

AFGHAN SPORTS TRUST (AST)

England & Wales · Charity number 1189138

Details

Status Registered

Legal form CIO

Registered 2020-04-20

Register [View on the Charity Commission register](#)

Contact

Address 5a Pipers Avenue
Harpenden
AL5 1HB

Phone +447747047591

Email info@afghansportstrust.org

Website www.afghansportstrust.org

Activities

Objects: TO ADVANCE SUCH CHARITABLE PURPOSES (ACCORDING TO THE LAW OF ENGLAND AND WALES) AS THE TRUSTEES SEE FIT FROM TIME TO TIME IN PARTICULAR BUT NOT LIMITED TO THE ADVANCEMENT OF AMATEUR SPORT TO YOUNG PEOPLE IN AFGHANISTAN FOR THE PUBLIC BENEFIT BY MAKING GRANTS AND AWARDS.

Activities: The Afghan Sports Trust helps fund grassroots sports organisations and sports clubs in Afghanistan. This is achieved by awarding grants to sports clubs and events which we know can make a real difference to people's lives. Full details of how to apply and our eligibility criteria can be found on our website www.afghansportstrust.org

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations
- **What:** Amateur Sport
- **Who:** Children/young People, Other Charities Or Voluntary Bodies

Geography

- Afghanistan

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£5,270	£5,923	-	-
2024-04-05	£8,482	£11,909	-	-
2023-04-05	£18,989	£10,334	-	-
2022-04-05	£16,483	£9,367	-	-
2021-04-05	£17,421	£14,398	-	-

Trustees

Name	Role	Appointed
James Bingham CEO	Chair	2020-02-12
Juliane Weymann		2020-08-26
Stefano Franzoso		2023-12-03
Zeinab Rezaie		2021-10-11

AFGHAN SPORTS TRUST (AST)

England & Wales - Charity number 1189138

Accounts



Afghan Sports Trust (AST)
Annual Report 05th April 2024 to 04th April 2025
Registered Charity Number: 1189138

Annual Report Supporting Notes

1. Objectives & Activities

1.1 Our Mission Statement

The Afghan Sports Trust provides grants for grassroots sports organisations and sports clubs in Afghanistan.

“Sports is a cost-effective and powerful tool for promoting important human values such as respect for rules and for others, teamwork, discipline, diversity, hospitality and empathy.” – UN Sustainable Development goal 3

People will often think of Afghanistan as a place of instability, conflict, or poverty. But it is also a country with a long history, great beauty, and incredible generosity. Too often we only hear one side of the story, and it’s important to try to locate and create positive stories, a sense of pride, and a way for people to enjoy themselves together. Sport can provide all those things.

1.2 Summary of Activities

The Afghan Sports Trust (AST) supports local sports clubs and groups in Afghanistan. We also assist Afghans who have migrated following the 2021 political transition and are using sport to help integrate into new environments. In addition, support Afghans overseas who are delivering sports projects either in Afghanistan or within Afghan communities in transition. Eligible groups and individuals may receive financial assistance through our grant-making programme.

We are pleased to have provided grants and disbursements to a number of projects and individuals during this reporting period.

1.3 Regard to public benefit

Sports activities deliver clear public benefit by supporting both physical and mental health, while also contributing to positive social change. Our distribution of small-scale grants to grassroots sports movements and clubs has helped create the foundations for wider access to sport for the general public, with particular benefit to vulnerable groups and young people.

Since the 2021 regime change, supporting women's participation in sport has become significantly more challenging. Although we continue to assist where possible, programmes involving women almost always have to operate discreetly and in private settings, as women are currently not permitted to take part in sports in public. Despite these constraints, we remain committed to enabling safe and meaningful opportunities for women and girls to stay active.

2. Achievements and Performance

The Afghan Sports Trust has established itself as a reliable organisational structure to which sports movements, organisations, and clubs can apply for support. It also serves as a platform for information sharing and networking across the Afghan sporting community. The organisations receiving funding from the Afghan Sports Trust represent a diverse range of sports, spanning both winter and summer disciplines. Activities are delivered not only in the capital, Kabul, but also across multiple provinces, ensuring a decentralised approach that supports broader reach and greater impact.

3. Financial Review

3.1 Income

We have received income of £5,970 of which £5,970 was unrestricted.

Income during the year was received primarily from:

- Fundraising collaboration with our charity partners, the 'Secret Marathon'
- Individual donations
- Charity runner packages offered through the Ring O' Fire ultramarathon, where participants raise funds on behalf of the Afghan Sports Trust

3.2 Expenditure

The AST distributed grants to a number of projects, charity partners and individuals. In total we issued grants amounting to £5,923.

3.3 Year End Balance

The balances at the end of the reporting period are £14,714 all unrestricted.

3.4 Additional items

No additional items to note.

4. Structure, Governance and Management

4.1 Type of Governing Document:

CIO - FOUNDATION Registered 20 Apr 2020

4.2 How the charity is constituted:

Charity Incorporated Organisation

4.3 Trustee selection methods

Every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees

5. Reference and Administrative details

Charity name	Afghan Sports Trust (AST)
Registered charity number	1189138
Charity's principal address	5a Pipers Avenue HARPENDEN AL5 1HB
Website	www.afghansportstrust.org

6. Charity Details

Name	Position	Notes
James Bingham	Chairman	
Juliane Weymann	Trustee	
Keith MacIntosh	Trustee	Deceased in August 2025
Zeinab Rezaie	Trustee	
Stefano Franzoso	Treasurer	

Declarations

**The trustees declare that they have approved the trustees' report above.
Signed on behalf of the charity's trustees**

Name: Stefano Franzoso

Position: Treasurer

Date: 25 January 2026

Afghan Sports Trust

Statement of Financial Activities (Income & Expense)

April 6, 2024 to April 5, 2025

	£	£	£
	Unrestricted	Restricted	Endowment
<i>Income</i>			
Income and Endowments	5,269.62		
Total Income	5,269.62		
<i>Expenses</i>			
Expenditure	(5,922.60)		
Total Expenses	(5,922.60)		
Net Resource movement	(652.98)		
Transfers between funds			
Net movements in funds	(652.98)		
Total funds brought forward	15,366.74		
Total funds carried forward	14,713.76		

£

Total

5,269.62

5,269.62

(5,922.60)

(5,922.60)

(652.98)

-

(652.98)

15,366.74

14,713.76

Afghan Sports Trust

Charity Commission Registration Number 1189138

Balance Sheet - Detail

As at April 5, 2025

£

Current Assets

Cash At Bank and in Hand	<u>14,713.76</u>
Net Assets	14,713.76

Funds & reserves

Restricted funds	-
Unrestricted General Funds	<u>14,713.76</u>
Funds Provided	14,713.76

AFGHAN SPORTS TRUST (AST)

England & Wales - Charity number 1189138

Accounts



Afghan Sports Trust (AST)
Annual Report 05th April 2023 to 04th April 2024
Registered Charity Number: 1189138

Annual Report Supporting Notes

1. Objectives & Activities

1.1 Our Mission Statement

The Afghan Sports Trust provides grants for grassroots sports organisations and sports clubs in Afghanistan.

“Sports is a cost-effective and powerful tool for promoting important human values such as respect for rules and for others, teamwork, discipline, diversity, hospitality and empathy.” – UN Sustainable Development goal 3

People will often think of Afghanistan as a place of instability, conflict, or poverty. But it is also a country with a long history, great beauty, and incredible generosity. Too often we only hear one side of the story, and it's important to try to locate and create positive stories, a sense of pride, and a way for people to enjoy themselves together. Sport can provide all those things.

1.2 Summary of Activities

The Afghan Sports Trust (AST) is a charity that supports local sports clubs and groups in Afghanistan. We also aid Afghans who have migrated after the 2021 political change and are using sport to adjust to their new environments. In addition, we can help Afghans overseas who are engaged in sports projects in Afghanistan or for Afghan communities in transition. We give financial assistance to both groups and individuals who are eligible.

We are pleased to have been able to provide grants and disbursements to several projects, individuals and other registered charity partners on behalf. This included

- Afghan Peaks Charity
- Kabul Equal NGO
- Free to Run NGO

- Various projects in Afghanistan which have supported Cycling, Table Tennis, Skiing, Parkour, Cross Fit, Yoga and Martial Arts

1.3 Regard to public benefit

Sports activities generate individual benefit with regards to physical and mental health and provide for societal change. The distribution of small-scale grants to grassroots sports movements and clubs built the foundation for greater access to sports for the general public, and more specifically vulnerable groups such as women and youth.

2. Achievements and Performance

The Afghan Sports Trust established itself as a reliable organisational structure to which sports movements, organisations and clubs tendered for support and served as platform for information sharing and networking.

The organisations receiving funding support from the Afghan Sports Trust represent a diverse range of sports activities, including winter and summer sports. Activities are not planned only in the capital Kabul, but in several provinces in the country, assuring a decentralised approach for greater impact.

Note: Writing this report in February 2025, it can be acknowledged that since August 2021, when the Taliban took control of Afghanistan, there have been significant changes for organisations and individuals operating in the country, including the recipients and final beneficiaries of the Afghan Sports Trust.

3. Financial Review

3.1 Income

We have received income of £8,482 of which £8,482 was unrestricted.

Income during the year was received primarily from:

- Fundraising collaboration with our Charity partners 'Secret Marathon'
- Funds received via individual donations

3.2 Expenditure

The AST distributed grants to a number of projects, charity partners and individuals. In total we issued grants amounting to £11,909.

3.3 Year End Balance

The balances at the end of the reporting period are £15,367 all unrestricted. The unrestricted amount has continued to be used to fund grassroots sports projects whilst the restricted funds of £3,193 earmarked for the next Marathon of Afghanistan event have been unrestricted by unanimous decision of the trustees due the insurmountable obstacle the Taliban regime currently represent over the running of the event.

3.4 Additional items

No additional items to note.

4. Structure, Governance and Management

4.1 Type of Governing Document:

CIO - FOUNDATION Registered 20 Apr 2020

4.2 How the charity is constituted:

Charity Incorporated Organisation

4.3 Trustee selection methods

Every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees

5. Reference and Administrative details

Charity name	Afghan Sports Trust (AST)
Registered charity number	1189138
Charity's principal address	5a Pipers Avenue HARPENDEN AL5 1HB
Website	www.afghansportstrust.org

6. Charity Details

Name	Position	Notes
James Bingham	Chairman	
Juliane Weymann	Trustee	
Keith MacIntosh	Trustee	
Ian O'Toole	Treasurer	Resigned February 2024
Zeinab Rezaie	Trustee	
Stefano Franzoso	Treasurer	Appointed December 2023

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Name: Stefano Franzoso

Position: Treasurer

Date: 04 February 2025

Afghan Sports Trust

Statement of Financial Activities (Income & Expense)

April 6, 2023 to April 5, 2024

	£	£	£
	Unrestricted	Restricted	Endowment
<i>Income</i>			
Income and Endowments	<u>8,482.13</u>	<u> </u>	<u> </u>
Total Income	8,482.13		
<i>Expenses</i>			
Expenditure	<u>(11,909.15)</u>	<u> </u>	<u> </u>
Total Expenses	(11,909.15)		
Net Resource movement	(3,427.02)		
Transfers between funds	<u>3,193.03</u>	<u>(3,193.03)</u>	<u> </u>
Net movements in funds	(233.99)		
Total funds brought forward	15,600.73	 	
Total funds carried forward	15,366.74		

£

Total

8,482.13

8,482.13

(11,909.15)

(11,909.15)

(3,427.02)

-

(233.99)

15,600.73

15,366.74

Afghan Sports Trust

Charity Commission Registration Number 1189138

Balance Sheet - Detail

As at April 5, 2024

£

Current Assets

Cash At Bank and in Hand	<u>15,366.74</u>
Net Assets	15,366.74

Funds & reserves

Restricted funds	-
Unrestricted General Funds	<u>15,366.74</u>
Funds Provided	15,366.74

AFGHAN SPORTS TRUST (AST)

England & Wales - Charity number 1189138

Accounts



Afghan Sports Trust (AST)
Annual Report 05th April 2022 to 04th April 2023
Registered Charity Number: 1189138

Annual Report Supporting Notes

1. Objectives & Activities

1.1 Our Mission Statement

The Afghan Sports Trust provides grants for grassroots sports organisations and sports clubs in Afghanistan.

“Sports is a cost-effective and powerful tool for promoting important human values such as respect for rules and for others, teamwork, discipline, diversity, hospitality and empathy.” – UN Sustainable Development goal 3

People will often think of Afghanistan as a place of instability, conflict, or poverty. But it is also a country with a long history, great beauty, and incredible generosity. Too often we only hear one side of the story, and it’s important to try to locate and create positive stories, a sense of pride, and a way for people to enjoy themselves together. Sport can provide all those things.

1.2 Summary of Activities

The Afghan Sports Trust (AST) is a charity that supports local sports clubs and groups in Afghanistan. We also aid Afghans who have migrated after the 2021 political change and are using sport to adjust to their new environments. In addition, we can help Afghans overseas who are engaged in sports projects in Afghanistan or for Afghan communities in transition. We give financial assistance to both groups and individuals who are eligible.

We are pleased to have been able to provide grants and disbursements to several projects, individuals and other registered charity partners on behalf. This included

- Afghan Peaks
- Free to Run
- Ascend Athletics
- Various projects in Afghanistan which have supported Table Tennis, Yoga and Martial Arts

1.3 Regard to public benefit

Sports activities generate individual benefit with regards to physical and mental health and provide for societal change. The distribution of small-scale grants to grassroots sports movements and clubs built the foundation for greater access to sports for the general public, and more specifically vulnerable groups such as women and youth.

2. Achievements and Performance

The Afghan Sports Trust established itself as a reliable organisational structure to which sports movements, organisations and clubs tendered for support and served as platform for information sharing and networking.

The organisations receiving funding support from the Afghan Sports Trust represent a diverse range of sports activities, including winter and summer sports. Activities are not planned only in the capital Kabul, but in several provinces in the country, assuring a decentralised approach for greater impact.

Note: Writing this report in February 2024, it can be already acknowledged that in August 2021, the Taliban became the ruling power in Afghanistan which resulted in massive changes for organisations and individuals to operate and perform, including recipients and final beneficiaries of the Afghan Sports Trust.

3. Financial Review

3.1 Income

We have received income of £18,989 of which £7,897 was unrestricted and £11,002 was restricted. The restricted funds were earmarked for the Marathon of Afghanistan annual event.

Income during the year was received primarily from:

- Fundraising collaboration with our Charity partners ‘Secret Marathon’
- Funds received via individual donations

3.2 Expenditure

The AST distributed grants to a number of projects, charity partners and individuals. In total we issued grants amounting to £5,756.

The expenditure for the Marathon of Afghanistan restricted fund amounted to £4,578. This was to fund support payments to an agreed list of contributors who have assisted with the administration and organisation of the event.

3.3 Year End Balance

The balances at the end of the reporting period are £15,601 unrestricted and £3,193 restricted. The unrestricted amount has continued to be used to fund grassroots sports projects whilst the restricted fund amounts are earmarked for the next Marathon of Afghanistan event. This event has yet to be held due to ongoing developments in Afghanistan.

3.4 Additional items

No additional items to note.

4. Structure, Governance and Management

4.1 Type of Governing Document:

CIO - FOUNDATION Registered 20 Apr 2020

4.2 How the charity is constituted:

Charity Incorporated Organisation

4.3 Trustee selection methods

Every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees

5. Reference and Administrative details

Charity name	Afghan Sports Trust (AST)
Registered charity number	1189138
Charity's principal address	5a Pipers Avenue HARPENDEN AL5 1HB
Website	www.afghansportstrust.org

6. Charity Details

Name	Position	Notes
James Bingham	Chairman	
Juliane Weymann	Trustee	
Keith MacIntosh	Trustee	
Ian O'Toole	Treasurer	
Zeinab Rezaie	Trustee	
Stefano Franzoso	Trustee	Joined 03 December 2023

Declarations

**The trustees declare that they have approved the trustees' report above.
Signed on behalf of the charity's trustees**

Name: Ian O'Toole

Position: Treasurer

Date: 05 February 2024

Afghan Sports Trust
Statement of Financial Activities (Income & Expense)

April 6, 2022 to April 5, 2023

	Unrestricted	Restricted	Endowment	Total
<i>Income</i>				
Income and Endowments	7,986.85	11,002.30		18,989.15
Total Income	7,986.85	11,002.30	0.00	18,989.15
<i>Expenses</i>				
Expenditure	5,756.08	4,578.17		10,334.25
Total Expenses	5,756.08	4,578.17	0.00	10,334.25
Net Resource Movement	2,230.77	6,424.13	0.00	8,654.90
Transfers Between Funds	11,825.95	-11,825.95	0.00	0.00
Net Movement in Funds	14,056.72	-5,401.82	0.00	8,654.90
Total Funds Brought Forward	1,544.01	8,594.85	0.00	10,138.86
Total Funds Carried Forward	15,600.73	3,193.03	0.00	18,793.76

Afghan Sports Trust
Charity Commission Registration Number 1189138
Balance Sheet - Detail
As at April 5, 2023

Current Assets

Cash At Bank And In Hand	18,794
Net Assets	18,794

Funds & Reserves

Restricted Funds	3,193
Unrestricted General Funds	15,601
Funds Provided	18,794

Afghan Sports Trust

Income by Account

April 6, 2022 through April 5, 2023

Type	Date	Reference	Name	Memo	Account	Amount
Income and Endowments						
Income from Charitable Activities						
Rent for Use of Charity Centre						
						0.00
						0.00
Income from Donations and Legacies						
Donation	25/4/2022	SECRET 3K CHAPS STG	Secret Marathon	SECRET 3K CHAPS STG R00398DX	Afghan Sports Trust	1,803.94
Donation	29/4/2022	SECRET 3K CHAPS STG	Secret Marathon	SECRET 3K CHAPS STG R00644DX	Afghan Sports Trust	3,105.17
Donation	3/5/2022	SECRET 3K CHAPS STG	Secret Marathon	SECRET 3K CHAPS STG R01057DX	Afghan Sports Trust	3,109.65
Donation	4/5/2022	SECRET 3K FOREIGN PA	Secret Marathon	SECRET 3K FOREIGN PAYT RECD	Afghan Sports Trust	2,983.54
Donation	20/6/2022	Rover youth CROWSON	Crowson Rovers	Rover youth CROWSON P ROVERS	Afghan Sports Trust	500.00
Donation	25/8/2022	STRIPE Stripe Paymen	Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	226.57
Donation	30/8/2022	STRIPE Stripe Paymen	Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	19.52
Donation	30/8/2022	STRIPE Stripe Paymen	Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	19.52
Donation	30/8/2022	STRIPE Stripe Paymen	Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	19.52
Donation	30/8/2022	STRIPE Stripe Paymen	Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	4.73
Donation	2/9/2022	STRIPE Stripe Paymen	Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	19.52
Donation	5/9/2022	STRIPE Stripe Paymen	Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	29.18
Donation	7/9/2022	STRIPE Stripe Paymen	Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	29.18
Donation	8/9/2022	STRIPE Stripe Paymen	Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	53.83
Donation	12/9/2022	STRIPE Stripe Paymen	Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	137.04
Donation	22/9/2022	STRIPE Stripe Paymen	Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	98.20
Donation	23/9/2022	PPWDL48TJ2225349RN P	Paypal	PPWDL48TJ2225349RN PAYPAL	Afghan Sports Trust	886.13
Donation	15/11/2022		Thompson, Dan	DAN THOMPSON THOMPSON D J	Afghan Sports Trust	200.00
Donation	21/11/2022		Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	24.45
Donation	24/11/2022		Secret 3k	Secret 3K Wise J Bingham	Afghan Sports Trust	617.98
Donation	26/1/2023		Secret 3k	SECRET 3K WISE (CAD)	Afghan Sports Trust	271.10
Donation	1/2/2023		Secret 3k	SECRET 3K WISE J Bingham	Afghan Sports Trust	221.48
Donation	7/2/2023		Stripe	STRIPE Stripe Payments UK	Afghan Sports Trust	4.73
Donation	9/2/2023		Secret 3k	SECRET 3K WISE J Bingham	Afghan Sports Trust	292.39
Donation	20/2/2023		Secret 3k	SECRET 3K WISE J Bingham	Afghan Sports Trust	294.74
Donation	23/2/2023		Secret 3k	SECRET 3K WISE J Bingham	Afghan Sports Trust	683.62
Donation	6/3/2023		Secret 3k	SECRET 3K WISE J Bingham	Afghan Sports Trust	204.02
Donation	8/3/2023		Secret 3k	SECRET 3K WISE J Bingham	Afghan Sports Trust	590.16
Donation	15/3/2023		Secret 3k	SECRET 3K WISE J Bingham	Afghan Sports Trust	1,686.73
Donation	22/3/2023		Secret 3k	SECRET 3K WISE J Bingham	Afghan Sports Trust	492.85
Donation	29/3/2023		Paypal	PPWDL48TJ22222CY58 PAYPAL	Afghan Sports Trust	330.00
Donation	29/3/2023		Secret 3k	SECRET 3K WISE J Bingham	Afghan Sports Trust	29.66

Afghan Sports Trust
Income by Account
 April 6, 2022 through April 5, 2023

Type	Date	Reference	Name	Memo	Account	Amount
Gift Aid Claimed						
						0.00
						18,989.15
Income from Other Trading Activities						
						0.00
Investment Income						
Interest Received						
						0.00
						0.00
Other Incoming Resources						
Foreign Currency Gains\Losses						
						0.00
Insurance Claims						
						0.00
						0.00
						18,989.15
TOTAL						18,989.15

Afghan Sports Trust
Expenses by Account
 April 6, 2022 through April 5, 2023

Type	Date	Reference	Name	Memo	Account	Amount
Expenditure						
Charitable Activities						
Online Payment	12/4/2022	AST Italy Run Card S	Stefano Franzoso	AST Italy Run Cards x3 via Stefano Franzoso	Afghan Sports Trust	50.10
Online Payment	3/5/2022	Toronto Masouda	Masouda	Sent via Keith	Afghan Sports Trust	48.60
Online Payment	16/5/2022	UOTR4907174 Western	Gul Hussain	UOTR4907174 Western Union	Afghan Sports Trust	286.10
Online Payment	13/6/2022	UOTR4918963 Western	Ascend Athletics	UOTR4918963 Western Union	Afghan Sports Trust	1,010.00
Payment	29/6/2022	48TJ222B3C3E8 PAYPAL	Sayed Zia Jafari	48TJ222B3C3E8 PAYPAL PAYMENT	Afghan Sports Trust	264.62
Payment	11/7/2022	48TJ222B3C3E8 PAYPAL	Free to Run	48TJ222B3C3E8 PAYPAL PAYMENT	Afghan Sports Trust	1,501.52
Payment	19/7/2022	MoA Disbursements Ja	Marathon of Afghanistan	MoA Disbursements James Bingham	Afghan Sports Trust	4,027.45
Payment	23/9/2022	AST-ROF2022	Paypal	AST-ROF2022	Afghan Sports Trust	195.00
Online Payment	23/11/2022	Return of donation	Dan Thompson	Refund to Dan Thompson via James Bingham	Afghan Sports Trust	200.00
Payment	23/12/2022		Afghan Peaks	UOTR5010088 Western Union - Afghan Peaks \$1000	Afghan Sports Trust	857.74
Payment	31/1/2023		Coinbase Reimbursement	Shekeb & Hazara Solidarity	Afghan Sports Trust	1,039.25
Payment	8/2/2023		Yoga Programme (Name redacted)	Yoga Programme Part 1 (\$430)	Afghan Sports Trust	359.32
Payment	23/3/2023		Mohammad Bilal Mirbat Zai	Transaction Fees with donation	Afghan Sports Trust	2.43
Charity Management & Administration						
Payment	7/3/2023		James Bingham	Web Hosting Reimbursement	Afghan Sports Trust	403.59
Payment	23/3/2023		James Bingham	Wise Payment (reimbursed Jan 2024)	Afghan Sports Trust	88.53
Bank Charges						
Total Bank Charges						0.00
Interest Paid						
Total Interest Paid						0.00
Total Charity Management & Administration						492.12
Total Charitable Activities						10,334.25
Expenditure on Raising Funds						
Total Expenditure on Raising Funds						0.00
Total Expenditure						10,334.25
TOTAL						10,334.25

AFGHAN SPORTS TRUST (AST)

England & Wales - Charity number 1189138

Accounts



Afghan Sports Trust (AST)
Annual Report 05th April 2021 to 04th April 2022
Registered Charity Number: 1189138

Annual Report Supporting Notes

1. Objectives & Activities

1.1 Our Mission Statement

The Afghan Sports Trust provides grants for grassroots sports organisations and sports clubs in Afghanistan.

“Sports is a cost-effective and powerful tool for promoting important human values such as respect for rules and for others, teamwork, discipline, diversity, hospitality and empathy.” – UN Sustainable Development goal 3

People will often think of Afghanistan as a place of instability, conflict, or poverty. But it is also a country with a long history, great beauty, and incredible generosity. Too often we only hear one side of the story, and it's important to try to locate and create positive stories, a sense of pride, and a way for people to enjoy themselves together. Sport can provide all those things.

1.2 Summary of Activities

The Afghan Sports Trust is recognised as reliable cooperation partner for sports related organisations, movements and clubs in Afghanistan. Unfortunately, the regime change in August 2021, meant we were unable to make grants to any sports organisations within Afghanistan during this time period.

However we are pleased to have been able to provide emergency support to several registered charity partners on behalf of both AST and the Marathon of Afghanistan. This included emergency grants to:

- Free to Run
- Ascend Athletics
- Afghan Aid
- She Can Tri

1.3 Regard to public benefit

Sports activities generate individual benefit with regards to physical and mental health and provide for societal change. The distribution of small-scale grants to grassroots sports movements and clubs built the foundation for greater access to sports for the general public, and more specifically vulnerable groups such as women and youth.

2. Achievements and Performance

The Afghan Sports Trust established itself as a reliable organisational structure to which sports movements, organisations and clubs tendered for support and served as platform for information sharing and networking.

The organisations receiving funding support from the Afghan Sports Trust represent a diverse range of sports activities, including winter and summer sports. Activities are not planned only in the capital Kabul, but in several provinces in the country, assuring a decentralised approach for greater impact.

Whilst activity was subdued during the reporting period, we were in regular contact with more than a dozen sports organisations and clubs. We are pleased to report that we have been able to fund more projects after this reporting period ended in 2022 and into 2023.

Note: Writing this report in February 2023, it can be already acknowledged that in August 2021, the Taliban became the ruling power in Afghanistan which resulted in massive changes for organisations and individuals to operate and perform, including recipients and final beneficiaries of the Afghan Sports Trust.

3. Financial Review

3.1 Income

We have received income of £16,482 of which £120 was unrestricted and £16,363 was restricted. The restricted funds were earmarked for the Marathon of Afghanistan event in 2021 and a Ski Lift Project.

Income during the year was received primarily from:

- Virtual run with donations made via Eventbrite
- Donations from other charities such as Run the World fund, SheCanTri and the Secret Marathon event
- A donation for the Ski Lift project by a private donor
- Additional funds were received via individual donations and the sale of goods (artwork, AST branded clothing etc)

3.2 Expenditure

The main expenditure for the year was from the Restricted funds which related to the Marathon of Afghanistan of £4,434. This was to fund:

- Support payments to an agreed list of contributors who have assisted with the administration and organisation of the event
- Donations to charity partners as agreed with the MoA. These were AfghanAid, Free to Run and She Can Tri.

In addition to MoA funds, the AST distributed emergency grants to our charity partners:

- Free to Run
- Ascend Athletics

Unfortunately, the proposed ski lift project was cancelled due to the logistical difficulties and changes in the political environment. The funds were returned in full to the donor.

3.3 Year End Balance

The balances at the end of the reporting period are £1,544 unrestricted and £8,594 restricted. The unrestricted amount has continued to be used to fund grassroot sports projects whilst the restricted fund amounts are earmarked for the next Marathon of Afghanistan event. This event has yet to be held due to ongoing developments in Afghanistan.

3.4 Additional items

No additional items to note.

4. Structure, Governance and Management

4.1 Type of Governing Document:

CIO - FOUNDATION Registered 20 Apr 2020

4.2 How the charity is constituted:

Charity Incorporated Organisation

4.3 Trustee selection methods

Every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees

5. Reference and Administrative details

Charity name	Afghan Sports Trust (AST)
Registered charity number	1189138
Charity's principal address	5a Pipers Avenue HARPENDEN

	AL5 1HB
Website	www.afghansportstrust.org

6. Charity Details

Name	Position	Notes
James Bingham	Chairman	
Juliane Weymann	Trustee	
Keith MacIntosh	Trustee	
Ian O'Toole	Treasurer	
Zeinab Rezaie	Trustee	

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Name: Ian O'Toole

Position: Treasurer

Date: 12 March 2023

Afghan Sports Trust
Statement of Financial Activities (Income & Expense)

April 6, 2021 to April 5, 2022

	Total	General Fund (U)	Marathon of Afghanistan (R)	Ski Lift Project (R)
<i>Income</i>				
Income and Endowments	16,483.44	120.36	12,513.08	3,850.00
Total Income	16,483.44	120.36	12,513.08	3,850.00
<i>Expenses</i>				
Expenditure	9,367.45	1,083.58	4,433.87	3,850.00
Total Expenses	9,367.45	1,083.58	4,433.87	3,850.00
Net Resource Movement	7,115.99	-963.22	8,079.21	0.00
Net Movement in Funds	7,115.99	-963.22	8,079.21	0.00
Total Funds Brought Forward	3,022.87	2,507.23	515.64	0.00
Total Funds Carried Forward	10,138.86	1,544.01	8,594.85	0.00

Afghan Sports Trust
Income by Account
 April 6, 2021 through April 5, 2022

Type	Date	Reference	Name	Memo	Account	Amount
Income and Endowments						
Income from Charitable Activities						
Donation	1/7/2021	ZUBEK E B	Zubek, Ewa	Ski Lift	Afghan Sports Trust	3,850.00
Rent for Use of Charity Centre						
Total Rent for Use of Charity Centre						0.00
Total Income from Charitable Activities						3,850.00
Income from Donations and Legacies						
Donation	17/5/2021	Stripe Payments UK	Stripe	Stripe Payments UK	Afghan Sports Trust	33.91
Donation	14/6/2021	Stripe Payments UK	Stripe	Stripe Payments UK	Afghan Sports Trust	24.45
Donation	24/6/2021	THOMPSON D J	Run the World Fund	THOMPSON D J	Afghan Sports Trust	2,160.00
Donation	30/6/2021	FOREIGN PAYT RECD	She Can Tri	FOREIGN PAYT RECD	Afghan Sports Trust	2,052.80
Donation	16/8/2021	CHAPS STG R00136DX	Secret Marathon	CHAPS STG R00136DX	Afghan Sports Trust	3,093.31
Donation	16/2/2022	198264242687 EVENTBR	Eventbrite	198264242687 EVENTBRITE OPERATI	Afghan Sports Trust	5,206.97
Gift Aid Claimed						
Total Gift Aid Claimed						0.00
Total Income from Donations and Legacies						12,571.44
Income from Other Trading Activities						
Receipt	28/9/2021	OHM Clothing Limit	OHM Clothing	OHM Clothing Limit	Afghan Sports Trust	21.00
Receipt	28/9/2021	OHM Clothing Limit	OHM Clothing	OHM Clothing Limit	Afghan Sports Trust	11.00
Receipt	28/9/2021	OHM Clothing Limit	OHM Clothing	OHM Clothing Limit	Afghan Sports Trust	30.00
Total Income from Other Trading Activities						62.00
Investment Income						
Interest Received						
Total Interest Received						0.00
Total Investment Income						0.00
Other Incoming Resources						
Foreign Currency Gains\Losses						
Total Foreign Currency Gains\Losses						0.00
Insurance Claims						
Total Insurance Claims						0.00
Total Other Incoming Resources						0.00
Total Income and Endowments						16,483.44
TOTAL						16,483.44

Afghan Sports Trust
Expenses by Account
 May 6, 2021 through April 5, 2022

Type	Date	Reference	Name	Memo	Account	Amount
Expenditure						
Charitable Activities						
Payment	19/8/2021	PAYPAL PAYMENT	Free to Run	Emergency Grant to Free to Run	Afghan Sports Trust	376.67
Payment	25/8/2021	PAYPAL PAYMENT	Ascend Athletics	Emergency grant to Ascend	Afghan Sports Trust	382.92
Payment	18/10/2021	Ewa Zubek	Esa Zubek	Return of Ski Lift funds	Afghan Sports Trust	3,850.00
Payment	25/2/2022	James Bingham	Marathon of Afghanistan	To Daniel Etter for MoA distribution	Afghan Sports Trust	1,500.00
Payment	9/3/2022	4988243039019942 CAR	SHE CAN TRI INC.	She Can Tri for MoA	Afghan Sports Trust	577.99
Online Payment	9/3/2022	4988243039019942 CAR	Afghan Aid	Afghan Aid for MoA	Afghan Sports Trust	577.95
Online Payment	9/3/2022	4988243039019942 CAR	Free to Run	Free to Run for MoA	Afghan Sports Trust	45.44
Online Payment	18/3/2022	Sahra-i-Qala James B	Sahra-i-Qala	Sahra-i-Qala via James Bingham	Afghan Sports Trust	323.99
Online Payment	18/3/2022	UOTR4883082 Western	MoA Disbursement	Ali Shah and Sajaad Husseini	Afghan Sports Trust	582.20
Online Payment	22/3/2022	UOTR4884338 Western	Zeinab Rezaie	Zeinab for MoA	Afghan Sports Trust	291.10
Online Payment	24/3/2022	MoA Reimbursement Ja	MoA Disbursement	MoA Reimbursement James Bingham	Afghan Sports Trust	843.30
Charity Management & Administration						
Receipt	10/3/2022	4988243038022616 CAR	Wise	Refund of set up fee	Afghan Sports Trust	-16.00
Online Payment	10/3/2022	4988243038022616 CAR	Wise	Wise Set up	Afghan Sports Trust	16.00
Bank Charges						
Online Payment	9/3/2022	4988243039019942 CAR	Afghan Aid	Online processing fee	Afghan Sports Trust	15.89
Total Bank Charges						15.89
Interest Paid						
Total Interest Paid						0.00
Total Charity Management & Administration						15.89
Total Charitable Activities						9,367.45
Expenditure on Raising Funds						
Total Expenditure on Raising Funds						0.00
Total Expenditure						9,367.45
TOTAL						9,367.45

Afghan Sports Trust
Charity Commission Registration Number 1189138
Balance Sheet - Detail
As at April 5, 2022

Current Assets

Cash At Bank And In Hand

Afghan Sports Trust 10,139

Net Assets

 10,139

Funds & Reserves

Accumulated Funds (1/1/1970 - 5/4/2022) 10,139

AFGHAN SPORTS TRUST (AST)

England & Wales - Charity number 1189138

Accounts



Afghan Sports Trust (AST)
Annual Report 20th March 2020 to 05th April 2021
Registered Charity Number: 1189138

Annual Report Supporting Notes

1. Objectives & Activities

1.1 Our Mission Statement

The Afghan Sports Trust provides grants for grassroots sports organisations and sports clubs in Afghanistan.

“Sports is a cost-effective and powerful tool for promoting important human values such as respect for rules and for others, teamwork, discipline, diversity, hospitality and empathy.” – UN Sustainable Development goal 3

People will often think of Afghanistan as a place of instability, conflict, or poverty. But it is also a country with a long history, great beauty, and incredible generosity. Too often we only hear one side of the story, and it's important to try to locate and create positive stories, a sense of pride, and a way for people to enjoy themselves together. Sport can provide all those things.

1.2 Summary of Activities

During its first year of operations, the Afghan Sports Trust became recognised as reliable cooperation partner for sports related organisations, movement and clubs in Afghanistan.

We are pleased to have been able to provide support to a number of grassroots sports projects. During the financial year we have distributed grants to the following recipients:

- Free to Run
- Kabul Boys Parkour
- Drop and Ride
- Bamiyan Ski Club
- Afghan Parkour Society
- Kabul Women's Curling

1.3 Regard to public benefit

Sports activities generate individual benefit with regards to physical and mental health and provide for societal change. The distribution small-scale grants to grassroots sports movements and clubs build the foundation for greater access to sports for the general public, and more specifically vulnerable groups such as women and youth.

2. Achievements and Performance

The Afghan Sports Trust established itself as a reliable organisational structure to which sports movements, organisations and clubs tend for support and served as platform for information sharing and networking. During the reporting period, the organisation was in touch with more than a dozen sports organisations and clubs of which eight applied for support. Six applications were approved and funded.

- Free to Run:
- Kabul Boys Parkour
- Drop and Ride
- Bamiyan Ski Club
- Afghan Parkour Society
- Kabul Women's Curling

The organisation receiving funding from the Afghan Sports Trust representing a diverse range of sports activities, including winter and summer sports. Activities are not planned only in the capital Kabul, but in several provinces in the country, assuring a decentralised approach for greater impact.

The majority of the grant disbursement was implemented in the last two months of the reporting year. Recognizable differences and impacts will be visible in the course of the upcoming months and year, depending on the agreed implementation period with the respective sports organisation and shall be displayed in future reports,

Disclaimer: Writing this report in February 2022, it can be already acknowledged that in August 2021, the Taliban became the ruling power in Afghanistan which resulted in massive changes for the organisations and individual to operate and perform, including recipients and final beneficiaries of the Afghan Sports Trust work. The effects of the Taliban regime on our work will be outlined in more detail in the report covering the period from April 2021 - April 2022.

3. Financial Review

3.1 Income

We have received income of £17,421 of which £7,622 was unrestricted and £9,799 was restricted. The restricted funds were all restricted for use on the Marathon of Afghanistan event in 2020.

Income during the year was received primarily from:

- Virtual run with donations made via Eventbrite
- Donations made from other charities such as Frontline Children, CodePink and the Secret Marathon event
- Additional funds were received via individual donations and the sale of goods (artwork, AST branded clothing etc)

3.2 Expenditure

The main expenditure for the year was from the Restricted fund which was issued to the Marathon of Afghanistan of £11,062. This was to fund the hosting of the race and administration costs. Due to ongoing difficulties in distributing funds safely and efficiently into Afghanistan, the funds were distributed via Untamed Borders Ltd. Untamed Borders have a close connection to the race organisers and were able to take the funds for appropriate disbursement in line with our terms. The transfer to Untamed Borders was agreed under a signed Fiscal Sponsorship Agreement.

In addition to MoA funds, we distributed grants to the following recipients:

- Free to Run
- Kabul Boys Parkour
- Drop and Ride
- Bamiyan Ski Club
- Afghan Parkour Society
- Kabul Women's Curling

3.3 Year End Balance

The balances at the end of the reporting period are £2,507 unrestricted and £515 restricted. The unrestricted amount has continued to be used to fund grassroot projects whilst the restricted fund amounts will be distributed to the Marathon of Afghanistan for their next event. This event has yet to be held due to ongoing developments in Afghanistan currently.

3.4 Transfer between restricted and unrestricted funds

A transfer of £2,100 was made from the unrestricted fund to the restricted fund. This was due to an accounting error when reconciling the bank account which was later rectified.

3.5 Additional items

The charity incurred a small amount of expense in our attempts to distribute money internationally from UK to Afghanistan. This was due to money which was returned by the banking system and fees charged. Whilst we acknowledge that there is likely to be ongoing difficulties in distributing money to Afghanistan, to mitigate the risk of future instances

we plan to distribute funds through Payments Transfer companies (an account with Western Union has been set up) and through trusted cash couriers or other charities.

4. Structure, Governance and Management

4.1 Type of Governing Document:

CIO - FOUNDATION Registered 20 Apr 2020

4.2 How the charity is constituted:

Charity Incorporated Organisation

4.3 Trustee selection methods

Every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees

5. Reference and Administrative details

Charity name	Afghan Sports Trust (AST)
Registered charity number	1189138
Charity's principal address	5a Pipers Avenue HARPENDEN AL5 1HB
Website	www.afghansportstrust.org

6. Charity Details

Name	Position	Notes
James Bingham	Chairman	
Juliane Weymann	Trustee	
Keith MacIntosh	Trustee	
Ian O'Toole	Treasurer	
Zeinab Rezaie		Appointed 11 October 2021
James Willcox	Trustee	Trustee was in position during this financial year but has since resigned

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Name: Ian O'Toole

Position: Treasurer

Date: 04 February 2022

Afghan Sports Trust
Statement of Financial Activities (Income & Expense)

April 20, 2020 to April 5, 2021

	Unrestricted	Restricted	Endowment	Total
<i>Income</i>				
Income and Endowments	7,621.98	9,798.79		17,420.77
Total Income	7,621.98	9,798.79	0.00	17,420.77
<i>Expenses</i>				
Expenditure	3,014.75	11,383.15		14,397.90
Total Expenses	3,014.75	11,383.15	0.00	14,397.90
Net Resource Movement	4,607.23	-1,584.36	0.00	3,022.87
Transfers Between Funds	-2,100.00	2,100.00	0.00	0.00
Net Movement in Funds	2,507.23	515.64	0.00	3,022.87
Total Funds Brought Forward	0.00	0.00	0.00	0.00
Total Funds Carried Forward	2,507.23	515.64	0.00	3,022.87

Afghan Sports Trust
Charity Commission Registration Number 1189138
Balance Sheet - Detail
As at July 31, 2021

Current Assets

Cash At Bank And In Hand	11,144
Net Assets	<hr/> 11,144

Funds & Reserves

Accumulated Funds (1/1/1970 - 31/7/2021)	11,144
--	--------