

Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2024  
for  
Camden Anchor

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for the Year Ended 31 March 2024

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Camden Anchor

Report of the Trustees  
for the Year Ended 31 March 2024

The trustees present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its Constitution and is a Charitable Incorporated Organisation.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1189016

**Principal address**

St. Pancras Hospital Southwing  
4 St. Pancras Way  
London  
NW1 0PE

**Trustees**

Dr J M Myat  
Ms J Ohlson  
Dr A J Warner

Approved by order of the board of trustees on ..... and signed on its behalf by:

.....  
Dr A J Warner - Trustee

### **Our Aims and Objectives**

The aims of Camden Anchor are to promote and protect the health of the public, and in particular among people residing in London, by providing an infrastructure that involves people in a collective effort to build confidence in their own abilities and to experience opportunities that build their capacity and capabilities for positive health and well-being outcomes.

During the year 2023/24, these aims have been pursued by focussing on the gap between illness and disease at the intersection of community and healthcare. Several initiatives have been introduced, which includes the Listening Space Project, through which smaller projects have been launched, such as: the Cards Project, which aims to bring in processes and values-based discussions; Cost of Living Project 'Helping Hands', which aims to utilise funds from Camden Council to address the effects of the cost of living crisis on the most vulnerable groups of society; Circle of Soup, which promotes mental health through food via cooking to support health of the microbiome; Cycling for Mental Health; Roundtable Meeting at Phoenix Court; 'On the Horizon', which is inspired by the work of Laura Marshall Andrews at the Brighton WellBN practice's HERA Project and the establishment of various community groups as a means to advocate for people's health stories.

Plans for 2024/25 include the development of a plan to expand and promote additional areas of activity for Camden Anchor, further development of our governance processes and seeking to expand the number of Trustees with a more diverse range of skills and experience.

The trustees present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Camden Anchor

Statement of Financial Activities  
for the Year Ended 31 March 2024

		<b>2024</b> <b>Unrestricted</b> <b>fund</b> <b>£</b>	<b>2023</b> <b>Total</b> <b>funds</b> <b>£</b>
	<b>Notes</b>		
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies		<u>3,500</u>	<u>9,970</u>
<b>EXPENDITURE ON</b>			
Raising funds	2	-	71
Other		<u>2,488</u>	<u>1,318</u>
<b>Total</b>		<u>2,488</u>	<u>1,389</u>
<b>NET INCOME/(EXPENDITURE)</b>		1,012	8,581
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward		<u>10,354</u>	<u>1,773</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>11,366</u></u>	<u><u>10,354</u></u>

Camden Anchor

Balance Sheet  
31 March 2024

		<b>2024</b>	<b>2023</b>
		<b>Unrestricted</b>	<b>Total</b>
		<b>fund</b>	<b>funds</b>
	<b>Notes</b>	<b>£</b>	<b>£</b>
<b>CURRENT ASSETS</b>			
Debtors	5	12,182	11,122
		<hr/>	<hr/>
<b>CREDITORS</b>			
Amounts falling due within one year	6	(816)	(768)
		<hr/>	<hr/>
<b>NET CURRENT ASSETS</b>		<u>11,366</u>	<u>10,354</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<hr/>	<hr/>
		11,366	10,354
		<hr/>	<hr/>
<b>NET ASSETS</b>		<u>11,366</u>	<u>10,354</u>
<b>FUNDS</b>			
Unrestricted funds	7	11,366	10,354
		<hr/>	<hr/>
<b>TOTAL FUNDS</b>		<u>11,366</u>	<u>10,354</u>

The financial statements were approved by the Board of Trustees and authorised for issue on  
..... and were signed on its behalf by:

.....  
Dr A J Warner - Trustee

## **1. ACCOUNTING POLICIES**

### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Taxation**

The charity is exempt from tax on its charitable activities.

### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024

**2. RAISING FUNDS**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Property repairs	<u>-</u>	<u>71</u>

**3. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

**4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	<b>Unrestricted fund £</b>
<b>INCOME AND ENDOWMENTS FROM</b>	
Donations and legacies	<u>9,970</u>
<b>EXPENDITURE ON</b>	
Raising funds	71
Other	<u>1,318</u>
<b>Total</b>	1,389
<b>NET INCOME/(EXPENDITURE)</b>	8,581
<b>RECONCILIATION OF FUNDS</b>	
Total funds brought forward	1,773
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>10,354</u>



**5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Amounts due from Camden Health Partners Ltd	<u>12,182</u>	<u>11,122</u>

**6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Other creditors	<u>816</u>	<u>768</u>

**7. MOVEMENT IN FUNDS**

	<b>At 1.4.23</b>	<b>Net movement in funds</b>	<b>At 31.3.24</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>			
General fund	10,354	1,012	11,366
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>10,354</u>	<u>1,012</u>	<u>11,366</u>

Net movement in funds, included in the above are as follows:

	<b>Incoming resources</b>	<b>Resources expended</b>	<b>Gains and losses</b>	<b>Movement in funds</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>				
General fund	3,500	(2,488)	-	1,012
	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>3,500</u>	<u>(2,488)</u>	<u>-</u>	<u>1,012</u>

**Comparatives for movement in funds**

	<b>At 1.4.22</b>	<b>Net movement in funds</b>	<b>At 31.3.23</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>			
General fund	1,773	8,581	10,354
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>1,773</u>	<u>8,581</u>	<u>10,354</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024

## 7. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General fund	9,970	(1,389)	-	8,581
	<hr/>	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>9,970</u>	<u>(1,389)</u>	<u>-</u>	<u>8,581</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	At 31.3.24 £
<b>Unrestricted funds</b>			
General fund	1,773	9,593	11,366
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>1,773</u>	<u>9,593</u>	<u>11,366</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General fund	13,470	(3,877)	-	9,593
	<hr/>	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>13,470</u>	<u>(3,877)</u>	<u>-</u>	<u>9,593</u>

## 8. RELATED PARTY DISCLOSURES

As at the year end the charity was owed by Camden Health Partners Ltd £12,182 (2023: £11,122).

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2024

	<b>2024</b> <b>£</b>	<b>2023</b> <b>£</b>
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Grants	<u>3,500</u>	<u>9,970</u>
<b>Total incoming resources</b>	3,500	9,970
 <b>EXPENDITURE</b>		
<b>Investment management costs</b>		
Property repairs	-	71
<b>Support costs</b>		
Printing and stationery	-	550
Information technology		
Subscriptions	1,350	-
<b>Management liability costs</b>		
Insurance	322	-
<b>Governance costs</b>		
Accountancy and legal fees	816	768
	<hr/>	<hr/>
Total resources expended	<u>2,488</u>	<u>1,389</u>
<b>Net (expenditure)/income</b>	<u>1,012</u>	<u>8,581</u>

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## Signature 1

Signed by Alex Warner using authentication code TyQ4ZmQxRXJrenZE at IP address 208.127.193.109, on 2024/12/04 10:35:48 Z.

Alex Warner's e-mail address is: [a.warner@nhs.net](mailto:a.warner@nhs.net).