

THREE LITTLE BIRDS

England & Wales · Charity number 1189250

Details

Status Registered

Legal form CIO

Registered 2020-04-29

Register [View on the Charity Commission register](#)

Contact

Address Three Little Birds
Enterprise Centre
David Lane
Basford
Nottingham
NG6 0JU

Phone 07921518473

Email admin@3littlebirds.org.uk

Website www.3littlebirds.org.uk

Activities

Objects: FOR THE PUBLIC BENEFIT, THE PRESERVATION AND PROTECTION OF GOOD PHYSICAL AND MENTAL HEALTH OF THE GENERAL PUBLIC IN ENGLAND AND WALES BY ANY MEANS AS THE TRUSTEES IN THEIR DISCRETION SHALL DETERMINE.

Activities: Providing support and advice, raising awareness of mental health, Anxiety, Obesity

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Disability, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-01	£731	£902	-	-
2024-04-01	£2,569	£5,990	-	-
2023-04-01	£14,389	£14,548	-	-
2022-04-01	£22,384	£9,609	-	-
2021-04-01	£11,885	£1,781	-	-

Trustees

Name	Role	Appointed
Colin Haughton		2020-04-01
Kathryn Bell		2020-04-01
Paige Ebbs		2021-02-12
Rebecca Shoesmith		2021-02-12

THREE LITTLE BIRDS

England & Wales - Charity number 1189250

Accounts

Section E**Financial review**

Brief statement of the charity's policy on reserves

The charity's policy on reserves is to protect a percentage for emergencies and core spend where a shortfall may cause a larger loss to the charity.

Details of any funds materially in deficit

Further financial review details (Optional information)

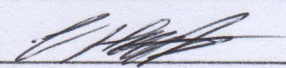
You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F**Other optional information****Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Colin Haughton	Kathryn Bell
Position (eg Secretary, Chair, etc)	Trustee	Trustee 13/12/24
Date	13/12/2024	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Three Little Birds

No (if any)
1189250

Receipts and payments accounts

CC16a

For the period
from

Period start date
4/2/2024

To

Period end date
4/1/2025

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	231	500	-	731	-
		-	-	-	-
		-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	231	500	-	731	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	231	500	-	731	-
A3 Payments					
Bills and Virtual Office	902	-	-	902	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	902	-	-	902	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	902	-	-	902	-
Net of receipts/(payments)	- 672	500	-	- 172	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	21,563	-	-	21,563	-
Cash funds this year end	20,891	500	-	21,391	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	C.Haughton	Colin Haughton	1/5/2026	

THREE LITTLE BIRDS

England & Wales - Charity number 1189250

Accounts

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity's policy on reserves is to protect a percentage for emergencies and core spend where a shortfall may cause a larger loss to the charity.

Details of any funds materially in deficit

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	
Full name(s)	Colin Haughton Kathryn Bell
Position (eg Secretary, Chair, etc)	Trustee Trustee
Date	13/12/2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Three Little Birds

No (if any)
1189250

Receipts and payments accounts

CC16a

For the period
from

Period start date
4/1/2023

To

Period end date
3/31/2024

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Grant - HAF	-	2,081	-	2,081	24,824
Grant Donation	-	-	-	-	-
Cash Donations	155	-	-	155	-
Refunds	299	-	-	299	-
Interest	34	-	-	34	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	488	2,081	-	2,569	24,824
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	488	2,081	-	2,569	24,824
A3 Payments					
Office Rent	1,295	-	-	1,295	-
Fuel	530	-	-	530	-
Misc	1,696	-	-	1,696	-
Venue Hire	340	-	-	340	-
Insurance	381	-	-	381	-
HAF Activities	1,012	-	-	1,012	-
Expenses	725	-	-	725	-
Travel	11	-	-	11	-
	-	-	-	-	-
Sub total	5,990	-	-	5,990	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	5,990	-	-	5,990	-
Net of receipts/(payments)	- 5,502	2,081	-	- 3,421	24,824
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	24,984	-	-	24,984	-
Cash funds this year end	19,482	2,081	-	21,563	24,824

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	

THREE LITTLE BIRDS

England & Wales - Charity number 1189250

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 01	Month April	Year 2022		Day 31	Month March	Year 2023

Section A Reference and administration details

Charity name	Three Little Birds
Other names charity is known by	
Registered charity number (if any)	1189250
Charity's principal address	The Lenton Centre
	Willoughby St, Lenton
	Nottingham
Postcode	NG7 1RQ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Colin Haughton			
2	Kathryn Bell			
3	Paige Ebbs			
4				
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14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
Colin Haughton	
Kathryn Bell	
Paige Ebbs	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Foundation CIO
Trustee selection methods (eg. appointed by, elected by)	Appointed by trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To act as a resource for people living in [England & Wales] by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:

(d) Providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

The promotion of physical and mental health (**what**) for the public

benefit **(who)** in England and Wales **(where)** by raising awareness of mental and physical support **(how)**.

The charity has organised and taken part in family fun days. The events are free and offered a safe and fun environment for families especially, the kids of all ages.

The activities and events tackle Loneliness, mental health, community cohesion and cost of living.

The theme of most of our activities takes these issues into account. We aim to build healthy sustainable communities, by supporting families and promoting good healthy habits with fun activities.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

The charity has been successful in securing funding from local authorities, which has been a result of networking and building trust. The charity has created long term partnerships which has helped to grow our offerings and opportunities.

The charity donations has increased, and awareness of our work attracts a wide range of supporters, clients, and volunteers. The charity has trialled some activities with mixed responses. A few successes and some fails, which we have learned from. The charity has had a tough start during the pandemic but has worked hard to become sustainable.

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity's policy on reserves is to protect a percentage for emergencies and core spending where a shortfall may cause a larger loss to the charity.

Details of any funds materially in deficit**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F**Other optional information****Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Colin Haughton	Kathryn Bell
Position (eg Secretary, Chair, etc)	Trustee	Trustee
Date	24/6/2024	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Three Little Birds

No (if any)
1189250

Receipts and payments accounts

CC16a

For the period
from

Period start date
4/1/2022

To

Period end date
3/31/2023

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Grant - HAF	-	12,616	-	12,616	-
Grant Donation	1,000	-	-	1,000	-
Cash Donations	411	-	-	411	-
Refunds	329	-	-	329	-
Interest	33	-	-	33	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	1,773	12,616	-	14,389	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,773	12,616	-	14,389	-
A3 Payments					
Office Rent	1,295	-	-	1,295	-
Fuel	1,049	-	-	1,049	-
Misc	4,914	-	-	4,914	-
Venue Hire	780	-	-	780	-
Insurance	211	-	-	211	-
HAF Activities	1,204	-	-	1,204	-
Expenses	4,125	-	-	4,125	-
Travel	970	-	-	970	-
	-	-	-	-	-
Sub total	14,548	-	-	14,548	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	14,548	-	-	14,548	-
Net of receipts/(payments)	- 12,776	12,616	-	160	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	24,984	-	-	24,984	-
Cash funds this year end	12,208	12,616	-	24,824	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	

THREE LITTLE BIRDS

England & Wales - Charity number 1189250

Accounts

Trustees' Annual Report for the period: **From: 1/4/21 To: 31/03/2022**

Charity name: Three Little Birds

Charity registration number: 1189250

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	For the public benefit, the preservation and protection of good physical and mental health of the general public in England and Wales by any means the trustees in their discretion shall determine.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The provision of mentoring and support in the community for people experiencing health and wellbeing challenges. Promoting awareness of mental health through events in the community, and overcoming associated disadvantages with people using the charity services.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Yes, all trustees have had regard for the guidance issued by The Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	NA
Policy on social investment including program related	Para 1.38	NA

investment		
Contribution made by volunteers	Para 1.38	NA
Other		NA

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Working with people and organisations in the local community to support programmes and projects that has a bigger mental and physical impact for the wider community. Running networking events to raise awareness and collaboration of grassroots voluntary organisations and statutory organisations, strengthening our local voluntary sector. Providing, a programme of activities and healthy food during the school holidays, which improves confidence, participation, and social skills etc. Organising and hosting projects to support positive mental well-being such as family

		cooking sessions and family fun days.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We have successfully supported individuals, families, and children to break down barriers and achieve more within their capabilities and try something new. Networking with organisations to support the wider community via collaboration & partnership, information sharing, events, and signposting. This strengthens the local voluntary sector and raises awareness of the grassroots organisation involved, therefore it exceeds but enhances our original objectives.
Performance of fundraising activities against objectives set	Para 1.41	We have been grateful to receive funds from public donations and fundraising. We have also been fortunate to receive most of the Grants we have applied for. These funding streams have kept the charity running and allow us to plan (much-needed) further work and projects.
Investment performance		NA

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against objectives	Para 1.41	
Other		NA

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity ends the period with no funds in deficit and the majority of grant fund values received in-year have been retained for future use.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	
Amount of reserves held	Para 1.22	£12,000
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None at the end of the period

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	National Lottery Grant Public Donations Public Fundraising Local Authority funds
Investment policy and objectives including any social investment policy adopted	Para 1.46	NA
A description of the principal risks facing the charity	Para 1.46	NA

Other		NA

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Charity Commission Foundation Model Constitution
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Any new or potential trustees are voted in by current trustees

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	NA
The charity's organisational structure and any wider network with which the charity works	Para 1.51	NA
Relationship with any related parties	Para 1.51	NA

Other		NA

Reference and Administrative details

Charity name	Three Little Birds
Other name the charity uses	
Registered charity number	1189250
Charity's principal address	Office 4, The Lenton Centre Willoughby St, Lenton, Nottingham NG7 1RQ

Names of the charity trustees who manage the charity

		Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
	1	Colin Haughton			
	2	Kathryn Bell			
	3	Paige Ebbs			
	4				
	5				
	6				
	7				
	8				
	9				
	10				
	11				
	12				
	13				
	14				
	15				
	16				
	17				
	18				
	19				
	20				

Corporate trustees - names of the directors at the date the report was approved

Director name		
NONE		

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Name of trustees holding title to property belonging to the charity

*

Trustee name	Dates acted if not for whole year	
NONE		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	NONE
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	NA
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	NA

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

NA

Other optional information

NA

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

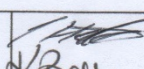
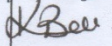
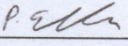
Trustee's Annual Report
Three Little Birds
Charity Number: 1189250



Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

	Signature(s)	C. Haughton K. Bell P. Ebbs	  
	Full name(s)	Colin Haughton Kathryn Bell Paige Ebbs	COLIN HAUGHTON KATHRYN BELL. PAIGE EBBS.
	Position (eg Secretary, Chair, etc)	Trustees	
	Date	07.02.23	

Three Little Birds 29.10.2021

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		K. Bell	
		P. Ebbs	
	Full name(s)	Colin Haughton Kathryn Bell Paige Ebbs	
	Position (eg Secretary, Chair, etc)	Trustees	
	Date	07.02.23	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Three Little Birds

No (if any)
1189250

Receipts and payments accounts

For the period from	Period start date 4/1/2021	To	Period end date 3/31/2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
			-	-
Donations	640	-	-	640
Grants	1,000	20,744	-	21,744
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total (Gross income for AR)	1,640	20,744	-	22,384
A2 Asset and investment sales, (see table).				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	1,640	20,744	-	22,384
A3 Payments				
Purchases	-	3,350	-	3,350
Website & Domain	-	305	-	305
Bank charge & Insurance	-	227	-	227
Printing & Marketing	-	275	-	275
Expenses	-	2,865	-	2,865
Staff Training	-	70	-	70
Events	-	831	-	831
Donation	-	1,500	-	1,500
Subscriptions	-	186	-	186
Sub total	-	9,609	-	9,609
A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total payments	-	9,609	-	9,609
Net of receipts/(payments)	1,640	11,135	-	12,775
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	-	12,209	-	12,209
Cash funds this year end	1,640	23,344	-	24,984

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds		1,640	23,344
		-	-
		-	-
	Total cash funds	1,640	23,344
	(agree balances with receipts and payments account(s))	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B2 Other monetary assets		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

	Details	Fund to which asset belongs	Cost (optional)
B3 Investment assets			-
			-
			-
			-
			-

	Details	Fund to which asset belongs	Cost (optional)
B4 Assets retained for the charity's own use			-
			-
			-
			-
			-
			-
			-
			-
			-

	Details	Fund to which liability relates	Amount due (optional)
B5 Liabilities	Accountancy fees	restricted	240
			-
			-
			-
			-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name
C. Haughton	Colin Haughton

CC16a



Last year
to the nearest £

-
-
11,885
-
-
-
-
-
11,885

-
-
-

11,885

-
-
-
-
1,781
-
-
-
-
1,781

-
-
-

1,781

10,104
-
2,105
12,209



**Endowment
funds**
to nearest £

-
-
-
-

OK

**Endowment
funds**
to nearest £

-
-
-
-
-
-

**Current value
(optional)**

-
-
-
-
-

**Current value
(optional)**

-
-
-
-
-
-
-
-
-

When due (optional)

28 February 2023

Date of approval

2/6/2023

THREE LITTLE BIRDS

England & Wales - Charity number 1189250

Accounts

Trustees' Annual Report for the period: **From:** **To:**

Charity name: Three Little Birds

Charity registration number: 1189250

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	For the public benefit, the preservation and protection of good physical and mental health of the general public in England and Wales by any means the trustees in their discretion shall determine.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The provision of mentoring and support in the community for people experiencing health and wellbeing challenges. Promoting awareness of mental health through events in the community, and overcoming associated disadvantages with people using the charity services.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Yes, all trustees have had regard for the guidance issued by The Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	NA
Policy on social investment including program related	Para 1.38	NA

investment		
Contribution made by volunteers	Para 1.38	NA
Other		NA

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Working directly with people living in the community to support them in times of emotional crisis. Providing support to these people through face to face meetings in the community, using talking therapies and practical support to improve confidence and participation. Organising and hosting a number of events both virtually and in the local community to engage beneficiaries and raise awareness of mental health and wellbeing. Using social media to share information with beneficiaries in the community. Partnering with other local charities and CICs to engage a wider audience.

Additional information (optional)

Three Little Birds 29.10.2021

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You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We have successfully supported people in the community to manage their own mental health. This is a success in line with our original objectives.
Performance of fundraising activities against objectives set	Para 1.41	We have raised some funds which have been used to directly finance further work and projects.
Investment performance against objectives	Para 1.41	NA
Other		NA

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity ends the period with no funds in deficit and the majority of grant fund values received in-year have been retained for future use.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	
Amount of reserves held	Para 1.22	£10,104
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None at the end of the period

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	National Lottery Grant Co-Op local community fund Local community donations
Investment policy and objectives including any social investment policy adopted	Para 1.46	NA
A description of the principal risks facing the charity	Para 1.46	NA

Other		NA

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Charity Commission Foundation Model Constitution
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Any new or potential trustees are voted in by current trustees

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	NA
The charity's organisational structure and any wider network with which the charity works	Para 1.51	NA
Relationship with any related parties	Para 1.51	NA

Other		NA

Reference and Administrative details

Charity name	Three Little Birds
Other name the charity uses	
Registered charity number	1189250
Charity's principal address	86 Gawthorne Street New Basford Nottingham NG7 7JW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Colin Haughton			
2	Kathryn Bell			
3	Paige Ebbs		13.2.21	
4	Rebecca Shoesmith		1.5.21	
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees - names of the directors at the date the report was approved

Director name		
NONE		

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Name of trustees holding title to property belonging to the charity

Three Little Birds 29.10.2021

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Trustee name	Dates acted if not for whole year	
NONE		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	NONE
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	NA
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	NA

Additional information (optional)

Names and addresses of advisers (Optional information)

	Type of adviser	Name	Address
	Financial	Scott Shaw	8 Eastcliffe Avenue, Gedling, Nottingham, NG4 4HG
	Name of chief executive or names of senior staff members (Optional information)		

Exemptions from disclosure

Reason for non-disclosure of key personnel details

NA

Other optional information

NA



Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

	Signature(s)	C. Haughton K. Bell P. Ebbs R. Shoesmith	
	Full name(s)	Colin Haughton Kathryn Bell Paige Ebbs Rebecca Shoesmith	
	Position (eg Secretary, Chair, etc)	Trustees	
	Date	29.10.21	

Group Name Three Little Birds		for help with this cash flow tool click here												To add another row, click here	
Cash flow forecast for period April 2020 - March 2021															
first month number (eg jan =1, feb =2 etc)		4													
	April	May	June	July	August	September	October	November	December	January	February	March	Total	Check	
Income													0		
grants	0	0	0	0	0	0	250	0	1000	0	9800	0	11050		
donations	0	0	30	50	0	0	20	0	30	0	619	33	782		
fees													0		
bank interest													0		
sundry / incoming from other sources				11	21	21							53		
Total in	0	0	30	61	21	21	270	0	1030	0	10419	33	11885	OK	
Expenses															
DBS checks – @ £10.40 per volunteer check -enhanced full - cost based on 6months employing 2 volunteers per month increased growth and accounting for any staff left, increase to 3/4/5 for consecutive months	0	0	0	11	21	21	0	0	0	0	21	0	74		
Purchases											577				
Phones for volunteers - based on 1 contract @ £20 per volunteer https://www.virginmedia.com/mobile/pay-monthly/samsung/galaxy-a71			0	0	0	0	0	0	0	0	40	40	80		
Website & Hosting & email costs - fixed cost	40	40	40	40	40	40	40	40	40	40	40	40	480		
Domain - 1 renewal annually						10							10		
bank charges		5	5	5	5	5	5	8	8	8	8	8			
Insurance - fixed annual cost split across monthly DDs	0	0	0	0	0	0	11	11	11	11	11	11	66		
Online cloud storage/ dropbox https://www.dropbox.com/business/pricing	0	0	0	0	0	0	0	0	0	0	0	0	0		
Printing & stationery & marketing prints - based on 1 ink and 2 x paper reams every 2 months. Then 2 annual marketing campaigns with poster print & leaflet print / inclusive of design costs	140								15				155		
Sports & Leisure passes / Entrance to 'Active Nottingham' sports facilities = Approx £7 - £8 per session = £60 allows for 2 people (volunteer + Client) attending 1 session per week = £15 x 4 = £60 - Cost increasing monthly in line with volunteers numbers			0	0	0	0	0	0	0	0	0	0	0		
certificate-cpd-accredited/218307#/courses/cognitive-behavioural-therapy			0	0	0	0	0	0	0	0	0	0	0		
Salaries and NIC - volunteer expenses after initial 6 months growth recruit a salaried Volunteer coordinator / administrative staff member (based on £10 per hour x 30 hrs per wk salaried)								0	0	0	250	0	250		
			0	0	0	0	0	0	0	0	0	0	0		
Travel expenses / travel passes 2xjourneys per week = 8 per month approx - Cost based on a 10 x travel "easyrider anyday" pass from Nottingham city transport= £37.80 per pass https://www.nctx.co.uk/easyrider increasing throughout the year in line with volunteers number growth		0	0	0	0	0	19	0	0	0	0	0	19		
Total out	180	45	45	56	66	76	75	59	74	59	947	99	1781	the total for the period does not match the sum of each month	
Net in or out in the month	-180	-45	-15	5	-45	-55	195	-59	956	-59	9472	-66			
Cash balance at the start of the month	0	-180	-225	-240	-235	-280	-335	-140	-199	757	698	10170			
Cash balance at the end of the month	-180	-225	-240	-235	-280	-335	-140	-199	757	698	10170	10104			