



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From: Period start date 1-4-2023 To: Period end date 31-3-2024

Charity name: Nalam Vaala

Charity registration number: 1189081

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>To advance in life and help children and young people from marginalised communities who have been displaced during and after civil war, in particular in the war-affected Northern and Eastern provinces of Sri Lanka, through:</p> <p>(a) The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life;</p> <p>(b) Providing support and activities, which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>The young people we have been supporting continued to receive mentoring and resources support.</p> <p>In addition, a laptop donated by a well-wisher was given to a young person to help in his higher studies.</p> <p>Nalam Vaala donated school shoes for 25 students of a nursery class in a very deprived area.</p> <p>We organised a charity walk in London in July and raised just over £850 through crowd funding.</p> <p>We have launched a pilot project (English literacy after-school non-formal-learning) in collaboration with a secondary school in Keerimalai, Jaffna district, Northern Sri Lanka. This pilot project is expected to run for 6 months.</p> <p>During this reporting period, we have registered our organisation as Nalam Vaala Trust in Sri Lanka.</p>

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>The trustees are fully conversant with the guidance issued by the Charity Commission and pay due regard to it.</p> <p>The activities we carry out are in accordance with the guidance on public benefit.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	We have made significant progress in commencing the twice-delayed pilot English literacy project with a school with most children from disadvantaged backgrounds.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	With the first group of beneficiaries we started with in 2016 we have made significant life changing impact. Three are doing degree courses at the university and two are following diploma courses.
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Finance report is attached. We have no paid staff. Trustees carried out the work on a voluntary basis.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We have launched a pilot project with one school. We would like to assess the impact at the end of the six months trial period before we launch more projects.
Amount of reserves held	Para 1.22	£ 2,594
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Currently our principal sources of funds are from charity events and individual donations. In order to prepare application for institutional funds, we should deliver a year-long pilot project as mentioned above, which we are hoping to commence soon. The trustees planned to visit Sri Lanka and carry out a series of tasks including discussions with the local education authorities and schools.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
----------------------------------	--	--

Type of governing document (trust deed, royal charter)	Para 1.25	Memorandum of Articles of Association
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Any new trustees will be appointed through an open and transparent recruitment in adherence to our Equal Opportunities Policy.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	<p>The Nalam Vaala trustees have experience of working in charities or as trustees in other charities.</p> <p>Before the organisation was formally set up, a workshop was held on the roles and responsibilities of trustees of a charity and how to manage a charity.</p>
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	None
Other		

Reference and Administrative details

Charity name	Nalam Vaala
Other name the charity uses	For a Better Life
Registered charity number	1189081
Charity's principal address	28 Collyer Avenue, Croydon, CR0 4QU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Cathamuthu Raveendradass	Chair	Whole year	
2	Alex Purssey		Whole year	
3	Kathiravelu Thambiah		Whole year	
4	Ratnasingam Rajadurai		Whole year	
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

--


Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Cathamuthu Raveendradass	
Position (eg Secretary, Chair, etc)	Chair	
Date	01/12/2024	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Nalam Vaala

1189081

Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	01/04/2023		31/03/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	999	-	-	999	-
Fund raised through activity	852	-	-	852	716
Gifts (Amazon)	19	-	-	19	11
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	1,870	-	-	1,870	727
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,870	-	-	1,870	727

A3 Payments

Financial support to students + Trust registration in Sri Lanka	825	-	-	825	165
Literacy Project - Initial payment	254	-	-	254	-
Rounding up	1	-	-	1	-
	-	-	-	-	-
	-	-	-	-	-
CCXX R1 accounts (SS)	-	1	-	-	21/11/2024

	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	1,080	-	-	1,080	165
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	1,080	-	-	1,080	165
Net of receipts/(payments)	790	-	-	790	562
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	1,804	-	-	1,804	1,242
Cash funds this year end	2,594	-	-	2,594	1,804

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		2,594	-	-
		-	-	-
		-	-	-
	Total cash funds	2,594	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-


B4 Assets retained for the charity's own use

		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	C RAVEENDRADASS	01/12/2024