



Receipts and payments accounts

CC16a

For the period
from

1st July 2023

To

30th June 2024

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
donations	17,387		-	17,387	20,604
bonus ball	11,618	-	-	11,618	7,121
equipment	-	-	-	-	586
stationary	-	-	-	-	-
fuel	-	-	-	-	-
transport	975			975	150
misc	184			184	836
food	168	625		793	102
events/fundraisers	171			171	3,049
clothes	3,147			3,147	4,899
raffles	185			185	3,626
grants		24,814		24,814	34,860
accommodation	45			45	
training				-	
storage				-	
insurance	512			512	
household/furnishing				-	
household/soft furnishing				-	
mobile phone				-	
donations for sleeping bags				-	
toiletries				-	
pink pantry sundries				-	
computer equipment/software				-	
pink pantry rent	400			400	
pink pantry utilities				-	
pink boutique rent				-	
pink boutique utilities				-	
starter packs				-	
heat packs				-	
warm spaces				-	
youth club				-	
mens group				-	
excursions	1,120			1,120	725
storage - xmas scheme - rent				-	
pink boutique charity shop	8,749			8,749	
				-	
				-	
				-	
				-	
				-	
Sub total (Gross income for AR)	44,661	25,439	-	70,100	76,558

A2 Asset and investment sales, (see table).

	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-

Total receipts **44,661** **25,439** **-** **70,100** **76,558**

A3 Payments

donations	-	-	-	-	-
bonus ball	2,999	-	-	2,999	2,454
equipment		-		-	4,701
stationary	289	-		289	103
fuel	1,824	-		1,824	3,395
van running costs (garage)	2,095	-		2,095	5,210
misc	2,203	-		2,203	3,770
food	8,981	11,962		20,943	15,875
events/fundraisers	711	620		1,331	1,296
clothes	2,131	-		2,131	992
raffles		-		-	867
CCXX R1 accounts (SS)		1			10/03/2025

grants		-		-	-
accommodation	3,040	-		3,040	1,311
training		-		-	
storage		-		-	
insurance/licences	2,623	-		2,623	291
household/electrical	290	-		290	966
household/furnishing	-	-		-	227
household/soft furnishing		-		-	
mobile phone	506	-		506	2,110
donations for sleeping bags		-		-	
pink confidential room costs	446	4,000		4,446	210
pink pantry sundries	1,075	-		1,075	146
computer equipment/software	282	-		282	90
pink pantry rent	4,800	400		5,200	4,668
pink pantry utilities	2,679	162		2,841	1,949
pink boutique rent	3,550	350		3,900	
pink boutique utilities	153	15		168	
starter packs		-		-	2,412
heat packs		-		-	10,106
warm spaces		4,271		4,271	2,293
youth club	1,536	480		2,016	4,367
mens group				-	131
excursions	3,660			3,660	250
storage - xmas scheme - rent	600	-	-	600	-
xmas scheme	478	-	-	478	-
waste removal	130	-	-	130	-
			-	-	-
cash withdrawals	50	-	-	50	-
		-	-	-	-
		-	-	-	-
Sub total	47,131	22,260	-	69,391	70,190

A4 Asset and investment purchases. (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-

Total payments	47,131	22,260	-	69,391	70,190
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Net of receipts/(payments)	- 2,470	3,179	-	709	6,368
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	- 2,470	3,179	-	709	6,368

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		- 2,470	3,179	-
		-	-	-
		-	-	-
		-	-	-
	Total cash funds	- 2,470	3,179	-
	(agree balances with receipts and payments account(s))			

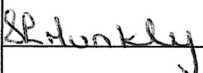
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	S.L. Munkley	10/3/23



Section A

Independent Examiner's Report

Report to the trustees

HELPING CARING TEAM

On accounts for the year
ended

1-7-23 to 30-6-24

Charity no
(if any)

1189021

Set out on pages

1 of 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

[I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (~~other than that disclosed below~~ *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

25.02.2025

Name:

BETHAN WATERS.

Relevant professional
qualification(s) or body
(if any):

ICAEW F.C.A

Address:

221 HIGH ST, BLACKWOOD
NP12 1AL.

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1st July 2023

Period start date To 30th June 2024

Period end date

Charity name: Helping Caring Team

Charity registration number: 1189021

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	For the public benefit for the relief of the suffering of vulnerable and homeless people from South East Wales. By providing an outreach service and a food bank that supplies food, essential items, funding for emergency accommodation and an advocacy service to help with access to services and agencies that can improve their lives.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Providing humanitarian aid in the form of hot meals, food bank, baby bank, clothes, tents and sleeping bags, toiletries and items required when transitioning to accommodation. Providing food parcels by delivery to those in need. Providing an advocacy service to help to improve lives
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	HCT work with regard to the guidance published by the Charity Commission on public benefit

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A

Contribution made by volunteers	Para 1.38	<p>All the activities of HCT are carried out by 20 volunteers who commit between 4-30 hours a week. These activities include collecting and redistributing food from our food bank and other essential items to vulnerable people across Gwent. Running an outreach service to street homeless and those housed in temporary accommodation in Newport City centre BG & Torfaen. area. Collaborating with our partners and sponsors. Co-ordinating fundraising activities, including grant applications. Managing the charity's social media and website interests. All governance, compliance and accounting functions.</p>
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>HCT has provided 50-80 hot meals to the vulnerable on a weekly basis, 25-50 food parcels weekly, dozens of sleeping bags, tents, clothes, shoes and other items. HCT has funded microwaves, kettles, toasters and items of bedding to those moving into more permanent accommodation. HCT has advocated for numerous people to help them secure the medical, housing and benefit help they require. We have an established food pet and baby bank, that opens day time to meet the needs of working people in poverty. We have delivered food parcels to those to whom a food bank is not accessible. Run a "Pop up prom" shop to make the school prom affordable. We have had a warm spaces initiative over the winter at our food bank, and two new further initiatives include a youth group for disabled children and a Men's group to combat loneliness. We collaborate with the local council, social services, housing authorities and other charities to advocate and help to improve the</p>

		<p>lives of our beneficiaries. We have organised a Xmas present scheme and made sure the children of 100 families in poverty had new presents for Christmas.</p> <p>We now have a community group with access to development for social skills self-confidence and learning, making new friends and to combat loneliness This has proved extremely beneficial for homeless people transitioning into temporary accommodation</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Apart from our standard objective of delivering humanitarian aid to those in need in South East Wales, HCT has run a warm spaces initiative during the winter and started a youth group for disabled children and a men's group to combat loneliness.
Performance of fundraising activities against objectives set	Para 1.41	Fundraising is starting to get going again and we have held a small number of events. HCT has continued with clothes recycling and operating a small society lottery. HCT continues to attract private donations and grant funding. HCT has opened a charity shop all takings provide for the HCT Pink Pantry. We have been fortunate to have funding from the Lottery which covers all our overheads for two years.
Investment performance against objectives	Para 1.41	N/A
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity is in a financially stable position and I see no reason why this should change.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The only reserves held are those that are restricted and pertain to grant funding received and private donations with a restricted purpose
Amount of reserves held	Para 1.22	£5131.00
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	HCT has five principles sources of funding, Grant funding (£24,814), private donations (£17,387), weekly small society lottery (£11618) and clothes recycling (£3147)and our charity shop the pink boutique (£8,749)
Investment policy and objectives including any social investment policy adopted	Para 1.46	HCT does not have an investment policy.
A description of the principal risks facing the charity	Para 1.46	Inability to attract funding to fund everyday running costs. Most grant funding bodies fund capital costs and not everyday revenue costs We have two years funding in place from the lottery to cover overheads.
Other		

Structure, Governance and Management

Description of charity's trusts:		N/A
Type of governing document	Para 1.25	Constitution
How is the charity constituted?	Para 1.25	Unincorporated association.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Election to post annually

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	HCT follow the Charity Commission Guidance (CC3)
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Trustees undertake strategic and key accounting decisions along with personnel decisions. With respect to policies and procedures held by the charity. Day to day operational decisions are undertaken by key volunteers under the guidance of the trustees.
Relationship with any related parties	Para 1.51	HCT has working relationships with local authorities with respect to improving the lives of our beneficiaries. With local businesses such as supermarkets and other food outlets and with other local charities to ensure efficiency in our objectives.
Other		

Reference and Administrative details

Charity name	Helping Caring Team
Other name the charity uses	HCT
Registered charity number	1189021
Charity's principal address	28 Bridge Street, Blackwood, Caerphilly NP12 1AX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Hayley Thomas	Chair		
2	Susan Evans	Treasurer		
3	Suzanne Munkley	Secretary		
4	Gareth Bisp	Trustee		
5				
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20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>B Monkley</i>	
Full name(s)	BUZANNE MONKLEY	
Position (eg Secretary, Chair, etc)	Secretary	
Date	10.3.2025	