

# NEUROHARMONY

England & Wales · Charity number 1189306

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2020-05-04

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Weavers  
Bottom Lane  
Seer Green  
Beaconsfield  
Buckinghamshire  
HP9 2RH

**Phone** 07913286258

**Email** [info@neuroharmony.life](mailto:info@neuroharmony.life)

**Website** [www.neuroharmony.life](http://www.neuroharmony.life)

## Activities

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**Objects:** TO RELIEVE THE NEEDS OF YOUNG PEOPLE WITH ANXIETY, ADHD AND/OR AUTISM, THEIR FAMILIES AND THE LOCAL COMMUNITY, PARTICULARLY BUT NOT EXCLUSIVELY, BY:-THE PROVISION OF EDUCATION WHICH AIMS TO RAISE AWARENESS, CHANGE PERCEPTIONS AND BREAK DOWN BARRIERS FOR THOSE AFFECTED BY THESE CONDITIONS-THE PROVISION OF SPECIALIST ADVICE AND SUPPORT THROUGH COUNSELLING, DROP IN SESSIONS AND GROUPS.

**Activities:** We work to relieve the needs of young people with anxiety, adhd and/or autism, their families and the local community, particularly but not exclusively, by: -the provision of education which aims to raise awareness, change perceptions and break down barriers for those affected by these conditions -the provision of specialist advice and support through counselling, drop in sessions and groups.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Economic/community Development/employment, Other Charitable Purposes
- **Who:** Children/young People, The General Public/mankind

## Geography

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- Throughout England

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-05-31	£111,391	£194,390	-	-
2024-05-31	£120,711	£151,224	-	-
2023-05-31	£273,142	£108,044	-	-
2022-05-31	£76,308	£98,151	-	-
2021-05-31	£162,755	£87,742	-	-

## Trustees

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Name	Role	Appointed
<b>Stewart Alastair Deering</b>	Chair	2020-05-04
Martin Owen Clarke		2020-05-04
Sam Foyle		2024-09-25

**NEUROHARMONY**

England & Wales - Charity number 1189306

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# Accounts

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Charity registration number 1189306 (England and Wales)

**NEUROHARMONY**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MAY 2025**

# NEUROHARMONY

## LEGAL AND ADMINISTRATIVE INFORMATION

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**Trustees**

Mr S A Deering  
Mr M Clarke  
Mr S Foyle

(Appointed 25 September  
2024)

**Charity number (England and Wales)**

1189306

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# NEUROHARMONY

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# NEUROHARMONY

## TRUSTEES' REPORT

### FOR THE YEAR ENDED 31 MAY 2025

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The trustees present their annual report and financial statements for the year ended 31 May 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

#### Objectives and activities

The purpose of Neuroharmony is to support children and young people (and their families) with neurodiverse conditions such as autism, ADHD and anxiety. Neuroharmony provides both independent support for individuals' specific needs and help negotiate routes to clinical diagnosis and educational and developmental support.

#### Key Activities

All activities and services delivered by Neuroharmony must meet one or all of the following aims and purposes.

- Helping Advancement of Education:
- Helping relief of those in needs by age, ill health, financial hardship or other disadvantage.
- Improving the life of children and young people by promoting mental and moral improvement.
- Other charitable purposes as the board in its absolute discretion from time to time thinks fit.

#### Family and/or individual support

- Providing family support to enable parents to have an understanding of their child's needs and responses.
- Personal support and advice for children and young people, to help them to develop an understanding of themselves. This enables them to become more emotionally regulated so they can access and engage in activities in the world around them in a meaningful way.
- Providing information/talks or seminars to educate the wider community about neurodiverse conditions.
- Providing specialist training to nanny's au pairs and other professionals.
- Zoom support is available if this is preference, distance is a barrier or other external factors impact on the ability to meet face to face.
- Support is tailored to each child or young person's individual needs.

#### Organisational Support

- Providing support, advice and training to schools, including formal training on specific areas.
- Attending meetings such as annual reviews.
- Providing support with the identification and understanding of a child's needs so that they can be better met within mainstream education settings.
- Provision of strategies and development of bespoke resources such as writing social stories and documents that personalise and support with social understanding.
- Provision of direct support is delivered in response to the individual needs of the school.
- Observations of individuals in different settings.
- Writing of reports to support and inform of a child or young person's strengths and needs.
- Other activities may take place and be delivered in a creative way in response to needs as they arise. Any activity undertaken will meet the aims and purposes outlined above.

Neuroharmony provide free support for families who meet the eligibility criteria agreed by the Trustees. There is no cap on the number of applicants for free services but as we are small there is limited capacity and therefore there may be waiting times.

# NEUROHARMONY

## TRUSTEES' REPORT (CONTINUED)

### FOR THE YEAR ENDED 31 MAY 2025

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#### *Public benefit*

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

#### **Achievements and performance**

##### *Significant activities and achievements against objectives*

- All services and support delivered by Neuroharmony meet one or all the Charitable aims and purposes.
- The trajectory of demand for services and support increased.
- Neuroharmony provides support to Adopt London South and works closely with many families post-adoption.
- Neuroharmony hosted a running event and raised circa £16,000 in March 2024.
- Neuroharmony provided a free talk to Roehampton University students around inclusion.
- Operations Manager employed in September 2023 to manage advisers' diaries, invoicing, appointments, scheduling and social media.

#### **Financial review**

Donations throughout the year of £46,250

Income from paid services of £65,141

#### **Reserves Policy**

The charity seeks to retain £20,000 of reserves, which takes into consideration the fact that Neuroharmony has limited overheads, for example having no premises keeps the costs down to a minimum.

##### *Major risks*

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

#### **Plans for future periods**

- To open a Skills Centre where parents and professionals can be provided with training and support.
- To employ new advisers to support families in specific areas.
- To provide more free talks to local communities.

#### **Structure, governance and management**

The charity was established as a Charitable Incorporated Organisation, (CIO), on 4th May 2020 and has a model Foundation CIO constitution which is its Governing Document.

The trustees who served during the year and up to the date of signature of the financial statements were:

Mr S A Deering

Mr M Clarke

Mr S Foyle

(Appointed 25 September 2024)

# NEUROHARMONY

## TRUSTEES' REPORT (CONTINUED)

*FOR THE YEAR ENDED 31 MAY 2025*

---

### **Role of the Trustees**

- Ensuring that the organisation pursues its stated objects (purposes), as defined in its governing document, by developing and agreeing a long term strategy
- Ensuring that the organisation complies with its governing document (i.e. its trust deed, constitution or memorandum and articles of association), charity law, company law and any other relevant legislation or regulations
- Ensuring that the organisation defines its goals and evaluates performance against agreed targets
- Safeguarding the good name and values of the organisation
- Ensuring the effective and efficient administration of the organisation, including having appropriate policies and procedures in place
- Ensuring the financial stability of the organisation
- Protecting and managing the property of the charity and ensuring the proper investment of the charity's funds
- Following proper and formal arrangements for the appointment, supervision, support, appraisal and remuneration of the chief executive (if the charity employs staff)
- In addition to the above statutory duties, each trustee should use any specific skills, knowledge or experience they have to help the board of trustees reach sound decisions. This may involve scrutinising board papers, leading discussions, focusing on key issues, providing advice and guidance on new initiatives, or other issues in which the trustee has special expertise.

The trustees' report was approved by the Board of Trustees.

Mr S A Deering  
**Trustee**

26 February 2026

# NEUROHARMONY

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF NEUROHARMONY

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I report to the trustees on my examination of the financial statements of Neuroharmony (the charity) for the year ended 31 May 2025.

### **Responsibilities and basis of report**

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

### **Independent examiner's statement**

Your attention is drawn to the fact that the charity has prepared the financial statements in accordance with the relevant version of the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn. I understand that this has been done in order for the financial statements to provide a true and fair view in accordance with UK Generally Accepted Accounting Practice.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Neil Major FCCA  
Bruton Charles

Dated: 26 February 2026

# NEUROHARMONY

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

**FOR THE YEAR ENDED 31 MAY 2025**

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	Notes	Unrestricted funds 2025 £	Unrestricted funds 2024 £
<b>Income from:</b>			
Donations and legacies	2	46,250	56,097
Other trading activities	3	65,141	64,614
<b>Total income</b>		<u>111,391</u>	<u>120,711</u>
<b>Expenditure on:</b>			
Raising funds	4	22,131	1,400
Charitable activities	5	170,225	148,630
Governance costs	8	2,034	1,194
<b>Total expenditure</b>		<u>194,390</u>	<u>151,224</u>
<b>Net expenditure and movement in funds</b>		(82,999)	(30,513)
<b>Reconciliation of funds:</b>			
Fund balances at 1 June 2024		<u>187,755</u>	<u>218,268</u>
<b>Fund balances at 31 May 2025</b>		<u>104,756</u>	<u>187,755</u>

# NEUROHARMONY

## BALANCE SHEET

AS AT 31 MAY 2025

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	Notes	2025 £	£	2024 £	£
<b>Current assets</b>					
Cash at bank and in hand		105,307		189,217	
<b>Creditors: amounts falling due within one year</b>	<b>10</b>	<u>(551)</u>		<u>(1,462)</u>	
<b>Net current assets</b>			<u>104,756</u>		<u>187,755</u>
<b>The funds of the charity</b>					
Unrestricted funds			<u>104,756</u>		<u>187,755</u>
			<u>104,756</u>		<u>187,755</u>

The financial statements were approved by the trustees on 26 February 2026



Mr S A Deering  
Trustee

# NEUROHARMONY

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR ENDED 31 MAY 2025

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#### 1 Accounting policies

##### Charity information

Neuroharmony is a Charitable Incorporated Organisation (CIO) with a model Foundation constitution which is its Governing Document.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

The charity currently hold unrestricted funds only where the trustees can use these funds on the objectives of the charity, in line with its governing document at their discretion. There are no restricted or designated funds held.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

# NEUROHARMONY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2025

### 1 Accounting policies (Continued)

#### 1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

#### 1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.7 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

The charity currently holds unrestricted funds only where the trustees can use these funds on the objectives of the charity, in line with its governing document at their discretion. There are no restricted or designated funds held.

### 2 Income from donations and legacies

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Donations and gifts	46,250	56,097

### 3 Income from other trading activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Income received for services provided	65,141	64,614

# NEUROHARMONY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MAY 2025

### 4 Expenditure on raising funds

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
<b>Fundraising and publicity</b>		
Other fundraising costs	22,131	1,400

### 5 Expenditure on charitable activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
<b>Direct costs</b>		
Staff costs	163,460	139,848
Memberships and subscriptions	453	-
Insurance	1,578	747
Travel	4,734	8,035
	<u>170,225</u>	<u>148,630</u>
<b>Analysis by fund</b>		
Unrestricted funds	<u>170,225</u>	<u>148,630</u>

### 6 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

### 7 Employees

The average monthly number of employees during the year was:

	2025 Number	2024 Number
	5	3

	2025 £	2024 £
<b>Employment costs</b>		
Wages and salaries	144,410	123,447
Social security costs	16,117	13,608
Other pension costs	2,933	2,793
	<u>163,460</u>	<u>139,848</u>

# NEUROHARMONY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MAY 2025

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### 7 Employees

(Continued)

There were no employees whose annual remuneration was more than £60,000.

### 8 Governance costs

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Software expenses	1,553	714
Financing costs	481	480
	<u>2,034</u>	<u>1,194</u>

### 9 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to charitable objects.

### 10 Creditors: amounts falling due within one year

	2025 £	2024 £
Other creditors	551	1,462
	<u>551</u>	<u>1,462</u>

### 11 Related party transactions

There were no disclosable related party transactions during the year.

Charity registration number 1189306 (England and Wales)

**NEUROHARMONY**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MAY 2025**

# NEUROHARMONY

## LEGAL AND ADMINISTRATIVE INFORMATION

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**Trustees**

Mr S A Deering  
Mr M Clarke  
Mr S Foyle

(Appointed 25 September  
2024)

**Charity number (England and Wales)**

1189306

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# NEUROHARMONY

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# NEUROHARMONY

## TRUSTEES' REPORT

### FOR THE YEAR ENDED 31 MAY 2025

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The trustees present their annual report and financial statements for the year ended 31 May 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

#### Objectives and activities

The purpose of Neuroharmony is to support children and young people (and their families) with neurodiverse conditions such as autism, ADHD and anxiety. Neuroharmony provides both independent support for individuals' specific needs and help negotiate routes to clinical diagnosis and educational and developmental support.

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- Support is tailored to each child or young person's individual needs.

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- Attending meetings such as annual reviews.
- Providing support with the identification and understanding of a child's needs so that they can be better met within mainstream education settings.
- Provision of strategies and development of bespoke resources such as writing social stories and documents that personalise and support with social understanding.
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Neuroharmony provide free support for families who meet the eligibility criteria agreed by the Trustees. There is no cap on the number of applicants for free services but as we are small there is limited capacity and therefore there may be waiting times.

# NEUROHARMONY

## TRUSTEES' REPORT (CONTINUED)

### FOR THE YEAR ENDED 31 MAY 2025

---

#### *Public benefit*

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

#### **Achievements and performance**

##### *Significant activities and achievements against objectives*

- All services and support delivered by Neuroharmony meet one or all the Charitable aims and purposes.
- The trajectory of demand for services and support increased.
- Neuroharmony provides support to Adopt London South and works closely with many families post-adoption.
- Neuroharmony hosted a running event and raised circa £16,000 in March 2024.
- Neuroharmony provided a free talk to Roehampton University students around inclusion.
- Operations Manager employed in September 2023 to manage advisers' diaries, invoicing, appointments, scheduling and social media.

#### **Financial review**

Donations throughout the year of £46,250

Income from paid services of £65,141

#### **Reserves Policy**

The charity seeks to retain £20,000 of reserves, which takes into consideration the fact that Neuroharmony has limited overheads, for example having no premises keeps the costs down to a minimum.

#### *Major risks*

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

#### **Plans for future periods**

- To open a Skills Centre where parents and professionals can be provided with training and support.
- To employ new advisers to support families in specific areas.
- To provide more free talks to local communities.

#### **Structure, governance and management**

The charity was established as a Charitable Incorporated Organisation, (CIO), on 4th May 2020 and has a model Foundation CIO constitution which is its Governing Document.

The trustees who served during the year and up to the date of signature of the financial statements were:

Mr S A Deering

Mr M Clarke

Mr S Foyle

(Appointed 25 September 2024)

# NEUROHARMONY

## TRUSTEES' REPORT (CONTINUED)

*FOR THE YEAR ENDED 31 MAY 2025*

---

### **Role of the Trustees**

- Ensuring that the organisation pursues its stated objects (purposes), as defined in its governing document, by developing and agreeing a long term strategy
- Ensuring that the organisation complies with its governing document (i.e. its trust deed, constitution or memorandum and articles of association), charity law, company law and any other relevant legislation or regulations
- Ensuring that the organisation defines its goals and evaluates performance against agreed targets
- Safeguarding the good name and values of the organisation
- Ensuring the effective and efficient administration of the organisation, including having appropriate policies and procedures in place
- Ensuring the financial stability of the organisation
- Protecting and managing the property of the charity and ensuring the proper investment of the charity's funds
- Following proper and formal arrangements for the appointment, supervision, support, appraisal and remuneration of the chief executive (if the charity employs staff)
- In addition to the above statutory duties, each trustee should use any specific skills, knowledge or experience they have to help the board of trustees reach sound decisions. This may involve scrutinising board papers, leading discussions, focusing on key issues, providing advice and guidance on new initiatives, or other issues in which the trustee has special expertise.

The trustees' report was approved by the Board of Trustees.

Mr S A Deering  
**Trustee**

26 February 2026

# NEUROHARMONY

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF NEUROHARMONY

---

I report to the trustees on my examination of the financial statements of Neuroharmony (the charity) for the year ended 31 May 2025.

### **Responsibilities and basis of report**

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

### **Independent examiner's statement**

Your attention is drawn to the fact that the charity has prepared the financial statements in accordance with the relevant version of the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn. I understand that this has been done in order for the financial statements to provide a true and fair view in accordance with UK Generally Accepted Accounting Practice.

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- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
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I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Neil Major FCCA  
Bruton Charles

Dated: 26 February 2026

# NEUROHARMONY

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

**FOR THE YEAR ENDED 31 MAY 2025**

---

	Notes	Unrestricted funds 2025 £	Unrestricted funds 2024 £
<b>Income from:</b>			
Donations and legacies	2	46,250	56,097
Other trading activities	3	65,141	64,614
<b>Total income</b>		<u>111,391</u>	<u>120,711</u>
<b>Expenditure on:</b>			
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<b>Total expenditure</b>		<u>194,390</u>	<u>151,224</u>
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<b>Reconciliation of funds:</b>			
Fund balances at 1 June 2024		<u>187,755</u>	<u>218,268</u>
<b>Fund balances at 31 May 2025</b>		<u>104,756</u>	<u>187,755</u>

# NEUROHARMONY

## BALANCE SHEET

AS AT 31 MAY 2025

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	Notes	2025 £	£	2024 £	£
<b>Current assets</b>					
Cash at bank and in hand		105,307		189,217	
<b>Creditors: amounts falling due within one year</b>	<b>10</b>	<u>(551)</u>		<u>(1,462)</u>	
<b>Net current assets</b>			<u>104,756</u>		<u>187,755</u>
<b>The funds of the charity</b>					
Unrestricted funds			<u>104,756</u>		<u>187,755</u>
			<u>104,756</u>		<u>187,755</u>

The financial statements were approved by the trustees on 26 February 2026



Mr S A Deering  
Trustee

# NEUROHARMONY

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR ENDED 31 MAY 2025

---

#### 1 Accounting policies

##### Charity information

Neuroharmony is a Charitable Incorporated Organisation (CIO) with a model Foundation constitution which is its Governing Document.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

The charity currently hold unrestricted funds only where the trustees can use these funds on the objectives of the charity, in line with its governing document at their discretion. There are no restricted or designated funds held.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

# NEUROHARMONY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2025

### 1 Accounting policies

(Continued)

#### 1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

#### 1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.7 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

The charity currently holds unrestricted funds only where the trustees can use these funds on the objectives of the charity, in line with its governing document at their discretion. There are no restricted or designated funds held.

### 2 Income from donations and legacies

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Donations and gifts	46,250	56,097

### 3 Income from other trading activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Income received for services provided	65,141	64,614

# NEUROHARMONY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MAY 2025

### 4 Expenditure on raising funds

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
<b>Fundraising and publicity</b>		
Other fundraising costs	22,131	1,400

### 5 Expenditure on charitable activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
<b>Direct costs</b>		
Staff costs	163,460	139,848
Memberships and subscriptions	453	-
Insurance	1,578	747
Travel	4,734	8,035
	<u>170,225</u>	<u>148,630</u>
<b>Analysis by fund</b>		
Unrestricted funds	<u>170,225</u>	<u>148,630</u>

### 6 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

### 7 Employees

The average monthly number of employees during the year was:

	2025 Number	2024 Number
	5	3

	2025 £	2024 £
<b>Employment costs</b>		
Wages and salaries	144,410	123,447
Social security costs	16,117	13,608
Other pension costs	2,933	2,793
	<u>163,460</u>	<u>139,848</u>

# NEUROHARMONY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MAY 2025

---

### 7 Employees

(Continued)

There were no employees whose annual remuneration was more than £60,000.

### 8 Governance costs

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Software expenses	1,553	714
Financing costs	481	480
	<u>2,034</u>	<u>1,194</u>

### 9 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to charitable objects.

### 10 Creditors: amounts falling due within one year

	2025 £	2024 £
Other creditors	551	1,462
	<u>551</u>	<u>1,462</u>

### 11 Related party transactions

There were no disclosable related party transactions during the year.

# NEUROHARMONY

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF NEUROHARMONY

---

I report to the trustees on my examination of the financial statements of Neuroharmony (the charity) for the year ended 31 May 2025.

### **Responsibilities and basis of report**

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

### **Independent examiner's statement**

Your attention is drawn to the fact that the charity has prepared the financial statements in accordance with the relevant version of the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn. I understand that this has been done in order for the financial statements to provide a true and fair view in accordance with UK Generally Accepted Accounting Practice.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Neil Major FCCA  
Bruton Charles

Dated: 26 February 2026

**NEUROHARMONY**

England & Wales - Charity number 1189306

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# Accounts

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Charity registration number 1189306

**NEUROHARMONY**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MAY 2024**

# NEUROHARMONY

## LEGAL AND ADMINISTRATIVE INFORMATION

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**Trustees**

Mr S A Deering  
Mr M Clarke  
Mr S Foyle (Appointed 25 September 2024)

**Charity number**

1189306

**Principle Address**

Weavers  
Bottom Lane  
Seer Green  
BEACONSFIELD  
Buckinghamshire  
HP9 2RH

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# NEUROHARMONY

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Statement of financial activities	5
Balance sheet	6
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# NEUROHARMONY

## TRUSTEES' REPORT

### FOR THE YEAR ENDED 31 MAY 2024

---

The trustees present their annual report and financial statements for the year ended 31 May 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

#### Objectives and activities

The purpose of Neuroharmony is to support children and young people (and their families) with neurodiverse conditions such as autism, ADHD and anxiety. Neuroharmony provides both independent support for individuals' specific needs and help negotiate routes to clinical diagnosis and educational and developmental support.

#### Key Activities

All activities and services delivered by Neuroharmony must meet one or all of the following aims and purposes.

- Helping Advancement of Education:
- Helping relief of those in needs by age, ill health, financial hardship or other disadvantage.
- Improving the life of children and young people by promoting mental and moral improvement.
- Other charitable purposes as the board in its absolute discretion from time to time thinks fit.

#### Family and/or individual support

- Providing family support to enable parents to have an understanding of their child's needs and responses.
- Personal support and advice for children and young people, to help them to develop an understanding of themselves. This enables them to become more emotionally regulated so they can access and engage in activities in the world around them in a meaningful way.
- Providing information/talks or seminars to educate the wider community about neurodiverse conditions.
- Providing specialist training to nanny's au pairs and other professionals.
- Zoom support is available if this is preference, distance is a barrier or other external factors impact on the ability to meet face to face.
- Support is tailored to each child or young person's individual needs.

#### Organisational Support

- Providing support, advice and training to schools, including formal training on specific areas.
- Attending meetings such as annual reviews.
- Providing support with the identification and understanding of a child's needs so that they can be better met within mainstream education settings.
- Provision of strategies and development of bespoke resources such as writing social stories and documents that personalise and support with social understanding.
- Provision of direct support is delivered in response to the individual needs of the school.
- Observations of individuals in different settings.
- Writing of reports to support and inform of a child or young person's strengths and needs.
- Other activities may take place and be delivered in a creative way in response to needs as they arise. Any activity undertaken will meet the aims and purposes outlined above.

Neuroharmony provide free support for families who meet the eligibility criteria agreed by the Trustees. There is no cap on the number of applicants for free services but as we are small there is limited capacity and therefore there may be waiting times.

# NEUROHARMONY

## TRUSTEES' REPORT (CONTINUED)

### FOR THE YEAR ENDED 31 MAY 2024

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#### *Public benefit*

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

#### **Achievements and performance**

##### *Significant activities and achievements against objectives*

All services and support delivered by Neuroharmony meet one or all the Charitable aims and purposes.

The trajectory of demand for services and support increased.

Neuroharmony provides support to Adopt London South and works closely with many families post-adoption.

Neuroharmony hosted a running event and raised circa £16,000 in March 2024

Neuroharmony provided a free talk to Roehampton University students around inclusion

Operations Manager employed in September 2023 to manage advisers' diaries, invoicing, appointments, scheduling and social media.

#### **Financial review**

Please refer to the SOFA on page 5, the main figures to note are donations throughout the year were £56,097 (2023 – £197,095) and Income from paid services was £64,614 (2023 - £76,047)

#### *Reserves policy*

##### **Reserves Policy**

It is the policy of the charity to hold at least £20,000 of general reserves, noting that Neuroharmony has limited overheads, for example no premises.

##### *Major risks*

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

#### **Plans for future periods**

- To open a Skills Centre where parents and professionals can be provided with training and support
- To employ new advisers to support families in specific areas
- To provide more free talks to local communities

#### **Structure, governance and management**

The charity was established as a Charitable Incorporated Organisation, (CIO), on 4th May 2020 and has a model Foundation CIO constitution which is its Governing Document.

# NEUROHARMONY

## TRUSTEES' REPORT (CONTINUED)

### FOR THE YEAR ENDED 31 MAY 2024

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The trustees who served during the year and up to the date of signature of the financial statements were:

Mr S A Deering

Mrs H M Szeliga

Mr M Clarke

Mr S Foyle

(Resigned 31 August 2023)

(Appointed 25 September 2024)

#### Role of the Trustees

- Ensuring that the organisation pursues its stated objects (purposes), as defined in its governing document, by developing and agreeing a long term strategy
- Ensuring that the organisation complies with its governing document (i.e. its trust deed, constitution or memorandum and articles of association), charity law, company law and any other relevant legislation or regulations
- Ensuring that the organisation defines its goals and evaluates performance against agreed targets
- Safeguarding the good name and values of the organisation
- Ensuring the effective and efficient administration of the organisation, including having appropriate policies and procedures in place
- Ensuring the financial stability of the organisation
- Protecting and managing the property of the charity and ensuring the proper investment of the charity's funds
- Following proper and formal arrangements for the appointment, supervision, support, appraisal and remuneration of the chief executive (if the charity employs staff)
- In addition to the above statutory duties, each trustee should use any specific skills, knowledge or experience they have to help the board of trustees reach sound decisions. This may involve scrutinising board papers, leading discussions, focusing on key issues, providing advice and guidance on new initiatives, or other issues in which the trustee has special expertise.

In addition to the above statutory duties, each trustee should use any specific skills, knowledge or experience they have to help the board of trustees reach sound decisions. This may involve scrutinising board papers, leading discussions, focusing on key issues, providing advice and guidance on new initiatives, or other issues in which the trustee has special expertise.

The trustees' report was approved by the Board of Trustees.



Mr S A Deering

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Date: 31/03/2025

# NEUROHARMONY

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF NEUROHARMONY

---

I report to the trustees on my examination of the financial statements of Neuroharmony (the charity) for the year ended 31 May 2024.

### **Responsibilities and basis of report**

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### **Independent examiner's statement**

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Neil Major FCCA  
Bruton Charles

Dated: 31 March 2025

# NEUROHARMONY

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

**FOR THE YEAR ENDED 31 MAY 2024**

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	Notes	Unrestricted funds 2024 £	Unrestricted funds 2023 £
<b>Income from:</b>			
Donations and legacies	2	56,097	197,095
Other trading activities	3	64,614	76,047
<b>Total income</b>		<u>120,711</u>	<u>273,142</u>
<b>Expenditure on:</b>			
Raising funds	4	1,400	-
Charitable activities	5	148,630	106,133
Governance costs	8	1,194	1,911
<b>Total expenditure</b>		<u>151,224</u>	<u>108,044</u>
<b>Net income/(expenditure) and movement in funds</b>		(30,513)	165,098
<b>Reconciliation of funds:</b>			
Fund balances at 1 June 2023		218,268	53,170
<b>Fund balances at 31 May 2024</b>		<u>187,755</u>	<u>218,268</u>

# NEUROHARMONY

## BALANCE SHEET

AS AT 31 MAY 2024

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	Notes	2024 £	£	2023 £	£
<b>Current assets</b>					
Cash at bank and in hand		189,217		221,137	
<b>Creditors: amounts falling due within one year</b>	<b>10</b>	<u>(1,462)</u>		<u>(2,869)</u>	
<b>Net current assets</b>			<u>187,755</u>		<u>218,268</u>
<b>Net assets excluding pension liability</b>			<u>187,755</u>		<u>218,268</u>
			=====		=====
<b>The funds of the charity</b>					
Unrestricted funds			<u>187,755</u>		<u>218,268</u>
			<u>187,755</u>		<u>218,268</u>
			=====		=====

The financial statements were approved by the trustees on 31 March 2025.

Mr S A Deering  
Trustee

# NEUROHARMONY

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR ENDED 31 MAY 2024

---

#### 1 Accounting policies

##### Charity information

Neuroharmony is a Charitable Incorporated Organisation (CIO) with a model Foundation constitution which is its Governing Document.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

The charity currently hold unrestricted funds only where the trustees can use these funds on the objectives of the charity, in line with its governing document at their discretion. There are no restricted or designated funds held.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

# NEUROHARMONY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2024

### 1 Accounting policies

(Continued)

#### 1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

#### 1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.7 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

The charity currently holds unrestricted funds only where the trustees can use these funds on the objectives of the charity, in line with its governing document at their discretion. There are no restricted or designated funds held.

### 2 Income from donations and legacies

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Donations and gifts	56,097	197,095

### 3 Income from other trading activities

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Income received for services provided	64,614	76,047

# NEUROHARMONY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MAY 2024

### 4 Expenditure on raising funds

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
<b>Fundraising and publicity</b>		
Other fundraising costs	1,400	-

### 5 Expenditure on charitable activities

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
<b>Direct costs</b>		
Staff costs	139,848	99,527
Insurance	747	1,658
Travel	8,035	4,948
	<u>148,630</u>	<u>106,133</u>
<b>Analysis by fund</b>		
Unrestricted funds	<u>148,630</u>	<u>106,133</u>

### 6 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

### 7 Employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
	3	2

	2024 £	2023 £
<b>Employment costs</b>		
Wages and salaries	123,447	87,500
Social security costs	13,608	9,892
Other pension costs	2,793	2,135
	<u>139,848</u>	<u>99,527</u>

There were no employees whose annual remuneration was more than £60,000.

# NEUROHARMONY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MAY 2024

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### 7 Employees (Continued)

### 8 Governance costs

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Software expenses	714	1,231
Sundry expenses	-	200
Financing costs	480	480
	<u>1,194</u>	<u>1,911</u>

### 9 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to charitable objects.

### 10 Creditors: amounts falling due within one year

	2024 £	2023 £
Other creditors	1,462	2,869
	<u>1,462</u>	<u>2,869</u>

### 11 Related party transactions

There were no disclosable related party transactions during the year.

**NEUROHARMONY**

England & Wales - Charity number 1189306

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# Accounts

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Charity registration number 1189306

**NEUROHARMONY**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MAY 2023**

# NEUROHARMONY

## LEGAL AND ADMINISTRATIVE INFORMATION

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**Trustees**

Mr S A Deering

Mr M Clarke

**Charity number**

1189306

**Charity's principle address**

2, Primrose Cottage

Foxhills Road

Chertsey

KT16 0NQ

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# NEUROHARMONY

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# NEUROHARMONY

## TRUSTEES' REPORT

### FOR THE YEAR ENDED 31 MAY 2023

---

The Trustees have the pleasure in presenting their report, and the Financial Statements for the charity for the year ending 31 May 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016).

#### Objectives and activities

The purpose of Neuroharmony is to support children and young people (and their families) with neurodiverse conditions such as autism, ADHD and anxiety. Neuroharmony provides both independent support for individuals' specific needs and help negotiate routes to clinical diagnosis and educational and developmental support.

#### Key Activities

All activities and services delivered by Neuroharmony must meet one or all of the following aims and purposes.

- Helping Advancement of Education:
- Helping relief of those in needs by age, ill health, financial hardship or other disadvantage.
- Improving the life of children and young people by promoting mental and moral improvement.
- Other charitable purposes as the board in its absolute discretion from time to time thinks fit.

#### Family and/or individual support

- Providing family support to enable parents to have an understanding of their child's needs and responses.
- Personal support and advice for children and young people, to help them to develop an understanding of themselves. This enables them to become more emotionally regulated so they can access and engage in activities in the world around them in a meaningful way.
- Providing information/talks or seminars to educate the wider community about neurodiverse conditions.
- Providing specialist training to nanny's au pairs and other professionals.
- Zoom support is available if this is preferable, distance is a barrier or other external factors impact on the ability to meet face to face.
- Support is tailored to each child or young person's individual needs.

#### Organisational Support

- Providing support, advice and training to schools, including formal training on specific areas.
- Attending meetings such as annual reviews.
- Providing support with the identification and understanding of a child's needs so that they can be better met within mainstream education settings.
- Provision of strategies and development of bespoke resources such as writing social stories and documents that personalise and support with social understanding.
- Provision of direct support is delivered in response to the individual needs of the school.
- Observations of individuals in different settings.
- Writing of reports to support and inform of a child or young person's strengths and needs.
- Other activities may take place and be delivered in a creative way in response to needs as they arise. Any activity undertaken will meet the aims and purposes outlined above.

Neuroharmony provide free support for families who meet the eligibility criteria agreed by the Trustees. There is no cap on the number of applicants for free services but as we are small there is limited capacity and therefore there may be waiting times.

# NEUROHARMONY

## TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2023

---

### Achievements and performance

1 June 2022 To 31 May 2023

All services and support delivered by Neuroharmony meet one or all the Charitable aims and purposes.

The trajectory of demand for services and support increased this year. The number of free support and services amounted to circa 30% of the total support provided.

Neuroharmony provides support to Adopt London South and works closely with many families post-adoption.

### Financial review

Donations throughout the year of £197,000.

Income from paid services of £76,000.

Total costs were £108,044

Surplus for the year was £165,098

### Reserves Policy

The trustees have agreed a policy for reserves that accounts for the amounts for recurring running expenses of the Foundation and unexpected one-off expenses that may arise and this is a nominal amount of £20,000, noting that Neuroharmony has limited overheads, for example no premises.

### Risk review and management

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

### Plans for future periods

The following future plans include:

- Employ one/two specialist advisors given demand for our services
- To employ an operations manager to oversee day-to-day running of the charity
- To schedule fundraising events annually with the intention of raising of £20-40k
- To investigate the prospect of having a premises to deliver services

### Structure, governance and management

The charity was established as a Charitable Incorporated Organisation, (CIO), on 4th May 2020 and has a model Foundation CIO constitution which is its Governing Document.

The trustees who served during the year and up to the date of signature of the financial statements were:

Mrs B Y O'Sullivan (Resigned on 22<sup>nd</sup> December 2022)

Mr S A Deering

Miss H M Szeliga (Resigned on 31<sup>st</sup> August 2023)

Mr M Clarke

Changes to the Trustees is subject to a review and majority consensus by the Trustees. During the year Mrs B Y O'Sullivan resigned being a trustee. After the year end, Miss H M Szeliga resigned on 31<sup>st</sup> August 2023.

# NEUROHARMONY

## TRUSTEES' REPORT (CONTINUED)

**FOR THE YEAR ENDED 31 MAY 2023**

---

### Role of the Trustees

- Ensuring that the organisation pursues its stated objects (purposes), as defined in its governing document, by developing and agreeing a long-term strategy
- Ensuring that the organisation complies with its governing document (ie its trust deed, constitution or memorandum and articles of association), charity law, company law and any other relevant legislation or regulations
- Ensuring that the organisation applies its resources exclusively in pursuance of its charitable objects (i.e the charity must not spend money on activities that are not included in its own objects, however worthwhile or charitable those activities are) for the benefit of the public
- Ensuring that the organisation defines its goals and evaluates performance against agreed targets
- Safeguarding the good name and values of the organisation
- Ensuring the effective and efficient administration of the organisation, including having appropriate policies and procedures in place
- Ensuring the financial stability of the organisation
- Protecting and managing the property of the charity and ensuring the proper investment of the charity's funds
- Following proper and formal arrangements for the appointment, supervision, support, appraisal and remuneration of the chief executive (if the charity employs staff)
- In addition to the above statutory duties, each trustee should use any specific skills, knowledge or experience they have to help the board of trustees reach sound decisions. This may involve scrutinising board papers, leading discussions, focusing on key issues, providing advice and guidance on new initiatives, or other issues in which the trustee has special expertise.

In addition to the above statutory duties, each trustee should use any specific skills, knowledge or experience they have to help the board of trustees reach sound decisions. This may involve scrutinising board papers, leading discussions, focusing on key issues, providing advice and guidance on new initiatives, or other issues in which the trustee has special expertise.

The trustees' report was approved by the Board of Trustees.



Mr S Deering

**Trustee**

27 March 2024

# NEUROHARMONY

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF NEUROHARMONY

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I report to the trustees on my examination of the financial statements of Neuroharmony (the charity) for the year ended 31 May 2023.

### Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of CA, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



**Mark Lynskey C.A.**

Bruton Charles

Dated: 27 March 2024

# NEUROHARMONY

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MAY 2023

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		Unrestricted funds	Unrestricted funds
	Notes	2023	2022
		£	£
<b>Income from:</b>			
Donations received	2	197,095	28,760
Other trading activities	3	76,047	47,548
<b>Total income</b>		<u>273,142</u>	<u>76,308</u>
<b>Expenditure on:</b>			
Charitable activities	4	106,133	96,841
Governance costs	7	1,911	1,310
<b>Total expenditure</b>		<u>108,044</u>	<u>98,151</u>
<b>Net income/(expenditure) for the year/ Net movement in funds</b>		165,098	(21,843)
Fund balances at 1 June 2022		<u>53,170</u>	<u>75,013</u>
<b>Fund balances at 31 May 2023</b>		<u><u>218,268</u></u>	<u><u>53,170</u></u>

# NEUROHARMONY

## BALANCE SHEET

AS AT 31 MAY 2023

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	Notes	2023 £	£	2022 £	£
<b>Current assets</b>					
Cash at bank and in hand		221,137		55,306	
<b>Creditors: amounts falling due within one year</b>	<b>9</b>	<u>(2,869)</u>		<u>(2,136)</u>	
Net current assets			<u>218,268</u>		<u>53,170</u>
<b>Income funds</b>					
Unrestricted funds			<u>218,268</u>		<u>53,170</u>
			<u>218,268</u>		<u>53,170</u>

The financial statements were approved by the Trustees on 27 March 2024



Mr S Deering  
Trustee

# NEUROHARMONY

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR ENDED 31 MAY 2023

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#### 1 Accounting policies

##### Charity information

Neuroharmony is a Charitable Incorporated Organisation (CIO) with a model Foundation constitution which is its Governing Document.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

The charity currently holds unrestricted funds only where the trustees can use these funds on the objectives of the charity, in line with its governing document at their discretion. There are no restricted or designated funds held.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

# NEUROHARMONY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2023

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### 1 Accounting policies

(Continued)

#### 1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

#### 1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.7 Financial instruments

The charity has elected to apply the provisions of section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instrument Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

#### 1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

#### 1.9 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

The charity currently holds unrestricted funds only where the trustees can use these funds on the objectives of the charity, in line with its governing document at their discretion. There are no restricted or designated funds held.

# NEUROHARMONY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MAY 2023

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### 2 Donations received

	Unrestricted funds	Unrestricted funds
	2023	2022
	£	£
Donations and gifts	<u>197,095</u>	<u>28,760</u>

### 3 Other trading activities

	Unrestricted funds	Unrestricted funds
	2023	2022
	£	£
Income received for services provided	<u>76,047</u>	<u>47,548</u>

### 4 Charitable activities

	2023	2022
	£	£
Staff costs	99,527	95,499
Membership Fees	-	115
Insurance	1,658	1,227
Travel	4,948	-
	<u>106,133</u>	<u>96,841</u>
	<u>106,133</u>	<u>96,841</u>

### 5 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

# NEUROHARMONY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MAY 2023

#### 6 Employees

Number of employees during the year.

	2023	2022
	Number	Number
Total	<u>2</u>	<u>2</u>

#### Employment costs

	2023	2022
	£	£
Subcontractors	-	34,395
Wages and salaries	87,500	55,500
Social security costs	9,892	4,747
Other pension costs	<u>2,135</u>	<u>857</u>
	<u>99,527</u>	<u>95,499</u>

There were no employees whose annual remuneration was more than £60,000.

#### 7 Governance costs

	Unrestricted funds	Unrestricted funds
	2023	2022
	£	£
Software expenses	1,231	820
Sundry expenses	200	-
Financing costs	<u>480</u>	<u>490</u>
	<u>1,911</u>	<u>1,310</u>

#### 8 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

#### 9 Creditors: amounts falling due within one year

	2023	2022
	£	£
Other taxation and social security	<u>2,869</u>	<u>2,136</u>

#### 10 Related party transactions

During the year a company donor of which the trustee M.Clarke is the director and controlling party, donated an amount of £52,850 to the charity (2022 - £Nil).

There were no other disclosable related party transactions during the year.



**NEUROHARMONY**

England & Wales - Charity number 1189306

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# Accounts

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a.



CHARITY COMMISSION  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

**From : 1 June 2021 to 31 May 2022**

Charity name: NEUROHARMONY

Charity registration number: 1189306

The Trustees have the pleasure in presenting their report, and the Financial Statements for the charity for the year ending 31 May 2022.

### **Reference and Administrative details**

Charity name	NEUROHARMONY
Other name the charity uses	N/A
Registered charity number	1189306
Charity's principal address	2 Primrose Cottage Foxhills Road Chertsey KT16 0NQ

### **Governance Structure and Management**

This is the first submission for Neuroharmony, registered as a CIO. During the COVID pandemic, as such there is very little activity, as denoted by the accounts.

### **Role of the Trustees**

- Ensuring that the organisation pursues its stated objects (purposes), as defined in its governing document, by developing and agreeing a long-term strategy
- Ensuring that the organisation complies with its governing document (ie its trust deed, constitution or memorandum and articles of association), charity law, company law and any other relevant legislation or regulations
- Ensuring that the organisation applies its resources exclusively in pursuance of its charitable objects (ie the charity must not spend money on activities that are not included in its own objects, however worthwhile or charitable those activities are) for the benefit of the public
- Ensuring that the organisation defines its goals and evaluates performance against agreed targets
- Safeguarding the good name and values of the organisation
- Ensuring the effective and efficient administration of the organisation, including having appropriate policies and procedures in place
- Ensuring the financial stability of the organisation
- Protecting and managing the property of the charity and ensuring the proper investment of the charity's funds
- Following proper and formal arrangements for the appointment, supervision, support, appraisal and remuneration of the chief executive (if the charity employs staff)

- In addition to the above statutory duties, each trustee should use any specific skills, knowledge or experience they have to help the board of trustees reach sound decisions. This may involve scrutinising board papers, leading discussions, focusing on key issues, providing advice and guidance on new initiatives, or other issues in which the trustee has special expertise.

**Named Trustees**, all of whom have been in place since the formation of the Charity.

- Stewart Deering – Chair, Business / Donator / ASD Parent, possibly some fund raising
- Helen Szeliga - Teacher / Safeguarding
- Martin Clarke- Fund raiser / Business
- Breeda O’Sullivan- Accountant

Changes to the Trustees is subject to a review and majority consensus by the Trustees.

### **Purpose Of Neuroharmony**

The purpose of Neuroharmony is to support children and young people (and their families) with neurodiverse conditions such as autism, ADHD and anxiety. Neuroharmony provides both independent support for individuals’ specific needs and help negotiate routes to clinical diagnosis and educational and developmental support.

### **Key Activities**

All activities and services delivered by Neuroharmony must meet one or all of the following aims and purposes.

- Helping Advancement of Education:
- Helping relief of those in needs by age, ill health, financial hardship or other disadvantage.
- Improving the life of children and young people by promoting mental and moral improvement.
- Other charitable purposes as the board in its absolute discretion from time to time thinks fit.

### **Summary of Neuroharmony activities**

#### **1. Family and/or individual support**

- Providing family support to enable parents to have an understanding of their child’s needs and responses.
- Personal support and advice for children and young people, to help them to develop an understanding of themselves. This enables them to become more emotionally regulated so they can access and engage in activities in the world around them in a meaningful way.
- Providing information/talks or seminars to educate the wider community about neurodiverse conditions.
- Providing specialist training to nanny’s au pairs and other professionals.
- Zoom support is available if this is preference, distance is a barrier or other external factors impact on the ability to meet face to face.
- Support is tailored to each child or young person’s individual needs.

## **2. Organisational Support**

- Providing support, advice and training to schools, including formal training on specific areas.
- Attending meetings such as annual reviews.
- Providing support with the identification and understanding of a child's needs so that they can be better met within mainstream education settings.
- Provision of strategies and development of bespoke resources such as writing social stories and documents that personalise and support with social understanding.
- Provision of direct support is delivered in response to the individual needs of the school.
- Observations of individuals in different settings.
- Writing of reports to support and inform of a child or young person's strengths and needs.
- Other activities may take place and be delivered in a creative way in response to needs as they arise. Any activity undertaken will meet the aims and purposes outlined above.

### **Achievements and Performance**

1 June 2021 To 31 May 2022

All services and support delivered by Neuroharmony meet one or all the Charitable aims and purposes.

This period enabled Neuroharmony to commence activities and services post Covid-19. During this time, the trajectory of demand for services and support increased. The number of free support and services amounted to circa 25% of the total support provided.

Neuroharmony is liaising with Adopt London South regarding the possibility of providing support to families of children with ADHD, Autism and Attachment difficulties.

### **Financial Review**

Donations throughout the year of £29,000.

Income from paid services of £47,000.

### **Reserves Policy**

A nominal amount of £20,000, noting that Neuroharmony has limited overheads, for example no premises.

### **Plans for future**

The following future plans include:


- Employ one - two more Therapists given demand for our services
- Schools - more school support being provided / requested.

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Stewart Deering	
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Position (eg  
Secretary, Chair, etc)

Chair	
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Date

24/3/23
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**NEUROHARMONY**

England & Wales - Charity number 1189306

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# Accounts

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**NEUROHARMONY**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE PERIOD ENDED 31 MAY 2021**

# NEUROHARMONY

## LEGAL AND ADMINISTRATIVE INFORMATION

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**Trustees**

Mrs L Madadi  
Mr S A Deering  
Mrs H M Szeliga  
Mr M Clarke  
Mrs B Y O'Sullivan

**Charity number**

1189306

**Charity's principle address**

2, Primrose Cottage  
Foxhills Road  
Chertsey  
KT16 0NQ

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# NEUROHARMONY

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# NEUROHARMONY

## TRUSTEES' REPORT

### FOR THE PERIOD ENDED 31 MAY 2021

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The trustees present their report and financial statements for the period ended 31 May 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

#### Objectives and activities

The purpose of Neuroharmony is to support children and young people (and their families) with neurodiverse conditions such as autism, ADHD and anxiety. Neuroharmony provides both independent support for individuals' specific needs and help negotiate routes to clinical diagnosis and educational and developmental support.

#### Key Activities

All activities and services delivered by Neuroharmony must meet one or all of the following aims and purposes.

- Helping Advancement of Education:
- Helping relief of those in needs by age, ill health, financial hardship or other disadvantage.
- Improving the life of children and young people by promoting mental and moral improvement.
- Other charitable purposes as the board in its absolute discretion from time to time thinks fit.

#### Family and/or individual support

- Providing family support to enable parents to have an understanding of their child's needs and responses.
- Personal support and advice for children and young people, to help them to develop an understanding of themselves. This enables them to become more emotionally regulated so they can access and engage in activities in the world around them in a meaningful way.
- Providing information/talks or seminars to educate the wider community about neurodiverse conditions.
- Providing specialist training to nanny's au pairs and other professionals.
- Zoom support is available if this is preference, distance is a barrier or other external factors impact on the ability to meet face to face.
- Support is tailored to each child or young person's individual needs.

#### Organisational Support

- Providing support, advice and training to schools, including formal training on specific areas.
- Attending meetings such as annual reviews.
- Providing support with the identification and understanding of a child's needs so that they can be better met within mainstream education settings.
- Provision of strategies and development of bespoke resources such as writing social stories and documents that personalise and support with social understanding.
- Provision of direct support is delivered in response to the individual needs of the school.
- Observations of individuals in different settings.
- Writing of reports to support and inform of a child or young person's strengths and needs.
- Other activities may take place and be delivered in a creative way in response to needs as they arise. Any activity undertaken will meet the aims and purposes outlined above.

Neuroharmony provide free support for families who meet the eligibility criteria agreed by the Trustees. There is no cap on the number of applicants for free services but as we are small there is limited capacity and therefore there may be waiting times. The year in question was significantly impacted by Covid, but post Covid the percentage of charitable support equates to nearly half of all support.

# NEUROHARMONY

## TRUSTEES' REPORT (CONTINUED)

### FOR THE PERIOD ENDED 31 MAY 2021

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The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Foundation's aims and objectives and distributing grants.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

#### **Achievements and performance**

- First year of charity. Proven difficult due to covid.
- However significant achievement in how the charity has responded to Covid and helping not only those with Autism, ADHD but the requirements from families who have suffered from anxiety due to covid.
- More and more scrutiny on children and families with Autism and ADHD to achieve suitable ECHP (LA financial support to fund Teaching Assistants etc) therefore the charity have been working with families to support their written submissions and panel presentations to achieve the required Local Authority support. The charity's expertise has been essential.

#### **Financial review**

Neuroharmony key revenue stream during the period was donations and income from pre-covid Fund Raising activities – notably:

- Thames Materials Golf Day- £37,934
- Stonebridge Rugby Day - £11,450
- Reef Estate Donation - £100,000

The key revenue stream for Neuroharmony through the period has been through donations, such as proceeds from a charitable Golf Day.

Key expenditure reflected in the annual statements relate to the cost of services covering a longer period from September 2019 to May 2021 for £87,078.

This is the first submission for Neuroharmony, registered as a CIO, during the COVID pandemic, and as such there is very little activity, as denoted by the accounts.

#### **Reserves Policy**

The trustees have agreed a policy for reserves that accounts for the amounts for recurring running expenses of the Foundation and unexpected one-off expenses that may arise and this is a nominal amount of £20,000, noting that Neuroharmony has limited overheads, for example no premises.

#### **Risk review and management**

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

#### **Plans for future periods**

- Launch website
- Family focussed support once Covid restrictions relaxed. The feedback from families have seen a significant desire for face to face support.
- Schools – more school support being provided / requested.
- Potential for two experienced volunteers once Covid settles

# NEUROHARMONY

## TRUSTEES' REPORT (CONTINUED)

**FOR THE PERIOD ENDED 31 MAY 2021**

---

### Structure, governance and management

The charity was established as a Charitable Incorporated Organisation, (CIO), on 4th May 2020 and has a model Foundation CIO constitution which is its Governing Document.

The trustees who served during the year and up to the date of signature of the financial statements were:

Mrs L Madadi - Chair

Mr S A Deering

Mrs H M Szeliga

Mr M Clarke

Mrs B Y O'Sullivan - treasurer

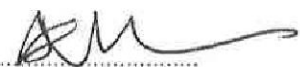
Changes to the Trustees is subject to a review and majority consensus by the Trustees.

### Role of the Trustees

- Ensuring that the organisation pursues its stated objects (purposes), as defined in its governing document, by developing and agreeing a long-term strategy
- Ensuring that the organisation complies with its governing document (ie its trust deed, constitution or memorandum and articles of association), charity law, company law and any other relevant legislation or regulations
- Ensuring that the organisation applies its resources exclusively in pursuance of its charitable objects (ie the charity must not spend money on activities that are not included in its own objects, however worthwhile or charitable those activities are) for the benefit of the public
- Ensuring that the organisation defines its goals and evaluates performance against agreed targets
- Safeguarding the good name and values of the organisation
- Ensuring the effective and efficient administration of the organisation, including having appropriate policies and procedures in place
- Ensuring the financial stability of the organisation
- **Protecting and managing the property of the charity and ensuring the proper investment of the charity's funds**
- Following proper and formal arrangements for the appointment, supervision, support, appraisal and remuneration of the chief executive (if the charity employs staff)

In addition to the above statutory duties, each trustee should use any specific skills, knowledge or experience they have to help the board of trustees reach sound decisions. This may involve scrutinising board papers, leading discussions, focusing on key issues, providing advice and guidance on new initiatives, or other issues in which the trustee has special expertise.

The trustees' report was approved by the Board of Trustees.



L Madadi

Trustee

Dated: 23/03/2022

# NEUROHARMONY

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF NEUROHARMONY

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I report to the trustees on my examination of the financial statements of Neuroharmony (the charity) for the period ended 31 May 2021.

#### Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

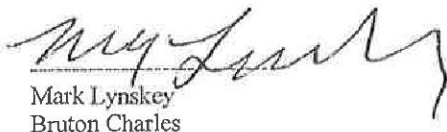
Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Mark Lynskey  
Bruton Charles

Dated: 22/3/2022

# NEUROHARMONY

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

*FOR THE PERIOD ENDED 31 MAY 2021*

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	Notes	Unrestricted funds 2021 £
<b>Income from:</b>		
Donations received	2	152,054
Charitable activities	3	10,701
<b>Total income</b>		<u>162,755</u>
<b>Expenditure on:</b>		
Charitable activities	4	87,078
Governance costs	7	664
<b>Total resources expended</b>		<u>87,742</u>
<b>Net income for the period/ Net movement in funds</b>		75,013
Fund balances at 4 May 2020		-
<b>Fund balances at 31 May 2021</b>		<u>75,013</u>

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# NEUROHARMONY


## BALANCE SHEET

AS AT 31 MAY 2021

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	Notes	2021 £	£
<b>Current assets</b>			
Debtors	8	100,000	
Cash at bank and in hand		<u>27,696</u>	
		127,696	
<b>Creditors: amounts falling due within one year</b>	9	<u>(52,683)</u>	
Net current assets			<u>75,013</u>
<b>Income funds</b>			
Unrestricted funds			<u>75,013</u>
			<u>75,013</u>

The financial statements were approved by the Trustees on 22/03/2022



L. Madadi  
Trustee

# NEUROHARMONY

## NOTES TO THE FINANCIAL STATEMENTS

*FOR THE PERIOD ENDED 31 MAY 2021*

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### 1 Accounting policies

#### Charity information

Neuroharmony is a Charitable Incorporated Organisation (CIO) with a model Foundation constitution which is its Governing Document.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus, the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

The charity currently holds unrestricted funds only where the trustees can use these funds on the objectives of the charity, in line with its governing document at their discretion. There are no restricted or designated funds held.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

# NEUROHARMONY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 31 MAY 2021

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### 1 Accounting policies

#### 1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Costs in respect of charitable activities relate to the core activities that the charity has been set up to achieve. These mainly relate to the salary costs of providing our support as detailed in the trustees report.

#### 1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

#### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest.

### 2 Donations received

	Unrestricted funds
	2021 £
Donations and gifts	152,054

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# NEUROHARMONY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 31 MAY 2021

### 3 Charitable activities income

	Unrestricted funds
	2021 £
Income received for services provided	10,701

### 4 Charitable activities costs

	Support provision
	2021 £
Labour provision costs	87,078
	<u>87,078</u>

### 5 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

### 6 Employees

There were no employees during the period. The charity used externally supplied labour in this period.

Labour provision costs	2021 £
External supply of workers to carry out the core activities	87,078

# NEUROHARMONY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 31 MAY 2021

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### 7 Governance costs

	Unrestricted funds
	2021
Bank charges	226
Internet and email fees	415
Invoicing software subscription	23
	<u>664</u>

### 8 Debtors

	2021 £
<b>Amounts falling due within one year:</b>	
Donations pledged receivable	100,000
	<u>100,000</u>

### 9 Creditors: amounts falling due within one year

	2021 £
Operating costs creditors	52,683
	<u>52,683</u>

### 10 Related party transactions

During the period a company where one of the trustees is a director and has significant control donated £100,000 to the charity. There were no other disclosable related party transactions.