

# GOLDEN AGE SOCIAL DAY CARE, BRADFORD

England & Wales · Charity number 1189062

## Details

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**Other names** POLISH SENIORS LIVING TOGETHER WELL

**Status** Registered

**Legal form** CIO

**Registered** 2020-04-15

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Polish Community Centre  
15-17 Edmund Street  
Bradford  
BD5 0BH

**Phone** 07421370656

**Email** [goldenagedaycentre@gmail.com](mailto:goldenagedaycentre@gmail.com)

## Activities

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**Objects:** THE OBJECTS OF THE CIO ARE:TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY WORKING WITH ELDERLY PEOPLE IN BRADFORD AND THE SURROUNDING AREAS WHO ARE SOCIALLY EXCLUDED BY COMBATTING LONELINESS AND SOCIAL ISOLATION ARISING AS A RESULT OF THEIR AGE, INFIRMITY, ILL-HEALTH, DISABILITY OR SOCIAL CIRCUMSTANCE, IN PARTICULAR BUT NOT EXCLUSIVELY BY THE PROVISION OF:• SOCIAL AND RECREATIONAL FACILITIES AND EVENTS;• ADVICE, SUPPORT AND INFORMATION WHICH IS CAPABLE OF REDUCING THEIR SOCIAL ISOLATION.FOR THE PURPOSE OF THIS CLAUSE 'SOCIALLY EXCLUDED' MEANS BEING EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, AS A RESULT OF ONE OR MORE OF THE FOLLOWING FACTORS: UNEMPLOYMENT, FINANCIAL HARDSHIP, YOUTH OR OLD AGE; AND ILL HEALTH (PHYSICAL OR MENTAL).

**Activities:** To enable and encourage seniors from all backgrounds in Bradford to meet and take part in various activities from group exercises, games, trips or celebrations to participation in monthly Friday Mass. Everyone is welcome to join our community and enjoy two course lunch twice a week when our seniors meet. Staff and volunteers are always ready to help and support our loved members of the community

## Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Disability, Arts/culture/heritage/science, Recreation
- **Who:** Elderly/old People, People With Disabilities

## Geography

- Bradford City

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£40,790	£37,153	-	-
2024-03-31	£34,666	£39,883	-	-
2023-03-31	£32,118	£28,713	-	-
2022-03-31	£19,162	£24,766	-	-
2021-03-31	£20,004	£3,756	-	-

## Trustees

Name	Role	Appointed
<b>Andrew Zenon Zjawinski</b>	Chair	2019-11-27
Agnieszka Andryszewski		2019-11-27
Grazyna Wolny		2019-11-27
Magdalena O'Connell		2019-11-27
Monika Hepworth		2026-01-29
Stanislaw Dobrzanski		2023-01-07
Teresa Spyrka		2023-01-07

**GOLDEN AGE SOCIAL DAY CARE, BRADFORD**

England & Wales - Charity number 1189062

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# Accounts

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**Walne Zebranie (AGM) organizacji “Golden Age Social Day Care, Bradford”**  
**04/04/2025, POK, godz. 12:30**

1. Powitanie. (Welcome)
2. Członkowie Zarządu: (Committee Members:)

Prezes:  
Chairperson: Mr A.Z. Zjawinski

Członkowie Zarządu:  
Members of the Committee: Pani Agnieszka Andryszewski  
Pani Grazyna Wolny  
Pani Magda O`Connell  
Pani Teresa Spyrka  
Pan Stan Dobrzanski

Wolontariusze pomagający Zarządowi:  
Our Committee Volunteers: Pani Teresa Davison  
Pani Renia Tombs

3. W kuchni pracują:  
In the kitchen we have: Pani Ania Bubak  
Pani Dorota Torowska  
Pani Ela Szczepura

Na sali pomaga:  
Session helper: Pani Teresa Masters

Wolontariusze: Pani Grazyna Spicewicz

Osoby odpowiedzialne w czasie spotkań: Pani Agnieszka Andryszewska

Persons responsible for safety and well-being  
of our members during our sessions: Pani Grazyna Wolny

oraz obecni na sali członkowie komitetu  
and any members of the Committee that are present.

4. Organizacja **“Golden Age Social Day Care, Bradford”** poprzednio znana jako **„Polish Day Centre, Bradford”** jest obecnie zarejestrowana jako organizacja **Charytatywna** czyli **„Charity”** z **Charity Commission** w **Wielkiej Brytanii**. W związku z tym Komitet jest zobowiązany sporządzać sprawozdania z naszej działalności i wysyłać je do Charity Commission. Komitet również wysyła sprawozdania do **Bradford Council** aby utrzymywać przyznany nam przez nich grant, jak również do WYCAS, (West Yorkshire Community Accounting Service) który nam sprawdza i zatwierdza rozliczenia finansowe.  
Aby wypełnić obowiązki organizacji charytatywnej, komitet i wolontariusze spotykają się regularnie, kilka razy w roku.

The organisation **“Golden Age Social Day Care, Bradford”** previously known as **„Polish Day Centre, Bradford”** is now a registered Charity with **The Charity Commission in the UK**. Because of this the Committee is required to provide a report of it’s activities to the Commission and also to Bradford Council from whom we get a grant to support our activities. We also provide this report to WYCAS, (West Yorkshire Community Accounting Service) who do official accounting work for us to provide us with an official financial statement for the Charity Commission.  
In order to fulfil the Commission’s requirements for a Charity, the Committee members meet a number of times during the year.

5. **“Day Centre”** było otwarte w **Środy i w Piątki** od godziny 10:00 to 14:00. Klienci, za niewielką opłatą mogą dostać dwu-daniowy obiad: **zupa oraz główne danie**. Członkowie biorący udział w spotkaniach **„Day Centre”** spotykają się ze znajomymi i przyjaciółmi.  
Promujemy cały czas **„niezależność”** do naszych członków Day Centre, przez spotkanie się z innymi osobami, przez nawiązywanie znajomości i przyjaźni z innymi uczestnikami spotkań. To pomaga w redukowaniu izolacji i poczucia samotności przez naszych uczestników.

Często organizowane są różne zajęcia takie jak: delikatne ćwiczenia gimnastyczne, gra w domino, bingo, zajęcia plastyczne takie jak robienie kartek na Święta, jest też **„Śpiewamy razem”**, przychodzą do nas osoby z zewnątrz które prezentują różne tematy dla informacji i do dyskusji. **W miarę możliwości planujemy wycieczki lub wyjazdy poza okolice oraz inne atrakcje.**

Przyjeżdża to do nas regularnie **fryzjerka**, oraz odbywają się różne imprezy, takie jak: urodziny członków, rocznice obchodzone przez członków

Nasz proboszcz, **Ks. Waldemar Hareza**, uczestniczy w sesjach **„Day Centre”** w każdą środę i piątek i jest do dyspozycji **WSZYSTKICH** uczestników, służąc wskazówkami oraz pomocą duchową.

**Najważniejszym jednak elementem naszych spotkań jest troska o samopoczucie klientów.**

Klienci przyjeżdżają do POKu taksówkami, używają również **„Access Bus”** udostępniony przez Bradford Council, lub są przywożeni na miejsce przez członków rodziny.

The Day Centre is open on Wednesdays and Fridays from 10am to 2pm. Clients for a small fee can purchase a 2-course meal consisting of soup and a main course.  
During our twice weekly social gatherings that are held in the Polish Community Centre we try to promote to our Members, independence through meeting others, to develop, maintain friendships and relationships.  
This reduces isolation and loneliness by members engaging in activities such as the group meal

times, class exercise, Singing together sessions and other game activities such as dominoes and bingo; craft lessons like making cards; we have invited speakers to encourage discussion, conversation, physical and mental wellbeing; planned trips.

We have, on regular basis, a visiting, polish speaking hairdresser during our session. We also organise other events such as member's birthdays, anniversaries, etc.

Our Parish Priest, Father Waldemar Hareza attends both Wednesday and Friday sessions of the Day Centre and is available to ALL attendees for spiritual help and guidance.

However, the main task of our sessions is to take care of the well-being of our members. For the twice weekly sessions our members come to the "Polish Community Centre" by taxi, Access Bus and also by friends or family members.

## 6. Sprawozdanie z działalności "Day Centre"

### Report on the activities done at the "Day Centre"

Kwiecień - Wyprodukowaliśmy ulotkę w dwóch językach ze streszczeniem opisu o naszej działalności i rozdaliśmy ją wszystkim uczestnikom Day Centre. Zostawiliśmy też te ulotki a Polskim kościele i innych miejscach na terenie Bradford gdzie Polacy są obecni aby promować nasze Day Centre.

April - We have produced a leaflet in two languages about our "Day Centre" which we gave to all attendees at the Day Centre These are also available from our Church and other outlets and Committee members to promote our Day Centre and the Charity "Golden Age Social Day Care, Bradford" behind it.

Maj - Miejskowa Polska Szkoła zorganizowała akademię z okazji 3-go Maja. Grupa członków „Day Centre” wzięła udział w tej uroczystości.

May – Some members of the Day Centre attended Akademia 3rd May organized by the local Polish School

Agnieszka i Grazyna wzięły udział w spotkaniu z **Naz Shah, Bradford MP** była to dyskusja na temat wsparcia dla osób chorych na demencję

Agnieszka and Grazyna attended meeting with **Naz Shah Bradford MP** discussing Dementia support. ( Dementia week 20 - 25 May )

Maj - Mielismy również sesję masażu Aromaterapii dla uczestników Day Centre

May - We also had session of Aromatherapy massage for all attendees

Czerwiec - Warsztaty o upadkach i zapobieganiu ich odbyły się w Miejskim Ratuszu z udziałem Grażyny i Agnieszki

June - Quality workshop about **Falls and Prevention** took place in City Hall and was attended by Grazyna and Agnieszka

21-go Czerwca zorganizowaliśmy roczną wycieczkę. Była to wycieczka nad morze do Whitby.  
21<sup>st</sup> June, we have organised our annual day out trip. This time it was to Whitby by the sea

Lipiec – Do POKu przyszło 3 pracowników NHS z organizacji “Academic Unit for Aging and stroke Research” i rozmawiali o korzystaniu przez osoby starsze z IT tzn. (komputerow, tabletow czy telefonow) w ramach NHS, ponieważ to jest obecnie akceptowana metoda komunikacji NHS z pacjentami.

July - In July we had a visit from “Academic Unit for Aging and stroke Research” 3 workers from NHS came and discuss about elderly usage IT in NHS as this is the currently accepted method of communicating of NHS with it's patients.

Sierpień - **Holly Watson** z zespołu „Adult and Community Team” przyszła na spotkanie z opiekunami.

August - **Holly Watson** from “Adult and Community Team” came to a meeting with Carers.

W **Sierpniu** odbył się tradycyjny „Obiad Żołnierski” w którym wzięło udział wielu naszych członków Day Centre.

August - In August, a traditional “Veteran’s Dinner” took place in which many of our members took part.

Sierpień - Mielismy również kolejną sesję masazu **Aromaterapii** dla uczestników Day Centre. Sesja była zorganizowana przez **Bernice**

August - **Bernice** organized another session of aromatherapy massage for Day Centre members

Wrzesień - Dzień na mieście – wycieczka do „Golden Acres Park” i restauracja „Murgatroid” serwująca Fish & Chips

September – we had a “Day Out” at “Golden Acres Park” and Murgatroid fish and chips restaurant

Październik - **Rizwana** z NHS przyszła do naszego ośrodka i zrobiła badanie krwi na obecność wirusa zapalenia wątroby typu C.

October - **Rizwana** from NHS came to **Day Centre** to do blood tests for **Hepatitis C**.

Listopad - odbyła się prezentacja przez pana **Stephen Plough** na temat zapobiegania upadkom.

November - Falls prevention presentation was done by **Stephen Plough**

Listopad - Agnieszka uczestniczyła w spotkaniu w sprawie „Ochrony Grup Narazonych” na nadużycia. Spotkanie odbyło się w budynku Ratusza w Bradford.

November - Agnieszka attended “**Safeguarding**” meeting in City Hall in Bradford

W **Grudniu** robiliśmy kartki na **Boże Narodzenie**. Dochód ze sprzedarzy przekazany został na potrzeby **Day Centre**

In **December** – we were making Christmas Cards and we sold them for fund raising purposes

W Grudniu, przed świętami **Bożego Narodzenia** odbył się **obiad świąteczny** w którym udział wzięli członkowie Day Centre wraz z zaproszonymi przez nich gośćmi oraz członkowie zarządu naszej Charity.

**In December, we had “Christmas dinner party” for members and invited guests such as family and the Charity trustees.**

Styczeń - Firma adwokacka ‘Silvertime’ wygłosiła prezentację na temat testamentów i pełnomocnictw.

January – Law Firm “**Silvertime**” gave presentation about Wills and Power of Attorney

W **Lutym** obchodziliśmy uroczystosc “Valentynki”

In **February** – we celebrated “Valentine Day”

Luty - Mielismy również kolejną sesje masazu **Aromaterapii** dla uczestników Day Centre.

February – We had another session of **Aromatherapy** massage for Day Centre members

Marzec – Wspólnie, z członkami **Day Centre** obchodziliśmy **103-cią** rocznicę urodzin **Pana Józefa Gałęzy**.

March - We also celebrated “Pan **Józef Gałęza’s**” **103<sup>rd</sup> birthday** with anyone who wanted to join in his birthday celebrations.

Marzec – Pan **Stan Dobrzanski** – członek zarządu „Day Centre” wygłosił prezentację na temat: **Jak pamiętać o przyjmowaniu leków.**

March - **Stan Dobrzanski** – committee member gave presentation about: **How to remember to take your medications**

Pani **Teresa Davison** zorganizowała kilka sesji wyprzedaży „**Wcześniej ulubionych ubrań**” które pozwoliły naszym członkom nabyć wysokiej jakości ubrania po bardzo dostępnej cenie, jak również że nikt nie musiał jechać gdzieś daleko do sklepu. Dochody ze sprzedarzy zostały przekazane na cele naszego „Day Centre”.

Mrs. **Teresa Davison** organised a sale of items of “previously loved clothes” which allowed our members to buy quality clothes at very low prices without having to go out to shops and provided fundraising for our organization.

**Aby promować nasze “Day Centre”** komitet zorganizował stronę internetową dla naszej organizacji. Strona ta pozwala potencjalnym nowym członkom/klientom dowiedzieć się o naszej działalności oraz o tym co oferujemy naszym członkom gdy dołącza do naszej grupy „Day Centre”. Ta strona również pozwala „Social Services” pokierować potencjalnych nowych klientów w naszą stronę jak też poinformować ich o naszej działalności.

Mamy wiele zdjęć z naszych sesji „Day Centre” aby pokazać obrazowo naszą działalność dla osób zainteresowanych. Zamieściliśmy tam też dużo informacji o naszej działalności.

Strona internetowa dla naszego “Day Centre” to: "**GoldenAgeSocialDayCentreBradford.org**"

In order to promote our “Day Centre” the Committee has set up a Website for the organisation. This enables any potential new clients to visit the website and see what is on offer and read all relevant practical information regarding joining the organisation. It also allows “Social Services” workers to direct potential clients to the website and indeed gives the social workers a flavour of what we do .

A number of photographs were taken during various **Day Centre** sessions. **Day Centre** members were happy to take part in photo sessions for our website. Historical images were also included on the website.

A comprehensive write up of all relevant information was collated and approved by the committee. The website was kindly set up by a friend of the organisation for free and we’re are pleased to report it is now active.

The Website for our “Day Centre” is called: "**GoldenAgeSocialDayCentreBradford.org**"

We have also produced a leaflet in two languages about our “Day Centre” which will be available from our Church and other outlets and Committee members to promote our Day Centre and the Charity “Golden Age Social Day Care, Bradford” behind it.

**Te wszystkie działania pomagają naszym członkom w poczuciu własnej wartości, utrzymywaniu dumy z własnego wyglądu przez przygotowywanie się to tych spotkań, co z kolei pomaga w utrzymywaniu niezależności i poczucia że jesteśmy częścią naszej wspólnoty.**

This helps the **Day Centre** members with self-esteem, pride in appearance by getting ready to the venue which in turn helps with independence and self-help and a feeling of community.

7. Na wszystkie swoje działania organizacja „**Golden Age Social Day Care, Bradford**” otrzymuje obecnie **ograniczony w czasie** grant od **Bradford Council**. Z tych pieniędzy jest opłacany czynsz do Parafii za wynajęcie sali POKu, opłaty za prąd i gas jak również ubezpieczenie. Pracownicy kuchni i osoby prowadzące i nadzorujące zajęcia w Day Centre otrzymują odpowiednie wynagrodzenia za ich pracę z tych pieniędzy. „**Golden Age Day Centre, Bradford**” utrzymuje własne, osobne od Parafii **ubezpieczenie**. Opłacamy również WYCAS za co-roczone oficjalne i akceptowane przez **Bradford Council** sprawdzanie naszych finansów.

**Niestety**, ze względu **ograniczonych funduszy w Bradford Council**, grant na **Piątkowe Day Centre** na rok **2025/26** został nam odmówiony. Jednak, **Piątkowe Day Centre** będzie dalej otwarte a my będziemy się starać o fundusze na utrzymanie naszego **Piątkowego Day Centre** z innych środków.

**Golden Age Social Day Care, Bradford** currently receives a time-limited grant from Bradford Council for all its activities. This money pays the Parish rent for the POK hall, electricity and gas bills and insurance. The kitchen staff and those running and supervising the activities in the Day Centre are paid appropriately for their work from this money.

Golden Age Day Centre, Bradford maintains its own separate insurance from the Parish. We also pay WYCAS for an annual official and approved audit of our finances by Bradford Council.

Unfortunately due to limited funds within **Bradford Council**, we have been refused a grant for the **Friday Day Centre** for 2025/26. However, the **Friday Day Centre** will remain open and we will be seeking funding from other sources to maintain the **Friday Day Centre**.

8. Wszystkie osoby pracujące dla „**Golden Age Social Day Care, Bradford**” są „osobami **samoatrudnionymi**” lub „**freelancerami**”, a ponadto mamy kilku **wolontariuszy**, którzy pracują dla nas na zasadzie wolontariatu.

**All the people working for „Golden Age Social Day Care, Bradford” are “Self Employed” or “Freelance” and we also have a number of Volunteers who work for us on voluntary basis.**

# **Golden Age Social Day Care, Bradford**

Charity number 1189062

## **Annual Report and Financial Statements for the year ended 31 March 2025**



# **Golden Age Social Day Care, Bradford**

## **Annual Report and Financial Statements for the year ended 31 March 2025**

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**Prepared by West Yorkshire Community Accountancy Service CIO**

# **Golden Age Social Day Care, Bradford**

## **Trustees' report for the year ended 31 March 2025**

### **Reference and administrative details of the charity, its trustees and advisors**

The trustees during the financial year and up to and including the date the report was approved were:

<b>Name</b>	<b>Position</b>
Andrew Zenon Zjawinski	Chair
Agnieszka Andryszewski	
Magdalena O'Connell	
Grazyna Wolny	
Teresa Spyrka	
Stanislaw Dobrzanski	

**Charity number** 1189062 Registered in England and Wales

<b>Registered and principal address</b>	<b>Bankers</b>
15-17 Edmund Street	Natwest Bank PLC
Bradford	7 Hustlergate
BD5 0BH	Bradford
	BD1 1PP

### **Independent examiner**

Sarah Coates MAAT

### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

### **Structure, governance and management**

The charity is a Charitable Incorporated Organisation (CIO) foundation formed on 15 April 2020 and is governed by a constitution.

### **Method of recruitment and appointment of trustees**

The trustees of the charity are appointed by the members at the AGM.

# **Golden Age Social Day Care, Bradford**

## **Trustees' report (continued) for the year ended 31 March 2025**

### **Objectives and activities**

#### **The charity's objects**

To promote social inclusion for the public benefit by working with elderly people in Bradford and the surrounding areas who are socially excluded by combatting loneliness and social isolation arising as a result of their age, infirmity, ill-health, disability or social circumstance, in particular but not exclusively by the provision of:

Social and recreational facilities and events; and  
Advice, support and information which is capable of reducing their social isolation.

For the purpose of this clause 'socially excluded' means being excluded from society, or parts of society, as a result of one or more of the following factors: unemployment, financial hardship, youth or old age; and ill health (physical or mental).

#### **The charity's main activities**

We organise activities to break the isolation of members and sustain cultural values and enable members and their families to take part in social and historic gatherings. We raise funds to provide members with social meetings, training opportunities, information and a range of stimulating activities.

We support and promote cultural and historical identity of the Polish community in Bradford areas and build links with existing Polish people's networks across Britain and Europe.

We promote healthy living, provide information and contact with specialist services in order to benefit their quality of life, health and well-being and sustain their ability to live independently.

Activities include: chair exercise, Dance On, Polish TV and videos, books, newspapers and magazines, games of dominoes and cards, bingo, day trips, dinner parties, monthly mass for spiritual needs also different types of craft activities; painting, seasonal crafts and gardening programme.

#### **Public benefit statement**

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit.

#### **Achievements and performance**

Golden Age Social Day Care, Bradford open on Wednesdays and Fridays from 10am to 2pm. Clients for a small fee can purchase a 2-course meal consisting of soup and a main course.

During our twice weekly social gatherings that are held in the Polish Community Centre we try to promote to our Members, independence through meeting others, to develop, maintain friendships and relationships.

This reduces isolation and loneliness by members engaging in activities such as dominoes and bingo; craft lessons like making cards; we have invited speakers to encourage discussion, conversation, physical and mental wellbeing; planned trips.

We have, on a regular basis, a visit from a polish speaking hairdresser during our session. We also organise other events such as member's birthdays, anniversaries, etc.

Our Parish Priest, Father Waldemar Hareza attends both Wednesday and Friday sessions of the Day Centre and is available to ALL attendees for spiritual help and guidance.

We have produced a leaflet in two languages about our "Day Centre" which we give to all attendees at the Day Centre. These are also available from our Church, other outlets and Committee members to promote our Day Centre and the Charity "Golden Age Social Day Care, Bradford" behind it.

Agnieszka and Grazyna attended a meeting with Naz Shah Bradford MP discussing Dementia support.  
( Dementia week 20 - 25 May )

A workshop about Falls and Prevention took place in City Hall, and was attended by Grazyna and Agnieszka. We also booked the presentation for the day centre which was done by Stephen Plough from the NHS.

On 21st June, we organised our annual day out trip, this time it was to Whitby by the sea.

# **Golden Age Social Day Care, Bradford**

## **Trustees' report (continued) for the year ended 31 March 2025**

### **Achievements and performance continued**

In July we had a visit from “Academic Unit for Aging and Stroke Research”, three workers from the NHS came and discussed about elderly use of IT in NHS as this is the currently accepted method of communicating by the NHS with its patients.

In September – we had a “Day Out” at “Golden Acres Park” and Murgatroyd fish and chips restaurant.

In December we had our “Christmas dinner party” for members and invited guests such as family and the Charity trustees.

The Law Firm “Silvertime” gave a presentation about Wills and Power of Attorney.

In March we celebrated “Pan Józef Gałęza’s” 103rd birthday with anyone who wanted to join in his birthday celebrations.

Stan Dobrzanski – committee member gave a presentation about: How to remember to take your medications

Mrs Teresa Davison organised a sale of items of “previously loved clothes” which allowed our members to buy quality clothes at very low prices without having to go out to shops and provided fundraising for our

We had a few sessions of Aromatherapy massage for Day Centre members during the year..

### **Financial review**

The net receipts for the year were £3,637, including net receipts of £7,766 on unrestricted funds and net payments of £4,129 on restricted funds.

### **Reserves policy**

The charity's free reserves, at the year end were £44,524.

The charity has no reserves policy at this time, however the trustees are aware of the need for one and plan to look at this for the next financial year.

Approved by the board of trustees on 27/11/2025

A Z Zjawinski (Trustee)

# **Golden Age Social Day Care, Bradford**

## **Independent examiner's report to the trustees of Golden Age Social Day Care, Bradford**

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2025, which are set out on pages 6 to 9.

### **Responsibilities and basis of report**

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Sarah Coates MAAT

01/12/2025

### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

**Golden Age Social Day Care, Bradford**  
**Receipts and payments account**  
**for the year ended 31 March 2025**

	Notes	2025	2025	2025	2024
		Unrestricted	Restricted	Total	Total
		funds	funds	funds	funds
		£	£	£	£
<b>Receipts</b>					
Grants	(2)	-	23,727	23,727	22,206
Bank interest		167	-	167	157
Food income		14,783	-	14,783	11,673
Fundraising income		2,113	-	2,113	630
<b>Total receipts</b>		<b>17,063</b>	<b>23,727</b>	<b>40,790</b>	<b>34,666</b>
<b>Payments</b>					
Freelance payments		731	22,880	23,611	24,758
Telephone		-	77	77	89
Venue hire		-	3,664	3,664	6,285
Printing, postage and stationery		251	9	260	65
Food costs		6,150	-	6,150	5,530
Kitchen equipment		-	-	-	28
Laundry and cleaning costs		290	-	290	300
Activity costs		1,287	90	1,377	720
Masses costs		-	-	-	40
Delivery and travel costs		240	-	240	-
Insurance		-	472	472	468
Independent examination		-	660	660	660
Utilities		348	4	352	805
Training		-	-	-	135
<b>Total payments</b>		<b>9,297</b>	<b>27,856</b>	<b>37,153</b>	<b>39,883</b>
<b>Net receipts / (payments)</b>		<b>7,766</b>	<b>(4,129)</b>	<b>3,637</b>	<b>(5,217)</b>
<b>Fund balances brought forward</b>		<b>36,758</b>	<b>4,129</b>	<b>40,887</b>	<b>46,104</b>
<b>Fund balances carried forward</b>	(3)	<b>44,524</b>	<b>-</b>	<b>44,524</b>	<b>40,887</b>

**Golden Age Social Day Care, Bradford**  
**Statement of assets and liabilities**  
**as at 31 March 2025**

	2025	2025	2025	2024
	Unrestricted	Restricted	Total	Total
	£	£	£	£
<b>Cash funds</b>				
Cash at bank	44,507	-	44,507	40,873
Cash in hand	17	-	17	14
<b>Total cash funds</b>	<u>44,524</u>	<u>-</u>	<u>44,524</u>	<u>40,887</u>

<b>Debtors and prepayments</b>	2025
	£
Prepayments	118
	<u>118</u>

<b>Liabilities</b>	2025
	£
Accruals	660
	<u>660</u>

The financial statements were approved by the board of trustees on 27/11/2025

A Z Zjawinski (Trustee)

# **Golden Age Social Day Care, Bradford**

## **Notes to the accounts**

### **for the year ended 31 March 2025**

#### **1 Accounting policies**

##### **Basis of accounting**

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

##### **Taxation**

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

##### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

**Golden Age Social Day Care, Bradford**  
**Notes to the accounts continued**  
**for the year ended 31 March 2025**

2 Grants and donations	2025 Unrestricted funds £	2025 Restricted funds £	2025 Total funds £	2024 Total funds £
Bradford Metropolitan District Council (BMDC)	-	23,727	23,727	22,206
	<u>-</u>	<u>23,727</u>	<u>23,727</u>	<u>22,206</u>

3 Restricted funds	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
BMDC	4,129	23,727	27,856	-	-
	<u>4,129</u>	<u>23,727</u>	<u>27,856</u>	<u>-</u>	<u>-</u>

**Fund name**

BMDC

**Purpose of restriction**

Towards the running costs of the centre, this covered towards phone costs, distribution of food and rental costs.

**4 Related party transactions**

**Trustee payments**

No trustee received any expenses during this year or the previous year.

**Trustee remuneration and benefits**

No trustee received any remuneration or benefit during this or the previous year.

**Golden Age Social Day Care, Bradford**  
**Independent examiner's report to the trustees of Golden Age Social Day**  
**Care, Bradford**

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2025, which are set out on pages 6 to 9.

**Responsibilities and basis of report**

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').


I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:  .....

Name: Sarah Coates MAAT

01/12/2025

**West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

**GOLDEN AGE SOCIAL DAY CARE, BRADFORD**

England & Wales - Charity number 1189062

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# Accounts

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**Walne Zebranie (AGM) organizacji “Golden Age Social Day Care, Bradford”**  
**12-ego Kwietnia 2024, POK, godz. 12:30**

1. Powitanie. -Welcome

2. Członkowie Zarządu: (Committee members: )

Prezes:

Chairperson: Mr A.Z. Zjawinski

Członkowie Zarządu:

Members of the Committee: Pani Agnieszka Andryszewski  
Pani Grazyna Wolny  
Pani Magda O`Connell  
Pani Teresa Spyrka  
Pan Stan Dobrzanski

Wolontariusze pomagający Zarządowi to:

Our Committee Volunteers: Pani Teresa Davison  
Pani Renia Tombs

3. W kuchni pracują:

In the kitchen we have: Pani Ania Bubak  
Pani Dorota Torowska  
Pani Ela Szczepura

Na sali pomaga:

Session helper: Pani Teresa Masters  
Pani Jola Buczel

Voluntariusze: Volunteers Panie: Justyna i Grazyna

Osoby odpowiedzialne w czasie spotkań: Pani Agnieszka Andryszewska

Persons responsible for safety and well-being  
of our members during our sessions: Pani Grazyna Wolny

oraz obecni na sali członkowie komitetu  
and any members of the Committee that are present.

4. Organizacja “**Golden Age Social Day Care, Bradford**” poprzednio znana jako „**Polish Day Centre, Bradford**” jest obecnie zarejestrowana jako organizacja **Charytatywna** czyli „**Charity**” z **Charity Commission** w **Wielkiej Brytanii**. W związku z tym Komitet jest zobowiązany sporządzać sprawozdania z naszej działalności i wysyłać je do Charity Commission. Komitet również wysyła sprawozdania do **Bradford Council** aby utrzymywać przyznany nam przez nich grant, jak również do WYCAS, (West Yorkshire Community Accounting Service) który nam sprawdza i zatwierdza rozliczenia finansowe.  
Aby wypełnić obowiązki organizacji charytatywnej, komitet i wolontariusze spotykają się regularnie, kilka razy w roku.

The organisation “**Golden Age Social Day Care, Bradford**” previously known as „**Polish Day Centre, Bradford**” is now a registered Charity with **The Charity Commission in the UK**. Because of this the Committee is required to provide a report of it’s activities to the Commission and also to Bradford Council from whom we get a grant to support our activities. We also provide this report to WYCAS, (West Yorkshire Community Accounting Service) who do official accounting work for us to provide us with an official financial statement for the Charity Commission.

In order to fulfil the Commission’s requirements for a Charity, the Committee members meet a number of times during the year.

5. “Day Centre” jest otwarte w **Środy i w Piątki** od godziny 10:00 to 14:00. Klienci, za niewielką opłatą mogą dostać dwu-daniowy obiad: **zupa oraz główne danie**. Członkowie biorący udział w spotkaniach „Day Centre” spotykają się ze znajomymi i przyjaciółmi. Promujemy cały czas „**niezależność**” do naszych członków Day Centre, przez spotkanie się z innymi osobami, przez nawiązywanie znajomości i przyjaźni z innymi uczestnikami spotkań. To pomaga w redukowaniu izolacji i poczucia samotności przez naszych uczestników.

Często organizowane są różne zajęcia takie jak: delikatne ćwiczenia gimnastyczne, gra w domino, bingo, zajęcia plastyczne takie jak robienie kartek na Święta, jest też „Śpiewamy razem”, przychodzą do nas osoby z zewnątrz które prezentują różne tematy dla informacji i do dyskusji. **W miarę możliwości planujemy wycieczki lub wyjazdy poza okolice oraz inne atrakcje.**

Przyjeżdża to do nas regularnie fryzjerka, oraz odbywają się różne imprezy, takie jak: urodziny członków, rocznice obchodzone przez członków oraz **co-miesięczna msza św.**

**Najważniejszym jednak elementem naszych spotkań jest troska o samopoczucie klientów.**

Klienci przyjeżdżają do POKu taksówkami, używają również „Access Bus” udostępniony przez Bradford Council, lub są przywożeni na miejsce przez członków rodziny.

The Day Centre is open on Wednesdays and Fridays from 10am to 2pm. Clients for a small fee can purchase a 2-course meal consisting of soup and a main course. During our twice weekly social gatherings that are held in the Polish Community Centre we try to promote to our Members, independence through meeting others, to develop, maintain friendships and relationships.

This reduces isolation and loneliness by members engaging in activities such as the group meal times, class exercise, Singing together sessions and other game activities such as dominoes and bingo; craft lessons like making cards; we have invited speakers to encourage discussion, conversation, physical and mental wellbeing; planned trips.

We have, on regular basis, a visiting, polish speaking hairdresser during our session. We also organise other events such as member’s birthdays, anniversaries, etc.

We also hold a Holly Mass once a month.

However, the main task of our sessions is to take care of the well-being of our members.

For the twice weekly sessions our members come to the “Polish Community Centre” by taxi, Access Bus and also by friends or family members.

## 6. Sprawozdanie z działalności "Day Centre"

### Report on the activities of the "Day Centre"

Na święta "Wielkanocne" w 2023 roku zrobiliśmy świąteczne dekoracje na stoły oraz ubraliśmy „Koszyczek Wielkanocny”

For Easter we have made and set up nice decorations on tables also we had an Easter basket display

Była Pielęgniarka z „Bradford Royal Infirmary” aby przetestować członków Day Centre na zakażenie wirusem Hepatitis (Choroba wątroby)

A Nurse from Bradford Royal Infirmary came Wednesday and Friday to test members for Hepatitis (Liver disease)

Miejscowa Polska Szkoła zorganizowała wystawę o „Recydingu” a której obejrzenie zaprosili członków „Day Centre”

Local Polish School prepared an exhibition about RECYCLING and some members went to have a look at it.

Było wiele dyskusji na temat wycieczek. Zdecydowaliśmy się pojechać do „Piece Hall” w Halifax jak również pojechaliśmy do restauracji „Toby Carvery” na obiad.

We had various discussions and suggestions about day trips. In July we had a trip to "Piece Hall" in Halifax. We also organised a trip to "Toby Carvery" restaurant on Rooley Lane, for a meal.

W lipcu mieliśmy wizytę z Bradford Council z grupy "Local Community Support Grant" którzy badają jak pieniądze przydzielone na Grant są używane. Wystawili oni nam bardzo „POZYTYWNA” opinie o naszej działalności. Przeczytałem cytaty z ich wypowiedzi niżej po angielsku.

In July we had a visit from LCSG – "Local Community Support Grant" provider. They were very happy with the support we provide for our Day Centre members and gave us an outstanding review of our activities.

**Quote:** "I spoke to 9 members of the group. All echoed the same sentiment telling me how much this group means to them and prevented them from being lonely, isolated and how this group breaks up their week and is what they look forward to. One had endured several years of isolation and therefore really appreciated how much this group now enhances her life.

There was lots of mention of the friendships formed here and how it feels like a little community with support and companionship. Apart from the social aspect, they really enjoyed all the activities.

One member works at another Church and said how envious he was of what this group has managed to create as the good atmosphere is always so friendly and warm."

W **Sierpniu** odbył się tradycyjny „Obiad Żołnierski” w którym wzięło udział wielu naszych członków Day Centre.

In August, a traditional "Veteran's Dinner" took place in which some of our members took part.

We Wrześniu pani Magda O'Connell zorganizowała prezentacje o MMOST – Maximising Mobilność i Cwiczenia Sily, porady zostały udzielone osobom zainteresowanym.

In September, Magda O'Connell organised a visit from a speaker who talked about “MMOST” - Maximising Mobility and Strength Training and gave advice to members about it.

Obchodziliśmy również 150 letni jubileusz Ratusza w Bradford. Budynek ten został udostępniony dla publiczności. Niektórzy członkowie mieli szansę pojsć tam i to wszystko obejrzeć.

We also celebrated 150 years of Bradford City Hall. The Hall was open to the public and some members were able to go and visit.

Aby promować nasze “Day Centre” komitet spędził dużo czasu aby zorganizować stronę internetową dla naszej organizacji. Strona ta pozwoli potencjalnym nowym członkom/klientom dowiedzieć się o naszej działalności oraz o tym co oferujemy naszym członkom gdy dołącza do naszej grupy „Day centre”. Ta strona również pozwoli „Social Services” pokierować potencjalnych nowych klientów w naszą stronę jak też poinformować ich o naszej działalności.

Zrobiliśmy wiele zdjęć w czasie naszych sesji „Day Centre” aby pokazać obrazowo naszą działalność dla osób zainteresowanych. Zamieszczono tam też dużo informacji o naszej działalności.

Wyprodukowaliśmy też ulotkę w dwóch językach ze streszczeniem opisu o naszej działalności.

Strona internetowa dla naszego “Day Centre” to: **"GoldenAgeSocialDayCentreBradford.org"**

In order to promote our “Day Centre” the Committee spent a substantial amount of time last year setting up a Website for the organisation. This will enable any potential new clients to visit the website and see what is on offer and read all relevant practical information regarding joining the organisation. It will also allow “Social Services” workers to direct potential clients to the website and indeed gives the social workers a flavour of what we do .

In order to set up the website photographs were taken during the Day Centre sessions. Day centre members we happy to take part in photo sessions for our website. Historical images were also included on the website.

A comprehensive write up of all relevant information was collated and approved by the committee. The website was kindly set up by a friend of the organisation for free and were are pleased to report it is now active.

The Website for our “Day Centre” is called: **"GoldenAgeSocialDayCentreBradford.org"**

We have also produced a leaflet in two languages about our “Day Centre” which will be available from our Church and other outlets and Committee members to promote our Day Centre and the Charity “Golden Age Social Day Care, Bradford” behind it.

**Te wszystkie działania pomagają naszym członkom w poczuciu własnej wartości, utrzymaniu dumy z własnego wyglądu przez przygotowywanie się to tych spotkań, co z kolei pomaga w utrzymaniu niezależności i poczucia że jesteśmy częścią naszej wspólnoty.**

This helps the members with self-esteem, pride in appearance by getting ready to the venue which in turn helps with independence and self-help and a feeling of community.

Pani „Koordynator” wzięła udział w konferencji na temat „Ochorony i Zabezpieczania” członków naszego Day Centre w **Listopadzie** w „Margaret McMillan Centre”.

Our Coordinator attended "Safeguarding Conference" in November in Margaret McMillan Centre

W **Listopadzie** odbyła się msza św „Wypominkowa” za już odeszłych od nas członków „Day Centre”

In **November** – we celebrated a Holly Mass in remembrance of ALL the members who used to attend our Day Centre but now have passed away. (“Wypominki”)

W **Grudniu** robiliśmy kartki na Boże Narodzenie, dochód ze sprzedarzy przekazany został na potrzeby Day Centre

In **December** – we were making Christmas Cards and we sold them for fund raising purposes

Mieliśmy obiad świąteczny przed świętami **Bożego Narodzenia** w którym udział wzięli członkowie Day Centre wraz z zaproszonymi przez nich gośćmi oraz członkowie zarządu naszej Charity.

**We had “Christmas dinner party” for members and invited guests such as family and the Charity trustees.**

Miejscowa “Polska Szkoła” zorganizowała sezonowe przedstawienie “Jasełka” i zaprosiła członków naszego Day Centre na „Kolędowanie”

Local Polish School has organised “Nativity Play” and invited our members for Carol Singing.

W **Lutym** obchodziliśmy uroczystość “Valentyńki”

In **February** – we celebrated “Valentine Day”

Wspólnie z członkami Day Centre obchodziliśmy 102-gą rocznicę urodzin **Pana Józefa Gałęzy**.

We also celebrated “Pan **Józef Gałęza’s**” **102<sup>nd</sup> birthday** with anyone who wanted to join in his birthday celebrations.

Mielismy też sesję “Introducing 1:1 support” dla osób zdiagnozowanych z **Demencją** w czasie Piątkowego Day Centre

We also ran an “Introducing 1:1 support” session with members who were diagnosed with dementia. During one of the Friday Sessions.

Pani **Teresa Davison** zorganizowała kilka sesji wyprzedaży „Wcześniej ulubionych ubrań” które pozwoliły naszym członkom nabyć wysokiej jakości ubrania po bardzo dostępnej cenie, jak również że nikt nie musiał jechać gdzieś daleko do sklepu. Dochody ze sprzedarzy zostały przekazane na cele naszego „Day Centre”.

**Mrs. Teresa Davison organised a sale of items of “previously loved clothes” which allowed our members to buy quality clothes at very low prices without having to go out to shops and provided fundraising for our organization.**

Grupa z “Bradford University Research” przeprowadziła studia Psychologiczne na temat „Nawyki czytania i używanie Mediów. Były przedstawione o tym prezentacje i było dużo dyskusji na te tematy. Osoby które wzięły udział w tych badaniach dostały £50 nagrode.

**Bradford University Research – organised a research study for our members. We participated in a Psychology study entitled "Investigating People's Reading Habits and Engagement with Media". This involved lots of presentations and participation from our members. The participants received a £50 prize for taking part in the research study.**

7. Na wszystkie swoje działania organizacja „**Golden Age Social Day Care, Bradford**” otrzymuje obecnie ograniczony w czasie grant od **Bradford Council**. Z tych pieniędzy jest też opłacany czynsz do Parafii za wynajęcie sali POKu. Pracownicy kuchni i osoby prowadzące i nadzorujące zajęcia w Day Centre otrzymują odpowiednie wynagrodzenia za ich pracę.  
„**Golden Age Day Centre, Bradford**” utrzymuje własne, osobne od Parafii **ubezpieczenie**. Opłacamy również WYCAS za co-roczone oficjalne i akceptowane przez **Bradford Council** sprawdzanie naszych finansów.

**In order to be able to carry out our work, our organisation „Golden Age Social Day Care, Bradford” gets a time limited grant from Bradford Council. The grant covers the running cost of the Day Centre meetings which includes the hire of the premisses gas and electric bills, the insurance for our meetings. The grant also covers the expenses for our staff and kitchen personnel. We also pay the fees to WYCAS for doing our officially recognised finances and we also have our own insurance policy which is separate from the parish.**

8. Wszystkie osoby pracujące dla „**Golden Age Social Day Care, Bradford**” są „**Samo Zatrudnieni**” lub pracują jako **Wolontariusze** bez pobierania opłat.

**All the people working for „Golden Age Social Day Care, Bradford” are “Self Employed” or “Freelance” and we also have a number of Volunteers who work for us on voluntary basis.**

# **Golden Age Social Day Care, Bradford**

Charity number 1189062

## **Annual Report and Financial Statements for the year ended 31 March 2024**



# **Golden Age Social Day Care, Bradford**

## **Annual Report and Financial Statements for the year ended 31 March 2024**

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Receipts and payments account	5
Statement of assets and liabilities	6
Notes to the accounts	7 to 8

**Prepared by West Yorkshire Community Accountancy Service CIO**

# **Golden Age Social Day Care, Bradford**

## **Trustees' report for the year ended 31 March 2024**

### **Reference and administrative details of the charity, its trustees and advisors**

The trustees during the financial year and up to and including the date the report was approved were:

<b>Name</b>	<b>Position</b>	<b>Dates</b>
Andrew Zenon Zjawinski	Chair	
Agnieszka Andryszewski		
Magdalena O'Connell		
Grazyna Wolny		
Teresa Spyrka		Appointed 7 January 2023
Stanislaw Dobrzanski		Appointed 7 January 2023

<b>Charity number</b>	1189062	Registered in England and Wales
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<b>Registered and principal address</b>	<b>Bankers</b>
15-17 Edmund Street	Natwest Bank PLC
Bradford	7 Hustlergate
BD5 0BH	Bradford
	BD1 1PP

### **Independent examiner**

Sarah Coates MAAT

### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

### **Structure, governance and management**

The charity is a Charitable Incorporated Organisation (CIO) foundation formed on 15 April 2020 and is governed by a constitution.

### **Method of recruitment and appointment of trustees**

The trustees of the charity are appointed by the members at the AGM.

### **The charity's objects**

To promote social inclusion for the public benefit by working with elderly people in Bradford and the surrounding areas who are socially excluded by combatting loneliness and social isolation arising as a result of their age, infirmity, ill-health, disability or social circumstance, in particular but not exclusively by the provision of:

Social and recreational facilities and events

Advice, support and information which is capable of reducing their social isolation.

For the purpose of this clause 'socially excluded' means being excluded from society, or parts of society, as a result of one or more of the following factors: unemployment, financial hardship, youth or old age; and ill health (physical or mental).

# **Golden Age Social Day Care, Bradford**

## **Trustees' report (continued) for the year ended 31 March 2024**

### **Objectives and activities**

#### **The charity's main activities**

We organise activities to break the isolation of members and sustain cultural values and enable members and their families to take part in social and historic gatherings. We raise funds to provide members with social meetings, training opportunities, information and a range of stimulating activities.

We support and promote cultural and historical identity of the Polish community in Bradford areas and build links with existing Polish people's networks across Britain and Europe.

We promote healthy living, provide information and contact with specialist services in order to benefit their quality of life, health and well-being and sustain their ability to live independently.

Activities include: chair exercise, Dance On, Polish TV and videos, books, newspapers and magazines, games of dominoes and cards, bingo, day trips, dinner parties, monthly mass for spiritual needs also different types of craft activities; painting, seasonal crafts and gardening programme.

#### **Public benefit statement**

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit.

#### **Achievements and performance**

During the year 2023-2024 Golden Age Social Day Care Bradford provided support and activities for the members of Wednesday and Friday gatherings. After Covid locked down sadly a few members from our groups passed away, we are welcome a new members and our groups have been growing slowly but steadily. The meetings prevent members from being lonely, isolated and how these groups break up their week and what they look forward to. A lot of friendships formed during these sessions and it feels like a little community with support and companionship. Members really enjoy all the activities during the sessions.

GASDC committee provided a new Polish and English leaflet about meetings – and we distribute it by members of our day centre, Polish Church, Club, Polish shops and as well to Adult Services and NHS Mental Health by members of committee.

GASDC has opened the website to advertised the groups, with all information for members of public and other professionals.

In year 2023-24 we promoted health living – speakers from PACT nurses about health diet, tests were carried out by nurses from the hospital to check hepatitis C, Falls Prevention presentation and advised.

Beginning of year 2024 the members of Wednesday and Friday group took part of dementia research organised by Bradford University. The study helped members to talk more open about their problems with memory and seek for advice.

In the summer 2023 we had a trip to Piece Hall in Halifax followed by the meal in Toby Carvery. At Christmas we had Christmas dinner party with sing a long Polish and English carols.

#### **Financial review**

The net payments for the year were £5,217, including net receipts of £6,311 on unrestricted funds and net payments of £11,528 on restricted funds after transfers.

#### **Reserves policy**

The charity's free reserves, at the year end were £36,758.

The charity has no reserves policy at this time, however the trustees are aware of the need for one and plan to look at this for the next financial year.

Approved by the board of trustees on 14/01/2025

A Z Zjawinski (Trustee)

# **Golden Age Social Day Care, Bradford**

## **Independent examiner's report to the trustees of Golden Age Social Day Care, Bradford**

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2024, which are set out on pages 5 to 8.

### **Responsibilities and basis of report**

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Sarah Coates MAAT

15/01/2025

### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

**Golden Age Social Day Care, Bradford**  
**Receipts and payments account**  
**for the year ended 31 March 2024**

	Notes	2024	2024	2024	2023
		Unrestricted	Restricted	Total	Total
		funds	funds	funds	funds
		£	£	£	£
<b>Receipts</b>					
Grants	(2)	-	22,206	22,206	20,996
Bank interest		157	-	157	51
Food income		11,673	-	11,673	10,428
Fundraising income		630	-	630	643
<b>Total receipts</b>		<u>12,460</u>	<u>22,206</u>	<u>34,666</u>	<u>32,118</u>
<b>Payments</b>					
Freelance payments		-	24,758	24,758	20,605
Telephone		-	89	89	72
Venue hire		-	6,285	6,285	1,500
Printing, postage and stationery		-	65	65	17
Food costs		5,530	-	5,530	4,645
Kitchen equipment		-	28	28	12
Laundry and cleaning costs		300	-	300	270
Activity costs		279	441	720	91
Masses costs		40	-	40	80
Insurance		-	468	468	537
Independent examination		-	660	660	360
Volunteer expenses		-	-	-	26
Utilities		-	805	805	460
Training		-	135	135	38
<b>Total payments</b>		<u>6,149</u>	<u>33,734</u>	<u>39,883</u>	<u>28,713</u>
<b>Net receipts / (payments)</b>		<u>6,311</u>	<u>(11,528)</u>	<u>(5,217)</u>	<u>3,405</u>
<b>Fund balances brought forward</b>		<u>30,447</u>	<u>15,657</u>	<u>46,104</u>	<u>42,699</u>
<b>Fund balances carried forward</b>	(3)	<u>36,758</u>	<u>4,129</u>	<u>40,887</u>	<u>46,104</u>

**Golden Age Social Day Care, Bradford**  
**Statement of assets and liabilities**  
**as at 31 March 2024**

	2024	2024	2024	2023
	Unrestricted	Restricted	Total	Total
	£	£	£	£
<b>Cash funds</b>				
Cash at bank	36,744	4,129	40,873	45,972
Cash in hand	14	-	14	133
<b>Total cash funds</b>	<u>36,758</u>	<u>4,129</u>	<u>40,887</u>	<u>46,104</u>

**Debtors and prepayments**

	2024
	£
Prepayments	117
	<u>117</u>

**Liabilities**

	2024
	£
Accruals	660
	<u>660</u>

The financial statements were approved by the board of trustees on 14/01/2025

A Z Zjawinski (Trustee)

# **Golden Age Social Day Care, Bradford**

## **Notes to the accounts**

### **for the year ended 31 March 2024**

#### **1 Accounting policies**

##### **Basis of accounting**

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

##### **Taxation**

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

##### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

**Golden Age Social Day Care, Bradford**  
**Notes to the accounts continued**  
**for the year ended 31 March 2024**

2 Grants and donations	2024 Unrestricted funds £	2024 Restricted funds £	2024 Total funds £	2023 Total funds £
Bradford Metropolitan District Council (BMDC)	-	22,206	22,206	20,996
	<u>-</u>	<u>22,206</u>	<u>22,206</u>	<u>20,996</u>

3 Restricted funds	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
BMDC	15,657	22,206	33,734	-	4,129
	<u>15,657</u>	<u>22,206</u>	<u>33,734</u>	<u>-</u>	<u>4,129</u>

Fund name	Purpose of restriction
BMDC	Towards the running costs of the centre, this covered towards phone costs, distribution of food and rental costs.

**4 Trustee expenses**

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits			2024 £	2023 £
Name of trustee	Relationship to	Description of transaction		
Mrs A.Andryszewski	Trustee	Freelance work to support members	7,135	5,665
Mrs G.Wolny	Trustee	Freelance work to support members	3,030	2,065
			<u>10,165</u>	<u>7,730</u>

Authority for these payments is provided in the charity's constitution.

**Golden Age Social Day Care, Bradford**  
**Independent examiner's report to the trustees of Golden Age Social Day**  
**Care, Bradford**

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2024, which are set out on pages 5 to 8.

**Responsibilities and basis of report**

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

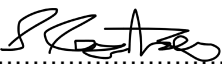
I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:  .....

Name: Sarah Coates MAAT

15/01/2025

**West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

**GOLDEN AGE SOCIAL DAY CARE, BRADFORD**

England & Wales - Charity number 1189062

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# Accounts

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**Walne Zebranie organizacji “Golden Age Social Day Care, Bradford”**  
**31-ego Marca 2023, POK godz. 13:00**

1. Powitanie.
2. Członkowie Zarządu:

Prezes:

Chairperson: Mr A.Z. Zjawinski

Członkowie Zarządu:

Members of the Committee: Pani Agnieszka Andryszewska  
Pani Grazyna Wolny  
Pani Magda O`Connell  
Pani Teresa Spyrka  
Pan Stan Dobrzanski

Wolontariusze pomagający Zarządowi to:

Our Committee Volunteers: Pani Teresa Davison  
Pani Renia Tombs

3. W kuchni pracują:

In the kitchen we have: Pani Ania Bubak  
Pani Dorota Torowska

Na sali pomaga:

Session helper: Pani Teresa Masters

Osoby odpowiedzialne w czasie spotkań:

Pani Agnieszka Andryszewska

Persons responsible for safety and well-being  
of our members during our sessions:

Pani Grazyna Wolny

oraz obecni na sali członkowie komitetu  
and any present members of the Committee.

4. Organizacja “**Golden Age Social Day Care, Bradford**” poprzednio znana jako „**Polish Day Centre, Bradford**” jest obecnie zarejestrowana jako organizacja **Charytatywna** czyli „**Charity**” z Charity Commission w UK. W związku z tym Komitet jest zobowiązany sporządzać sprawozdania z naszej działalności i wysyłać je do Charity Commission. Komitet również wysyła sprawozdania do **Bradford Council** aby utrzymywać przyznany nam przez nich grant, jak również do WYCAS, (West Yorkshire Community Accounting Service) który nam sprawdza i zatwierdza rozliczenia finansowe.  
Aby wypełnić obowiązki organizacji charytatywnej, komitet i wolontariusze spotykają się regularnie, kilka razy w roku.

**The organisation “Golden Age Social Day Care, Bradford” previously known as „Polish Day Centre, Bradford” is now a registered Charity with The Charity Commission in the UK. Because of this the Committee is required to provide a report of it’s activities to the Commission and also to Bradford Council from whom we get a grant to support our activities. We also provide this report to WYCAS, (West Yorkshire Community Accounting Service) who do official accounting work for us to provide us with an official financial statement for the Charity Commission.**

**In order to fulfil the Commission’s requirements for a Charity, the Committee members meet a number of times during the year.**

5. Day Centre jest otwarte w Środy i w Piątki od godziny 10:00 to 14:00. Klienci, za niewielką opłatą mogą dostać dwu-daniowy obiad: **zupa oraz główne danie**. Członkowie biorący udział w spotkaniach „Day Centre” spotykają się ze znajomymi i przyjaciółmi. Promujemy cały czas „**niezależność**” do naszych członków Day Centre przez spotykanie się z innymi osobami, przez nawiązywanie znajomości i przyjaźni z innymi uczestnikami spotkań. To pomaga w redukowaniu izolacji i poczucia samotności przez naszych uczestników.

Często organizowane są różne zajęcia takie jak: delikatne ćwiczenia gimnastyczne, gra w domino, bingo, zajęcia plastyczne takie jak robienie kartek na święta, „Śpiewamy razem” przychodzi do nas osoba z zewnątrz która prezentuje różne tematy dla informacji i do dyskusji.

**W miarę możliwości planujemy wycieczki lub wyjazdy poza okolice, n.p. wyjazd do Llandudno razem z grupą „Przyjaciół Parafii w Huddersfield”, oraz inne atrakcje.**

Przyjeżdża to do nas regularnie fryzjerka, oraz odbywają się różne imprezy, takie jak: urodziny członków, rocznice obchodzone przez członków, **co-miesięczna msza św.**

**Najważniejszym jednak elementem naszych spotkań jest troska o samopoczucie klientów.**

Klienci przyjeżdżają do POKu taksówkami, używają również „Access Bus” dostarczany przez Bradford Council, lub są przywożeni na miejsce przez członków rodziny.

**The Day Centre is open on Wednesdays and Fridays from 10am to 2pm. Clients for a small fee can purchase a 2-course meal consisting of soup and a main course.**

**During our twice weekly social gatherings that are held in the Polish Community Centre we try to promote to our Members, independence through meeting others, to develop, maintain friendships and relationships.**

**This reduces isolation and loneliness by members engaging in activities such as the group meal times, class exercise, Singing together sessions and other game activities such as dominoes and bingo; craft lessons like making cards; we have invited speakers to encourage discussion, conversation, physical and mental wellbeing; planned trips, one of which was to Llandudno together with the Huddersfield Friends of the Parish.**

**We have, on regular basis, a visiting, polish speaking hairdresser during our session. We also organise other events such as member's birthdays, anniversaries, etc.**

**We also hold a Holly Mass once a month.**

**However, the main task of our sessions is to take care of the well-being of our members.**

**For the twice weekly sessions our members come to the “Polish Community Centre” by taxi, Access Bus and also by friends or family members.**

6. Były prezentacje i sesje informacyjne na tematy: „Jak unikac Upadkow”, „Jak utrzymac ciepły Dom”, spotkanie „Ciasto Walentynkowe przy winie”, „Miedzynarodowy Dzień Kobiet”, na którym jeden z Panow zaprezentował roze dla każdej obecnej Pani. Mieliśmy obiad świąteczny przed świętami Bożego Narodzenia w którym udział wzięli członkowie Day Centre wraz z zaproszonymi przez nich gośćmi oraz członkowie zarządu naszej Charity.

To wszystko pomaga naszym członkom w poczuciu własnej wartości, utrzymywaniu dumy z własnego wyglądu przez przygotowywanie się to tych spotkań, co z kolei pomaga w utrzymywaniu niezależności, i poczucia że jesteśmy częścią naszej wspólnoty.

**There have been presentations and informative sessions on Falls Preventions, Warm Home, Valentine cake and wine party, International Women's Day party where one of the gentlemen brought a rose for each lady in the room! Christmas dinner party for members and invited guests such as family and the Charity trustees. This helps the members with self-esteem, pride in appearance by getting ready to the venue which in turn helps with independence and self-help and a feeling of community.**

7. Nasza Pani Koordynator wzięła udział w dwóch sesjach „**Community Network**” zorganizowanych przez oddział „**Health and Wellbeing**” aby przedstawić naszą organizację innym, zewnętrznym osobom i organizacjom jak również aby zaczerpnąć różnych pomysłów od innych organizacji.

To dużo pomaga w zorientowaniu się co się dzieje w naszym Bradfordzkim okręgu jak również i w samej naszej Parafii aby pomóc ułatwić życie dla naszych członków.

Jestemy nadal w kontakcie z członkami „Day Centre” którzy jeszcze nie wrócili na nasze spotkania po „Covid Lockdown” ze względu na własne zdrowie. Staramy się ich przekonać do powrotu do naszych spotkań co by na pewno dołożyło się do ich powrotu do zdrowia.

**The coordinator attended two sessions of the “Community Network” from the Dept. of Health and Wellbeing to present our organisation and liaise with others. This gives invaluable insight into what is happening in the district and knowledge of how to help members with their lives. The members are informed of any meetings and the outcomes also what is happening within the Parish itself. The coordinator is still in touch by phone to members who had not returned after Covid due to ill health whilst encouraging them to return to the sessions; one member has recently returned to us.**

8. Jeden z członków zarządu wziął udział w nieoficjalnym spotkaniu z przywódcami społeczności w Bradford i okolicy, gdzie dyskutowane były sprawy dotyczące transportu dla uczestników Day Centre.

Uczestnicy „Day Centre” poinformowali zarząd że byli bardzo zadowoleni że mogą znów przybywać na nasze tygodniowe spotkania i spotykać się ze znajomymi i przyjaciółmi. Jednak duża liczba uczestników Day Centre jest już w podeszłym wieku i były pytania na temat alternatywnego transportu do naszego osrodka. Sprawa będzie przedyskutowana z członkami Zarządu na następnym zebraniu.

**A staff member had attended an informal meeting with other community leaders where the issue of transport arrangements was discussed. Members of the Day Centre have said how pleased they were to be able to attend our sessions and to meet friends They said that they were hoping it will continue. As some of the attendees are getting older they have been asking about the possibility of some different transport arrangements to get them to the venue. The ‘issue’ is on the next agenda for the trustees meeting.**

9. Pani Koordynator wzięła udział w spotkaniu dotyczącym zdobywania funduszy na naszą działalność w „Day Centre” zorganizowane przez Bradford West. Raport będzie zdany do Zarządu na następnym Zebraniu.

**The coordinator attended a funding ‘Top Tips’ network organised by Bradford West area for ideas and inspirations and will report back to the Trustees at the next meeting.**

10. Pracownicy mieli zaktualizowane szkolenie na temat alergii i alergenów. Został utworzony dokument na ten temat który osoby zainteresowane mogą przeczytać.

**Staff have had new updated training regarding allergens and an allergy guide has been produced for all meals and snacks that can be accessed by any member or guest; members have been made aware of this.**

11. Jeden z uczestników „Day Centre” zapytał o wycieczkę na imprezę „Polish Folklore Spectacular” która miała odbyć się w Leamington Spa. Była przedstawiona propozycja że jeśli osoby chętne wzięć udział w tej

impresie sami zaplaca za bilet wstepu, nasza organizacja zaplaci za transport na miejsce. Okazalo sie jednak ze ta impreza odbedzie sie w Londynie, co okazalo sie za bardzo trudne i meczace dla naszych czlonkow „Day Centre”, wiec zrezygnowalismy z tego wyjazdu. W przyszlosci rozejrzemy sie za jakimiś imprezami w blizszej okolicy ktore by byly bardziej dostepne.

Widzimy bardzo pozytywna zmiane w tym ze nasi uczestnicy chca juz wychodzic gdzies dalej poza wlasny dom po tych wszystkich ograniczeniach zwiazanych z Covidem.

A “Day Centre” member asked about going on a visit for a “Polish Folklore Spectacular” thought to be held in Leamington Spa. Members were offered that if they pay for tickets then the organisation would offer to pay for transport. However, the performance is actually in London and the logistics plus timing would be too onerous for the members; although disappointed, they did agree that it would be too much to do in a day.

The coordinator has said she will look into any other more local theatre/performance opportunities. It was a very positive sign that the members are looking to venture further out, more confident after the Covid restriction.

12. Na wszystkie swoje dzialania organizacja „**Golden Age Social Day Care, Bradford**” otrzymuje obecnie ograniczony w czasie grant od Bradford Council. Z tych pieniedzy rowniez jest placony czynsz do Parafii za wynajecie sali POKu. Pracownicy kuchni i osoby prowadzace i nadzorujace zajecia w Day Centre, otrzymuja odpowiednie wynagrodzenia za ich prace. „**Golden Age Social Day Care, Bradford**” utrzymuje wlasne, osobne od Parafii **ubezpieczenie**. Musimy rowniez oplacac WYCAS za co-roczone oficjalne i autoryzowane przez **Bradford Council** sprawdzanie naszych finansow.

In order to be able to carry out our work, our organisation „**Golden Age Social Day Care, Bradford**” gets a time limited grant from Bradford Council. The grant covers the running cost of the Day Centre meetings which includes the hire of the premisses gas and electric bills, the insurance for our meetings. The grant also covers the expenses for our staff and kitchen personnel. We also pay the fees to WYCAS for doing our officially recognised finances and we also have our own insurance policy which is separate from the parish.

13. Wszystkie osoby pracujace dla „**Golden Age Social Day Care, Bradford**” sa „Samo Zatrudnieni” (czyli „Self Employed”) lub pracuja jako Wolontariusze bez pobierania oplac.

All the people working for „**Golden Age Social Day Care, Bradford**” are “Self Employed” and we also have a number of Volunteers who work for us on voluntary basis.

# **Golden Age Social Day Care, Bradford**

Charity number 1189062

## **Annual Report and Financial Statements for the year ended 31 March 2023**

**WYCAS**

COMMUNITY ACCOUNTING  
WEST YORKSHIRE

# **Golden Age Social Day Care, Bradford**

## **Annual Report and Financial Statements for the year ended 31 March 2023**

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Examiner's report	4
Receipts and payments account	5
Statement of assets and liabilities	6
Notes to the accounts	7 to 8

**Prepared by West Yorkshire Community Accountancy Service CIO**

# **Golden Age Social Day Care, Bradford**

## **Trustees' report for the year ended 31 March 2023**

### **Reference and administrative details of the charity, its trustees and advisors**

The trustees during the financial year and up to and including the date the report was approved were:

<b>Name</b>	<b>Position</b>	<b>Dates</b>
Andrew Zenon Zjawinski	Chair	
Agnieszka Andryszewski		
Magdalena O'Connell		
Grazyna Wolny		
Teresa Spyrka		Appointed 7 January 2023
Stanislaw Dobrzanski		Appointed 7 January 2023

<b>Charity number</b>	1189062	Registered in England and Wales
-----------------------	---------	---------------------------------

<b>Registered and principal address</b>	<b>Bankers</b>
15-17 Edmund Street	Natwest Bank PLC
Bradford	7 Hustlergate
BD5 0BH	Bradford
	BD1 1PP

### **Independent examiner**

Sarah Coates MAAT

### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

### **Structure, governance and management**

The charity is a Charitable Incorporated Organisation (CIO) foundation formed on 15 April 2020 and is governed by a constitution.

### **Method of recruitment and appointment of trustees**

The trustees of the charity are appointed by the members at the AGM.

### **The charity's objects**

To promote social inclusion for the public benefit by working with elderly people in Bradford and the surrounding areas who are socially excluded by combatting loneliness and social isolation arising as a result of their age, infirmity, ill-health, disability or social circumstance, in particular but not exclusively by the provision of:

Social and recreational facilities and events

Advice, support and information which is capable of reducing their social isolation.

For the purpose of this clause 'socially excluded' means being excluded from society, or parts of society, as a result of one or more of the following factors: unemployment, financial hardship, youth or old age; and ill health (physical or mental).

# **Golden Age Social Day Care, Bradford**

## **Trustees' report (continued) for the year ended 31 March 2023**

### **Objectives and activities**

#### **The charity's main activities**

We organise activities to break the isolation of members and sustain cultural values and enable members and their families to take part in social and historic gatherings. We raise funds to provide members with social meetings, training opportunities, information and a range of stimulating activities.

We support and promote cultural and historical identity of the Polish community in Bradford areas and build links with existing Polish people's networks across Britain and Europe.

We promote healthy living, provide information and contact with specialist services in order to benefit their quality of life, health and well-being and sustain their ability to live independently.

Activities include: chair exercise, Dance On, Polish TV and videos, books, newspapers and magazines, games of dominoes and cards, bingo, day trips, dinner parties, monthly mass for spiritual needs also different types of craft activities; painting, seasonal crafts and gardening programme.

#### **Public benefit statement**

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit.

#### **Achievements and performance**

To promote healthy living GASDC invited PACT nurses during the year who advised members about healthy eating - dietitian, blood pressure check, physical activities.

In June 2022 members of GASDC took part in the "field mass" in Keighley, transport was organised by the Parish Committee.

In July 2022 members of GASDC took part in the test for Hepatitis C conducted by nurses from BRI.

#### **Financial review**

The net receipts for the year were £3,405, including net receipts of £5,710 on unrestricted funds and net payments of £2,305 on restricted funds.

#### **Reserves policy**

The charity's free reserves, at the year end were £30,447.

The charity has no reserves policy at this time, however the trustees are aware of the need for one and plan to look at this for the next financial year.

Approved by the board of trustees on 07/11/2023

A ZJawinski (Trustee)

# **Golden Age Social Day Care, Bradford**

## **Independent examiner's report to the trustees of Golden Age Social Day Care, Bradford**

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2023, which are set out on pages 5 to 8.

### **Responsibilities and basis of report**

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Sarah Coates MAAT

14/11/2023

### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

**Golden Age Social Day Care, Bradford**  
**Receipts and payments account**  
**for the year ended 31 March 2023**

	Notes	2023	2023	2023	01.05.21
		Unrestricted	Restricted	Total	31.03.22
		funds	funds	funds	Total
		£	£	£	funds
					£
<b>Receipts</b>					
Grants	(2)	-	20,996	20,996	12,106
Bank interest		51	-	51	-
Food income		10,428	-	10,428	6,714
Fundraising income		643	-	643	342
<b>Total receipts</b>		<b>11,122</b>	<b>20,996</b>	<b>32,118</b>	<b>19,162</b>
<b>Payments</b>					
Freelance payments		460	20,145	20,605	15,535
Telephone		-	72	72	60
Venue hire		-	1,500	1,500	3,000
Printing, postage and stationery		10	7	17	20
Food costs		4,580	65	4,645	3,399
Kitchen equipment		12	-	12	54
Laundry and cleaning costs		270	-	270	600
Activity costs		-	91	91	22
Masses costs		80	-	80	60
Delivery and travel costs		-	-	-	1,149
Insurance		-	537	537	537
Independent examination		-	360	360	330
Volunteer expenses		-	26	26	-
Utilities		-	460	460	-
Training		-	38	38	-
<b>Total payments</b>		<b>5,412</b>	<b>23,301</b>	<b>28,713</b>	<b>24,766</b>
<b>Net receipts / (payments)</b>		<b>5,710</b>	<b>(2,305)</b>	<b>3,405</b>	<b>(5,604)</b>
<b>Fund balances brought forward</b>		<b>24,737</b>	<b>17,962</b>	<b>42,699</b>	<b>48,303</b>
<b>Fund balances carried forward</b>	(3)	<b>30,447</b>	<b>15,657</b>	<b>46,104</b>	<b>42,699</b>

**Golden Age Social Day Care, Bradford**  
**Statement of assets and liabilities**  
**as at 31 March 2023**

	2023	2023	2023	2022
	Unrestricted	Restricted	Total	Total
	£	£	£	£
<b>Cash funds</b>				
Cash at bank	30,315	15,657	45,972	42,137
Cash in hand	133	-	133	562
<b>Total cash funds</b>	<u>30,447</u>	<u>15,657</u>	<u>46,104</u>	<u>42,699</u>

**Debtors and prepayments**

	2023
	£
Prepayments	134
	<u>134</u>

**Liabilities**

	2023
	£
Accruals	660
Other creditors	1,500
	<u>3,660</u>

The financial statements were approved by the board of trustees on 07/11/2023

A ZJawinski (Trustee)

# **Golden Age Social Day Care, Bradford**

## **Notes to the accounts**

### **for the year ended 31 March 2023**

#### **1 Accounting policies**

##### **Basis of accounting**

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

##### **Taxation**

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

##### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

# Golden Age Social Day Care, Bradford

## Notes to the accounts continued

### for the year ended 31 March 2023

#### 1 Accounting policies

##### Basis of accounting

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts. There has been no change to the accounting policies since last year. No changes have been made to the accounts for previous years.

##### Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

##### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

#### 2 Grants and donations

	2023 Unrestricted funds £	2023 Restricted funds £	2023 Total funds £	2022 Total funds £
Bradford Metropolitan District Council (BMDC)	-	20,996	20,996	12,106
	<u>-</u>	<u>20,996</u>	<u>20,996</u>	<u>12,106</u>

#### 3 Restricted funds

	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
BMDC	17,962	20,996	23,301	-	15,657
	<u>17,962</u>	<u>20,996</u>	<u>23,301</u>	<u>-</u>	<u>15,657</u>

##### Fund name

BMDC

##### Purpose of restriction

Towards the running costs of the centre, this covered towards phone costs, distribution of food and rental costs.

**Golden Age Social Day Care, Bradford**  
**Notes to the accounts continued**  
**for the year ended 31 March 2023**

**4 Related party transactions**

**Trustee expenses**

No trustee received any expenses during this year or the previous year.

**Trustee remuneration and benefits**

No trustee received any remuneration or benefit during this or the previous year.

**Other transactions with trustees or related parties**

			2023	2022
			£	£
Name of trustee or related party	Relationship to charity	Description of transaction		
Mrs A.Andryszewski	Trustee	Freelance work to support members	5,665	4,430
Mrs G.Wolny	Trustee	Freelance work to support members	2,065	1,455
			<u>7,730</u>	<u>5,885</u>

**Golden Age Social Day Care, Bradford**  
**Independent examiner's report to the trustees of Golden Age Social Day**  
**Care, Bradford**

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2023, which are set out on pages 5 to 8.

**Responsibilities and basis of report**

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

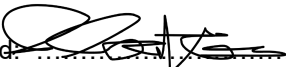
I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:  .....

Name: Sarah Coates MAAT

Date: ...14/11/2023....

**West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

**GOLDEN AGE SOCIAL DAY CARE, BRADFORD**

England & Wales - Charity number 1189062

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# Accounts

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# **Golden Age Social Day Care, Bradford**

Charity number 1189062

## **Annual Report and Financial Statements for the period 1 May 2021 to 31 March 2022**



West Yorkshire Community Accounting Service

# **Golden Age Social Day Care, Bradford**

## **Annual Report and Financial Statements for the period 1 May 2021 to 31 March 2022**

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Statement of assets and liabilities	5
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**Prepared by West Yorkshire Community Accountancy Service CIO**

# **Golden Age Social Day Care, Bradford**

## **Trustees' report for the period 1 May 2021 to 31 March 2022**

### **Reference and administrative details of the charity, its trustees and advisors**

The trustees during the financial period and up to and including the date the report was approved were:

<b>Name</b>	<b>Position</b>
Andrew Zenon Zjawinski	Chair
Agnieszka Andryszewski	
Magdalena O'Connell	
Grazyna Wolny	

**Charity number** 1189062 Registered in England and Wales

<b>Registered and principal address</b>	<b>Bankers</b>
15-17 Edmund Street	Natwest Bank PLC
Bradford	7 Hustlergate
BD5 0BH	Bradford
	BD1 1PP

### **Accountants**

#### **West Yorkshire Community Accountancy Service CIO**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

### **Structure, governance and management**

The charity is a Charitable Incorporated Organisation (CIO) formed on 15 April 2020 and is governed by a constitution.

### **Method of recruitment and appointment of trustees**

The trustees of the charity are appointed by the members at the AGM.

### **The charity's objects**

To promote social inclusion for the public benefit by working with elderly people in Bradford and the surrounding areas who are socially excluded by combatting loneliness and social isolation arising as a result of their age, infirmity, ill-health, disability or social circumstance, in particular but not exclusively by the provision of:

Social and recreational facilities and events

Advice, support and information which is capable of reducing their social isolation.

For the purpose of this clause 'socially excluded' means being excluded from society, or parts of society, as a result of one or more of the following factors: unemployment, financial hardship, youth or old age; and ill health (physical or mental).

# **Golden Age Social Day Care, Bradford**

## **Trustees' report (continued) for the period 1 May 2021 to 31 March 2022**

### **Objectives and activities**

#### **The charity's main activities**

We organise activities to break the isolation of members and sustain cultural values and enable members and their families to take part in social and historic gatherings. We raise funds to provide members with social meetings, training opportunities, information and a range of stimulating activities.

We support and promote cultural and historical identity of the Polish community in Bradford areas and build links with existing Polish people's networks across Britain and Europe.

We promote healthy living, provide information and contact with specialist services in order to benefit their quality of life, health and well-being and sustain their ability to live independently.

Activities include: chair exercise, Dance On, Polish TV and videos, books, newspapers and magazines, game of dominoes and cards, bingo, day trips, dinner parties, monthly mass for spiritual needs also different types of craft activities; painting, seasonal crafts and gardening programme.

#### **Public benefit statement**

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit.

#### **Achievements and performance**

Golden Age Social Day Centre organises activities to break the isolation of members. It supports and promotes cultural and historical identity of the Polish community in the Bradford area.

It promotes healthy living, provides information and contact with professionals' services in order to benefit their quality of life, health and well-being and sustain their ability to live independently.

#### **Financial review**

The net payments for the period were £5,604 including net receipts of £2,873 on unrestricted funds and net payments of £8,477 on restricted funds.

#### **Reserves policy**

The charity's free reserves, excluding fixed assets, at the year end were £24,737.

The charity has no reserves policy at this time, however the trustees are aware of the need for one and plan to look at this for the next financial year.

Approved by the board of trustees on 28/11/2022

Andrew Zenon Zjawinski (Trustee)

**Golden Age Social Day Care, Bradford**  
**Receipts and payments account**  
**for the period 1 May 2021 to 31 March 2022**

	Notes	2022	2022	2022	2021
		Unrestricted	Restricted	Total	Total
		funds	funds	funds	funds
		£	£	£	£
<b>Receipts</b>					
Grants	(2)	-	12,106	12,106	20,000
Bank interest		-	-	-	5
Food income		6,714	-	6,714	-
Fundraising income		342	-	342	-
Transfer from unincorporated association		-	-	-	31,854
<b>Total receipts</b>		<b>7,056</b>	<b>12,106</b>	<b>19,162</b>	<b>51,859</b>
<b>Payments</b>					
Freelance payments		280	15,255	15,535	2,580
Telephone		-	60	60	63
Venue hire		-	3,000	3,000	800
Printing, postage and stationery		2	18	20	75
Food costs		3,399	-	3,399	-
Kitchen equipment		-	54	54	-
Laundry and cleaning costs		175	425	600	-
Activity costs		7	15	22	-
Masses costs		60	-	60	-
Delivery and travel costs		260	889	1,149	-
Insurance		-	537	537	-
Independent examination		-	330	330	-
Volunteer expenses		-	-	-	38
<b>Total payments</b>		<b>4,183</b>	<b>20,583</b>	<b>24,766</b>	<b>3,556</b>
<b>Net income / (expenditure)</b>		<b>2,873</b>	<b>(8,477)</b>	<b>(5,604)</b>	<b>48,303</b>
<b>Fund balances brought forward</b>		<b>21,864</b>	<b>26,439</b>	<b>48,303</b>	<b>-</b>
<b>Fund balances carried forward</b>	(3)	<b>24,737</b>	<b>17,962</b>	<b>42,699</b>	<b>48,303</b>

**Golden Age Social Day Care, Bradford**  
**Statement of assets and liabilities**  
**as at 31 March 2022**

	2022	2022	2022	2021
	Unrestricted	Restricted	Total	Total
	£	£	£	£
<b>Cash funds</b>				
Cash at bank	24,176	17,961	42,137	48,235
Cash in hand	562	-	562	68
<b>Total cash funds</b>	<u>24,737</u>	<u>17,962</u>	<u>42,699</u>	<u>48,303</u>
<b>Liabilities</b>			£	
Accounts preparation			<u>360</u>	
			<u>360</u>	

The financial statements were approved by the board of trustees on 28/11/2022

Andrew Zenon Zjawinski (Trustee)

**Golden Age Social Day Care, Bradford**  
**Notes to the accounts continued**  
**for the period 1 May 2021 to 31 March 2022**

**1 Accounting policies**

**Basis of accounting**

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies.

**Taxation**

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

**Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

**2 Grants**

	2022 Unrestricted funds £	2022 Restricted funds £	2022 Total funds £	2021 Total funds £
Bradford Metropolitan District Council (BMDC)	-	12,106	12,106	20,000
	<u>-</u>	<u>12,106</u>	<u>12,106</u>	<u>20,000</u>

**3 Restricted funds**

	Balance b/f £	Receipts £	Payments £	Balance c/f £
BMDC	26,439	12,106	20,583	17,962
	<u>26,439</u>	<u>12,106</u>	<u>20,583</u>	<u>17,962</u>

**Fund name**

**Purpose of restriction**

BMDC

Towards the running costs of the centre, including support during covid, this covered towards phone costs, distribution of food and rental costs.

**Golden Age Social Day Care, Bradford**  
**Notes to the accounts continued**  
**for the period 1 May 2021 to 31 March 2022**

**4 Related party transactions**

**Trustee expenses**

No trustee received any expenses during this period or the previous year.

**Trustee remuneration and benefits**

**Other transactions with trustees or related parties**

			2022	2021
			£	£
Name of trustee or related party	Relationship to charity	Description of transaction		
Mrs A.Andryszewski	Trustee	Freelance work to support members	4,430	810
Mrs G.Wolny	Trustee	Freelance work to support members	1,455	610
			<u>5,885</u>	<u>1,420</u>

**GOLDEN AGE SOCIAL DAY CARE, BRADFORD**

England & Wales - Charity number 1189062

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# Accounts

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# **Golden Age Social Day Care, Bradford**

Charity number 1189062

## **Annual Report and Financial Statements for the period 15 April 2020 to 30 April 2021**



West Yorkshire Community Accounting Service

# **Golden Age Social Day Care, Bradford**

## **Annual Report and Financial Statements for the period 15 April 2020 to 30 April 2021**

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**Prepared by West Yorkshire Community Accounting Service**

# **Golden Age Social Day Care, Bradford**

## **Trustees' report for the for the period 15 April 2020 to 30 April 2021**

### **Reference and administrative details of the charity, its trustees and advisors**

The trustees during the financial year and up to and including the date the report was approved were:

<b>Name</b>	<b>Position</b>	<b>Dates</b>
Andrew Zenon Zjawinski	Chair	Appointed 27 November 2019
Agnieszka Andryszewski	Trustee	Appointed 27 November 2019
Magdalena O'Connell	Trustee	Appointed 27 November 2019
Grazyna Wolny	Trustee	Appointed 27 November 2019

### **Charity number**

The charity was registered with the Charity Commission for England and Wales, number 1189062, on 15 April 2020.

### **Principal address**

15-17 Edmund Street  
Bradford  
BD5 0BH

### **Bankers**

Natwest Bank PLC  
7 Hustlergate  
Bradford  
BD1 1PP

### **Independent examiner**

Sarah Coates MAAT

### **West Yorkshire Community Accounting Service**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

### **Structure, governance and management**

The charity is a Charitable Incorporated Organisation (CIO) formed on 15 April 2020.

### **Method of recruitment and appointment of trustees**

The trustees of the charity are appointed by the members at the AGM.

### **The charity's objects**

To promote social inclusion for the public benefit by working with elderly people in Bradford and the surrounding areas who are socially excluded by combatting loneliness and social isolation arising as a result of their age, infirmity, ill-health, disability or social circumstance, in particular but not exclusively by the provision of:

Social and recreational facilities and events

Advice, support and information which is capable of reducing their social isolation.

For the purpose of this clause 'socially excluded' means being excluded from society, or parts of society, as a result of one or more of the following factors: unemployment, financial hardship, youth or old age; and ill health (physical or mental).

# **Golden Age Social Day Care, Bradford**

## **Trustees' report (continued) for the period 15 April 2020 to 30 April 2021**

### **Objectives and activities continued**

#### **The charity's main activities**

We organise activities to break the isolation of members and sustain cultural values and enable members and their families to take part in social and historic gatherings. We raise funds to provide members with social meetings, training opportunities, information and a range of stimulating activities.

We support and promote cultural and historical identity of the Polish community in Bradford areas and build links with existing Polish people's networks across Britain and Europe.

We promote healthy living, provide information and contact with specialist services in order to benefit their quality of life, health and well-being and sustain their ability to live independently.

Activities include: chair exercise, Dance On, Polish TV and videos, books, newspapers and magazines, game of dominoes and cards, bingo, day trips, dinner parties, monthly mass for spiritual needs also different types of craft activities; painting, seasonal crafts and gardening programme.

#### **Public benefit statement**

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit.

#### **Achievements and performance**

Golden Age Social Day Care Bradford (Polish Community Day Centre Bradford) was temporarily closed from 13 March 2020 and reopened on 30 June 2021.

During the pandemic and lock down we had limited activities to support our members. We contacted members of our day centre by phone every week, (befriending service), to give them support, advice, information and update on the current situation. Editing and sending newsletters to all members of the day centre with information from the centre, polish parish, and as well as some activities for them. We helped to complete the census forms by phone, face to face or personal visit if required. We provided hot meals with cooperation of other centres. Spiritual needs were met by sending polish traditional "holy bread" at Christmas. We helped to build a telephone network between members across Bradford.

An amount of £29k was transferred to the CIO by the former Polish Community Day Centre

#### **Financial review**

The net receipts for the year were £48,303, including net receipts of £21,864 on unrestricted funds and net receipts of £26,439 on restricted funds.

#### **Reserves policy**

The charity's free reserves, excluding fixed assets, at the year end were £21,864.

The charity has no reserves policy at this time, however the trustees are aware of the need for one and plan to look at this for the next financial year.

Signed on behalf of the board of trustees on ...04/02/2022.....

Signed: G A Wolny. (Trustee)

Name: G A Wolny.....

## **Golden Age Social Day Care, Bradford**

### **Independent examiner's report to the trustees of Golden Age Social Day Care, Bradford Charitable Incorporated Organisation ('the CIO')**

I report to the charity trustees on my examination of the accounts of the CIO for the for the period 15 April 2020 to 30 April 2021, which are set out on pages 5 to 8.

#### **Responsibilities and basis of report**

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the CIO as required by section 130 of the Act; or
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: .....  .....

Name: Sarah Coates MAAT

Date: ...07/02/2022.....

#### **West Yorkshire Community Accounting Service**

Stringer House  
34 Lupton Street  
Leeds  
LS10 2QW

**Golden Age Social Day Care, Bradford**  
**Receipts and payments account**  
**for the period 15 April 2020 to 30 April 2021**

	Notes	2021 Unrestricted funds £	2021 Restricted funds £	2021 Total funds £
<b>Receipts</b>				
Grants	(2)	-	20,000	20,000
Bank interest		5	-	5
Transfer from unincorporated association		21,859	9,995	31,854
<b>Total receipts</b>		<u>21,864</u>	<u>29,995</u>	<u>51,859</u>
<b>Payments</b>				
Freelance payments		-	2,580	2,580
Telephone		-	63	63
Venue hire		-	800	800
Printing, postage and stationery		-	75	75
Volunteer expenses		-	38	38
<b>Total payments</b>		<u>-</u>	<u>3,556</u>	<u>3,556</u>
<b>Net receipts</b>		21,864	26,439	48,303
<b>Fund balances brought forward</b>		-	-	-
<b>Fund balances carried forward</b>	(3)	<u>21,864</u>	<u>26,439</u>	<u>48,303</u>

**Golden Age Social Day Care, Bradford**  
**Statement of assets and liabilities**  
**as at 30 April 2021**

	2021	2021	2021
	Unrestricted	Restricted	Total
	£	£	£
<b>Cash funds</b>			
Cash at bank	21,796	26,439	48,235
Cash in hand	68	-	68
<b>Total cash funds</b>	<u>21,864</u>	<u>26,439</u>	<u>48,303</u>

<b>Liabilities</b>	£
Independent examination	360
	<u>360</u>

**Approval of the accounts**

The financial statements were approved by the board of trustees on 07/02/2022....

Signed: ...G A Wolny.... (Trustee)

Name: G A Wolny.....

# Golden Age Social Day Care, Bradford

## Notes to the accounts continued

### for the period 15 April 2020 to 30 April 2021

#### 1 Accounting policies

##### Basis of accounting

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies.

##### Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

##### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

#### 2 Grants

	2021 Unrestricted funds £	2021 Restricted funds £	2021 Total funds £
Bradford Metropolitan District Council	-	20,000	20,000
	<u>-</u>	<u>20,000</u>	<u>20,000</u>

#### 3 Restricted funds

	Incoming £	Outgoing £	Transfers £	Balance c/f £
Bradford Metropolitan District Council	29,995	3,556	-	26,439
	<u>29,995</u>	<u>3,556</u>	<u>-</u>	<u>26,439</u>

#### Fund name

#### Purpose of restriction

Bradford Metropolitan District Council	Towards the running costs of the centre, including support during covid, this covered towards phone costs, distribution of food and a proportion of rental costs.
--	---

**Golden Age Social Day Care, Bradford**  
**Notes to the accounts continued**  
**for the period 15 April 2020 to 30 April 2021**

**4 Related party transactions**

**Trustee expenses**

No trustee received any expenses during this year.

**Trustee remuneration and benefits**

			2021
			£
Name of trustee or related party	Relationship to charity	Description of transaction	
Mrs A.Andryszewski	Trustee	Freelance work to support members	810
Mrs G.Wolny	Trustee	Freelance work to support members	610
			1,420

No trustee received any other remuneration or benefit during this year.

**Remuneration and benefits received by key management personnel**

The key management personnel of the charity include the trustees. The total employee benefits received by the trustees were £1,420.

No trustee received any other remuneration or benefit during this year.