

Mayah's Legacy

England & Wales · Charity number 1188980

Details

Other names	BALM IN GILEAD OUTREACH
Status	Registered
Legal form	CIO
Registered	2020-04-08
Register	View on the Charity Commission register

Contact

Address	Saint Peter Grove Canterbury CT1 2DJ
Phone	07534573910
Email	mayahslegacy@outlook.com
Website	https://www.mayahslegacy.com

Activities

Objects: THE OBJECT OF THE CHARITY IS, FOR THE PUBLIC BENEFIT, TO RELIEVE THE NEEDS OF PARENTS, THEIR FAMILIES AND FRIENDS, WHO ARE BEREAVED FOLLOWING THE DEATH OF A BABY IN UTERO, AT BIRTH OR SOON AFTER BIRTH, BY: I) THE PROVISION OF SUPPORT, TRAINING AND INFORMATION TO BEREAVED PARENTS AND THEIR CARERS; AND II) BY WORKING COLLABORATIVELY WITH HEALTH AND SOCIAL CARE PROFESSIONALS TO IMPROVE AND ENHANCE PROFESSIONAL PRACTICE WITH BEREAVED PARENTS AND PROMOTING COMPASSIONATE CARE.

Activities: The objects of the charity are to advance health and wellbeing, to advocate and campaign for better healthcare for women and families, to advance education in matters relating to self-advocacy in health, and to promote social inclusion and equity in healthcare for the public benefit.

Classification

- **How:** Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Other Defined Groups, The General Public/mankind

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£24,471	£22,677	-	-
2024-03-31	£25,700	£24,290	-	-
2023-03-31	£11,287	£13,926	-	-
2022-03-31	£4,241	£1,601	-	-
2021-03-31	£0	£0	-	-

Trustees

Name	Role	Appointed
Taiwo Ajisefinni	Chair	2019-12-14
Abdullateef Lawal		2024-08-29
Shillah Williams		2022-03-27

Mayah's Legacy

England & Wales - Charity number 1188980

Accounts



MAYAH'S LEGACY
YOUR HEALTH. YOUR WELLNESS. YOUR JOURNEY.



ANNUAL REPORT

MAYAH'S LEGACY

1 INTRODUCTION

This report outlines the delivery and outcomes of our project aimed at improving the wellbeing, resilience, and confidence of parents and caregivers in Canterbury & District. The projects reflect our commitment to listening and responding to the lived experiences of families, especially those facing financial hardship or emotional challenges associated with parenthood.



2 BABY EXPLORER COURSE (6 WEEKS)



Overview

The Baby Explorer course sessions were facilitated by the Canterbury & District Early years project. It is designed to support families with young children by providing practical guidance on nutrition and wellbeing. Delivered over six weeks, the programme targeted financially struggling families with babies and focused on cost-effective, healthy food preparation and basic self-care.



Participation

Total families engaged: 8

Duration: 6 weeks

Focus Areas:

- Affordable baby meal planning and nutrition
- Practical food preparation
- Promoting parental self-care and wellbeing



Feedback Highlights

Participants expressed a strong desire for additional sessions focused solely on parental wellbeing, prompting the development of a follow-on wellbeing course.

3 PARENT WELLBEING COURSE (3 WEEKS)



Overview

This course was developed directly in response to participant feedback. It focused on helping parents reflect, rebuild emotional resilience, and explore strategies to manage the everyday challenges of parenting. The sessions were safe, light, friendly, and interactive, blending peer support, personal development, and mental wellbeing education.



Course Structure & Content

Attendees: 14

Week 1: Self-Awareness & Habits

- Mapping personal support systems (“circle of support”)
- Understanding body signals and breaking negative habits
- Nutrition and mood: water intake, healthy eating
- Establishing restful sleep routines
- 7-day emotional honesty journal
- Daily positive affirmations

Week 2: Building Resilience

- Reflecting on week one’s changes
- Self-compassion and self-esteem
- Emotional stability and courage
- Mindful task planning using mind maps
- Positive closing activity: affirmation jars

Week 3 – Feedback and reflections

4 TRAUMA-INFORMED TRAINING WITH MY BIRTH SUPPORT CIC



Overview

In partnership with My Birth Support CIC, we delivered a trauma-informed training session for parents, professionals and volunteers working with families and parents. The aim was to raise awareness, increase confidence, and share tools to better support caregivers who have experienced trauma.



Key Details

Attendees: 18 individuals from 12 organisations

Style: Interactive, reflective, and engaging

Workshop Aim: To provide a practical training workshop for those who work with/support parents in Kent.



Evaluation & Impact

Workshop Ratings:

- 11 delegates rated the workshop 5/5
- 4 delegates rated it 4/5

Improvements Noted:

- Confidence to support parents:** +1 to +8 increase (out of 10)
- Understanding of trauma-informed approaches:** +1 to +8 increase
- Clarity in signposting parents to support:** +1 to +6 increase



What Worked Well (Participant Feedback)

- Clarity and accessibility of the facilitator's delivery
- High-quality information grounded in science
- Group sharing that led to practical solutions
- Friendly, safe, and inclusive atmosphere
- Effective networking and signposting suggestions



Suggestions for Improvement

- Include more descriptive language and calming strategies
- More discussion time and real-life application examples
- Booklet summarising key training material
- More physical movement during the session
- Expand to a full-day workshop
- Broader references to Kent-wide services

5 TRAUMA-INFORMED TRAINING WITH MY BIRTH SUPPORT CIC

Quote from Delegate

Kirsty King, Sing & Play:

“

“Your training really highlighted for me how important it is for caregivers to feel seen and valued in their own right, not just in their role as ‘mum’ or ‘dad.’... I’m planning to make a small change during our sessions by greeting both the adult and the child by name. I believe this will help adults feel more visible and support co-regulation with their children. Your training is already making a real difference.”



6 CONCLUSION AND NEXT STEPS

These projects highlight the importance of:

- Listening to the voices of parents and caregivers
- Creating responsive, flexible programmes
- Delivering practical, trauma-informed, and confidence-building content
- Supporting frontline professionals with meaningful, actionable training

7 SISTERZ ADVOCATE TRAINING

Moving forward, our work has highlighted a clear gap in advocacy training for parents and caregivers. Many participants have expressed the need for greater confidence and support in navigating healthcare, education, and community services. To address this, we will focus next year on the development and delivery of our SisterZ Advocate Training.

The SisterZ Advocate Training is a structured programme designed to equip women with lived experience to become confident, informed, and compassionate peer advocates. The training includes essential modules such as trauma-informed practice, safeguarding, emotional intelligence, GDPR, mental health first aid, active listening, informed consent, and post-traumatic growth. It also offers group sessions and reflective practice to foster sisterhood, leadership, and resilience.

This programme will build a network of community-based advocates who can support others in similar circumstances, amplifying voices and creating positive change at both individual and systemic levels. We are excited about the potential of SisterZ to transform lives and will be prioritising its rollout in the upcoming year.

Planned Developments

- Continue evolving the parent wellbeing course based on live feedback
- Expand trauma-informed training to include more Kent-based organisations
- Develop printed resources and extend session durations
- Explore longer-term support groups and peer mentoring models

Thank you to all families, facilitators, and partners who have contributed to the success of these programmes. Together, we are building stronger, more supported communities.

BABY AND ME

This was the first baby and Me delivered at the project for Mum's who were not ready and needed encouragement to leave their babies for a full baby explorer course.

Each session started with parents and babies being together in the creche room. Getting to know each other and the creche staff.

They were encouraged to come out of the creche for refreshments and discussion on topics which were relevant for their babies age and stage of development.



TOPICS INCLUDED



Handling separation:

Parents discussed the need to be confident when leaving your baby, making sure they are happy and that it is normal for babies to be anxious when first being left with anyone other than the parent.



Sleep:

Co sleeping, the benefits and downside, sleep training and how this aspect of routines is one of the hardest things to feel you are getting right. That it is a personal choice and depends on the dynamic of the family cultural differences and if you have other children needing to sleep.



Weaning:

Parent got to look at home made against shop bought along with tips and strategies to help find the way through.



Temperament:

Parents discussed the temperament of their baby how some traits are from birth and others are learnt from parents' siblings and environment.

We also made hands and footprints. Parents were able to socialize and make friendship which we hope will take them beyond the walls of Poets.

“

"This has been a fab group to attend each week. It's been very informative and fun, and my baby has really mostly enjoyed it."

“

"A really friendly, down-to-earth environment. I'm always worried about being judged as a mum, but as soon as I walked in, it felt like I'd known everyone for ages. It was so comfortable and genuinely lovely—no matter your circumstances, you're listened to and offered help and support."





CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Mayah's Legacy

No (if any)
1188980

Receipts and payments accounts

CC16a

For the period from **01/04/2024** To **31/03/2025**

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	406	-	-	406	201
Grants	24,065	-	-	24,065	25,499
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	24,471	-	-	24,471	25,700
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	24,471	-	-	24,471	25,700
A3 Payments					
Accountancy fees	1,095	-	-	1,095	720
Advertising and marketing	1,236	-	-	1,236	2,742
Consultancy services	-	-	-	-	4,251
Donations	152	-	-	152	60
Expenditure on Charitable Activities	8,111	-	-	8,111	6,979
Fundraising activities	950	-	-	950	-
General expenses	-	-	-	-	304
Insurance	130	-	-	130	129
IT Software, website and consumables	737	-	-	737	875
Renting space	-	-	-	-	182
Salaries	9,970	-	-	9,970	7,816
Travel	296	-	-	296	232
	-	-	-	-	-
	-	-	-	-	-
Sub total	22,677	-	-	22,677	24,290
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	22,677	-	-	22,677	24,290
Net of receipts/(payments)	1,794	-	-	1,794	1,410
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	1,411	-	-	1,411	1
Cash funds this year end	3,205	-	-	3,205	1,411

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at the bank	3,205	-	-
		-	-	-
		-	-	-
	Total cash funds	3,205	-	-
(agree balances with receipts and payments account(s))		OK	OK	OK

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets		-	-
		-	-
		-	-
		-	-
		-	-

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>S. Williams</i>	SHILLAH WILLIAMS	13/07/2025
<i>A. J. Cepini</i>	TALWO ATISEFINI	13/07/2025

Mayah's Legacy

England & Wales - Charity number 1188980

Accounts

MAYAH'S LEGACY CIO

Charity Information for the year ended 31st March 2024

Charity number: **1188980**

Trustees

Taiwo Ajisefinni
Shillah Williams
Abdullateef Lawal

Chair
Vice Chair

Registered office

34 St Peters Grove
Canterbury
CT1 2DJ

Bankers

Barclays
8-9 Victory Parade,
London SE18 6FL



Report of the Trustees for the year ended 31 March 2024

The trustees are pleased to present the 1st annual report of this CIO with financial statements for the year ended 31st March 2024.

The financial statements comply with the charities Act 2011, the charities constitution, the statement of recommended practise applicable to charities preparing their accounts in accordance with the financial reporting standards applicable in the United Kingdom and Republic of Ireland he should in October 2019 (“the SORP”)

Charity Objectives

The object of the CIO is:

1. The object of the charity is, for the public benefit, to relieve the needs of parents, their families and friends, who are bereaved following the death of a baby in utero, at birth or soon after birth, by:

a) the provision of support, training and information to bereaved parents and their carers; and

b) by working collaboratively with health and social care professionals to improve and enhance professional practice with bereaved parents and promoting compassionate care.

Message from the Chair

As we reflect on another impactful year for Mayah's Legacy, I am filled with gratitude for the dedication of our team, volunteers, and supporters. This year has been one of growth, resilience, and unwavering commitment to our mission: empowering and educating those affected by pregnancy loss and perinatal mental health challenges. Together, we have made strides in promoting health equity and improving access to compassionate, person-centred care.

Our Vision

We envision a healthcare system where personalised, holistic support is at the heart of care, empowering women and families to thrive throughout their maternity and postnatal journeys.

Mission

Mayah's Legacy advocates for compassionate, safe, and equitable maternity care for all women.

Through education, policy reform, and the promotion of health equity, we are dedicated to ensuring every voice is heard, every need is addressed, and every individual is empowered in their maternity and postnatal journey.

Aims

Advocate for Policy Change

Influence and shape policies to promote health equity and reduce disparities in maternity, and postnatal care.

Promote Compassionate Care

Ensure that healthcare systems prioritise person-centred, empathetic support for women and families facing perinatal mental health challenges.

Empower Families and Communities.

Provide resources, education, and support to empower women, families, and communities affected by perinatal mental health issues.

Raise Awareness

Increase public and professional awareness of the importance of safe, equitable, and supportive perinatal care.

Foster Health Equity

Work to eliminate barriers in access to high-quality care for marginalized and underserved communities, ensuring every family receives the care they deserve.

Achievements and performance

We are delighted to report that Mayah's Legacy achieved most of its objectives during its inaugural year as a CIO. This could not have been achieved without the hard work of the funders, partners, facilitators and dedicated volunteers.

The highlights of Activities are:

Empowered 4 Birth 2023 – 2024.

Baby Explorer - **Empowered 4 Birth Programme**

The Baby explorer programme, a collaboration between Mayah's Legacy and the Canterbury District Early Years Project, provides tailored support for expectant and new mothers. This initiative creates opportunities for mothers to explore their baby's developmental needs while fostering confidence and empowerment during the prenatal and postnatal journey.

Funded by a three-year National Lottery grant, the programme delivers resources and guidance designed to enhance maternal well-being and promote healthy early childhood development. By combining evidence-based approaches with community engagement, *Empowered 4 Birth* continues to make a meaningful difference in the lives of families. The direct funding has allowed us to provide a creche where parents can leave their babies during the six sessions. This gives parents peace of mind and the opportunity to focus fully on the information and discussions, relax, and contribute without distractions.

Many parents praised the quality of care their child received, noting that it was their first time leaving their child outside of family care. They found it to be a positive experience and expressed confidence in accessing future courses, knowing their child was well cared for and engaged.

How you have involved the community in the work you do

The project has ensured that the course is well advertised on our social media sites. We have informed the health visiting team, who run clinics on site, as well as the wider community team in Canterbury, Coastal, and Rural areas. They have been encouraged to refer parents to the course and provided with information leaflets to give to any parents they believe would benefit, particularly first-time mums.

Additionally, the project has facilitated the involvement of students from Canterbury College working on their Health and Social Care Level 3 qualifications. These students volunteer in our creches for the duration of the course, gaining practical, hands-on experience in a childcare setting.

The difference you're making.

Many parents attending the course are first-time parents. Through our evaluations and weekly feedback on home tasks, they have shared how they are passing on the information to others who help care for their child. They have become more aware of how brain function impacts physical and social competence. By making simple changes, such as rotating toys or letting their child have bare feet on the grass, they enhance their child's development through positive daily interactions, sensory stimulation, and alternative play ideas.

Providing a venue where parents can come together and talk to other adults while their child is cared for is a crucial part of the project. The addition of the buggy walk and talk session has given parents an opportunity to socialize, get to know the creche staff and volunteers, share practical tips, and make friends.

Two of our parents attending the Baby Explorers course also participate in an existing walking group that meets every two weeks to walk a route and enjoy lunch together. Most of the Baby Explorers group have "signed up" to join the next walk, which is a wonderful way for parents to continue being part of a community that extends beyond the boundaries of Poet Corner.

What you have learnt

From the last session, we identified a gap in practical information on weaning. While health visitors are not able to fully support parents at the 6-month stage, many parents find it challenging to transition their babies to solid foods. In response, we developed a hands-on weaning course based directly on parent feedback.

This course was very well attended. It addressed issues such as baby-led weaning, understanding portion sizes, and managing sugar content. Parents supported each other

and participated in a taste test comparing homemade food to high-end organic brands. Homemade options won overwhelmingly on taste and price, being less than half the cost for double the quantity.

We have added this weaning course to our regular schedule and informed health visitors so they can refer parents and provide updated information.

In response to parent feedback, we have also incorporated more mental health and wellbeing content into the last session. This includes a self-care toolbox, a circle of support, and celebrating small victories. We continually listen to and accommodate parent suggestions, evolving our sessions to meet their needs.

For Baby Explorers, we are now focusing on keeping core learning up to date while incorporating practical, hands-on tasks and fostering group discussions rather than relying on PowerPoint presentations.

We will continue to target parents who would benefit from Baby Explorers, maintain an interest register, and integrate relevant new information into our sessions. By continuing to fund this course, you will be helping babies grow their brains in the most effective and informative way.

Total number of attendees to Empowerment for birth programme: 34

Challenges for year –

Our main challenge this year was finding the right partnership that aligned with our project objectives. Unfortunately, our initial partners withdrew at the last minute, citing a lack of capacity to deliver the project. This led to several meetings with other organizations to find a suitable partner moving forward. We eventually identified the Canterbury & District Early Years Project, whose vision aligned perfectly with ours. They have successfully delivered the project this year.

Although 100% of our attendees were from disadvantaged communities in the Canterbury District, we noticed a lack of engagement from parents in the Black community. This issue is not unique to our project. Data from QEQM indicated that less than 5% of birthing individuals engaging with maternity services were from the Black ethnic minority community.

You Matter Retreat: Partnership with My Birth Support CIC

This year, Mayah's Legacy hosted the *You Matter Retreat*, a rejuvenating morning retreat designed for parents and caregivers. The retreat emphasised the critical importance of self-care in navigating the challenges of parenting and caregiving. Attendees participated in guided activities using a custom *Self-Discovery Workbook* and affirmation cards developed by our team. The feedback has been overwhelmingly positive, with participants expressing renewed confidence and emotional well-being. Additionally, to extend the reach of our support, we provide free access to these resources and many more, including webinars, through our online Resource Hub: [Mayah's Legacy Resource Hub](#).

Policy Advocacy

Mayah's Legacy has amplified its voice in 2024 by championing policy reforms and fostering partnerships. We actively collaborate with the East Kent NHS Trust to tackle health inequities by analysing data and integrating patient experiences into actionable change. Our work includes advocating for equitable maternity care and addressing disparities in maternal outcomes. Furthermore, we've partnered with small yet impactful charities like the Everglow Rebecca Kruza Foundation to campaign for *Rebecca's Law* in Parliament. This joint effort highlights our commitment to systemic change and amplifies our collective impact.

Resource Creation & Distribution

Mayah's Legacy continues to develop innovative resources to support perinatal mental health and well-being. In 2024, we created tools like the *Self-Discovery Workbook* and the *Mapping Your Heart and Mind* booklet. These resources are now widely used by perinatal psychologists, local support groups for new mothers, NHS Trusts, and other charitable organisations. By equipping professionals and communities with accessible, evidence-based tools, we extend our mission to empower and educate families navigating pregnancy loss and perinatal challenges. [Resources Hub | Mayah's Legacy Charity](#)

Acknowledgments

We extend our heartfelt thanks to our funders, partners, and dedicated volunteers. Your support makes it possible for Mayah's Legacy to continue transforming lives.

On behalf of the trustees, I also wish to thank our incredible team for their passion and commitment. Together, we are building a legacy of hope, resilience, and empowerment.



Receipts and payments accounts

For the period from	Period start date 01/04/2023	To	Period end date 31/03/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	201	-	-	201	87
Grants	25,499	-	-	25,499	11,200
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	25,700	-	-	25,700	11,287
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	25,700	-	-	25,700	11,287
A3 Payments					
Advertising and marketing	2,742	-	-	2,742	2,846
Accountancy fees	720	-	-	720	600
Donations	60	-	-	60	45
Consultancy services	4,251	-	-	4,251	-
Expenditure on Charitable Activities	4,520	-	-	4,520	-
General expenses	304	-	-	304	142
Insurance	129	-	-	129	129
IT Software, website and consumables	875	-	-	875	228
Renting space	182	-	-	182	-
Salaries	7,816	-	-	7,816	5,200
Training	-	-	-	-	2,334
Travel	232	-	-	232	70
Webinars for service users	2,459	-	-	2,459	2,066
Printing & stationery	-	-	-	-	186
Books and publications	-	-	-	-	80
	-	-	-	-	-
Sub total	24,290	-	-	24,290	13,926
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	24,290	-	-	24,290	13,926
Net of receipts/(payments)	1,410	-	-	1,410	- 2,639
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	1	-	-	1	2,640
Cash funds this year end	1,411	-	-	1,411	1

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at the bank	1,411	-	-
		-	-	-
		-	-	-
	Total cash funds	1,411	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"><i>T.O. Ajisefinni</i></div> <div style="border: 1px solid black; padding: 5px;"><i>S.U. Williams</i></div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;">Taiwo Ajisefinni</div> <div style="border: 1px solid black; padding: 5px;">Shillah Williams</div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;">23/01/2025</div> <div style="border: 1px solid black; padding: 5px;">23/01/2025</div>

MAYAH'S LEGACY CIO

Charity Information for the year ended 31st March 2024

Charity number: **1188980**

Trustees

Taiwo Ajisefinni
Shillah Williams
Abdullateef Lawal

Chair
Vice Chair

Registered office

34 St Peters Grove
Canterbury
CT1 2DJ

Bankers

Barclays
8-9 Victory Parade,
London SE18 6FL



Report of the Trustees for the year ended 31 March 2024

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1. The object of the charity is, for the public benefit, to relieve the needs of parents, their families and friends, who are bereaved following the death of a baby in utero, at birth or soon after birth, by:

a) the provision of support, training and information to bereaved parents and their carers; and

b) by working collaboratively with health and social care professionals to improve and enhance professional practice with bereaved parents and promoting compassionate care.

Message from the Chair

As we reflect on another impactful year for Mayah's Legacy, I am filled with gratitude for the dedication of our team, volunteers, and supporters. This year has been one of growth, resilience, and unwavering commitment to our mission: empowering and educating those affected by pregnancy loss and perinatal mental health challenges. Together, we have made strides in promoting health equity and improving access to compassionate, person-centred care.

Our Vision

We envision a healthcare system where personalised, holistic support is at the heart of care, empowering women and families to thrive throughout their maternity and postnatal journeys.

Mission

Mayah's Legacy advocates for compassionate, safe, and equitable maternity care for all women.

Through education, policy reform, and the promotion of health equity, we are dedicated to ensuring every voice is heard, every need is addressed, and every individual is empowered in their maternity and postnatal journey

Aims

Advocate for Policy Change

Influence and shape policies to promote health equity and reduce disparities in maternity, and postnatal care.

Promote Compassionate Care

Ensure that healthcare systems prioritise person-centred, empathetic support for women and families facing perinatal mental health challenges.

Empower Families and Communities.

Provide resources, education, and support to empower women, families, and communities affected by perinatal mental health issues.

Raise Awareness

Increase public and professional awareness of the importance of safe, equitable, and supportive perinatal care.

Foster Health Equity

Work to eliminate barriers in access to high-quality care for marginalized and underserved communities, ensuring every family receives the care they deserve.

Achievements and performance

We are delighted to report that Mayah's Legacy achieved most of its objectives during its inaugural year as a CIO. This could not have been achieved without the hard work of the funders, partners, facilitators and dedicated volunteers.

The highlights of Activities are:

Empowered 4 Birth 2023 – 2024.

Baby Explorer - **Empowered 4 Birth Programme**

The Baby explorer programme, a collaboration between Mayah's Legacy and the Canterbury District Early Years Project, provides tailored support for expectant and new mothers. This initiative creates opportunities for mothers to explore their baby's developmental needs while fostering confidence and empowerment during the prenatal and postnatal journey.

Funded by a three-year National Lottery grant, the programme delivers resources and guidance designed to enhance maternal well-being and promote healthy early childhood development. By combining evidence-based approaches with community engagement, *Empowered 4 Birth* continues to make a meaningful difference in the lives of families. The direct funding has allowed us to provide a creche where parents can leave their babies during the six sessions. This gives parents peace of mind and the opportunity to focus fully on the information and discussions, relax, and contribute without distractions.

Many parents praised the quality of care their child received, noting that it was their first time leaving their child outside of family care. They found it to be a positive experience and expressed confidence in accessing future courses, knowing their child was well cared for and engaged.

How you have involved the community in the work you do

The project has ensured that the course is well advertised on our social media sites. We have informed the health visiting team, who run clinics on site, as well as the wider community team in Canterbury, Coastal, and Rural areas. They have been encouraged to refer parents to the course and provided with information leaflets to give to any parents they believe would benefit, particularly first-time mums.

Additionally, the project has facilitated the involvement of students from Canterbury College working on their Health and Social Care Level 3 qualifications. These students volunteer in our creches for the duration of the course, gaining practical, hands-on experience in a childcare setting.

The difference you're making.

Many parents attending the course are first-time parents. Through our evaluations and weekly feedback on home tasks, they have shared how they are passing on the information to others who help care for their child. They have become more aware of how brain function impacts physical and social competence. By making simple changes, such as rotating toys or letting their child have bare feet on the grass, they enhance their child's development through positive daily interactions, sensory stimulation, and alternative play ideas.

Providing a venue where parents can come together and talk to other adults while their child is cared for is a crucial part of the project. The addition of the buggy walk and talk session has given parents an opportunity to socialize, get to know the creche staff and volunteers, share practical tips, and make friends.

Two of our parents attending the Baby Explorers course also participate in an existing walking group that meets every two weeks to walk a route and enjoy lunch together. Most of the Baby Explorers group have "signed up" to join the next walk, which is a wonderful way for parents to continue being part of a community that extends beyond the boundaries of Poet Corner.

What you have learnt

From the last session, we identified a gap in practical information on weaning. While health visitors are not able to fully support parents at the 6-month stage, many parents find it challenging to transition their babies to solid foods. In response, we developed a hands-on weaning course based directly on parent feedback.

This course was very well attended. It addressed issues such as baby-led weaning, understanding portion sizes, and managing sugar content. Parents supported each other

and participated in a taste test comparing homemade food to high-end organic brands. Homemade options won overwhelmingly on taste and price, being less than half the cost for double the quantity.

We have added this weaning course to our regular schedule and informed health visitors so they can refer parents and provide updated information.

In response to parent feedback, we have also incorporated more mental health and wellbeing content into the last session. This includes a self-care toolbox, a circle of support, and celebrating small victories. We continually listen to and accommodate parent suggestions, evolving our sessions to meet their needs.

For Baby Explorers, we are now focusing on keeping core learning up to date while incorporating practical, hands-on tasks and fostering group discussions rather than relying on PowerPoint presentations.

We will continue to target parents who would benefit from Baby Explorers, maintain an interest register, and integrate relevant new information into our sessions. By continuing to fund this course, you will be helping babies grow their brains in the most effective and informative way.

Total number of attendees to Empowerment for birth programme: 34

Challenges for year –

Our main challenge this year was finding the right partnership that aligned with our project objectives. Unfortunately, our initial partners withdrew at the last minute, citing a lack of capacity to deliver the project. This led to several meetings with other organizations to find a suitable partner moving forward. We eventually identified the Canterbury & District Early Years Project, whose vision aligned perfectly with ours. They have successfully delivered the project this year.

Although 100% of our attendees were from disadvantaged communities in the Canterbury District, we noticed a lack of engagement from parents in the Black community. This issue is not unique to our project. Data from QEQM indicated that less than 5% of birthing individuals engaging with maternity services were from the Black ethnic minority community.

You Matter Retreat: Partnership with My Birth Support CIC

This year, Mayah's Legacy hosted the *You Matter Retreat*, a rejuvenating morning retreat designed for parents and caregivers. The retreat emphasised the critical importance of self-care in navigating the challenges of parenting and caregiving. Attendees participated in guided activities using a custom *Self-Discovery Workbook* and affirmation cards developed by our team. The feedback has been overwhelmingly positive, with participants expressing renewed confidence and emotional well-being. Additionally, to extend the reach of our support, we provide free access to these resources and many more, including webinars, through our online Resource Hub: [Mayah's Legacy Resource Hub](#).

Policy Advocacy

Mayah's Legacy has amplified its voice in 2024 by championing policy reforms and fostering partnerships. We actively collaborate with the East Kent NHS Trust to tackle health inequities by analysing data and integrating patient experiences into actionable change. Our work includes advocating for equitable maternity care and addressing disparities in maternal outcomes. Furthermore, we've partnered with small yet impactful charities like the Everglow Rebecca Kruza Foundation to campaign for *Rebecca's Law* in Parliament. This joint effort highlights our commitment to systemic change and amplifies our collective impact.

Resource Creation & Distribution

Mayah's Legacy continues to develop innovative resources to support perinatal mental health and well-being. In 2024, we created tools like the *Self-Discovery Workbook* and the *Mapping Your Heart and Mind* booklet. These resources are now widely used by perinatal psychologists, local support groups for new mothers, NHS Trusts, and other charitable organisations. By equipping professionals and communities with accessible, evidence-based tools, we extend our mission to empower and educate families navigating pregnancy loss and perinatal challenges. [Resources Hub | Mayah's Legacy Charity](#)

Acknowledgments

We extend our heartfelt thanks to our funders, partners, and dedicated volunteers. Your support makes it possible for Mayah's Legacy to continue transforming lives.

On behalf of the trustees, I also wish to thank our incredible team for their passion and commitment. Together, we are building a legacy of hope, resilience, and empowerment.



Receipts and payments accounts

For the period from	Period start date 01/04/2023	To	Period end date 31/03/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	201	-	-	201	87
Grants	25,499	-	-	25,499	11,200
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	25,700	-	-	25,700	11,287
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	25,700	-	-	25,700	11,287
A3 Payments					
Advertising and marketing	2,742	-	-	2,742	2,846
Accountancy fees	720	-	-	720	600
Donations	60	-	-	60	45
Consultancy services	4,251	-	-	4,251	-
Expenditure on Charitable Activities	4,520	-	-	4,520	-
General expenses	304	-	-	304	142
Insurance	129	-	-	129	129
IT Software, website and consumables	875	-	-	875	228
Renting space	182	-	-	182	-
Salaries	7,816	-	-	7,816	5,200
Training	-	-	-	-	2,334
Travel	232	-	-	232	70
Webinars for service users	2,459	-	-	2,459	2,066
Printing & stationery	-	-	-	-	186
Books and publications	-	-	-	-	80
	-	-	-	-	-
Sub total	24,290	-	-	24,290	13,926
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	24,290	-	-	24,290	13,926
Net of receipts/(payments)	1,410	-	-	1,410	- 2,639
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	1	-	-	1	2,640
Cash funds this year end	1,411	-	-	1,411	1

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at the bank	1,411	-	-
		-	-	-
		-	-	-
	Total cash funds	1,411	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"><i>T.O. Ajisefinni</i></div> <div style="border: 1px solid black; padding: 5px;"><i>S.U. Williams</i></div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;">Taiwo Ajisefinni</div> <div style="border: 1px solid black; padding: 5px;">Shillah Williams</div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;">23/01/2025</div> <div style="border: 1px solid black; padding: 5px;">23/01/2025</div>

Examiner's unqualified report

Independent Examiner's Report to the Trustees of Mayah's Legacy Charity

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2024

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Zubar Raja FCCA

Address: 21 Lancing Road, Ilford, Essex, IG2 7DR

Date: 24 January 2025

Mayah's Legacy

England & Wales - Charity number 1188980

Accounts



Trustees' Annual Report for the period

	Period start date	Period end date
From	01 April 2022	31 March 2023
To		

Section A Reference and administration details

Charity name	Mayah's Legacy	
Other names charity is known by		
Registered charity number (if any)	1188980	
Charity's principal address	2 Orient Place	
	Cantebury	
	Postcode	CT2 8AW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Morounkeji Anthonia Moses		(Resigned 26 June 2023)	
2	Taiwo Ajisefinni			
3	Shillah Williams			
4	Adeola Adesuyan		(Joined 26 June 2023)	
5				
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14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Accountant	Lancing Cotswold Limited	124 City Road, London, EC1V 2NX

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <small>(eg. trust deed, constitution)</small>	Constitution
How the charity is constituted <small>(eg. trust, association, company)</small>	CIO
Trustee selection methods <small>(eg. appointed by, elected by)</small>	Elected

Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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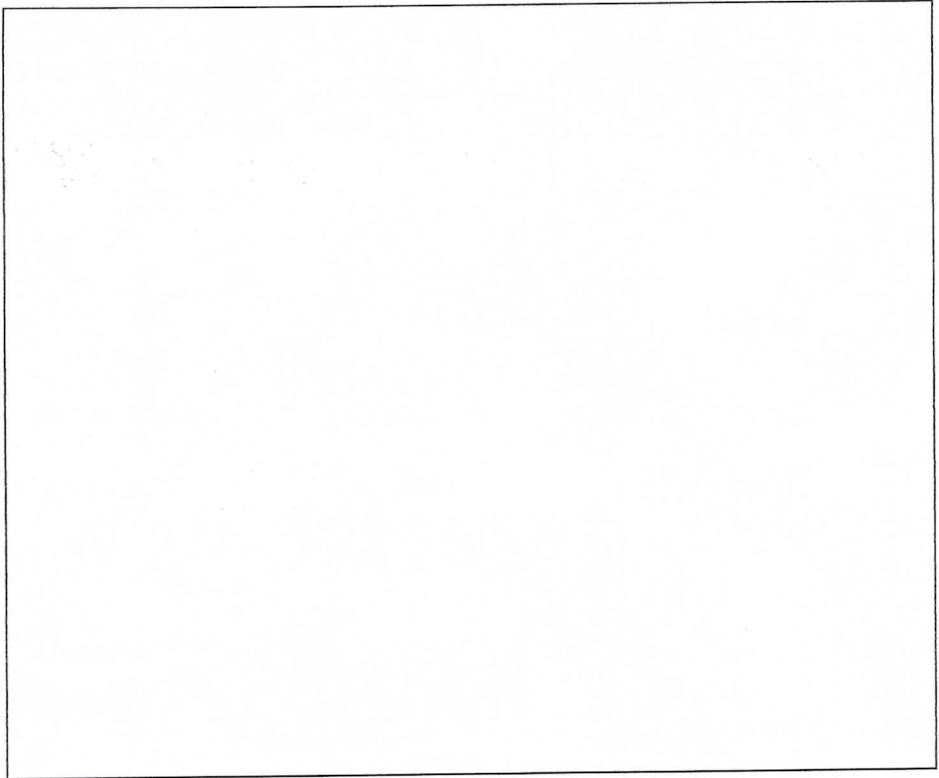
Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

THE OBJECT OF THE CHARITY IS, FOR THE PUBLIC BENEFIT, TO RELIEVE THE NEEDS OF PARENTS, THEIR FAMILIES AND FRIENDS, WHO ARE BEREAVED FOLLOWING THE DEATH OF A BABY IN UTERO, AT BIRTH OR SOON AFTER BIRTH, BY: I) THE PROVISION OF SUPPORT, TRAINING AND INFORMATION TO BEREAVED PARENTS AND THEIR CARERS; AND II) BY WORKING COLLABORATIVELY WITH HEALTH AND SOCIAL CARE PROFESSIONALS TO IMPROVE AND ENHANCE PROFESSIONAL PRACTICE WITH BEREAVED PARENTS AND PROMOTING COMPASSIONATE CARE.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



Section D

Achievements and performance

Section E**Financial review****Brief statement of the charity's policy on reserves**

The Charity reserves will be used on the charitable objects and project.

Details of any funds materially in deficit

None

Further financial review details (Optional information)You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F**Other optional information****Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Taiwo Aisefinni</i>	<i>S. U. Williams</i>
Full name(s)	TAIWO AISEFINNI	SHILLAH WILLIAMS
Position (eg Secretary, Chair, etc)	Trustee	Trustee
Date	01/10/2023	

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

- A Series of Short Webinars with National Experts
We have recorded 14 webinars, each lasting up to 30 minutes each, with professional and peer experts in the field of Coaching Clinical Psychologists. Professionals like Dr. Kara Davey, Dinma Nwobi, Caroline Purvey, Nadine Robinson, Joanne Zerdy. Using life experience and professional expertise, they encourage families to explore various aspects of self-awareness and self-advocacy. Through these sessions, families can be better equipped to make informed decisions, gaining self-knowledge and the skills to express their needs and choices.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Mayah's Legacy

No (if any)
1188980

Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	01/04/2022		31/03/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	87	-	-	87	291
Grants	11,200	-	-	11,200	3,950
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	11,287	-	-	11,287	4,241
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	11,287	-	-	11,287	4,241
A3 Payments					
Advertising and marketing	2,847	-	-	2,847	845
Accountancy fees	600	-	-	600	50
Insurance	129	-	-	129	22
Training	2,335	-	-	2,335	684
Webinars	2,066	-	-	2,066	-
Donations	45	-	-	45	-
General expenses	142	-	-	142	-
Printing & stationery	186	-	-	186	-
IT Software and consumables	228	-	-	228	-
Salaries	5,200	-	-	5,200	-
Books and publications	80	-	-	80	-
Travel	70	-	-	70	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	13,926	-	-	13,926	1,601
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	13,926	-	-	13,926	1,601
Net of receipts/(payments)	- 2,639	-	-	- 2,639	2,640
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	2,640	-	-	2,640	-
Cash funds this year end	1	-	-	1	2,640

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at the bank	1	-	-
		-	-	-
		-	-	-
	Total cash funds	1	-	-
(agree balances with receipts and payments account(s))		OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature 	Print Name SHILLAH WILLIAMS	Date of approval 01/10/23
S-U Williams	SHILLAH WILLIAMS	01/10/23

Mayah's Legacy

England & Wales - Charity number 1188980

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	April	2021		31	March	2022

Section A Reference and administration details

Charity name Mayah's Legacy

Other names charity is known by

Registered charity number (if any) 1188980

Charity's principal address 2 Orient Place

Cantebury

Postcode

CT2 8AW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Morounkeji Anthonia Moses			
2	Taiwo Ajisefinni			
3	Sama Saheed		01/04/2021 – 27/03/2022	
4	Shillah Williams		27/03/2022 – 31/03/2022	
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13				
14				
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17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Accountant	Lancing Cotswold Limited	124 City Road, London, EC1V 2NX

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Elected

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

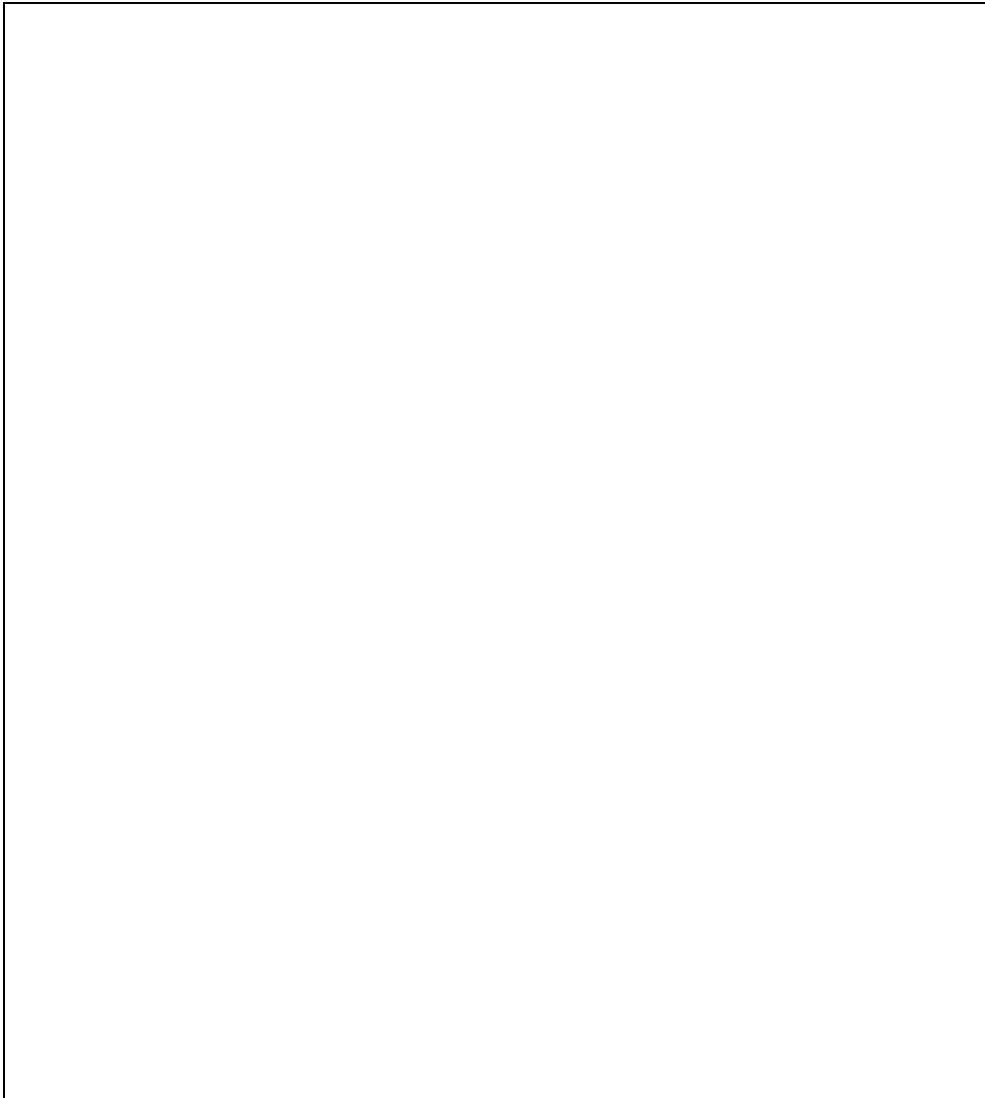
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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

THE OBJECT OF THE CIO IS: TO PRESERVE AND PROTECT THE PHYSICAL AND MENTAL HEALTH FOR THE PUBLIC BENEFIT BY PROVIDING CONFIDENTIAL EMOTIONAL SUPPORT SERVICE, TO MEN AND WOMEN WHO HAVE FEELINGS OF GRIEF AND GOING THROUGH THE GRIEF PROCESS DUE TO THE LOSS OF PREGNANCY.

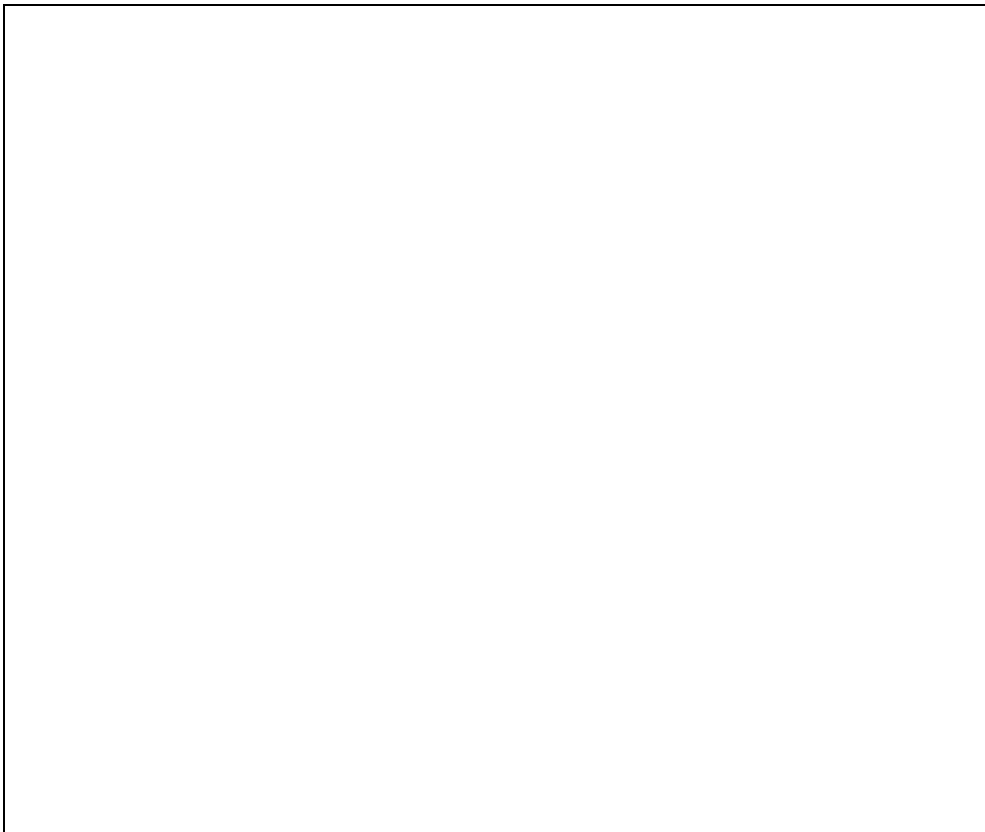
Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)



Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



Summary of the main achievements of the charity during the year

We created a community of professionals and collaborators who facilitated our online webinars. Through our webinars we educated the public about self-advocacy, emotional impact of pregnancy loss on the family, empowerment tools to help families speak up and participate fully in decision-making about their health and treatment around baby loss, by ensuring that their decision and voice are honoured .

We created and produced over 150 printed copies of Self advocacy tool kit. These publications are available free to download online, and printed copies were distributed to families who experienced pregnancy at the annual bereavement day at Queen Elizabeth, Queen Mothers Hospital, Margate. Further copies were distributed to various organisations supporting those impacted by pregnancy loss, including the Fertility Support Awareness and Aid Initiative.

We have created 8 webinars focused on self-advocacy, self-awareness, with 8 professionals and experts . In addition, we've had the opportunity to raise awareness through podcast interviews, awareness campaign, partnerships, steering groups, engagement committees and empowering articles. We have utilised our social media to raise further awareness across, facebook, website, twitter, youtube, Instagram and tiktok. We over 2000 views across our social media platform.

Section E

Financial review

Brief statement of the charity's policy on reserves

The Charity reserves will be used on the charitable objects and project. Funds to allow for unforeseen emergencies or other unexpected needs. Unforeseen day to day operational costs.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<u>T. Ajisefinni</u>	<u>K. Moses</u>
Full name(s)	Taiwo Ajisefinni	Morounkeji Moses
Position (eg Secretary, Chair, etc)	Trustee	Trustee
Date	30/12/2022	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Mayah's Legacy

No (if any)
1188980

Receipts and payments accounts

CC16a

For the period from 01/04/2021 To 31/03/2022

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	291	-	-	291	-
Grants	3,950	-	-	3,950	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	4,241	-	-	4,241	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	4,241	-	-	4,241	-
A3 Payments					
Advertising and marketing	845	-	-	845	-
Accountancy fees	50	-	-	50	-
Insurance	22	-	-	22	-
Training	685	-	-	685	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	1,601	-	-	1,601	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	1,601	-	-	1,601	-
Net of receipts/(payments)	2,640	-	-	2,640	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	2,640	-	-	2,640	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at the bank	2,640	-	-
		-	-	-
		-	-	-
	Total cash funds	2,640	-	-
(agree balances with receipts and payments account(s))				



Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
 <small>K. Moses (Dec 30, 2022 13:44 GMT)</small>	Morounkeji Anthonia Moses	30/12/2022
 <small>K. Moses (Dec 30, 2022 13:44 GMT)</small>		

Mayah's Legacy

England & Wales - Charity number 1188980

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	08	April	2020		31	March	2021

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Morounkeji Anthonia Moses			
2	Taiwo Ajisefinni			
3	Sama Saheed			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Accountant	Lancing Cotswold Limited	Kemp House 152 - 160 City Road London EC1V 2NX

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <small>(eg. trust deed, constitution)</small>	Constitution
How the charity is constituted <small>(eg. trust, association, company)</small>	CIO
Trustee selection methods <small>(eg. appointed by, elected by)</small>	Elected

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

TO PRESERVE AND PROTECT THE PHYSICAL AND MENTAL HEALTH FOR THE PUBLIC BENEFIT BY PROVIDING CONFIDENTIAL EMOTIONAL SUPPORT SERVICE, TO MEN AND WOMEN WHO HAVE FEELINGS OF GRIEF AND GOING THROUGH THE GRIEF PROCESS DUE TO THE LOSS OF PREGNANCY.

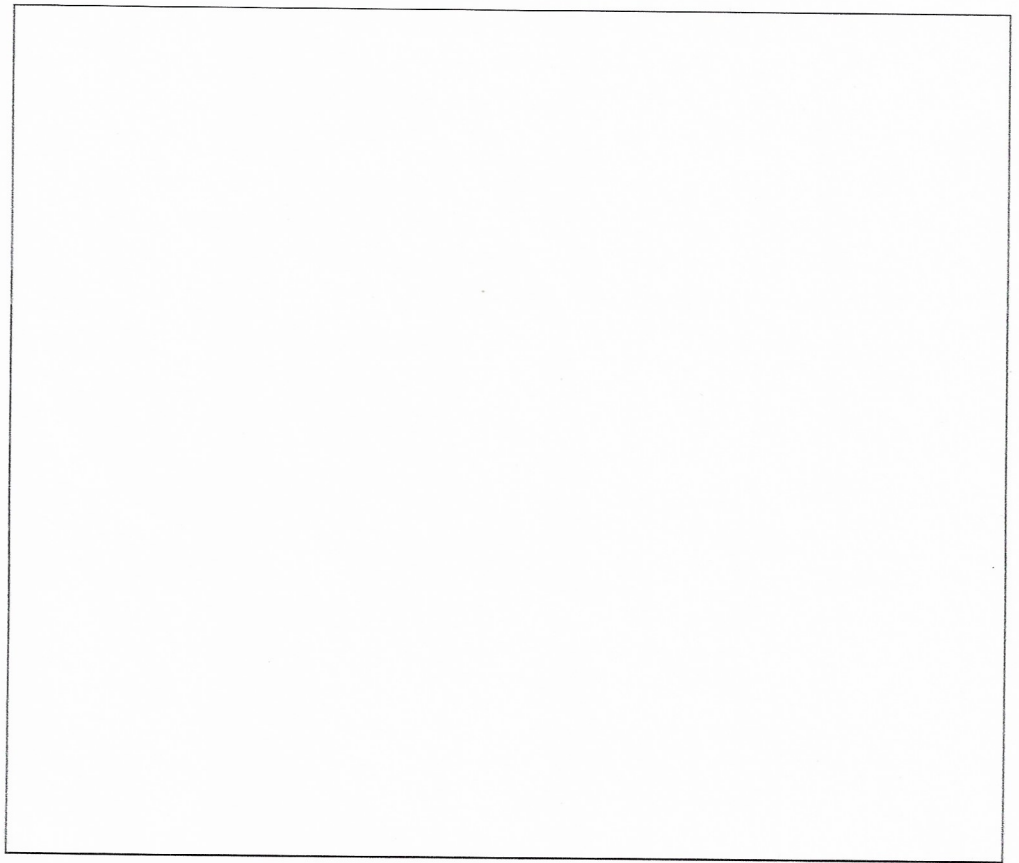
There was no activity in the reporting period due to covid

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



Section D

Achievements and performance

Summary of the main achievements of the charity during the year

There was no activity in the reporting period due to covid

Section E

Financial review

Brief statement of the charity's policy on reserves

This will be developed next year when income/expenses are expected to be incurred

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

The Charity was dormant in the reporting period and had NIL income and NIL expenses

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Morounkeji Antonia Moses

Full name(s)

Morounkeji Antonia Moses

Position (eg Secretary, Chair, etc)

Chair

Date

24/2/2022



CHARITY COMMISSION
FOR ENGLAND AND WALES

Mayah's Legacy

1188980

Receipts and payments accounts

CC16a

For the period from	Period start date 08/04/2020	To	Period end date 31/03/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	-	-	-	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	-	-	-	-
A3 Payments					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	-	-	-	-
Net of receipts/(payments)	-	-	-	-	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	-	-	-	-	-

Section B Statement of assets and liabilities at the end of the period

Category	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds <small>(agree balances with receipts and payments account(s))</small>	-	-	-

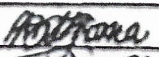
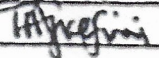
Category	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Category	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-

Category	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Category	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	MARENKEFI A. MOSES	24/2/2022
	TAINO ATSEFINNI	25/2/2022