

# Achord Foundation

England & Wales · Charity number 1189169

## Details

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**Other names** SOULMATES ACADEMY FOUNDATION, ACHORD

**Status** Registered

**Legal form** CIO

**Registered** 2020-04-23

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Kingfisher House  
Hurstwood Grange  
Hurstwood Lane  
Haywards Heath  
West Sussex  
RH17 7QX

**Phone** 07850751775

**Email** [hello@achordfoundation.org](mailto:hello@achordfoundation.org)

**Website** <https://www.achordfoundation.org/>

## Activities

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**Objects:** TO ADVANCE THE EDUCATION OF THE PUBLIC IN THE SUBJECT OF BUILDING STRONG, HEALTHY RELATIONSHIPS IN PARTICULAR BUT NOT EXCLUSIVELY MARRIAGES, CIVIL PARTNERSHIPS AND OTHER LONG-TERM COMMITTED PARTNERSHIPS.

**Activities:** Achord Foundation exists to equip everyone to do relationships well. We believe that all relationships face a common set of fundamental hurdles, and that people can be proactively equipped to overcome these and build quality relationships. Our mission is to deliver practical, accessible and relevant content for Individuals & Couples, working through Community Organisations and Schools/Colleges.

## Classification

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- **How:** Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training
- **Who:** The General Public/mankind

## Geography

- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£7,031	£8,211	-	-
2024-04-05	£9,396	£12,535	-	-
2023-04-05	£14,938	£4,730	-	-
2022-04-05	£15,441	£3,035	-	-
2021-04-05	£15,704	£9,182	-	-

## Trustees

Name	Role	Appointed
<b>JEREMY GEORGE LINDLEY</b>	Chair	2020-04-23
Dr Andrea Maria Taylor-Cummings		2020-04-23
Gary Ricardo Hamilton		2021-01-17
Jonathan Edgar Taylor-Cummings		2020-04-23
Wendy Jane Grafton		2020-04-23

**Achord Foundation**

England & Wales - Charity number 1189169

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# Accounts

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**CHARITY REGISTRATION NUMBER: 1189169**

**ACHORD**  
**Trustees Annual Report**  
**5 April 2025**

# ACHORD

## Trustees Annual Report

Year ended 5 April 2025

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# ACHORD

## Trustees' Annual Report

Year ended 5 April 2025

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The trustees present their report and the financial statements of the charity for the year ended 5 April 2025.

### Reference and administrative details

<b>Registered charity name</b>	ACHORD
<b>Charity registration number</b>	1189169
<b>Principal office</b>	Kingfisher House Hurstwood Grange Hurstwood Lane Haywards Heath West Sussex RH17 7QX

<b>The trustees</b>	Jeremy G Lindley (Chair) Andrea M Taylor-Cummings Jonathan E Taylor-Cummings Wendy J Grafton Gary R Hamilton
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### Objects of the charity and review of the principal activities

The charity was incorporated on 23 April 2020 with a CIO registration and is therefore governed by its CIO constitution. The principal activities of the charity are TO ADVANCE THE EDUCATION OF THE PUBLIC IN THE SUBJECT OF BUILDING STRONG, HEALTHY RELATIONSHIPS IN GENERAL AND MARRIAGES, CIVIL PARTNERSHIPS AND OTHER LONG-TERM COMMITTED PARTNERSHIPS IN PARTICULAR.

### Policy and operating decisions of the charity rest with the Trustees

The Trustees met on several occasions to set policies, agree the strategic direction of the charity, agree budgets, discuss operational activity and to monitor the financial position. All activities of the charity this year have been led and undertaken by volunteers, with the exception of a small amount of marketing and technical support which was contracted out.

### Vision and Mission

Achord (formerly Soulmates Academy Foundation) has a vision to see everyone equipped to do relationships well. We believe that all relationships face a common set of fundamental hurdles, but that people can be proactively equipped to overcome these and build quality relationships. By helping people do relationships well, especially at home, we hope to rebuild health and resilience in individuals and couples, families and society at large, resulting in improved emotional and mental health statistics and reduced family breakdown and divorce rates.

Our ten-year goal is to help equip 1,000,000 people with the skills to build stronger relationships. We seek to do that by equipping individuals with the fundamentals of relationship skills so that they turn up better to relationships, have better conversations and achieve better outcomes.

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# ACHORD

## Trustees' Annual Report

Year ended 5 April 2025

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Our current mission is to deliver practical, accessible and relevant content for Individuals and Couples, working through Churches and Community Organisations. We plan to expand our reach to Schools and Colleges, once our current programmes are established.

### Review of the year's key activities

#### Rebranding

- Following the board decision taken on 23<sup>rd</sup> November 2023, in the period, the charity completed its rebrand to **Achord** (from Soulmates Academy Foundation), updating its name across all stakeholder touchpoints (including the Charities Commission, HMRC, Banks, Social Media, etc.)

#### Funding and Expenditure

- This year, the majority of our funding continued to come from regular donors, contributing a combined approximately £500 per month (before gift aid claim).
- All regular donors are registered for gift aid.
- Expenditure focused on program development and platform setup.

#### Resource Development

During this period, significant progress was made in developing our proposed resource for small groups.

- We launched the beta test (pilot) of our offering for the Church community – Achord for Churches. Designed specifically for use in small groups, the course gives churches the practical tools to grow in relational maturity and become places where love is not just taught, but truly lived. Feedback has been positive with no critical concerns raised – one participant commented “I wish I had learned this earlier in my life – I might still be married!”
- Estimated pilot completion and rollout set for Autumn 2025.

#### Policy Development

In line with Charity Commission guidelines the Directors monitor the following policies: Volunteer Policy, Paying Staff Policy, Lone Workers Policy, Expenses Policy, Complaints Policy, Conflict of Interest Policy, Safeguarding Policy (Vulnerable Adults), Health & Safety, Investment Policy, Equal Opportunities, Data Protection.

#### Risks

The charity continues to assess risks and prioritise the principal ones, each of which are allocated to a Trustee for mitigation and monitoring. The principal risks were assessed to be related to human resources with the extended unavailability of key resources hampering the charity's ability to deliver on its key objectives. We continue to explore opportunities to bring in specialists on specific projects.

#### Board Development

- Trustees agreed on the need to expand board expertise, especially in fundraising, tech (e.g. gamification), and church networking.
  - Plans underway to recruit new trustees from within existing networks.
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# ACHORD

## Trustees' Annual Report

Year ended 5 April 2025

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### Financial Review

The financial statements set out on pages 4-9 show an income of £7,031 and expenses of £8,211. The balance at year end was £24,817.

### Reporting Accountants

PRB Accountants have agreed to review and prepare the Charity's accounts, as part of their pro bono services.

The trustees' annual report was approved on  
by:

2026 and signed on behalf of the board of trustees

J G Lindley

Chair of Trustees

# ACHORD

## Statement of Financial Activities

Year ended 5 April 2025

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		2025		2024
		Unrestricted funds	Total funds	Total funds
	Note	£	£	£
<b>Income and endowments</b>				
Donations and legacies	4	7,031	7,031	9,396
<b>Total income</b>		<u>7,031</u>	<u>7,031</u>	<u>9,396</u>
<b>Expenditure</b>				
Expenditure on charitable activities	5,6	8,211	8,211	12,535
<b>Total expenditure</b>		<u>8,211</u>	<u>8,211</u>	<u>12,535</u>
<b>Net income and net movement in funds</b>		<u>(1,180)</u>	<u>(1,180)</u>	<u>(3,139)</u>
<b>Reconciliation of funds</b>				
Total funds brought forward		25,997	25,997	29,136
<b>Total funds carried forward</b>		<u>24,817</u>	<u>24,817</u>	<u>25,997</u>

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

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The notes on pages 6 to 8 form part of these financial statements.

# ACHORD

## Statement of Financial Position

5 April 2025

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	Note	2025 £	2024 £
<b>Current assets</b>			
Cash at bank and in hand		24,817	25,997
		<u>24,817</u>	<u>25,997</u>
<b>Net current assets</b>		<u>24,817</u>	<u>25,997</u>
<b>Total assets less current liabilities</b>		<u>24,817</u>	<u>25,997</u>
<b>Funds of the charity</b>			
Unrestricted funds		24,817	25,997
<b>Total charity funds</b>	<b>9</b>	<u>24,817</u>	<u>25,997</u>

These financial statements were approved by the board of trustees and authorised for issue on 22 January 2026, and are signed on behalf of the board by:



J G Lindley  
Chair of Trustees

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The notes on pages 6 to 8 form part of these financial statements.

# ACHORD

## Notes to the Financial Statements

Year ended 5 April 2025

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### 1. General information

The charity is a public benefit entity and a registered charity and a CIO in England and Wales. The address of the principal office is Kingfisher House, Hurstwood Grange, Hurstwood Lane, Haywards Heath, West Sussex, RH17 7QX.

### 2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

### 3. Accounting policies

#### Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

#### Going concern

There are no material uncertainties about the charity's ability to continue.

#### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal and fall into one of two sub-classes: restricted income funds or endowment funds.

# ACHORD

## Notes to the Financial Statements *(continued)*

Year ended 5 April 2025

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### 3. Accounting policies *(continued)*

#### Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

#### Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

# ACHORD

## Notes to the Financial Statements *(continued)*

Year ended 5 April 2025

### 4. Donations and legacies

	<b>Total Funds 2025</b>	Total Funds 2024
	£	£
<b>Donations</b>		
Donations	5,900	7,358
<b>Gifts</b>		
Gift aid	1,131	2,038
	7,031	9,396

### 5. Expenditure on charitable activities by fund type

	<b>Total Funds 2025</b>	Total Funds 2024
	£	£
Unrestricted funds	8,211	12,535
	8,211	12,535

### 6. Expenditure on charitable activities by activity type

	Activities undertaken directly	<b>Total Funds 2025</b>	Total Funds 2024
	£	£	£
Support costs	8,211	8,211	12,535
	8,211	8,211	12,535

### 7. Staff costs

There were no staff costs during the period.

The average head count of employees during the year was Nil.

### 8. Trustee remuneration and expenses

No remuneration of or expenses were paid to trustees during the period.

### 9. Analysis of charitable funds

#### Unrestricted funds

	<b>At</b>
	<b>5 April 2025</b>
	£
General funds	24,817
	24,817
	<b>At</b>
	<b>5 April 2024</b>
	£
General funds	25,997
	25,997

**Achord Foundation**

England & Wales - Charity number 1189169

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# Accounts

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**CHARITY REGISTRATION NUMBER: 1189169**

**SOULMATES ACADEMY FOUNDATION**

**Unaudited Financial Statements**

**5 April 2024**

# SOULMATES ACADEMY FOUNDATION

## Financial Statements

Year ended 5 April 2024

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# SOULMATES ACADEMY FOUNDATION

## Trustees' Annual Report

Year ended 5 April 2024

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The trustees present their report and the financial statements of the charity for the year ended 5 April 2024.

### Reference and administrative details

**Registered charity name** SOULMATES ACADEMY FOUNDATION

**Charity registration number** 1189169

**Principal office** Kingfisher House  
Hurstwood Grange  
Hurstwood Lane  
Haywards Heath  
West Sussex  
RH17 7QX

**The trustees** Jeremy G Lindley (Chair)  
Andrea M Taylor-Cummings  
Jonathan E Taylor-Cummings  
Wendy J Grafton  
Gary R Hamilton

### Objects of the charity and review of the principal activities

The charity was incorporated on 23 April 2020 with a CIO registration and is therefore governed by its CIO constitution. The principal activities of the charity are TO ADVANCE THE EDUCATION OF THE PUBLIC IN THE SUBJECT OF BUILDING STRONG, HEALTHY RELATIONSHIPS IN GENERAL AND MARRIAGES, CIVIL PARTNERSHIPS AND OTHER LONG-TERM COMMITTED PARTNERSHIPS IN PARTICULAR.

### Policy and operating decisions of the charity rest with the Trustees

The Trustees met on several occasions to set policies, agree the strategic direction of the charity, agree budgets, discuss operational activity and to monitor the financial position. All activities of the charity this year have been led and undertaken by volunteers, with the exception of a small amount of marketing and technical support which was contracted out.

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# SOULMATES ACADEMY FOUNDATION

## Trustees' Annual Report

Year ended 5 April 2024

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### Vision and Mission

Soulmates Academy Foundation has a vision to see everyone equipped to do relationships well. We believe that all relationships face a common set of fundamental hurdles, but that people can be proactively equipped to overcome these and build quality relationships. By helping people do relationships well, especially at home, we hope to rebuild health and resilience in individuals and couples, families and society at large, resulting in improved emotional and mental health statistics and reduced family breakdown and divorce rates.

Our ten-year goal is to help equip 1,000,000 people with the skills to build stronger relationships. We seek to do that by equipping individuals with the fundamentals of relationship skills so that they turn up better to relationships, have better conversations and achieve better outcomes.

Our current mission is to deliver practical, accessible and relevant content for Individuals and Couples, working through Community Organisations and Schools/Colleges.

### Review of the year's key activities

#### Rebranding

- In the period, the charity commissioned a re-branding exercise to bring greater alignment between our work and the audiences we seek to serve. The exercise led to a new working name and value proposition for the charity as follows: **Achord - *Transform your relationships and thrive.***
- A decision was made to proceed with the charity's official name change at the Charity Commission, ensuring the update is reflected across all stakeholder touchpoints

#### Funding

- This year, the majority of our funding came from six regular donors, contributing a combined £965 per month. However, toward the end of the period, we were informed that one major donor would be ending their financial support, reducing our monthly funding to £500.
- All regular donors are registered for gift aid.

#### Resource Development

During this period, significant progress was made on developing our proposed resource for small groups.

- Our primary focus has been creating a scripturally grounded tool for existing church groups, aimed at fostering healthy relationships. The charity website and the online resource are expected to be ready for beta testing within the next reporting period.
- Following this, we will develop a mission-focused version for outreach, designed to build healthy relationships within the broader community.

#### Profile Building & Strategic Alliances

- Our co-founders were honoured to have their work specifically mentioned in the Church of England's *Report of the Archbishop's Commission on Families & Households* (p. 71). The report highlights *The 4 Habits* approach as a proactive framework to support and strengthen relationships, offering it as a resource to drive action based on the report's recommendations.
- Favourable conversations progressing with a nationally recognised and respected influence in the religious, political and corporate communities in Jamaica- they are keen to partner with us to strengthen relationships in families, churches and communities across the nation.

# SOULMATES ACADEMY FOUNDATION

## Trustees' Annual Report

Year ended 5 April 2024

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### Policy Development

In line with Charity Commission guidelines the Directors monitor the following policies: Volunteer Policy, Paying Staff Policy, Lone Workers Policy, Expenses Policy, Complaints Policy, Conflict of Interest Policy, Safeguarding Policy (Vulnerable Adults), Investment Policy, Equal Opportunities, Data Protection, .

### Risks

The charity has assessed risks and prioritised the principal ones, each of which are allocated to a Trustee for mitigation and monitoring. The principal risks were assessed to be related to human resources with the extended unavailability of key resources hampering the charity's ability to deliver on its key objectives. We continue to explore opportunities to bring in specialists on specific projects.

### Financial Review

The financial statements set out on pages 4-9 show an income of £9,396 and expenses of £12,535. The balance at year end was £25,997.

### Reporting Accountants

PRB Accountants have agreed to review and prepare the Charity's accounts, as part of their pro bono services.

The trustees' annual report was approved on January 2025 and signed on behalf of the board of trustees by:

J G Lindley

Chair of Trustees

# SOULMATES ACADEMY FOUNDATION

## Statement of Financial Activities

Year ended 5 April 2024

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		2024		2023
	Note	Unrestricted funds £	Total funds £	Total funds £
<b>Income and endowments</b>				
Donations and legacies	4	9,396	9,396	14,938
<b>Total income</b>		<u>9,396</u>	<u>9,396</u>	<u>14,938</u>
<b>Expenditure</b>				
Expenditure on charitable activities	5,6	12,535	12,535	4,370
<b>Total expenditure</b>		<u>12,535</u>	<u>12,535</u>	<u>4,370</u>
<b>Net income and net movement in funds</b>		<u>(3,139)</u>	<u>(3,139)</u>	<u>10,208</u>
<b>Reconciliation of funds</b>				
Total funds brought forward		29,136	29,136	18,928
<b>Total funds carried forward</b>		<u>25,997</u>	<u>25,997</u>	<u>29,136</u>

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

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The notes on pages 6 to 8 form part of these financial statements.

# SOULMATES ACADEMY FOUNDATION

## Statement of Financial Position

5 April 2024

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	Note	2024 £	2023 £
<b>Current assets</b>			
Cash at bank and in hand		25,997	29,136
		<u>25,997</u>	<u>29,136</u>
<b>Net current assets</b>		<u>25,997</u>	<u>29,136</u>
<b>Total assets less current liabilities</b>		<u>25,997</u>	<u>29,136</u>
<b>Funds of the charity</b>			
Unrestricted funds		25,997	29,136
<b>Total charity funds</b>	<b>9</b>	<u>25,997</u>	<u>29,136</u>

These financial statements were approved by the board of trustees and authorised for issue on January 2025, and are signed on behalf of the board by:

J G Lindley  
Chair of Trustees

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The notes on pages 6 to 8 form part of these financial statements.

# SOULMATES ACADEMY FOUNDATION

## Notes to the Financial Statements

Year ended 5 April 2024

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### 1. General information

The charity is a public benefit entity and a registered charity and a CIO in England and Wales. The address of the principal office is Kingfisher House, Hurstwood Grange, Hurstwood Lane, Haywards Heath, West Sussex, RH17 7QX.

### 2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

### 3. Accounting policies

#### Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

#### Going concern

There are no material uncertainties about the charity's ability to continue.

#### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal and fall into one of two sub-classes: restricted income funds or endowment funds.

# SOULMATES ACADEMY FOUNDATION

## Notes to the Financial Statements *(continued)*

Year ended 5 April 2024

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### 3. Accounting policies *(continued)*

#### Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
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- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

#### Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

# SOULMATES ACADEMY FOUNDATION

## Notes to the Financial Statements *(continued)*

Year ended 5 April 2024

### 4. Donations and legacies

	<b>Total Funds 2024 £</b>	Total Funds 2023 £
<b>Donations</b>		
Donations	7,358	12,032
<b>Gifts</b>		
Gift aid	<u>2,038</u>	<u>2,906</u>
	<u>9,396</u>	<u>14,938</u>

### 5. Expenditure on charitable activities by fund type

	<b>Total Funds 2024 £</b>	Total Funds 2023 £
Unrestricted funds	<u>12,535</u>	<u>4,730</u>

### 6. Expenditure on charitable activities by activity type

	Activities undertaken directly £	<b>Total Funds 2024 £</b>	Total Funds 2023 £
Support costs	<u>12,535</u>	<u>12,535</u>	<u>4,730</u>

### 7. Staff costs

There were no staff costs during the period.

The average head count of employees during the year was Nil.

### 8. Trustee remuneration and expenses

No remuneration of or expenses were paid to trustees during the period.

### 9. Analysis of charitable funds

#### Unrestricted funds

	<b>At 5 April 2024 £</b>
General funds	<u>25,997</u>
	<b>At 5 April 2023 £</b>
General funds	<u>29,136</u>

**Achord Foundation**

England & Wales - Charity number 1189169

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# Accounts

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**CHARITY REGISTRATION NUMBER: 1189169**

**SOULMATES ACADEMY FOUNDATION**

**Unaudited Financial Statements**

**5 April 2023**

# SOULMATES ACADEMY FOUNDATION

## Financial Statements

Year ended 5 April 2023

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# SOULMATES ACADEMY FOUNDATION

## Trustees' Annual Report

Year ended 5 April 2023

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The trustees present their report and the unaudited financial statements of the charity for the year ended 5 April 2023.

### Reference and administrative details

**Registered charity name** SOULMATES ACADEMY FOUNDATION

**Charity registration number** 1189169

**CEO registration number** CE021623

**Principal office** Kingfisher House  
Hurstwood Grange  
Hurstwood Lane  
Haywards Heath  
West Sussex  
RH17 7QX

**The Trustees** J G Lindley  
J E Taylor-Cummings  
A M Taylor-Cummings  
W J Grafton  
G R Hamilton

### Objects of the charity and review of the principal activities

The charity was incorporated on 23 April 2020 with a CIO registration and is therefore governed by its CIO constitution. The principal activities of the charity are TO ADVANCE THE EDUCATION OF THE PUBLIC IN THE SUBJECT OF BUILDING STRONG, HEALTHY RELATIONSHIPS IN GENERAL AND MARRIAGES, CIVIL PARTNERSHIPS AND OTHER LONG-TERM COMMITTED PARTNERSHIPS IN PARTICULAR.

### Policy and operating decisions of the charity rest with the Trustees

The Trustees met on several occasions to set policies, agree the strategic direction of the charity, agree budgets, discuss operational activity and to monitor the financial position. All activities of the charity this year have been led and undertaken by volunteers, with the exception of a small amount of marketing and technical support which was contracted out.

### Vision and Mission

Soulmates Academy Foundation has a vision to see everyone equipped to do relationships well. We believe that all relationships face a common set of fundamental hurdles, but that people can be proactively equipped to overcome these and build quality relationships. By helping people do relationships well, especially at home, we hope to rebuild health and resilience in individuals and couples, families and society at large, resulting in improved emotional and mental health statistics and reduced family breakdown and divorce rates.

Our ten-year goal is to help equip 1,000,000 people with the skills to build stronger relationships. We seek to do that by equipping individuals with the fundamentals of relationship skills so that they turn up better to relationships, have better conversations and achieve better outcomes.

Our current mission is to deliver practical, accessible and relevant content for Individuals and Couples, working through Community Organisations and Schools/Colleges.

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# SOULMATES ACADEMY FOUNDATION

## Trustees' Annual Report

Year ended 5 April 2023

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### Review of the year's key activities

#### Funding

- The bulk of our funding this year came from 6 regular donors giving a combined amount of £965 per month
- Most of those donors are also registered for gift aid.

#### Resource Development

- The focus continued on developing small group resources for use in churches. Having explored a couple of options to co-develop the resources with partners, the decision was taken to focus on building it in-house.
- In the period we developed an outline structure for two programs to provide church leaders with practical courses as follows:
  - A short bible study resource for existing small groups, focused on building healthy relationships.
  - A missional outreach program, focused on building healthy relationships in the local community.

#### Profile Building & Strategic Alliances

- We partnered with the UK Charity Care for the Family to film and record new resources for them (part of their new Marriage Course and Date Night in-a-Box programmes)
- We continued to participate in Explore sessions – workshops for young people in high schools to explore long-term, positive relationships in the context of marriage.
- We delivered a session on managing conflict in partnership with the charity STEP on their leadership programme at a high school in St Albans.
- We participated in a one-day Leadership Conference organised by the charity STEP, with over sixty 6<sup>th</sup> formers from multiple high schools in St Albans in attendance.
- We delivered a one-day conference (with a half-day follow up embedding session) for staff at a local Church to help them improve both inter-colleague and home relationships.

#### Future Developments

The focus for the financial year 2023/24 will continue to be on finalising developments of, and launching, the small group resources for churches, complete with workbooks and facilitator packs. Thereafter, we plan to create and roll out similar materials for a wider range of community groups.

- Speed of implementation will continue to depend to a greater extent on finding the right external resources to help bring it to life.
- As at year-end, four churches are lined up to pilot this material when it is available.

# SOULMATES ACADEMY FOUNDATION

## Trustees' Annual Report

Year ended 5 April 2023

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### Policy Development

In line with Charity Commission guidelines the Directors monitor the following policies: Volunteer Policy, Paying Staff Policy, Lone Workers Policy, Expenses Policy, Complaints Policy, Conflict of Interest Policy, Safeguarding Policy (Vulnerable Adults).

### Risks

The charity has assessed risks and prioritised the principal ones, each of which are allocated to a Trustee for mitigation and monitoring. The principal risks were assessed to be related to data security. The Charity is in the process of implementing appropriate data security protocols.

### Financial Review

The financial statements set out on pages 4-8 show an income of £14,938 and expenses of £4,730 giving a surplus for the year of £10,208.

### Reporting Accountants

PRB Accountants LLP have agreed to review and prepare the Charity's accounts, as part of their pro bono services.

The trustees' annual report was approved on 1 February 2024 and signed on behalf of the board of trustees by:

J G Lindley  
Chair of Trustees

# SOULMATES ACADEMY FOUNDATION

## Statement of Financial Activities

Year ended 5 April 2023

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		2023		2022
	Note	Unrestricted funds £	Total funds £	Total funds £
<b>Income and endowments</b>				
Donations and legacies	4	14,938	14,938	15,441
<b>Total income</b>		<u>14,938</u>	<u>14,938</u>	<u>15,441</u>
<b>Expenditure</b>				
Expenditure on charitable activities	5,6	4,730	4,730	3,035
<b>Total expenditure</b>		<u>4,730</u>	<u>4,730</u>	<u>3,035</u>
<b>Net income and net movement in funds</b>		<u>10,208</u>	<u>10,208</u>	<u>12,406</u>
<b>Reconciliation of funds</b>				
Total funds brought forward		18,928	18,928	6,522
<b>Total funds carried forward</b>		<u>29,136</u>	<u>29,136</u>	<u>18,928</u>

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

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The notes on pages 6 to 8 form part of these financial statements.

# SOULMATES ACADEMY FOUNDATION

## Statement of Financial Position

5 April 2023

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	Note	2023 £	2022 £
<b>Current assets</b>			
Cash at bank and in hand		29,136	18,928
		<u>29,136</u>	<u>18,928</u>
<b>Net current assets</b>		<u>29,136</u>	<u>18,928</u>
<b>Total assets less current liabilities</b>		<u>29,136</u>	<u>18,928</u>
<b>Funds of the charity</b>			
Unrestricted funds		29,136	18,928
<b>Total charity funds</b>	<b>9</b>	<u>29,136</u>	<u>18,928</u>

These financial statements were approved by the board of trustees and authorised for issue on 1 February 2024, and are signed on behalf of the board by:

J G Lindley  
Chair of Trustees

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The notes on pages 6 to 8 form part of these financial statements.

# SOULMATES ACADEMY FOUNDATION

## Notes to the Financial Statements

Year ended 5 April 2023

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### 1. General information

The charity is a public benefit entity and a registered charity and a CIO in England and Wales. The address of the principal office is Kingfisher House, Hurstwood Grange, Hurstwood Lane, Haywards Heath, West Sussex, RH17 7QX.

### 2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

### 3. Accounting policies

#### Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

#### Going concern

There are no material uncertainties about the charity's ability to continue.

#### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal and fall into one of two sub-classes: restricted income funds or endowment funds.

# SOULMATES ACADEMY FOUNDATION

## Notes to the Financial Statements *(continued)*

Year ended 5 April 2023

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### 3. Accounting policies *(continued)*

#### Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

#### Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

# SOULMATES ACADEMY FOUNDATION

## Notes to the Financial Statements *(continued)*

Year ended 5 April 2023

### 4. Donations and legacies

	<b>Total Funds 2023</b>	Total Funds 2022
	£	£
<b>Donations</b>		
Donations	12,032	11,435
<b>Gifts</b>		
Gift aid	2,906	4,006
	<u>14,938</u>	<u>15,441</u>

### 5. Expenditure on charitable activities by fund type

	<b>Total Funds 2023</b>	Total Funds 2022
	£	£
Unrestricted funds	4,730	3,035
	<u>4,730</u>	<u>3,035</u>

### 6. Expenditure on charitable activities by activity type

	Activities undertaken directly	<b>Total Funds 2023</b>	Total Funds 2022
	£	£	£
Support costs	4,730	4,730	3,035
	<u>4,730</u>	<u>4,730</u>	<u>3,035</u>

### 7. Staff costs

There were no staff costs during the period.

The average head count of employees during the year was Nil.

### 8. Trustee remuneration and expenses

No remuneration of or expenses were paid to trustees during the period.

### 9. Analysis of charitable funds

#### Unrestricted funds

	<b>At 5 April 2023</b>
	£
General funds	29,136
	<u>29,136</u>
	<b>At</b>
	5 April 2022
	£
General funds	18,928
	<u>18,928</u>

**Achord Foundation**

England & Wales - Charity number 1189169

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# Accounts

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**CHARITY REGISTRATION NUMBER: 1189169**

**SOULMATES ACADEMY FOUNDATION**

**Unaudited Financial Statements**

**5 April 2022**

# SOULMATES ACADEMY FOUNDATION

## Financial Statements

Year ended 5 April 2022

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# SOULMATES ACADEMY FOUNDATION

## Trustees' Annual Report

Year ended 5 April 2022

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The trustees present their report and the unaudited financial statements of the charity for the year ended 5 April 2022.

### Reference and administrative details

**Registered charity name** SOULMATES ACADEMY FOUNDATION

**Charity registration number** 1189169

**Principal office** Kingfisher House  
Hurstwood Grange  
Hurstwood Lane  
Haywards Heath  
West Sussex  
RH17 7QX

**The trustees** J G Lindley (appointed 23 April 2020)  
J E Taylor-Cummings (appointed 23 April 2020)  
A M Taylor-Cummings (appointed 23 April 2020)  
W J Grafton (appointed 23 April 2020)  
G R Hamilton (appointed 17 January 2021)

### Objects of the charity and review of the principal activities

The charity was incorporated on 23 April 2020 with a CIO registration and is therefore governed by its CIO constitution. The principal activities of the charity are TO ADVANCE THE EDUCATION OF THE PUBLIC IN THE SUBJECT OF BUILDING STRONG, HEALTHY RELATIONSHIPS IN GENERAL AND MARRIAGES, CIVIL PARTNERSHIPS AND OTHER LONG-TERM COMMITTED PARTNERSHIPS IN PARTICULAR.

### Policy and operating decisions of the charity rest with the Trustees

The Trustees met on several occasions to set policies, agree the strategic direction of the charity, agree budgets, discuss operational activity and to monitor the financial position. All activities of the charity this year have been led and undertaken by volunteers.

### Vision and Mission

Soulmates Academy Foundation has a vision to see everyone equipped to do relationships well. We believe that all relationships face a common set of fundamental hurdles, but that people can be proactively equipped to overcome these and build quality relationships. By helping people do relationships well, especially at home, we hope to rebuild health and resilience in individuals and couples, families and society at large, resulting in improved emotional and mental health statistics and reduced family breakdown and divorce rates.

Our ten-year goal is to help equip 1,000,000 people with the skills to build stronger relationships. We seek to do that by equipping individuals with the fundamentals of relationship skills so that they turn up better to relationships, have better conversations and achieve better outcomes.

Our current mission is to deliver practical, accessible and relevant content for Individuals and Couples, working through Community Organisations and Schools/Colleges.

# SOULMATES ACADEMY FOUNDATION

## Trustees' Annual Report

Year ended 5 April 2022

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### Review of the year's key activities

#### Funding

- The bulk of our funding this year came from 5 regular donors giving a combined amount of £925 per month. Most of those donors are also registered for gift aid.
- We terminated our program to attract and engage individual donors. Despite clear evidence of the value-add to attendees of our free webinars, it became evident that the cost of using paid-for advertising to attract and engage a sufficiently large audience, was not proving commercially viable.
- We registered the charity on both “Amazon Smile” and “The Giving Machine” platforms, to enable us to receive charitable donations when supporters shop with them.

#### Resource Development

- The principle focus this year has been on Community Organisations - developing a resource to equip “the church” to do relationships well. Specifically, the course will help people understand and learn to live out in practical ways, the biblical principles that underpin successful relationships – at church, at home, at work and in life. The resource is being developed as a short course for use in church small groups.
- The development process suffered a couple of setbacks during the year, due to changes in the personal circumstances of key individuals involved in the development and structuring of the content. Soft launch is now anticipated for Q3/Q4 2023.

#### Profile Building & Strategic Alliances

- In December 2021, Andrea and Jonathan became volunteer couples for Explore, a charity working in schools to empower young adults to explore what it takes to create and sustain happy, healthy and loving long-term relationships. They had their first session with students in January 2022.
- In March 2022, Jonathan led a discussion at the Westminster Relationships APPG around what else can be done as a nation to “build back better”.
- In April, Andrea and Jonathan were invited to become Trustees of Marriage Foundation (the charity set up to be an independent voice restoring confidence in marriage), in addition to their ongoing involvement in Marriage Strategy Forum (the group of Christian charities considered leaders in the field of marriage and relationships).

# SOULMATES ACADEMY FOUNDATION

## Trustees' Annual Report

Year ended 5 April 2022

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### Future Developments

- The focus for the financial year 2022/23 continues to be on finalising developments of, and launching, the small group resource for churches, complete with workbook, facilitator packs, etc. We are delighted to have now identified an external partner to work with on developing this resource. We continue to build a roster of churches expressing interest in piloting this material when it is available.
- Andrea and Jonathan have been asked to run a one day workshop for the Executive Leadership team at a local church in June, 2022.
- We are in ongoing conversation with STEP - a local charity committed to making a positive difference in the lives of young people in the St. Albans and Harpenden areas - about developing materials for use in secondary schools. Jonathan has been asked to run a session on Conflict Resolution as part of their STEP Leadership Foundations series at one of the secondary schools in St Albans, in May, 2022.

### Policy Development

In line with Charity Commission guidelines the Directors monitor the following policies: Volunteer Policy, Paying Staff Policy, Lone Workers Policy, Expenses Policy, Complaints Policy, Conflict of Interest Policy, Safeguarding Policy (Vulnerable Adults).

### Risks

The charity has assessed risks and prioritised the principal ones, each of which are allocated to a Trustee for mitigation and monitoring. The principal risks were assessed to be related to data security. The Charity is in the process of implementing appropriate data security protocols.

### Financial Review

The financial statements set out on pages 4-9 show an income of £15,441 and expenses of £3,035 giving a surplus for the year of £12,406.

### Reporting Accountants

PRB Accountants have agreed to review and prepare the Charity's accounts, as part of their pro bono services.

The trustees' annual report was approved on 3 February 2023 and signed on behalf of the board of trustees by:

J G Lindley  
Chair of Trustees

# SOULMATES ACADEMY FOUNDATION

## Statement of Financial Activities

Year ended 5 April 2022

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		2022		2021
	Note	Unrestricted funds £	Total funds £	Total funds £
<b>Income and endowments</b>				
Donations and legacies	4	15,441	15,441	15,704
<b>Total income</b>		<u>15,441</u>	<u>15,441</u>	<u>15,704</u>
<b>Expenditure</b>				
Expenditure on charitable activities	5,6	3,035	3,035	9,182
<b>Total expenditure</b>		<u>3,035</u>	<u>3,035</u>	<u>9,182</u>
<b>Net income and net movement in funds</b>		<u>12,406</u>	<u>12,406</u>	<u>6,522</u>
<b>Reconciliation of funds</b>				
Total funds brought forward		6,522	6,522	–
<b>Total funds carried forward</b>		<u>18,928</u>	<u>18,928</u>	<u>6,522</u>

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

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The notes on pages 6 to 9 form part of these financial statements.

# SOULMATES ACADEMY FOUNDATION

## Statement of Financial Position

5 April 2022

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	Note	2022 £	2021 £
<b>Current assets</b>			
Cash at bank and in hand		18,928	6,522
		<u>18,928</u>	<u>6,522</u>
<b>Net current assets</b>		<u>18,928</u>	<u>6,522</u>
<b>Total assets less current liabilities</b>		<u>18,928</u>	<u>6,522</u>
<b>Funds of the charity</b>			
Unrestricted funds		18,928	6,522
<b>Total charity funds</b>	<b>9</b>	<u>18,928</u>	<u>6,522</u>

These financial statements were approved by the board of trustees and authorised for issue on 3 February 2023, and are signed on behalf of the board by:

J G Lindley  
Chair of Trustees

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The notes on pages 6 to 9 form part of these financial statements.

# SOULMATES ACADEMY FOUNDATION

## Notes to the Financial Statements

Year ended 5 April 2022

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### 1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is Kingfisher House, Hurstwood Grange, Hurstwood Lane, Haywards Heath, West Sussex, RH17 7QX.

### 2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

### 3. Accounting policies

#### Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

#### Going concern

There are no material uncertainties about the charity's ability to continue.

#### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

# SOULMATES ACADEMY FOUNDATION

## Notes to the Financial Statements *(continued)*

Year ended 5 April 2022

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### 3. Accounting policies *(continued)*

#### Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

#### Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

#### Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

# SOULMATES ACADEMY FOUNDATION

## Notes to the Financial Statements *(continued)*

Year ended 5 April 2022

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### 3. Accounting policies *(continued)*

#### Financial instruments *(continued)*

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

### 4. Donations and legacies

	<b>Total Funds 2022 £</b>	Total Funds 2021 £
<b>Donations</b>		
Donations	11,435	14,685
<b>Gifts</b>		
Gift aid	4,006	1,019
	<u>15,441</u>	<u>15,704</u>

### 5. Expenditure on charitable activities by fund type

	<b>Total Funds 2022 £</b>	Total Funds 2021 £
Unrestricted funds	3,035	9,182

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# SOULMATES ACADEMY FOUNDATION

## Notes to the Financial Statements *(continued)*

Year ended 5 April 2022

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**6. Expenditure on charitable activities by activity type**

	Activities undertaken directly	<b>Total funds</b> <b>2022</b>	Total fund 2021
	£	£	£
Support costs	<u>3,035</u>	<u>3,035</u>	<u>9,182</u>

**7. Staff costs**

There were no staff costs during the period.

The average head count of employees during the year was Nil.

**8. Trustee remuneration and expenses**

No remuneration or expenses were paid to trustees during the period.

**9. Analysis of charitable funds**

**Unrestricted funds**

		At <b>5 April 2022</b>
		£
General funds		<u>18,928</u>
		At
		5 April 2021
		£
General funds		<u>6,522</u>

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**Achord Foundation**

England & Wales - Charity number 1189169

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# Accounts

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# SOULMATES ACADEMY FOUNDATION

## Annual Report

5 April 2021

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Statement of financial position	<b>5</b>
Notes to the financial statements	<b>6</b>

The trustees present their report and the financial statements of the charity for the year ended 5 April 2021.

### **Reference and administrative details**

#### **Registered charity name**

SOULMATES ACADEMY FOUNDATION

#### **Charity registration number**

1189169

#### **Principal office**

Kingfisher House  
Hurstwood Grange

Hurstwood Lane  
Haywards Heath  
West Sussex  
RH17 7QX

#### **The trustees**

Jeremy G Lindley (Chair)  
(Appointed 23 April 2020)

Andrea M Taylor-Cummings  
(Appointed 23 April 2020)

Jonathan E Taylor-Cummings  
(Appointed 23 April 2020)

Wendy J Grafton  
(Appointed 23 April 2020)

Gary R Hamilton  
(Appointed 17 January 2021)

## **Objects of the charity and review of the principal activities**

The charity was incorporated on 23 April 2020 with a CIO registration and is therefore governed by its CIO constitution. The principal activities of the charity are TO ADVANCE THE EDUCATION OF THE PUBLIC IN THE SUBJECT OF BUILDING STRONG, HEALTHY RELATIONSHIPS IN GENERAL AND MARRIAGES, CIVIL PARTNERSHIPS AND OTHER LONG-TERM COMMITTED PARTNERSHIPS IN PARTICULAR.

## **Policy and operating decisions of the charity rest with the Trustees**

In this, the first full year of operating, the Trustees met on several occasions to set policies, agree the strategic direction of the charity, agree budgets, discuss operational activity and to monitor the financial position. All activities of the charity this year have been led and undertaken by volunteers.

## **Vision and Mission**

Soulmates Academy Foundation has a vision to see everyone equipped to do relationships well. We believe that all relationships face a common set of fundamental hurdles, but that people can be proactively equipped to overcome these and build quality relationships. By helping people do relationships well, especially at home, we hope to rebuild health and resilience in individuals and couples, families and society at large, resulting in improved emotional and mental health statistics and reduced family breakdown and divorce rates.

Our ten-year goal is to help equip 1,000,000 people with the skills to build stronger relationships. We seek to do that by equipping individuals with the fundamentals of relationship skills so that they turn up better to relationships, have better conversations and achieve better outcomes.

Our current mission is to deliver practical, accessible and relevant content for Individuals and Couples, working through Community Organisations and Schools/Colleges.

## **Review of the year's key activities**

### **Funding**

- In this first year we have focused on building a funding base to begin the journey of equipping people. By year end, we are grateful to have secured a total of 6 regular funders giving a combined amount of £945 per month.
- We registered the charity to receive gift aid.

### **Platform Build**

- We commissioned a digital strategy agency to help us create a web presence and the technical infrastructure for running webinars and other virtual sessions. With their help, we have developed a consistent social media presence on Facebook, Instagram, Twitter and LinkedIn.
- We applied for and were awarded a grant of £10,000 per month to run adverts on Google, currently being used to drive traffic to our website.

### **Resource Development**

- We created a free, automated webinar, available on-demand, to raise awareness of the fundamentals required for successful relationships.
- We created an online 6-module self-teach course to help people develop the four fundamental habits for successful relationships. The course is currently available through our website on a "pay what you can" basis.
- We began the process of developing a small group resource for churches.

### **COVID-19 Response**

- We created a series of eight 15-minute live virtual sessions to support people across the nation in their relationships, through life under lockdown. This was attended by people from across the UK in addition to having global reach (in particular in the USA and Jamaica).
- We ran a three-week webinar series for St Albans Vineyard Church to support relationships in their congregation during the early stages of life under lockdown.

### **Profile Building & Strategic Alliances**

- Our co-founders were invited to be guest interviewees on a number of podcasts and Radio / TV shows (Revelation TV, Premier Christian Radio, Premier Gospel).
- Our co-founders are regular invited guests to the Westminster-based All Party Parliamentary Group focused on Strengthening Couple Relationships and Reducing Inter-parental Conflict.
- Our co-founders have been invited to become part of the Marriage Strategy Forum, an exclusive group of Christian charities considered leaders in the field of marriage and relationships.
- The charity Care for the Family have been very generous with their time and advice in helping us develop the small group resource for churches, with offers of ongoing support as we continue to develop this in the year ahead.

## **Future Developments**

The focus for the financial year 2021/22 will be on finalising developments of, and launching, the small group resource for churches, complete with workbooks and facilitator packs. Thereafter, we plan to create and roll out similar materials for a wider range of community groups.

- Speed of implementation will depend to a greater extent on finding the right external partners and resources to help bring it to life.
- As at year-end, three churches have already agreed to pilot this material when it is available (anticipated Q2 2022).

## **Policy Development**

### **Conflict of Interest Policy**

This was developed in line with best practice and is monitored at the start of each Trustee meeting.

### **Safeguarding Policy (Vulnerable Adults)**

The Trustees implemented a policy for the protection of Vulnerable Adults during the year in line with best practice.

### **Other Policies**

In line with Charity Commission guidelines the Directors have also developed and monitor the following policies: Volunteer Policy, Paying Staff Policy, Lone Workers Policy, Expenses Policy, Complaints Policy.

## **Risks**

The charity has assessed risks and prioritised the principal ones, each of which are allocated to a Trustee for mitigation and monitoring. The principal risks were assessed to be related to data security. The Charity is in the process of identifying best practice and implementing appropriate data security protocols.

## **Financial Review**

The financial statements set out on pages 4-9 show an income of £15,704 and expenses of £9,182. Balance at year end was £6,522.

## **Reporting Accountants**

PRB Accountants have agreed to review and prepare the Charity's accounts, as part of their pro bono services.

The trustees' annual report was approved on 03.02.22 and signed on behalf of the board of trustees by:

J G Lindley  
Chair of Trustees

**2021**

	<b>Note</b>	<b>Total funds</b> £
<b>Income and endowments</b>		
Donations and legacies	4	15,704
<b>Total income</b>		15,704
<b>Expenditure</b>		
Expenditure on charitable activities	5,6	9,182
<b>Total expenditure</b>		9,182
<b>Net income and net movement in funds</b>		6,522
<b>Reconciliation of funds</b>		
Total funds brought forward		—
Net income for the period		6,522
<b>Total funds carried forward</b>		6,522

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

	<b>Note</b>	<b>2021</b> £
<b>Current assets</b>		
Cash at bank and in hand		6,522
<b>Net current assets</b>		6,522
<b>Total assets less current liabilities</b>		6,522

These financial statements were approved by the board of trustees and authorised for issue on 03.02.22 and are signed on behalf of the board by:

J G Lindley  
Chair of Trustees

## **1. General information**

The charity is a public benefit entity and a registered charity in England and Wales and is a charitable incorporated organisation (CIO). The address of the principal office is Kingfisher House, Hurstwood Grange, Hurstwood Lane, Haywards Heath, West Sussex RH17 7QX.

## **2. Statement of compliance**

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

## **3. Accounting policies**

### **Basis of preparation**

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

### **Going concern**

There are no material uncertainties about the charity's ability to continue.

### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

### **Incoming resources**

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

## Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

## Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

**4. Donations and legacies**

	<b>Total Funds 2021</b>
	<b>£</b>
<b>Donations</b>	
Donations	14,685
<b>Gifts</b>	
Gift aid	1,019
	<hr/>
	15,704
	<hr/> <hr/>

**5. Expenditure on charitable activities by fund type**

	<b>Total Funds 2021</b>
	<b>£</b>
Unrestricted funds	9,182
	<hr/>

**6. Expenditure on charitable activities by activity type**

	Activities undertaken directly	<b>Total funds 2021</b>
	<b>£</b>	<b>£</b>
Support costs	9,182	9,182
		<hr/> <hr/>

**7. Staff costs**

There were no staff costs during the period.

The average head count of employees during the year was Nil.

**8. Trustee remuneration and expenses**

No remuneration of or expenses were paid to trustees during the period.