

REGISTERED COMPANY NUMBER: CE021542 (England and Wales)
REGISTERED CHARITY NUMBER: 1189061

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 14 OCTOBER 2024
FOR
MOVE MOMENTUM

Rothmans LLP
Avebury House
St Peter Street
Winchester
Hampshire
SO23 8BN

MOVE MOMENTUM

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MOVE MOMENTUM
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 14 OCTOBER 2024

The Trustees present their report and accounts for the period ended 14 October 2024. The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's Governing Document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

The Trustees of Move Momentum have considered their duties in accordance with the Charity Commission's regulations. The statement of Activities provided by the Trustees is contained below and the Trustees believe that it gives a true record of the work the CIO in fulfilling its charitable purposes for public benefit.

The Trustees believe they have complied with their duty, contained in Section 4 of the Charities Act 2011, to have due regard to public benefit guidance published by the Commission.

The charity registered as a Charitable Incorporated Organisation on the 15 April 2020 with the Charity Commission.

OBJECTIVES AND ACTIVITIES

Objectives and aims

To advance the education of the arts through the provision of educational dance classes for disadvantaged children, people with disabilities, people in ill health (physical or mental) and the elderly in Winchester, Hampshire.

Significant activities

We provide opportunities to learn dance for groups of people for whom dance is less accessible. We offer weekly dance classes for young people, older adults and people with disabilities.

Academies: Street dance academies for young people aged 10-16 in Stanmore and Winnall, Winchester.

GEMS: Two friendly relaxed dance classes for over 65s and the option to stay after for a tea/coffee and biscuit in Weeke & Winnall

Liberate: Exclusively wheelchair-based online and studio-based dance classes that celebrate the freedom and movement a wheelchair brings to people with disabilities.

Provide workshops, classes and services to other organisations that also support people in the demographics listed in our purpose.

Public benefit

Move Momentum Trustees confirm they have all received notice and read the guidance issued by the Charity Commission on public benefit.

MOVE MOMENTUM
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 14 OCTOBER 2024

OBJECTIVES AND ACTIVITIES

Volunteers

Move Momentum recognises that there can be situations in which Volunteers help can make an appropriate and significant contribution to the work and service objectives of our organisation.

Move Momentum is committed to ensuring that volunteers are made aware of the tasks they are expected to perform. Volunteers are not restricted to doing these tasks and may discuss changing the tasks if appropriate. The prospective Volunteer will be informed of the relevant experience, skills, knowledge, abilities and equal opportunity awareness necessary to carry out the role effectively.

Move Momentum volunteers contribute to supporting dance classes, administrative tasks, marketing and PR, fundraising tasks and events. We've had 35 volunteers support us over this past year including 7 regular volunteers with specific roles and approximately 28 other volunteers for events which include students, staff and trustees.

ACHIEVEMENTS AND PERFORMANCE

Charitable activities

We provide opportunities to learn dance for groups of people for whom dance is less accessible. We offer weekly dance classes for young people, older adults and people with disabilities.

Our current projects include our Gems classes (for over 65s), Liberate Dance (for wheelchair users), Everyone Can Dance (an online subscription platform for previously mentioned demographics and people with LTHCs), a care home programme, delivering sessions at Winchester City Council residences, a SEN school programme along with multiple collaborative projects with other charities delivering dance sessions for people with long-term health conditions and disabilities.

Gems: Three friendly relaxed dance classes for over 65s and the option to stay after for a tea/coffee and biscuit in Weeke, Winnall and Winchester City Centre.

Liberate: Four exclusively wheelchair-based online and studio-based dance classes that celebrate the freedom and movement a wheelchair brings to people with disabilities. Three classes are delivered in person for Youth (7-13), Young Adult (14-21) and Adult (22+). Our online class is for any age.

Everyone Can Dance - Online is an inclusive online on-demand dance platform tailored for older adults and individuals with disabilities and long-term health conditions to help increase uptake and access to physical activity and improve social connection.

Winchester City Council Residences: We developed a collaboration with Winchester City Council by providing weekly sessions to some of their sheltered housing residences for people of retirement age.

Academies: Street dance academies for young people aged 11-16 in Stanmore and Winnall, Winchester. - this project ran for 7 years and was closed in March 2024 due to changing demand in this demographic.

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FOR THE YEAR ENDED 14 OCTOBER 2024

ACHIEVEMENTS AND PERFORMANCE

Main Achievements

Over this past year, we expanded our reach, welcoming more individuals into our dance family and forging new partnerships that amplify our impact. The impact numbers are not just statistics; they are stories of resilience, joy, and growth.

We saw a 150% increase in our regular participants in 2023 and over 320 individuals engaged through workshops, the real measure of our success lies in the smiles, improved confidence, and sense of belonging felt by our participants.

We provided sessions to the community at a heavily subsidised price to ensure financial accessibility for all our participants, particularly given that the demographics we are supporting are more likely to be impacted by the current cost-of-living crisis and are more likely to experience financial challenges. We also continued to offer our bursary scheme for those students who are not able to afford our fees; we've had 3 students access this scheme over this past year.

Project/Class Numbers for 23-24

GEMS - 38 participants

Liberate - 32 participants

Everyone Can Dance - 7 participants

Academies - 5 participants*

Winchester City Council - 16 participants

SEN Schools - Approx 80 participants

Care Homes - Approx 65 participants

Yately Industries - 8 participants

The Rainbow Centre - 18 participants

New Classes and Projects

With our adult wheelchair dance class at maximum capacity during the summer term and the waiting list growing, we decided to add in an extra class launching our new Liberate Young Adult class in September 2023.

In July 2024 we launched an additional GEMS class in Winchester to accommodate our growing waiting lists with both other classes at full capacity.

We also developed a collaboration with Winchester City Council starting in January 2024 by providing weekly sessions to some of their sheltered housing residences.

We also developed and launched a new online, on-demand dance platform called Everyone Can Dance - Online. A platform tailored for older adults and individuals with disabilities and long-term health conditions to help increase uptake and access to physical activity and improve social connection. The platform launched at the end of July 2024.

Events

We concluded 2023 by launching a brand new event for Move Momentum, a Christmas Showcase and Social. The event provided a more relaxed environment to bring our groups together. It was a wonderful opportunity for everyone to gather their families and close friends, showcase their hard work and celebrate our Move Momentum community. We ran a very successful fundraising campaign in March raising £12,902. We held our annual showcase in June with guest performances from other local dance groups. Our Liberate Holiday Camp in August sold out for the first year with 12 participants attending including welcoming some new people to the Liberate family.

MOVE MOMENTUM

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 14 OCTOBER 2024

ACHIEVEMENTS AND PERFORMANCE

Expanded Outreach Delivery

In the Autumn Term of 2023 & 2024, we've partnered with WheelPower, a charity providing opportunities for disabled people to take part in sports, to deliver free online dance sessions.

Marketing Manager at WheelPower, comments: "We absolutely loved our collaboration with Liberate Dance during 'Strictly Come Dancing' season."

We also provided one-off workshops to Enham Trust, Treloars School, Victoria Education Centre, University of Southampton, Disability Challengers, Andover Mind, Pavilion Dance South West as well as other local community groups.

In January 2024 we started delivering regular sessions at Cedar School - a school for children with disabilities. We also continued to provide regular sessions to Saxonwood School and have 3 local care homes that engage us in delivering regular sessions for their residents. We've also continued to provide monthly sessions at The Rainbow Centre in Fareham for people with neurological conditions and we've established a new weekly class with Yately Industries for people with disabilities.

Impact

Our impact is not measured in steps and routines; it's evident in transformed lives. Our impact measurement reveals a greater sense of belonging, improved social connections, physical health and mental well-being.

We have a Story of Change that helped us to determine our outcomes and impact on beneficiaries. We conduct an annual impact monitoring survey in addition to regular feedback surveys to ensure that we are meeting our aims. We do case studies on students from each of our projects, which alongside data from the impact survey, registers and other forms is reported in our annual social impact report.

In our annual participant survey:

91% of participants indicated a positive impact on their physical overall health.

87% reported a better social connection with multiple people noting a greater sense of belonging and stating that the classes helped them to make friends with people with similar lived experiences.

86% reported a positive impact on their mental health with multiple people noting increased feelings of joy and happiness, feeling less stressed and increased confidence.

77% of participants indicate they have learned new skills, with several people stating an increase in motivation, improved communication and creative thinking as skills they've developed.

74% indicate to be more active than before with multiple people noting increased flexibility and stamina.

"The physical side is definitely beneficial to my health, strengthening arms, legs and breathing. We have become quite a close-knit group, getting to know one another better and enjoying the laughs we have from time to time. By meeting regularly I have been getting to know each one of our group. Their friendship is a valuable thing. We enrich one another as we share our life experiences, before, during and after the sessions." - GEMS student

"I like dancing with Liberate because of the sense of collaboration and community. Everyone at Liberate supports one another and the classes are great. I also love working on our new dances and seeing what we come up with, especially when we get to the end and then get to perform it. Since joining Liberate I am more determined and passionate in my dancing and my everyday life. My confidence has grown and has helped me become a better person because I know I can achieve anything I put my mind to. It has led to doing more things and I have had lots of opportunities, both from the class itself and life in general." - Liberate student

MOVE MOMENTUM
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 14 OCTOBER 2024

ACHIEVEMENTS AND PERFORMANCE

Achievements against objectives set

Key priority areas are:

- Reaching more beneficiaries
- Becoming financially sustainable
- Consolidate and strengthen current service

September 2023 - August 2024:

- Continuing to increase participants and engagement in all existing classes
- Adding to core services by starting new classes
- Increasing delivery of services to external organisations to financially support core services

All these objectives have been achieved. Details in summary.

Specific Activities:

Boys Dance Marketing Campaign

October 2023

Completed

Individual donor campaign

October 2023

Completed

Plan for new Gems class

March 2024

Completed

Research local businesses to target for support/sponsorship

April 2024

In Progress

Increase numbers in

Liberate Youth - 6 regular participants

Liberate Online - 9 regular participants

April 2024

In progress

Providing regular sessions for 7 external organisations/care homes

April 2024

Completed

SaxonWood

Cedar

Rainbow Centre

Old Alresford

Abbotts Barton

Hyde Lodge (WCC)

King Harold Court (WCC)

Yately Industries

MOVE MOMENTUM
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FOR THE YEAR ENDED 14 OCTOBER 2024

ACHIEVEMENTS AND PERFORMANCE

Pride Month Campaign
June 2024
Completed

Start a new GEMS class
July 2024
Completed

Research and apply for funding for starting a long-term health conditions class
July 2024
In Progress

Deliver 8 other paid workshops (non-regular)
July 2024
Completed
Treloars x 3
Pavillion Dance
Challengers x 3
Andover Mind
Tuesday's Place
Enham Trust x 2
The Personal Best Education x 2

Create a plan for sharing the corporate giving brochure
July 2024
In progress

Start developing CPD training course
July 2024
in progress

Start sharing the corporate giving brochure
August 2024
In progress

Fundraise £4500 for the financial year 2023 - 2024
Oct 2024
Completed

Performance of fundraising activities against objectives set

Target Revenue = £16,950
Target Grants Income = £64,000
Fundraising Target = £4,500
Target Donations = £6,500

Actual Revenue = £21,569
Actual Grants Income = £62,700
Actual Fundraising Income = £7,056
Actual Donations Income = £5,351

MOVE MOMENTUM

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 14 OCTOBER 2024

FINANCIAL REVIEW

The Trustees estimated the reserves at 14 October 2024 to be £36,335. These year end Accounts show that the funds held at 14 October 2024 total £37,254 (£29,050 Unrestricted and £8,204 Restricted).

The Trustees at each Board meeting are briefed in detail on the progress of the transactions, the current balances, the levels of reserves, and any future liabilities. On that basis, the Treasurer alerts the Trustees to anything that might indicate that the charity is not likely to be considered a going concern. The Trustees are confident that the Charity is likely to remain solvent and there are no uncertainties of this charity's ability to continue.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a constitution, and constitutes a charitable incorporated organisation.

Recruitment and appointment of new trustees

Apart from the first charity trustees, every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Induction and training of new trustees

The charity trustees will make available to each new charity trustee, on or before his or her first appointment:

- a. a copy of the current version of this constitution
- b. a copy of the CIO's latest Trustees' Annual Report and statement of accounts.
- c. a copy of the notice of the guidance issued by the Charity Commission on public benefit.
- d. a summary document of the charity, who we are and its main achievements, outcomes and objectives.

Governing document

The charity is controlled by its governing document, a constitution, and constitutes a charitable incorporated organisation.

Charities organisational structure

Trustees
CEO (Senior Management)
Managers
Officers
Freelance Teaching staff
Freelance Teaching assistants
Volunteers

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE021542 (England and Wales)

Registered Charity number

1189061

MOVE MOMENTUM
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 14 OCTOBER 2024

Registered office

Unit 12 Winnall Valley Road
Winchester
Hampshire
SO23 0LD

Trustees

Miss A J Long (resigned 26.9.24)
A Sims
M S Hollinghurst
H Newton
Ms C Plummer (appointed 8.11.23)
P Brown
Ms E Girling
D Bignell (appointed 12.8.24)

Independent Examiner

Rothmans LLP
Avebury House
St Peter Street
Winchester
Hampshire
SO23 8BN

2025/08/11

Approved by order of the board of trustees on and signed on its behalf by:



.....
Ms C Plummer - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
MOVE MOMENTUM**

Independent examiner's report to the trustees of Move Momentum ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 14 October 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jonathan Poulter FCA CTA

Rothmans LLP
Avebury House
St Peter Street
Winchester
Hampshire
SO23 8BN

Date: 12/08/2025

MOVE MOMENTUM

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 14 OCTOBER 2024

				Year Ended 14.10.24 Total funds £	Period 15.4.22 to 14.10.23 Total funds £
	Notes	Unrestricted funds £	Restricted funds £		
INCOME AND ENDOWMENTS FROM					
Donations and legacies		5,102	249	5,351	7,846
Charitable activities					
Dance classes		41,320	42,949	84,269	52,439
Other trading activities	2	<u>7,056</u>	<u>-</u>	<u>7,056</u>	<u>3,938</u>
Total		<u>53,478</u>	<u>43,198</u>	<u>96,676</u>	<u>64,223</u>
EXPENDITURE ON					
Raising funds		12,508	214	12,722	23,277
Charitable activities					
Dance classes		<u>14,809</u>	<u>49,700</u>	<u>64,509</u>	<u>51,159</u>
Total		<u>27,317</u>	<u>49,914</u>	<u>77,231</u>	<u>74,436</u>
NET INCOME/(EXPENDITURE)					
Transfers between funds	9	<u>26,161</u> <u>(578)</u>	<u>(6,716)</u> <u>578</u>	<u>19,445</u> <u>-</u>	<u>(10,213)</u> <u>-</u>
Net movement in funds		25,583	(6,138)	19,445	(10,213)
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>3,467</u>	<u>14,342</u>	<u>17,809</u>	<u>28,022</u>
TOTAL FUNDS CARRIED FORWARD		<u>29,050</u>	<u>8,204</u>	<u>37,254</u>	<u>17,809</u>

The notes form part of these financial statements

MOVE MOMENTUM

BALANCE SHEET 14 OCTOBER 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
CURRENT ASSETS					
Stocks	6	537	-	537	537
Debtors	7	1,953	-	1,953	1,046
Cash at bank		<u>28,576</u>	<u>8,401</u>	<u>36,977</u>	<u>18,135</u>
		31,066	8,401	39,467	19,718
CREDITORS					
Amounts falling due within one year	8	(2,016)	(197)	(2,213)	(1,909)
NET CURRENT ASSETS		<u>29,050</u>	<u>8,204</u>	<u>37,254</u>	<u>17,809</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>29,050</u>	<u>8,204</u>	<u>37,254</u>	<u>17,809</u>
NET ASSETS		<u>29,050</u>	<u>8,204</u>	<u>37,254</u>	<u>17,809</u>
FUNDS	9				
Unrestricted funds				29,050	3,467
Restricted funds				<u>8,204</u>	<u>14,342</u>
TOTAL FUNDS				<u>37,254</u>	<u>17,809</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 14 October 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 14 October 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

MOVE MOMENTUM

BALANCE SHEET - continued
14 OCTOBER 2024

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:
2025/08/11



.....
C Plummer - Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 14 OCTOBER 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

MOVE MOMENTUM

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 14 OCTOBER 2024

2. OTHER TRADING ACTIVITIES

	Year Ended 14.10.24 £	Period 15.4.22 to 14.10.23 £
Fundraising events	<u>7,056</u>	<u>3,938</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 14 October 2024 nor for the period ended 14 October 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 14 October 2024 nor for the period ended 14 October 2023.

4. STAFF COSTS

Staff costs totalled £58,513 (2023: £57,215) during the period.

Staff costs in 2024 related to employees £56,117 (2023: £53,214) and self employed staff £2,396 (2023: £4,001).

Gross Wages: £55,338
Employer Pension: £779

The average number of employees during the period was 5 (2023: 4).

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	7,844	2	7,846
Charitable activities			
Dance classes	19,129	33,310	52,439
Other trading activities	<u>3,938</u>	<u>-</u>	<u>3,938</u>
Total	<u>30,911</u>	<u>33,312</u>	<u>64,223</u>
EXPENDITURE ON			
Raising funds	19,566	3,711	23,277
Charitable activities			
Dance classes	<u>19,802</u>	<u>31,357</u>	<u>51,159</u>
Total	<u>39,368</u>	<u>35,068</u>	<u>74,436</u>

MOVE MOMENTUM

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 14 OCTOBER 2024

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
NET INCOME/(EXPENDITURE)	(8,457)	(1,756)	(10,213)
Transfers between funds	<u>(645)</u>	<u>645</u>	<u>-</u>
Net movement in funds	(9,102)	(1,111)	(10,213)
RECONCILIATION OF FUNDS			
Total funds brought forward	12,569	15,453	28,022
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS CARRIED FORWARD	<u>3,467</u>	<u>14,342</u>	<u>17,809</u>

6. STOCKS

	2024 £	2023 £
Stocks	<u>537</u>	<u>537</u>

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade debtors	<u>1,953</u>	<u>1,046</u>

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Social security and other taxes	(142)	(71)
Accruals and deferred income	<u>2,355</u>	<u>1,980</u>
	<u>2,213</u>	<u>1,909</u>

MOVE MOMENTUM

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 14 OCTOBER 2024

9. MOVEMENT IN FUNDS

	At 15.10.23 £	Net movement in funds £	Transfers between funds £	At 14.10.24 £
Unrestricted funds				
General fund	425	3,104	(578)	2,951
PLR Trust	7	709	-	716
Garfield Weston	1,057	-	-	1,057
Unrestricted Revenue	1,978	831	-	2,809
SOVEREIGN	-	981	-	981
SPORT ENGLAND	-	836	-	836
NATIONAL LOTTERY	-	19,700	-	19,700
	<u>3,467</u>	<u>26,161</u>	<u>(578)</u>	<u>29,050</u>
Restricted funds				
Energise Me (Academies, Gems, Liberate)	434	-	-	434
Henry Smith	5,238	(4,645)	-	593
Bruce Wake Grant	-	(18)	18	-
TNL	1,290	-	-	1,290
Revenue	-	(379)	379	-
Sport England Active together	1,585	(1,680)	95	-
PETER HARRISON	3,371	(3,216)	-	155
FOYLE FOUNDATION	2,424	(2,449)	25	-
LORD BARNABY'S	-	(26)	26	-
BELGAE	-	(7)	7	-
FALCONER	-	1,178	-	1,178
CHARLOTTE BONHAM CARTER	-	(24)	24	-
HCC (ACTIVE HEALTH)	-	4,554	-	4,554
WINCHESTER ROUND TABLE (GEMS)	-	(4)	4	-
	<u>14,342</u>	<u>(6,716)</u>	<u>578</u>	<u>8,204</u>
TOTAL FUNDS	<u>17,809</u>	<u>19,445</u>	<u>-</u>	<u>37,254</u>

MOVE MOMENTUM

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 14 OCTOBER 2024

9. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	12,156	(9,052)	3,104
PLR Trust	3,000	(2,291)	709
Unrestricted Revenue	11,621	(10,790)	831
SOVEREIGN	3,500	(2,519)	981
SPORT ENGLAND	3,501	(2,665)	836
NATIONAL LOTTERY	<u>19,700</u>	<u>-</u>	<u>19,700</u>
	53,478	(27,317)	26,161
Restricted funds			
Henry Smith	-	(4,645)	(4,645)
Bruce Wake Grant	1,999	(2,017)	(18)
Revenue	9,949	(10,328)	(379)
Sport England Active together	-	(1,680)	(1,680)
PETER HARRISON	-	(3,216)	(3,216)
FOYLE FOUNDATION	-	(2,449)	(2,449)
LORD BARNABY'S	3,000	(3,026)	(26)
BELGAE	750	(757)	(7)
FALCONER	5,000	(3,822)	1,178
CHARLOTTE BONHAM CARTER	2,500	(2,524)	(24)
HCC (ACTIVE HEALTH)	17,750	(13,196)	4,554
HELEN ROBERTSON (SHOW & LDHC)	1,000	(1,000)	-
WINCHESTER ART SOCIETY (LDHC)	250	(250)	-
HCC COUNCILLOR GRANT MM SHOW			
	500	(500)	-
WINCHESTER ROUND TABLE (GEMS)	<u>500</u>	<u>(504)</u>	<u>(4)</u>
	<u>43,198</u>	<u>(49,914)</u>	<u>(6,716)</u>
TOTAL FUNDS	<u><u>96,676</u></u>	<u><u>(77,231)</u></u>	<u><u>19,445</u></u>

MOVE MOMENTUM

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 14 OCTOBER 2024

9. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 15.4.22 £	Net movement in funds £	Transfers between funds £	At 14.10.23 £
Unrestricted funds				
General fund	4,610	(3,539)	(645)	426
PLR Trust	3,000	(2,994)	-	6
Garfield Weston	4,959	(3,902)	-	1,057
Unrestricted Revenue	<u>-</u>	<u>1,978</u>	<u>-</u>	<u>1,978</u>
	12,569	(8,457)	(645)	3,467
Restricted funds				
Energise Me (Academies, Gems, Liberate)	984	(550)	-	434
Henry Smith	8,255	(3,017)	-	5,238
Right at Home	1,000	(1,000)	-	-
Crowdfunder Liberate Dance	78	(78)	-	-
Bruce Wake Grant	144	(654)	510	-
HIWCF - Gems classes	2,266	(2,326)	60	-
TNL	-	1,290	-	1,290
Revenue	2,583	(2,583)	-	-
Sovereign Housing (CF)	143	(143)	-	-
Sport England Active together	-	1,585	-	1,585
RATHBONES	-	(75)	75	-
PETER HARRISON	-	3,371	-	3,371
FOYLE FOUNDATION	<u>-</u>	<u>2,424</u>	<u>-</u>	<u>2,424</u>
	15,453	(1,756)	645	14,342
TOTAL FUNDS	<u>28,022</u>	<u>(10,213)</u>	<u>-</u>	<u>17,809</u>

MOVE MOMENTUM

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 14 OCTOBER 2024

9. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	12,552	(16,091)	(3,539)
PLR Trust	1	(2,995)	(2,994)
Garfield Weston	9,999	(13,901)	(3,902)
COOP	1,040	(1,040)	-
Unrestricted Revenue	<u>7,319</u>	<u>(5,341)</u>	<u>1,978</u>
	30,911	(39,368)	(8,457)
Restricted funds			
Energise Me (Academies, Gems, Liberate)	-	(550)	(550)
Henry Smith	6,951	(9,968)	(3,017)
Right at Home	-	(1,000)	(1,000)
Crowdfunder Liberate Dance	-	(78)	(78)
Bruce Wake Grant	2,000	(2,654)	(654)
HIWCF - Gems classes	1	(2,327)	(2,326)
TNL	5,001	(3,711)	1,290
Revenue	4,259	(6,842)	(2,583)
Sovereign Housing (CF)	-	(143)	(143)
Sport England Active together	2,000	(415)	1,585
RATHBONES	3,000	(3,075)	(75)
PETER HARRISON	6,000	(2,629)	3,371
FOYLE FOUNDATION	<u>4,100</u>	<u>(1,676)</u>	<u>2,424</u>
	<u>33,312</u>	<u>(35,068)</u>	<u>(1,756)</u>
TOTAL FUNDS	<u>64,223</u>	<u>(74,436)</u>	<u>(10,213)</u>

Transfers between funds

During the year small transfers were made between three Restricted funds and the General Fund. These represented small overspends of those three respective Restricted funds. Therefore it was decided the general fund would cover the additional costs.

MOVE MOMENTUM

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 14 OCTOBER 2024

10. RELATED PARTY DISCLOSURES

Move Momentum was originally a community branch of Integr8 Dance and was known by the name Integr8 Movement, this organisation was formed and constituted as a small voluntary organisation in September 2016. In September 2018, it was mutually decided to separate from Integr8 Dance in order to apply for charity status and Integr8 Dance was moving in a different direction. In July 2019, the trading name was changed to Move Momentum, which became a registered charity (CIO) in April 2020. Following the incorporation of Move Momentum CIO a registered charity (1189061) on 15 April 2020, assets of £3,268 were transferred from the previous entity to the CIO.

In the year ending 14 October 2024, there were no related party transactions. In 2023, sales invoices totalling £208 were raised to H Newton (a trustee) for private dance lessons.

MOVE MOMENTUM

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 14 OCTOBER 2024

	Year Ended 14.10.24 £	Period 15.4.22 to 14.10.23 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	5,351	7,846
Other trading activities		
Fundraising events	7,056	3,938
Charitable activities		
Class fees	21,569	12,349
Grants	<u>62,700</u>	<u>40,090</u>
	<u>84,269</u>	<u>52,439</u>
Total incoming resources	96,676	64,223
EXPENDITURE		
Other trading activities		
Opening stock	537	651
Purchases	504	-
Wages - core costs	11,440	22,521
Pensions	778	642
Closing stock	<u>(537)</u>	<u>(537)</u>
	12,722	23,277
Charitable activities		
Self employed staff costs	-	612
Telephone	277	467
Direct costs	10,328	7,253
Subscriptions	371	480
Sundries	450	1,059
Small equipment expense	47	107
GEMS	2,521	7,916
Academies	1,230	5,469
Liberate	4,650	13,059
Advertising	1,163	1,105
Venue hire	5,365	5,637
ECDO Delivery	3,164	-
Carried forward	29,566	43,164

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MOVE MOMENTUM

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 14 OCTOBER 2024

	Year Ended 14.10.24 £	Period 15.4.22 to 14.10.23 £
Charitable activities		
Brought forward	29,566	43,164
Event expenses	648	-
Direct wages	<u>15,381</u>	<u>-</u>
	45,595	43,164
Support costs		
Management		
Wages	6,554	-
Insurance	865	1,485
Postage and stationery	60	217
Access to work	1,764	-
Staff training	1,119	759
Computer expenses	<u>872</u>	<u>742</u>
	11,234	3,203
Finance		
Accountancy	2,229	1,860
Accountancy - other	2,122	2,729
(Over) / underprovision	(240)	(40)
Sundries	-	351
Bank charges	<u>103</u>	<u>52</u>
	4,214	4,952
Information technology		
Consulting Fees	3,420	-
Other		
Travelling	<u>46</u>	<u>(160)</u>
Total resources expended	<u>77,231</u>	<u>74,436</u>
Net income/(expenditure)	<u>19,445</u>	<u>(10,213)</u>

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