

DAYS FOR GIRLS UK

England & Wales · Charity number 1189219

Details

Status	Registered
Legal form	Charitable company
Company number	11755069
Registered	2020-04-27
Register	View on the Charity Commission register

Contact

Address	Orchard Cottage Elm Lane Ockham Woking Surrey GU23 6FQ
Phone	07796193466
Email	chairuk@daysforgirls.org
Website	http://www.daysforgirls.org/uk

Activities

Objects: 1.1 THE CHARITY'S OBJECTS ARE TO PROMOTE AND PROTECT THE GOOD HEALTH AND EDUCATION OF WOMEN AND GIRLS IN LOW INCOME COMMUNITIES LIVING IN IMPOVERISHED COUNTRIES WORLDWIDE BY:(A) THE PROVISION OF MENSTRUAL CARE PRODUCTS AND SUPPORT IN ALL MATTERS RELATED TO ALL ASPECTS OF MENSTRUAL HEALTH EDUCATION;(B) THE SUPPORT OF INDIVIDUALS AND ORGANISATIONS WHOSE AIM IS TO RAISE FUNDS FOR USES CONSISTENT WITH THESE OBJECTS OF THE CHARITY; AND(C) CO-OPERATION AND COLLABORATION WITH OTHER UK AND NON-UK BASED CHARITIES AND ANY OTHER BODIES IN RELATION TO THE OBJECTS AND THE PROVISION OF FINANCIAL ASSISTANCE FOR THE CHARITABLE WORK OF SUCH OTHER CHARITIES OR BODIES THAT ARE FROM TIME TO TIME IN ANY WAY CONCERNED WITH THE OBJECTS OF THE CHARITY.

Activities: DfG UK operates under the umbrella of Days for Girls International (DfGI). DfG UK has over 20 active volunteer sewing teams, dedicated to the DfG mission and to supporting menstrual health locally and globally. Their efforts include advocacy and awareness raising, fundraising, sewing and donating DfG Kits, facilitating menstrual health education, and building local community partnerships.

Classification

- **How:** Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Children/young People, The General Public/mankind

Geography

- Angola
- Botswana
- Burundi
- Cameroon
- Ethiopia
- Guinea
- Indonesia
- Iraq
- Somalia
- Sri Lanka
- Syria
- São Tomé And Príncipe
- Tanzania
- The Gambia
- Yemen
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£49,945	£31,094	-	-
2023-12-31	£31,938	£22,522	-	-
2022-12-31	£28,658	£24,001	-	-
2021-12-31	£11,770	£5,099	-	-
2021-01-31	£3,467	£5,099	-	-

Trustees

Name	Role	Appointed
Amy Barklam	Chair	2021-03-18
Connie Yen-Pai Chen		2022-12-12
Cynthia Pokuah		2024-05-01
Lowri Davies		2023-12-11
Phoebe Sanderson		2023-12-11
Sanjana Das		2024-08-17

DAYS FOR GIRLS UK

England & Wales - Charity number 1189219

Accounts

**DAYS FOR GIRLS UK
TRUSTEES' REPORT AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2024**

Days For Girls UK Contents

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Days For Girls UK
Company No. 11755069
Trustees' Report For The Year Ended 31 December 2024

The trustees present their report and the financial statements for the year ended 31 December 2024.

Objectives and Activities

Aims and Objectives

The objectives of the charity as laid out in its articles are:

To protect and promote the good health and education of women and girls living in low-income communities and impoverished countries worldwide by:

- 1) The provision of menstrual care products and support in all matters related to all aspects of menstrual health education;
- 2) The support of individuals and organisations whose aim is to raise funds for uses consistent with the Objectives of the Charity; and
- 3) Co-operation and collaboration with other UK and non-UK charities and other bodies in relation to the objectives and activities

Our aim is to increase access to menstrual care and education by developing global partnerships, cultivating social entrepreneurs, mobilising volunteers and innovating sustainable solutions that shatter stigma for women and girls. We also aim to increase access to menstrual supplies, providing cost-effective, safe, sustainable and contextually relevant products to help women and girls manage their periods and engage in livelihood activities.

Days for Girls also aims to shatter stigma through education by providing access to timely, factual information about puberty and menstruation increasing body literacy, creating a healthy public perception of menstruation and decreased stigma and shame.

Finally, we aim to elevate menstrual health and hygiene as they are critical factors in improving education opportunities and livelihood outcomes for menstruators worldwide. The organisation advocates for global policy change prioritising menstrual health in regional, national and international policy goals.

Public Benefit

The trustees have complied with the duty in the Charities Act 2011 to have regard to all guidance published by the Charity Commission.

The trustees are mindful of the need for all activities to be made for public benefit. As such, this is considered whilst determining which projects to support each year.

The trustees confirm that they have complied with the requirements of Section 17 of the Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit.

Achievements and Performance

Main Achievements

Over 3,020 Days for Girls menstruation kits have been delivered to women and girls in need across sixteen countries in 2024. This takes the total number of kits to over 5,500 since Days for Girls UK began their distributions as a registered charity.

With over twenty active volunteer sewing teams, the year proved to be exciting and challenging. Two new sewing teams were established in Angola and Guinea, by consolidating partnerships that continue to grow.

In April 2024 we held our annual conference in Cardiff and with over forty delegates and a host of inspiring speakers, the event was a resounding success. The topics ranged from Global Solidarity to Female Genital Mutilation and our delegates were delighted to hear of our potential work with Cardiff University on the development of a nanotechnology project.

Our new processes resulted in one of our biggest and most challenging distributions to eight countries with our partner The Halo Trust. 1500 menstrual kits were delivered, along with the training of their local health teams to support the healthcare of women working in the most challenging environments. The 8 countries involved were Angola, Somalia, Somaliland, Ethiopia, Sri Lanka, Yemen, Syria, and Iraq.

Forming partnerships is key to our mission at Days for Girls UK; we regularly engage in conversations on four continents while raising our profile on social media. We also have an active presence on LinkedIn, and many organizations and individuals reach out to us via this route.

In October 2024 we launched a new project with Molly Fenton BCaH, founder of Love Your Period. This project aims to provide a 'hybrid' menstrual kit to low-income households and those in 'hard to reach' communities. By the end of 2024, two hundred kits had reached food banks, homeless shelters and individuals across South Wales. The project is expanding to North Wales in 2025 and will continue to deliver 200 kits every quarter to those in need.

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Days For Girls UK
Trustees' Report (continued)
For The Year Ended 31 December 2024

Main Achievements - continued

'Smalls for All' and Thermo Fisher Scientific continued to support our teams, providing pants for distribution to Ethiopia, Botswana, Gambia, Cameroon, Angola, São Tomé and Príncipe, and Tanzania. The distribution of 230 Kits with our local Angolan partner ANAH (Associacao Nacional de Ajuda Humanitaria Angola) brings the total number of kits distributed in Angola by the end of 2024 to over 1,000. The project is now entering its second year, with permissions for the continuation of our work granted by the Director of Education and the Director of Health, along with the maternity hospital and local Public Health supervisors. The feedback from this programme has resulted in the expansion of the project in 2025.

Financial Review

Financial Position

The charity received donations of £29,746 and successfully received £11,079 in grant funding during the period. It generated a further £7,625 through selling fabric and other materials to its sewing groups. It expended £31,095 in delivering its charitable objectives, including £832 on fabric purchases and other postage costs. There were total reserves as at 31st December 2024, which are made up of; £37,504 of free reserves and £1,525 of restricted reserves. The principal funding sources were donations and proceeds from fabric sales.

Risk management

The Trustees have examined the major strategic, business and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks. The main risk to the Charity is that income is insufficient to allow the Trustees to fulfil their charitable objectives. The organisation relies mainly on volunteers. It also works with strategic partners in the delivery locations to keep overheads to a minimum. The management team continue to develop the profile of the charity via social media and advocacy projects. It is also actively seeking donors that are happy to support the running costs.

Aims and objectives for future periods

The Charity plans to continue with the advocacy work, grow its social media presence and reach and continue to identify local partners to work with to distribute its kits to the communities that most need them.

Fundraising

The Trustees are aware of their responsibilities under the Charities (Protection and Social Investment) Act 2016 in relation to fundraising. The charity uses its social media channels to increase its reach. It has also signed up for the easy fundraising platform and has a Just Giving account. The charity has received no complaints in the period regarding its fundraising activities.

Fundraising

The Trustees are aware of their responsibilities under the Charities (Protection and Social Investment) Act 2016 in relation to fundraising. The charity uses its social media channels to increase its reach. It has also signed up for the easy fundraising platform and has a Just Giving account. The charity has received no complaints in the period regarding its fundraising activities.

Reserves Policy

The organisation does not currently have a reserves policy in place, the trustees are in the process of developing one ahead of the 2025 accounts.

Structure, Governance and Management

**Days For Girls UK
Trustees' Report (continued)
For The Year Ended 31 December 2024**

Governing Document

The trustees are listed on page 1. Amy Barklam serves as Chair of the Board.

The Charity was incorporated on 8 January 2019 as a company limited by guarantee and is governed by its memorandum and articles of association. It is registered with the Charity Commission in England and Wales charity registration number 118219.

New trustees are appointed by the Board.

Decisions are taken at duly constituted meetings of the trustees by majority vote, though informal decisions can be made, subject to ratification at the next trustees' meeting. Trustee meetings are held quarterly.

New Trustees are briefed on the operations of the charity by the chairperson and offered an induction programme that provides them with:

- 1) An understanding of the role and responsibility of a charity trustee
- 2) An understanding of Days for Girls UK's mission, vision and values
- 3) An understanding of Days for Girls' governing documents (decision making processes / how to bring a resolution)
- 4) The financial position of the charity

Reference and Administrative Details

Trustees

Ms Connie Chen

Mrs Amy Barklam

Ms Sarah Haile (resigned 01/07/2025)

Miss Cynthia Amankwaah Pokuah (appointed 01/05/2024)

Miss Lowri Davies

Ms Sanjana Das (appointed 17/08/2024)

Ms Phoebe Sanderson (resigned 30/09/2025)

Charity Number

1189219

Company Number

11755069

Independent Examiner

Neon Numbers Limited MAAT

Neon Numbers Limited

259 Copnor Road

Copnor

Portsmouth

Hampshire

PO3 5EE

Days For Girls UK
Trustees' Report (continued)
For The Year Ended 31 December 2024

Statement of Trustees' Responsibilities

Statement of Trustees Responsibilities

The Directors (who are also the Trustees of the Charity for the purposes of charity law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006 and the Charity SORP. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of such guarantees at 31st December 2024 was £7. The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

So far as each Trustee is aware, there is no relevant information of which the Charity's treasurer is unaware, and they have taken all the steps they ought to have taken as Directors in order to make themselves aware of any relevant information and to establish that the Charity's treasurer is aware of that information.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small Company Rules

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The trustees' report was approved by the board of trustees and signed on its behalf by:

Amy Barklam

Sanjana Das

Mrs Amy Barklam

Ms Sanjana Das

Trustee

Trustee

Date

28 Oct 2025

28 Oct 2025

Days For Girls UK
Independent Examiner's Report to the Trustees of Days For Girls UK
For The Year Ended 31 December 2024

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2024.

Responsibilities and Basis of Report

As the charity trustees of the Company (and also its directors for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Neon Numbers Ltd

Neon Numbers Limited MAAT

Date
259 Copnor Road 28 Oct 2025
Copnor
Portsmouth
Hampshire
PO3 5EE

Days For Girls UK
Statement of Financial Activities (including Income and Expenditure Account)
For The Year Ended 31 December 2024

		Unrestricted funds	Restricted funds	2024 Total funds	2023 Total funds
	Notes	£	£	£	£
INCOME AND ENDOWMENTS FROM:					
Donations and legacies	3	26,002	3,744	29,746	31,448
Charitable activities:					
Grants receivable		-	11,079	11,079	-
Fabric sales		7,495	-	7,495	-
Other trading activities	4	1,565	-	1,565	460
Investments	5	60	-	60	30
		<u>35,122</u>	<u>14,823</u>	<u>49,945</u>	<u>31,938</u>
EXPENDITURE ON:					
Raising funds	6	(1,120)	1	(1,119)	-
Charitable activities:	6				
Staff costs		(11,822)	-	(11,822)	(12,200)
Direct costs		(4,854)	(13,299)	(18,153)	(10,322)
		<u>(17,796)</u>	<u>(13,298)</u>	<u>(31,094)</u>	<u>(22,522)</u>
NET INCOME		17,326	1,525	18,851	9,416
Transfers between funds	13	-	-	-	-
NET MOVEMENT IN FUNDS		17,326	1,525	18,851	9,416
RECONCILIATION OF FUNDS:					
Total funds brought forward		20,171	7	20,178	10,762
Total funds brought forward as restated		20,178	-	20,178	10,762
TOTAL FUNDS CARRIED FORWARD	13	<u>37,504</u>	<u>1,525</u>	<u>39,029</u>	<u>20,178</u>

The notes on pages 9 to 13 form part of these financial statements.

Days For Girls UK
Comparative Statement of Financial Activities (including Income and Expenditure
Account)
For The Year Ended 31 December 2024

		Unrestricted funds	Restricted funds	2023 Total funds
	Notes	£	£	£
INCOME AND ENDOWMENTS FROM:				
Donations and legacies	3	29,060	2,388	31,448
Charitable activities:				
Other trading activities	4	460	-	460
Investments	5	30	-	30
		29,550	2,388	31,938
EXPENDITURE ON:				
Charitable activities:				
Staff costs	6	(12,200)	-	(12,200)
Direct costs		(7,941)	(2,381)	(10,322)
		(20,141)	(2,381)	(22,522)
NET INCOME		9,409	7	9,416
NET MOVEMENT IN FUNDS		9,409	7	9,416
RECONCILIATION OF FUNDS:				
Total funds brought forward		10,762	-	10,762
TOTAL FUNDS CARRIED FORWARD	13	20,171	7	20,178

The notes on pages 9 to 13 form part of these financial statements.

**Days For Girls UK
Balance Sheet
As At 31 December 2024**

		Unrestricted funds	Restricted funds	2024 Total funds	2023 Total funds
	Notes	£	£	£	£
CURRENT ASSETS					
Cash at bank and in hand		40,272	1,525	41,797	20,178
		<u>40,272</u>	<u>1,525</u>	<u>41,797</u>	<u>20,178</u>
Creditors: Amounts Falling Due Within One Year	11	(2,768)	-	(2,768)	-
		<u>37,504</u>	<u>1,525</u>	<u>39,029</u>	<u>20,178</u>
NET CURRENT ASSETS (LIABILITIES)					
		<u>37,504</u>	<u>1,525</u>	<u>39,029</u>	<u>20,178</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>37,504</u>	<u>1,525</u>	<u>39,029</u>	<u>20,178</u>
NET ASSETS					
		<u>37,504</u>	<u>1,525</u>	<u>39,029</u>	<u>20,178</u>
FUNDS OF THE CHARITY					
Restricted Funds				1,525	7
Unrestricted Funds				37,504	20,171
TOTAL FUNDS	13			<u>39,029</u>	<u>20,178</u>

For the year ending 31 December 2024 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

On behalf of the board

Amy Barklan

Date

28 Oct 2025

The notes on pages 9 to 13 form part of these financial statements.

Days For Girls UK
Notes to the Financial Statements
For The Year Ended 31 December 2024

1. General Information

Days For Girls UK is a company limited by guarantee, incorporated in England & Wales, registered number 11755069 and registered charity number 1189219. The registered office is .

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

The charitable company is a Public Benefit Entity as defined by FRS 102.

2.2. Incoming Resources

Income is recognised in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the income, receipt is probable, and the amount can be measured reliably. The categories of income are analysed as follows:

- a) Donations and Legacies; Gifts and donations received or receivable, Legacies, Gift Aid recoverable, Core funding grants, Membership subscriptions and sponsorships treated as donations, Donated goods, services, and facilities
- b) Charitable Activities; Income from the sale of goods or services as part of charitable activities, Grants specifically for charitable services (including performance-related grants), Letting of non-investment property in furtherance of charitable objectives
- c) Other Trading Activities: Income from fundraising events (e.g. fairs, concerts, Sponsorships and social lotteries, Shop income from donated and bought-in goods, Letting/licensing of surplus property
- d) Investment Income; Dividends, Interest receivable, Rent from investment properties
- e) Other Income; Gains on disposal of tangible fixed assets, Income not falling under the above categories, Conversion of endowment funds into income
- f) Separate Material Items; Where applicable, material items of income that are unusual in size or nature are disclosed separately.

2.3. Resources Expended

Expenditure is recognised in the Statement of Financial Activities (SoFA) when a liability is incurred and is classified under the following headings:

- a) Expenditure on Raising Funds; Costs of fundraising events, Trading activities that raise funds (e.g. charity shops, Investment management costs
- b) Charitable Activities; Direct costs of delivering services and programmes, Support costs allocated to charitable activities, Grants payable to third parties, Staff costs, premises, and other overheads
- c) Governance Cost: Costs of statutory audit, Trustee meetings and reporting, Legal and professional fees related to governance
- d) Support Costs; Support costs are allocated to activities based on usage or another reasonable basis (e.g. staff time, floor space). These include: Finance, HR, IT, Premises

2.4. Cash and Cash Equivalents

Cash and cash equivalents are basic financial assets and include cash in hand and deposits held at call with banks, other short-term highly liquid investments that mature in no more than three months from the date of acquisition and are readily convertible to a known amount of cash with insignificant risk of change in value, and bank overdrafts.

3. Income from Donations and Legacies

Days For Girls UK
Notes to the Financial Statements (continued)
For The Year Ended 31 December 2024

	Unrestricted funds	Restricted funds	2024 Total funds
	£	£	£
Donations and gifts	25,477	3,744	29,221
Member subscriptions and sponsorships	525	-	525
	26,002	3,744	29,746
	26,002	3,744	29,746

	Unrestricted funds	Restricted funds	2023 Total funds
	£	£	£
Donations and gifts	28,535	2,388	30,923
Member subscriptions and sponsorships	525	-	525
	29,060	2,388	31,448
	29,060	2,388	31,448

4. Income from Other Trading Activities

	2024 Unrestricted funds	2023 Unrestricted funds
	£	£
Fundraising events	1,435	-
Shop income	130	460
	1,565	460
	1,565	460

5. Investment Income

	2024 Unrestricted funds	2023 Unrestricted funds
	£	£
Bank interest receivable	60	30
	60	30

6. Analysis of Expenditure

	Activities undertaken directly	Support costs (see note 7)	2024 Total
	£	£	£
Raising funds	1,119	-	1,119
Staff costs	10,702	1,120	11,822
Direct costs	14,854	3,299	18,153
	26,675	4,419	31,094
	26,675	4,419	31,094

Days For Girls UK
Notes to the Financial Statements (continued)
For The Year Ended 31 December 2024

	Activities undertaken directly	Support costs (see note 7)	2023
	£	£	Total £
Staff costs	11,840	360	12,200
Direct costs	8,903	1,419	10,322
	20,743	1,779	22,522
	20,743	1,779	22,522

7. Support Costs

	Staff costs	Direct costs	2024
	£	£	Total £
Employee costs	1,120	-	1,120
General administration	-	2,771	2,771
Governance costs	-	528	528
	1,120	3,299	4,419
	1,120	3,299	4,419

	Staff costs	Direct costs	2023
	£	£	Total £
General administration	360	1,419	1,779
	360	1,419	1,779

8. Independent Examiner's Remuneration

	2024	2023
	£	£
Independent examination of the financial statements	360	-
	360	-

9. Staff Costs

Staff costs were as follows:

	2024	2023
	£	£
Wages and salaries	11,200	11,682
Other pension costs	198	103
	11,398	11,785
	11,398	11,785

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

10. Average Number of Employees

Average number of employees during the year was: 1 (2023: 1)

Days For Girls UK
Notes to the Financial Statements (continued)
For The Year Ended 31 December 2024

11. Creditors: Amounts Falling Due Within One Year

	2024	2023
	£	£
Other creditors	920	-
Accruals and deferred income	1,848	-
	2,768	-

12. Pension Commitments

The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund.

During the year the charge to the statement of financial activities in respect of defined contribution schemes was £198 (2023: £103).

At the balance sheet date contributions of £NIL were due to the fund and are included in creditors.

13. Movement in Funds

	As at 1 January 2024	Prior year adjustment	Income	Expenditure	As at 31 December 2024
	£	£	£	£	£
Unrestricted funds					
General:					
General unrestricted fund	20,171	7	35,122	(17,796)	37,504
Restricted funds					
Corporate day donation	-	-	3,494	(3,494)	-
Restricted funds	7	(7)	-	-	-
CB & HH taylor grant	-	-	1,525	-	1,525
Kosmos energy grant	-	-	3,942	(3,942)	-
The halo trust grant	-	-	5,612	(5,612)	-
Donations	-	-	250	(250)	-
Total restricted funds	7	(7)	14,823	(13,298)	1,525
Total funds	20,178	-	49,945	(31,094)	39,029

	As at 1 January 2023	Income	Expenditure	As at 31 December 2023
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	10,762	29,550	(20,141)	20,171
Restricted funds				
Restricted funds	-	2,388	(2,381)	7
Total funds	10,762	31,938	(22,522)	20,178

Days For Girls UK
Notes to the Financial Statements (continued)
For The Year Ended 31 December 2024

14. Transactions with Trustees

None of the trustees received any remuneration or any other benefits from an employment with the charity or a related entity during the current or previous year.

No trustee expenses have been incurred.

15. Related Party Disclosures

There have been no related party transactions in the reporting period that require disclosure.

16. Company limited by guarantee

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

DAYS FOR GIRLS UK

England & Wales - Charity number 1189219

Accounts

Company registration number 11755069 (England and Wales)
Charity registration number 1189219

Days for Girls UK

Trustees' annual report and financial statements
Period ended 31 December 2023

Days for Girls UK

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Days for Girls UK

Legal and administrative information

Name of Charity	Days for Girls UK
Registered Company No.	11755069
Charity No.	1189219
Trustees	Dr Mariama Ifode-Blease (resigned 11th December 2023) Celeste Mergens (resigned 11 th September 2023) Mary Linda Johnson (resigned 11th September 2023) Nicola Bennison (resigned 11th December 2023) Sarah Haile Amy Barklam Connie Yen Pai Chen Phoebe Sanderson (appointed 11 th December 2023) Lowri Davies (appointed 11 th December 2023)
Principal Address	Orchard Cottage Elm Corner Ockham, Surrey GU23 6PX
Bankers	Charities Aid Foundation Bank 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ

The trustees present their report, together with the financial statements of the Charity for the period ended 31 December 2023.

Structure, governance and management

The trustees are listed on page 1. Dr Mariama Ifode-Blease was the chairperson through December 2023, with Amy Barklam taking over the Chair role upon Dr Ifode-Blease's resignation.

The Charity was incorporated on 8 January 2019 as a company limited by guarantee and is governed by its memorandum and articles of association. It is registered with the Charity Commission in England and Wales charity registration number 118219.

New trustees are appointed by the Board.

Decisions are taken at duly constituted meetings of the trustees by majority vote, though informal decisions can be made, subject to ratification at the next trustees' meeting. Trustee meetings are held quarterly.

New Trustees are briefed on the operations of the charity by the chairperson and offered an induction programme that provides them with:

- 1) An understanding of the role and responsibility of a charity trustee
- 2) An understanding of Days for Girls UK's mission, vision and values
- 3) An understanding of Days for Girls governing documents (decision making processes / how to bring a resolution)
- 4) The financial position of the charity

Objectives and activities

The objectives of the charity as laid out in its articles are:

To protect and promote the good health and education of women and girls in low income communities living in impoverished countries worldwide by:

- 1) The provision of menstrual care products and support in all matters related to all aspects of menstrual health education;
- 2) The support of individuals and organisations whose aim is to raise funds for uses consistent with the Objectives of the Charity; and
- 3) Co-operation and collaboration with other UK and non-UK charities and other bodies in relation to the objectives and activities

Our aim is to increase access to menstrual care and education by developing global partnerships, cultivating social entrepreneurs, mobilizing volunteers and innovating sustainable solutions that shatter stigma for women and girls.

We also aim to increase access to menstrual supplies, providing cost-effective, safe, sustainable and contextually relevant products to help women and girls manage their periods and engage in livelihood activities.

Days for Girls also aims to shatter stigma through education by providing access to timely, factual information about puberty and menstruation increasing body literacy, creating a healthy public perception of menstruation and decreased stigma and shame.

Finally, we aim to elevate menstrual health and hygiene as they are critical factors in improving education opportunities and livelihood outcomes for menstruators worldwide. The organisation advocates for global policy change prioritising menstrual health in regional, national and international policy goals.

Public Benefit

The trustees have complied with the duty in the Charities Act 2011 to have regard to all guidance published by the Charity Commission.

The trustees are mindful of the need for all activities to be made for public benefit. As such this is considered whilst determining which projects to support each year.

Achievements and Performance

Over 2,828 menstruation kits have been delivered to women and girls in need via 10 active partnerships worldwide. Last year, the organisation focused on consolidating processes, including the Renewal of Gold Standard Certification by teams that have supported us for over four years.

This renewal for those needing recertification was completed, ensuring that the kits produced meet the highest standards. This means every recipient has a safe and valuable resource to manage their menstrual health for up to 3 years.

Consolidating and reevaluating our distribution partnership processes and MOU agreement was key to improving communication between Sewing teams and potential demand for DFG kits. The process is now a lot clearer and the demand for kits has been met and delivered.

Forming partnerships is key to our mission at Days for Girls UK; we regularly engage in conversations on four continents while raising our profile on social media.

Since August 2022, our content has reached over 4,500 people on Facebook alone, indicating a significant expansion of our online community. This growth in engagement reflects the increased interest and support in our cause, thereby magnifying the impact of our campaigns and initiatives. We also have an active presence on LinkedIn, and many organizations and individuals reach out to us via this route.

Using social media platforms is essential to our advocacy campaigns and celebrations, such as International Women's Day and International Girl's Day. A campaign was run in November and December to support the purchase of menstrual cups for women and girls in need.

Our free global initiative to support menstrual health issues in the workplace via the Period Positive Campaign is essential for raising awareness throughout the UK and globally.

'Smalls for All' and Thermo Fisher Scientific continued to support our teams with pants for distribution to Ethiopia, Botswana, Egypt, Angola, and Tanzania.

The distribution of 550 Kits with our local Angolan partner ANAH (Associacao Nacional de Ajuda Humanitaria Angola) brings the total number of kits distributed in Angola by the end of 2023 to over 750.

This project is now firmly embedded, with permissions for the continuation of our work granted by the Director of Rural Education and the Public Health supervisors in Moxico province, Angola.

The impact of the distribution in Angola has enabled us to support the establishment of a sewing team in Luena, Moxico, Angola, in 2024. The British Embassy in Luanda supported the delivery of the DFG kits to Angola, and we have supported their local staff's distribution to Sao Tome and Principe, thus strengthening our partnership with local staff and people.

Our work in Angola has raised the visibility of Days for Girls UK, and as a result, we formed a partnership with The Halo Trust and will be working with them in 7 countries in 2024.

Financial review

The charity received donations of £24,735 during the period. It generated a further £6,648 through selling fabric and other materials to its sewing groups. It expended £22,522 in delivering its charitable objectives, including £5,712 on fabric purchases.

There were £20,178 of free reserves held at 31 December 2023.

The principal funding sources were donations and proceeds from fabric sales.

Risk management

The Trustees have examined the major strategic, business and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks. The main risk to the Charity is that income is insufficient to allow the Trustees to fulfil their charitable objectives. The organisation relies mainly on volunteers. It also works with strategic partners in the delivery locations to keep overheads to a minimum. The management team continue to develop the profile of the charity via social media and advocacy projects. It is also actively seeking donors that are happy to support the running costs.

Reserves Policy

The organisation aims to ensure it has sufficient reserves to be able to affect an orderly wind down if needed.

At the year end the unrestricted reserves of the charity were £20,171.

Aims and objectives for future periods

The Charity plans to continue with the advocacy work, grow its social media presence and reach and continue to identify local partners to work with to distribute its kits to the communities that most need them.

Fundraising

The Trustees are aware of their responsibilities under the Charities (Protection and Social Investment) Act 2016 in relation to fundraising. The charity uses its social media channels to increase its reach. It has also signed up for the easy fundraising platform. The charity has received no complaints in the period regarding its fundraising activities.

Statement of Trustees Responsibilities

The Directors (who are also the Trustees of the Charity for the purposes of charity law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006 and the Charity SORP. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of such guarantees at 31st December 2023 was £7.

The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

So far as each Trustee is aware, there is no relevant information of which the Charity's treasurer is unaware, and they have taken all the steps they ought to have taken as Directors in order to make themselves aware of any relevant information and to establish that the Charity's treasurer is aware of that information.

For and on behalf of the trustees



9 July 2024

Sarah Haile

Days for Girls UK

Statement of financial activities For the period ended 31 December 2023

	Notes	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
Income from					
Donations	1	22,347	2,388	24,735	20,558
Trading income		6,648		6,648	7,513
Other income		555	-	555	587
Total income		29,550	2,388	31,938	28,658
Expenditure on					
Charitable activities	2	20,141	2,381	22,522	24,001
Total expenditure		20,141	2,381	22,522	24,001
Net income/(expenditure)		9,409	7	9,416	4,657
Net movements in funds		9,409	7	9,416	4,657
Fund balance brought forward		10,762		10,762	6,105
Fund balance carried forward at 31 December 2023		20,171	7	20,178	10,762

All incoming resources and resources expended derive from continuing activities.

There are no other recognised gains or losses.

Days for Girls UK
Balance Sheet
31 December 2023

	Notes	2023 £	2022 £
Current assets			
Cash at bank and on deposit		<u>20,178</u>	10,762
			10,762
Current liabilities			
Creditors due in less than one year	4	<u>-</u>	-
Net current assets		20,178	10,762
Creditors: amounts falling due after more than one year			-
Net assets		<u>20,178</u>	10,762
Funds		<u>20,178</u>	10,762

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the board of Trustees on 9 July 2024



The notes on pages 8 to 10 form part of these financial statements.

Days for Girls UK

Notes to the financial statements For the period ended 31 December 2023

The principal accounting policies which are adopted in the preparation of the financial statements are set out below;

A. Basis of accounting

The accounts (financial statements) have been prepared in accordance with the Companies Act 2006 and the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (FRS 102) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102).

The Charity constitutes a public benefit entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

B. Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. The charity has substantial reserves and retains control over its annual expenditure. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

C. Income

Donations are accounted for as soon as their amount and receipt are reasonably certain. In the case of unsolicited donations this is usually only accounted for when they are received. All other income is accounted for under the accruals concept.

D. Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category.

Charitable expenditure consists of the costs of delivering the Charity's objectives including purchasing fabric to sell to the sewing groups.

Governance costs comprise all costs incurred in running the charity as a legal entity that cannot be directly allocated.

E. Taxation

The Charity is registered as a charity under the Charities Act 2011 and is not liable to UK tax on its charitable activities.

The Charity is not registered for VAT. Accordingly, expenses include VAT where applicable.

Days for Girls UK

Notes to the financial statements For the period ended 31 December 2023

F. Fund accounting

Funds held by the charity are mostly unrestricted general funds which can be used in accordance with the charitable objects at the discretion of the trustees. The funds recorded as restricted in the accounts relate to a donation made to support the sewing of one of the sewing groups.

G. Stock

The charity expenses all materials costs to the Profit and Loss account at the time of purchase on the basis that the net realisable value of the materials acquired is negligible.

Days for Girls UK

Notes to the financial statements For the period ended 31 December 2023

1. Donations

	2023	2022
		£
Unrestricted donations	22,347	20,558
Trading activities	6,648	7,513
Other income including membership fees	555	587
	29,550	28,658

2. Charitable activities

	2023	2022
	£	£
Staff costs	12,145	16,004
Fabric, pants, courier and postage costs	8,903	4,619
Insurance	328	327
Travel	55	1,707
Bank charges	234	400
Other operating costs (including recruitment fees)	857	944
	22,522	24,001

3. Employees

No trustee received any remuneration or reimbursement of expenditure during the year. The charity is run primarily by volunteers.

The charity currently has one part-time paid employee.

4. Capital

The Charity is a company limited by guarantee and has no share capital. In the event of the Charity being wound up, the liability of the members is limited to £1 per member. At 31 December 2023 the total of such guarantees was £7.

5. Related party transactions

There were no related party transactions in the year.

Company registration number 11755069 (England and Wales)
Charity registration number 1189219

Days for Girls UK

Trustees' annual report and financial statements
Period ended 31 December 2023

Days for Girls UK

Contents

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Legal and administrative information	1
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Days for Girls UK

Legal and administrative information

Name of Charity	Days for Girls UK
Registered Company No.	11755069
Charity No.	1189219
Trustees	Dr Mariama Ifode-Blease (resigned 11th December 2023) Celeste Mergens (resigned 11 th September 2023) Mary Linda Johnson (resigned 11th September 2023) Nicola Bennison (resigned 11th December 2023) Sarah Haile Amy Barklam Connie Yen Pai Chen Phoebe Sanderson (appointed 11 th December 2023) Lowri Davies (appointed 11 th December 2023)
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The trustees present their report, together with the financial statements of the Charity for the period ended 31 December 2023.

Structure, governance and management

The trustees are listed on page 1. Dr Mariama Ifode-Blease was the chairperson through December 2023, with Amy Barklam taking over the Chair role upon Dr Ifode-Blease's resignation.

The Charity was incorporated on 8 January 2019 as a company limited by guarantee and is governed by its memorandum and articles of association. It is registered with the Charity Commission in England and Wales charity registration number 118219.

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Decisions are taken at duly constituted meetings of the trustees by majority vote, though informal decisions can be made, subject to ratification at the next trustees' meeting. Trustee meetings are held quarterly.

New Trustees are briefed on the operations of the charity by the chairperson and offered an induction programme that provides them with:

- 1) An understanding of the role and responsibility of a charity trustee
- 2) An understanding of Days for Girls UK's mission, vision and values
- 3) An understanding of Days for Girls governing documents (decision making processes / how to bring a resolution)
- 4) The financial position of the charity

Objectives and activities

The objectives of the charity as laid out in its articles are:

To protect and promote the good health and education of women and girls in low income communities living in impoverished countries worldwide by:

- 1) The provision of menstrual care products and support in all matters related to all aspects of menstrual health education;
- 2) The support of individuals and organisations whose aim is to raise funds for uses consistent with the Objectives of the Charity; and
- 3) Co-operation and collaboration with other UK and non-UK charities and other bodies in relation to the objectives and activities

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Achievements and Performance

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Forming partnerships is key to our mission at Days for Girls UK; we regularly engage in conversations on four continents while raising our profile on social media.

Since August 2022, our content has reached over 4,500 people on Facebook alone, indicating a significant expansion of our online community. This growth in engagement reflects the increased interest and support in our cause, thereby magnifying the impact of our campaigns and initiatives. We also have an active presence on LinkedIn, and many organizations and individuals reach out to us via this route.

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This project is now firmly embedded, with permissions for the continuation of our work granted by the Director of Rural Education and the Public Health supervisors in Moxico province, Angola.

The impact of the distribution in Angola has enabled us to support the establishment of a sewing team in Luena, Moxico, Angola, in 2024. The British Embassy in Luanda supported the delivery of the DFG kits to Angola, and we have supported their local staff's distribution to Sao Tome and Principe, thus strengthening our partnership with local staff and people.

Our work in Angola has raised the visibility of Days for Girls UK, and as a result, we formed a partnership with The Halo Trust and will be working with them in 7 countries in 2024.

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The principal funding sources were donations and proceeds from fabric sales.

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The Trustees have examined the major strategic, business and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks. The main risk to the Charity is that income is insufficient to allow the Trustees to fulfil their charitable objectives. The organisation relies mainly on volunteers. It also works with strategic partners in the delivery locations to keep overheads to a minimum. The management team continue to develop the profile of the charity via social media and advocacy projects. It is also actively seeking donors that are happy to support the running costs.

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Statement of Trustees Responsibilities

The Directors (who are also the Trustees of the Charity for the purposes of charity law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006 and the Charity SORP. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of such guarantees at 31st December 2023 was £7.

The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

So far as each Trustee is aware, there is no relevant information of which the Charity's treasurer is unaware, and they have taken all the steps they ought to have taken as Directors in order to make themselves aware of any relevant information and to establish that the Charity's treasurer is aware of that information.

For and on behalf of the trustees



9 July 2024

Sarah Haile

Days for Girls UK

Statement of financial activities For the period ended 31 December 2023

	Notes	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
Income from					
Donations	1	22,347	2,388	24,735	20,558
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Total expenditure		20,141	2,381	22,522	24,001
Net income/(expenditure)		9,409	7	9,416	4,657
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Fund balance brought forward		10,762		10,762	6,105
Fund balance carried forward at 31 December 2023		20,171	7	20,178	10,762

All incoming resources and resources expended derive from continuing activities.

There are no other recognised gains or losses.

Days for Girls UK
Balance Sheet
31 December 2023

	Notes	2023 £	2022 £
Current assets			
Cash at bank and on deposit		<u>20,178</u>	10,762
			10,762
Current liabilities			
Creditors due in less than one year	4	<u>-</u>	-
Net current assets		20,178	10,762
Creditors: amounts falling due after more than one year			-
Net assets		<u>20,178</u>	10,762
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The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the board of Trustees on 9 July 2024



The notes on pages 8 to 10 form part of these financial statements.

Days for Girls UK

Notes to the financial statements For the period ended 31 December 2023

The principal accounting policies which are adopted in the preparation of the financial statements are set out below;

A. Basis of accounting

The accounts (financial statements) have been prepared in accordance with the Companies Act 2006 and the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (FRS 102) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102).

The Charity constitutes a public benefit entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

B. Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. The charity has substantial reserves and retains control over its annual expenditure. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

C. Income

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D. Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category.

Charitable expenditure consists of the costs of delivering the Charity's objectives including purchasing fabric to sell to the sewing groups.

Governance costs comprise all costs incurred in running the charity as a legal entity that cannot be directly allocated.

E. Taxation

The Charity is registered as a charity under the Charities Act 2011 and is not liable to UK tax on its charitable activities.

The Charity is not registered for VAT. Accordingly, expenses include VAT where applicable.

Days for Girls UK

Notes to the financial statements For the period ended 31 December 2023

F. Fund accounting

Funds held by the charity are mostly unrestricted general funds which can be used in accordance with the charitable objects at the discretion of the trustees. The funds recorded as restricted in the accounts relate to a donation made to support the sewing of one of the sewing groups.

G. Stock

The charity expenses all materials costs to the Profit and Loss account at the time of purchase on the basis that the net realisable value of the materials acquired is negligible.

Days for Girls UK

Notes to the financial statements For the period ended 31 December 2023

1. Donations

	2023	2022
		£
Unrestricted donations	22,347	20,558
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Other operating costs (including recruitment fees)	857	944
	22,522	24,001

3. Employees

No trustee received any remuneration or reimbursement of expenditure during the year. The charity is run primarily by volunteers.

The charity currently has one part-time paid employee.

4. Capital

The Charity is a company limited by guarantee and has no share capital. In the event of the Charity being wound up, the liability of the members is limited to £1 per member. At 31 December 2023 the total of such guarantees was £7.

5. Related party transactions

There were no related party transactions in the year.



Section A

Independent Examiner's Report

Report to the trustees

Charity Name: DAYS FOR GIRLS UK

On accounts for the year ended

31 DECEMBER 2023

Charity no (if any)

1189219

Set out on pages

NO ADDITIONAL SHEETS.

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2023.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

~~The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (~~other than that disclosed below *~~) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Andrew E. J. Burton

Date:

30/10/2024

Name:

ANDREW E. J. BURTON

Relevant professional qualification(s) or body

CHARTERED FINANCIAL ANALYST, CFA.

(if any):

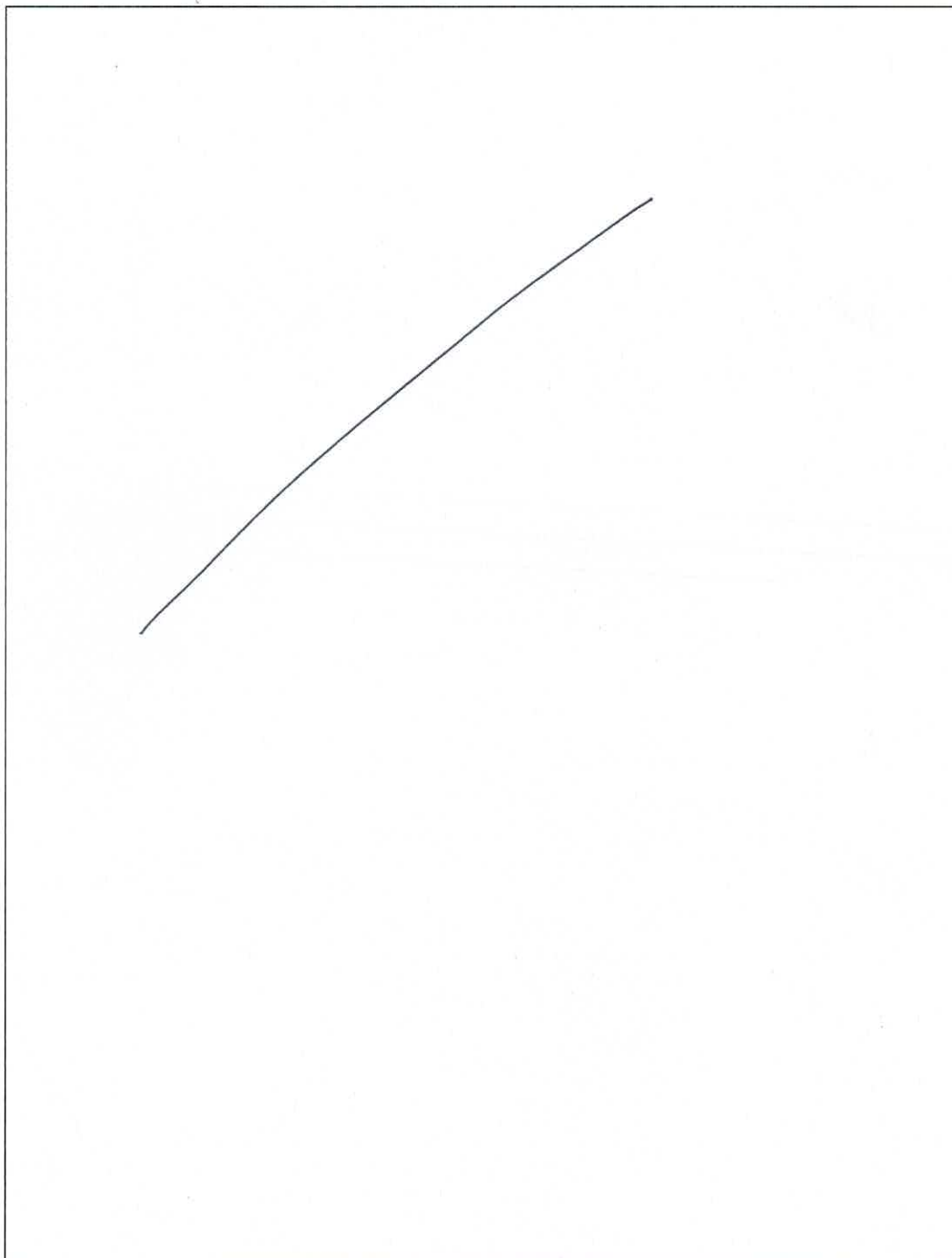
Address:

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



DAYS FOR GIRLS UK

England & Wales - Charity number 1189219

Accounts

Company registration number 11755069 (England and Wales)
Charity registration number 1189219

Days for Girls UK

Trustees' annual report and financial statements
Period ended 31 December 2022

Days for Girls UK

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Days for Girls UK

Legal and administrative information

Registered Company No.	11755069
Charity No.	1189219
Trustees	Dr Mariama Ifode-Blease Celeste Mergens Mary Linda Johnson Nicola Bennison Sarah Haile Amy Barklam Connie Yen Pai Chen (appointed 12 December 2022) Jennifer Hoffmann (resigned 31 March 2022)
Principal Address	24 Marney Road London SW11 5EP
Bankers	Charities Aid Foundation Bank 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ

The trustees present their report, together with the financial statements of the Charity for the period ended 31 December 2022.

Structure, governance and management

The trustees are listed on page 1. Dr Mariama Ifode-Blease is the chairperson.

The Charity was incorporated on 8 January 2019 as a company limited by guarantee and is governed by its memorandum and articles of association. It is registered with the Charity Commission in England and Wales charity registration number 118219.

New trustees are appointed by the Board.

Decisions are taken at duly constituted meetings of the trustees by majority vote, though informal decisions can be made, subject to ratification at the next trustees' meeting. Trustees meetings are held at least quarterly.

New Trustees are briefed on the operations of the charity by the chairperson and offered an induction programme that provides them with:

- 1) An understanding of the role and responsibility of a charity trustee
- 2) An understanding of Days for Girls UK's mission, vision and values
- 3) An understanding of Days for Girls governing documents (decision making processes / how to bring a resolution)
- 4) The financial position of the charity

Public Benefit

The trustees have complied with the duty in the Charities Act 2011 to have regard to all guidance published by the Charity Commission.

The trustees are mindful of the need for all activities to be made for public benefit. As such this criteria is considered whilst determining which projects to support each year.

Objects

The objects of the charity as laid out in its articles are:

“to protect and promote the good health and education of women and girls in low income communities living in impoverished countries worldwide by:

- 1) The provision of menstrual care products and support in all matters related to all aspects of menstrual health education;
- 2) The support of individuals and organisations whose aim is to raise funds for uses consistent with the Objects of the Charity; and
- 3) Co-operation and collaboration with other UK and non-UK charities and other bodies in relation to the Objects and the provision of financial assistance for the charitable work of such charities or bodies that are from time to time in any way concerned with the objects of the Charity.”

Aims and objectives

Our aim is to increase access to menstrual care and education by developing global partnerships, cultivating social entrepreneurs. Mobilizing volunteers and innovating sustainable solutions that shatter stigma for women and girls.

We also aim to increase access to menstrual supplies, providing cost-effective, safe, sustainable and contextually relevant products to help women and girls manage their periods and engage in livelihood activities.

Days for Girls also aims to shatter stigma through education by providing access to timely, factual information about puberty and menstruation increasing body literacy, creating a healthy public perception of menstruation and decreased stigma and shame.

Finally we aim to elevate menstrual health and hygiene as they are critical factors in improving education opportunities and livelihood outcomes for menstruators worldwide. The organisation advocates for global policy change prioritising menstrual health in regional, national and international policy goals.

Achievements and performance

Over 2,828 menstruation kits have been delivered to women and girls in need via 10 active partnerships worldwide. Last year the organisation focused on the consolidation of processes, including the Renewal of Gold Standard Certification by teams that have supported us for over 4 years.

This renewal continues to be rolled out to ensure that the Kits produced are of the highest standard. This means that every recipient has a safe and valuable resource to manage their menstrual health for up to 3 years.

Forming partnerships is key to our mission at Days for Girls UK; we regularly engage in conversations on 4 different continents, whilst raising our profile on social media.

From August 2022, our content reached over 4,500 people on Facebook alone, indicating a significant expansion of our online community. This growth in engagement reflects the increased interest and support in our cause, thereby magnifying the impact of our campaigns and initiatives.

Using social media platforms is important to our advocacy campaigns and celebrations, of International Day of Women and International Day of the Girl.

Our free global initiative to support menstrual health issues in the workplace via the Period Positive Campaign is an important tool for raising awareness throughout the UK and globally.

'Smalls for All' continues to support our teams with pants for distribution to Ethiopia, Botswana, Egypt, Angola, and Tanzania. The distribution to Angola, put 'Days for Girls UK' into a 'Blue Zone' country that had not received Days for Girls kits before.

Financial review

The charity received donations of £21,145 during the period. It generated a further £7,513 through selling fabric and other materials to its sewing groups. It expended £24,721 in delivering its charitable objectives, including £3,881 on fabric purchases.

There were £10,762 of free reserves held at 31 December 2023.

The principal funding sources were donations and proceeds from fabric sales.

Risk management

The Trustees have examined the major strategic, business and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks. The main risk to the Charity is that income is insufficient to allow the Trustees to fulfil their charitable objectives. The organisation relies mainly on volunteers. It also works with strategic partners in the delivery locations to keep overheads to a minimum. The management team continue to develop the profile of the charity via social media and advocacy projects. It is also actively seeking donors that are happy to support the running costs.

Reserves Policy

The organisation aims to ensure it has sufficient reserves to be able to effect an orderly wind down if needed.

At the year end the free reserves of the charity are £10,762.

Aims and objectives for future periods

The Charity plans to continue with the advocacy work, grow its social media presence and reach and continue to identify local partners to work with to distribute its kits to the communities that most need them.

Fundraising

The Trustees are aware of their responsibilities under the Charities (Protection and Social Investment) Act 2016 in relation to fundraising. The charity uses its social media channels to increase its reach. It has also signed up for the easyfundraising platform. The charity has received no complaints in the period regarding its fundraising activities.

Statement of Trustees Responsibilities

The Directors (who are also the Trustees of the Charity for the purposes of charity law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;

Days for Girls UK
Trustees Report
31 December 2022

- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006 and the Charity SORP. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

So far as each Trustee is aware, there is no relevant information of which the Charity's treasurer is unaware, and they have taken all the steps they ought to have taken as Directors in order to make themselves aware of any relevant information and to establish that the Charity's treasurer is aware of that information.

For and on behalf of the trustees

S Haile

27 September 2023

.....2023

Sarah Haile

Days for Girls UK

Statement of financial activities For the period ended 31 December 2022

	Notes	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
Income from					
Donations	1	20,558	-	20,558	9,844
Trading income		7,513	-	7,513	2,740
Other income		587	-	587	906
Total income		28,658	-	28,658	13,490
Expenditure on					
Charitable activities	2	24,001	-	24,001	10,071
Total expenditure		24,001	-	24,001	10,071
Net income/(expenditure)		4,657	-	4,657	3,419
Net movements in funds		4,657	-	4,657	3,419
			--		
Fund balance brought forward		6,105	-	6,105	2,686
Fund balance carried forward at 31 December 2022		10,762	-	10,762	6,105

All incoming resources and resources expended derive from continuing activities.

There are no other recognised gains or losses.

Days for Girls UK
Balance Sheet
31 December 2022

	Notes	2022 £	2021 £
Current assets			
Cash at bank and on deposit		10,762	6,825
Stock		-	1,015
		10,762	7,840
Current liabilities			
Creditors due in less than one year	4		(1,735)
		10,762	6,105
Net current assets			
Creditors: amounts falling due after more than one year			-
		10,762	6,105
Net assets			
		10,762	6,105
Funds			
		10,762	6,105

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board of Trustees on 27 September 2023

S. Fair

The notes on pages 7 to 9 form part of these financial statements

Days for Girls UK

Notes to the financial statements For the period ended 31 December 2022

The principal accounting policies which are adopted in the preparation of the financial statements are set out below;

A. Basis of accounting

The accounts (financial statements) have been prepared in accordance with the Companies Act 2006 and the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (FRS 102) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102).

The Charity constitutes a public benefit entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements are for the first period of the company's existence and cover a period of 17 months to align the year end with the UK fiscal year and normal charity reporting cycle.

B. Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. The charity has substantial reserves and retains control over its annual expenditure. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

C. Income

Donations receivable are accounted for as soon as their amount and receipt are reasonably certain. In the case of unsolicited donations this is usually only accounted for when they are received. All other income is accounted for under the accruals concept.

D. Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category.

Charitable expenditure consists of the costs of delivering the Charity's objectives including purchasing fabric to sell to the sewing groups

Governance costs comprise all costs incurred in running the charity as a legal entity that cannot be directly allocated.

E. Taxation

The Charity is registered as a charity under the Charities Act 2011 and is not liable to UK tax on its charitable activities.

The Charity is not registered for VAT. Accordingly, expenses include VAT where applicable.

Days for Girls UK

**Notes to the financial statements
For the period ended 31 December 2022**

F. Fund accounting

Funds held by the charity are unrestricted general funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Days for Girls UK

Notes to the financial statements For the period ended 31 December 2022

1. Donations

	2022	2021
	£	£
Unrestricted donations	20,558	9,844
Trading activities	7,513	2,740
Other income including membership fees	587	906
	<u>28,658</u>	<u>13,490</u>

2. Charitable activities

	2022	2021
	£	£
Staff costs	16,004	-
Fabric, courier and postage costs	4,619	5,028
Insurance	327	327
Travel	1,707	-
Bank charges	400	131
Other operating costs (including conference costs)	944	4,585
	<u>24,001</u>	<u>10,071</u>

3. Employees

No trustee received any remuneration or reimbursement of expenditure during the year. The charity is run primarily by volunteers.

The average number of paid persons, including directors, paid during the year was: 1

4. Creditors – amounts falling due in less than one year

	2022	2021
	£	£
Loan payable to Days for Girls International	<u> </u>	<u>1,735</u>
		<u>1,735</u>

5. Capital

The Charity is a company limited by guarantee and has no share capital. In the event of the Charity being wound up, the liability of the members is limited to £1 per member. At 31 December 2022 the total of such guarantees was £7.

6. Related party transactions

There were no related party transactions in the year.