

# MOVE MOMENTUM

England & Wales · Charity number 1189061

## Details

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Other names	MOMENTUM
Status	Registered
Legal form	CIO
Registered	2020-04-15
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	Unit 12 Winnall Valley Road Winchester SO23 0LD
Phone	01962809234
Email	<a href="mailto:info@movemomentum.co.uk">info@movemomentum.co.uk</a>
Website	<a href="http://www.movemomentum.co.uk">www.movemomentum.co.uk</a>

## Activities

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**Objects:** TO ADVANCE THE EDUCATION OF THE ARTS THROUGH THE PROVISION OF EDUCATIONAL DANCE CLASSES FOR DISADVANTAGED CHILDREN, PEOPLE WITH DISABILITIES, PEOPLE IN ILL HEALTH (PHYSICAL OR MENTAL) AND THE ELDERLY IN WINCHESTER, HAMPSHIRE.

**Activities:** Move Momentum is a dance charity based in Winchester, Hampshire that provides classes that are accessible, inclusive and affordable for everyone. We focus on supporting mental and physical well-being and enriching people's quality of life. Our main beneficiaries are young people, older adults and people with disabilities.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, Disability, Arts/culture/heritage/science, Amateur Sport
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

## Geography

- Hampshire

## Finances

Period end	Income	Expenditure	Assets	Employees
2024-10-14	£96,676	£77,231	-	-
2023-10-14	£64,223	£74,436	-	-
2022-04-14	£53,921	£38,795	-	-
2021-04-14	£35,681	£26,053	-	-

## Trustees

Name	Role	Appointed
<b>Emily Charlotte Girling</b>	Chair	2023-06-28
Angela Sims		2022-03-02
Chloe Plummer		2023-11-08
Diana Bignell		2024-08-12
Gillian Bagshaw		2025-07-16
Harry Newton		2022-03-02
Kirsty Anderson		2025-08-16
Michael Stephen Hollinghurst		2022-03-02
Peter Francis Brown		2023-06-28

**MOVE MOMENTUM**

England & Wales - Charity number 1189061

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# Accounts

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**REGISTERED COMPANY NUMBER: CE021542 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1189061**

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 14 OCTOBER 2024  
FOR  
MOVE MOMENTUM**

Rothmans LLP  
Avebury House  
St Peter Street  
Winchester  
Hampshire  
SO23 8BN

**MOVE MOMENTUM**

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FOR THE YEAR ENDED 14 OCTOBER 2024**

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**MOVE MOMENTUM**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 14 OCTOBER 2024**

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The Trustees present their report and accounts for the period ended 14 October 2024. The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's Governing Document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

The Trustees of Move Momentum have considered their duties in accordance with the Charity Commission's regulations. The statement of Activities provided by the Trustees is contained below and the Trustees believe that it gives a true record of the work the CIO in fulfilling its charitable purposes for public benefit.

The Trustees believe they have complied with their duty, contained in Section 4 of the Charities Act 2011, to have due regard to public benefit guidance published by the Commission.

The charity registered as a Charitable Incorporated Organisation on the 15 April 2020 with the Charity Commission.

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

To advance the education of the arts through the provision of educational dance classes for disadvantaged children, people with disabilities, people in ill health (physical or mental) and the elderly in Winchester, Hampshire.

**Significant activities**

We provide opportunities to learn dance for groups of people for whom dance is less accessible. We offer weekly dance classes for young people, older adults and people with disabilities.

Academies: Street dance academies for young people aged 10-16 in Stanmore and Winnall, Winchester.

GEMS: Two friendly relaxed dance classes for over 65s and the option to stay after for a tea/coffee and biscuit in Weeke & Winnall

Liberate: Exclusively wheelchair-based online and studio-based dance classes that celebrate the freedom and movement a wheelchair brings to people with disabilities.

Provide workshops, classes and services to other organisations that also support people in the demographics listed in our purpose.

**Public benefit**

Move Momentum Trustees confirm they have all received notice and read the guidance issued by the Charity Commission on public benefit.

## MOVE MOMENTUM

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 14 OCTOBER 2024

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#### OBJECTIVES AND ACTIVITIES

##### Volunteers

Move Momentum recognises that there can be situations in which Volunteers help can make an appropriate and significant contribution to the work and service objectives of our organisation.

Move Momentum is committed to ensuring that volunteers are made aware of the tasks they are expected to perform. Volunteers are not restricted to doing these tasks and may discuss changing the tasks if appropriate. The prospective Volunteer will be informed of the relevant experience, skills, knowledge, abilities and equal opportunity awareness necessary to carry out the role effectively.

Move Momentum volunteers contribute to supporting dance classes, administrative tasks, marketing and PR, fundraising tasks and events. We've had 35 volunteers support us over this past year including 7 regular volunteers with specific roles and approximately 28 other volunteers for events which include students, staff and trustees.

#### ACHIEVEMENTS AND PERFORMANCE

##### Charitable activities

We provide opportunities to learn dance for groups of people for whom dance is less accessible. We offer weekly dance classes for young people, older adults and people with disabilities.

Our current projects include our Gems classes (for over 65s), Liberate Dance (for wheelchair users), Everyone Can Dance (an online subscription platform for previously mentioned demographics and people with LTHCs), a care home programme, delivering sessions at Winchester City Council residences, a SEN school programme along with multiple collaborative projects with other charities delivering dance sessions for people with long-term health conditions and disabilities.

Gems: Three friendly relaxed dance classes for over 65s and the option to stay after for a tea/coffee and biscuit in Weeke, Winnall and Winchester City Centre.

Liberate: Four exclusively wheelchair-based online and studio-based dance classes that celebrate the freedom and movement a wheelchair brings to people with disabilities. Three classes are delivered in person for Youth (7-13), Young Adult (14-21) and Adult (22+). Our online class is for any age.

Everyone Can Dance - Online is an inclusive online on-demand dance platform tailored for older adults and individuals with disabilities and long-term health conditions to help increase uptake and access to physical activity and improve social connection.

Winchester City Council Residences: We developed a collaboration with Winchester City Council by providing weekly sessions to some of their sheltered housing residences for people of retirement age.

Academies: Street dance academies for young people aged 11-16 in Stanmore and Winnall, Winchester. - this project ran for 7 years and was closed in March 2024 due to changing demand in this demographic.

**MOVE MOMENTUM**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 14 OCTOBER 2024**

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**ACHIEVEMENTS AND PERFORMANCE**

**Main Achievements**

Over this past year, we expanded our reach, welcoming more individuals into our dance family and forging new partnerships that amplify our impact. The impact numbers are not just statistics; they are stories of resilience, joy, and growth.

We saw a 150% increase in our regular participants in 2023 and over 320 individuals engaged through workshops, the real measure of our success lies in the smiles, improved confidence, and sense of belonging felt by our participants.

We provided sessions to the community at a heavily subsidised price to ensure financial accessibility for all our participants, particularly given that the demographics we are supporting are more likely to be impacted by the current cost-of-living crisis and are more likely to experience financial challenges. We also continued to offer our bursary scheme for those students who are not able to afford our fees; we've had 3 students access this scheme over this past year.

Project/Class Numbers for 23-24

GEMS - 38 participants

Liberate - 32 participants

Everyone Can Dance - 7 participants

Academies - 5 participants\*

Winchester City Council - 16 participants

SEN Schools - Approx 80 participants

Care Homes - Approx 65 participants

Yately Industries - 8 participants

The Rainbow Centre - 18 participants

**New Classes and Projects**

With our adult wheelchair dance class at maximum capacity during the summer term and the waiting list growing, we decided to add in an extra class launching our new Liberate Young Adult class in September 2023.

In July 2024 we launched an additional GEMS class in Winchester to accommodate our growing waiting lists with both other classes at full capacity.

We also developed a collaboration with Winchester City Council starting in January 2024 by providing weekly sessions to some of their sheltered housing residences.

We also developed and launched a new online, on-demand dance platform called Everyone Can Dance - Online. A platform tailored for older adults and individuals with disabilities and long-term health conditions to help increase uptake and access to physical activity and improve social connection. The platform launched at the end of July 2024.

**Events**

We concluded 2023 by launching a brand new event for Move Momentum, a Christmas Showcase and Social. The event provided a more relaxed environment to bring our groups together. It was a wonderful opportunity for everyone to gather their families and close friends, showcase their hard work and celebrate our Move Momentum community. We ran a very successful fundraising campaign in March raising £12,902. We held our annual showcase in June with guest performances from other local dance groups. Our Liberate Holiday Camp in August sold out for the first year with 12 participants attending including welcoming some new people to the Liberate family.

## MOVE MOMENTUM

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 14 OCTOBER 2024

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#### ACHIEVEMENTS AND PERFORMANCE

##### Expanded Outreach Delivery

In the Autumn Term of 2023 & 2024, we've partnered with WheelPower, a charity providing opportunities for disabled people to take part in sports, to deliver free online dance sessions.

Marketing Manager at WheelPower, comments: "We absolutely loved our collaboration with Liberate Dance during 'Strictly Come Dancing' season."

We also provided one-off workshops to Enham Trust, Treloars School, Victoria Education Centre, University of Southampton, Disability Challengers, Andover Mind, Pavilion Dance South West as well as other local community groups.

In January 2024 we started delivering regular sessions at Cedar School - a school for children with disabilities. We also continued to provide regular sessions to Saxonwood School and have 3 local care homes that engage us in delivering regular sessions for their residents. We've also continued to provide monthly sessions at The Rainbow Centre in Fareham for people with neurological conditions and we've established a new weekly class with Yately Industries for people with disabilities.

##### Impact

Our impact is not measured in steps and routines; it's evident in transformed lives. Our impact measurement reveals a greater sense of belonging, improved social connections, physical health and mental well-being.

We have a Story of Change that helped us to determine our outcomes and impact on beneficiaries. We conduct an annual impact monitoring survey in addition to regular feedback surveys to ensure that we are meeting our aims. We do case studies on students from each of our projects, which alongside data from the impact survey, registers and other forms is reported in our annual social impact report.

In our annual participant survey:

91% of participants indicated a positive impact on their physical overall health.

87% reported a better social connection with multiple people noting a greater sense of belonging and stating that the classes helped them to make friends with people with similar lived experiences.

86% reported a positive impact on their mental health with multiple people noting increased feelings of joy and happiness, feeling less stressed and increased confidence.

77% of participants indicate they have learned new skills, with several people stating an increase in motivation, improved communication and creative thinking as skills they've developed.

74% indicate to be more active than before with multiple people noting increased flexibility and stamina.

"The physical side is definitely beneficial to my health, strengthening arms, legs and breathing. We have become quite a close-knit group, getting to know one another better and enjoying the laughs we have from time to time. By meeting regularly I have been getting to know each one of our group. Their friendship is a valuable thing. We enrich one another as we share our life experiences, before, during and after the sessions." - GEMS student

"I like dancing with Liberate because of the sense of collaboration and community. Everyone at Liberate supports one another and the classes are great. I also love working on our new dances and seeing what we come up with, especially when we get to the end and then get to perform it. Since joining Liberate I am more determined and passionate in my dancing and my everyday life. My confidence has grown and has helped me become a better person because I know I can achieve anything I put my mind to. It has led to doing more things and I have had lots of opportunities, both from the class itself and life in general." - Liberate student.

**MOVE MOMENTUM**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 14 OCTOBER 2024**

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**ACHIEVEMENTS AND PERFORMANCE**

**Achievements against objectives set**

Key priority areas are:

- Reaching more beneficiaries
- Becoming financially sustainable
- Consolidate and strengthen current service

September 2023 - August 2024:

- Continuing to increase participants and engagement in all existing classes
- Adding to core services by starting new classes
- Increasing delivery of services to external organisations to financially support core services

All these objectives have been achieved. Details in summary.

Specific Activities:

Boys Dance Marketing Campaign

October 2023

Completed

Individual donor campaign

October 2023

Completed

Plan for new Gems class

March 2024

Completed

Research local businesses to target for support/sponsorship

April 2024

In Progress

Increase numbers in

Liberate Youth - 6 regular participants

Liberate Online - 9 regular participants

April 2024

In progress

Providing regular sessions for 7 external organisations/care homes

April 2024

Completed

SaxonWood

Cedar

Rainbow Centre

Old Alresford

Abbotts Barton

Hyde Lodge (WCC)

King Harold Court (WCC)

Yately Industries

**MOVE MOMENTUM**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 14 OCTOBER 2024**

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**ACHIEVEMENTS AND PERFORMANCE**

Pride Month Campaign  
June 2024  
Completed

Start a new GEMS class  
July 2024  
Completed

Research and apply for funding for starting a long-term health conditions class  
July 2024  
In Progress

Deliver 8 other paid workshops (non-regular)  
July 2024  
Completed  
Treloars x 3  
Pavillion Dance  
Challengers x 3  
Andover Mind  
Tuesday's Place  
Enham Trust x 2  
The Personal Best Education x 2

Create a plan for sharing the corporate giving brochure  
July 2024  
In progress

Start developing CPD training course  
July 2024  
in progress

Start sharing the corporate giving brochure  
August 2024  
In progress

Fundraise £4500 for the financial year 2023 - 2024  
Oct 2024  
Completed

**Performance of fundraising activities against objectives set**

Target Revenue = £16,950  
Target Grants Income = £64,000  
Fundraising Target = £4,500  
Target Donations = £6,500

Actual Revenue = £21,569  
Actual Grants Income = £62,700  
Actual Fundraising Income = £7,056  
Actual Donations Income = £5,351

**MOVE MOMENTUM**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 14 OCTOBER 2024**

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**FINANCIAL REVIEW**

The Trustees estimated the reserves at 14 October 2024 to be £36,335. These year end Accounts show that the funds held at 14 October 2024 total £37,254 (£29,050 Unrestricted and £8,204 Restricted).

The Trustees at each Board meeting are briefed in detail on the progress of the transactions, the current balances, the levels of reserves, and any future liabilities. On that basis, the Treasurer alerts the Trustees to anything that might indicate that the charity is not likely to be considered a going concern. The Trustees are confident that the Charity is likely to remain solvent and there are no uncertainties of this charity's ability to continue.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a constitution, and constitutes a charitable incorporated organisation.

**Recruitment and appointment of new trustees**

Apart from the first charity trustees, every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

**Induction and training of new trustees**

The charity trustees will make available to each new charity trustee, on or before his or her first appointment:

- a. a copy of the current version of this constitution
- b. a copy of the CIO's latest Trustees' Annual Report and statement of accounts.
- c. a copy of the notice of the guidance issued by the Charity Commission on public benefit.
- d. a summary document of the charity, who we are and its main achievements, outcomes and objectives.

**Governing document**

The charity is controlled by its governing document, a constitution, and constitutes a charitable incorporated organisation.

**Charities organisational structure**

Trustees  
CEO (Senior Management)  
Managers  
Officers  
Freelance Teaching staff  
Freelance Teaching assistants  
Volunteers

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

CE021542 (England and Wales)

**Registered Charity number**

1189061

**MOVE MOMENTUM**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 14 OCTOBER 2024**

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**Registered office**

Unit 12 Winnall Valley Road  
Winchester  
Hampshire  
SO23 0LD

**Trustees**

Miss A J Long (resigned 26.9.24)  
A Sims  
M S Hollinghurst  
H Newton  
Ms C Plummer (appointed 8.11.23)  
P Brown  
Ms E Girling  
D Bignell (appointed 12.8.24)

**Independent Examiner**

Rothmans LLP  
Avebury House  
St Peter Street  
Winchester  
Hampshire  
SO23 8BN

2025/08/11

Approved by order of the board of trustees on ..... and signed on its behalf by:



.....  
Ms C Plummer - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
MOVE MOMENTUM**

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**Independent examiner's report to the trustees of Move Momentum ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 14 October 2024.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jonathan Poulter FCA CTA

Rothmans LLP  
Avebury House  
St Peter Street  
Winchester  
Hampshire  
SO23 8BN

Date: ..... 12/08/2025 .....

**MOVE MOMENTUM**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 14 OCTOBER 2024**

	Notes	Unrestricted funds £	Restricted funds £	Year Ended 14.10.24 Total funds £	Period 15.4.22 to 14.10.23 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		5,102	249	5,351	7,846
<b>Charitable activities</b>					
Dance classes		41,320	42,949	84,269	52,439
Other trading activities	2	<u>7,056</u>	<u>-</u>	<u>7,056</u>	<u>3,938</u>
<b>Total</b>		<u>53,478</u>	<u>43,198</u>	<u>96,676</u>	<u>64,223</u>
<b>EXPENDITURE ON</b>					
Raising funds		12,508	214	12,722	23,277
<b>Charitable activities</b>					
Dance classes		<u>14,809</u>	<u>49,700</u>	<u>64,509</u>	<u>51,159</u>
<b>Total</b>		<u>27,317</u>	<u>49,914</u>	<u>77,231</u>	<u>74,436</u>
<b>NET INCOME/(EXPENDITURE)</b>					
Transfers between funds	9	26,161	(6,716)	19,445	(10,213)
		<u>(578)</u>	<u>578</u>	<u>-</u>	<u>-</u>
<b>Net movement in funds</b>		25,583	(6,138)	19,445	(10,213)
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		3,467	14,342	17,809	28,022
		<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>29,050</u>	<u>8,204</u>	<u>37,254</u>	<u>17,809</u>

The notes form part of these financial statements

**MOVE MOMENTUM****BALANCE SHEET  
14 OCTOBER 2024**

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
<b>CURRENT ASSETS</b>					
Stocks	6	537	-	537	537
Debtors	7	1,953	-	1,953	1,046
Cash at bank		<u>28,576</u>	<u>8,401</u>	<u>36,977</u>	<u>18,135</u>
		31,066	8,401	39,467	19,718
<b>CREDITORS</b>					
Amounts falling due within one year	8	(2,016)	(197)	(2,213)	(1,909)
		<u>29,050</u>	<u>8,204</u>	<u>37,254</u>	<u>17,809</u>
<b>NET CURRENT ASSETS</b>					
		<u>29,050</u>	<u>8,204</u>	<u>37,254</u>	<u>17,809</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>29,050</u>	<u>8,204</u>	<u>37,254</u>	<u>17,809</u>
<b>NET ASSETS</b>					
		<u>29,050</u>	<u>8,204</u>	<u>37,254</u>	<u>17,809</u>
<b>FUNDS</b>					
	9				
Unrestricted funds				29,050	3,467
Restricted funds				<u>8,204</u>	<u>14,342</u>
<b>TOTAL FUNDS</b>					
				<u>37,254</u>	<u>17,809</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 14 October 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 14 October 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

**MOVE MOMENTUM**

**BALANCE SHEET - continued**  
**14 OCTOBER 2024**

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These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on ..... and were signed on its behalf by:  
2025/08/11



.....  
C Plummer - Trustee

The notes form part of these financial statements

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NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 14 OCTOBER 2024

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1. ACCOUNTING POLICIES

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Stocks**

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**MOVE MOMENTUM**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 14 OCTOBER 2024**

**2. OTHER TRADING ACTIVITIES**

	Year Ended 14.10.24 £	Period 15.4.22 to 14.10.23 £
Fundraising events	<u>7,056</u>	<u>3,938</u>

**3. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 14 October 2024 nor for the period ended 14 October 2023.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 14 October 2024 nor for the period ended 14 October 2023.

**4. STAFF COSTS**

Staff costs totalled £58,513 (2023: £57,215 ) during the period.

Staff costs in 2024 related to employees £56,117 (2023: £53,214) and self employed staff £2,396 (2023: £4,001).

Gross Wages: £55,338

Employer Pension: £779

The average number of employees during the period was 5 (2023: 4).

**5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	7,844	2	7,846
<b>Charitable activities</b>			
Dance classes	19,129	33,310	52,439
Other trading activities	<u>3,938</u>	<u>-</u>	<u>3,938</u>
<b>Total</b>	<u>30,911</u>	<u>33,312</u>	<u>64,223</u>
 <b>EXPENDITURE ON</b>			
Raising funds	19,566	3,711	23,277
<b>Charitable activities</b>			
Dance classes	<u>19,802</u>	<u>31,357</u>	<u>51,159</u>
<b>Total</b>	39,368	35,068	74,436

**MOVE MOMENTUM**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 14 OCTOBER 2024**

5. <b>COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued</b>	Unrestricted funds £	Restricted funds £	Total funds £
<b>NET INCOME/(EXPENDITURE)</b>	(8,457)	(1,756)	(10,213)
Transfers between funds	<u>(645)</u>	<u>645</u>	<u>-</u>
Net movement in funds	(9,102)	(1,111)	(10,213)
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	<u>12,569</u>	<u>15,453</u>	<u>28,022</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u><u>3,467</u></u>	<u><u>14,342</u></u>	<u><u>17,809</u></u>
<b>6. STOCKS</b>		2024	2023
Stocks		£	£
		<u>537</u>	<u>537</u>
<b>7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>		2024	2023
Trade debtors		£	£
		<u>1,953</u>	<u>1,046</u>
<b>8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>		2024	2023
Social security and other taxes		£	£
Accruals and deferred income		(142)	(71)
		<u>2,355</u>	<u>1,980</u>
		<u><u>2,213</u></u>	<u><u>1,909</u></u>

**MOVE MOMENTUM**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 14 OCTOBER 2024**

**9. MOVEMENT IN FUNDS**

	At 15.10.23 £	Net movement in funds £	Transfers between funds £	At 14.10.24 £
<b>Unrestricted funds</b>				
General fund	425	3,104	(578)	2,951
PLR Trust	7	709	-	716
Garfield Weston	1,057	-	-	1,057
Unrestricted Revenue	1,978	831	-	2,809
SOVEREIGN	-	981	-	981
SPORT ENGLAND	-	836	-	836
NATIONAL LOTTERY	-	19,700	-	19,700
	<u>3,467</u>	<u>26,161</u>	<u>(578)</u>	<u>29,050</u>
<b>Restricted funds</b>				
Energise Me (Academies, Gems, Liberate)	434	-	-	434
Henry Smith	5,238	(4,645)	-	593
Bruce Wake Grant	-	(18)	18	-
TNL	1,290	-	-	1,290
Revenue	-	(379)	379	-
Sport England Active together	1,585	(1,680)	95	-
PETER HARRISON	3,371	(3,216)	-	155
FOYLE FOUNDATION	2,424	(2,449)	25	-
LORD BARNABY'S	-	(26)	26	-
BELGAE	-	(7)	7	-
FALCONER	-	1,178	-	1,178
CHARLOTTE BONHAM CARTER	-	(24)	24	-
HCC (ACTIVE HEALTH)	-	4,554	-	4,554
WINCHESTER ROUND TABLE (GEMS)	-	(4)	4	-
	<u>14,342</u>	<u>(6,716)</u>	<u>578</u>	<u>8,204</u>
<b>TOTAL FUNDS</b>	<u><u>17,809</u></u>	<u><u>19,445</u></u>	<u><u>-</u></u>	<u><u>37,254</u></u>

MOVE MOMENTUM

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 14 OCTOBER 2024

9. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	12,156	(9,052)	3,104
PLR Trust	3,000	(2,291)	709
Unrestricted Revenue	11,621	(10,790)	831
SOVEREIGN	3,500	(2,519)	981
SPORT ENGLAND	3,501	(2,665)	836
NATIONAL LOTTERY	<u>19,700</u>	<u>-</u>	<u>19,700</u>
	53,478	(27,317)	26,161
<b>Restricted funds</b>			
Henry Smith	-	(4,645)	(4,645)
Bruce Wake Grant	1,999	(2,017)	(18)
Revenue	9,949	(10,328)	(379)
Sport England Active together	-	(1,680)	(1,680)
PETER HARRISON	-	(3,216)	(3,216)
FOYLE FOUNDATION	-	(2,449)	(2,449)
LORD BARNABY'S	3,000	(3,026)	(26)
BELGAE	750	(757)	(7)
FALCONER	5,000	(3,822)	1,178
CHARLOTTE BONHAM CARTER	2,500	(2,524)	(24)
HCC (ACTIVE HEALTH)	17,750	(13,196)	4,554
HELEN ROBERTSON (SHOW & LDHC)	1,000	(1,000)	-
WINCHESTER ART SOCIETY (LDHC)	250	(250)	-
HCC COUNCILLOR GRANT MM SHOW			
	500	(500)	-
WINCHESTER ROUND TABLE (GEMS)	<u>500</u>	<u>(504)</u>	<u>(4)</u>
	<u>43,198</u>	<u>(49,914)</u>	<u>(6,716)</u>
<b>TOTAL FUNDS</b>	<u>96,676</u>	<u>(77,231)</u>	<u>19,445</u>

MOVE MOMENTUM

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 14 OCTOBER 2024

9. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 15.4.22 £	Net movement in funds £	Transfers between funds £	At 14.10.23 £
<b>Unrestricted funds</b>				
General fund	4,610	(3,539)	(645)	426
PLR Trust	3,000	(2,994)	-	6
Garfield Weston	4,959	(3,902)	-	1,057
Unrestricted Revenue	-	1,978	-	1,978
	12,569	(8,457)	(645)	3,467
<b>Restricted funds</b>				
Energise Me (Academies, Gems, Liberate)	984	(550)	-	434
Henry Smith	8,255	(3,017)	-	5,238
Right at Home	1,000	(1,000)	-	-
Crowdfunder Liberate Dance	78	(78)	-	-
Bruce Wake Grant	144	(654)	510	-
HIWCF - Gems classes	2,266	(2,326)	60	-
TNL	-	1,290	-	1,290
Revenue	2,583	(2,583)	-	-
Sovereign Housing (CF)	143	(143)	-	-
Sport England Active together	-	1,585	-	1,585
RATHBONES	-	(75)	75	-
PETER HARRISON	-	3,371	-	3,371
FOYLE FOUNDATION	-	2,424	-	2,424
	15,453	(1,756)	645	14,342
<b>TOTAL FUNDS</b>	<u>28,022</u>	<u>(10,213)</u>	<u>-</u>	<u>17,809</u>

**MOVE MOMENTUM**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 14 OCTOBER 2024**

**9. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	12,552	(16,091)	(3,539)
PLR Trust	1	(2,995)	(2,994)
Garfield Weston	9,999	(13,901)	(3,902)
COOP	1,040	(1,040)	-
Unrestricted Revenue	<u>7,319</u>	<u>(5,341)</u>	<u>1,978</u>
	30,911	(39,368)	(8,457)
<b>Restricted funds</b>			
Energise Me (Academies, Gems, Liberate)	-	(550)	(550)
Henry Smith	6,951	(9,968)	(3,017)
Right at Home	-	(1,000)	(1,000)
Crowdfunder Liberate Dance	-	(78)	(78)
Bruce Wake Grant	2,000	(2,654)	(654)
HIWCF - Gems classes	1	(2,327)	(2,326)
TNL	5,001	(3,711)	1,290
Revenue	4,259	(6,842)	(2,583)
Sovereign Housing (CF)	-	(143)	(143)
Sport England Active together	2,000	(415)	1,585
RATHBONES	3,000	(3,075)	(75)
PETER HARRISON	6,000	(2,629)	3,371
FOYLE FOUNDATION	<u>4,100</u>	<u>(1,676)</u>	<u>2,424</u>
	<u>33,312</u>	<u>(35,068)</u>	<u>(1,756)</u>
<b>TOTAL FUNDS</b>	<u>64,223</u>	<u>(74,436)</u>	<u>(10,213)</u>

**Transfers between funds**

During the year small transfers were made between three Restricted funds and the General Fund. These represented small overspends of those three respective Restricted funds. Therefore it was decided the general fund would cover the additional costs.

## MOVE MOMENTUM

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 14 OCTOBER 2024

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#### 10. RELATED PARTY DISCLOSURES

Move Momentum was originally a community branch of Integr8 Dance and was known by the name Integr8 Movement, this organisation was formed and constituted as a small voluntary organisation in September 2016. In September 2018, it was mutually decided to separate from Integr8 Dance in order to apply for charity status and Integr8 Dance was moving in a different direction. In July 2019, the trading name was changed to Move Momentum, which became a registered charity (CIO) in April 2020. Following the incorporation of Move Momentum CIO a registered charity (1189061) on 15 April 2020, assets of £3,268 were transferred from the previous entity to the CIO.

In the year ending 14 October 2024, there were no related party transactions. In 2023, sales invoices totalling £208 were raised to H Newton (a trustee) for private dance lessons.

**MOVE MOMENTUM**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 14 OCTOBER 2024**

	Year Ended 14.10.24 £	Period 15.4.22 to 14.10.23 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	5,351	7,846
<b>Other trading activities</b>		
Fundraising events	7,056	3,938
<b>Charitable activities</b>		
Class fees	21,569	12,349
Grants	<u>62,700</u>	<u>40,090</u>
	<u>84,269</u>	<u>52,439</u>
<b>Total incoming resources</b>	96,676	64,223
<b>EXPENDITURE</b>		
<b>Other trading activities</b>		
Opening stock	537	651
Purchases	504	-
Wages - core costs	11,440	22,521
Pensions	778	642
Closing stock	<u>(537)</u>	<u>(537)</u>
	12,722	23,277
<b>Charitable activities</b>		
Self employed staff costs	-	612
Telephone	277	467
Direct costs	10,328	7,253
Subscriptions	371	480
Sundries	450	1,059
Small equipment expense	47	107
GEMS	2,521	7,916
Academies	1,230	5,469
Liberate	4,650	13,059
Advertising	1,163	1,105
Venue hire	5,365	5,637
ECDO Delivery	3,164	-
Carried forward	29,566	43,164

This page does not form part of the statutory financial statements

**MOVE MOMENTUM**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 14 OCTOBER 2024**

	Year Ended 14.10.24 £	Period 15.4.22 to 14.10.23 £
<b>Charitable activities</b>		
Brought forward	29,566	43,164
Event expenses	648	-
Direct wages	<u>15,381</u>	<u>-</u>
	45,595	43,164
<b>Support costs</b>		
<b>Management</b>		
Wages	6,554	-
Insurance	865	1,485
Postage and stationery	60	217
Access to work	1,764	-
Staff training	1,119	759
Computer expenses	<u>872</u>	<u>742</u>
	11,234	3,203
<b>Finance</b>		
Accountancy	2,229	1,860
Accountancy - other	2,122	2,729
(Over) / underprovision	(240)	(40)
Sundries	-	351
Bank charges	<u>103</u>	<u>52</u>
	4,214	4,952
<b>Information technology</b>		
Consulting Fees	3,420	-
<b>Other</b>		
Travelling	<u>46</u>	<u>(160)</u>
Total resources expended	<u>77,231</u>	<u>74,436</u>
<b>Net income/(expenditure)</b>	<u>19,445</u>	<u>(10,213)</u>

This page does not form part of the statutory financial statements

**MOVE MOMENTUM**

England & Wales - Charity number 1189061

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# Accounts

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**REGISTERED COMPANY NUMBER: CE021542 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1189061**

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023  
FOR  
MOVE MOMENTUM**

Rothmans LLP  
Avebury House  
St Peter Street  
Winchester  
Hampshire  
SO23 8BN

**MOVE MOMENTUM**

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FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023**

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**MOVE MOMENTUM**  
**REPORT OF THE TRUSTEES**  
**FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023**

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The Trustees present their report and accounts for the period ended 14 October 2023. The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's Governing Document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015).

The Trustees of Move Momentum have considered their duties in accordance with the Charity Commission's regulations. The statement of Activities provided by the Trustees is contained below and the Trustees believe that it gives a true record of the work the CIO in fulfilling its charitable purposes for public benefit.

The Trustees believe they have complied with their duty, contained in Section 4 of the Charities Act 2011, to have due regard to public benefit guidance published by the Commission.

The charity registered as a Charitable Incorporated Organisation on the 15 April 2020 with the Charity Commission.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**  
CE021542 (England and Wales)

**Registered Charity number**  
1189061

**Registered office**  
Unit 12 Winnall Valley Road  
Winchester  
Hampshire  
SO23 0LD

**Trustees**

Miss A J Long	
J Ferguson	- resigned 30.9.22
H Walton	- resigned 8.6.22
C Russell	- resigned 8.6.22
H Ostler	- resigned 29.3.23
A Sims	
M S Hollinghurst	
H Newton	
Ms C Plummer	- appointed 8.11.23
P Brown	- appointed 28.6.23
Ms E Girling	- appointed 28.6.23

**Independent examiner**  
Rothmans LLP  
Avebury House  
St Peter Street  
Winchester  
Hampshire  
SO23 8BN

## MOVE MOMENTUM

### REPORT OF THE TRUSTEES FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023

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#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a constitution, and constitutes a charitable incorporated organisation.

##### **Recruitment and appointment of new trustees**

Apart from the first charity trustees, every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

##### **Induction and training of new trustees**

The charity trustees will make available to each new charity trustee, on or before his or her first appointment:

- a. a copy of the current version of this constitution
- b. a copy of the CIO's latest Trustees' Annual Report and statement of accounts.
- c. a copy of the notice of the guidance issued by the Charity Commission on public benefit.
- d. a summary document of the charity, who we are and its main achievements, outcomes and objectives.

##### **Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

To advance the education of the arts through the provision of educational dance classes for disadvantaged children, people with disabilities, people in ill health (physical or mental) and the elderly in Winchester, Hampshire.

##### **Significant activities**

We provide opportunities to learn dance for groups of people for whom dance is less accessible. We offer weekly dance classes for young people, older adults and people with disabilities.

Academies: Street dance academies for young people aged 10-16 in Stanmore and Winnall, Winchester.

GEMS: Two friendly relaxed dance classes for over 65s and the option to stay after for a tea/coffee and biscuit in Weeke & Winnall

Liberate: Exclusively wheelchair-based online and studio-based dance classes that celebrate the freedom and movement a wheelchair brings to people with disabilities.

Provide workshops, classes and services to other organisations that also support people in the demographics listed in our purpose.

##### **Public benefit**

Move Momentum Trustees confirm they have all received notice and read the guidance issued by the Charity Commission on public benefit.

**MOVE MOMENTUM**  
**REPORT OF THE TRUSTEES**  
**FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023**

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**OBJECTIVES AND ACTIVITIES**

**Volunteers**

Move Momentum recognises that there can be situations in which Volunteers help can make an appropriate and significant contribution to the work and service objectives of our organisation.

Move Momentum is committed to ensuring that volunteers are made aware of the tasks they are expected to perform. Volunteers are not restricted to doing these tasks and may discuss changing the tasks if appropriate. The prospective Volunteer will be informed of the relevant experience, skills, knowledge, abilities and equal opportunity awareness necessary to carry out the role effectively.

Move Momentum volunteers contribute to supporting dance classes, administrative tasks, marketing and PR, fundraising tasks and events. We've had 26 volunteers contribute to our charity this year.

## MOVE MOMENTUM

### REPORT OF THE TRUSTEES FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023

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#### ACHIEVEMENT AND PERFORMANCE

##### Charitable activities

2022-2023 continued to be a challenging year, with the effects of the pandemic still being felt. Despite this, Move Momentum continued to grow as a charity and achieved a number of highlights.

Our year in numbers for 2022-2023

97% of students agreed our classes helped improve their physical and mental well-being, their social support network and their quality of life.

221 classes delivered by Move Momentum.

64 students participating in regular activity.

10 external classes/workshops delivered in collaboration with other organisations.

22 volunteers supported our charity.

##### GEMS CLASS

25 over 65s attending our classes in 2022 and 26 attending our classes so far in 2023. Both classes are almost at full capacity (Capacity 12 at Winnall & 15 at Weeke).

##### LIBERATE CLASSES

28 wheelchair users have attended one of our Liberate Dance classes in 2022 and 29 have attended in 2023 until October 2023.

##### ACADEMIES

Our Academies classes have continued to provide Street dance opportunities to 10-16 year olds. In addition, the classes provide a safe place for young people to learn, develop and achieve. We put Winall Acaedemy on hold in January 2022 but relaunched in September 2023. We currently have 6 regular members in Stanmore Academy.

##### Move Momentum Show

On 18th July 2022, we ran our very first in-person showcase with performances from over 22 performers. The show was sponsored by local property developer Gentian and was held at The University of Winchester. The show included Street Dance performances from guest performers; Blue Apple Theatre, as well as performances from Stanmore Academy, Liberate Dance. We then hosted another show in June 2023 which was sponsored by Newbury Building Society and featured performances from all of the groups who'd performed the previous year as well and performances from our GEMS group and guest performances from Florian School of Dance. We had 54 attendees. Feedback from participants/audience:

"I appreciated that everyone, whatever their ability, were included and it felt like one big family. I am extremely grateful to have taken part."

"Loved every minute, all performances were fantastic and some incredibly moving."

"I enjoyed just being together and achieving something we worked towards for the last few months."

##### Liberate Dance Holiday Camp

Liberate Dance launched its first-ever summer dance camp in 2022! On the first weekend of August, 6 wheelchair users participated in a weekend full of dancing. Founder of Move Momentum and talented dance teacher, Louise Todino, taught a range of choreography to make an awesome compilation of dances. On day 2, after lunch, which was provided both days by the wonderful Munch CIC, the final dance was then filmed. We hosted the camp again in August 2023 with 9 attendees and the camp was facilitated by one of our dance teachers, Kerry Chamberlain, who taught 3 different dances, a contemporary, commercial and musical theatre dance. This was then filmed again on the 2nd day. In 2023 we also included a session on performance skills and confidence building on the first day.

**MOVE MOMENTUM**  
**REPORT OF THE TRUSTEES**  
**FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023**

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**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

"There were so many highlights and "magic moments" throughout one short weekend."

"I loved seeing so many strong and confident dancers and wheelchair users in one room together connecting and building relationships and friendships because of their love of dance."

"The confidence building and performance skills workshops this year were a really lovely touch. It structured the day really nicely but it also allowed everyone to be open honest and vulnerable and get to know each other a bit more or on a deeper level if they already knew each other"

**Events**

**Tik Tok Workshop:**

We ran a TikTok workshop for young people during the Easter holidays in 2022. The workshop was delivered by our talented Stanmore Academy assistant at the time Ella Greenfield.

**Christmas Fair:**

We ran a Christmas Fair in 2022 with a mini market, Santa's Grotto and amazing performances from our groups plus guest performers. We even managed to raise £146 towards our classes.

**Winchester Youth Survey:**

We also undertook a youth activity survey in November 2022 in collaboration with a group of youth-centred organisations in Winchester, to understand how Covid-19 and the cost-of-living crisis affected the Winchester Youth community (aged 11-18) in relation to participating in local activities and services. We are currently still working on preparing the report which is due to be released in October 2023.

## MOVE MOMENTUM

### REPORT OF THE TRUSTEES FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023

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#### **ACHIEVEMENT AND PERFORMANCE**

##### **Achievements against objectives set**

Develop Youth Engagement Survey - in progress

Create Liberate Dance focus group - Achieved Feb 23

Run Move Momentum Christmas Fair - Achieved Dec 22 (£146.46 raised)

Participate in Santa Sleigh with Winchester Round Table - Achieved Dec 22

Complete and share 2022 social impact report - Achieved Feb 23

#MoveMomentumMarch fundraising campaign target £1,500 - Achieved Mar 23 (£2,570.05 raised including some match-funding from Co-op Foundation)

Relaunch Liberate Youth - Achieved April 23

Increase numbers in Liberate Youth classes to at least 5 participants and increase all other Liberate classes to at least 7 participants per class

- Liberate Youth currently at 5 participants
- Liberate Online has 13 participants with approximately 7 regularly attending
- Liberate Adult class became full so we introduced an additional young adult class

Increase numbers in Academies to at least 10 regular participants per class - not achieved

Promote sponsorship programme packages - Postponed, corporate brochure completed by Sept 23 scheduled to promote from Jan 24

Fundraise £2500 for the financial year (2022 - 2023) - Achieved Apr 23

Start planning new Gems classes - Postponed, launch Jan 24

Run Move Momentum Show - Achieved Jun 22 and Jun 23

Relaunch Winnal Academy - Achieved July 23

Launch Care Home Programme - Achieved Jan 22

Deliver 20 care home sessions - In progress (Delivering 1 regular session a month started Sept 22. Also delivering another monthly session to a care/support group for people with Parkinson's started May 23. We've also delivered a few one-off workshops to care/community groups)

Deliver 8 other paid workshops (youth/inclusive) - Achieved Aug 23 - Weekly sessions provided for Saxonwood school

Launch Liberate Holiday Camp - Achieved Aug 22 and Aug 23

##### **Performance of fundraising activities against objectives set**

Target Revenue = £14,000

Target Grants Income = £50,000

Fundraising Target = £4,000

Target Donations = £6,500

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**MOVE MOMENTUM**

**REPORT OF THE TRUSTEES  
FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023**

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**ACHIEVEMENT AND PERFORMANCE**

Actual Revenue = £12,349  
Actual Grants Income = £40,090  
Actual Fundraising Income = £3,938  
Actual Donations Income = £7,846

**FINANCIAL REVIEW**

The Trustees estimated the reserves at 14 October to be £17,347. These year end Accounts show that the funds held at 14 October 2023 total £17,809 (£3,467 Unrestricted and £14,342 Restricted).

The Trustees at each Board meeting are briefed in detail on the progress of the transactions, the current balances, the levels of reserves, and any future liabilities. On that basis, the Treasurer alerts the Trustees to anything that might indicate that the charity is not likely to be considered a going concern. The Trustees are confident that the Charity is likely to remain solvent and there are no uncertainties of this charity's ability to continue.

2024/08/13

Approved by order of the board of trustees on ..... and signed on its behalf by:



.....  
Trustee

Chloe Plummer

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
MOVE MOMENTUM**

---

I report on the accounts of the company for the period 15 April 2022 to 14 October 2023, which are set out on pages nine to eighteen.

**Responsibilities and basis of report**

As the charity's trustees (and also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, I have examined your charity's accounts as required under section 145 of the Charities Act 2011 ('the Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. that accounting records were not kept as required by section 386 of the Companies Act 2006; or
2. that the accounts do not accord with those records; or
3. that the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; or
4. that there is further information needed for a proper understanding of the accounts.

**Independent examiner's statement**

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.



Jonathan Poulter  
FCA CTA  
Rothmans LLP  
Avebury House  
St Peter Street  
Winchester  
Hampshire  
SO23 8BN

Date: 14/08/2024  
Date: .....

**MOVE MOMENTUM**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023**

	Notes	Unrestricted funds £	Restricted funds £	Period 15.4.22 to 14.10.23 Total funds £	Year Ended 14.4.22 Total funds £
<b>INCOMING RESOURCES</b>					
<b>Incoming resources from generated funds</b>					
Voluntary income		7,844	2	7,846	5,294
Activities for generating funds	2	3,938	-	3,938	4,210
<b>Incoming resources from charitable activities</b>					
Dance classes		19,129	33,310	52,439	44,097
<b>Other incoming resources</b>		-	-	-	320
<b>Total incoming resources</b>		<u>30,911</u>	<u>33,312</u>	<u>64,223</u>	<u>53,921</u>
<b>RESOURCES EXPENDED</b>					
<b>Costs of generating funds</b>					
Fundraising trading: cost of goods sold and other costs		19,566	3,711	23,277	17,911
<b>Charitable activities</b>					
Dance classes		15,253	31,357	46,610	18,536
<b>Governance costs</b>		4,549	-	4,549	2,348
<b>Total resources expended</b>		<u>39,368</u>	<u>35,068</u>	<u>74,436</u>	<u>38,795</u>
<b>NET INCOMING/(OUTGOING) RESOURCES BEFORE TRANSFERS</b>					
		(8,457)	(1,756)	(10,213)	15,126
<b>Gross transfers between funds</b>	8	(645)	645	-	-
<b>Net incoming/(outgoing) resources</b>		<u>(9,102)</u>	<u>(1,111)</u>	<u>(10,213)</u>	<u>15,126</u>
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		12,569	15,453	28,022	12,896
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>3,467</u></u>	<u><u>14,342</u></u>	<u><u>17,809</u></u>	<u><u>28,022</u></u>

The notes form part of these financial statements

**MOVE MOMENTUM**

**BALANCE SHEET  
AT 14 OCTOBER 2023**

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
<b>CURRENT ASSETS</b>					
Stocks		537	-	537	651
Debtors	6	1,046	-	1,046	285
Cash at bank		3,793	14,342	18,135	28,938
		<u>5,376</u>	<u>14,342</u>	<u>19,718</u>	<u>29,874</u>
<b>CREDITORS</b>					
Amounts falling due within one year	7	(1,909)	-	(1,909)	(1,852)
		<u>3,467</u>	<u>14,342</u>	<u>17,809</u>	<u>28,022</u>
<b>NET CURRENT ASSETS</b>					
		<u>3,467</u>	<u>14,342</u>	<u>17,809</u>	<u>28,022</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>3,467</u>	<u>14,342</u>	<u>17,809</u>	<u>28,022</u>
<b>NET ASSETS</b>					
		<u>3,467</u>	<u>14,342</u>	<u>17,809</u>	<u>28,022</u>
<b>FUNDS</b>					
	8			3,467	12,569
Unrestricted funds				14,342	15,453
Restricted funds				<u>17,809</u>	<u>28,022</u>
<b>TOTAL FUNDS</b>					
				<u>17,809</u>	<u>28,022</u>

The notes form part of these financial statements

**MOVE MOMENTUM**

**BALANCE SHEET - CONTINUED  
AT 14 OCTOBER 2023**

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The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 14 October 2023.

The members have not required the company to obtain an audit of its financial statements for the period ended 14 October 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2015).

2024/08/13

The financial statements were approved by the Board of Trustees on ..... and were signed on its behalf by:



.....  
Trustee

Chloe Plummer

The notes form part of these financial statements

## MOVE MOMENTUM

### NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023

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#### 1. ACCOUNTING POLICIES

##### Accounting convention

The financial statements of the charity, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102. The financial statements have been prepared under the historical cost convention.

##### Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

##### Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

##### Taxation

The charity is exempt from corporation tax on its charitable activities.

##### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

##### Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

#### 2. ACTIVITIES FOR GENERATING FUNDS

	Period 15.4.22 to 14.10.23	Year Ended 14.4.22
	£	£
Fundraising events	3,938	4,210
	<u>          </u>	<u>          </u>

MOVE MOMENTUM

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED  
FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023

**3. NET INCOMING/(OUTGOING) RESOURCES**

Net resources are stated after charging/(crediting):

	Period 15.4.22 to 14.10.23 £	Year Ended 14.4.22 £
Other pension costs	642	340

**4. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the period ended 14 October 2023 nor for the year ended 14 April 2022.

**Trustees' expenses**

There were no trustees' expenses paid for the period ended 14 October 2023 nor for the year ended 14 April 2022.

**5. STAFF COSTS**

Staff costs totalled £57,215 (2022: £27,274) during the period.

Staff costs in 2023 related to employees £53,214 (2022: £24,989) and self employed staff £4,001 (2022: £2,285).

Gross Wages: £52,572  
Employer Pension: £642

The average number of employees during the period was 4 (2022: 3).

**6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2023 £	2022 £
Trade debtors	1,046	285

**7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2023 £	2022 £
Trade creditors	-	9
Taxation and social security	(71)	(71)
Other creditors	1,980	1,914
	<u>1,909</u>	<u>1,852</u>

**MOVE MOMENTUM**

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED  
FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023**

**8. MOVEMENT IN FUNDS**

	At 15.4.22 £	Net movement in funds £	Transfers between funds £	At 14.10.23 £
<b>Unrestricted funds</b>				
General fund	4,610	(3,539)	(645)	426
PLR Trust	3,000	(2,994)	-	6
Garfield Weston	4,959	(3,902)	-	1,057
Unrestricted Revenue	-	1,978	-	1,978
	<u>12,569</u>	<u>(8,457)</u>	<u>(645)</u>	<u>3,467</u>
<b>Restricted funds</b>				
Energise Me (Academies, Gems, Liberate)	984	(550)	-	434
Henry Smith	8,255	(3,017)	-	5,238
Right at Home	1,000	(1,000)	-	-
Crowdfunder Liberate Dance	78	(78)	-	-
Bruce Wake Grant	144	(654)	510	-
HIWCF - Gems classes	2,266	(2,326)	60	-
TNL	-	1,290	-	1,290
Revenue	2,583	(2,583)	-	-
Sovereign Housing (CF)	143	(143)	-	-
Sport England Active together	-	1,585	-	1,585
RATHBONES	-	(75)	75	-
PETER HARRISON	-	3,371	-	3,371
FOYLE FOUNDATION	-	2,424	-	2,424
	<u>15,453</u>	<u>(1,756)</u>	<u>645</u>	<u>14,342</u>
<b>TOTAL FUNDS</b>	<u><u>28,022</u></u>	<u><u>(10,213)</u></u>	<u><u>-</u></u>	<u><u>17,809</u></u>

**MOVE MOMENTUM**

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED  
FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023**

**8. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	12,552	(16,091)	(3,539)
PLR Trust	1	(2,995)	(2,994)
Garfield Weston	9,999	(13,901)	(3,902)
COOP	1,040	(1,040)	-
Unrestricted Revenue	7,319	(5,341)	1,978
	<u>30,911</u>	<u>(39,368)</u>	<u>(8,457)</u>
<b>Restricted funds</b>			
Henry Smith	6,951	(9,968)	(3,017)
Bruce Wake Grant	2,000	(2,654)	(654)
HIWCF - Gems classes	1	(2,327)	(2,326)
TNL	5,001	(3,711)	1,290
Revenue	4,259	(6,842)	(2,583)
Sovereign Housing (CF)	-	(143)	(143)
Sport England Active together	2,000	(415)	1,585
RATHBONES	3,000	(3,075)	(75)
PETER HARRISON	6,000	(2,629)	3,371
FOYLE FOUNDATION	4,100	(1,676)	2,424
Energise Me (Academies, Gems, Liberate)	-	(550)	(550)
Right at Home	-	(1,000)	(1,000)
Crowdfunder Liberate Dance	-	(78)	(78)
	<u>33,312</u>	<u>(35,068)</u>	<u>(1,756)</u>
<b>TOTAL FUNDS</b>	<u><u>64,223</u></u>	<u><u>(74,436)</u></u>	<u><u>(10,213)</u></u>

**MOVE MOMENTUM**

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED  
FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023**

**8. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 15.4.21 £	Net movement in funds £	Transfers between funds £	At 14.4.22 £
<b>Unrestricted Funds</b>				
General fund	1,653	792	2,165	4,610
PLR Trust	-	3,000	-	3,000
Garfield Weston	-	6,826	(1,867)	4,959
	<u>1,653</u>	<u>10,618</u>	<u>298</u>	<u>12,569</u>
<b>Restricted Funds</b>				
Energise Me (Academies, Gems, Liberate)	1,165	(181)	-	984
Yapp	3,000	(2,804)	(196)	-
Henry Smith	6,000	2,255	-	8,255
Right at Home	1,000	-	-	1,000
Crowdfunder Liberate Dance	78	-	-	78
Good Exchange - Sovereign house	-	99	(99)	-
Winchester City Council	-	(39)	39	-
Bruce Wake Grant	-	144	-	144
HIWCF - Gems classes	-	2,266	-	2,266
Scope	-	(73)	73	-
Revenue	-	2,583	-	2,583
Power to change	-	64	(64)	-
Sovereign Housing (CF)	-	143	-	143
Sport England Active together	-	(15)	15	-
Local Connections	-	2	(2)	-
Made By Sport	-	64	(64)	-
	<u>11,243</u>	<u>4,508</u>	<u>(298)</u>	<u>15,453</u>
<b>TOTAL FUNDS</b>	<u><u>12,896</u></u>	<u><u>15,126</u></u>	<u><u>-</u></u>	<u><u>28,022</u></u>

**MOVE MOMENTUM**

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED  
FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023**

**8. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	8,504	(7,712)	792
PLR Trust	3,000	-	3,000
Garfield Weston	10,000	(3,174)	6,826
	<u>21,504</u>	<u>(10,886)</u>	<u>10,618</u>
<b>Restricted funds</b>			
Energise Me (Academies, Gems, Liberate)	-	(181)	(181)
Yapp	-	(2,804)	(2,804)
Henry Smith	6,749	(4,494)	2,255
Good Exchange - Sovereign house	1,750	(1,651)	99
Winchester City Council	940	(979)	(39)
Bruce Wake Grant	2,001	(1,857)	144
HIWCF - Gems classes	4,650	(2,384)	2,266
Scope	1,000	(1,073)	(73)
Revenue	3,681	(1,098)	2,583
Power to change	2,650	(2,586)	64
Sovereign Housing (CF)	1,880	(1,737)	143
Sport England Active together	3,000	(3,015)	(15)
Local Connections	2,095	(2,093)	2
Made By Sport	2,021	(1,957)	64
	<u>32,417</u>	<u>(27,909)</u>	<u>4,508</u>
<b>TOTAL FUNDS</b>	<u><u>53,921</u></u>	<u><u>(38,795)</u></u>	<u><u>15,126</u></u>

**Transfers between funds**

During the year small transfers were made between three Restricted funds and the General Fund. These represented small overspends of those three respective Restricted funds. Therefore it was decided the general fund would cover the additional costs.

## MOVE MOMENTUM

### NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023

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#### 9. RELATED PARTY DISCLOSURES

Move Momentum was originally a community branch of Integr8 Dance and was known by the name Integr8 Movement, this organisation was formed and constituted as a small voluntary organisation in September 2016. In September 2018, it was mutually decided to separate from Integr8 Dance in order to apply for charity status and Integr8 Dance was moving in a different direction. In July 2019, the trading name was changed to Move Momentum, which became a registered charity (CIO) in April 2020. Following the incorporation of Move Momentum CIO a registered charity (1189061) on 15 April 2020, assets of £3,268 were transferred from the previous entity to the CIO.

During the year, sales invoices totalling £208.00 were raised to H Newton (trustee) for private dance lessons. All invoices were paid at the balance sheet date.

**MOVE MOMENTUM**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023**

	Period 15.4.22 to 14.10.23 £	Year Ended 14.4.22 £
<b>INCOMING RESOURCES</b>		
<b>Voluntary income</b>		
Donations	7,846	5,294
<b>Activities for generating funds</b>		
Fundraising events	3,938	4,210
<b>Incoming resources from charitable activities</b>		
Class fees	12,349	3,361
Grants	40,090	40,736
	52,439	44,097
<b>Other incoming resources</b>		
Merchandise	-	320
	-	320
<b>Total incoming resources</b>	64,223	53,921
<b>RESOURCES EXPENDED</b>		
<b>Fundraising trading: cost of goods sold and other costs</b>		
Opening stock	651	206
Purchases	-	574
Wages - core costs	22,521	17,442
Pensions	642	340
Closing stock	(537)	(651)
	23,277	17,911
<b>Charitable activities</b>		
Self employed staff costs	612	2,285
Telephone	467	159
Direct costs	7,253	732
Subscriptions	480	421
Sundries	1,059	168
Small equipment expense	107	-
GEMS	7,916	2,106
Academies	5,469	2,850
Liberate	13,059	4,748
Carried forward	36,422	13,469

This page does not form part of the statutory financial statements

MOVE MOMENTUM

DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE PERIOD 15 APRIL 2022 TO 14 OCTOBER 2023

	Period 15.4.22 to 14.10.23 £	Year Ended 14.4.22 £
<b>Charitable activities</b>		
Brought forward	36,422	13,469
Advertising	1,105	812
Venue hire	5,637	2,816
	<u>43,164</u>	<u>17,097</u>
<b>Governance costs</b>		
Accountancy new	1,860	1,720
Accountancy	2,729	628
(Over)/ underprovision	(40)	-
	<u>4,549</u>	<u>2,348</u>
<b>Support costs</b>		
<b>Management</b>		
Insurance	1,485	523
Cleaning	-	11
Postage and stationery	217	76
Staff training	759	318
Computer expenses	742	452
	<u>3,203</u>	<u>1,380</u>
<b>Finance</b>		
Sundries	351	-
Bank charges	52	59
	<u>403</u>	<u>59</u>
<b>Other</b>		
Travelling	(160)	-
	<u>74,436</u>	<u>38,795</u>
<b>Total resources expended</b>		
	<u>74,436</u>	<u>38,795</u>
<b>Net (expenditure)/income</b>	<u>(10,213)</u>	<u>15,126</u>

This page does not form part of the statutory financial statements

**MOVE MOMENTUM**

England & Wales - Charity number 1189061

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# Accounts

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**REGISTERED COMPANY NUMBER: CE021542 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1189061**

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 14 APRIL 2022  
FOR  
MOVE MOMENTUM**

Rothmans LLP  
Chartered Accountants  
Avebury House  
St Peter Street  
Winchester  
Hampshire  
SO23 8BN

**MOVE MOMENTUM**

**CONTENTS OF THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 14 APRIL 2022**

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**MOVE MOMENTUM**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 14 APRIL 2022**

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The Trustees present their report and accounts for the year ended 14 April 2022. The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's Governing Document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015).

The Trustees of Move Momentum have considered their duties in accordance with the Charity Commission's regulations. The statement of Activities provided by the Trustees is contained below and the Trustees believe that it gives a true record of the work the CIO in fulfilling its charitable purposes for public benefit.

The Trustees believe they have complied with their duty, contained in Section 4 of the Charities Act 2011, to have due regard to public benefit guidance published by the Commission.

The charity registered as a Charitable Incorporated Organisation on the 15 April 2020 with the Charity Commission.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

CE021542 (England and Wales)

**Registered Charity number**

1189061

**Registered office**

Unit 12 Winnall Valley Road  
Winchester  
Hampshire  
SO23 0LD

**Trustees**

Miss A J Long	
J Ferguson	- resigned 30.9.22
L Walton	- resigned 2.3.22
K Tyson	- resigned 2.3.22
H Walton	- resigned 8.6.22
C Russell	- resigned 8.6.22
H Ostler	- appointed 1.4.22
A Sims	- appointed 2.3.22
M S Hollinghurst	- appointed 2.3.22
H Newton	- appointed 2.3.22

**Independent examiner**

Rothmans LLP  
Chartered Accountants  
Avebury House  
St Peter Street  
Winchester  
Hampshire  
SO23 8BN

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a constitution, and constitutes a charitable incorporated organisation.

## MOVE MOMENTUM

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 14 APRIL 2022

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#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Recruitment and appointment of new trustees**

Apart from the first charity trustees, every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

##### **Induction and training of new trustees**

The charity trustees will make available to each new charity trustee, on or before his or her first appointment:

- a. a copy of the current version of this constitution
- b. a copy of the CIO's latest Trustees' Annual Report and statement of accounts.
- c. a copy of the notice of the guidance issued by the Charity Commission on public benefit.
- d. a summary document of the charity, who we are and its main achievements, outcomes and objectives.

##### **Related parties**

Memorandum of Understanding between Move Momentum and Integr8 Dance who agree to:

- Share same dance teachers/staff
- Shared use of Unit 12 dance studios
- Operating from same address - Unit 12

Unit 12 - business address shared space for office base, hire out the dance studios for delivery of classes.

##### **Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

To advance the education of the arts through the provision of educational dance classes for disadvantaged children, people with disabilities, people in ill health (physical or mental) and the elderly in Winchester, Hampshire.

##### **Significant activities**

We provide opportunities to learn dance for groups of people for whom dance is less accessible. We offer weekly dance classes for young people, older adults and people with disabilities.

Academies: Street dance academies for young people aged 11-16 in Stanmore and Winnall, Winchester.

GEMS: Friendly, relaxed dance classes for over 65s with the option to stay after for a tea/coffee in Winnall and Weeke, Winchester.

Liberate: Exclusively wheelchair-based dance classes that celebrate the freedom and movement a wheelchair brings to people with disabilities.

##### **Public benefit**

The Trustees confirm they have all received notice and read the guidance issued by the Charity Commission on public benefit.

## MOVE MOMENTUM

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 14 APRIL 2022

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#### OBJECTIVES AND ACTIVITIES

##### Volunteers

Move Momentum recognises that there can be situations in which Volunteers help can make an appropriate and significant contribution to the work and service objectives of our organisation.

Move Momentum is committed to ensuring that volunteers are made aware of the tasks they are expected to perform. Volunteers are not restricted to doing these tasks and may discuss changing the tasks if appropriate. The prospective Volunteer will be informed of the relevant experience, skills, knowledge, abilities and equal opportunity awareness necessary to carry out the role effectively.

Move Momentum volunteers contribute to supporting dance classes, administrative tasks, marketing and PR, fundraising tasks and events. We've had 26 volunteers contribute to our charity this year.

#### ACHIEVEMENT AND PERFORMANCE

##### Charitable activities

2021-2022 continued to be a challenging year, with the effects of the pandemic still being felt. Despite this, Move Momentum continued to grow as a charity and achieve a number of highlights.

##### Our year in numbers

219 classes delivered by Move Momentum

99 students participating in regular activity

25% increase in regular beneficiaries

8 external classes/workshops delivered in collaboration with other organisations

26 volunteers supported our charity

##### Crowdfunder

At the beginning of 2021 we were at risk of our Gems and Liberate Dance classes stopping. So we decided to launch a crowdfunding campaign to raise £6000 in order to keep these classes running up until July 2021. All of our students got involved in this appeal that included a raffle, baking, student stories, challenges and more. We were overwhelmed by the amount of support we received throughout this campaign and we raised a fantastic total amount of £9,601 (+est. £450.75 GiftAid).

##### Brand New GEMS CLASS

Due to the success of our crowdfunder and thanks to funding from Winchester City Council in September 2021, we were able to launch a brand new GEMS Over 65's class in Weeke. This class has been a huge success with the class being full after only 3 months.

##### Performances

Liberate dance hat fair performance Liberate Dance students showcased their talent to the people of Winchester at Hat Fair 2021! We wanted to challenge people's perceptions about wheelchair users and what wheelchair dance looks like. This was Liberate's first time performing on a stage at a big event, and they did a fabulous job and they all said that they had an amazing time!

## MOVE MOMENTUM

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 14 APRIL 2022

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#### ACHIEVEMENT AND PERFORMANCE

##### Achievements against objectives set

Develop first draft Theory of Change and Impact surveys - Achieved Oct 21

Start developing a sponsorship programme/packages - Postponed

Start delivering GEMS care home programme - Delayed

Recruit 2 or 3 new trustees

Complete and share 2021 social impact report - Achieved Jan 22

Increase numbers in Liberate Youth classes to at least 5 participants and increase all other studio classes to at least 8 participants per class. - Achieved Apr 22

Increase numbers in Liberate Online and Workout to at least 15 regular participants per class. - Workout class cancelled and numbers not achieved for Liberate Online

Promote sponsorship programme packages - Postponed

Fundraise £3000 for the financial year (2021 - 2022) - Achieved Apr 22

Run Move Momentum Show - Planned for Jun 22

Deliver 20 care home sessions - Not achieved

Deliver 8 youth workshops - Not achieved

Launch Liberate Holiday Camp - Planned Aug 22

##### Performance of fundraising activities against objectives set

Target Revenue = £6,798

Target Grants Income = £32,000

Fundraising Target = £5,000

Target Donations = £3,000

Actual Revenue = £3,681

Actual Grants Income = £40,736

Actual Fundraising Income = £4,210

Actual Donations Income = £5,293


#### FINANCIAL REVIEW

The Trustees estimated the reserves at 14 April 2022 to be £26,264. These year end Accounts show that the funds held at 14 April 2022 total £28,022. (£12,568 Unrestricted and £15,454 Restricted).

The Trustees at each Board meeting are briefed in detail on the progress of the transactions, the current balances, the levels of reserves, and any future liabilities. On that basis, the Treasurer alerts the Trustees to anything that might indicate that the charity is not likely to be considered a going concern. The Trustees are confident that the Charity is likely to remain solvent and there are no uncertainties of this charity's ability to continue.

2023/02/14

Approved by order of the board of trustees on ..... and signed on its behalf by:



.....  
Trustee - Angela Sims

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
MOVE MOMENTUM**

---

I report on the accounts of the company for the year ended 14 April 2022, which are set out on pages six to sixteen.

**Responsibilities and basis of report**

As the charity's trustees (and also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

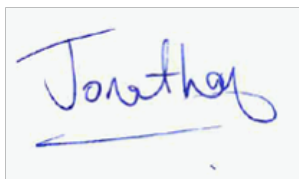
Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, I have examined your charity's accounts as required under section 145 of the Charities Act 2011 ('the Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. that accounting records were not kept as required by section 386 of the Companies Act 2006; or
2. that the accounts do not accord with those records; or
3. that the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; or
4. that there is further information needed for a proper understanding of the accounts.

**Independent examiner's statement**

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.



Jonathan Poulter  
FCA CTA  
Rothmans LLP  
Chartered Accountants  
Avebury House  
St Peter Street  
Winchester  
Hampshire  
SO23 8BN

Date: 14 February 2023  
Date: .....

**MOVE MOMENTUM**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 14 APRIL 2022**

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
<b>INCOMING RESOURCES</b>					
<b>Incoming resources from generated funds</b>					
Voluntary income		4,294	1,000	5,294	2,945
Activities for generating funds	2	4,210	-	4,210	474
<b>Incoming resources from charitable activities</b>					
Dance classes		13,000	31,097	44,097	31,931
<b>Other incoming resources</b>		-	320	320	331
<b>Total incoming resources</b>		<u>21,504</u>	<u>32,417</u>	<u>53,921</u>	<u>35,681</u>
<b>RESOURCES EXPENDED</b>					
<b>Costs of generating funds</b>					
Fundraising trading: cost of goods sold and other costs		5,097	12,814	17,911	20
<b>Charitable activities</b>					
Dance classes		3,442	15,094	18,536	22,898
<b>Governance costs</b>		2,348	-	2,348	1,910
<b>Other resources expended</b>		-	-	-	1,225
<b>Total resources expended</b>		<u>10,887</u>	<u>27,908</u>	<u>38,795</u>	<u>26,053</u>
<b>NET INCOMING RESOURCES BEFORE TRANSFERS</b>					
		10,617	4,509	15,126	9,628
<b>Gross transfers between funds</b>	8	298	(298)	-	-
<b>Net incoming/(outgoing) resources</b>		<u>10,915</u>	<u>4,211</u>	<u>15,126</u>	<u>9,628</u>
<b>Other recognised gains/losses</b>					
Assets transferred		-	-	-	3,268
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		1,653	11,243	12,896	-
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>12,568</u></u>	<u><u>15,454</u></u>	<u><u>28,022</u></u>	<u><u>12,896</u></u>

The notes form part of these financial statements

**MOVE MOMENTUM****BALANCE SHEET  
AT 14 APRIL 2022**

---

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
<b>CURRENT ASSETS</b>					
Stocks		651	-	651	206
Debtors	6	285	-	285	-
Cash at bank		13,485	15,453	28,938	14,310
		<u>14,421</u>	<u>15,453</u>	<u>29,874</u>	<u>14,516</u>
<b>CREDITORS</b>					
Amounts falling due within one year	7	(1,852)	-	(1,852)	(1,620)
		<u>12,569</u>	<u>15,453</u>	<u>28,022</u>	<u>12,896</u>
<b>NET CURRENT ASSETS</b>					
		<u>12,569</u>	<u>15,453</u>	<u>28,022</u>	<u>12,896</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>12,569</u>	<u>15,453</u>	<u>28,022</u>	<u>12,896</u>
<b>NET ASSETS</b>					
		<u>12,569</u>	<u>15,453</u>	<u>28,022</u>	<u>12,896</u>
<b>FUNDS</b>					
	8				
Unrestricted funds				12,569	1,653
Restricted funds				15,453	11,243
<b>TOTAL FUNDS</b>					
				<u>28,022</u>	<u>12,896</u>

The notes form part of these financial statements

**MOVE MOMENTUM**  
**BALANCE SHEET - CONTINUED**  
**AT 14 APRIL 2022**

---

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 14 April 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 14 April 2022 in accordance with Section 476 of the Companies Act 2006.

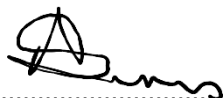
The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2015).

2023/02/14

The financial statements were approved by the Board of Trustees on ..... and were signed on its behalf by:



.....  
Trustee - Angela Sims

The notes form part of these financial statements

## MOVE MOMENTUM

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 14 APRIL 2022

---

#### 1. ACCOUNTING POLICIES

##### Accounting convention

The financial statements of the charity, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102. The financial statements have been prepared under the historical cost convention.

##### Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

##### Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

##### Taxation

The charity is exempt from corporation tax on its charitable activities.

##### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

##### Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

#### 2. ACTIVITIES FOR GENERATING FUNDS

	2022	2021
	£	£
Fundraising events	4,210	474

#### 3. NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting):

	2022	2021
	£	£
Other pension costs	340	-

---

## MOVE MOMENTUM

### NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 14 APRIL 2022

---

#### 4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 14 April 2022 nor for the year ended 14 April 2021.

##### **Trustees' expenses**

There were no trustees' expenses paid for the year ended 14 April 2022 nor for the year ended 14 April 2021.

#### 5. STAFF COSTS

Staff costs totalled £27,274 (2021: £11,587) during the year.

Staff costs in 2021 related to self employed staff. Staff costs in 2022 related to employees (£24,989) and self employed staff (£2,285).

The average number of employees during the year was 3 (2021: Nil).

#### 6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade debtors	285	-
	<u>285</u>	<u>-</u>

#### 7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade creditors	9	-
Taxation and social security	(71)	-
Other creditors	1,914	1,620
	<u>1,852</u>	<u>1,620</u>

**MOVE MOMENTUM**

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED  
FOR THE YEAR ENDED 14 APRIL 2022**

**8. MOVEMENT IN FUNDS**

	At 15.4.21 £	Net movement in funds £	Transfers between funds £	At 14.4.22 £
<b>Unrestricted funds</b>				
General fund	1,653	792	2,165	4,610
PLR Trust	-	3,000	-	3,000
Garfield Weston	-	6,826	(1,867)	4,959
	<u>1,653</u>	<u>10,618</u>	<u>298</u>	<u>12,569</u>
<b>Restricted funds</b>				
Energise Me (Academies, Gems, Liberate)	1,165	(181)	-	984
Yapp	3,000	(2,804)	(196)	-
Henry Smith	6,000	2,255	-	8,255
Right at Home	1,000	-	-	1,000
Crowdfunder Liberate Dance	78	-	-	78
Good Exchange - Sovereign house	-	99	(99)	-
Winchester City Council	-	(39)	39	-
Bruce Wake Grant	-	144	-	144
HIWCF - Gems classes	-	2,266	-	2,266
Scope	-	(73)	73	-
Revenue	-	2,583	-	2,583
Power to change	-	64	(64)	-
Sovereign Housing (CF)	-	143	-	143
Sport England Active together	-	(15)	15	-
Local Connections	-	2	(2)	-
Made By Sport	-	64	(64)	-
	<u>11,243</u>	<u>4,508</u>	<u>(298)</u>	<u>15,453</u>
<b>TOTAL FUNDS</b>	<u><u>12,896</u></u>	<u><u>15,126</u></u>	<u><u>-</u></u>	<u><u>28,022</u></u>

**MOVE MOMENTUM**

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED  
FOR THE YEAR ENDED 14 APRIL 2022**

**8. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	8,504	(7,712)	792
PLR Trust	3,000	-	3,000
Garfield Weston	10,000	(3,174)	6,826
	<u>21,504</u>	<u>(10,886)</u>	<u>10,618</u>
<b>Restricted funds</b>			
Energise Me (Academies, Gems, Liberate)	-	(181)	(181)
Yapp	-	(2,804)	(2,804)
Henry Smith	6,749	(4,494)	2,255
Good Exchange - Sovereign house	1,750	(1,651)	99
Winchester City Council	940	(979)	(39)
Bruce Wake Grant	2,001	(1,857)	144
HIWCF - Gems classes	4,650	(2,384)	2,266
Scope	1,000	(1,073)	(73)
Revenue	3,681	(1,098)	2,583
Power to change	2,650	(2,586)	64
Sovereign Housing (CF)	1,880	(1,737)	143
Sport England Active together	3,000	(3,015)	(15)
Local Connections	2,095	(2,093)	2
Made By Sport	2,021	(1,957)	64
	<u>32,417</u>	<u>(27,909)</u>	<u>4,508</u>
<b>TOTAL FUNDS</b>	<u><u>53,921</u></u>	<u><u>(38,795)</u></u>	<u><u>15,126</u></u>

**Comparatives for movement in funds**

	Net movement in funds £	At 14.4.21 £
<b>Unrestricted Funds</b>		
General fund	1,653	1,653
<b>Restricted Funds</b>		
Energise Me (Academies, Gems, Liberate)	1,165	1,165
Yapp	3,000	3,000
Henry Smith	6,000	6,000
Right at Home	1,000	1,000
Crowdfunder Liberate Dance	78	78
	<u>11,243</u>	<u>11,243</u>
<b>TOTAL FUNDS</b>	<u><u>12,896</u></u>	<u><u>12,896</u></u>

**MOVE MOMENTUM**

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED  
FOR THE YEAR ENDED 14 APRIL 2022**

**8. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General fund	4,374	(5,989)	3,268	1,653
<b>Restricted funds</b>				
SSE (Power to Change)	7,350	(7,350)	-	-
Sport England (COVID19)	5,600	(5,600)	-	-
Energise Me (Academies, Gems, Liberate)	7,465	(6,300)	-	1,165
Yapp	3,000	-	-	3,000
Henry Smith	6,000	-	-	6,000
Right at Home	1,000	-	-	1,000
Teachers	814	(814)	-	-
Crowdfunder Liberate Dance	78	-	-	78
	<u>31,307</u>	<u>(20,064)</u>	<u>-</u>	<u>11,243</u>
<b>TOTAL FUNDS</b>	<u><u>35,681</u></u>	<u><u>(26,053)</u></u>	<u><u>3,268</u></u>	<u><u>12,896</u></u>

**MOVE MOMENTUM**

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED  
FOR THE YEAR ENDED 14 APRIL 2022**

**8. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

	Net movement in funds £	Transfers between funds £	At 14.4.22 £
<b>Unrestricted funds</b>			
General fund	2,445	2,165	4,610
PLR Trust	3,000	-	3,000
Garfield Weston	6,826	(1,867)	4,959
<b>Restricted funds</b>			
Energise Me (Academies, Gems, Liberate)	984	-	984
Yapp	196	(196)	-
Henry Smith	8,255	-	8,255
Right at Home	1,000	-	1,000
Crowdfunder Liberate Dance	78	-	78
Good Exchange - Sovereign house	99	(99)	-
Winchester City Council	(39)	39	-
Bruce Wake Grant	144	-	144
HIWCF - Gems classes	2,266	-	2,266
Scope	(73)	73	-
Revenue	2,583	-	2,583
Power to change	64	(64)	-
Sovereign Housing (CF)	143	-	143
Sport England Active together	(15)	15	-
Local Connections	2	(2)	-
Made By Sport	64	(64)	-
	<u>15,751</u>	<u>(298)</u>	<u>15,453</u>
<b>TOTAL FUNDS</b>	<u><u>28,022</u></u>	<u><u>-</u></u>	<u><u>28,022</u></u>

**MOVE MOMENTUM**

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED  
FOR THE YEAR ENDED 14 APRIL 2022**

**8. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General fund	12,878	(13,701)	3,268	2,445
PLR Trust	3,000	-	-	3,000
Garfield Weston	10,000	(3,174)	-	6,826
	<u>25,878</u>	<u>(16,875)</u>	<u>3,268</u>	<u>12,271</u>
<b>Restricted funds</b>				
SSE (Power to Change)	7,350	(7,350)	-	-
Sport England (COVID19)	5,600	(5,600)	-	-
Energise Me (Academies, Gems, Liberate)	7,465	(6,481)	-	984
Yapp	3,000	(2,804)	-	196
Henry Smith	12,749	(4,494)	-	8,255
Right at Home	1,000	-	-	1,000
Teachers	814	(814)	-	-
Crowdfunder Liberate Dance	78	-	-	78
Good Exchange - Sovereign house	1,750	(1,651)	-	99
Winchester City Council	940	(979)	-	(39)
Bruce Wake Grant	2,001	(1,857)	-	144
HIWCF - Gems classes	4,650	(2,384)	-	2,266
Scope	1,000	(1,073)	-	(73)
Revenue	3,681	(1,098)	-	2,583
Power to change	2,650	(2,586)	-	64
Sovereign Housing (CF)	1,880	(1,737)	-	143
Sport England Active together	3,000	(3,015)	-	(15)
Local Connections	2,095	(2,093)	-	2
Made By Sport	2,021	(1,957)	-	64
	<u>63,724</u>	<u>(47,973)</u>	<u>-</u>	<u>15,751</u>
<b>TOTAL FUNDS</b>		<u><u>89,602</u></u>	<u><u>(64,848)</u></u>	<u><u>28,022</u></u>

## MOVE MOMENTUM

### NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 14 APRIL 2022

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#### 9. RELATED PARTY DISCLOSURES

Move Momentum was originally a community branch of Integr8 Dance and was known by the name Integr8 Movement, this organisation was formed and constituted as a small voluntary organisation in September 2016. In September 2018, it was mutually decided to separate from Integr8 Dance in order to apply for charity status and Integr8 Dance was moving in a different direction. In July 2019, the trading name was changed to Move Momentum, which became a registered charity (CIO) in April 2020. Following the incorporation of Move Momentum CIO a registered charity (1189061) on 15 April 2020, assets of £3,268 were transferred from the previous entity to the CIO.

The charity purchases printed merchandise from JCM Glass and Glazing Ltd. JCM Glass and Glazing Ltd is a company owned by C Russell's husband. This was disclosed in the original charity application.

During the year, sales invoices totalling £208.00 were raised to Harry Newton (trustee) for private dance lessons. All invoices were paid at the balance sheet date.

**MOVE MOMENTUM**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 14 APRIL 2022**

	2022 £	2021 £
<b>INCOMING RESOURCES</b>		
<b>Voluntary income</b>		
Donations	5,294	2,945
<b>Activities for generating funds</b>		
Fundraising events	4,210	474
<b>Incoming resources from charitable activities</b>		
Class fees	3,361	2,516
Grants	40,736	29,415
	44,097	31,931
<b>Other incoming resources</b>		
Merchandise	320	331
	320	331
<b>Total incoming resources</b>	<b>53,921</b>	<b>35,681</b>
<b>RESOURCES EXPENDED</b>		
<b>Fundraising trading: cost of goods sold and other costs</b>		
Opening stock	206	-
Purchases	574	226
Wages	17,442	-
Pensions	340	-
Closing stock	(651)	(206)
	17,911	20
<b>Charitable activities</b>		
Self employed staff costs	2,285	11,587
Telephone	159	150
Direct costs	732	302
Subscriptions	421	97
Sundries	168	152
Small equipment expense	-	195
GEMS	2,106	1,638
Academies	2,850	3,559
Liberate	4,748	5,152
Advertising	812	66
Venue hire	2,816	-
	17,097	22,898
<b>Governance costs</b>		
Accountancy new	1,720	1,620
Carried forward	1,720	1,620

This page does not form part of the statutory financial statements

MOVE MOMENTUM

DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 14 APRIL 2022

---

	2022	2021
	£	£
<b>Governance costs</b>		
Brought forward	1,720	1,620
Accountancy	628	290
	<hr/>	<hr/>
	2,348	1,910
<b>Support costs</b>		
<b>Management</b>		
Insurance	523	390
Cleaning	11	14
Postage and stationery	76	68
Staff training	318	323
Computer expenses	452	430
	<hr/>	<hr/>
	1,380	1,225
<b>Finance</b>		
Bank charges	59	-
	<hr/>	<hr/>
<b>Total resources expended</b>	38,795	26,053
	<hr/>	<hr/>
<b>Net income</b>	15,126	9,628
	<hr/> <hr/>	<hr/> <hr/>

This page does not form part of the statutory financial statements

**MOVE MOMENTUM**

England & Wales - Charity number 1189061

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# Accounts

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**REGISTERED COMPANY NUMBER: CE021542 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1189061**

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 14 APRIL 2021  
FOR  
MOVE MOMENTUM**

Rothmans LLP  
Chartered Accountants  
Avebury House  
St Peter Street  
Winchester  
Hampshire  
SO23 8BN

**MOVE MOMENTUM**

**CONTENTS OF THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 14 APRIL 2021**

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## MOVE MOMENTUM

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 14 APRIL 2021

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The Trustees present their report and accounts for the year ended 14 April 2021. The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's Governing Document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015).

The Trustees of Move Momentum have considered their duties in accordance with the Charity Commission's regulations. The statement of Activities provided by the Trustees is contained below and the Trustees believe that it gives a true record of the work the CIO in fulfilling its charitable purposes for public benefit.

The Trustees believe they have complied with their duty, contained in Section 4 of the Charities Act 2011, to have due regard to public benefit guidance published by the Commission.

The charity registered as a Charitable Incorporated Organisation on the 15 April 2020 with the Charity Commission.

#### **INCORPORATION**

The charitable company was incorporated on 15 April 2020.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Company number**

CE021542 (England and Wales)

##### **Registered Charity number**

1189061

##### **Registered office**

Unit 12 Winnall Valley Road  
Winchester  
Hampshire  
SO23 0LD

##### **Trustees**

Miss A J Jones	- appointed 15.4.20
J Ferguson	- appointed 15.4.20
L Walton	- appointed 15.4.20
K Tyson	- appointed 15.4.20
H Walton	- appointed 15.4.20
C Russell	- appointed 15.4.20

##### **Independent examiner**

Rothmans LLP  
Chartered Accountants  
Avebury House  
St Peter Street  
Winchester  
Hampshire  
SO23 8BN

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a constitution, and constitutes a charitable incorporated organisation.

## MOVE MOMENTUM

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 14 APRIL 2021

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#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Recruitment and appointment of new trustees**

Apart from the first charity trustees, every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

##### **Induction and training of new trustees**

The charity trustees will make available to each new charity trustee, on or before his or her first appointment:

- a. a copy of the current version of this constitution
- b. a copy of the CIO's latest Trustees' Annual Report and statement of accounts.
- c. a copy of the notice of the guidance issued by the Charity Commission on public benefit.
- d. a summary document of the charity, who we are and its main achievements, outcomes and objectives.

##### **Related parties**

Memorandum of Understanding between Move Momentum and Integr8 Dance who agree to:

- Share same dance teachers/staff
- Shared use of Unit 12 dance studios
- Operating from same address - Unit 12

Unit 12 - business address shared space for office base, hire out the dance studios for delivery of classes.

##### **Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

To advance the education of the arts through the provision of educational dance classes for disadvantaged children, people with disabilities, people in ill health (physical or mental) and the elderly in Winchester, Hampshire.

##### **Significant activities**

We provide opportunities to learn dance for groups of people for whom dance is less accessible. We offer weekly dance classes for young people, older adults and people with disabilities.

Academies: Street dance academies for young people aged 11-16 in Stanmore and Winnall, Winchester.

GEMS: A friendly relaxed dance class for over 65s and the option to stay after for a tea/coffee and biscuit in Unit 12 cafe.

Liberate: Exclusively wheelchair-based dance classes that celebrate the freedom and movement a wheelchair brings to people with disabilities.

##### **Public benefit**

The Trustees confirm they have all received notice and read the guidance issued by the Charity Commission on public benefit.

##### **Volunteers**

Move Momentum recognises that there can be situations in which Volunteers help can make an appropriate and significant contribution to the work and service objectives of our organisation.

Move Momentum volunteers contribute to supporting dance classes, administrative tasks, marketing and PR, fundraising tasks and events. We've had 7 volunteers contribute to our charity this year.

## MOVE MOMENTUM

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 14 APRIL 2021

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#### ACHIEVEMENT AND PERFORMANCE

##### Charitable activities

2020-2021 has been a challenging year for everyone and Move Momentum has faced its share of challenges this year but through all the challenges there have also been a number of highlights.

##### Our year in numbers:

212 classes delivered

79 students participating in regular classes

33 young people attended our academies

15 people attended GEMS

31 people attended Liberate

87% of students stated our classes noticeably improved their confidence

87% of students stated our classes noticeably improved their mental health

100% of students stated our classes noticeably improved their physical fitness

##### Virtual Delivery

When the UK entered a lockdown in March 2020 Move Momentum quickly adapted to delivering dance classes online and decided to do so free of charge. This was hugely successful, in particular our Liberate Dance classes which saw a 100% increase in participants. Due to the increased demand and many of our new members joining from across the UK, in September when our classes resumed in the studio, we launched a brand new Liberate Online class.

##### Community Business Trade Up Programme

We were one of 71 organisations across England selected for a competitive learning programme and grant of up to £10,000. The Community Business Trade Up Programme is run by the School for Social Entrepreneurs, in partnership with Power to Change. The programme supports people in improving their local communities through trade. Our CEO took part in a nine-month learning programme at the School for Social Entrepreneurs (SSE). SSE helps people develop the skills, strengths and networks they need to tackle society's biggest problems.

##### Awards

We were very fortunate to celebrate receiving 2 awards this year. The first was 'Dance Class of the Year' in the South England Prestige Awards. These awards recognise small and medium-sized businesses and charities that have proven to be the best in their market, demonstrating strengths in areas such as quality, service excellence, accessibility and sustainable methods of working.

The second was awarded to Vickie Simmonds, co-founder of Liberate Dance, who won the Rising Star Award from One Dance UK. The One Dance UK Awards are an annual celebration to champion, acknowledge and reward the people who have made the most impact on the vibrant dance landscape across the UK. The Rising Star award celebrates someone who is at the start of their career who is already making a significant positive difference in their area of work.

## MOVE MOMENTUM

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 14 APRIL 2021

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#### ACHIEVEMENT AND PERFORMANCE

##### Achievements against objectives set

- Hire an additional staff member - Completed August 2020
- Restart face-to-face class with COVID-19 risk measures in place beginning September 2020 - Completed in September 2020 but had to return to virtual teaching during lockdowns 2 & 3
- Start a Liberate Zoom class - Completed September 2020
- Start delivering GEMS care home programme - Launched in Spring 2021, however, delayed start due to Covid 19 restrictions in care homes.
- Complete 2019-2020 social impact report - Completed January 2021
- Increase numbers in Liberate studio classes to at least 6 participants in each class and in Academies at least 8 participants per class - January 2021 Delayed due to Covid 19 restrictions, new target date Summer term 2021
- Start new GEMS community class - January 2021 Delayed, new target date Autumn term 2021
- Fundraise £2000 for the financial year (2020 - 2021) - Completed March 2021

#### FINANCIAL REVIEW

The Trustees estimated the reserves at 14 April 2021 to be £14,531. These year end Accounts show that the funds held at 14 April 2021 total £12,896. (£1,653 Unrestricted and £11,243 Restricted).

The Trustees at each Board meeting are briefed in detail on the progress of the transactions, the current balances, the levels of reserves, and any future liabilities. On that basis, the Treasurer alerts the Trustees to anything that might indicate that the charity is not likely to be considered a going concern. The Trustees are confident that the Charity is likely to remain solvent and there are no uncertainties of this charity's ability to continue.

#### STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Move Momentum for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**MOVE MOMENTUM**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 14 APRIL 2021**

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Approved by order of the board of trustees on .....02.11.2021..... and signed on its behalf by:



.....  
Miss A J Jones - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
MOVE MOMENTUM**

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I report on the accounts of the company for the year ended 14 April 2021, which are set out on pages seven to twelve.

**Responsibilities and basis of report**

As the charity's trustees (and also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

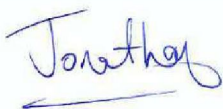
Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, I have examined your charity's accounts as required under section 145 of the Charities Act 2011 ('the Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. that accounting records were not kept as required by section 386 of the Companies Act 2006; or
2. that the accounts do not accord with those records; or
3. that the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; or
4. that there is further information needed for a proper understanding of the accounts.

**Independent examiner's statement**

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.



Jonathan Poulter  
FCA CTA  
Rothmans LLP  
Chartered Accountants  
Avebury House  
St Peter Street  
Winchester  
Hampshire  
SO23 8BN

Date: 1 December 2021

**MOVE MOMENTUM**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 14 APRIL 2021**

	Notes	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOMING RESOURCES</b>				
<b>Incoming resources from generated funds</b>				
Voluntary income		1,131	1,814	2,945
Activities for generating funds	2	396	78	474
<b>Incoming resources from charitable activities</b>				
Dance classes		2,516	29,415	31,931
<b>Other incoming resources</b>		331	-	331
<b>Total incoming resources</b>		4,374	31,307	35,681
<b>RESOURCES EXPENDED</b>				
<b>Costs of generating funds</b>				
Fundraising trading: cost of goods sold and other costs		20	-	20
<b>Charitable activities</b>				
Dance classes		3,159	19,739	22,898
<b>Governance costs</b>		1,910	-	1,910
<b>Other resources expended</b>		900	325	1,225
<b>Total resources expended</b>		5,989	20,064	26,053
<b>NET INCOMING/(OUTGOING) RESOURCES</b>				
		(1,615)	11,243	9,628
<b>Other recognised gains/losses</b>				
Assets transferred		3,268	-	3,268
<b>TOTAL FUNDS CARRIED FORWARD</b>		1,653	11,243	12,896

The notes form part of these financial statements

**MOVE MOMENTUM****BALANCE SHEET  
AT 14 APRIL 2021**

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	Notes	Unrestricted fund £	Restricted funds £	Total funds £
<b>CURRENT ASSETS</b>				
Stocks		206	-	206
Cash at bank		3,067	11,243	14,310
		<u>3,273</u>	<u>11,243</u>	<u>14,516</u>
<b>CREDITORS</b>				
Amounts falling due within one year	5	(1,620)	-	(1,620)
		<u>1,653</u>	<u>11,243</u>	<u>12,896</u>
<b>NET CURRENT ASSETS</b>				
		<u>1,653</u>	<u>11,243</u>	<u>12,896</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>				
		<u>1,653</u>	<u>11,243</u>	<u>12,896</u>
<b>NET ASSETS</b>				
		<u>1,653</u>	<u>11,243</u>	<u>12,896</u>
<b>FUNDS</b>				
Unrestricted funds	6			1,653
Restricted funds				<u>11,243</u>
<b>TOTAL FUNDS</b>				
				<u>12,896</u>

The notes form part of these financial statements

**MOVE MOMENTUM**

**BALANCE SHEET - CONTINUED  
AT 14 APRIL 2021**

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The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 14 April 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 14 April 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2015).

The financial statements were approved by the Board of Trustees on ..... 02.11.2021 ..... and were signed on its behalf by:



.....  
Miss A J Jones -Trustee

The notes form part of these financial statements

## MOVE MOMENTUM

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 14 APRIL 2021

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#### 1. ACCOUNTING POLICIES

##### **Accounting convention**

The financial statements of the charity, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102. The financial statements have been prepared under the historical cost convention.

##### **Incoming resources**

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

##### **Resources expended**

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Stocks**

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

#### 2. ACTIVITIES FOR GENERATING FUNDS

Fundraising events	£ 474
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#### 3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 14 April 2021.

##### **Trustees' expenses**

There were no trustees' expenses paid for the year ended 14 April 2021.

#### 4. STAFF COSTS

Staff costs totalled £11,587 during the year, these costs related to self employed staff.

The average number of employees during the year was NIL.

**MOVE MOMENTUM**

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED  
FOR THE YEAR ENDED 14 APRIL 2021**

**5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

Other creditors	£ <u>1,620</u>
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**6. MOVEMENT IN FUNDS**

	Net movement in funds £	At 14.4.21 £
<b>Unrestricted funds</b>		
General fund	1,653	1,653
<b>Restricted funds</b>		
Energise Me (Academies, Gems, Liberate)	1,165	1,165
Yapp	3,000	3,000
Henry Smith	6,000	6,000
Right at Home	1,000	1,000
Crowdfunder Liberate Dance	78	78
	11,243	11,243
<b>TOTAL FUNDS</b>	<b>12,896</b>	<b>12,896</b>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General fund	4,374	(5,989)	3,268	1,653
<b>Restricted funds</b>				
SSE (Power to Change)	7,350	(7,350)	-	-
Sport England (COVID19)	5,600	(5,600)	-	-
Energise Me (Academies, Gems, Liberate)	7,465	(6,300)	-	1,165
Yapp	3,000	-	-	3,000
Henry Smith	6,000	-	-	6,000
Right at Home	1,000	-	-	1,000
Teachers	814	(814)	-	-
Crowdfunder Liberate Dance	78	-	-	78
	31,307	(20,064)	-	11,243
<b>TOTAL FUNDS</b>	<b>35,681</b>	<b>(26,053)</b>	<b>3,268</b>	<b>12,896</b>

## MOVE MOMENTUM

### NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 14 APRIL 2021

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#### 7. RELATED PARTY DISCLOSURES

Move Momentum was originally a community branch of Integr8 Dance and was known by the name Integr8 Movement, this organisation was formed and constituted as a small voluntary organisation in September 2016. In September 2018, it was mutually decided to separate from Integr8 Dance in order to apply for charity status and Integr8 Dance was moving in a different direction. In July 2019, the trading name was changed to Move Momentum, which became a registered charity (CIO) in April 2020. Following the incorporation of Move Momentum CIO a registered charity (1189061) on 15 April 2020, assets of £3,268 were transferred from the previous entity to the CIO.

The charity purchases printed merchandise from JCM Glass and Glazing Ltd. JCM Glass and Glazing Ltd is a company owned by C Russell's husband. This was disclosed in the original charity application.

## MOVE MOMENTUM

### DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 14 APRIL 2021

---

	£
<b>INCOMING RESOURCES</b>	
<b>Voluntary income</b>	
Donations	2,945
<b>Activities for generating funds</b>	
Fundraising events	474
<b>Incoming resources from charitable activities</b>	
Class fees	2,516
Grants	29,415
	<hr/> 31,931
<b>Other incoming resources</b>	
Merchandise	331
	<hr/>
<b>Total incoming resources</b>	35,681
<b>RESOURCES EXPENDED</b>	
<b>Fundraising trading: cost of goods sold and other costs</b>	
Purchases	226
Closing stock	(206)
	<hr/> 20
<b>Charitable activities</b>	
Self employed staff costs	11,587
Telephone	150
Direct costs	302
Subscriptions	97
Sundries	152
Small equipment expense	195
GEMS	1,638
Academies	3,559
Liberate	5,152
Advertising	66
	<hr/> 22,898
<b>Governance costs</b>	
Accountancy new	1,620
Accountancy	290
	<hr/> 1,910
<b>Support costs</b>	

This page does not form part of the statutory financial statements

**MOVE MOMENTUM**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 14 APRIL 2021**

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	£
<b>Management</b>	
Insurance	390
Cleaning	14
Postage and stationery	68
Staff training	323
Computer expenses	430
	<hr/>
	1,225
	<hr/>
<b>Total resources expended</b>	26,053
	<hr/>
<b>Net income</b>	9,628
	<hr/> <hr/>

This page does not form part of the statutory financial statements