

**Walne Zebranie organizacji “Golden Age Social Day Care, Bradford”**  
**31-ego Marca 2023, POK godz. 13:00**

1. Powitanie.
2. Członkowie Zarządu:

Prezes:

Chairperson: Mr A.Z. Zjawinski

Członkowie Zarządu:

Members of the Committee: Pani Agnieszka Andryszewska  
Pani Grazyna Wolny  
Pani Magda O'Connell  
Pani Teresa Spyрка  
Pan Stan Dobrzanski

Wolontariusze pomagający Zarządowi to:

Our Committee Volunteers: Pani Teresa Davison  
Pani Renia Tombs

3. W kuchni pracują:

In the kitchen we have: Pani Ania Bubak  
Pani Dorota Torowska

Na sali pomaga:

Session helper: Pani Teresa Masters

Osoby odpowiedzialne w czasie spotkań:

Pani Agnieszka Andryszewska

Persons responsible for safety and well-being  
of our members during our sessions:

Pani Grazyna Wolny

oraz obecni na sali członkowie komitetu  
and any present members of the Committee.

4. Organizacja **“Golden Age Social Day Care, Bradford”** poprzednio znana jako **„Polish Day Centre, Bradford”** jest obecnie zarejestrowana jako organizacja **Charytatywna** czyli **„Charity”** z Charity Commission w UK. W związku z tym Komitet jest zobowiązany sporządzać sprawozdania z naszej działalności i wysyłać je do Charity Commission. Komitet również wysyła sprawozdania do **Bradford Council** aby utrzymywać przyznany nam przez nich grant, jak również do WYCAS, (West Yorkshire Community Accounting Service) który nam sprawdza i zatwierdza rozliczenia finansowe.  
Aby wypełnić obowiązki organizacji charytatywnej, komitet i wolontariusze spotykają się regularnie, kilka razy w roku.

**The organisation “Golden Age Social Day Care, Bradford” previously known as „Polish Day Centre, Bradford” is now a registered Charity with The Charity Commission in the UK. Because of this the Committee is required to provide a report of it’s activities to the Commission and also to Bradford Council from whom we get a grant to support our activities. We also provide this report to WYCAS, (West Yorkshire Community Accounting Service) who do official accounting work for us to provide us with an official financial statement for the Charity Commission.**

**In order to fulfil the Commission’s requirements for a Charity, the Committee members meet a number of times during the year.**

5. Day Centre jest otwarte w Środy i w Piątki od godziny 10:00 to 14:00. Klienci, za niewielką opłatą mogą dostać dwu-daniowy obiad: **zupa oraz główne danie**. Członkowie biorący udział w spotkaniach „Day Centre” spotykają się ze znajomymi i przyjaciółmi. Promujemy cały czas „**niezależność**” do naszych członków Day Centre przez spotykanie się z innymi osobami, przez nawiązywanie znajomości i przyjaźni z innymi uczestnikami spotkań. To pomaga w redukowaniu izolacji i poczucia samotności przez naszych uczestników.

Często organizowane są różne zajęcia takie jak: delikatne ćwiczenia gimnastyczne, gra w domino, bingo, zajęcia plastyczne takie jak robienie kartek na święta, „Śpiewamy razem” przychodzą do nas osoby z zewnątrz które prezentują różne tematy dla informacji i do dyskusji.

**W miarę możliwości planujemy wycieczki lub wyjazdy poza okolice, np. wyjazd do Llandudno razem z grupą „Przyjaciół Parafii w Huddersfield”, oraz inne atrakcje.**

Przyjeżdża to do nas regularnie fryzjerka, oraz odbywają się różne imprezy, takie jak: urodziny członków, rocznice obchodzone przez członków, **co-miesięczna msza św.**

**Najważniejszym jednak elementem naszych spotkań jest troska o samopoczucie klientów.**

Klienci przyjeżdżają do POKu taksówkami, używają również „Access Bus” dostarczany przez Bradford Council, lub są przywożeni na miejsce przez członków rodziny.

**The Day Centre is open on Wednesdays and Fridays from 10am to 2pm. Clients for a small fee can purchase a 2-course meal consisting of soup and a main course.**

**During our twice weekly social gatherings that are held in the Polish Community Centre we try to promote to our Members, independence through meeting others, to develop, maintain friendships and relationships.**

**This reduces isolation and loneliness by members engaging in activities such as the group meal times, class exercise, Singing together sessions and other game activities such as dominoes and bingo; craft lessons like making cards; we have invited speakers to encourage discussion, conversation, physical and mental wellbeing; planned trips, one of which was to Llandudno together with the Huddersfield Friends of the Parish.**

**We have, on regular basis, a visiting, polish speaking hairdresser during our session. We also organise other events such as member's birthdays, anniversaries, etc.**

**We also hold a Holly Mass once a month.**

**However, the main task of our sessions is to take care of the well-being of our members.**

**For the twice weekly sessions our members come to the “Polish Community Centre” by taxi, Access Bus and also by friends or family members.**

6. Były prezentacje i sesje informacyjne na tematy: „Jak unikac Upadkow”, „Jak utrzymac ciepły Dom”, spotkanie „Ciasto Walentynkowe przy winie”, „Miedzynarodowy Dzień Kobiet”, na którym jeden z Panow zaprezentował roze dla każdej obecnej Pani. Mieliśmy obiad świąteczny przed świętami Bożego Narodzenia w którym udział wzięli członkowie Day Centre wraz z zaproszonymi przez nich gośćmi oraz członkowie zarządu naszej Charity.

To wszystko pomaga naszym członkom w poczuciu własnej wartości, utrzymywaniu dumy z własnego wyglądu przez przygotowywanie się to tych spotkań, co z kolei pomaga w utrzymywaniu niezależności, i poczucia że jesteśmy częścią naszej wspólnoty.

**There have been presentations and informative sessions on Falls Preventions, Warm Home, Valentine cake and wine party, International Women's Day party where one of the gentlemen brought a rose for each lady in the room! Christmas dinner party for members and invited guests such as family and the Charity trustees. This helps the members with self-esteem, pride in appearance by getting ready to the venue which in turn helps with independence and self-help and a feeling of community.**

7. Nasza Pani Koordynator wzięła udział w dwóch sesjach „**Community Network**” zorganizowanych przez oddział „**Health and Wellbeing**” aby przedstawić naszą organizację innym, zewnętrznym osobom i organizacjom jak również aby zaczerpnąć różnych pomysłów od innych organizacji.

To dużo pomaga w zorientowaniu się co się dzieje w naszym Bradfordzkim okręgu jak również i w samej naszej Parafii aby pomóc ułatwić życie dla naszych członków.

Jesteśmy nadal w kontakcie z członkami „Day Centre” którzy jeszcze nie wrócili na nasze spotkania po „Covid Lockdown” ze względu na własne zdrowie. Staramy się ich przekonać do powrotu do naszych spotkań co by na pewno dołożyło się do ich powrotu do zdrowia.

**The coordinator attended two sessions of the “Community Network” from the Dept. of Health and Wellbeing to present our organisation and liaise with others. This gives invaluable insight into what is happening in the district and knowledge of how to help members with their lives. The members are informed of any meetings and the outcomes also what is happening within the Parish itself. The coordinator is still in touch by phone to members who had not returned after Covid due to ill health whilst encouraging them to return to the sessions; one member has recently returned to us.**

8. Jeden z członków zarządu wziął udział w nieoficjalnym spotkaniu z przywódcami społeczności w Bradford i okolicy, gdzie dyskutowano o sprawach dotyczących transportu dla uczestników Day Centre.

Uczestnicy „Day Centre” poinformowali zarząd że byli bardzo zadowoleni że mogą znów przybywać na nasze tygodniowe spotkania i spotykać się ze znajomymi i przyjaciółmi. Jednak duża liczba uczestników Day Centre jest już w podeszłym wieku i były pytania na temat alternatywnego transportu do naszego ośrodka. Sprawa będzie przedyskutowana z członkami Zarządu na następnym zebraniu.

**A staff member had attended an informal meeting with other community leaders where the issue of transport arrangements was discussed. Members of the Day Centre have said how pleased they were to be able to attend our sessions and to meet friends They said that they were hoping it will continue. As some of the attendees are getting older they have been asking about the possibility of some different transport arrangements to get them to the venue. The ‘issue’ is on the next agenda for the trustees meeting.**

9. Pani Koordynator wzięła udział w spotkaniu dotyczącym zdobywania funduszy na naszą działalność w „Day Centre” zorganizowane przez Bradford West. Raport będzie zdany do Zarządu na następnym Zebraniu.

**The coordinator attended a funding ‘Top Tips’ network organised by Bradford West area for ideas and inspirations and will report back to the Trustees at the next meeting.**

10. Pracownicy mieli zaktualizowane szkolenie na temat alergii i alergenów. Został utworzony dokument na ten temat który osoby zainteresowane mogą przeczytać.

**Staff have had new updated training regarding allergens and an allergy guide has been produced for all meals and snacks that can be accessed by any member or guest; members have been made aware of this.**

11. Jeden z uczestników „Day Centre” zapytał o wycieczkę na imprezę „Polish Folklore Spectacular” która miała odbyć się w Leamington Spa. Była przedstawiona propozycja że jeśli osoby chętne wziąć udział w tej

imprezie sami zaplaca za bilet wstepu, nasza organizacja zaplaci za transport na miejsce. Okazalo sie jednak ze ta impreza odbedzie sie w Londynie, co okazo sie za bardzo trudne i meczace dla naszych czlonkow „Day Centre”, wiec zrezygnowalismy z tego wyjazdu. W przyszlosci rozejrzemy sie za jakimiś imprezami w blizszej okolicy ktore by byly bardziej dostepne.

Widzimy bardzo pozytywna zmiane w tym ze nasi uczestnicy chca juz wychodzic gdzies dalej poza wlasny dom po tych wszystkich ograniczeniach zwiazanych z Covidem.

A “Day Centre” member asked about going on a visit for a “Polish Folklore Spectacular” thought to be held in Leamington Spa. Members were offered that if they pay for tickets then the organisation would offer to pay for transport. However, the performance is actually in London and the logistics plus timing would be too onerous for the members; although disappointed, they did agree that it would be too much to do in a day.

The coordinator has said she will look into any other more local theatre/performance opportunities. It was a very positive sign that the members are looking to venture further out, more confident after the Covid restriction.

12. Na wszystkie swoje działania organizacja „**Golden Age Social Day Care, Bradford**” otrzymuje obecnie ograniczony w czasie grant od Bradford Council. Z tych pieniędzy również jest płacony czynsz do Parafii za wynajęcie sali POKu. Pracownicy kuchni i osoby prowadzące i nadzorujące zajęcia w Day Centre, otrzymują odpowiednie wynagrodzenia za ich pracę.  
„**Golden Age Social Day Care, Bradford**” utrzymuje własne, osobne od Parafii **ubezpieczenie**. Musimy również opłacać WYCAS za co-roczone oficjalne i autoryzowane przez **Bradford Council** sprawdzanie naszych finansów.

In order to be able to carry out our work, our organisation „**Golden Age Social Day Care, Bradford**” gets a time limited grant from Bradford Council. The grant covers the running cost of the Day Centre meetings which includes the hire of the premisses gas and electric bills, the insurance for our meetings. The grant also covers the expenses for our staff and kitchen personnel. We also pay the fees to WYCAS for doing our officially recognised finances and we also have our own insurance policy which is separate from the parish.

13. Wszystkie osoby pracujące dla „**Golden Age Social Day Care, Bradford**” są „Samo Zatrudnieni” (czyli „Self Employed”) lub pracują jako Wolontariusze bez pobierania opłat.

All the people working for „**Golden Age Social Day Care, Bradford**” are “Self Employed” and we also have a number of Volunteers who work for us on voluntary basis.

# **Golden Age Social Day Care, Bradford**

Charity number 1189062

## **Annual Report and Financial Statements for the year ended 31 March 2023**

**WYCAS**

COMMUNITY ACCOUNTING  
WEST YORKSHIRE

# **Golden Age Social Day Care, Bradford**

## **Annual Report and Financial Statements for the year ended 31 March 2023**

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**Prepared by West Yorkshire Community Accountancy Service CIO**

# **Golden Age Social Day Care, Bradford**

## **Trustees' report for the year ended 31 March 2023**

### **Reference and administrative details of the charity, its trustees and advisors**

The trustees during the financial year and up to and including the date the report was approved were:

<b>Name</b>	<b>Position</b>	<b>Dates</b>
Andrew Zenon Zjawinski	Chair	
Agnieszka Andryszewski		
Magdalena O'Connell		
Grazyna Wolny		
Teresa Spyрка		Appointed 7 January 2023
Stanislaw Dobrzanski		Appointed 7 January 2023
<b>Charity number</b>	1189062	Registered in England and Wales
<b>Registered and principal address</b>	<b>Bankers</b>	
15-17 Edmund Street	Natwest Bank PLC	
Bradford	7 Hustlergate	
BD5 0BH	Bradford	
	BD1 1PP	

### **Independent examiner**

Sarah Coates MAAT

### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

### **Structure, governance and management**

The charity is a Charitable Incorporated Organisation (CIO) foundation formed on 15 April 2020 and is governed by a constitution.

### **Method of recruitment and appointment of trustees**

The trustees of the charity are appointed by the members at the AGM.

### **The charity's objects**

To promote social inclusion for the public benefit by working with elderly people in Bradford and the surrounding areas who are socially excluded by combatting loneliness and social isolation arising as a result of their age, infirmity, ill-health, disability or social circumstance, in particular but not exclusively by the provision of:

Social and recreational facilities and events

Advice, support and information which is capable of reducing their social isolation.

For the purpose of this clause 'socially excluded' means being excluded from society, or parts of society, as a result of one or more of the following factors: unemployment, financial hardship, youth or old age; and ill health (physical or mental).

# **Golden Age Social Day Care, Bradford**

## **Trustees' report (continued) for the year ended 31 March 2023**

### **Objectives and activities**

#### **The charity's main activities**

We organise activities to break the isolation of members and sustain cultural values and enable members and their families to take part in social and historic gatherings. We raise funds to provide members with social meetings, training opportunities, information and a range of stimulating activities.

We support and promote cultural and historical identity of the Polish community in Bradford areas and build links with existing Polish people's networks across Britain and Europe.

We promote healthy living, provide information and contact with specialist services in order to benefit their quality of life, health and well-being and sustain their ability to live independently.

Activities include: chair exercise, Dance On, Polish TV and videos, books, newspapers and magazines, games of dominoes and cards, bingo, day trips, dinner parties, monthly mass for spiritual needs also different types of craft activities; painting, seasonal crafts and gardening programme.

#### **Public benefit statement**

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit.

#### **Achievements and performance**

To promote healthy living GASDC invited PACT nurses during the year who advised members about healthy eating - dietitian, blood pressure check, physical activities.

In June 2022 members of GASDC took part in the "field mass" in Keighley, transport was organised by the Parish Committee.

In July 2022 members of GASDC took part in the test for Hepatitis C conducted by nurses from BRI.

#### **Financial review**

The net receipts for the year were £3,405, including net receipts of £5,710 on unrestricted funds and net payments of £2,305 on restricted funds.

#### **Reserves policy**

The charity's free reserves, at the year end were £30,447.

The charity has no reserves policy at this time, however the trustees are aware of the need for one and plan to look at this for the next financial year.

Approved by the board of trustees on 07/11/2023

A ZJawinski (Trustee)



## **Golden Age Social Day Care, Bradford**

### **Independent examiner's report to the trustees of Golden Age Social Day Care, Bradford**

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2023, which are set out on pages 5 to 8.

#### **Responsibilities and basis of report**

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Sarah Coates MAAT

14/11/2023

#### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

**Golden Age Social Day Care, Bradford**  
**Receipts and payments account**  
**for the year ended 31 March 2023**

	Notes	2023 Unrestricted funds £	2023 Restricted funds £	2023 Total funds £	01.05.21 31.03.22 Total funds £
<b>Receipts</b>					
Grants	(2)	-	20,996	20,996	12,106
Bank interest		51	-	51	-
Food income		10,428	-	10,428	6,714
Fundraising income		643	-	643	342
<b>Total receipts</b>		<b>11,122</b>	<b>20,996</b>	<b>32,118</b>	<b>19,162</b>
<b>Payments</b>					
Freelance payments		460	20,145	20,605	15,535
Telephone		-	72	72	60
Venue hire		-	1,500	1,500	3,000
Printing, postage and stationery		10	7	17	20
Food costs		4,580	65	4,645	3,399
Kitchen equipment		12	-	12	54
Laundry and cleaning costs		270	-	270	600
Activity costs		-	91	91	22
Masses costs		80	-	80	60
Delivery and travel costs		-	-	-	1,149
Insurance		-	537	537	537
Independent examination		-	360	360	330
Volunteer expenses		-	26	26	-
Utilities		-	460	460	-
Training		-	38	38	-
<b>Total payments</b>		<b>5,412</b>	<b>23,301</b>	<b>28,713</b>	<b>24,766</b>
<b>Net receipts / (payments)</b>		<b>5,710</b>	<b>(2,305)</b>	<b>3,405</b>	<b>(5,604)</b>
<b>Fund balances brought forward</b>		<b>24,737</b>	<b>17,962</b>	<b>42,699</b>	<b>48,303</b>
<b>Fund balances carried forward</b>	(3)	<b>30,447</b>	<b>15,657</b>	<b>46,104</b>	<b>42,699</b>

**Golden Age Social Day Care, Bradford**  
**Statement of assets and liabilities**  
**as at 31 March 2023**

	2023	2023	2023	2022
	Unrestricted	Restricted	Total	Total
	£	£	£	£
<b>Cash funds</b>				
Cash at bank	30,315	15,657	45,972	42,137
Cash in hand	133	-	133	562
<b>Total cash funds</b>	<u>30,447</u>	<u>15,657</u>	<u>46,104</u>	<u>42,699</u>

**Debtors and prepayments**

	2023
	£
Prepayments	<u>134</u>
	<u>134</u>

**Liabilities**

	2023
	£
Accruals	660
Other creditors	<u>1,500</u>
	<u>3,660</u>

The financial statements were approved by the board of trustees on 07/11/2023

A ZJawinski (Trustee)

# **Golden Age Social Day Care, Bradford**

## **Notes to the accounts**

### **for the year ended 31 March 2023**

#### **1 Accounting policies**

##### **Basis of accounting**

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

##### **Taxation**

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

##### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

# Golden Age Social Day Care, Bradford

## Notes to the accounts continued

### for the year ended 31 March 2023

#### 1 Accounting policies

##### Basis of accounting

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Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

#### 2 Grants and donations

	2023 Unrestricted funds £	2023 Restricted funds £	2023 Total funds £	2022 Total funds £
Bradford Metropolitan District Council (BMDC)	-	20,996	20,996	12,106
	<u>-</u>	<u>20,996</u>	<u>20,996</u>	<u>12,106</u>

#### 3 Restricted funds

	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
BMDC	17,962	20,996	23,301	-	15,657
	<u>17,962</u>	<u>20,996</u>	<u>23,301</u>	<u>-</u>	<u>15,657</u>

##### Fund name

BMDC

##### Purpose of restriction

Towards the running costs of the centre, this covered towards phone costs, distribution of food and rental costs.

**Golden Age Social Day Care, Bradford**  
**Notes to the accounts continued**  
**for the year ended 31 March 2023**

**4 Related party transactions**

**Trustee expenses**

No trustee received any expenses during this year or the previous year.

**Trustee remuneration and benefits**

No trustee received any remuneration or benefit during this or the previous year.

**Other transactions with trustees or related parties**

			2023	2022
			£	£
<b>Name of trustee or related party</b>	<b>Relationship to charity</b>	<b>Description of transaction</b>		
Mrs A.Andryszewski	Trustee	Freelance work to support members	5,665	4,430
Mrs G.Wolny	Trustee	Freelance work to support members	2,065	1,455
			<u>7,730</u>	<u>5,885</u>

## **Golden Age Social Day Care, Bradford**

### **Independent examiner's report to the trustees of Golden Age Social Day Care, Bradford**

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2023, which are set out on pages 5 to 8.

#### **Responsibilities and basis of report**

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:  .....

Name: Sarah Coates MAAT

Date: ...14/11/2023....

#### **West Yorkshire Community Accountancy Service CIO**

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34 Lupton Street  
Leeds  
LS10 2QW