup>st</sup> April 2023)

**FINANCIAL DIRECTOR and  
SECRETARY TO THE TRUSTEES**

Lynne Gregory (until 11<sup>th</sup> July 2022)  
Julie Ridgway (from 18<sup>th</sup> July 2022)

**PRINCIPAL ADDRESS**

The Coach House  
127 Hampton Road  
Redland  
Bristol  
BS6 6JE

**BANKERS**

National Westminster Bank Plc  
90 Regent Street  
Kingswood  
Bristol, BS15 2HR

**SOLICITORS**

Stone King  
Upper Borough Court  
Upper Borough Walls  
Bath  
BA1 1RG

**AUDITORS**

Bishop Fleming LLP  
10 Temple Back  
Bristol  
BS1 6FL

**INVESTMENT ADVISORS**

Brewin Dolphin Securities  
9 Colmore Row  
Birmingham  
B3 3BJ

Rathbones  
10 Queen Square  
Bristol  
BS1 4NT

## CONGREGATION OF LA RETRAITE CIO

### TRUSTEES' ANNUAL REPORT

FOR THE YEAR ENDED 31 DECEMBER 2022

## STRUCTURE, GOVERNANCE AND MANAGEMENT

### Governing instrument

Charitable Incorporated Organisation (Association Model – Sole Member) Charities Act 2011 Constitution of Congregation La Retraite CIO. Registered 4<sup>th</sup> May 2020.

On 1<sup>st</sup> January 2021, Congregation La Retraite Trustees, charity number 266160 transferred its activity to Congregation of La Retraite CIO, charity number 1189341.

### Objects

The objects of the CIO are such charitable purposes which advance the religious and other charitable work of the Congregation as the Trustees with the approval of the Congregational Leader shall from time to time think fit and if at any time the Congregation shall cease to exist or shall cease to carry on or direct any charitable work, then for such lawful purposes connected with the advancement of the Roman Catholic religion as the Trustees shall decide.

The Congregation of La Retraite is an international religious congregation, founded in the 17th century to aid the movement for the revival of the Christian faith in Brittany. Its special contribution was to provide spiritual retreats, primarily but not exclusively, for women. Over the centuries the fields of work undertaken by the sisters have widened, particularly in the field of education, where the sisters were involved in both schools and adult formation. The sisters' constant aim has been "to help the growth of persons and groups according to the designs of God revealed in Jesus Christ and recognised in faith" (Rule of Life 1.5).

The Congregational leadership team is composed of the Congregational Leader and four councillors each with responsibility for a specific country and for certain tasks such as assemblies, animation, and mission. The Congregational central office is based in France. The Area Leader has a base in both Ireland/UK and in France.

In August 2006 the two separate Districts of England and Ireland were combined into La Retraite "Britain and Ireland" with the Area Leader having overall responsibility for both. In 2012 this structure was modified so that though the Area Leader had overall responsibility she also worked in tandem with another councillor for certain tasks. The Area was renamed Ireland/UK. In 2018/19 we reverted to one councillor with overall responsibility. Until 2020 the Charity, the Congregation of La Retraite ("the Charity") was registered with the Charity Commission under No. 266160 and carried out the charitable activities of La Retraite England as well as holding all its assets. During 2020 preparation was made for transition to CIO status to commence on January 1<sup>st</sup> 2021. The Congregation of La Retraite CIO was registered with the Charity Commission on 4<sup>th</sup> May 2020 with a registered charity number 1189431. The Governing Instrument of the Charity in England is the Constitution of the Congregation of La Retraite CIO dated 4 May 2020, the principal objective being "such charitable purposes which advance the religious and other charitable work of the Congregation as the Trustees with the approval of the Congregational Leader shall from time to time think fit and if at any time the Congregation shall cease to exist or shall cease to carry on or direct any charitable work then for such lawful charitable purposes connected with the advancement of the Roman Catholic religion as the Trustees shall decide."

In the Republic of Ireland there is a presence of five sisters, one in residential care and the others in active ministry in Dublin and Galway. The Congregational presence in Ireland is a separate legal entity and does not form part of the English Charity.

The charity currently has six Trustees, which consist of the Congregational Leader, the Area Leader for Ireland/UK and four other members of the Congregation. The power of appointing new Trustees rests with the Congregational Leader in France who can, in consultation with her Council, remove any Trustee. All new Trustees receive the necessary training and induction following their appointment. Every year, some trustees attend training courses and share the information with other Trustees. The Chair of the Trustees liaises directly with the Congregational Leader and Congregational Bursar in France.

The day to day financial and operational management of the Charity, is undertaken by a Finance Director who is directly responsible to the Area Leader for Ireland/UK. Professional advice is sought as required from a panel of advisors who are listed in the index to this report.

## **CONGREGATION OF LA RETRAITE CIO**

### **TRUSTEES' ANNUAL REPORT (continued)**

**FOR THE YEAR ENDED 31 DECEMBER 2022**

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#### **Risk Review**

The trustees have undertaken a risk review to identify the major risks to which the charity is exposed, in particular, those related to the operations and finances of the charity and the trustees are satisfied that systems are in place to mitigate exposure to major risks.

The trustees will continue to review major risks on an annual basis.

#### **OBJECTIVES AND ACTIVITIES**

La Retraite in England now comprises of some fourteen members, the majority of whom have given most of their working lives to the charitable activities of the Congregation particularly in the area of education and spiritual accompaniment. When this work is outside the Charity, any earnings are covenanted to the Charity. The number of new vocations has declined and therefore the average age of the membership is increasing. In order to continue with the important charitable objectives of the Congregation younger members either work within the charity or accept to do voluntary work or work for salaries that are not commensurate with their qualifications. These factors mean that for many years now there has been a general reduction in the income generated by members. The Charity has a continuing commitment to support members of the Congregation, many of whom continue to carry out charitable work long past the normal retirement age.

The principal areas in which the charity is involved are set out below.

#### **Emmaus House - Sleep Lane, Whitchurch**

This property was purchased at the end of 2014 to continue to provide non-residential workshops, retreat and reflection days and professional training courses appropriate to the energies and resources of the sisters. The centre is co-run by a La Retraite sister and a Roman Catholic Diocesan priest. The Emmaus House Spirituality Centre seeks to provide a spiritual resource for people. It is concerned with the formation and personal development for the laity and provides a venue for Diocesan, Deanery and Parish activities.

#### **Communities**

Our Apostolic work continues in Birmingham, Bristol, Keynsham, Sandford and London (until July 2022).

#### **Ireland**

Whilst not being part of the UK Charity, it should be noted that 5 sisters live in Ireland. These sisters work in a variety of fields for little or no wages in retreat work, spiritual accompaniment, supervision, pastoral work, facilitation, and translation. Voluntary work is also undertaken with the elderly, migrant workers and refugees. One sister resides in a care home. The Trustees continue and will continue in the future to support the mission in Ireland where, due to the low income of the sisters, expenses are constantly incurred.

#### **Pastoral work in England**

Members of the Congregation undertake work in a variety of pastoral settings: retreat work, supervision, and spiritual guidance; education in a multi-faith ecological context, counselling; visiting the elderly, sick and housebound; local parish work; help with personal growth and therapeutic work. In this way all the sisters are engaged in the mission of the Congregation and seek to be available and to give service to the general public in whatever way they can and to whomever in a spirit of openness to all. Some of this work is salaried but the majority of the sisters give their services voluntarily to the needy and vulnerable in our society. This is especially true of the active elderly sisters who continue to participate in pastoral and spiritual works, as their health and circumstances allow. Some have space to offer hospitality to individuals and small groups at no cost to the public.

#### **Public Benefit**

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

## CONGREGATION OF LA RETRAITE CIO

### TRUSTEES' ANNUAL REPORT (continued)

FOR THE YEAR ENDED 31 DECEMBER 2022

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## ACHIEVEMENTS AND PERFORMANCE

### General

During 2022 the sisters continued to live and develop different means of offering their services in their different locations and within their limits of age, energy and health.

### London

The Area Leader who was living in London moved to Bristol in July 2022 and now resides in Bedminster.

### Birmingham: Harborne High Street

The sister living in Harborne is involved in voluntary work with local charities.

### Bristol and Somerset

#### Emmaus House, Sleep Lane Whitchurch

Though the property in Sleep Lane is a smaller venue than the previous one in Clifton it offers a peaceful and tranquil setting for those who wish to take time to reflect and who seek meaning in life. All the activities are underpinned by a sound biblical, and theological base and an integrated holistic approach to spirituality. Creative and inclusive liturgy is offered where appropriate and there is always someone available to talk to when needed. The team takes seriously the Papal Encyclical 'Laudato Si' and seeks to implement its insights wherever possible. During the first period of lockdown the team undertook further online training as part of the fifth anniversary year of the publication of 'Laudato Si' with the aim of encouraging groups to explore and deepen commitment to integral ecology. As the Clifton Diocese seeks to develop, renew and respond to the demographic reality facing the Catholic Church, Emmaus House has become a significant support for the clergy and venue for formation of the laity. Towards the end of 2021, with the easing of pandemic restrictions, there was a gradual return to in-house activities and in 2022 the normal programme was re-established.

#### Monica Wills House, Bedminster

This provides accommodation in a caring retirement Community for one sister. The sister seeks to support the various activities that take place in Monica Wills House and takes time to build supportive relationships with different residents especially those in need..

#### Redfield, St George and Brislington

The La Retraite presence established in Redfield has been very effective in spiritual accompaniment, prayer support, supervision and personal growth work. Spiritual accompaniment and guidance are offered with particular attention to the whole person in his/her life context. The supervision of prayer guides and spiritual direction of deacons and catechists continues. There is a strong ecumenical and other faith dimension in the work of accompaniment with an openness to all those searching for meaning in their lives. Support is also given to MoxAfrica, a Birmingham based charity, through Trusteeship. One sister has continued to work with people marginalised by their mental health issues. Another sister offers voluntary classroom support in a local primary school.

#### Sandford Retirement Village, Somerset

One sister remains in Sandford receiving full time nursing care.

#### Keynsham: The Chocolate Quarter

Six elderly sisters in need of a more supportive environment moved into The Chocolate Quarter, the St Monica Trust complex in Keynsham, in November 2017. As far as possible they continued their outreach by visiting other residents and supporting various activities. Since 2018 several of these sisters have moved into the Charterhouse Care Home on the same site, as their care needs required. Two sisters from the West Midlands joined the group in The Chocolate Quarter in 2019 and 2020 moving into the flats left vacant by those who had moved into Charterhouse. Sadly, two sisters in the Charterhouse Care Home died in 2021, in January and December. A sister from Ireland moved into a vacant flat in January 2021 and a sister from Monica Wills House, Bedminster moved into another in November 2021. Another sister in Charterhouse died in April 2022.



## CONGREGATION OF LA RETRAITE CIO

### TRUSTEES' ANNUAL REPORT (continued)

#### FOR THE YEAR ENDED 31 DECEMBER 2022

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##### Other Apostolic Outreach

- The Trustees agreed in 2015 to establish a fund to be set up in 2017 for those who wish to make a retreat or who would benefit from courses on faith development but who are on low incomes and unable to meet the total cost entailed. This bursary is now established and administered by two of the Trustees.
- Following on from the financial help given to the "Care Ministry" in Port Elizabeth South Africa over the past three years, the Trustees agreed to provide funds for three areas of work over a further period of three years from 2019:
  1. Retreat/reflection/respite days for support workers
  2. Trauma counselling for support workers
  3. Ongoing development (eg capacitar courses) for support workers.

This enables the continuation of a work which our sisters supported when they were in South Africa. Encouraging reports on this work, including how they have responded to the acute care needs of the pandemic, have been received and shared with the sisters. In 2022 the Trustees agreed to continue with their annual contribution to this work

- The Trustees made a decision in November 2017 to mark the 10<sup>th</sup> anniversary of the establishment of the Bede Chair and the Centre of Catholic Studies (CCS) in April 2018 by funding a La Retraite three-year research fellowship in Theology and Spirituality and providing some core funding for the CCS the following 2 years. In the course of 2018 Dr Elizabeth Powell was appointed as La Retraite Fellow from October 1<sup>st</sup> 2018. A report was received on her second year of work, as well as a copy of a book on her research which was published in 2020. Because of an underspend in the first two years of this project it was possible to extend Dr Powell's contract part-time for a further year 2021 – 2022.
- Following the receipt of a substantial legacy in 2018 the Congregation's financial position strengthened and Trustees agreed to fund another three-year Research Fellowship at the CCS Durham on "Lived Theology, Trauma and Reconciliation". Dr Victoria Biggs took up this post in January 2020. Unfortunately, the restrictions on travel imposed by the pandemic prevented her original research plans. Her teaching of a module on post-Holocaust theology has led to a different project: the writing of a book on the challenge of disability to post-Holocaust thought, which explores Jewish and Christian theological responses to the Holocaust in light of disabled people's experiences of Nazi persecution. Reports on her work were received during 2022 and a request was made to extend her contract part-time until September 2023 to enable her to complete the writing of her book, (*Defiant Minds, Unruly Bodies: The Challenge of Disability to Post-Holocaust Theology*) while she moved into medical training.
- As part of the 400<sup>th</sup> anniversary of the birth of Catherine de Francheville, foundress of La Retraite, it was decided to fund a research project on her life and the growth of retreats for women in 17<sup>th</sup> century France in collaboration with the CCS Durham University. Dr Sarah Barthelemy was appointed as Catherine de Francheville research fellow from September 2021 to September 2024. During 2022 she continued her research in the Congregation archives in St Germain-en-Laye with additional visits to archives in France, Rome and Belgium. She also contributed articles to academic journals and came to an Area Assembly to share the progress of her research with the sisters.
- A group of sisters formed a project in 2020 to study and promote integral ecology as part of the fifth anniversary year of the publication of the papal encyclical 'Laudato Si' on Care for our Common Home. A small budget to support their activities was approved by the trustees. The group has met periodically on zoom, exploring themes inspired by the goals of 'Laudato Si'. They continue to report back annually to the trustees on their activities and submit a small budget for approval.
- The Congregation continued to support different projects through its annual "sharing" both at home and abroad. These included local CAFOD, Medecins Sans Frontieres, Medaille Trust and St Mungo's, Bristol, Borderlands, Hope and Homes for Children and Age Concern Bristol. In addition, donations were made to the DEC's Ukraine Appeal and several other local charities.

## CONGREGATION OF LA RETRAITE CIO

### TRUSTEES' ANNUAL REPORT (continued)

#### FOR THE YEAR ENDED 31 DECEMBER 2022

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#### ACHIEVEMENTS AND PERFORMANCE (continued)

- **Other Matters**

- The part-time Care Coordinator continues to manage the increasing need for support in the health matters of the sisters.
- The active sisters continue to engage in ongoing formation through appropriate short courses and conferences and further study.

#### FINANCIAL REVIEW

During the year the Congregation was active in all the principal areas listed above. A summary of developments is set out below.

##### 1. Financial Position

During 2022 total incoming resources decreased from £876k to £697k, primarily due to a reduction on pension income due to the deaths of a number of sisters, together with a loss rather than a surplus on the disposal of tangible fixed assets and a reduction in investment income. Resources expended in the year increased from £859k in 2021 to £1,110k in 2022, due to an increase in project expenditure of £104k, an increase in amounts paid in solidarity to the Generalate of £118k and an increase in community support and works expenditure of £42k, with some reductions in other expenditure. The resulting deficit for 2022 was £413k against a budgeted deficit of £387k. This is before net losses of £2,120k on investments.

##### 2. Reserves Policy

At 31 December 2022, the charity's net assets stood at £21.3m. Of this £3.83m is represented by tangible fixed assets required for the continuing work of the charity and which could not therefore be realised without undermining its activities. A designated fund has been set up to reflect this requirement. Funds of some £16.8m have been designated in respect of the charity's ongoing commitment to provide for the care of the Congregation's members. The Trustees estimate that this fund is sufficient to cover the anticipated future costs of caring for the members and they are in the process of reviewing the possible surplus level of funds that may be available for other purposes. The balance of General Funds is a surplus of £642k. As a rule of thumb, the trustees aim to maintain up to 6 months' worth of expenditure in General Funds. The trustees will continue to keep the position and the level of funding under review.

##### 3. Investment Policy and Performance

The Congregation has discretionary investment management agreements with Brewin Dolphin Securities and Rathbones. The Trustees and the Finance Director meet with the fund managers on a regular basis and ensure that the fund is managed within their written guidelines and within the religious and ethical principles of the Congregation. The target set for the fund managers is to achieve a certain return of both income and capital growth with no more than a moderate level of risk and within the ethical guidelines as described below.

The overall market value of investments decreased substantially during the year, with a loss on investments of £2,120k being reported. Whilst this is a real concern, as the investments are all held for long term use, it is hoped that economic conditions will see the valuation of the various holdings recover in the coming years.

In addition to its bespoke portfolios, the Charity also has investments with the Charities Property Fund, Mayfair Capital's Property Income Fund for Charities and CCLA's Catholic Investment Fund.

The Trustees have also developed an ethical investment policy in line with the intentions of the Congregation of La Retraite. Specific elements for the choice of investments communicated to the Investment Manager include:

- Investments in companies whose production is not to be condemned.
- Investments in companies who respect their workers' health and the environment.
- Investments where all or part of the interest is used for sharing with needy people in order to promote development.
- Those investments which encourage shareholders to participate in the running of an enterprise, and which call on the responsibility of shareholders.



**CONGREGATION OF LA RETRAITE CIO**  
**TRUSTEES' ANNUAL REPORT (continued)**  
**FOR THE YEAR ENDED 31 DECEMBER 2022**

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**FUTURE PLANS**

The Congregation seeks to utilise energies and resources appropriately and creatively in a group that continues to decline in health and numbers.

In looking to the future, the Congregation regards collaboration with sisters within the community and others as being crucial. This is particularly pertinent when seeking to develop retreat work and adult formation and is now general practice in all the activities of the sisters. In the future, as well as continuing to develop present activities cooperation is being sought in various ways:

- The General Chapter for the Congregation took place in July 2018 resulting in a new orientation to provide a framework for future projects and development. It was also noted that there will be a need for allocating funds for the future pensions of the "younger sisters".
- The Trustees continue to contribute to the Congregation's Central Fund to support the work of the Generalate.
- Reflection continues on the impact and consequences that lack of new membership is having on the Congregation.

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

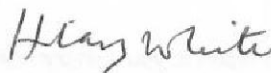
The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2015 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed with any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees on 25<sup>th</sup> April 2023 and signed as authorised on their behalf by:



Sr Hilary White  
Trustee

**INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES OF  
CONGREGATION OF LA RETRAITE CIO**

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**OPINION**

We have audited the financial statements of Congregation of La Retraite CIO (the 'Charity') for the year ended 31 December 2022 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flow, and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the Charity's affairs as at 31 December 2022 and of the Charity's incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011

**BASIS FOR OPINION**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**CONCLUSIONS RELATING TO GOING CONCERN**

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

**OTHER INFORMATION**

The other information comprises the information included in the Annual Report other than the financial statements and our Auditor's Report thereon. The Trustees are responsible for the other information contained within the Annual Report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

**MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION**

In the light of our knowledge and understanding of the Charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Annual Report.

We have nothing to report in respect of the following matters in relation to which we to report to you if, in our opinion:

- the information given in the Trustees report is inconsistent in any material respect with the financial statements; or
- the Charity has not kept adequate and sufficient accounting records, or returns adequate for our audit have not been received from branches not visited by us; or
- the Charity financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

## **INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES OF**

### **CONGREGATION OF LA RETRAITE CIO (continued)**

#### **RESPONSIBILITIES OF TRUSTEES'**

As explained more fully in the trustee's responsibilities statement, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the Charity or to cease operations, or have no realistic alternative but to do so.

#### **AUDITORS' RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS**

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditors' Report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- We have considered the nature of the sector, control environment and financial performance;
- We have considered the results of enquiries with management and trustees in relation to their own identification and assessment of the risk of irregularities within the entity; and
- We have reviewed the documentation of key processes and controls and performed walkthroughs of transactions to confirm that the systems are operating in line with documentation; and
- We have considered the matters discussed amongst the audit engagement team regarding how and where fraud might occur in the financial statements and potential indicators of fraud.

As a result of these procedures, we have considered the opportunities and incentives that may exist within the organisation for fraud and identified the highest area of risk to be in relation to revenue recognition, with a particular risk in relation to year-end cut off. In common with all audits under ISAs (UK) we are also required to perform specific procedures to respond to the risk of management override.

We have also obtained understanding of the legal and regulatory frameworks that the Charity operates in, focusing on provisions of those laws and regulations that had a direct effect on the determination of material amounts and disclosures in the financial statements. The key laws and regulations we considered in this context included the Charities Act 2011, Charity SORP 2019, FRS 102 and the terms and conditions attaching to material grants received by the Charity. In addition, we considered the provisions of other laws and regulations that do not have a direct effect on the financial statements but compliance with which may be fundamental to the Charity's ability to operate or avoid a material penalty. These included data protection regulations, health and safety regulations and employment legislation.

Our procedures to respond to risks identified included the following:

- Reviewing the financial statement disclosures and testing to supporting documentation to assess compliance with provisions of relevant laws and regulations described as having a direct effect on the financial statements;
- Performing analytical procedures to identify unusual or unexpected relationships that may indicate risks of material misstatement due to fraud;
- Reviewing board meeting minutes;
- Enquiring of management in relation to actual and potential claims or litigations;
- Performing detailed transactional testing in relation to the recognition of revenue, specifically grants, with a particular focus around year-end cut off; and
- In addressing the risk of fraud through management override of controls, testing the appropriateness of journal entries and other adjustments; assessing whether the judgments made in accounting estimates are indicative of potential bias; and evaluating the business rationale of significant transactions that are unusual or outside the normal course of business.

## INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES OF

### CONGREGATION OF LA RETRAITE CIO (continued)

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We also communicated identified laws and regulations and potential fraud risks to all trustees of the engagement team and remained alert to possible indicators of fraud or non-compliance with laws and regulations throughout the audit.

As a result of the inherent limitations of an audit, there is a risk that not all irregularities, including a material misstatement in financial statements or non-compliance with regulation, will be detected by us. The risk increases the further removed compliance with a law and regulation is from the events and transactions reflected in the financial statements, given we will be less likely to be aware of it, or should the irregularity occur as a result of fraud rather than a one-off error, as this may involve intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Auditors' Report.

#### USE OF OUR REPORT

This report is made solely to the trustees, as a body, in accordance with section 144 of the Charities Act 2011 and regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the trustees those matters we are required to state to them in an Auditors' Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the trustees, as a body, for our audit work, for this report, or for the opinions we have formed.



Joe Scaife FCA (Senior Statutory Auditor)

for and on behalf of

**Bishop Fleming LLP**

Chartered Accountants

Statutory Auditors

10 Temple Back

Bristol

BS1 6FL

Date:

16/6/23

Bishop Fleming LLP are eligible to act as auditors in terms of section 1212 of the Companies Act 2006.



CONGREGATION OF LA RETRAITE CIO  
STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 DECEMBER 2022

	Notes	General Funds £	Designated Funds £	Total 2022 £	Total 2021 £
<b>INCOME FROM:</b>					
<b>Donations and legacies:</b>					
Members' salaries and pensions		222,787	-	222,787	291,027
Legacies and gifts		2,836	-	2,836	6,039
<b>Charitable activities</b>					-
<b>Investments</b>	3	471,457	-	471,457	489,688
<b>Other income</b>	4	-	-	-	89,482
<b>Total income</b>		697,080	-	697,080	876,236
<b>EXPENDITURE ON</b>					
<b>Raising funds</b>	5	43,124	-	43,124	44,876
<b>Charitable activities:</b>	6				
Care of the elderly		109,008	-	109,008	154,878
Community support and works:		480,235	-	480,235	440,544
Formation and training		9,004	-	9,004	8,181
Missions and charitable giving		468,650	-	468,650	210,940
<b>Total expenditure</b>		1,110,021	-	1,110,021	859,419
<b>Net (expenditure)/income before net (losses)/gains on investment</b>		(412,941)	-	(412,941)	16,817
Net (losses)/gains on investments		-	(2,120,162)	(2,120,162)	1,478,898
Revaluation of investment property			(100,000)	(100,000)	-
<b>Net movement in funds</b>		(412,941)	(2,220,162)	(2,633,103)	1,495,715
Transfers between funds	16	572,867	(572,867)	-	-
<b>Net movement in funds</b>		159,926	(2,793,029)	(2,633,103)	1,495,715
Fund balances at 1 January		482,224	23,412,619	23,894,843	22,399,128
Fund balances at 31 December		642,150	20,619,590	21,261,740	23,894,843

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 14 to 23 form part of these financial statements.



CONGREGATION OF LA RETRAITE CIO

BALANCE SHEET

AT 31 DECEMBER 2022

	Notes	2022 £	2021 £
<b>FIXED ASSETS</b>			
Tangible fixed assets	10	3,827,792	4,400,659
Investment property	11	550,000	650,000
Investments	12	16,881,541	18,794,046
		<u>21,259,333</u>	<u>23,844,705</u>
<b>CURRENT ASSETS</b>			
Debtors	13	69,594	70,529
Cash at bank and in hand		418,873	532,570
		<u>488,467</u>	<u>603,099</u>
<b>CREDITORS: amounts falling due within one year</b>	14	(54,302)	(121,203)
<b>NET CURRENT ASSETS</b>		<u>434,165</u>	<u>481,896</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>21,693,498</u>	<u>24,326,601</u>
<b>CREDITORS: amounts falling due after more than one year</b>	15	(431,758)	(431,758)
<b>NET ASSETS</b>		<u><u>21,261,740</u></u>	<u><u>23,894,843</u></u>
<b>Charity funds</b>			
<b>Unrestricted Funds</b>			
Designated	16		
- Fixed Assets Fund		3,827,792	4,400,659
- Retirement Fund		16,791,798	19,011,960
General		642,150	482,224
		<u>21,261,740</u>	<u>23,894,843</u>
		<u><u>21,261,740</u></u>	<u><u>23,894,843</u></u>

The financial statements were approved and authorised for issue by the Trustees on 25<sup>th</sup> April 2023 and were signed below on its behalf by:

*Hilary White*

Sr Hilary White  
Trustee

The notes on pages 14 to 23 form part of these financial statements.

CONGREGATION OF LA RETRAITE CIO

CASH FLOW STATEMENT

FOR THE YEAR ENDED 31 DECEMBER 2022

	Note	2022 £	2021 £
<b>Cash flows from operating activities</b>			
Net cash used in operating activities	18	(839,442)	(409,193)
<b>Cash flows from investing activities:</b>			
Dividends, interest and rents from investments		471,457	489,688
Investment management fees		(43,124)	(44,876)
Purchase of tangible fixed assets		(15,631)	-
Proceeds from the sale of tangible fixed assets		520,700	167,121
Purchase of investments		(2,339,829)	(2,030,523)
Proceeds on sale of investments		2,132,172	2,079,649
<b>Net cash provided by investing activities</b>		<u>725,745</u>	<u>661,059</u>
<b>Increase/(decrease) in cash and cash equivalents in the year</b>		(113,697)	251,866
Cash and cash equivalents at the beginning of the year		532,570	280,704
<b>Cash and cash equivalents at the end of the year</b>		<u>418,873</u>	<u>532,570</u>

The notes on pages 14 to 23 form part of these financial statements

**CONGREGATION OF LA RETRAITE CIO**

**NOTES TO THE FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 DECEMBER 2022**

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**1. GENERAL INFORMATION**

The Congregation of La Retraite CIO is registered with the Charity Commission of England and Wales. The principal office is The Coach House, 127 Hampton Road, Redland, Bristol BS6 6JE.

**2. ACCOUNTING POLICIES**

**2.1 BASIS OF PREPARATION OF FINANCIAL STATEMENTS**

The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015.

The financial statements have been prepared to give a "true and fair" view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a "true and fair view". This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued on 16<sup>th</sup> July 2014, rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1<sup>st</sup> April 2005, which has since been withdrawn.

The Congregation of La Retraite CIO meets the definition of a public benefit entity as defined by FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

**2.2 INCOME**

All income is recognised once the CIO has entitlement to the income, it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Members' salaries and pensions are received under deeds of covenant and gift aid from members of the Congregation.

Donations of property, investments or other gifts in kind are included at market value.

Income tax recoverable in relation to donations received under gift aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

Other income is recognised in the period in which it is receivable and to the extent the goods have been provided or on completion of the service.

**CONGREGATION OF LA RETRAITE CIO**

**NOTES TO THE FINANCIAL STATEMENTS (continued)**

**FOR THE YEAR ENDED 31 DECEMBER 2022**

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**2. ACCOUNTING POLICIES (continued)**

**2.3 EXPENDITURE**

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the Charity to raise funds for its charitable purposes and includes costs of all fundraising activities, events and non-charitable trading.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

**2.4 INTEREST RECEIVABLE**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity. This is usually upon notification of the interest paid or payable by the institution with whom the funds are invested.

**2.5 TANGIBLE FIXED ASSETS**

Freehold land and buildings owned at 1 January 1997 are stated at their then estimated Existing Use Value. The valuations are based on a report prepared by Stanley Hicks & Son, Chartered Surveyors, purely for the purposes of providing a value for inclusion in the charity's accounts. Subsequent additions are capitalised at cost.

Other fixed assets are capitalised at cost.

All assets costing more than £500 are capitalised.

Tangible fixed assets are stated at cost less depreciation and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Freehold Buildings	2% straight line per annum
Leasehold Buildings	Over the length of the lease
Fixtures and Fittings	20% straight line per annum
Motor Vehicles	25% straight line per annum

**2.6 INVESTMENT PROPERTIES**

Investment properties are initially recognised at cost which includes purchase cost and any directly attributable expenditure. Investment properties whose fair value can be measured reliably are measured at fair value. The surplus or deficit on revaluation is recognised in the Statement of Financial Activities.

## CONGREGATION OF LA RETRAITE TRUSTEES

### NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 DECEMBER 2020

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## 2. ACCOUNTING POLICIES (continued)

### 2.7 INVESTMENTS

Fixed asset investments are a form of financial instrument and are initially recognised at their transaction cost and subsequently measured at fair value at the Balance Sheet date, unless the value cannot be measured reliably in which case it is measured at cost less impairment. Investment gains and losses, whether realised or unrealised, are combined and presented as "gains/(losses) on investments" in the Statement of Financial Activities.

### 2.8 DEBTORS

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

### 2.9 CASH AT BANK AND IN HAND

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

### 2.10 LIABILITIES AND PROVISIONS

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based upon the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of Financial Activities as a finance cost.

### 2.11 PENSIONS

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity in respect of the year.

### 2.12 FUND ACCOUNTING

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.



CONGREGATION OF LA RETRAITE CIO

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 DECEMBER 2022

2. ACCOUNTING POLICIES (continued)

2.13 FOREIGN CURRENCIES

Monetary assets and liabilities denominated in foreign currencies are translated into sterling at rates of exchange ruling at the balance sheet date.

Transactions in foreign currencies are translated into sterling at the rate ruling on the date of the transaction.

Exchange gains and losses are recognised in the Statement of Financial Activities.

<b>3. INVESTMENT INCOME</b>	<b>2022</b>	<b>2021</b>
	£	£
Rental income	41,950	41,750
Income from investments	428,667	447,876
Bank interest	840	62
	<u>471,457</u>	<u>489,688</u>
<b>4. OTHER INCOME</b>	<b>2022</b>	<b>2021</b>
	£	£
Profit on sale of tangible fixed assets	-	89,482
	<u>-</u>	<u>89,482</u>
<b>5. EXPENDITURE ON RAISING FUNDS</b>	<b>2022</b>	<b>2021</b>
	£	£
Investment management fees	43,124	44,876
	<u>43,124</u>	<u>44,876</u>

CONGREGATION OF LA RETRAITE CIO

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 DECEMBER 2022

<b>6a. CARE OF THE ELDERLY</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Nursing care	109,008	154,878
	<u>109,008</u>	<u>154,878</u>
<b>6b. COMMUNITY SUPPORT AND WORKS</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Living expenditure for sisters (rent, utilities, food, medicine)	188,380	171,897
Service charges for properties	53,072	56,974
Council tax	20,508	22,909
Communications for sisters	17,461	20,031
Support team staff costs (see note 8)	89,070	87,398
Travel costs	13,736	7,720
Bank charges	1,240	1,130
Professional fees	28,970	29,684
Loss on disposal of fixed assets	13,772	-
Depreciation	54,026	42,801
	<u>480,235</u>	<u>440,544</u>
<b>6c. FORMATION AND TRAINING</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Individual sisters' expenditure	9,004	8,181
	<u>9,004</u>	<u>8,181</u>
<b>6d. MISSION AND CHARITABLE GIVING</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Project expenditure		
• Care ministry	15,000	15,015
• Centre for Catholic Studies support and research	101,412	99,825
• Catherine de Francheville	112,255	8,341
• Laudato Si	100	201
Generalate of the Congregation – internal solidarity	17,814	13,050
Generalate of the Congregation – arising on sale of properties during the year	169,540	55,707
Ireland Mission	25,000	-
Donations to chosen external charities	27,529	18,801
	<u>468,650</u>	<u>210,940</u>

**CONGREGATION OF LA RETRAITE CIO**

**NOTES TO THE FINANCIAL STATEMENTS (continued)**

**FOR THE YEAR ENDED 31 DECEMBER 2022**

<b>7. AUDITORS' REMUNERATION</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Auditors remuneration		
- accountancy	-	2,000
- audit	7,650	6,250
	<u>7,650</u>	<u>8,250</u>
<b>8. STAFF COSTS</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Employment costs comprise:		
Wages and salaries	82,668	82,589
Social security (net of employment allowance)	4,315	2,201
Pension costs	2,087	2,608
	<u>89,070</u>	<u>87,398</u>
The average number of employees was as follows:	<b>Number</b>	<b>Number</b>
Administration	3	3
Care of the elderly	1	1
	<u>4</u>	<u>4</u>

No employee earned £60,000 pa or more during the year (2021: Nil).

The total employee benefits of key management personnel in the year amounted to £42,539 (2021: £27,733).

**9. TRUSTEES REMUNERATION AND EXPENSES**

The Trustees of the charity are also members of the charity and as such have taken vows of poverty under which they have renounced all personal rights to income and capital. The charity provides for the essential needs of all members of the charity. The living costs of the Trustees are therefore borne by the charity. The Trustees received no remuneration or other benefits including expenses in connection with their duties as Trustees during the year. (2021: £nil)

CONGREGATION OF LA RETRAITE CIO

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 DECEMBER 2022

10. TANGIBLE FIXED ASSETS

	Freehold Buildings £	Leasehold Buildings £	Fixtures Fittings and Equipment £	Motor Vehicles £	Total £
<b>COST OR VALUATION</b>					
At 1 January 2022	2,457,959	2,232,742	325,106	55,145	5,070,952
Additions	-	-	-	15,631	15,631
Disposals	(185,512)	(351,072)	-	(9,894)	(546,478)
At 31 December 2022	2,272,447	1,881,670	325,106	60,882	4,540,105
<b>DEPRECIATION</b>					
At 1 January 2022	261,811	32,547	321,602	54,333	670,293
Charge for the year	34,018	14,494	1,675	3,839	54,026
Eliminated on disposals	-	(2,112)	-	(9,894)	(12,006)
At 31 December 2022	295,829	44,929	323,277	48,278	712,313
<b>NET BOOK VALUE</b>					
At 31 December 2022	1,976,618	1,836,741	1,829	12,604	3,827,792
At 31 December 2021	2,196,148	2,200,195	3,504	812	4,400,659

Included within freehold buildings cost is £385,553 (2021: £571,065) of buildings not depreciated. These are buildings purchased from St. Monica Trust under long term lease with a guaranteed buy back.

11. INVESTMENT PROPERTY

	£
<b>Valuation</b>	
At 1 January 2022	650,000
Transfers	-
Deficit on revaluation	(100,000)
At 31 December 2022	550,000

The property valuation has been determined by the Trustees at £550k.

CONGREGATION OF LA RETRAITE CIO

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 DECEMBER 2022

12. INVESTMENTS

	2022 £	2021 £
Market Value at 1 January 2022	18,794,046	17,315,140
Additions	2,339,829	2,030,586
Disposals	(2,132,172)	(2,030,578)
Revaluations	(2,120,162)	1,478,898
Market Value at 31 December 2022	<u>16,881,541</u>	<u>18,794,046</u>
Net book value at 31 December 2022	<u>16,881,541</u>	<u>18,794,046</u>
Net book value at 31 December 2021	<u>18,794,046</u>	<u>17,315,140</u>
<b>Investments comprise</b>		
UK Fixed Interest Stocks	1,234,075	2,291,861
UK Equities	2,215,330	3,098,877
Overseas equities	5,894,568	6,939,908
Other	2,951,574	1,651,664
Cash dealing accounts held within portfolios	464,285	407,133
	<u>12,759,832</u>	<u>14,389,443</u>
CCLA Catholic Investment fund	903,625	793,397
Charities Property Fund	2,207,800	2,396,450
Property Income Trust for Charities (PITCH)	1,010,284	1,214,756
	<u>16,881,541</u>	<u>18,794,046</u>

13. DEBTORS

	2022 £	2021 £
Trade debtors	90	180
Other debtors	17,327	19,483
Prepayments and accrued income	52,177	50,866
	<u>69,594</u>	<u>70,529</u>

14. CREDITORS: amounts falling due within one year

	2022 £	2021 £
Trade creditors	8,129	14,161
Other creditors	34,300	46,797
Accruals and deferred income	11,873	60,245
	<u>54,302</u>	<u>121,203</u>

15. CREDITORS: amounts falling due after more than one year

	2022 £	2021 £
Interest free loans from members of the Congregation	<u>431,758</u>	<u>431,758</u>



CONGREGATION OF LA RETRAITE CIO

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 DECEMBER 2022

16. STATEMENT OF FUNDS

The Trustees have designated funds out of the unrestricted funds for specific purposes as follows:

**Fixed Assets Fund**

In order to fulfil its charitable objectives the charity needs a number of properties. These properties, although they are unrestricted assets, cannot be realised without undermining the charity's work. The Trustees therefore feel that it is appropriate to reflect the investment in fixed assets by means of a designated fund. Transfers represent the net movement in tangible fixed assets during the year.

**Retirement Fund**

A fund has been designated in respect of the Charity's commitment to provide for the retirement and care in old age and sickness of the Congregation's members. Lump sums received from members' occupational pension schemes upon their retirement, and transfers from general funds are credited to this fund. The gains/(losses) arising from the investment portfolio, together with any revaluation of the investment property are allocated to this fund, with the investment income being allocated to general funds.

STATEMENT OF FUNDS – CURRENT YEAR

	Balance 1 January 2022	Income	Expenditure	Gains/ (losses)/ transfers	Balance 31 December 2022
	£	£	£	£	£
<b>Designated funds</b>					
Fixed Assets Fund	4,400,659	-	-	(572,867)	3,827,792
Retirement Fund	19,011,960	-	-	(2,220,162)	16,791,798
	<u>23,412,619</u>	<u>-</u>	<u>-</u>	<u>(2,793,029)</u>	<u>20,619,590</u>
<b>General funds</b>	<u>482,224</u>	<u>697,080</u>	<u>(1,110,021)</u>	<u>572,867</u>	<u>642,150</u>
<b>Total unrestricted funds</b>	<u>23,894,843</u>	<u>697,080</u>	<u>(1,110,021)</u>	<u>(2,220,162)</u>	<u>21,261,740</u>

STATEMENT OF FUNDS – PRIOR YEAR

	Balance 1 January 2021	Income	Expenditure	Gains/ (losses)	Balance 31 December 2021
	£	£	£	£	£
<b>Designated funds</b>					
Fixed Assets Fund	4,503,216	-	(102,557)	-	4,400,659
Retirement Fund	17,533,062	-	-	1,478,898	19,011,960
	<u>22,036,278</u>	<u>-</u>	<u>(102,557)</u>	<u>1,478,898</u>	<u>23,412,619</u>
<b>General funds</b>	<u>362,850</u>	<u>876,236</u>	<u>(756,862)</u>	<u>-</u>	<u>482,224</u>
<b>Total unrestricted funds</b>	<u>22,399,128</u>	<u>876,236</u>	<u>(859,419)</u>	<u>1,478,898</u>	<u>23,894,843</u>

CONGREGATION OF LA RETRAITE CIO

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 DECEMBER 2022

17. ANALYSIS OF NET ASSETS BY FUND – CURRENT YEAR

	General Fund £	Designated Funds Fixed Assets Fund £	Retirement Fund £	Total £
Balances at 31 December 2022 are represented by:				
Fixed assets	-	3,827,792	-	3,827,792
Investment property	-	-	550,000	550,000
Investments	207,985	-	16,673,556	16,881,541
Current assets	488,467	-	-	488,467
Current liabilities	(54,302)	-	-	(54,302)
Non-current liabilities	-	-	(431,758)	(431,758)
	<u>642,150</u>	<u>3,827,792</u>	<u>16,791,798</u>	<u>21,261,740</u>

ANALYSIS OF NET ASSETS BY FUND – PRIOR YEAR

	General Fund £	Designated Funds Fixed Assets Fund £	Retirement Fund £	Total £
Balances at 31 December 2021 are represented by:				
Fixed assets	-	4,400,659	-	4,400,659
Investment property	-	-	650,000	650,000
Investments	-	-	18,794,046	18,794,046
Current assets	603,099	-	-	603,099
Current liabilities	(120,875)	-	(328)	(121,203)
Non-current liabilities	-	-	(431,758)	(431,758)
	<u>482,224</u>	<u>4,400,659</u>	<u>19,011,960</u>	<u>23,894,843</u>

18. RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2022 £	2021 £
Net (expenditure)/income for the year	(2,633,103)	1,495,715
<b>Adjustments for:</b>		
Depreciation charges	54,026	42,801
Losses/(gains) on investments	2,120,162	(1,478,898)
Revaluation of investment property	100,000	-
Dividends, interest and rent from investments less fees	(428,333)	(444,812)
Loss/(profit) on sale of tangible fixed assets	13,772	(89,482)
Decrease/(increase in debtors)	935	(11,364)
(Decrease)/increase in creditors	(66,901)	76,847
<b>NET CASH USED IN OPERATING ACTIVITIES</b>	<u>(839,442)</u>	<u>(409,193)</u>