

Registered Charity Number: 1188991

Ask for Jake

Trustees' Annual Report and Accounts
for the year ended 31st March 2025

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Legal and Administrative Information

for the year ended 31st March 2025

Charity Name: Ask for Jake

Trading Name: Ask for Jake

Charity Commission Registered Number: 1188991

Charity's Principal Address:

2A Field Close

Braunton

EX33 IEP

Trustees:

M Ash

L Mcphail

C Joslyn

Independent Examiner:

Rachael Woosey

North Devon

Accounts

4 Cross Tree Centre

Caen Street

Braunton

North Devon

EX33 IAA

Trustees' Annual Report

for the year ended 31st March 2025

The trustees submit their report together with the financial statements of the charity for the year ended 31st March 2024

Structure, Governance and Management

The trustees during the period under review were:

M Ash
L Mcphail
C Joslyn

Description of Charity's Governing document:

The Object of the CIO is: For the public benefit, the preservation and protection of good physical and mental health in Braunton in particular.

Objectives and Activities

Objectives of the charity: raising awareness of challenges to mental health & to help provide training opportunities. To help improve the mental health of the local community

Main activities undertaken for the public benefit: Providing peer to peer support, specialist organisation & offering free mental health awareness training.

Financial Review

General: The full financial results are set out on pages four to five.

Declaration and Signing

The trustees declare that they have approved the trustees' report above.

Signed of behalf of the charity trustees

Name:

Date of Approval

Independent Examiner's Report to the Trustees

for the year ended 31st March 2025

I report on the accounts for the period ended 31st March 2025 set out on pages four to six which have been prepared under the receipts and payments basis.

Respective responsibilities of the trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 and that an independent examination is needed.

It is my responsibility to:

examine the accounts under section 145 of the 2011 Act to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act and to state whether particular matters have come to my attention

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and in the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all of the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that, in any material respect, the requirements:

to keep accounting records in accordance with section 130 of the 2011 Act; and to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Charities Act have not been met.

Independent Examiner's Report to the

Trustees for the year ended 31st

March 2025

Independent examiner's statement - continued

No other matter has come to my attention in connection with my examination to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Rachael Woosey

North Devon Accounts

Ask for Jake

4 Cross Tree Centre
Caen Street
Braunton
Devon
EX33 1AA

Receipts and Payments Accounts

for the year ended 31st March
2025

			2025	2024
	Notes	Unrestricted Funds	Total Funds E	Total Funds
Receipts				
Activities for generating funds				
Fees / grants from charitable activities		<u>12,375</u>	<u>12,375</u>	<u>43,548</u>
Total incoming resources		<u>12,375</u>	<u>12,375</u>	<u>32,570</u>
 Payments				
Charitable activities	1	<u>19,321</u>	<u>19,321</u>	<u>30,250</u>
Total resources expended		<u>19,321</u>	<u>19,321</u>	<u>30,250</u>
Excess of receipts over payments		6,946	- 6,946	13,298
Bank accounts and cash brought forward		<u>58,308</u>	<u>58,308</u>	<u>45,010</u>
Bank accounts and cash carried forward	2	<u><u>51,362</u></u>	<u><u>51,362</u></u>	<u><u>58,308</u></u>

Notes to the Accounts

for the year ended 31st March 2025

1. Charitable Activities Costs

	2025 19321	2024 30230
	Total	Total
Training & DBS Checks	1045	7220
Subscriptions	648	337
Website Design & advertising	4478	
Equipment	1803	904
Accountancy		420
Sundry	300	577
Insurance	323	2052
Fee's - Just Giving	360	428
Purchases	1935	11289
Travel	185	
Rent	7800	6600
Light & Heat	<u>0</u>	<u>423</u>
	<u><u>19321</u></u>	<u><u>30230</u></u>

2. Unrestricted Funds

	Balance as at 1 April 2024	Incoming Resources	Resources Expended E	Balance as at 31 March 2025
General Funds	<u>58,308</u>	<u>12,375</u>	<u>19,321</u>	<u>51,362</u>
Total Unrestricted Funds	<u>58,308</u>	<u>12,375</u>	<u>19,321</u>	<u>51,362</u>
	<u><u>58,308</u></u>	<u><u>12,375</u></u>	<u><u>19,321</u></u>	<u><u>51,362</u></u>