

Trustees'
Annual Report
2020/2021

Section 1 - Legal & Administrative information

Charity name :	Rape & Sexual Abuse Service (South Buckinghamshire) Registered as a CIO 4th May, 2020 amended 1st October, 2020 (formerly Rape Crisis (Wycombe, Chiltern & South Buckinghamshire)
Registration no:	1189311
Address:	PO Box 1448, High Wycombe, Buckinghamshire HP11 9GW
Charity Trustees:	Jacqui Foyle-York - Chair Mona Smith Wendy Prosser - Treasurer Jean White - resigned 22nd September, 2020 Jane Barker - resigned 25th February, 2021
Governing Document:	Constitution (last amended) 1st October, 2020
Objectives of the Charity:	<p>To relieve the mental and physical distress of women and girls in South Buckinghamshire who suffer the physical, mental and emotional distress of sexual violence at anytime in their lives.</p> <p>To advance education and raise awareness about sexual violence, equality and diversity for the public benefit, in particular but not exclusively through giving talks, running training sessions, and using fundraising activities to raise awareness of sexual violence and its context.</p>

This being the first annual general meeting of RSASS and following the Clause 13.1 of the Constitution, the trustees as detailed above are required to retire from office.

Any woman who retires as a charity trustee is eligible for reappointment. As there must be a least three charity trustees all existing trustees are required to be re-elected should there not be adequate applications received to fulfill the number as stated in Clause 12.3 of the Constitution.

The charity trustees shall manage the affairs of the CIO and may for that purpose exercise all the powers of the CIO as stated in 12.1 of the Constitution.

The trustees monitor the aims, objectives and activities of the charity throughout the year and review when required.

Section 2 - Governance and Management

Background

RSASS (South Buckinghamshire) was formerly known as Rape Crisis (Wycombe, Chiltern & South Bucks) and was registered as a CIO (Charitable Incorporated Organisation) on 4th May, 2020 originally as Rape Crisis & Sexual Abuse Support Centre (South Buckinghamshire). On 1st October, 2020 a resolution was agreed and passed by the board of trustees to change the name to Rape & Sexual Abuse Support Service (South Buckinghamshire) (RSASS). The CIO is the Charity Commission's Association model where voting members other than it's trustees as stated in the Constitution.

Overview

In May 2020, due to difficult financial circumstances the charity made the decision to break the lease on offices at Easton Street. This worked out as lockdown started around that time and everyone was working from home. Services were able to continue via telephone and zoom. By September, all assets and employees were transferred over to the CIO. In July 2020 the interim Director left the organisation and it was decided to step up the restructuring of the organisation. In August 2020 the charity moved from their premises in Easton Street and were grateful to Buckinghamshire Council for offering them storage at Des Box. At this time there was no funding for office space and as everyone was locked down there was more time to consider what would be more suitable both operationally and financially. Between August and October the charity lost a trustee and recruited 2 new trustees. In August Helen Neighbour our Funding officer applied to the National Lottery Community Fund and were granted enough funding to employ a new charity

director and look for counselling rooms and office space. We advertised for a Charity Director and Natalie Fleming joined the organisation in December 2020 until May 2021 during that time Natalie made improvements to the structure of organisation, negotiated new counselling and office space and helped organise training for the new cohort of volunteers. In February 2021 we employed an SSVO Penny Matthews who has been an asset to the organisation. This was the start of rebranding, reviewing and updating all administrative processes and policies in line with legal requirements and laying a strong foundation for the charity.

Section 3 - Activities and Achievements

This year it has been difficult to plan activities due to the Covid restrictions. However, we have been able to continue offering women counselling via zoom, helpline support, befriending, advocacy and ISVA services and the self-help group Phoenix which was also via zoom.

We are grateful to our dedicated team and volunteers for supporting our service users, without them we would not be able to deliver on our promise. Below is a reflection of the services we have delivered over the last year.

Counselling Sessions	68
Telephone : one-off and/or assessment	114
Telephone : regular and ongoing contact	145
Email : regular ongoing contact	927
Text : regular and ongoing contact	2,057
Webchat / Whatsapp : regular and ongoing contact	24
Phoenix Group	270
Advocacy Service	56
ISVA Service	42
Pre-Trial Therapy	1

(NB The above figures are the total from RCWCSB April - Oct 20 and RSASS Oct - March 21)

A service user thanks to the charity.....

"Thank you for running the Phoenix Group. Having moved due to Domestic Abuse I lost contact with everyone I knew before. I am totally alone here now. If it wasn't for being able to chat with you and the rest of the group via Zoom I would have virtually no contact with anyone. It makes a huge difference to me as I suffer from feeling isolated, lost and alone. Sometimes I feel frantic, as if my life is not worth living, then I self harm. I don't know where I would be without Phoenix."

RSASS were fortunate to have been granted further funding from the HO/ Ministry of Justice Rape Support Fund and they have also extended the payments for a further year, which will make a significant difference in helping the new organisation rebuild and develop the services further in the future. Our hardworking team continue to ensure that in the forthcoming year we will continue to find sufficient funds to continue the vital service that is RSASS (South Buckinghamshire).

We would like to thank all the organisations that fund RSASS for their continued financial help and enabling the charity to keep the services running, particularly through what has been an extremely difficult year with Covid.

Police Property Act Fund
Michel Shanly
Heart of Bucks
Ministry of Justice
Police Crime Commission

Additional Funding Received during this time

Lottery - Awards for All
Wycombe District Council
National Lottery Community Fund

We would like to thank all the volunteers who have been part of RSASS over the last 12 months for their continued hard work, loyalty and dedication. Thanks also to our counselling supervisors, trainers and facilitators for their continued support and dedication. Without your time, dedication and commitment we would not be able to deliver this much needed and essential service. This has been a very difficult year adapting to the Covid restrictions but, we have come through with resilience and determination.

Section 4 - Our Services

Our services are available to all women and girls survivors of sexual violence, who are 16 years or over and who live in the council areas of Wycombe, Chiltern and South Buckinghamshire, whether the assault happened recently or in the past, including as a child. Additionally, we work with non-abusing friends and relatives supporting them.

Other client groups we aim to work with are:

- Professionals working with female survivors of sexual assault, e.g. Social Services, Police, Victim Support, Youth Service, Probation Service, Women's Aid and other voluntary or statutory groups. Local authority Safeguarding Team and MASH.
- Young people from age 11 upwards whom we aim to educate about sexual violence and assault.
- The general public through awareness-raising events.
- We have maintained good relationships with the SARC's and before Covid restrictions have been able to use their rooms at times for some of our services.

Our aim is to widen this in the future.



Section 5 - Policies

Constitution

The constitution was adopted and last amended 1st October, 2020.

Reserves

We have a designated reserves policy where we aim to maintain a minimum level of reserves necessary to fund working capital requirements, contingencies and to safeguard the continuing activities of the organisation. The policy and the reserves position are monitored and reviewed annually.

Section 6 - Signature and Declaration

I declare, in my capacity of charity trustee, that:

- The trustees have approved the report above; and
- Have authorised me to sign it on their behalf.

Signature



Full name Jacqueline Grace Foyle-York

Position Chair - Trustee

Date 30th January, 2022



Rape and Sexual Abuse Support Service (South Buckinghamshire)		Charity No (if any)		1189311	CC39a
Annual accounts for the period					
Period start date	04/05/2020	To	Period end date	31/03/2021	

Section A Statement of financial activities

Descriptions by natural category	Note	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Incoming resources (Note 3)						
Donations, legacies and Grants		58,019		-	58,019	
Bank Interest			-	-	-	
Fundraising events			-	-	-	
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
Total incoming resources	S01	58,019	-	-	58,019	-
Resources expended (Notes 4-7)						
Wages, salaries, pensions and NI		45,761		-	45,761	
Cost of fundraising events				-	-	-
Rent, rates and Insurance		1,130		-	1,130	
Telephone postage and stationery		736		-	736	
Repairs and maintenance		780		-	780	
Legal and professional fees		393		-	393	
Website		3,689		-	3,689	
Depreciation		142		-	142	
Relocation Expenses				-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
Total resources expended	S02	52,631	-	-	52,631	-
Net incoming/(outgoing) resources before transfers	S03	5,388	-	-	5,388	-
Gross transfers between funds		-	-		-	-
Net incoming/(outgoing) resources before other recognised gains/(losses)	S05	5,388	-	-	5,388	-
Other recognised gains/(losses)						
Gains and losses on revaluation of fixed assets for the charity's own use	S06	-	-	-	-	-
Gains and losses on investment assets	S07	-	-	-	-	-
Net movement in funds	S08	5,388	-	-	5,388	-
Total funds brought forward		-	-	-	-	-
Total funds carried forward	S10	5,388	-	-	5,388	-

Independent examiner's report on the accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Report to the trustees/
members of

Rape and Sexual Abuse Support Service (South Buckinghamshire)

On accounts for the year
ended

31st March 2021

Charity no
(if any)

1189311

Set out on pages

One to Fifteen (Fifteen pages in total)

Respective
responsibilities of
trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed. I am qualified to undertake the examination by being a qualified member of the Institute of Financial Accountants.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent
examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent
examiner's statement

- In connection with my examination, no matter has come to my attention
1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
 2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

31st January 2022

Name:

Robin Lawrence

Relevant professional qualification(s) or body (if any):

AFA

Address:

Suite 1b, 18 Crendon Street

High Wycombe

Bucks, HP13 6LS

Only complete if the examiner needs to highlight material problems.(E.g. accounting records have not been kept in accordance with s132 of the Charities' Act 2011 and those accounts do not comply with the requirements of the 2008 Regulations setting out the form and content of charity accounts; any material expenditure or action which appears not to be in accordance with the trusts of the charity; any failure to be provided with information and explanations by any past or present trustee, officer or employee; and any material consistency between the accounts and the trustees' annual report.)

Give here brief details of any items that the examiner wishes to disclose.