



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

**From: Period start date 1-4-2022 To: Period end date 31-3-2023**

**Charity name: Nalam Vaala**

**Charity registration number: 1189081**

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>To advance in life and help children and young people from marginalised communities who have been displaced during and after civil war, in particular in the war-affected Northern and Eastern provinces of Sri Lanka, through:</p> <p>(a) The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life;</p> <p>(b) Providing support and activities, which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>The young people we have been supporting continued to receive mentoring and resources support.</p> <p>In addition, 3 laptops donated by well-wishers were given to young people to help in their higher studies.</p> <p>Our co-ordinator identified that a number of children of a particular nursery school in a very deprived area are struggling without adequate resources. We are in discussion with that school with regard to supporting the children.</p> <p>We organised a charity walk in London in September 2022 and raised about £715 through crowd funding.</p> <p>During this reporting period, we are pursuing to register our organisation as a Trust in Sri Lanka.</p> <p>We are also planning to launch a pilot project (English literacy after-school non-formal-learning project) soon.</p>

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>The trustees are fully conversant with the guidance issued by the Charity Commission and pay due regard to it.</p> <p>The activities we carry out are in accordance with the guidance on public benefit.</p>

**Additional information (optional)**

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	<b>N/A</b>
Policy on social investment including program related investment	Para 1.38	<b>N/A</b>
Contribution made by volunteers	Para 1.38	
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	We have made significant progress in commencing the twice-delayed pilot English literacy project with a school with most children from disadvantaged backgrounds. After recovering from the COVID crisis, Sri Lanka was engulfed in economic and political crisis resulting in the government administration was paralysed for most of 2022.

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	With the first group of beneficiaries we started with in 2016 we have made significant life changing impact.  Three are doing degree courses at the university and two are following diploma courses.
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>Finance report is attached.</p> <p>At the end of the reporting period, due to the economic and political situation in Sri Lanka, we were unable to carry out the key activities as planned.</p> <p>We have no paid staff. Trustees carried out the work on a voluntary basis.</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Until we are in a position to commence the key parts of the operational plan, trustees believe that holding the fund in reserve is necessary.
Amount of reserves held	Para 1.22	<b>£ 1,803.55</b>
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	<b>None</b>
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>None</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<p>Currently our principal sources of funds are from charity events and individual donations.</p> <p>In order to prepare application for institutional funds, we should deliver a year-long pilot project as mentioned above, which we are hoping to commence soon.</p> <p>The trustees planned to visit Sri Lanka and carry out a series of tasks including discussions with the local education authorities and schools.</p>
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Memorandum of Articles of Association
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Any new trustees will be appointed through an open and transparent recruitment in adherence to our Equal Opportunities Policy.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	<p>The Nalam Vaala trustees have experience of working in charities or as trustees in other charities.</p> <p>Before the organisation was formally set up, a workshop was held on the roles and responsibilities of trustees of a charity and how to manage a charity.</p>
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	None
Other		

## Reference and Administrative details

Charity name	Nalam Vaala
Other name the charity uses	For a Better Life
Registered charity number	1189081
Charity's principal address	28 Collyer Avenue, Croydon, CR0 4QU

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Cathamuthu Raveendradass	Chair	Whole year	
2	Alex Purssey		Whole year	
3	Kathiravelu Thambiah		Whole year	
4	Ratnasingam Rajadurai		Whole year	
5				
6				
7				
8				
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10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

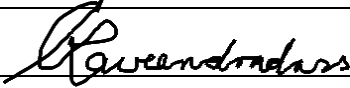
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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Cathamuthu Raveendradass	
Position (eg Secretary, Chair, etc)	Chair	
Date	28/1/2024	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Nalam Vaala

1189081

## Receipts and payments accounts

CC16a

For the period  
from

Period start date  
01/04/2022

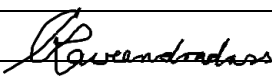
To

Period end date  
31/03/2023

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	95	-	-	95	-
Fund raised through Just Giving page	621	-	-	621	-
Gift by Amazon	11	-	-	11	-
		-	-	-	-
		-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>727</b>	<b>-</b>	<b>-</b>	<b>727</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>727</b>	<b>-</b>	<b>-</b>	<b>727</b>	<b>-</b>
<b>A3 Payments</b>					
Support to a student	165	-	-	165	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>165</b>	<b>-</b>	<b>-</b>	<b>165</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>165</b>	<b>-</b>	<b>-</b>	<b>165</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>562</b>	<b>-</b>	<b>-</b>	<b>562</b>	<b>-</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>1,242</b>	<b>-</b>	<b>-</b>	<b>1,242</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>1,804</b>	<b>-</b>	<b>-</b>	<b>1,804</b>	<b>-</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		1,804	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	1,804	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			C RAVEENDRADASS	28/1/2024