

Zimbabwe Life Project
UK Registered Charity Number 1189183

ANNUAL REPORT

Executive Summary:

This report lists the main activities performed during the third reporting period of the project for the year 2021.

By the end of the second recording period (2019 -2020) the following activities had been discussed and agreed:

1. *Constitution discussed, agreed for all members pay £20 annually from April 2019.*
2. *The Burdett trust funded the trip to Zimbabwe in 2019 and 24 volunteers visited Harare and Bulawayo to run workshops.*
3. *Covid-19 impacted on everyday life in 2020 and the trip to Zimbabwe was suspended to help minimize the spread of the virus.*
4. *Over 200 donations of BP monitors and other medical equipment were donated and sent to various hospitals in Zimbabwe.*
5. *Virtual meetings continued and planning for a trip to*
6. *Four policies were drafted in 2020 and ratified by the Board*
 - a) *Volunteering Policy & Procedure,*
 - b) *Health & Safety Guidelines,*
 - c) *Equal Opportunities Policy.*
 - d) *Complaints Policy and Procedure*
7. *A ZLP member was assisting with registering ZLP as a legal entity in Zimbabwe, which is a prerequisite for future Memorandum of Understanding with any organisation.*
8. *All members in ZLP were thanked for the part they have played in distributing donations and it was noted that having new members in the country provides invaluable support.*

That's a quick look back at last annual year. Now let's move forward and see what happened this annual period.

2020 – 2021

Even though we were in lockdown due to covid-19 pandemic, we did not tire on our mission, supporting mental health hospitals in Zimbabwe. Here is a summary of the support given and activities we completed:

- 1) **Amazon Smile:** ZLP was set up as a charity on Amazon Smile in October 2020. Amazon donates a small amount to ZLP of every purchase we make when we shop on Amazon smile. On average ZLP is receiving around £12 a month and we are grateful to everyone who has chosen ZLP as their charity on Amazon.
- 2) **Donations:** In November 2020, ZLP gathered donations of various hospital equipment including syringes, over 300 catheter tubes, feeding tubes, medical/nursing books and over 100 branded unisex T-shirts, various walking aids, defibrillators, etc. The defibrillators went with no pads and unfortunately the type of pads are not available in Zimbabwe. ZLP is currently looking into obtaining these in the UK and then ship them over to Zimbabwe.

These donations were delivered to Chikurubi Maximum Prison, Parirenyatwa School of Nursing, Ingustheni Hospital and Sally Mugabe Psychiatric Hospital (formerly Harare Central) Ngomahuru Hospital.

- 3) **Training workshops:** Over the period of 3 weeks (24th November – 10th December 2020), we delivered 6 virtual workshops to mental health staff and nursing students in Zimbabwe at the following hospitals:
 - Ngomahuru Hospital
 - Sally Mugabe (formerly Harare Central) Psychiatric Hospital
 - Parirenyatwa School of Nursing
 - Chikurubi Maximum Prison
 - Substance Misuse Rehabilitation Centre in Ruwa.

The training sessions were delivered by the UK team and had an average of 25 participants in Zimbabwe per session.

- 4) **ZLP video clip :** ZLP recorded a video clip about the project which summarised the work we have done in the last 3 years. The video clip is on ZLP website (zlp.org.uk) and on ZLP social media pages.

- 5) **2020 Christmas Campaign:** This was launched on social media in December 2020 and in January 2021 we did a 5k virtual marathon. ZLP raised £844. The hospitals in Zimbabwe sent in their Christmas wishes which were purchased and are currently on their way to Zimbabwe. We are grateful to Physionet, a non-profitable organisation in Yorkshire who have shipped these items for free.
- 6) **April 2021:** ZLP sent 2 brand new laptops to Zimbabwe which were donated to Parirenyatwa School of Nursing.
- 7) **June 2021:** ZLP supported two newly qualified nurses at Parirenyatwa Hospital to apply for a position on Nursing Now Challengers Committee and we are proud to say that one of them nurses was successful.
- 8) **July 2021:** ZLP was registered in Zimbabwe as a Charity Incorporated Organisation.
- 9) **August 2021:** Physionet collected and shipped ZLP donations to Zimbabwe for free.
- 10) **September 2021:** The Foundation for Social Improvement (FSI) donated 3 tickets to ZLP for 3 members to attend their online courses on Strategic Planning, Fund Raising and Stewardship. The three tickets are worth £300.
- 11) **World Mental Health Events: October 2021** we partnered with a voluntary organisation in Zimbabwe called Pamumvuri and recorded webinars on various mental health topics including suicide prevention, mental health and gender, climate change and mental health, and investing in mental health. The webinars were facilitated by a popular radio DJ in Zimbabwe and were broadcast there and on social media.
- 12) **New Members:** In the last 12 months we welcomed 10 new members both in the UK and in Zimbabwe.
- 13) **Risk Register:** Pandemic has following impact on the charity:
 - a. Reduced activity and presence in Zimbabwe has limited ability to carry out aims and objectives.

- b. Number of new members and members renewing membership. Suggestion for creating a standing order option for paying membership fee. Currently members pay an annual fee of £20 directly into ZLP bank account.

14) The year ahead:

- a. Continue to develop online support to Zimbabwe through workshops, seminars and training sessions.
- b. Re-establish trips as restrictions ease and safe to do so.
- c. Fundraising campaigns (Rehabilitation Centre renovations at Sally Mugabe Psychiatric Hospital).
- d. Apply for funding or search for donors who can sponsor ZLP travelling cost, funds for defibrillator pads.
- e. Donations: Create a ZLP brand kit bag with items that are related to mental health which promote the charity.

Overall we have stayed focused on our priorities for this year and we plan to be more ambitious in 2022 and beyond.



ZIMBABWE LIFE PROJECT

Statement of Financial Activities for the year ended 31 March 2021

(15 months from January 2020 to March 2021)

2020/21

£

Income from:

Donations income	914
Membership fees	240
Income from fundraising activities	844
Other income	-

Total income	1,998
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Expenditure on:

Charity expenses	1,009
Other donations expenses	60
Administration and legal expenses	198
Marketing, PR, communication and technology expenses	278

Total expenditure	1,545
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Net surplus/(deficit) for the period	452
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Funds brought forward at 1 January 2020	2,759
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Funds carried forward at 31 March 2021	3,212
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ZIMBABWE LIFE PROJECT

Statement of Financial Position as at 31 March 2021

(15 months from January 2020 to March 2021)

	2020/21
	£
Current assets	
Cash and cash equivalents	3,211.57
	3,211.57
Net assets	3,211.57
Funds:	
Unrestricted funds	3,211.57

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