

**REGISTERED COMPANY NUMBER: CE021542 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1189061**

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023  
FOR  
MOVE MOMENTUM**

Rothmans LLP  
Avebury House  
St Peter Street  
Winchester  
Hampshire  
SO23 8BN

## **MOVE MOMENTUM**

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**MOVE MOMENTUM**  
**REPORT OF THE TRUSTEES**  
**FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023**

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The Trustees present their report and accounts for the period ended 14 October 2023. The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's Governing Document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015).

The Trustees of Move Momentum have considered their duties in accordance with the Charity Commission's regulations. The statement of Activities provided by the Trustees is contained below and the Trustees believe that it gives a true record of the work the CIO in fulfilling its charitable purposes for public benefit.

The Trustees believe they have complied with their duty, contained in Section 4 of the Charities Act 2011, to have due regard to public benefit guidance published by the Commission.

The charity registered as a Charitable Incorporated Organisation on the 15 April 2020 with the Charity Commission.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**  
CE021542 (England and Wales)

**Registered Charity number**  
1189061

**Registered office**  
Unit 12 Winnall Valley Road  
Winchester  
Hampshire  
SO23 0LD

<b>Trustees</b>	
Miss A J Long	
J Ferguson	- resigned 30.9.22
H Walton	- resigned 8.6.22
C Russell	- resigned 8.6.22
H Ostler	- resigned 29.3.23
A Sims	
M S Hollinghurst	
H Newton	
Ms C Plummer	- appointed 8.11.23
P Brown	- appointed 28.6.23
Ms E Girling	- appointed 28.6.23

**Independent examiner**  
Rothmans LLP  
Avebury House  
St Peter Street  
Winchester  
Hampshire  
SO23 8BN

## MOVE MOMENTUM

### REPORT OF THE TRUSTEES FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023

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#### STRUCTURE, GOVERNANCE AND MANAGEMENT

##### Governing document

The charity is controlled by its governing document, a constitution, and constitutes a charitable incorporated organisation.

##### Recruitment and appointment of new trustees

Apart from the first charity trustees, every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

##### Induction and training of new trustees

The charity trustees will make available to each new charity trustee, on or before his or her first appointment:

- a. a copy of the current version of this constitution
- b. a copy of the CIO's latest Trustees' Annual Report and statement of accounts.
- c. a copy of the notice of the guidance issued by the Charity Commission on public benefit.
- d. a summary document of the charity, who we are and its main achievements, outcomes and objectives.

##### Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

#### OBJECTIVES AND ACTIVITIES

##### Objectives and aims

To advance the education of the arts through the provision of educational dance classes for disadvantaged children, people with disabilities, people in ill health (physical or mental) and the elderly in Winchester, Hampshire.

##### Significant activities

We provide opportunities to learn dance for groups of people for whom dance is less accessible. We offer weekly dance classes for young people, older adults and people with disabilities.

Academies: Street dance academies for young people aged 10-16 in Stanmore and Winnall, Winchester.

GEMS: Two friendly relaxed dance classes for over 65s and the option to stay after for a tea/coffee and biscuit in Weeke & Winnall

Liberate: Exclusively wheelchair-based online and studio-based dance classes that celebrate the freedom and movement a wheelchair brings to people with disabilities.

Provide workshops, classes and services to other organisations that also support people in the demographics listed in our purpose.

##### Public benefit

Move Momentum Trustees confirm they have all received notice and read the guidance issued by the Charity Commission on public benefit.

**MOVE MOMENTUM**  
**REPORT OF THE TRUSTEES**  
**FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023**

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**OBJECTIVES AND ACTIVITIES**

**Volunteers**

Move Momentum recognises that there can be situations in which Volunteers help can make an appropriate and significant contribution to the work and service objectives of our organisation.

Move Momentum is committed to ensuring that volunteers are made aware of the tasks they are expected to perform. Volunteers are not restricted to doing these tasks and may discuss changing the tasks if appropriate. The prospective Volunteer will be informed of the relevant experience, skills, knowledge, abilities and equal opportunity awareness necessary to carry out the role effectively.

Move Momentum volunteers contribute to supporting dance classes, administrative tasks, marketing and PR, fundraising tasks and events. We've had 26 volunteers contribute to our charity this year.

## MOVE MOMENTUM

### REPORT OF THE TRUSTEES FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023

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#### ACHIEVEMENT AND PERFORMANCE

##### Charitable activities

2022-2023 continued to be a challenging year, with the effects of the pandemic still being felt. Despite this, Move Momentum continued to grow as a charity and achieved a number of highlights.

Our year in numbers for 2022-2023

97% of students agreed our classes helped improve their physical and mental well-being, their social support network and their quality of life.

221 classes delivered by Move Momentum.

64 students participating in regular activity.

10 external classes/workshops delivered in collaboration with other organisations.

22 volunteers supported our charity.

##### GEMS CLASS

25 over 65s attending our classes in 2022 and 26 attending our classes so far in 2023. Both classes are almost at full capacity (Capacity 12 at Winnall & 15 at Weeke).

##### LIBERATE CLASSES

28 wheelchair users have attended one of our Liberate Dance classes in 2022 and 29 have attended in 2023 until October 2023.

##### ACADEMIES

Our Academies classes have continued to provide Street dance opportunities to 10-16 year olds. In addition, the classes provide a safe place for young people to learn, develop and achieve. We put Winall Acaedemy on hold in January 2022 but relaunched in September 2023. We currently have 6 regular members in Stanmore Academy.

##### Move Momentum Show

On 18th July 2022, we ran our very first in-person showcase with performances from over 22 performers. The show was sponsored by local property developer Gentian and was held at The University of Winchester. The show included Street Dance performances from guest performers; Blue Apple Theatre, as well as performances from Stanmore Academy, Liberate Dance. We then hosted another show in June 2023 which was sponsored by Newbury Building Society and featured performances from all of the groups who'd performed the previous year as well and performances from our GEMS group and guest performances from Florian School of Dance. We had 54 attendees. Feedback from participants/audience:

"I appreciated that everyone, whatever their ability, were included and it felt like one big family. I am extremely grateful to have taken part."

"Loved every minute, all performances were fantastic and some incredibly moving."

"I enjoyed just being together and achieving something we worked towards for the last few months."

##### Liberate Dance Holiday Camp

Liberate Dance launched its first-ever summer dance camp in 2022! On the first weekend of August, 6 wheelchair users participated in a weekend full of dancing. Founder of Move Momentum and talented dance teacher, Louise Todino, taught a range of choreography to make an awesome compilation of dances. On day 2, after lunch, which was provided both days by the wonderful Munch CIC, the final dance was then filmed. We hosted the camp again in August 2023 with 9 attendees and the camp was facilitated by one of our dance teachers, Kerry Chamberlain, who taught 3 different dances, a contemporary, commercial and musical theatre dance. This was then filmed again on the 2nd day. In 2023 we also included a session on performance skills and confidence building on the first day.

## MOVE MOMENTUM

### REPORT OF THE TRUSTEES FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023

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#### ACHIEVEMENT AND PERFORMANCE

##### Charitable activities

"There were so many highlights and "magic moments" throughout one short weekend."

"I loved seeing so many strong and confident dancers and wheelchair users in one room together connecting and building relationships and friendships because of their love of dance."

"The confidence building and performance skills workshops this year were a really lovely touch. It structured the day really nicely but it also allowed everyone to be open honest and vulnerable and get to know each other a bit more or on a deeper level if they already knew each other"

##### Events

##### Tik Tok Workshop:

We ran a TikTok workshop for young people during the Easter holidays in 2022. The workshop was delivered by our talented Stanmore Academy assistant at the time Ella Greenfield.

##### Christmas Fair:

We ran a Christmas Fair in 2022 with a mini market, Santa's Grotto and amazing performances from our groups plus guest performers. We even managed to raise £146 towards our classes.

##### Winchester Youth Survey:

We also undertook a youth activity survey in November 2022 in collaboration with a group of youth-centred organisations in Winchester, to understand how Covid-19 and the cost-of-living crisis affected the Winchester Youth community (aged 11-18) in relation to participating in local activities and services. We are currently still working on preparing the report which is due to be released in October 2023.

## MOVE MOMENTUM

### REPORT OF THE TRUSTEES FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023

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#### ACHIEVEMENT AND PERFORMANCE

##### Achievements against objectives set

Develop Youth Engagement Survey - in progress

Create Liberate Dance focus group - Achieved Feb 23

Run Move Momentum Christmas Fair - Achieved Dec 22 (£146.46 raised)

Participate in Santa Sleigh with Winchester Round Table - Achieved Dec 22

Complete and share 2022 social impact report - Achieved Feb 23

#MoveMomentumMarch fundraising campaign target £1,500 - Achieved Mar 23 (£2,570.05 raised including some match-funding from Co-op Foundation)

Relaunch Liberate Youth - Achieved April 23

Increase numbers in Liberate Youth classes to at least 5 participants and increase all other Liberate classes to at least 7 participants per class

- Liberate Youth currently at 5 participants
- Liberate Online has 13 participants with approximately 7 regularly attending
- Liberate Adult class became full so we introduced an additional young adult class

Increase numbers in Academies to at least 10 regular participants per class - not achieved

Promote sponsorship programme packages - Postponed, corporate brochure completed by Sept 23 scheduled to promote from Jan 24

Fundraise £2500 for the financial year (2022 - 2023) - Achieved Apr 23

Start planning new Gems classes - Postponed, launch Jan 24

Run Move Momentum Show - Achieved Jun 22 and Jun 23

Relaunch Winnal Academy - Achieved July 23

Launch Care Home Programme - Achieved Jan 22

Deliver 20 care home sessions - In progress (Delivering 1 regular session a month started Sept 22. Also delivering another monthly session to a care/support group for people with Parkinson's started May 23. We've also delivered a few one-off workshops to care/community groups)

Deliver 8 other paid workshops (youth/inclusive) - Achieved Aug 23 - Weekly sessions provided for Saxonwood school

Launch Liberate Holiday Camp - Achieved Aug 22 and Aug 23

##### Performance of fundraising activities against objectives set

Target Revenue = £14,000

Target Grants Income = £50,000

Fundraising Target = £4,000

Target Donations = £6,500



## MOVE MOMENTUM

### REPORT OF THE TRUSTEES FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023

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#### ACHIEVEMENT AND PERFORMANCE

Actual Revenue = £12,349  
Actual Grants Income = £40,090  
Actual Fundraising Income = £3,938  
Actual Donations Income = £7,846

#### FINANCIAL REVIEW

The Trustees estimated the reserves at 14 October to be £17,347. These year end Accounts show that the funds held at 14 October 2023 total £17,809 (£3,467 Unrestricted and £14,342 Restricted).

The Trustees at each Board meeting are briefed in detail on the progress of the transactions, the current balances, the levels of reserves, and any future liabilities. On that basis, the Treasurer alerts the Trustees to anything that might indicate that the charity is not likely to be considered a going concern. The Trustees are confident that the Charity is likely to remain solvent and there are no uncertainties of this charity's ability to continue.

2024/08/13

Approved by order of the board of trustees on ..... and signed on its behalf by:



.....  
Trustee

Chloe Plummer

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
MOVE MOMENTUM**

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I report on the accounts of the company for the period 15 April 2022 to 14 October 2023, which are set out on pages nine to eighteen.

**Responsibilities and basis of report**

As the charity's trustees (and also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, I have examined your charity's accounts as required under section 145 of the Charities Act 2011 ('the Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. that accounting records were not kept as required by section 386 of the Companies Act 2006; or
2. that the accounts do not accord with those records; or
3. that the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; or
4. that there is further information needed for a proper understanding of the accounts.

**Independent examiner's statement**

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.



Jonathan Poulter  
FCA CTA  
Rothmans LLP  
Avebury House  
St Peter Street  
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SO23 8BN

Date: 14/08/2024  
.....

# MOVE MOMENTUM

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023

				Period 15.4.22 to 14.10.23 Total funds £	Year Ended 14.4.22 Total funds £
	Notes	Unrestricted funds £	Restricted funds £		
<b>INCOMING RESOURCES</b>					
<b>Incoming resources from generated funds</b>					
Voluntary income		7,844	2	7,846	5,294
Activities for generating funds	2	3,938	-	3,938	4,210
<b>Incoming resources from charitable activities</b>					
Dance classes		19,129	33,310	52,439	44,097
<b>Other incoming resources</b>		-	-	-	320
<b>Total incoming resources</b>		<u>30,911</u>	<u>33,312</u>	<u>64,223</u>	<u>53,921</u>
<b>RESOURCES EXPENDED</b>					
<b>Costs of generating funds</b>					
Fundraising trading: cost of goods sold and other costs		19,566	3,711	23,277	17,911
<b>Charitable activities</b>					
Dance classes		15,253	31,357	46,610	18,536
<b>Governance costs</b>		<u>4,549</u>	<u>-</u>	<u>4,549</u>	<u>2,348</u>
<b>Total resources expended</b>		<u>39,368</u>	<u>35,068</u>	<u>74,436</u>	<u>38,795</u>
<b>NET INCOMING/(OUTGOING) RESOURCES BEFORE TRANSFERS</b>					
		(8,457)	(1,756)	(10,213)	15,126
<b>Gross transfers between funds</b>	8	<u>(645)</u>	<u>645</u>	<u>-</u>	<u>-</u>
<b>Net incoming/(outgoing) resources</b>		<u>(9,102)</u>	<u>(1,111)</u>	<u>(10,213)</u>	<u>15,126</u>
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<u>12,569</u>	<u>15,453</u>	<u>28,022</u>	<u>12,896</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>3,467</u></u>	<u><u>14,342</u></u>	<u><u>17,809</u></u>	<u><u>28,022</u></u>

The notes form part of these financial statements

# MOVE MOMENTUM

## BALANCE SHEET AT 14 OCTOBER 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
<b>CURRENT ASSETS</b>					
Stocks		537	-	537	651
Debtors	6	1,046	-	1,046	285
Cash at bank		3,793	14,342	18,135	28,938
		<u>5,376</u>	<u>14,342</u>	<u>19,718</u>	<u>29,874</u>
<b>CREDITORS</b>					
Amounts falling due within one year	7	(1,909)	-	(1,909)	(1,852)
		<u>3,467</u>	<u>14,342</u>	<u>17,809</u>	<u>28,022</u>
<b>NET CURRENT ASSETS</b>					
		<u>3,467</u>	<u>14,342</u>	<u>17,809</u>	<u>28,022</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>3,467</u>	<u>14,342</u>	<u>17,809</u>	<u>28,022</u>
<b>NET ASSETS</b>					
		<u>3,467</u>	<u>14,342</u>	<u>17,809</u>	<u>28,022</u>
<b>FUNDS</b>					
Unrestricted funds	8			3,467	12,569
Restricted funds				14,342	15,453
<b>TOTAL FUNDS</b>					
				<u>17,809</u>	<u>28,022</u>

The notes form part of these financial statements

**MOVE MOMENTUM**

**BALANCE SHEET - CONTINUED  
AT 14 OCTOBER 2023**

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The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 14 October 2023.

The members have not required the company to obtain an audit of its financial statements for the period ended 14 October 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2015).

2024/08/13

The financial statements were approved by the Board of Trustees on ..... and were signed on its behalf by:



.....  
Trustee

Chloe Plummer

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023

1. ACCOUNTING POLICIES

**Accounting convention**

The financial statements of the charity, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102. The financial statements have been prepared under the historical cost convention.

**Incoming resources**

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

**Resources expended**

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Stocks**

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. ACTIVITIES FOR GENERATING FUNDS

	Period 15.4.22 to 14.10.23	Year Ended 14.4.22
	£	£
Fundraising events	3,938	4,210
	<u>          </u>	<u>          </u>

## MOVE MOMENTUM

### NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023

#### 3. NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting):

	Period 15.4.22 to 14.10.23 £	Year Ended 14.4.22 £
Other pension costs	642	340

#### 4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 14 October 2023 nor for the year ended 14 April 2022.

##### Trustees' expenses

There were no trustees' expenses paid for the period ended 14 October 2023 nor for the year ended 14 April 2022.

#### 5. STAFF COSTS

Staff costs totalled £57,215 (2022: £27,274) during the period.

Staff costs in 2023 related to employees £53,214 (2022: £24,989) and self employed staff £4,001 (2022: £2,285).

Gross Wages: £52,572  
Employer Pension: £642

The average number of employees during the period was 4 (2022: 3).

#### 6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade debtors	1,046	285

#### 7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade creditors	-	9
Taxation and social security	(71)	(71)
Other creditors	1,980	1,914
	1,909	1,852

## MOVE MOMENTUM

### NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023

#### 8. MOVEMENT IN FUNDS

	At 15.4.22 £	Net movement in funds £	Transfers between funds £	At 14.10.23 £
<b>Unrestricted funds</b>				
General fund	4,610	(3,539)	(645)	426
PLR Trust	3,000	(2,994)	-	6
Garfield Weston	4,959	(3,902)	-	1,057
Unrestricted Revenue	-	1,978	-	1,978
	<u>12,569</u>	<u>(8,457)</u>	<u>(645)</u>	<u>3,467</u>
<b>Restricted funds</b>				
Energise Me (Academies, Gems, Liberate)	984	(550)	-	434
Henry Smith	8,255	(3,017)	-	5,238
Right at Home	1,000	(1,000)	-	-
Crowdfunder Liberate Dance	78	(78)	-	-
Bruce Wake Grant	144	(654)	510	-
HIWCF - Gems classes	2,266	(2,326)	60	-
TNL	-	1,290	-	1,290
Revenue	2,583	(2,583)	-	-
Sovereign Housing (CF)	143	(143)	-	-
Sport England Active together	-	1,585	-	1,585
RATHBONES	-	(75)	75	-
PETER HARRISON	-	3,371	-	3,371
FOYLE FOUNDATION	-	2,424	-	2,424
	<u>15,453</u>	<u>(1,756)</u>	<u>645</u>	<u>14,342</u>
<b>TOTAL FUNDS</b>	<u>28,022</u>	<u>(10,213)</u>	<u>-</u>	<u>17,809</u>



## MOVE MOMENTUM

### NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023

#### 8. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	12,552	(16,091)	(3,539)
PLR Trust	1	(2,995)	(2,994)
Garfield Weston	9,999	(13,901)	(3,902)
COOP	1,040	(1,040)	-
Unrestricted Revenue	7,319	(5,341)	1,978
	<u>30,911</u>	<u>(39,368)</u>	<u>(8,457)</u>
<b>Restricted funds</b>			
Henry Smith	6,951	(9,968)	(3,017)
Bruce Wake Grant	2,000	(2,654)	(654)
HIWCF - Gems classes	1	(2,327)	(2,326)
TNL	5,001	(3,711)	1,290
Revenue	4,259	(6,842)	(2,583)
Sovereign Housing (CF)	-	(143)	(143)
Sport England Active together	2,000	(415)	1,585
RATHBONES	3,000	(3,075)	(75)
PETER HARRISON	6,000	(2,629)	3,371
FOYLE FOUNDATION	4,100	(1,676)	2,424
Energise Me (Academies, Gems, Liberate)	-	(550)	(550)
Right at Home	-	(1,000)	(1,000)
Crowdfunder Liberate Dance	-	(78)	(78)
	<u>33,312</u>	<u>(35,068)</u>	<u>(1,756)</u>
<b>TOTAL FUNDS</b>	<u><u>64,223</u></u>	<u><u>(74,436)</u></u>	<u><u>(10,213)</u></u>

# MOVE MOMENTUM

## NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023

### 8. MOVEMENT IN FUNDS - continued

#### Comparatives for movement in funds

	At 15.4.21 £	Net movement in funds £	Transfers between funds £	At 14.4.22 £
<b>Unrestricted Funds</b>				
General fund	1,653	792	2,165	4,610
PLR Trust	-	3,000	-	3,000
Garfield Weston	-	6,826	(1,867)	4,959
	<u>1,653</u>	<u>10,618</u>	<u>298</u>	<u>12,569</u>
<b>Restricted Funds</b>				
Energise Me (Academies, Gems, Liberate)	1,165	(181)	-	984
Yapp	3,000	(2,804)	(196)	-
Henry Smith	6,000	2,255	-	8,255
Right at Home	1,000	-	-	1,000
Crowdfunder Liberate Dance	78	-	-	78
Good Exchange - Sovereign house	-	99	(99)	-
Winchester City Council	-	(39)	39	-
Bruce Wake Grant	-	144	-	144
HIWCF - Gems classes	-	2,266	-	2,266
Scope	-	(73)	73	-
Revenue	-	2,583	-	2,583
Power to change	-	64	(64)	-
Sovereign Housing (CF)	-	143	-	143
Sport England Active together	-	(15)	15	-
Local Connections	-	2	(2)	-
Made By Sport	-	64	(64)	-
	<u>11,243</u>	<u>4,508</u>	<u>(298)</u>	<u>15,453</u>
<b>TOTAL FUNDS</b>	<u><u>12,896</u></u>	<u><u>15,126</u></u>	<u><u>-</u></u>	<u><u>28,022</u></u>

## MOVE MOMENTUM

### NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023

#### 8. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	8,504	(7,712)	792
PLR Trust	3,000	-	3,000
Garfield Weston	10,000	(3,174)	6,826
	<u>21,504</u>	<u>(10,886)</u>	<u>10,618</u>
<b>Restricted funds</b>			
Energise Me (Academies, Gems, Liberate)	-	(181)	(181)
Yapp	-	(2,804)	(2,804)
Henry Smith	6,749	(4,494)	2,255
Good Exchange - Sovereign house	1,750	(1,651)	99
Winchester City Council	940	(979)	(39)
Bruce Wake Grant	2,001	(1,857)	144
HIWCF - Gems classes	4,650	(2,384)	2,266
Scope	1,000	(1,073)	(73)
Revenue	3,681	(1,098)	2,583
Power to change	2,650	(2,586)	64
Sovereign Housing (CF)	1,880	(1,737)	143
Sport England Active together	3,000	(3,015)	(15)
Local Connections	2,095	(2,093)	2
Made By Sport	2,021	(1,957)	64
	<u>32,417</u>	<u>(27,909)</u>	<u>4,508</u>
<b>TOTAL FUNDS</b>	<u><u>53,921</u></u>	<u><u>(38,795)</u></u>	<u><u>15,126</u></u>

#### Transfers between funds

During the year small transfers were made between three Restricted funds and the General Fund. These represented small overspends of those three respective Restricted funds. Therefore it was decided the general fund would cover the additional costs.

## MOVE MOMENTUM

### NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023

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#### 9. RELATED PARTY DISCLOSURES

Move Momentum was originally a community branch of Integr8 Dance and was known by the name Integr8 Movement, this organisation was formed and constituted as a small voluntary organisation in September 2016. In September 2018, it was mutually decided to separate from Integr8 Dance in order to apply for charity status and Integr8 Dance was moving in a different direction. In July 2019, the trading name was changed to Move Momentum, which became a registered charity (CIO) in April 2020. Following the incorporation of Move Momentum CIO a registered charity (1189061) on 15 April 2020, assets of £3,268 were transferred from the previous entity to the CIO.

During the year, sales invoices totalling £208.00 were raised to H Newton (trustee) for private dance lessons. All invoices were paid at the balance sheet date.

# MOVE MOMENTUM

## DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023

	Period 15.4.22 to 14.10.23 £	Year Ended 14.4.22 £
<b>INCOMING RESOURCES</b>		
<b>Voluntary income</b>		
Donations	7,846	5,294
<b>Activities for generating funds</b>		
Fundraising events	3,938	4,210
<b>Incoming resources from charitable activities</b>		
Class fees	12,349	3,361
Grants	40,090	40,736
	<u>52,439</u>	<u>44,097</u>
<b>Other incoming resources</b>		
Merchandise	-	320
<b>Total incoming resources</b>	<u>64,223</u>	<u>53,921</u>
<b>RESOURCES EXPENDED</b>		
<b>Fundraising trading: cost of goods sold and other costs</b>		
Opening stock	651	206
Purchases	-	574
Wages - core costs	22,521	17,442
Pensions	642	340
Closing stock	(537)	(651)
	<u>23,277</u>	<u>17,911</u>
<b>Charitable activities</b>		
Self employed staff costs	612	2,285
Telephone	467	159
Direct costs	7,253	732
Subscriptions	480	421
Sundries	1,059	168
Small equipment expense	107	-
GEMS	7,916	2,106
Academies	5,469	2,850
Liberate	13,059	4,748
Carried forward	36,422	13,469

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# MOVE MOMENTUM

## DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023

	Period 15.4.22 to 14.10.23 £	Year Ended 14.4.22 £
<b>Charitable activities</b>		
Brought forward	36,422	13,469
Advertising	1,105	812
Venue hire	5,637	2,816
	<u>43,164</u>	<u>17,097</u>
<b>Governance costs</b>		
Accountancy new	1,860	1,720
Accountancy	2,729	628
(Over)/ underprovision	(40)	-
	<u>4,549</u>	<u>2,348</u>
<b>Support costs</b>		
<b>Management</b>		
Insurance	1,485	523
Cleaning	-	11
Postage and stationery	217	76
Staff training	759	318
Computer expenses	742	452
	<u>3,203</u>	<u>1,380</u>
<b>Finance</b>		
Sundries	351	-
Bank charges	52	59
	<u>403</u>	<u>59</u>
<b>Other</b>		
Travelling	(160)	-
	<u>74,436</u>	<u>38,795</u>
<b>Total resources expended</b>		
	<u>74,436</u>	<u>38,795</u>
<b>Net (expenditure)/income</b>	<u>(10,213)</u>	<u>15,126</u>

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