



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

**From: Period start date 1-4-2024 To: Period end date 31-3-2025**

**Charity name: Nalam Vaala**

**Charity registration number: 1189081**

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>To advance in life and help children and young people from marginalised communities who have been displaced during and after civil war, in particular in the war-affected Northern and Eastern provinces of Sri Lanka, through:</p> <p>(a) The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life.</p> <p>(b) Providing support and activities, which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>The young people we have been supporting continued to receive mentoring and resources support.</p> <p>In addition, a laptop donated by a well-wisher was given to a young person to help in her higher studies.</p> <p>Nalam Vaala donated learning materials to 25 students from a school in Thambalawathai in Batticaloa, Eastern Sri Lanka. This school is in a very deprived area and the recipients of these donations have no living parents. Cost of this activity was £135</p> <p>Nalam Vaala also donated exercise books to 50 students age ranging from 5 to 15 years old from a deprived area in Amparai district in Eastern Sri Lanka. The beneficiaries of these donations were identified by the school as most needed. Cost of this activity was £223.</p>

		We organised a charity walk in London in August and raised just under £1,025 through crowd funding.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>The trustees are fully conversant with the guidance issued by the Charity Commission and pay due regard to it.</p> <p>The activities we carry out are in accordance with the guidance on public benefit.</p>

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	<b>N/A</b>
Policy on social investment including program related investment	Para 1.38	<b>N/A</b>
Contribution made by volunteers	Para 1.38	
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	We have completed the pilot project (English literacy after-school non-formal-learning) and awaiting a final report from the school.

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<p>With the first group of beneficiaries we started with in 2016 we have made significant life changing impact.</p> <p>Two of the beneficiaries are carrying on with their degree courses at the universities.</p>
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	

Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Finance report is attached. We have no paid staff. Trustees carried out the work on a voluntary basis.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We are currently in discussion with our volunteers and the tutors in Sri Lanka about assessing the impact of our pilot project.
Amount of reserves held	Para 1.22	<b>£ 3,253</b>
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	<b>None</b>
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>None</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Currently our principal sources of funds are from charity events and individual donations.  To prepare application for institutional funds, we should deliver more projects like the one we have just completed and produce impact assessments.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Memorandum of Articles of Association
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Any new trustees will be appointed through an open and transparent recruitment in adherence to our Equal Opportunities Policy.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	<p>The Nalam Vaala trustees have experience of working in charities or as trustees in other charities.</p> <p>Before the organisation was formally set up, a workshop was held on the roles and responsibilities of trustees of a charity and how to manage a charity.</p>
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	None
Other		

## Reference and Administrative details

Charity name	Nalam Vaala
Other name the charity uses	For a Better Life
Registered charity number	1189081
Charity's principal address	28 Collyer Avenue, Croydon, CR0 4QU

### **Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Cathamuthu Raveendradass	Chair	Whole year	
2	Alex Purssey		Whole year	
3	Kathiravelu Thambiah		Whole year	
4	Ratnasingam Rajadurai		Whole year	
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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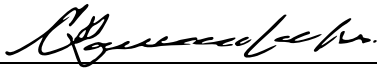
## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

#### Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Cathamuthu Raveendradass	
Position (eg Secretary, Chair, etc)	Chair	
Date	29/12/2025	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Nalam Vaala

1189081

## Receipts and payments accounts

CC16a

For the period  
from

Period start date  
01/04/2024

To

Period end date  
31/03/2025

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations		-	-	-	999
Fund raised through activity	1 017	-	-	1 017	852
Gifts (Amazon)		-	-	-	19
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>1 017</b>	<b>-</b>	<b>-</b>	<b>1 017</b>	<b>1 870</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>1 017</b>	<b>-</b>	<b>-</b>	<b>1 017</b>	<b>1 870</b>
<b>A3 Payments</b>					
Learning Materials (Amparai Dist., Sri Lanka)	223	-	-	223	1 080
Learning Materials (Batticaloa Dist., Sri Lanka)	135	-	-	135	
	-	-	-	-	
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>358</b>	<b>-</b>	<b>-</b>	<b>358</b>	<b>1 080</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	1	-	-	



	-	-	-	-	
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	358	-	-	358	1 080
<b>Net of receipts/(payments)</b>	659	-	-	659	790
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	2 594	-	-	2 594	1 804
<b>Cash funds this year end</b>	3 253	-	-	3 253	2 594

## Section B Statement of assets and liabilities at the end of the period

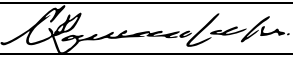
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		3 253	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	3 253	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	<b>Details</b>	<b>Unrestricted funds to nearest £</b>	<b>Restricted funds to nearest £</b>	<b>Endowment funds to nearest £</b>
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	<b>Details</b>	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	<b>Details</b>	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

### B5 Liabilities

		-	-
		-	-

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	C RAVEENDRADASS	29/12/2025

# Transaction History



## Account Details

Account number: **0892996723626000**  
Account nickname: **NALAM VAALA**

## Transactions list:

Date	Bank reference	Customer reference	Type of payment	Credit amount	Debit amount	balance (GBP)
01/09/2025	4681228 NALAM	JUSTGIVING	Faster Payment	£ 48.75		£ 3,302.30
17/12/2024	EDU PROJ AMPARAI	C RAVEENDRADASS	Standing Order		£ -223.00	£ 3,253.55
11/11/2024	EDU PROJ FUND Tran	C RAVEENDRADASS	Standing Order		£ -135.00	£ 3,476.55
09/09/2024	4024869 NALAM	JUSTGIVING	Faster Payment	£ 97.80		£ 3,611.55
02/09/2024	Sirab Raj	C Raveendradass	Faster Payment	£ 50.00		£ 3,513.75
27/08/2024	4004603 NALAM	JUSTGIVING	Faster Payment	£ 78.18		£ 3,463.75
27/08/2024	RAM	RAMARAJAHA V	Faster Payment	£ 50.00		£ 3,385.57
23/08/2024	4552601126880000	000000 CREDIT	Own Account Credit	£ 125.00		£ 3,335.57
19/08/2024	FATIMATHAS	Fatimathas Anthony	Faster Payment	£ 100.00		£ 3,210.57
19/08/2024	FATIMATHAS	Fatimathas Anthony	Faster Payment	£ 100.00		£ 3,110.57
13/08/2024	Sivanathan	KATHIRAVELU SIVANA	Faster Payment	£ 100.00		£ 3,010.57
12/08/2024	Sri	SRIKANTHAN A & G	Faster Payment	£ 30.00		£ 2,910.57
09/08/2024	joshana	PRAHALATHAN	Faster Payment	£ 50.00		£ 2,880.57
29/07/2024	3961060 NALAM	JUSTGIVING	Faster Payment	£ 156.36		£ 2,830.57
29/07/2024	CHARITY WALK	JEGANATHAN T	Faster Payment	£ 30.00		£ 2,674.21
22/07/2024	Nalam Vaala	V Uthayakumar	Faster Payment	£ 50.00		£ 2,644.21
14/02/2024	Literacy Project	Anthonypillai Fati	Standing Order		£ -254.00	£ 2,594.21