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CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From : 1 June 2021 to 31 May 2022

Charity name: NEUROHARMONY

Charity registration number: 1189306

The Trustees have the pleasure in presenting their report, and the Financial Statements for the charity for the year ending 31 May 2022.

Reference and Administrative details

Charity name	NEUROHARMONY
Other name the charity uses	N/A
Registered charity number	1189306
Charity's principal address	2 Primrose Cottage Foxhills Road Chertsey KT16 0NQ

Governance Structure and Management

This is the first submission for Neuroharmony, registered as a CIO. During the COVID pandemic, as such there is very little activity, as denoted by the accounts.

Role of the Trustees

- Ensuring that the organisation pursues its stated objects (purposes), as defined in its governing document, by developing and agreeing a long-term strategy
- Ensuring that the organisation complies with its governing document (ie its trust deed, constitution or memorandum and articles of association), charity law, company law and any other relevant legislation or regulations
- Ensuring that the organisation applies its resources exclusively in pursuance of its charitable objects (ie the charity must not spend money on activities that are not included in its own objects, however worthwhile or charitable those activities are) for the benefit of the public
- Ensuring that the organisation defines its goals and evaluates performance against agreed targets
- Safeguarding the good name and values of the organisation
- Ensuring the effective and efficient administration of the organisation, including having appropriate policies and procedures in place
- Ensuring the financial stability of the organisation
- Protecting and managing the property of the charity and ensuring the proper investment of the charity's funds
- Following proper and formal arrangements for the appointment, supervision, support, appraisal and remuneration of the chief executive (if the charity employs staff)

- In addition to the above statutory duties, each trustee should use any specific skills, knowledge or experience they have to help the board of trustees reach sound decisions. This may involve scrutinising board papers, leading discussions, focusing on key issues, providing advice and guidance on new initiatives, or other issues in which the trustee has special expertise.

Named Trustees, all of whom have been in place since the formation of the Charity.

- Stewart Deering – Chair, Business / Donator / ASD Parent, possibly some fund raising
- Helen Szeliga - Teacher / Safeguarding
- Martin Clarke- Fund raiser / Business
- Breeda O’Sullivan- Accountant

Changes to the Trustees is subject to a review and majority consensus by the Trustees.

Purpose Of Neuroharmony

The purpose of Neuroharmony is to support children and young people (and their families) with neurodiverse conditions such as autism, ADHD and anxiety. Neuroharmony provides both independent support for individuals’ specific needs and help negotiate routes to clinical diagnosis and educational and developmental support.

Key Activities

All activities and services delivered by Neuroharmony must meet one or all of the following aims and purposes.

- Helping Advancement of Education:
- Helping relief of those in needs by age, ill health, financial hardship or other disadvantage.
- Improving the life of children and young people by promoting mental and moral improvement.
- Other charitable purposes as the board in its absolute discretion from time to time thinks fit.

Summary of Neuroharmony activities

1. Family and/or individual support

- Providing family support to enable parents to have an understanding of their child’s needs and responses.
- Personal support and advice for children and young people, to help them to develop an understanding of themselves. This enables them to become more emotionally regulated so they can access and engage in activities in the world around them in a meaningful way.
- Providing information/talks or seminars to educate the wider community about neurodiverse conditions.
- Providing specialist training to nanny’s au pairs and other professionals.
- Zoom support is available if this is preference, distance is a barrier or other external factors impact on the ability to meet face to face.
- Support is tailored to each child or young person’s individual needs.

2. Organisational Support

- Providing support, advice and training to schools, including formal training on specific areas.
- Attending meetings such as annual reviews.
- Providing support with the identification and understanding of a child's needs so that they can be better met within mainstream education settings.
- Provision of strategies and development of bespoke resources such as writing social stories and documents that personalise and support with social understanding.
- Provision of direct support is delivered in response to the individual needs of the school.
- Observations of individuals in different settings.
- Writing of reports to support and inform of a child or young person's strengths and needs.
- Other activities may take place and be delivered in a creative way in response to needs as they arise. Any activity undertaken will meet the aims and purposes outlined above.

Achievements and Performance

1 June 2021 To 31 May 2022

All services and support delivered by Neuroharmony meet one or all the Charitable aims and purposes.

This period enabled Neuroharmony to commence activities and services post Covid-19. During this time, the trajectory of demand for services and support increased. The number of free support and services amounted to circa 25% of the total support provided.

Neuroharmony is liaising with Adopt London South regarding the possibility of providing support to families of children with ADHD, Autism and Attachment difficulties.

Financial Review

Donations throughout the year of £29,000.

Income from paid services of £47,000.

Reserves Policy

A nominal amount of £20,000, noting that Neuroharmony has limited overheads, for example no premises.

Plans for future

The following future plans include:


- Employ one – two more Therapists given demand for our services
- Schools – more school support being provided / requested.

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Stewart Deering	
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Position (eg
Secretary, Chair, etc)

Chair	
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Date

24/3/23
