

# CAMDEN ANCHOR

England & Wales · Charity number 1189016

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2020-04-14

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** The Peckwater Health Centre  
6 Peckwater Street  
London  
NW5 2TX

**Phone** 07960016721

**Email** [CAMDEN.HEALTHPARTNERS@NHS.NET](mailto:CAMDEN.HEALTHPARTNERS@NHS.NET)

**Website** <https://www.camdenhealthpartners.com/camden-anchor/>

## Activities

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**Objects:** TO PROMOTE AND PROTECT THE HEALTH OF THE PUBLIC, AND IN PARTICULAR AMONG PEOPLE RESIDING IN LONDON, BY PROVIDING AN INFRASTRUCTURE THAT INVOLVES PEOPLE IN A COLLECTIVE EFFORT TO BUILD CONFIDENCE IN THEIR OWN ABILITIES AND TO EXPERIENCE OPPORTUNITIES THAT BUILD THEIR CAPACITY AND CAPABILITIES FOR POSITIVE HEALTH AND WELL-BEING OUTCOMES.

**Activities:** To promote and protect the health of the public, and in particular among people residing in London, by providing an infrastructure that involves people in a collective effort to build confidence in their own abilities and to experience opportunities that build their capacity and capabilities for positive health and well-being outcomes.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** Education/training, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

## Geography

- Throughout London

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£29,484	£21,336	-	-
2024-03-31	£3,500	£2,488	-	-
2023-03-31	£9,970	£1,389	-	-
2022-03-31	£100	£1,622	-	-
2021-03-31	£1,000	£0	-	-

## Trustees

Name	Role	Appointed
Diane Sue Pearson		2024-07-24
Dr Alexander John Warner		2022-07-01
Dr Jane Mimi Myat		2020-04-14
Josephine Ohlson		2022-10-10

**CAMDEN ANCHOR**

England & Wales - Charity number 1189016

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# Accounts

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Our Ref: B-CAM251/HEA231/NEA021/1485170

Date: 28 November 2025

kirkrice  
Accountants & Financial Advisors



The Trustees  
Camden Anchor  
The Peckwater Health Centre  
6 Peckwater Street  
London  
NW5 2TX

Dear Sirs,

**Camden Anchor – Year Ended 31 March 2025**

Please find attached the charity's accounts for the year ended 31 March 2025. I should be grateful if you would review the accounts and, if satisfied, please provide your approval by e-signing where indicated using our electronic signature system. Once you have signed, the system will automatically return the accounts to me so that we may add our firm's e-signature to the Independent Examiner's report.

When all parties have signed, you will receive an e-mail from the software confirming that the document has been executed and containing a link to view the document. You should download a copy via the link and save on file for future reference – it may be difficult to retrieve a copy at a later stage if this is not done. Once you have downloaded a signed copy of the accounts, you should be able to submit these to the Charities Commission. Please let us know if you require any assistance with this process.

**Independent Examination Completion Letters**

Please also find attached an adjustments letter, and a management letter which details matters arising from our examination work. I should be grateful if you could e-sign these as indicated.

If you have any queries regarding any of the above, please do not hesitate to call.

Yours sincerely

*Kate Hancock*

Kate Hancock  
Office: Fleet

Enc



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info@kirkrice.co.uk | www.kirkrice.co.uk

The Courtyard  
High Street  
Ascot  
Berkshire SL5 7HP

Tel: +44 (0)1344 875000

Victoria House  
178 – 180 Fleet Road  
Fleet  
Hampshire GU51 4DA

Tel: +44 (0)1252 960500

Zeeta House  
200 Upper Richmond Road  
Putney  
London SW15 2SH

Tel: +44 (0)20 8789 8588

Our ref: B-CAM251

Date: 28 November 2025

kirkrice  
Accountants & Financial Advisors



The Trustees  
Camden Anchor  
The Peckwater Health Centre  
6 Peckwater Street  
London  
NW5 2TX

Dear Sirs

### Accounts for the year ended 31 March 2025

Having conducted an independent examination on the accounts for the above period, we have arrived at the following recommendations for adjustment to the 2025 accounts. We have broken them down into three areas:

- Extra or amended disclosures to be included in the accounts, shown below.
- Numerical misstatements that we feel should be adjusted for in the final accounts (Appendix 1)
- Numerical misstatements that we discovered in the course of our independent examination work, but are small enough that we do not feel require adjustment, although we will make you aware (Appendix 2)

### Adjustments required:

#### 1. Disclosure adjustments required:

The following notes have been updated to reflect the current year figures:

- Trustees and other related party transactions

With the above adjustment implemented, together with those in Appendix 1 we will be pleased to conclude our independent examination.

Yours faithfully

*Kirk Rice LLP*

Kirk Rice LLP



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**Trustee's confirmation**

We, as management, have been presented with the following adjustments and we confirm our agreement and authorisation

Signed: *Alex Warner*

Date: 03/12/2025

**Appendix 1**  
**Adjustments required**

This Appendix contains adjustments, for your approval, that we feel are required to correct numerical misstatements in order that the accounts show a true and fair view.

Description	P&L		B/S		P&L MEMO
	Dr	Cr	Dr	Cr	
<b>Profit/(loss) per draft accounts</b>					<b>17,148.00</b>
Accountancy and legal fees	1,860.00				(1,860.00)
Accruals				1,860.00	-
<b>Recognition of Independent Examination Fee</b>					-
Income		1,860.00			1,860.00
Accrued income			1,860.00		-
<b>Accrue income to cover IE fee above</b>					-
Income	9,000.00				(9,000.00)
Amounts due to Camden Health Partners Ltd			9,000.00		-
<b>Repayment of funds to Sage Practices</b>					-
<b>Profit/(loss) per proposed statutory accounts</b>					<b><u>8,148</u></b>

**Appendix 2**  
**Unadjusted errors**

We have also noted the following errors that do not require adjustment due to being immaterial, but we feel you should be aware of:

Description	P&L		B/S		P&L MEMO
	Dr	Cr	Dr	Cr	
Accrued income			560.00		-
Other creditors				560.00	-
<b>Update to Jane Myatt service costs, only 6 months accrued in</b>					
<b>Potential adjustments</b>					<b><u>-</u></b>

Our ref: B-CAM251

Date: 28 November 2025

The Trustees  
Camden Anchor  
The Peckwater Health Centre  
6 Peckwater Street  
London  
NW5 2TX

kirkrice  
Accountants & Financial Advisors



Dear Sirs

### **Management letter for the year ending 31 March 2025**

During the independent examination for the year ended 31 March 2025 a number of areas were found where the company's procedures and controls could be improved, or identified matters that should be brought to your attention.

We have detailed out the various problems and our recommendations.

#### **Related Parties**

**Observation:** A listing of all related parties and any associated transactions is not maintained.

**Implication:** This could lead to related party transactions not being identified in a timely manner, adding a risk of unidentified conflicts of interest.

**Recommendation:** To have a rolling updated system to monitor related parties and associated transactions.

#### **Split of creditors between restricted and unrestricted balances**

**Observation:** Liabilities related to restricted income were not separately identified from unrestricted creditor balances.

**Implication:** This reduces the clarity over which creditor balances relate to restricted activities and which relate to unrestricted operations. This may make it difficult to ensure restricted funds are utilised in line with donor conditions.

**Recommendation:** The recognition of liabilities which are associated to restricted and unrestricted activities should be split with separate schedules being maintained for each.

Yours faithfully

*Kirk Rice LLP*

Kirk Rice LLP



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London SW15 2SH

Tel: +44 (0)20 8789 8588

**Trustee's confirmation**

We, as management, have been presented with the above matters and we confirm we have read and understood the recommendations.

Signed: *Alex Warner*

Date: 03/12/2025

Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2025  
for  
Camden Anchor

Ramsay Brown LLP  
The Brentano Suite  
Solar House  
915 High Road  
North Finchley  
London  
N12 8QJ

Contents of the Financial Statements  
for the Year Ended 31 March 2025

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## Camden Anchor

### Report of the Trustees for the Year Ended 31 March 2025

The trustees present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing document**

The charity is controlled by its Constitution and is a Charitable Incorporated Organisation.

## **REFERENCE AND ADMINISTRATIVE DETAILS**

### **Registered Charity number**

1189016

### **Principal address**

Peckwater Health Centre  
6 Peckwater Street  
London  
NW5 6TX

### **Trustees**

Dr J M Myat  
Ms J Ohlson  
Dr A J Warner  
Ms D S Pearson

### **Our Aims and Objectives**

The aims of Camden Anchor are to promote and protect the health of the public, and in particular among people residing in London, by providing an infrastructure that involves people in a collective effort to build confidence in their own abilities and to experience opportunities that build their capacity and capabilities for positive health and well-being outcomes.

During the year 2024/25, these aims have been pursued by focussing on the gap between illness and disease at the intersection of community and healthcare. Several initiatives have been introduced, which includes the Listening Space Project, through which smaller projects have been launched, such as: the Cards Project, which aims to bring in processes and values-based discussions; Cost of Living Project 'Helping Hands', which aims to utilise funds from Camden Council to address the effects of the cost of living crisis on the most vulnerable groups of society; Circle of Soup, which promotes mental health through food via cooking to support health of the microbiome; Cycling for Mental Health; Roundtable Meeting at Phoenix Court; 'On the Horizon', which is inspired by the work of Laura Marshall Andrews at the Brighton WellBN practice's HERA Project and the establishment of various community groups as a means to advocate for people's health stories.

Plans for 2025/26 include the development of a plan to expand and promote additional areas of activity for Camden Anchor, further development of our governance processes and seeking to expand the number of Trustees with a more diverse range of skills and experience.

**FINANCIAL REVIEW**

**Financial position**

In 2025, our total income was £29,484 in charitable income, which should be noted as including £5,000 from LB Camden, £13,064 from Camden Council Community, £2,000 from Prism The Gift Fun, £1,000 from Nelson’s Pharmaceuticals, £1,000 from The Caversham Group and £7,420 from Camden Health Partners Limited.

**Reserves policy**

At 31 March 2025, the unrestricted fund shows £11,167, reflecting core costs not fully funded by restricted project income. The trustees plan to address this through future unrestricted fundraising and recovery of allowable overheads from new grants.

The charity carefully manages its funds to guarantee a continuous availability of running expenses. These expenses, totalling £21,366 for the financial year, encompasses professional and consultancy fees, and general operational costs. To maintain financial stability, the Trustees and CEO work together to ensure that a minimum of three months’ worth of expenses is consistently held in the bank account, securing the charity’s ongoing operations.

Approved by order of the board of trustees on <sup>26/11/2025</sup> ..... and signed on its behalf by:

*Alex Warner*

.....  
Dr A J Warner - Trustee

Camden Anchor

Report of the Independent Examiner  
To the trustees of Camden Anchor  
for the Year Ended 31 March 2025

I report to the trustees on my examination of the financial statements of Camden Anchor (the charity) for the year ended 31 March 2025.

**Responsibilities and basis of report**

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent examiner's statement**

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1) accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2) the financial statements do not accord with those records; or
- 3) the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

**Kirk Rice LLP** *T Neale*  
Timothy David Neale FCA  
Victoria House  
178-180 Fleet Road  
Fleet  
Hampshire  
GU51 4DA  
Dated: ..... 03/12/2025

Camden Anchor

Statement of Financial Activities  
for the Year Ended 31 March 2025

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Prior Year 2024 £
<b><u>INCOMING RESOURCES FROM GENERATED FUNDS:</u></b>					
Donations and legacies		8,420	21,064	29,484	3,500
		<hr/>	<hr/>	<hr/>	<hr/>
<b><u>TOTAL INCOME RESOURCES</u></b>		8,420	21,064	29,484	3,500
<b><u>RESOURCE EXPENDED</u></b>					
Project expenses	2	-	958	958	-
Other		8,619	11,759	20,378	2,488
		<hr/>	<hr/>	<hr/>	<hr/>
<b><u>TOTAL RESOURCES EXPENDED</u></b>		8,619	12,717	21,336	2,488
<b><u>NET INCOMING/(OUTGOING) RESOURCES FOR THE YEAR</u></b>					
		(199)	8,347	8,148	1,012
		<hr/>	<hr/>	<hr/>	<hr/>
<b><u>TOTAL FUNDS BROUGHT FORWARD</u></b>		11,366	-	11,366	10,354
		<hr/>	<hr/>	<hr/>	<hr/>
<b><u>TOTAL FUNDS CARRIED FORWARD</u></b>		<u>11,167</u>	<u>8,347</u>	<u>19,514</u>	<u>11,366</u>

Camden Anchor

Balance Sheet  
31 March 2025

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Prior Year 2024 £
<b><u>CURRENT ASSETS:</u></b>					
Bank and Cash		29,776	7,000	36,776	-
Debtors and Prepayments	5	7,544	205	7,749	12,182
		<u>37,320</u>	<u>7,205</u>	<u>44,525</u>	<u>12,182</u>
<b><u>CREDITORS AND ACCRUALS</u></b>					
Amounts falling due within one year	6	(9,045)	(15,966)	(25,011)	(816)
		<u>28,275</u>	<u>8,761</u>	<u>19,514</u>	<u>11,366</u>
<b>NET CURRENT ASSET</b>		<b>28,275</b>	<b>8,761</b>	<b>19,514</b>	<b>11,366</b>
<b><u>TOTAL ASSETS LESS CURRENT LIABILITIES</u></b>		<b><u>28,275</u></b>	<b><u>8,761</u></b>	<b><u>19,514</u></b>	<b><u>11,366</u></b>
<b><u>CAPITAL</u></b>					
<b>UNRESTRICTED FUND</b>				11,167	11,366
<b>RESTRICTED FUND</b>				<u>8,347</u>	<u>-</u>
<b>TOTAL CHARITY FUNDS</b>	7			<u>19,514</u>	<u>11,366</u>

The financial statements were approved by the Board of Trustees and authorised for issue on

26/11/2025

..... and were signed on its behalf by:

*Alex Warner*

.....  
Dr A J Warner - Trustee

## 1. ACCOUNTING POLICIES

### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Taxation**

The charity is exempt from tax on its charitable activities.

### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2025

**2. PROJECT EXPENSES**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Maintenance expenses	<u>958</u>	<u>-</u>

**3. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

**4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	<b>Unrestricted Funds £</b>
<b>INCOME AND ENDOWMENTS FROM</b>	
Donations and legacies	<u>3,500</u>
<b>EXPENDITURE ON</b>	
Raising funds	-
Other	<u>2,488</u>
<b>Total</b>	2,488
<b>NET INCOME/(EXPENDITURE)</b>	1,012
<b>RECONCILIATION OF FUNDS</b>	
Total funds brought forward	10,354
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>11,366</u>

**5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2025 £	2024 £
Amounts due from Camden Health Partners Ltd	Nil	12,182
Accrued income	7,420	Nil
Prepayments	<u>329</u>	<u>Nil</u>
<b>TOTAL</b>	<u>7,749</u>	<u>12,182</u>

**6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2025 £	2024 £
Other creditors	10,422	816
Amounts due to Camden Health Partners Ltd	<u>14,589</u>	<u>Nil</u>
<b>TOTAL</b>	<u>25,011</u>	<u>816</u>

**7. MOVEMENT IN FUNDS**

	At 1.4.24 £	Net movement in funds £	At 31.3.25 £
General fund	11,366	17,148	28,514
<b>TOTAL FUNDS</b>	<u>11,366</u>	<u>17,148</u>	<u>28,514</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
General fund	29,484	(21,336)	-	8,148
<b>TOTAL FUNDS</b>	<u>29,484</u>	<u>(21,336)</u>	<u>-</u>	<u>8,148</u>

**Comparatives for movement in funds**

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
General fund	10,354	1,012	11,366
<b>TOTAL FUNDS</b>	<u>10,354</u>	<u>1,012</u>	<u>11,366</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2025

**7. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Gains and losses £</b>	<b>Movement in funds £</b>
General fund	3,500	(2,488)	-	1,012
	<hr/>	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>3,500</u>	<u>(2,488)</u>	<u>-</u>	<u>1,012</u>

A current year 12 months and prior year 12 months combined position is as follows:

	<b>At 1.4.23 £</b>	<b>Net movement in funds £</b>	<b>At 31.3.25 £</b>
General fund	10,354	9,160	19,514
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>10,354</u>	<u>9,160</u>	<u>19,514</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Gains and losses £</b>	<b>Movement in funds £</b>
General fund	32,984	(23,824)	-	9,160
	<hr/>	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>32,984</u>	<u>(23,824)</u>	<u>-</u>	<u>9,160</u>

**8. RELATED PARTY DISCLOSURES**

As at the year end, the charity owed Camden Health Partners Ltd £14,589 (2024: Camden Health Partners Limited owed the charity £12,182).

Accountancy fees of £858 (2024: £816) were due to Ramsay Brown LLP, in which the trustee Mr L M Slavin is a Partner.

**9. ACCRUAL OF EXPENSES AND DONATION**

The independent examiner has proposed accruing their fee of £1,550 plus VAT, which is included under Governance costs in the Statement of Financial Activities and under Other creditors in the Balance Sheet. Additional donation of £1,860 due from Camden Health Partners Limited has been accrued accordingly to cover this cost.

Camden Anchor

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2025

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Grants	<u>29,484</u>	<u>3,500</u>
<b>Total incoming resources</b>	29,484	3,500
<b>EXPENDITURE</b>		
<b>Project expenses</b>		
Maintenance expenses	958	-
<b>Support costs</b>		
Printing and stationery	2,232	-
<b>Information technology</b>		
Subscriptions	9,060	1,350
<b>Management liability costs</b>		
Insurance	458	322
<b>Governance costs</b>		
Accountancy and legal fees	858	816
Professional expenses	1,860	-
<b>Other costs</b>		
Events	4,125	-
Community meals	760	-
Room hire	1,025	-
	<hr/>	<hr/>
Total resources expended	<u>21,336</u>	<u>2,488</u>
<b>Net (expenditure)/income</b>	<u><u>8,148</u></u>	<u><u>1,012</u></u>

# SIGNATURE CERTIFICATE



## REFERENCE NUMBER

5B6A37CD-E325-4115-94B5-23B3C2FCC3D6

### TRANSACTION DETAILS

**Reference Number**  
5B6A37CD-E325-4115-94B5-23B3C2FCC3D6

**Transaction Type**  
Signature Request

**Sent At**  
28/11/2025 11:31:40 +01

**Executed At**  
03/12/2025 16:04:53 +01

**Identity Method**  
email

**Distribution Method**  
email

**Signed Checksum**  
c54fe24903694fb0c3921a96f41f57d7a6cfd0aa24bc3e0e55f93bdb9c91f7bc

**Signer Sequencing**  
Enabled

**Document Passcode**  
Disabled

### DOCUMENT DETAILS

**Document Name**  
2025-11-28 Camden Anchor 2025-03 Independent Examination B-CAM251

**Filename**  
2025-11-28\_Camden\_Anchor\_2025-03\_Independent\_Examination\_B-CAM251.pdf


**Pages**  
18 pages





**Content Type**  
application/pdf




**File Size**  
1.5 MB

**Original Checksum**  
02c635d6bd0a5da0387cef248999405bed9e9473abab3b5713037e45c8ffaafb

## SIGNERS

SIGNER	E-SIGNATURE	EVENTS
<p><b>Name</b> Kate.Hancock@kirkrice.co.uk</p> <p><b>Email</b> kate.hancock@kirkrice.co.uk</p> <p><b>Signer Sequence</b> 0</p> <p><b>Components</b> 1</p>	<p><b>Status</b> signed</p> <p><b>Multi-factor Digital Fingerprint Checksum</b> 4f53cda18c2baa0c0354bb5f9a3ecbe5ed12ab4d8e11ba873c2f11161202b945</p> <p><b>IP Address</b> 193.117.161.82</p> <p><b>Device</b> Chrome via Windows</p> <p><b>Typed Signature</b> </p> <p><b>Signature Reference ID</b> 4E1696B4</p>	<p><b>Viewed At</b> 28/11/2025 11:59:55 +01</p> <p><b>Identity Authenticated At</b> 28/11/2025 13:04:52 +01</p> <p><b>Signed At</b> 28/11/2025 13:04:52 +01</p>
<p><b>Name</b> Tim Neale</p> <p><b>Email</b> tim.neale@kirkrice.co.uk</p> <p><b>Signer Sequence</b> 1</p> <p><b>Components</b> 1</p>	<p><b>Status</b> signed</p> <p><b>Multi-factor Digital Fingerprint Checksum</b> 4f53cda18c2baa0c0354bb5f9a3ecbe5ed12ab4d8e11ba873c2f11161202b945</p> <p><b>IP Address</b> 193.117.161.82</p> <p><b>Device</b> Chrome via Windows</p>	<p><b>Viewed At</b> 28/11/2025 13:24:41 +01</p> <p><b>Identity Authenticated At</b> 28/11/2025 13:24:51 +01</p> <p><b>Signed At</b> 28/11/2025 13:24:51 +01</p>

SIGNER	E-SIGNATURE	EVENTS
<b>Name</b> Alex Warner	<b>Status</b> signed	<b>Viewed At</b> 03/12/2025 14:59:15 +01
<b>Email</b> a.warner@nhs.net	<b>Multi-factor Digital Fingerprint Checksum</b> 4f53cda18c2baa0c0354bb5f9a3ecbe5ed12ab4d8e11ba873c2f11161202b945	<b>Identity Authenticated At</b> 03/12/2025 15:19:40 +01
<b>Signer Sequence</b> 2	<b>IP Address</b> 45.159.90.120	<b>Signed At</b> 03/12/2025 15:19:40 +01
<b>Components</b> 8	<b>Device</b> Microsoft Edge via Windows	
	<b>Typed Signature</b> 	
	<b>Signature Reference ID</b> 517B762D	
	<b>Typed Signature</b> 	
	<b>Signature Reference ID</b> 5A82CB44	
	<b>Typed Signature</b> 	
	<b>Signature Reference ID</b> 7DFF70B9	
	<b>Typed Signature</b> 	
	<b>Signature Reference ID</b> 81E2801C	

<b>Name</b> Tim Neale	<b>Status</b> signed	<b>Viewed At</b> 03/12/2025 16:04:11 +01
<b>Email</b> tim.neale@kirkrice.co.uk	<b>Multi-factor Digital Fingerprint Checksum</b> 4f53cda18c2baa0c0354bb5f9a3ecbe5ed12ab4d8e11ba873c2f11161202b945	<b>Identity Authenticated At</b> 03/12/2025 16:04:53 +01
<b>Signer Sequence</b> 3	<b>IP Address</b> 193.117.161.82	<b>Signed At</b> 03/12/2025 16:04:53 +01
<b>Components</b> 4	<b>Device</b> Chrome via Windows	
	<b>Typed Signature</b> 	
	<b>Signature Reference ID</b> ADE2E145	
	<b>Typed Signature</b> 	
	<b>Signature Reference ID</b> CF3391BB	
	<b>Typed Signature</b> 	
	<b>Signature Reference ID</b> 5E871208	

## AUDITS

TIMESTAMP	AUDIT
28/11/2025 11:31:40 +01	Kirk Rice - Fleet (fleet-gp@kirkrice.co.uk) created document '2025-11-28 Camden Anchor 2025-03_Independent_Examination_B-CAM251.pdf' on Chrome via Windows from 193.117.161.82.
28/11/2025 11:31:41 +01	Kate.Hancock@kirkrice.co.uk (kate.hancock@kirkrice.co.uk) was emailed a link to sign.
28/11/2025 11:59:55 +01	Kate.Hancock@kirkrice.co.uk (kate.hancock@kirkrice.co.uk) viewed the document on Chrome via Windows from 193.117.161.82.
28/11/2025 13:04:52 +01	Kate.Hancock@kirkrice.co.uk (kate.hancock@kirkrice.co.uk) authenticated via email on Chrome via Windows from 193.117.161.82.
28/11/2025 13:04:52 +01	Tim Neale (tim.neale@kirkrice.co.uk) was emailed a link to sign.
28/11/2025 13:04:52 +01	Kate.Hancock@kirkrice.co.uk (kate.hancock@kirkrice.co.uk) signed the document on Chrome via Windows from 193.117.161.82.
28/11/2025 13:24:41 +01	Tim Neale (tim.neale@kirkrice.co.uk) viewed the document on Chrome via Windows from 193.117.161.82.
28/11/2025 13:24:51 +01	Tim Neale (tim.neale@kirkrice.co.uk) authenticated via email on Chrome via Windows from 193.117.161.82.
28/11/2025 13:24:51 +01	Tim Neale (tim.neale@kirkrice.co.uk) signed the document on Chrome via Windows from 193.117.161.82.

<b>TIMESTAMP</b>	<b>AUDIT</b>
28/11/2025 13:24:51 +01	Alex Warner (a.warner@nhs.net) was emailed a link to sign.
03/12/2025 14:59:15 +01	Alex Warner (a.warner@nhs.net) viewed the document on Microsoft Edge via Windows from 45.159.90.120.
03/12/2025 15:19:40 +01	Alex Warner (a.warner@nhs.net) authenticated via email on Microsoft Edge via Windows from 45.159.90.120.
03/12/2025 15:19:40 +01	Alex Warner (a.warner@nhs.net) signed the document on Microsoft Edge via Windows from 45.159.90.120.
03/12/2025 15:19:40 +01	Tim Neale (tim.neale@kirkrice.co.uk) was emailed a link to sign.
03/12/2025 15:22:59 +01	Tim Neale (tim.neale@kirkrice.co.uk) viewed the document on Chrome via Windows from 193.117.161.82.
03/12/2025 16:04:11 +01	Tim Neale (tim.neale@kirkrice.co.uk) viewed the document on Chrome via Windows from 193.117.161.82.
03/12/2025 16:04:53 +01	Tim Neale (tim.neale@kirkrice.co.uk) authenticated via email on Chrome via Windows from 193.117.161.82.
03/12/2025 16:04:53 +01	Tim Neale (tim.neale@kirkrice.co.uk) signed the document on Chrome via Windows from 193.117.161.82.

**CAMDEN ANCHOR**

England & Wales - Charity number 1189016

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# Accounts

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Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2024  
for  
Camden Anchor

Ramsay Brown LLP  
The Brentano Suite  
Solar House  
915 High Road  
North Finchley  
London  
N12 8QJ

Contents of the Financial Statements  
for the Year Ended 31 March 2024

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Camden Anchor

Report of the Trustees  
for the Year Ended 31 March 2024

The trustees present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its Constitution and is a Charitable Incorporated Organisation.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1189016

**Principal address**

St. Pancras Hospital Southwing

4 St. Pancras Way

London

NW1 0PE

**Trustees**

Dr J M Myat

Ms J Ohlson

Dr A J Warner

Approved by order of the board of trustees on ..... and signed on its behalf by:

.....  
Dr A J Warner - Trustee

### **Our Aims and Objectives**

The aims of Camden Anchor are to promote and protect the health of the public, and in particular among people residing in London, by providing an infrastructure that involves people in a collective effort to build confidence in their own abilities and to experience opportunities that build their capacity and capabilities for positive health and well-being outcomes.

During the year 2023/24, these aims have been pursued by focussing on the gap between illness and disease at the intersection of community and healthcare. Several initiatives have been introduced, which includes the Listening Space Project, through which smaller projects have been launched, such as: the Cards Project, which aims to bring in processes and values-based discussions; Cost of Living Project 'Helping Hands', which aims to utilise funds from Camden Council to address the effects of the cost of living crisis on the most vulnerable groups of society; Circle of Soup, which promotes mental health through food via cooking to support health of the microbiome; Cycling for Mental Health; Roundtable Meeting at Phoenix Court; 'On the Horizon', which is inspired by the work of Laura Marshall Andrews at the Brighton WellBN practice's HERA Project and the establishment of various community groups as a means to advocate for people's health stories.

Plans for 2024/25 include the development of a plan to expand and promote additional areas of activity for Camden Anchor, further development of our governance processes and seeking to expand the number of Trustees with a more diverse range of skills and experience.

The trustees present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Camden Anchor

Statement of Financial Activities  
for the Year Ended 31 March 2024

	Notes	2024 Unrestricted fund £	2023 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies		<u>3,500</u>	<u>9,970</u>
<b>EXPENDITURE ON</b>			
Raising funds	2	-	71
Other		<u>2,488</u>	<u>1,318</u>
<b>Total</b>		<u>2,488</u>	<u>1,389</u>
<b>NET INCOME/(EXPENDITURE)</b>		1,012	8,581
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward		10,354	1,773
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>11,366</u></u>	<u><u>10,354</u></u>

Camden Anchor

Balance Sheet  
31 March 2024

		<b>2024</b>	<b>2023</b>
		<b>Unrestricted</b>	<b>Total</b>
		<b>fund</b>	<b>funds</b>
	<b>Notes</b>	<b>£</b>	<b>£</b>
<b>CURRENT ASSETS</b>			
Debtors	5	12,182	11,122
		<hr/>	<hr/>
<b>CREDITORS</b>			
Amounts falling due within one year	6	(816)	(768)
		<hr/>	<hr/>
<b>NET CURRENT ASSETS</b>		<u>11,366</u>	<u>10,354</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<hr/>	<hr/>
		11,366	10,354
		<hr/>	<hr/>
<b>NET ASSETS</b>		<u>11,366</u>	<u>10,354</u>
<b>FUNDS</b>			
Unrestricted funds	7	11,366	10,354
		<hr/>	<hr/>
<b>TOTAL FUNDS</b>		<u>11,366</u>	<u>10,354</u>

The financial statements were approved by the Board of Trustees and authorised for issue on

..... and were signed on its behalf by:

.....  
Dr A J Warner - Trustee

## 1. ACCOUNTING POLICIES

### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Taxation**

The charity is exempt from tax on its charitable activities.

### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024

**2. RAISING FUNDS**

	<b>2024</b>	<b>2023</b>
	£	£
Property repairs	<u>-</u>	<u>71</u>

**3. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

**4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	<b>Unrestricted fund</b>
	£
<b>INCOME AND ENDOWMENTS FROM</b>	
Donations and legacies	<u>9,970</u>
<b>EXPENDITURE ON</b>	
Raising funds	71
Other	<u>1,318</u>
<b>Total</b>	1,389
<b>NET INCOME/(EXPENDITURE)</b>	8,581
<b>RECONCILIATION OF FUNDS</b>	
Total funds brought forward	1,773
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>10,354</u>

**5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2024 £	2023 £
Amounts due from Camden Health Partners Ltd	<u>12,182</u>	<u>11,122</u>

**6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2024 £	2023 £
Other creditors	<u>816</u>	<u>768</u>

**7. MOVEMENT IN FUNDS**

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
<b>Unrestricted funds</b>			
General fund	10,354	1,012	11,366
	<u>10,354</u>	<u>1,012</u>	<u>11,366</u>
<b>TOTAL FUNDS</b>			

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General fund	3,500	(2,488)	-	1,012
	<u>3,500</u>	<u>(2,488)</u>	<u>-</u>	<u>1,012</u>
<b>TOTAL FUNDS</b>				

**Comparatives for movement in funds**

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	1,773	8,581	10,354
	<u>1,773</u>	<u>8,581</u>	<u>10,354</u>
<b>TOTAL FUNDS</b>			

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024

**7. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General fund	9,970	(1,389)	-	8,581
	<hr/>	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>9,970</u>	<u>(1,389)</u>	<u>-</u>	<u>8,581</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	At 31.3.24 £
<b>Unrestricted funds</b>			
General fund	1,773	9,593	11,366
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>1,773</u>	<u>9,593</u>	<u>11,366</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General fund	13,470	(3,877)	-	9,593
	<hr/>	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>13,470</u>	<u>(3,877)</u>	<u>-</u>	<u>9,593</u>

**8. RELATED PARTY DISCLOSURES**

As at the year end the charity was owed by Camden Health Partners Ltd £12,182 (2023: £11,122).

Camden Anchor

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2024

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Grants	<u>3,500</u>	<u>9,970</u>
<b>Total incoming resources</b>	3,500	9,970
<b>EXPENDITURE</b>		
<b>Investment management costs</b>		
Property repairs	-	71
<b>Support costs</b>		
Printing and stationery	-	550
Information technology		
Subscriptions	1,350	-
<b>Management liability costs</b>		
Insurance	322	-
<b>Governance costs</b>		
Accountancy and legal fees	816	768
	<hr/>	<hr/>
Total resources expended	<u>2,488</u>	<u>1,389</u>
<b>Net (expenditure)/income</b>	<u>1,012</u>	<u>8,581</u>

# Virtual Cabinet Portal Digital Signatures

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You can find out more about UTC at the following web page:

<http://www.virtualcabinetportal.com/WhatIsUTC>

## Signature 1

Signed by Alex Warner using authentication code TyQ4ZmQxRXJrenZE at IP address 208.127.193.109, on 2024/12/04 10:35:48 Z.

Alex Warner's e-mail address is: [a.warner@nhs.net](mailto:a.warner@nhs.net).

**CAMDEN ANCHOR**

England & Wales - Charity number 1189016

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# Accounts

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Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2023  
for  
Camden Anchor

Ramsay Brown LLP  
The Brentano Suite  
Solar House  
915 High Road  
North Finchley  
London  
N12 8QJ

Contents of the Financial Statements  
for the Year Ended 31 March 2023

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Camden Anchor

Report of the Trustees  
for the Year Ended 31 March 2023

The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its Constitution and is a Charitable Incorporated Organisation.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1189016

**Principal address**

St. Pancras Hospital Southwing  
4 St. Pancras Way  
London  
NW1 0PE

**Trustees**

Dr J M Myat  
Ms J Ohlson  
Dr A J Warner

Approved by order of the board of trustees on ..... and signed on its behalf by:

.....  
Dr A J Warner - Trustee

### **Our Aims and Objectives**

The aims of Camden Anchor are to promote and protect the health of the public, and in particular among people residing in London, by providing an infrastructure that involves people in a collective effort to build confidence in their own abilities and to experience opportunities that build their capacity and capabilities for positive health and well-being outcomes.

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Plans for 2023/24 include the development of a plan to expand and promote additional areas of activity for Camden Anchor, further development of our governance processes and seeking to expand the number of Trustees with a more diverse range of skills and experience.

The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Camden Anchor

Statement of Financial Activities  
for the Year Ended 31 March 2023

	Notes	2023 Unrestricted fund £	2022 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies		<u>9,970</u>	<u>100</u>
<b>EXPENDITURE ON</b>			
Raising funds	2	71	1,381
Other		<u>1,318</u>	<u>841</u>
<b>Total</b>		<u>1,389</u>	<u>2,222</u>
<b>NET INCOME/(EXPENDITURE)</b>		8,581	(2,122)
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward		1,773	3,895
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>10,354</u></u>	<u><u>1,773</u></u>

Camden Anchor

Balance Sheet  
31 March 2023

		<b>2023</b>	<b>2022</b>
		<b>Unrestricted</b>	<b>Total</b>
		<b>fund</b>	<b>funds</b>
	<b>Notes</b>	<b>£</b>	<b>£</b>
<b>CURRENT ASSETS</b>			
Debtors	5	11,122	2,973
		<hr/>	<hr/>
<b>CREDITORS</b>			
Amounts falling due within one year	6	(768)	(1,200)
		<hr/>	<hr/>
<b>NET CURRENT ASSETS</b>		<u>10,354</u>	<u>1,773</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<hr/>	<hr/>
		10,354	1,773
		<hr/>	<hr/>
<b>NET ASSETS</b>		<u>10,354</u>	<u>1,773</u>
<b>FUNDS</b>			
Unrestricted funds	7	<hr/>	<hr/>
		10,354	1,773
<b>TOTAL FUNDS</b>		<u>10,354</u>	<u>1,773</u>

The financial statements were approved by the Board of Trustees and authorised for issue on

..... and were signed on its behalf by:

.....  
Dr A J Warner - Trustee

## 1. ACCOUNTING POLICIES

### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

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Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Taxation**

The charity is exempt from tax on its charitable activities.

### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

**2. RAISING FUNDS**

	<b>2023</b>	<b>2022</b>
	£	£
Property repairs	<u>71</u>	<u>1,381</u>

**3. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

**4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	<b>Unrestricted fund</b>
	£
<b>INCOME AND ENDOWMENTS FROM</b>	
Donations and legacies	<u>100</u>
<b>EXPENDITURE ON</b>	
Raising funds	1,381
Other	<u>841</u>
<b>Total</b>	2,222
<b>NET INCOME/(EXPENDITURE)</b>	(2,122)
<b>RECONCILIATION OF FUNDS</b>	
Total funds brought forward	3,895
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>1,773</u>

**5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2023 £	2022 £
Amounts due from Camden Health Partners Ltd	<u>11,122</u>	<u>2,973</u>

**6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2023 £	2022 £
Other creditors	<u>768</u>	<u>1,200</u>

**7. MOVEMENT IN FUNDS**

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	1,773	8,581	10,354
	<u>1,773</u>	<u>8,581</u>	<u>10,354</u>
<b>TOTAL FUNDS</b>	<u>1,773</u>	<u>8,581</u>	<u>10,354</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General fund	9,970	(1,389)	-	8,581
	<u>9,970</u>	<u>(1,389)</u>	<u>-</u>	<u>8,581</u>
<b>TOTAL FUNDS</b>	<u>9,970</u>	<u>(1,389)</u>	<u>-</u>	<u>8,581</u>

**Comparatives for movement in funds**

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	3,895	(2,122)	1,773
	<u>3,895</u>	<u>(2,122)</u>	<u>1,773</u>
<b>TOTAL FUNDS</b>	<u>3,895</u>	<u>(2,122)</u>	<u>1,773</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

**7. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General fund	100	(2,222)	-	(2,122)
	-----	-----	-----	-----
<b>TOTAL FUNDS</b>	<u>100</u>	<u>(2,222)</u>	<u>-</u>	<u>(2,122)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	3,895	6,459	10,354
	-----	-----	-----
<b>TOTAL FUNDS</b>	<u>3,895</u>	<u>6,459</u>	<u>10,354</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General fund	10,070	(3,611)	-	6,459
	-----	-----	-----	-----
<b>TOTAL FUNDS</b>	<u>10,070</u>	<u>(3,611)</u>	<u>-</u>	<u>6,459</u>

**8. RELATED PARTY DISCLOSURES**

As at the year end the charity was owed by Camden Health Partners Ltd £11,122 (2022: £2,973).

Camden Anchor

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2023

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Grants	<u>9,970</u>	<u>100</u>
<b>Total incoming resources</b>	9,970	100
<b>EXPENDITURE</b>		
<b>Investment management costs</b>		
Property repairs	71	1,381
<b>Support costs</b>		
Printing and stationery	550	-
<b>Information technology</b>		
Subscription	-	241
<b>Governance costs</b>		
Accountancy and legal fees	768	600
	<hr/>	<hr/>
Total resources expended	<u>1,389</u>	<u>2,222</u>
<b>Net (expenditure)/income</b>	<u>8,581</u>	<u>(2,122)</u>

**CAMDEN ANCHOR**

England & Wales - Charity number 1189016

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# Accounts

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Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2022  
for  
Camden Anchor

Ramsay Brown LLP  
The Brentano Suite  
Solar House  
915 High Road  
North Finchley  
London  
N12 8QJ

Contents of the Financial Statements  
for the Year Ended 31 March 2022

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Report of the Trustees  
for the Year Ended 31 March 2022

The trustees present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1189016

**Principal address**

St. Pancras Hospital Southwing  
4 St. Pancras Way  
London  
NW1 0PE

**Trustees**

Dr C S Sayer (resigned 30.6.22)  
Ms D A Blundell (resigned 30.6.22)  
Dr J M Myat  
Ms J Ohlson (appointed 10.10.22)  
Dr A J Warner (appointed 1.7.22)

Approved by order of the board of trustees on 12 January 2023 and signed on its behalf by:

Dr A J Warner - Trustee

Statement of Financial Activities  
for the Year Ended 31 March 2022

	Notes	2022 Unrestricted fund £	2021 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies		100	4,495
		<hr/>	<hr/>
<b>EXPENDITURE ON</b>			
Raising funds	2	1,381	-
Other		841	600
<b>Total</b>		<hr/> 2,222 <hr/>	<hr/> 600 <hr/>
<b>NET INCOME/(EXPENDITURE)</b>		(2,122)	3,895
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward		3,895	-
		<hr/>	<hr/>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<hr/> 1,773 <hr/>	<hr/> 3,895 <hr/>

Camden Anchor

Balance Sheet  
31 March 2022

		<b>2022</b>	<b>2021</b>
		<b>Unrestricted</b>	<b>Total</b>
		<b>fund</b>	<b>funds</b>
	<b>Notes</b>	<b>£</b>	<b>£</b>
<b>CURRENT ASSETS</b>			
Debtors	5	2,973	4,495
<b>CREDITORS</b>			
Amounts falling due within one year	6	(1,200)	(600)
<b>NET CURRENT ASSETS</b>		<u>1,773</u>	<u>3,895</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>1,773</u>	<u>3,895</u>
<b>NET ASSETS/(LIABILITIES)</b>		<u>1,773</u>	<u>3,895</u>
<b>FUNDS</b>	7		
Unrestricted funds		<u>1,773</u>	<u>3,895</u>
<b>TOTAL FUNDS</b>		<u>1,773</u>	<u>3,895</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 12 January 2023 and were signed on its behalf by:

A J Warner - Trustee

The notes form part of these financial statements

## **1. ACCOUNTING POLICIES**

### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Taxation**

The charity is exempt from tax on its charitable activities.

### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**2. RAISING FUNDS**

**Investment management costs**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Property repairs	1,381	-
	<u>          </u>	<u>          </u>

**3. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

**4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	<b>Unrestricted fund £</b>
<b>INCOME AND ENDOWMENTS FROM</b>	
Donations and legacies	4,495
	<u>          </u>
<b>EXPENDITURE ON</b>	
Other	600
	<u>          </u>
<b>NET INCOME</b>	3,895
	<u>          </u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>3,895</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Amounts due from Camden Health Partners Ltd	2,973	4,495

**6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Other creditors	1,200	600

**7. MOVEMENT IN FUNDS**

	<b>At 1.4.21</b>	<b>Net movement in funds</b>	<b>At 31.3.22</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>			
General fund	3,895	(2,122)	1,773
<b>TOTAL FUNDS</b>	<u>3,895</u>	<u>(2,122)</u>	<u>1,773</u>

Net movement in funds, included in the above are as follows:

	<b>Incoming resources</b>	<b>Resources expended</b>	<b>Movement in funds</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>			
General fund	100	(2,222)	(2,122)
<b>TOTAL FUNDS</b>	<u>100</u>	<u>(2,222)</u>	<u>(2,122)</u>

**Comparatives for movement in funds**

	<b>Net movement in funds</b>	<b>At 31.3.21</b>
	<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>		
General fund	3,895	3,895
<b>TOTAL FUNDS</b>	<u>3,895</u>	<u>3,895</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2022

**7. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Movement in funds £</b>
<b>Unrestricted funds</b>			
General fund	4,495	(600)	3,895
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>4,495</u>	<u>(600)</u>	<u>3,895</u>

A current year 12 months and prior year 12 months combined position is as follows:

	<b>At 1.4.20 £</b>	<b>Net movement in funds £</b>	<b>At 31.3.22 £</b>
<b>Unrestricted funds</b>			
General fund	-	1,773	1,773
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>-</u>	<u>1,773</u>	<u>1,773</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Movement in funds £</b>
<b>Unrestricted funds</b>			
General fund	4,595	(2,822)	1,773
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>4,595</u>	<u>(2,822)</u>	<u>1,773</u>

**8. RELATED PARTY DISCLOSURES**

As at the year end the charity was owed by Camden Health Partners Ltd £2,973 (2021: £4,495), a company in which the Trustees are shareholders.

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2022

	<b>2022</b> £	<b>2021</b> £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Grants	100	4,495
	<hr/>	<hr/>
<b>Total incoming resources</b>	100	4,495
<b>EXPENDITURE</b>		
<b>Investment management costs</b>		
Property repairs	1,381	-
<b>Support costs</b>		
<b>Information technology</b>		
Subscription	241	-
<b>Governance costs</b>		
Accountancy and legal fees	600	600
	<hr/>	<hr/>
Total resources expended	2,222	600
	<hr/>	<hr/>
<b>Net (expenditure)/income</b>	<b>(2,122)</b>	<b>3,895</b>
	<hr/> <hr/>	<hr/> <hr/>

**CAMDEN ANCHOR**

England & Wales - Charity number 1189016

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# Accounts

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**RAMSAY BROWN**

CHARTERED ACCOUNTANTS

**CAMDEN ANCHOR**

**TRUSTEES' REPORT AND FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED**

**31ST MARCH 2021**

**CHARITY NO. 1189016**

**CAMDEN ANCHOR**  
**TRUSTEES' REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

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A decorative graphic consisting of two stylized leafy branches. The upper branch is light yellow and the lower branch is light grey. Both branches have several oval-shaped leaves and small circular buds at their ends.

**CAMDEN ANCHOR****CHARITY INFORMATION****TRUSTEES:**

Dr. C. S. Sayer  
Ms. D. A. Blundell  
Dr. J. Mimi Myat

**CHARITY NUMBER:**

1189016

**REGISTERED OFFICE:**

St. Pancras Hospital Southwing  
4 St. Pancras Way  
London  
NW1 0PE

**ACCOUNTANTS:**

Ramsay Brown LLP  
The Brentano Suite, Solar House  
915 High Road  
North Finchley  
London  
N12 8QJ

**CLIENT REFERENCE:**

C746

**CAMDEN ANCHOR**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

The trustees present their report along with the financial statements for the year ended 31st March 2021. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011 and the Statement of Recommended Practice Accounting and Reporting by Charities (FRS 102) 2016.

**1. REFERENCE AND ADMINISTRATIVE DETAILS**

The Charity was formed under a trust deed dated 14<sup>th</sup> April 2020 and registered with the Charity Commission for England and Wales on 14<sup>th</sup> April 2020.

The trustees named on page 1 have served throughout the year. The trustees run the day to day activities of the Charity personally and do not employ any staff. Ramsay Brown LLP prepare the annual financial statements using financial records prepared by the trustees. The information shown on page 1 forms part of the trustees' report.

**2. STRUCTURE, GOVERNANCE AND MANAGEMENT**

The trustees consider that the affairs of the Charity are straightforward and do not require a complicated regime of governance. The trustees are regularly in touch and meet formally as required in line with the needs of the Charity and the matters that need to be discussed from time to time. The trustees have in mind the need to provide for trustees' succession and when new trustees are appointed the trustees will ensure that they are properly inducted and trained.

**3. OBJECTIVES AND ACTIVITIES**

The objects of the Charity is to promote and protect the health of the public and in particular among people residing in London, by providing an infrastructure that involves people in a collective effort to build confidence in their own abilities and to experience opportunities that build their capacity and capabilities for positive health and well-being outcomes.

The Charity is in its very early stages of development and it plans to meet its objectives by bidding for grant monies and engaging in other fund raising activities and by spending the monies available either in direct investment in line with the Charity objectives or where appropriate by making small financial grants to other organisations.

**4. ACHIEVEMENTS AND PERFORMANCE**

The trustees are pleased to state that the trust has sufficient funds to meet its current and future obligations, and that such reserves as it maintains are considered to be reasonable.

**Risk Management**

The risks to which the Charity is exposed, as identified by the trustees, albeit relatively limited given the currently small nature of the Charity are, and will continue to be, regularly reviewed and proactively managed. The Trustees will ensure the appropriate management focus to support the mitigation of those risks and this will include, in appropriate circumstances and where needed, the appointment of professional advisors in support of this work.

**5. FINANCIAL REVIEW**

During the year ended 31st March 2021 the trust received donated funds of £1,000 and funds of £3,495 transferred from the previous company taken over by Camden Anchor.

This being the first year for the charity there have not been any outgoings during the year ended 31st March 2021.

Continued.....

**CAMDEN ANCHOR**

**TRUSTEES' REPORT**

Continued...

Reserves Policy

In line with the recommendations of the Charity Commission, the trustees have formally adopted a reserves policy. The trustees believe the reserves are adequate to support the continued efficient management of the trust and are not excessive.

Investment Policy

The trustees will ensure that they take into account social, environmental or ethical considerations when setting any future investment policy.

**6. PLANS FOR THE FUTURE**

The trustees plan to maximise the return from their investment and to continue their grant making policy with increased grants and an even wider variety of applicants.

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The Charity's trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

The trustees are required under the Charities Act 2011 to prepare financial statements for each financial year which gives a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year (unless the charity is entitled to prepare accounts on the alternative receipts and payments basis). In preparing financial statements giving a true and fair view, the trustees should follow best practice and:

- a. select suitable accounting policies and apply them consistently;
- b. observe the methods and principles in the Charities SORP (Statement of Recommended Practice);
- c. make judgments and estimates that are reasonable and prudent;
- d. state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements;
- e. prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which will disclose with reasonable accuracy the financial position of the charity and which enable them to ascertain the financial position of the charity and which enable them to ensure that the financial statements comply with applicable law and regulations. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**APPROVAL**

This report was approved by the trustees and signed on ..... 2022 and signed on their behalf.

.....  
**Dr. C. S. Saver**  
**Trustee**

**CAMDEN ANCHOR**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31ST MARCH 2021**

	<b><u>Unrestricted Funds</u></b>
	<b><u>2021</u></b>
	<b>£</b>
<b><u>INCOMING RESOURCES FROM GENERATED FUNDS</u></b>	
<i>Voluntary Income:</i>	
Grants Received	4,495
<b><u>TOTAL INCOMING RESOURCES</u></b>	4,495
<b><u>RESOURCE EXPENDED</u></b>	
Governance Costs	600
<b><u>TOTAL RESOURCES EXPENDED</u></b>	600
<b><u>NET INCOMING/(OUTGOING) RESOURCES FOR THE YEAR</u></b>	3,895
<b><u>TOTAL FUNDS BROUGHT FORWARD</u></b>	-
<b><u>TOTAL FUNDS CARRIED FORWARD</u></b>	3,895

There were no recognised gains or losses for the above years other than those in the Statement of Financial Activities. All income and expenditure derive from continuing activities.

**CAMDEN ANCHOR**  
**BALANCE SHEET**  
**AS AT 31ST MARCH 2021**

	<b><u>2021</u></b>	
	£	£
<b><u>CURRENT ASSETS</u></b>		
Amount due from Camden Health Partners Ltd	4,495	
	4,495	
<b><u>CREDITORS AND ACCRUALS:</u></b>		
<b><u>Accrual</u></b>	(600)	
<b>NET CURRENT ASSETS</b>		3,895
<b><u>TOTAL ASSETS LESS CURRENT LIABILITIES</u></b>		3,895
<b><u>CAPITAL</u></b>		
<b>UNRESTRICTED FUND</b>		3,895

The financial statements on pages 4 to 5 were approved by the board of trustees on ..... 2022.

.....  
**Dr. C. S. Sayer**  
**Trustee**