

**REGISTERED COMPANY NUMBER: CE021542 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1189061**

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 14 APRIL 2021  
FOR  
MOVE MOMENTUM**

Rothmans LLP  
Chartered Accountants  
Avebury House  
St Peter Street  
Winchester  
Hampshire  
SO23 8BN

## **MOVE MOMENTUM**

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**MOVE MOMENTUM**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 14 APRIL 2021**

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The Trustees present their report and accounts for the year ended 14 April 2021. The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's Governing Document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015).

The Trustees of Move Momentum have considered their duties in accordance with the Charity Commission's regulations. The statement of Activities provided by the Trustees is contained below and the Trustees believe that it gives a true record of the work the CIO in fulfilling its charitable purposes for public benefit.

The Trustees believe they have complied with their duty, contained in Section 4 of the Charities Act 2011, to have due regard to public benefit guidance published by the Commission.

The charity registered as a Charitable Incorporated Organisation on the 15 April 2020 with the Charity Commission.

**INCORPORATION**

The charitable company was incorporated on 15 April 2020.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

CE021542 (England and Wales)

**Registered Charity number**

1189061

**Registered office**

Unit 12 Winnall Valley Road  
Winchester  
Hampshire  
SO23 0LD

**Trustees**

Miss A J Jones	- appointed 15.4.20
J Ferguson	- appointed 15.4.20
L Walton	- appointed 15.4.20
K Tyson	- appointed 15.4.20
H Walton	- appointed 15.4.20
C Russell	- appointed 15.4.20

**Independent examiner**

Rothmans LLP  
Chartered Accountants  
Avebury House  
St Peter Street  
Winchester  
Hampshire  
SO23 8BN

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a constitution, and constitutes a charitable incorporated organisation.

## MOVE MOMENTUM

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 14 APRIL 2021

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#### STRUCTURE, GOVERNANCE AND MANAGEMENT

##### Recruitment and appointment of new trustees

Apart from the first charity trustees, every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

##### Induction and training of new trustees

The charity trustees will make available to each new charity trustee, on or before his or her first appointment:

- a. a copy of the current version of this constitution
- b. a copy of the CIO's latest Trustees' Annual Report and statement of accounts.
- c. a copy of the notice of the guidance issued by the Charity Commission on public benefit.
- d. a summary document of the charity, who we are and its main achievements, outcomes and objectives.

##### Related parties

Memorandum of Understanding between Move Momentum and Integr8 Dance who agree to:

- Share same dance teachers/staff
- Shared use of Unit 12 dance studios
- Operating from same address - Unit 12

Unit 12 - business address shared space for office base, hire out the dance studios for delivery of classes.

##### Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

#### OBJECTIVES AND ACTIVITIES

##### Objectives and aims

To advance the education of the arts through the provision of educational dance classes for disadvantaged children, people with disabilities, people in ill health (physical or mental) and the elderly in Winchester, Hampshire.

##### Significant activities

We provide opportunities to learn dance for groups of people for whom dance is less accessible. We offer weekly dance classes for young people, older adults and people with disabilities.

Academies: Street dance academies for young people aged 11-16 in Stanmore and Winnall, Winchester.

GEMS: A friendly relaxed dance class for over 65s and the option to stay after for a tea/coffee and biscuit in Unit 12 cafe.

Liberate: Exclusively wheelchair-based dance classes that celebrate the freedom and movement a wheelchair brings to people with disabilities.

##### Public benefit

The Trustees confirm they have all received notice and read the guidance issued by the Charity Commission on public benefit.

##### Volunteers

Move Momentum recognises that there can be situations in which Volunteers help can make an appropriate and significant contribution to the work and service objectives of our organisation.

Move Momentum volunteers contribute to supporting dance classes, administrative tasks, marketing and PR, fundraising tasks and events. We've had 7 volunteers contribute to our charity this year.

## MOVE MOMENTUM

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 14 APRIL 2021

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#### ACHIEVEMENT AND PERFORMANCE

##### Charitable activities

2020-2021 has been a challenging year for everyone and Move Momentum has faced its share of challenges this year but through all the challenges there have also been a number of highlights.

##### Our year in numbers:

212 classes delivered

79 students participating in regular classes

33 young people attended our academies

15 people attended GEMS

31 people attended Liberate

87% of students stated our classes noticeably improved their confidence

87% of students stated our classes noticeably improved their mental health

100% of students stated our classes noticeably improved their physical fitness

##### Virtual Delivery

When the UK entered a lockdown in March 2020 Move Momentum quickly adapted to delivering dance classes online and decided to do so free of charge. This was hugely successful, in particular our Liberate Dance classes which saw a 100% increase in participants. Due to the increased demand and many of our new members joining from across the UK, in September when our classes resumed in the studio, we launched a brand new Liberate Online class.

##### Community Business Trade Up Programme

We were one of 71 organisations across England selected for a competitive learning programme and grant of up to £10,000. The Community Business Trade Up Programme is run by the School for Social Entrepreneurs, in partnership with Power to Change. The programme supports people in improving their local communities through trade. Our CEO took part in a nine-month learning programme at the School for Social Entrepreneurs (SSE). SSE helps people develop the skills, strengths and networks they need to tackle society's biggest problems.

##### Awards

We were very fortunate to celebrate receiving 2 awards this year. The first was 'Dance Class of the Year' in the South England Prestige Awards. These awards recognise small and medium-sized businesses and charities that have proven to be the best in their market, demonstrating strengths in areas such as quality, service excellence, accessibility and sustainable methods of working.

The second was awarded to Vickie Simmonds, co-founder of Liberate Dance, who won the Rising Star Award from One Dance UK. The One Dance UK Awards are an annual celebration to champion, acknowledge and reward the people who have made the most impact on the vibrant dance landscape across the UK. The Rising Star award celebrates someone who is at the start of their career who is already making a significant positive difference in their area of work.

## **MOVE MOMENTUM**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 14 APRIL 2021**

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#### **ACHIEVEMENT AND PERFORMANCE**

##### **Achievements against objectives set**

- Hire an additional staff member - Completed August 2020
- Restart face-to-face class with COVID-19 risk measures in place beginning September 2020 - Completed in September 2020 but had to return to virtual teaching during lockdowns 2 & 3
- Start a Liberate Zoom class - Completed September 2020
- Start delivering GEMS care home programme - Launched in Spring 2021, however, delayed start due to Covid 19 restrictions in care homes.
- Complete 2019-2020 social impact report - Completed January 2021
- Increase numbers in Liberate studio classes to at least 6 participants in each class and in Academies at least 8 participants per class - January 2021 Delayed due to Covid 19 restrictions, new target date Summer term 2021
- Start new GEMS community class - January 2021 Delayed, new target date Autumn term 2021
- Fundraise £2000 for the financial year (2020 - 2021) - Completed March 2021

#### **FINANCIAL REVIEW**

The Trustees estimated the reserves at 14 April 2021 to be £14,531. These year end Accounts show that the funds held at 14 April 2021 total £12,896. (£1,653 Unrestricted and £11,243 Restricted).

The Trustees at each Board meeting are briefed in detail on the progress of the transactions, the current balances, the levels of reserves, and any future liabilities. On that basis, the Treasurer alerts the Trustees to anything that might indicate that the charity is not likely to be considered a going concern. The Trustees are confident that the Charity is likely to remain solvent and there are no uncertainties of this charity's ability to continue.

#### **STATEMENT OF TRUSTEES RESPONSIBILITIES**

The trustees (who are also the directors of Move Momentum for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**MOVE MOMENTUM**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 14 APRIL 2021**

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Approved by order of the board of trustees on .....02.11.2021..... and signed on its behalf by:



.....  
Miss A J Jones - Trustee

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF MOVE MOMENTUM

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I report on the accounts of the company for the year ended 14 April 2021, which are set out on pages seven to twelve.

### **Responsibilities and basis of report**

As the charity's trustees (and also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

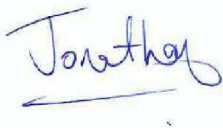
Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, I have examined your charity's accounts as required under section 145 of the Charities Act 2011 ('the Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. that accounting records were not kept as required by section 386 of the Companies Act 2006; or
2. that the accounts do not accord with those records; or
3. that the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; or
4. that there is further information needed for a proper understanding of the accounts.

### **Independent examiner's statement**

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.



Jonathan Poulter  
FCA CTA  
Rothmans LLP  
Chartered Accountants  
Avebury House  
St Peter Street  
Winchester  
Hampshire  
SO23 8BN

Date: 1 December 2021



# MOVE MOMENTUM

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 14 APRIL 2021

	Notes	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOMING RESOURCES</b>				
<b>Incoming resources from generated funds</b>				
Voluntary income		1,131	1,814	2,945
Activities for generating funds	2	396	78	474
<b>Incoming resources from charitable activities</b>				
Dance classes		2,516	29,415	31,931
<b>Other incoming resources</b>		331	-	331
<b>Total incoming resources</b>		4,374	31,307	35,681
<b>RESOURCES EXPENDED</b>				
<b>Costs of generating funds</b>				
Fundraising trading: cost of goods sold and other costs		20	-	20
<b>Charitable activities</b>				
Dance classes		3,159	19,739	22,898
<b>Governance costs</b>		1,910	-	1,910
<b>Other resources expended</b>		900	325	1,225
<b>Total resources expended</b>		5,989	20,064	26,053
<b>NET INCOMING/(OUTGOING) RESOURCES</b>				
		(1,615)	11,243	9,628
<b>Other recognised gains/losses</b>				
Assets transferred		3,268	-	3,268
<b>TOTAL FUNDS CARRIED FORWARD</b>		1,653	11,243	12,896

The notes form part of these financial statements

**MOVE MOMENTUM**

**BALANCE SHEET  
AT 14 APRIL 2021**

	Notes	Unrestricted fund £	Restricted funds £	Total funds £
<b>CURRENT ASSETS</b>				
Stocks		206	-	206
Cash at bank		3,067	11,243	14,310
		<u>3,273</u>	<u>11,243</u>	<u>14,516</u>
<b>CREDITORS</b>				
Amounts falling due within one year	5	(1,620)	-	(1,620)
		<u>1,653</u>	<u>11,243</u>	<u>12,896</u>
<b>NET CURRENT ASSETS</b>				
		<u>1,653</u>	<u>11,243</u>	<u>12,896</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>1,653</u>	<u>11,243</u>	<u>12,896</u>
<b>NET ASSETS</b>		<u>1,653</u>	<u>11,243</u>	<u>12,896</u>
<b>FUNDS</b>	6			
Unrestricted funds				1,653
Restricted funds				<u>11,243</u>
<b>TOTAL FUNDS</b>				<u>12,896</u>

The notes form part of these financial statements

**MOVE MOMENTUM**

**BALANCE SHEET - CONTINUED  
AT 14 APRIL 2021**

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The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 14 April 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 14 April 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2015).

The financial statements were approved by the Board of Trustees on 02.11.2021 and were signed on its behalf by:



.....  
Miss A J Jones -Trustee

The notes form part of these financial statements

## MOVE MOMENTUM

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 14 APRIL 2021

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#### 1. ACCOUNTING POLICIES

##### **Accounting convention**

The financial statements of the charity, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102. The financial statements have been prepared under the historical cost convention.

##### **Incoming resources**

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

##### **Resources expended**

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Stocks**

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

#### 2. ACTIVITIES FOR GENERATING FUNDS

Fundraising events	£ 474
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#### 3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 14 April 2021.

##### **Trustees' expenses**

There were no trustees' expenses paid for the year ended 14 April 2021.

#### 4. STAFF COSTS

Staff costs totalled £11,587 during the year, these costs related to self employed staff.

The average number of employees during the year was NIL.

# MOVE MOMENTUM

## NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 14 APRIL 2021

### 5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£
Other creditors	1,620

### 6. MOVEMENT IN FUNDS

	Net movement in funds £	At 14.4.21 £
<b>Unrestricted funds</b>		
General fund	1,653	1,653
<b>Restricted funds</b>		
Energise Me (Academies, Gems, Liberate)	1,165	1,165
Yapp	3,000	3,000
Henry Smith	6,000	6,000
Right at Home	1,000	1,000
Crowdfunder Liberate Dance	78	78
	<u>11,243</u>	<u>11,243</u>
<b>TOTAL FUNDS</b>	<u>12,896</u>	<u>12,896</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General fund	4,374	(5,989)	3,268	1,653
<b>Restricted funds</b>				
SSE (Power to Change)	7,350	(7,350)	-	-
Sport England (COVID19)	5,600	(5,600)	-	-
Energise Me (Academies, Gems, Liberate)	7,465	(6,300)	-	1,165
Yapp	3,000	-	-	3,000
Henry Smith	6,000	-	-	6,000
Right at Home	1,000	-	-	1,000
Teachers	814	(814)	-	-
Crowdfunder Liberate Dance	78	-	-	78
	<u>31,307</u>	<u>(20,064)</u>	<u>-</u>	<u>11,243</u>
<b>TOTAL FUNDS</b>	<u>35,681</u>	<u>(26,053)</u>	<u>3,268</u>	<u>12,896</u>

## **MOVE MOMENTUM**

### **NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 14 APRIL 2021**

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#### **7. RELATED PARTY DISCLOSURES**

Move Momentum was originally a community branch of Integr8 Dance and was known by the name Integr8 Movement, this organisation was formed and constituted as a small voluntary organisation in September 2016. In September 2018, it was mutually decided to separate from Integr8 Dance in order to apply for charity status and Integr8 Dance was moving in a different direction. In July 2019, the trading name was changed to Move Momentum, which became a registered charity (CIO) in April 2020. Following the incorporation of Move Momentum CIO a registered charity (1189061) on 15 April 2020, assets of £3,268 were transferred from the previous entity to the CIO.

The charity purchases printed merchandise from JCM Glass and Glazing Ltd. JCM Glass and Glazing Ltd is a company owned by C Russell's husband. This was disclosed in the original charity application.

**MOVE MOMENTUM****DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 14 APRIL 2021**

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	£
<b>INCOMING RESOURCES</b>	
<b>Voluntary income</b>	
Donations	2,945
<b>Activities for generating funds</b>	
Fundraising events	474
<b>Incoming resources from charitable activities</b>	
Class fees	2,516
Grants	29,415
	<hr/>
	31,931
<b>Other incoming resources</b>	
Merchandise	331
	<hr/>
<b>Total incoming resources</b>	35,681
 <b>RESOURCES EXPENDED</b>	
<b>Fundraising trading: cost of goods sold and other costs</b>	
Purchases	226
Closing stock	(206)
	<hr/>
	20
<b>Charitable activities</b>	
Self employed staff costs	11,587
Telephone	150
Direct costs	302
Subscriptions	97
Sundries	152
Small equipment expense	195
GEMS	1,638
Academies	3,559
Liberate	5,152
Advertising	66
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	22,898
<b>Governance costs</b>	
Accountancy new	1,620
Accountancy	290
	<hr/>
	1,910
 <b>Support costs</b>	

This page does not form part of the statutory financial statements

## MOVE MOMENTUM

### DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 14 APRIL 2021

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	£
<b>Management</b>	
Insurance	390
Cleaning	14
Postage and stationery	68
Staff training	323
Computer expenses	430
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	1,225
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<b>Total resources expended</b>	26,053
	<hr/>
<b>Net income</b>	9,628
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This page does not form part of the statutory financial statements