

Zimbabwe Life Project
UK Registered Charity Number 1189183

ANNUAL REPORT

Executive Summary:

This report lists the main activities performed during the reporting period of the project for the year **1st April 2023 - 31st March 2024**.

1) Donations:

In 2023, ZLP received a donation of vital medical supplies to support mental health services in Zimbabwe. These included clinical waste bins, disposable aprons, hand gels, syringes, injection needles, oxygen masks, regular masks, emergency green bags, oxygen tubing, and other essential medical equipment. While awaiting shipment to hospitals in Zimbabwe, the donations were stored at the Zimbabwe Embassy in London. Later in 2024, the World Health Organisation (WHO) representatives generously covered the shipping costs. The British Embassy in Harare played a key role in connecting Zimbabwe Life Project with the WHO team to facilitate this support.

2) Training workshops:

- a) During the October 2023 trip to Zimbabwe, six ZLP members actively participated in a knowledge exchange programme with mental health nurses, social workers, therapists, and doctors at both Sally Mugabe Psychiatric Hospital and Chikurubi Maximum Prison. The engagement encompassed dynamic roundtable discussions addressing clinical practices and the existing resources, as well as identifying the additional support required for the local hospitals. Furthermore, the management of substance misuse disorders was thoroughly examined, with Zimbabwe Prison & Correctional Services sharing their experiences and showcasing the assessment tools utilized in their facilities. The trip involved meeting with the National Commissioner General and his team, tour of Chikurubi Prison and a visit to mental health rehabilitation centre.

- b) The Impact and Dissemination of Outcomes:** The October 2023 trip enhanced engagement with the Ministry of Health and Child Care (MOHCC) and the British Embassy, strengthening relationships. The MOHCC expressed gratitude and interest in ZLP conducting training workshops across the country.
- 3) **New Members:** In the last 12 months we welcomed 2 new members in the UK.
- 4) **Risk Register:** Reduced number of new members and members renewing membership continues to impact some of the charity activities such as helping with ongoing tasks i.e., admin work, fundraising activities, etc. A standing order option for paying membership fee is available but members have not been using the offer. Currently members pay an annual fee of £25 directly into ZLP bank account.
- 5) **Constitution:** Following the retirement of the previous Chair and one Trustee, three new trustees were elected to the board earlier in 2024. Two of the existing trustees have taken on the roles of Co-Chairs for ZLP.
- 6) **The Burdett trust** funded the trip to Zimbabwe in 2022 and partially funded the 2023 trip when volunteers visited Harare to run workshops.
- 7) **Links with other charities:**
- a) East London Foundation NHS Trust has a link through one of the ZLP members who is working with the Trust global team.
 - b) Tropical Health Education Trust (THET) has featured ZLP's efforts in the THET's "Voices of the Experts in our Midst Report," 2024 magazine.
- 8) **Memorandum of Understanding:** ZLP has now signed MOU with:
- a. the Zimbabwe Ministry of Health and Child Care
 - b. the Zimbabwe Prisons and Correctional Service

These partnerships will strengthen the working relationship between ZLP and these key institutions, enabling more effective collaboration in delivering essential services.

9) **The year ahead:**

- a. Continue to enhance support for Zimbabwe through workshops, seminars, and training sessions.
- b. Seek funding or identify donors to sponsor ZLP's travel costs and provide resources for sustainability.
- c. ZLP's relationship with Global Health remains strong, with active participation in global health partnership events in London.

Overall, we have maintained focus on our priorities for this year and aim to be even more ambitious in the years to come.

Financial Statements for the year ended 31 March 2024



ZIMBABWE LIFE PROJECT

Statement of Financial Activities for the year ended 31 March 2024

	31 Mar 2024	31 Mar 2023
	£	£
Income from:		
Grants and donations income	386	158
Membership fees	308	152
Income from fundraising activities	-	-
Other income	-	-
Total income	694	310
Expenditure on:		
Charity expenses	1,600	6,604
Other donations expenses	-	260
Administration and legal expenses	100	57
Marketing, PR, communication and technology expenses	81	134
Total expenditure	1,781	7,056
Net surplus/(deficit) for the period	- 1,087	- 6,746
Funds brought forward at 1 April 2022	4,075	10,821
Funds carried forward at 31 March 2023	2,988	4,075

Financial Statements for the year ended 31 March 2024



ZIMBABWE LIFE PROJECT

Statement of Financial Position as at 31 March 2024

	31 Mar 2024	31 Mar 2023
	£	£
Current assets		
Cash and cash equivalents	2,988	4,075
	2,988	4,075
Net assets	2,988	4,075
Funds:		
Unrestricted funds	2,988	4,075