



ANNUAL
**IMPACT
REPORT**

2024 - 2025

CONTENTS

Welcome & Introduction	02
Legal Information	03
Latest Achievements	04
Strategy and Action Plan	05
Catalyst For ACEs Informed Action In Northamptonshire	06
Youth Court Solutions	07
Tackling Trauma	08
Coalition with Stand Out Northamptonshire	09
Charity Children's Home Working Group Vision	10
2025+ Priorities	11
Crysalys Strategy Map	12
Our Purpose, Vision, Approach and Values	13
Contact	14

We believe every child deserves a happy youth and we would like to ask you to join us on our journey to transform the lives of thousands of disadvantaged local children and ultimately millions within the UK and beyond.

WELCOME

INTRODUCTION

Crysalys is a young dynamic Registered Charity established to address youth disadvantage. It aims to make a real difference to the lives of youngsters experiencing learning difficulties, substance abuse, mental health problems, physical abuse, neglect, criminal justice issues, homelessness and poverty.

Currently £Billions is spent in the UK every year on public and community services, which mainly work in silos focused on specific isolated themes and services. Most of this work is reactive, crisis-managed and symptom-focused. This model is failing, however, to address underlying causes. With a better model, an ACEs (Adverse Childhood Experiences) informed model, we can achieve critical and sustained positive impacts, and across generations.

The Crysalys Foundation is taking up the challenge for change – radical change. Of particular note and pride is the fact that we are already drawing national attention for some of our initiatives, such as the Youth Court Solutions and Tackling Trauma projects.

With its lean, agile and virtual operating model, Crysalys has made significant progress in pursuing its vision to be a catalyst for change.

I would like to thank all the trustees, staff and volunteers - past and present - for their dedication and hard work, with special mention of Jane Deamer, whose diligence, insights, energy, expertise and ongoing contribution have been so instrumental in the rapid progress of the major initiatives and impacts highlighted in this report.



Chair: Adrian Pryce DL

IMPACT REPORT 2024 - 2025

LEGAL INFORMATION

Registered Charity Number: 1189120

Registered Company Number: 11080543

Address: 298 Wellingborough Road, Northamptonshire, NN1 4EP

Website: www.crysalys.org

Facebook: [@crysalys.org](https://www.facebook.com/crysalys.org)

LinkedIn: [linkedin.com/company/crysalys-foundation](https://www.linkedin.com/company/crysalys-foundation)

Board of Trustees

Chair - Associate Professor, Adrian Pryce DL

Deputy Chair - Dominic Goble JP DL

Treasurer – Samuel Alexander

Trustees

Stephanie Adiele

Graham Goss FCA until January 2025

Claudia Hardy (Nee Slabon) until August 2024

Jane Toman

Mita Unalkat

Cameron Waldron from August 2024

Neville White from August 2024

Staff

Head of Innovation / Development Manager, Jane Deamer

Trauma Specialist and Trainer, Yvette Lambe

Project Manager, Felicity Botterill

Psychotherapist, Kirsty Jones

Administrator, Kate Sharkey

Volunteers

Claire Deamer

Jane Deamer

Yvette Lambe

Connie Penn

Alison Symmers



LATEST ACHIEVEMENTS



YOUTH COURT SOLUTIONS PROJECT

Flying!



COALITION

Progressing!



TRAUMA RESPONSE NORTHAMPTONSHIRE PROJECT

Progressing!



TACKLING TRAUMA UKRAINE PROJECT

Launched!



TACKLING TRAUMA PROJECT

Progressing!



TACLO TRAWMA CYMRU PROJECT

Progressing!



CHARITY CHILDREN'S HOME MODEL OF EXCELLENCE WORKING GROUP

Progressing!



TACKLING TRAUMA WEB VISITS

40,000+



STAR RESOURCES DISTRIBUTED

3,000+



TACKLING TRAUMA YOUTH APP

SUCCESSFUL!



PEOPLE PROJECT

PROGRESSING!



STAR'S JOURNEY TO EARTH!

Book Launched!



STRATEGY & ACTION PLAN

2024-25 has been another exciting and challenging year for our young and ambitious charity. We are very pleased to report we are making significant progress innovating trauma-informed strategy and practice in the UK. During the year, our focus has continued to be on preventing, reducing, mitigating and treating trauma. Existing trauma was and will be increasingly magnified by structural, social, psychological and economic impacts including the cost of living crisis, the invasion of Ukraine and the global environment and climate emergencies, which have compounded all current trauma causes and symptoms.

Our charitable objectives and activities are all the more critical now, with trauma remaining very firmly on the national and global agenda. We progressed main activities including:

- Completing three years of the Youth Court Solutions project, contributing towards a significant reduction in project beneficiary re-offending and raising funds to sustain the project until at least mid-2027,
- Progressing the People Project, to collectively tackle the causes of crime including trauma, mental health and poverty,
- Progressing the National Lottery Funded Awards for All project, Children's Star, to distribute Star Cuddle Cushions and
- Journey to Earth books across the UK in particular to areas with the highest child poverty.
- Progressing the National Lottery Community Funded pilot project, Trauma Response Northamptonshire to help children in care and address youth crime.

All projects are aligned with our Board-approved Strategy Map and Action Plan.

CATALYST AND PROJECT MANAGER FOR TRAUMA RESPONSE NORTHAMPTONSHIRE PILOT



We realized our leadership of a pilot project to test place-based cross- sector and multi-disciplinary partnership, Trauma Response Northamptonshire, undertaking a new holistic and multi-generational approach to improve the lives and outcomes for children in care and the criminal justice system.

The two-year pilot project partnership was funded by the National Lottery Community Fund in 2023 and includes Northamptonshire Youth Offending Service (NYOS), University of Northampton, Service Six, The Chrysalis Programme and Stand Out Northamptonshire Limited. The grant of almost £200,000 is funding the partnership and delivery of diverse and needs-led services to 25 young people and their families. Partners are working closely to gain insights and learn lessons about this project, another UK first innovation with support from the University of Northampton's Professor of Child Advocacy, Dr. Eunice Lumsden.

The project aims are to improve health and wellbeing, increase family resilience, reduce youth violence and offending and demonstrate that a cross-sector, multi-disciplinary and multi-generational partnership approach can successfully engage and improve outcomes for youth defendants. At any one time between 60% and 70% of youth defendants in the county are children in need or children in care. This is an unacceptable level of disproportionate representation.

The project started in November 2023. By mid-2024 the project had engaged 25 young people and families. Early indications are that sustaining engagement is problematic for a whole range of reasons including motivations, movement in the UK, social work communications and staff turnover. However, the project progresses well and the extremely valuable insights gained will inform the project's next steps and ambitions.



INNOVATOR AND PROJECT MANAGER FOR 1ST UK AT YOUTH COURT SERVICE

Youth Court Solutions

In September 2024, we successfully completed the third YCS project year. YCS is the UK's first 'at youth court problem solving' service. In September 2024, we successfully completed the third YCS project year. YCS is the UK's first 'at youth court problem solving' service. The project was funded in the year by The Linder Foundation and two private donors.

YCS engages all those impacted by crime: defendants, victims, witnesses, family and friends at court and provides needs-led information, support, self-help, brief solution-focused therapy and specialist services on themes such as accommodation, benefit, education, training, employment and substance use services. The service is delivered fortnightly at Wellingborough Magistrate's Court by regional charity Service Six (led by their CEO, Emma Campion) and Northamptonshire Youth Offending Service (led by their Area Manager, Elizabeth Fowler).

The year three targets and outcomes have been met and exceeded. The team engaged 170 youth beneficiaries (Target 150), 134 adult beneficiaries (Target 75), achieved 99% youth reach, 230 QR Code hits (Target 200) and zero beneficiary complaints (Target 0). Outcomes included increasing access to at court services, improving health and wellbeing, reducing re-offending, increasing youth and family access to Tackling Trauma resources and increasing awareness of YCS in the UK.

The wider YCS partnership included support from HMCTS, Centre for Justice Innovation, HM Lord Lieutenant of Northamptonshire James Saunders-Watson, the University of Northampton, Amanda Robinson JP (Chair of Northamptonshire County Youth Bench) and our trustee and Deputy Chair, Dominic Goble JP DL.

We are leading the management and development of YCS, chairing quarterly review meetings, managing a continuous improvement plan co-produced by all stakeholders, reporting to Northamptonshire County Youth Bench, and promoting the project across the UK.

The project continues within 2024-25 with a further grant from The Linder Foundation and investment from two private donors. The initial year 4 project data indicates further success in meeting and exceeding advanced targets and outcomes including the successful introduction of a YCS Video in May 2024, funded by a private donor. The silent video repeat plays for almost 50 minutes on two digital screens in the court reception area. The multi-media information includes the YCS offer, self-help, a local and UK help directory and how to access the full Tackling Trauma website and its resources. This new resource may further help to mitigate some of the stress and trauma associated with attending court, as well as in itself being a distraction to help self-regulate strong emotions.

Plans for 2025 include introducing single-session psychotherapy interventions and connecting the court attendees with real time virtual connectivity to the breadth of UK specialist services on symptomatic crime themes such as substance use, self-harm and eating disorders as well as causal themes such as abuse and grief.

In 2024-25, we have already created and launched a YCS Brochure, funded by The Linder Foundation, to assist other communities in implementing place-based YCS services across the UK.



The Linder Foundation



Innovator and Provider of
First UK Trauma Recovery Platform

Tackling Trauma

Taclo Trawma Cymru

Tackling Trauma Youth App

Tackling Trauma Ukraine

Thanks to continued grants from the National Lottery Community Fund, Blueberry Wellbeing and the Faraway Children's Charity, the Tackling Trauma, Tackling Trauma Together, Taclo Trawma Cymru, Tackling Trauma Ukraine and Youth App projects have significantly progressed throughout 2024-25.

The Tackling Trauma digital platform is the first of its type in the UK providing free 24/7 and 365 multi-media trauma recovery information, resources, toolkits, self-help and a national trauma directory.

The development was timely and user-friendly given the traumatic impacts of Covid-19, cost of living crisis and invasion in Ukraine. The site includes bespoke pages for children, young people, adults and professionals. Beneficiary outcomes include increased health, wellbeing, trauma knowledge and strategies. The children's page introduced a very colourful character, Star, to support parents, carers and professionals to guide children through their page.

Our soft huggable Star Cuddle Cushions have been a great success with everyone and has travelled the world already! We continue to sell Star cushions and now books so that for every three we sell we can give one away free to a traumatised child, whilst sustaining the future purchase of cushions. In 2023 Blueberry Wellbeing gave us a second grant to fund the development of a new book, Star's Journey to Earth, for us to share and sell along with the cushions. Watch out for more Star merchandise in 2025-26!

The Tackling Trauma platform is growing. All elements of the website have had a large number of visits 40,000+



Best Home or Care Home?

All money and resources for home, children and their futures

My space



Future: happy, physically & mentally healthy, achieving at school with good exam results & options for higher education, in further education, training, employed or self-employed after leaving school, no convictions & or not within the criminal justice system, active members of the community



Team:

safe, honest, reliable, really well trained, good listeners & communicators trustworthy, respectful



Therapy & group work:

what you need for as long as you need it

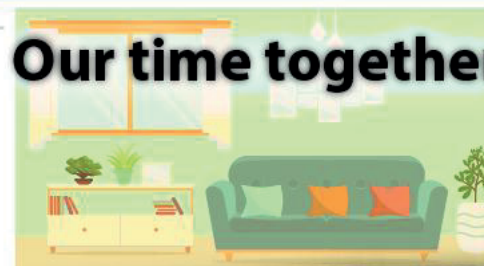


A place to call home and learn:

safe, warm, friendly, fun, activity based, comfortable, meals together, routines and boundaries



Our time together



Outcomes:
improved health,
mental health,
education, life skills,
employment and life

Activities:
sports, fitness, arts,
music, cooking,
gardening, hobbies, life
skills and business



Coalition with **Stand Out** **Northamptonshire**

STAND OUT★
NORTHAMPTONSHIRE

In June 2020, we ratified a collaboration with a Northamptonshire county charity, Stand Out Northamptonshire Limited (SON). SON is focused on improving the lives and outcomes of Northamptonshire children in care and care leavers all of whom are traumatised to varying degrees. A Coalition Project Board was established between the two charities including joint trustees. Regular project board meetings agreed to focus on and progress four initial areas of collaboration being training, data, exploring the development of a specialist trauma response and establishing a working group to co-produce a charity children's home model of excellence. During the year, all four priorities were further developed including filling data gaps, progressing the Trauma Response Northamptonshire project and partnership, which also includes Northamptonshire Youth Offending Service, Service Six and The Chrysalis Programme.

The charity children's home model has a working group representing cross-sector partner organisations including those with lived experience of the care system and fostering. We are aiming high for at least a co-produced, strengths-based, trauma-informed, impactful and sustainable model of excellence. Ideally, the model will be scalable and transferable within the UK and will transform the culture of care which is currently 70+% profit based and which mainly results in very poor outcomes for care leavers including being 4 times more likely to have had contact with mental health services, 7 times more likely to have had a permanent exclusion, 7 times more likely to have 5 or more previous convictions than their peers and care leavers account for 25% of all UK homeless.

The challenge is significant. In the last decade the number of children in care has increased by 20% and emerging figures show that social services referrals have increased by 40+% in some local authorities.

It is clear, innovative solutions are needed to meet existing and future children's needs.

There is no quick fix and we believe we are better together as no one person, organisation or sector can overcome the challenges alone and we are all responsible for the welfare and futures of all the children in our communities. The working group is committing time, energy and good hearts to get this model right.

Within the year, we have further developed the home model, and seeking a large credible partner to work alongside us in realizing the model in the UK. We hope to realise the new home model and ambitions for children by the end of 2025-26 by working closely with partners, charities and credible local delivery partners in the heart of the community. However, we recognize that this is a large commitment and it needs to be implemented well in order to maximise positive outcomes and impacts.

In 2025 the Crysaly and SON Boards ratified the decision to advance the coalition and merge Stand Out Northamptonshire with The Crysaly Foundation by March 2026. SON will become a bespoke project within the UK charity helping to take place-based insights, learning and opportunities wider within the UK.





2025+ Priorities

Streamline Tackling Trauma Website

Expand STAR resources



Extend and replicate Youth Court Solutions project

Advance coalition with Stand Out Northamptonshire

Progress with the new People Project

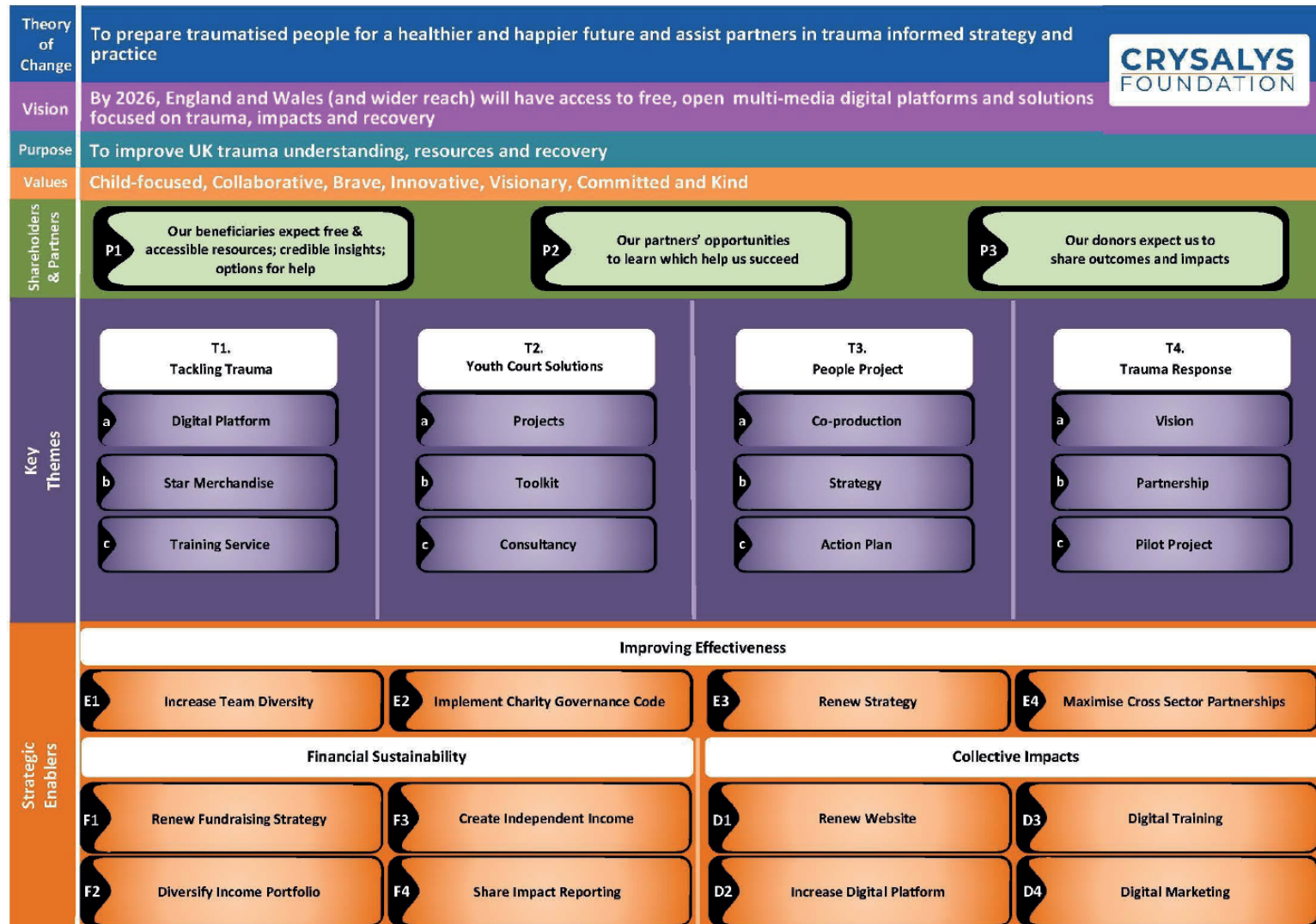
Progress Trauma Response Northamptonshire

Initiate New Projects and Partnerships

Strive for a world free of trauma



The Cryslys Foundation Strategy Map





OUR PURPOSE

Prevent, reduce, mitigate and treat adverse childhood experiences and trauma.

OUR VISION

A world free of trauma.

OUR APPROACH

Starting in Northamptonshire, Crysaly's will develop its trauma-informed model by facilitating multi-agency collaboration, measuring impacts and disseminating results through both academic and practitioner channels, so that we can share our learning nationally.

OUR VALUES

Child-focused, collaborative, brave, innovative, visionary, committed and kind.

The Crysaly's Foundation's strategy and ambitions are based on insights and learning from research, academia and guidance from cross-sector professionals and practitioners. We are grateful to all for their inputs.

TRAUMA-INFORMED
CHILD FIRST
ATTACHMENT-INFORMED

CRYSAlys

FOUNDATION



HEAD OF INNOVATION - JANE DEAMER:
07495 539611



jane@crysalys.org



CHAIR
ADRIAN PRYCE: adrian@crysalys.org



crysalys.org



[@crysalys.org](https://www.facebook.com/crysalys.org)



[linkedin.com/company/crysalys-foundation](https://www.linkedin.com/company/crysalys-foundation)

Registered Charity Number: 1189120 Registered Company Number: 11080543

REGISTERED COMPANY NUMBER: 11080543 (England and Wales)
REGISTERED CHARITY NUMBER: 1189120

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2025
for
THE CRYNALYS FOUNDATION

Infinitas Accountants Limited
Unit 6
North Business Park
Cherry Hall Road
Kettering
Northamptonshire
NN14 1UE

THE CRYBALYS FOUNDATION

Contents of the Financial Statements for the Year Ended 31 March 2025

	Page
Report of the Trustees	1 to 2
Independent Examiner's Report	3
Statement of Financial Activities	4
Balance Sheet	5
Notes to the Financial Statements	6 to 10
Detailed Statement of Financial Activities	11

THE CRYSLYS FOUNDATION

Report of the Trustees for the Year Ended 31 March 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objective of the charity is to prepare traumatised people for a healthier and happier future and to assist partners in trauma-informed strategy and practice.

The charity adopts an innovative, lean and modern model built on agility, measurable impact, low risk and limited liability. Without a central headquarters, we avoid the costs and constraints of being tied to a single location. Instead, we harness technology to stay connected and operate effectively across the UK.

Public benefit

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the Trustees consider how planned activities will contribute to the aims and objectives they have set.

ACHIEVEMENTS AND PERFORMANCE

Charitable activities

The charity has been involved in the provision of trauma services nationally and provides an online website and APP to assist people in dealing with trauma. These have now been used by increasing numbers of people (in the tens of thousands). The charity has also led a number of successful partnership pilot and research projects. The charity is backed by the National Lottery Community Fund and some other relatively major backers.

Our small, dedicated team of self-employed, remote specialist consultants bring together high-quality expertise and a wide diversity of skills and activities. This flexible approach allows us to adapt strategy and actions quickly, ensuring that more of our income and donations directly support people and projects rather than being absorbed by high overheads or large, untapped reserves.

FINANCIAL REVIEW

Financial position

The charity's income during the year originated from grants and donations which amounted to £254,701 (2024: £167,128).

Reserves policy

The charity's trustees consider that the current reserves of £228,724 at 31 March 2025 are sufficient to sustain its operations over the forthcoming year. Of the year end reserves total, £5,578 represents unrestricted funds and £223,146 represents restricted funds. Reserves are needed to temporarily fund timing gaps between the receipt and spending of income, and fund future projects. The trustees actively monitor reserves of the charity at regular trustee meetings and make appropriate arrangements to ensure the charity has adequate resources to continue to operate.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

New trustees are elected by the existing trustees of the charity with appointments and reappointments being decided on an annual basis. Trustees have the power to appoint new trustees on an interim basis until the next AGM.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

11080543 (England and Wales)

THE CRYSYLYS FOUNDATION

Report of the Trustees for the Year Ended 31 March 2025

Registered Charity number

1189120

Registered office

60 Sutton Street
Flore
Northampton
Northamptonshire
NN7 4LE

Trustees

S Adiele
S Alexander
D S R Goble
G J Goss
A H Pryce
J Toman
M Unalkat
C J Waldron
N E White

Independent Examiner

Infinitas Accountants Limited
Unit 6
North Business Park
Cherry Hall Road
Kettering
Northamptonshire
NN14 1UE

Approved by order of the board of trustees on 21 November 2025 and signed on its behalf by:

A H Pryce - Trustee

Independent examiner's report to the trustees of The Crysaly's Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Caroline Armstrong FCA

Infinitas Accountants Limited
Unit 6
North Business Park
Cherry Hall Road
Kettering
Northamptonshire
NN14 1UE

21 November 2025

THE CRYSLYS FOUNDATION

Statement of Financial Activities for the Year Ended 31 March 2025

	Notes	Unrestricted fund £	Restricted fund £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		862	253,839	254,701	167,128
Investment income	2	1,537	-	1,537	335
Total		<u>2,399</u>	<u>253,839</u>	<u>256,238</u>	<u>167,463</u>
EXPENDITURE ON					
Raising funds		-	64	64	-
Charitable activities					
Charitable		3,196	147,327	150,523	81,670
Other		1,511	-	1,511	2,586
Total		<u>4,707</u>	<u>147,391</u>	<u>152,098</u>	<u>84,256</u>
NET INCOME/(EXPENDITURE)		(2,308)	106,448	104,140	83,207
RECONCILIATION OF FUNDS					
Total funds brought forward		7,886	116,698	124,584	41,377
TOTAL FUNDS CARRIED FORWARD		<u><u>5,578</u></u>	<u><u>223,146</u></u>	<u><u>228,724</u></u>	<u><u>124,584</u></u>

The notes form part of these financial statements

THE CRYBALYS FOUNDATION

Balance Sheet 31 March 2025

	Notes	Unrestricted fund £	Restricted fund £	2025 Total funds £	2024 Total funds £
CURRENT ASSETS					
Cash in hand		7,290	230,246	237,536	125,676
CREDITORS					
Amounts falling due within one year	6	(1,712)	(7,100)	(8,812)	(1,092)
NET CURRENT ASSETS		<u>5,578</u>	<u>223,146</u>	<u>228,724</u>	<u>124,584</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		5,578	223,146	228,724	124,584
NET ASSETS		<u>5,578</u>	<u>223,146</u>	<u>228,724</u>	<u>124,584</u>
FUNDS	7				
Unrestricted funds				5,578	7,886
Restricted funds				<u>223,146</u>	<u>116,698</u>
TOTAL FUNDS				<u>228,724</u>	<u>124,584</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 21 November 2025 and were signed on its behalf by:

A H Pryce - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. INVESTMENT INCOME

	2025	2024
	£	£
Deposit account interest	1,537	335

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025	2024
	£	£
Accountancy	2,022	1,092

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were trustee's expenses paid for during the year ended 31 March 2025 totalling £269 (2024: £-).

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	11,851	155,277	167,128
Investment income	335	-	335
Total	<u>12,186</u>	<u>155,277</u>	<u>167,463</u>
EXPENDITURE ON			
Charitable activities			
Charitable	2,674	78,996	81,670
Other	107	2,479	2,586
Total	<u>2,781</u>	<u>81,475</u>	<u>84,256</u>
NET INCOME	9,405	73,802	83,207
RECONCILIATION OF FUNDS			
Total funds brought forward	(1,519)	42,896	41,377
TOTAL FUNDS CARRIED FORWARD	<u>7,886</u>	<u>116,698</u>	<u>124,584</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade creditors	7,100	-
Other creditors	1,712	1,092
	<u>8,812</u>	<u>1,092</u>

7. MOVEMENT IN FUNDS

	At 1.4.24 £	Net movement in funds £	At 31.3.25 £
Unrestricted funds			
General fund	7,886	(2,308)	5,578
Restricted funds			
Restricted Fund	116,698	106,448	223,146
TOTAL FUNDS	<u>124,584</u>	<u>104,140</u>	<u>228,724</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	2,399	(4,707)	(2,308)
Restricted funds			
Restricted Fund	253,839	(147,391)	106,448
TOTAL FUNDS	<u>256,238</u>	<u>(152,098)</u>	<u>104,140</u>

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	(1,519)	9,405	7,886
Restricted funds			
Restricted Fund	42,896	73,802	116,698
TOTAL FUNDS	<u>41,377</u>	<u>83,207</u>	<u>124,584</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

7. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	12,186	(2,781)	9,405
Restricted funds			
Restricted Fund	155,277	(81,475)	73,802
TOTAL FUNDS	<u>167,463</u>	<u>(84,256)</u>	<u>83,207</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	At 31.3.25 £
Unrestricted funds			
General fund	(1,519)	7,097	5,578
Restricted funds			
Restricted Fund	42,896	180,250	223,146
TOTAL FUNDS	<u>41,377</u>	<u>187,347</u>	<u>228,724</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	14,585	(7,488)	7,097
Restricted funds			
Restricted Fund	409,116	(228,866)	180,250
TOTAL FUNDS	<u>423,701</u>	<u>(236,354)</u>	<u>187,347</u>

8. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

THE CRYBALYS FOUNDATION

Detailed Statement of Financial Activities for the Year Ended 31 March 2025

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Grants	253,839	153,953
Donations	862	13,175
	<u>254,701</u>	<u>167,128</u>
Investment income		
Deposit account interest	1,537	335
	<u>1,537</u>	<u>335</u>
Total incoming resources	<u>256,238</u>	<u>167,463</u>
EXPENDITURE		
Other trading activities		
Purchases	64	-
Other		
Subcontractors	-	2,479
Travel	988	107
Subscriptions	523	-
	<u>1,511</u>	<u>2,586</u>
Support costs		
Management		
Rent	1,950	-
Insurance	674	383
Telephone	171	53
Postage and stationery	80	41
Advertising	-	106
Sundries	420	150
	<u>3,295</u>	<u>733</u>
Information technology		
Computer costs	-	310
Governance costs		
Accountancy	2,022	1,092
Finance costs	14,944	-
Consultancy	130,112	41,052
Legal fees	150	565
Other professional fees	-	37,918
	<u>147,228</u>	<u>80,627</u>
Total resources expended	<u>152,098</u>	<u>84,256</u>
Net income	<u>104,140</u>	<u>83,207</u>

This page does not form part of the statutory financial statements

REGISTERED COMPANY NUMBER: 11080543 (England and Wales)
REGISTERED CHARITY NUMBER: 1189120

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2025
for
THE CRYNALYS FOUNDATION

Infinitas Accountants Limited
Unit 6
North Business Park
Cherry Hall Road
Kettering
Northamptonshire
NN14 1UE

THE CRYBALYS FOUNDATION

Contents of the Financial Statements for the Year Ended 31 March 2025

	Page
Report of the Trustees	1 to 2
Independent Examiner's Report	3
Statement of Financial Activities	4
Balance Sheet	5
Notes to the Financial Statements	6 to 10
Detailed Statement of Financial Activities	11

THE CRYSLYS FOUNDATION

Report of the Trustees for the Year Ended 31 March 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objective of the charity is to prepare traumatised people for a healthier and happier future and to assist partners in trauma-informed strategy and practice.

The charity adopts an innovative, lean and modern model built on agility, measurable impact, low risk and limited liability. Without a central headquarters, we avoid the costs and constraints of being tied to a single location. Instead, we harness technology to stay connected and operate effectively across the UK.

Public benefit

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the Trustees consider how planned activities will contribute to the aims and objectives they have set.

ACHIEVEMENTS AND PERFORMANCE

Charitable activities

The charity has been involved in the provision of trauma services nationally and provides an online website and APP to assist people in dealing with trauma. These have now been used by increasing numbers of people (in the tens of thousands). The charity has also led a number of successful partnership pilot and research projects. The charity is backed by the National Lottery Community Fund and some other relatively major backers.

Our small, dedicated team of self-employed, remote specialist consultants bring together high-quality expertise and a wide diversity of skills and activities. This flexible approach allows us to adapt strategy and actions quickly, ensuring that more of our income and donations directly support people and projects rather than being absorbed by high overheads or large, untapped reserves.

FINANCIAL REVIEW

Financial position

The charity's income during the year originated from grants and donations which amounted to £254,701 (2024: £167,128).

Reserves policy

The charity's trustees consider that the current reserves of £228,724 at 31 March 2025 are sufficient to sustain its operations over the forthcoming year. Of the year end reserves total, £5,578 represents unrestricted funds and £223,146 represents restricted funds. Reserves are needed to temporarily fund timing gaps between the receipt and spending of income, and fund future projects. The trustees actively monitor reserves of the charity at regular trustee meetings and make appropriate arrangements to ensure the charity has adequate resources to continue to operate.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

New trustees are elected by the existing trustees of the charity with appointments and reappointments being decided on an annual basis. Trustees have the power to appoint new trustees on an interim basis until the next AGM.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

11080543 (England and Wales)

THE CRYSYLYS FOUNDATION

Report of the Trustees for the Year Ended 31 March 2025

Registered Charity number

1189120

Registered office

60 Sutton Street
Flore
Northampton
Northamptonshire
NN7 4LE

Trustees

S Adiele
S Alexander
D S R Goble
G J Goss
A H Pryce
J Toman
M Unalkat
C J Waldron
N E White

Independent Examiner

Infinitas Accountants Limited
Unit 6
North Business Park
Cherry Hall Road
Kettering
Northamptonshire
NN14 1UE

Approved by order of the board of trustees on 21 November 2025 and signed on its behalf by:

A H Pryce - Trustee

Independent examiner's report to the trustees of The Crysaly's Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Caroline Armstrong FCA

Infinitas Accountants Limited
Unit 6
North Business Park
Cherry Hall Road
Kettering
Northamptonshire
NN14 1UE

21 November 2025

THE CRYSLYS FOUNDATION

Statement of Financial Activities for the Year Ended 31 March 2025

	Notes	Unrestricted fund £	Restricted fund £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		862	253,839	254,701	167,128
Investment income	2	1,537	-	1,537	335
Total		<u>2,399</u>	<u>253,839</u>	<u>256,238</u>	<u>167,463</u>
EXPENDITURE ON					
Raising funds		-	64	64	-
Charitable activities					
Charitable		3,196	147,327	150,523	81,670
Other		1,511	-	1,511	2,586
Total		<u>4,707</u>	<u>147,391</u>	<u>152,098</u>	<u>84,256</u>
NET INCOME/(EXPENDITURE)		(2,308)	106,448	104,140	83,207
RECONCILIATION OF FUNDS					
Total funds brought forward		7,886	116,698	124,584	41,377
TOTAL FUNDS CARRIED FORWARD		<u><u>5,578</u></u>	<u><u>223,146</u></u>	<u><u>228,724</u></u>	<u><u>124,584</u></u>

The notes form part of these financial statements

THE CRYNALYS FOUNDATION

Balance Sheet 31 March 2025

	Notes	Unrestricted fund £	Restricted fund £	2025 Total funds £	2024 Total funds £
CURRENT ASSETS					
Cash in hand		7,290	230,246	237,536	125,676
CREDITORS					
Amounts falling due within one year	6	(1,712)	(7,100)	(8,812)	(1,092)
NET CURRENT ASSETS		<u>5,578</u>	<u>223,146</u>	<u>228,724</u>	<u>124,584</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		5,578	223,146	228,724	124,584
NET ASSETS		<u>5,578</u>	<u>223,146</u>	<u>228,724</u>	<u>124,584</u>
FUNDS	7				
Unrestricted funds				5,578	7,886
Restricted funds				<u>223,146</u>	<u>116,698</u>
TOTAL FUNDS				<u>228,724</u>	<u>124,584</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 21 November 2025 and were signed on its behalf by:

A H Pryce - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. INVESTMENT INCOME

	2025	2024
	£	£
Deposit account interest	1,537	335

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025	2024
	£	£
Accountancy	2,022	1,092

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were trustee's expenses paid for during the year ended 31 March 2025 totalling £269 (2024: £-).

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	11,851	155,277	167,128
Investment income	335	-	335
Total	<u>12,186</u>	<u>155,277</u>	<u>167,463</u>
EXPENDITURE ON			
Charitable activities			
Charitable	2,674	78,996	81,670
Other	107	2,479	2,586
Total	<u>2,781</u>	<u>81,475</u>	<u>84,256</u>
NET INCOME	9,405	73,802	83,207
RECONCILIATION OF FUNDS			
Total funds brought forward	(1,519)	42,896	41,377
TOTAL FUNDS CARRIED FORWARD	<u>7,886</u>	<u>116,698</u>	<u>124,584</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade creditors	7,100	-
Other creditors	1,712	1,092
	<u>8,812</u>	<u>1,092</u>

7. MOVEMENT IN FUNDS

	At 1.4.24 £	Net movement in funds £	At 31.3.25 £
Unrestricted funds			
General fund	7,886	(2,308)	5,578
Restricted funds			
Restricted Fund	116,698	106,448	223,146
TOTAL FUNDS	<u>124,584</u>	<u>104,140</u>	<u>228,724</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	2,399	(4,707)	(2,308)
Restricted funds			
Restricted Fund	253,839	(147,391)	106,448
TOTAL FUNDS	<u>256,238</u>	<u>(152,098)</u>	<u>104,140</u>

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	(1,519)	9,405	7,886
Restricted funds			
Restricted Fund	42,896	73,802	116,698
TOTAL FUNDS	<u>41,377</u>	<u>83,207</u>	<u>124,584</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2025

7. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	12,186	(2,781)	9,405
Restricted funds			
Restricted Fund	155,277	(81,475)	73,802
TOTAL FUNDS	<u>167,463</u>	<u>(84,256)</u>	<u>83,207</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	At 31.3.25 £
Unrestricted funds			
General fund	(1,519)	7,097	5,578
Restricted funds			
Restricted Fund	42,896	180,250	223,146
TOTAL FUNDS	<u>41,377</u>	<u>187,347</u>	<u>228,724</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	14,585	(7,488)	7,097
Restricted funds			
Restricted Fund	409,116	(228,866)	180,250
TOTAL FUNDS	<u>423,701</u>	<u>(236,354)</u>	<u>187,347</u>

8. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

THE CRYBALYS FOUNDATION

Detailed Statement of Financial Activities for the Year Ended 31 March 2025

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Grants	253,839	153,953
Donations	862	13,175
	<u>254,701</u>	<u>167,128</u>
Investment income		
Deposit account interest	1,537	335
	<u>1,537</u>	<u>335</u>
Total incoming resources	<u>256,238</u>	<u>167,463</u>
EXPENDITURE		
Other trading activities		
Purchases	64	-
Other		
Subcontractors	-	2,479
Travel	988	107
Subscriptions	523	-
	<u>1,511</u>	<u>2,586</u>
Support costs		
Management		
Rent	1,950	-
Insurance	674	383
Telephone	171	53
Postage and stationery	80	41
Advertising	-	106
Sundries	420	150
	<u>3,295</u>	<u>733</u>
Information technology		
Computer costs	-	310
Governance costs		
Accountancy	2,022	1,092
Finance costs	14,944	-
Consultancy	130,112	41,052
Legal fees	150	565
Other professional fees	-	37,918
	<u>147,228</u>	<u>80,627</u>
Total resources expended	<u>152,098</u>	<u>84,256</u>
Net income	<u>104,140</u>	<u>83,207</u>

This page does not form part of the statutory financial statements