

Charity number: 1188977

Open Arms East Devon
Report of the Trustees and Unaudited Financial Statements
For the year ended 30 April 2022

**Open Arms East Devon
Report of the Trustees
For the year ended 30 April 2022
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**Open Arms East Devon
Report of the Trustees
For the year ended 30 April 2022**

The Trustees have pleasure in presenting their report and the financial statements for the charity for the year ended 30 April 2022.

REFERENCE AND ADMINISTRATIVE INFORMATION

Charity registration number	1188977
Principal address	1 Westcott Way Honiton Devon EX14 1JE
Trustees	Mr G Wakeham Mrs S Edwards Mr H Brown Mr M Jones Mr D Barrow
Independant examiners	Simon A Martin Accountants Wessex House, 66 High Street Honiton Devon EX14 1PD

RESPONSIBILITIES OF THE TRUSTEES

The Trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The Trustees are required to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommend practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that this basis applies.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Governing document

Open Arms East Devon is constituted as a Charitable Incorporated Organisation (CIO) whose only voting members are its trustees. The constitution was last amended on 20 February 2020 and the organisation was registered with the Charity Commission on 8 April 2020.

Organisational structure

The charity trustees are responsible for the general control and management of the charity. The trustees give their time freely and receive no remuneration or other financial incentives.

The trustees meet regularly during the year, at least on three occasions, but more often as the needs of the charity demand. An Annual General Meeting is also held with anyone welcome.

Open Arms East Devon
Report of the Trustees Continued
For the year ended 30 April 2022

Recruitment and appointment of trustees

The existing trustees are responsible for the recruitment of new trustees from within the local community. In doing so the trustees believe that any new trustees are respected members of the local community and that good relations are maintained with the local communities that the charity seeks to serve.

In selecting new trustees, potential trustees are invited to attend trustees meetings as observers and are given more details of the charity's aims and activities and, if all agree, then they are proposed as new trustees at the subsequent trustees meeting. This process allows due consideration of the persons eligibility, personal competence, specialist knowledge and skills.

Risk Management

Disclosure and Barring Service checks are carried out on individuals who work with children and other vulnerable groups within the organisation.

In the next year the trustees plan to regularly assess the risks the charity faces through its regular activities and hopes to put a risk register together.

Objectives and activities

Our aims

The objects of the charity are set out in the charity's constitution and are summarised as follows:

- To relieve the needs of adults experiencing mental health difficulties by providing
- Peer group support
- Experiences to improve wellbeing and increase confidence.

Our activities this year

We help adults experiencing mental health difficulties by providing peer group support, activities and experiences to improve wellbeing and increase confidence.

Getting back together

At the beginning our financial year, Covid restrictions meant that we were still not able to meet in person indoors. Garry continued to keep in contact with members on an individual basis and provide support when needed. Even when restrictions were lifted our normal meeting place, Dunning Court Community Centre in Honiton, was not open for much of the year. When the regulations allowed we started meeting outside for coffee and cake in the garden of the Boston Tea Party café in July and August. Actually seeing other for a chat was a real relief after so many months.

Our new website

During this time we were also busy working our new website which went live on 29 June 2021. The website address is <https://openarmseastdevon.org.uk> and was made possible by funding from the government's Coronavirus Community Support Fund.

A new home

The group started meeting in person in October 2021 using Dunning Court Community Centre on Tuesdays and the newly refurbished CUB (Community Use Building) on Fridays. In January 2022 we moved both sessions to the CUB building and now meet there from 12.00 – 4.00 pm on Tuesdays and 10:30 am – 4.00 pm on Fridays. We had a short break after Christmas to safeguard members when the Covid rate of infection was very high.

We are grateful to Mike Jones and the trustees of the CUB building for all their hard work in opening the facility. The CUB building offers more space so we could accommodate larger numbers of members and more options for activities. There is a large kitchen area where the group can cook and eat together or hold cooking demonstrations. It also has the advantage of some outside space – an adjacent area of ground available for use by the groups using the building.

Using the CUB does present some financial challenges as we have to pay rent and achieve a higher annual income than we have previously. A grant from the National Lottery Community Fund has assured our rent for the first year, providing some breathing space to raise funds for future years. This grant also funded some of our trips out (see below).

Open Arms East Devon

Report of the Trustees Continued

For the year ended 30 April 2022

Art and craft activities

We have undertaken a variety of art and craft projects since the autumn. Our focus this year has been on connecting to nature.

Led by Hayley Watson, a community artist, we made artificial flowers both for Mother's Day and as part of a new large display of artwork. This included handmade butterflies onto which personal memorials were attached. We also made Christmas wreaths and have done clay modelling.

These activities were made possible by support from Devon Community Foundation and Devon County Council's Reconnect, Rebuild, Recover Fund and for which we are very grateful. This also enabled us to buy the equipment we needed for the move to the CUB building and to update our leaflets and promotional materials so that we can ensure that more people know about our services and how to find us.

Cooking – the group have made and eaten together breakfasts, pancakes on Shrove Tuesday and apple crumble. We have bought a toaster and enjoyed hot Cross buns and crumpets.

A Christmas lunch was cooked on site by Garry's family and enjoyed by many members.

IT and computer familiarisation – Garry has produced a training book to convey basic IT skills to members who are new to IT. Each person will have their own folder so that they can work at their own pace. Training is incorporated into normal sessions on an individual basis. We have laptops and tablets available for members to use – we are grateful to Honiton Town Council for their support of this initiative.

Outside – we made bird boxes which have been installed in the wooded area at the CUB building and made use of straight away by a family of great tits.

Trips out

With help from TRIP, Honiton we also enjoyed some trips out during July and August, going out for lunch at the Keepers Cottage in Kentisbeare, visiting Seaton Wetlands and enjoying fish and chips at Sidmouth. We also enjoyed a trip on the tram from Seaton to Colyton with a bird expert on board.

We visited Otter Nurseries in November for a spot of Christmas shopping and lunch and in December we visited the Otter Sanctuary and Butterfly Farm at Buckfastleigh.

Co-op Good Cause

We were fortunate to have been named as one of the Co-op's good causes for the year. The more people who name Open Arms East Devon as their chosen cause, the more money we will receive.

Our impact

We have had new members join us this year and members new and old continue to tell us that attending sessions at Open Arms East Devon makes a real difference to their confidence and wellbeing.

Thank you!

We are so grateful to our many friends, supporters and funders for helping us and making our work possible. These include:
include:

Devon County Council	East Devon District Council
Honiton Town Council	Devon Community Foundation
The Neighbourly Fund	The National Lottery Community Fund
Honiton Health Matters	The trustees of the CUB building
Hayley Watson of the Little Secret Craft and Design Studio	The Thelma Hulbert Gallery
Phil Twiss, Devon County Councillor	Vernon Barrow Ltd.
Project Food	Honiton Carers
Nicola and staff at Seaton Tramway	FareShare
Sharon Thorne and TRIP	Gary McGoughlin and the Co-op, Honiton
Violet Bonetta, Co-op Member Pioneer	Penny, Di and John Hartnell
Our trustees – Dean Barrow, Henry Brown, Sue Edwards, Mike Jones and Garry Wakeham	

Approved by the trustees and signed on their behalf by:

Trustee

Date

16 February 2023

**Open Arms East Devon
Independent Examiners Report to the Trustees
For the year ended 30 April 2022**

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 145 of the Charities Act 2011) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act 2011;
- follow the procedures laid down in the General Directions given by the Charity Commissioner under section 145 (5) (b) of the Act; and
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison on the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you the trustees concerning any matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material aspect, the requirements;
 - a) to keep accounting records in accordance with section 130 of the Act: and
 - b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Mr D Barrow
Simon A Martin Accountants
Wessex House, 66 High Street
Honiton
Devon
EX14 1PD**

Date 16 February 2023

**Open Arms East Devon
Receipts and Payments Account**

For the year ended 30 April 2022

	Note	Restricted Funds	Unrestricted Funds	Total Funds 2022	Total Funds 2021
Receipts		£	£	£	£
Grants and Donations		16,651	777	17,428	9,848
Events					
Refreshments					
Total Receipts		<u>16,651</u>	<u>777</u>	<u>17,428</u>	<u>9,848</u>
PAYMENTS					
Activity Costs		2,704	1,510	4,214	3,426
Refreshments					0
Office Expenses		1,796	206	2,002	1,074
Insurance			212	212	212
Equipment Purchased		2,003	131	2,134	1,908
Sundry Expenses			0	0	49
		<u>6,503</u>	<u>2,059</u>	<u>8,562</u>	<u>6,669</u>
NET RECEIPTS/(PAYMENTS)		<u>10,148</u>	<u>-1,282</u>	<u>8,866</u>	<u>3,179</u>
BALANCES AT 01/05/2021		<u></u>	<u>5,264</u>	<u>5,264</u>	<u>2,085</u>
BALANCES AT 30/04/2022		<u>10,148</u>	<u>3,982</u>	<u>14,130</u>	<u>5,264</u>

Open Arms East Devon
Statement of Assets and Liabilities
For the year ended 30 April 2022

	Restricted Funds	Unrestricted Funds	Total Funds 2022	Total Funds 2021
	£	£	£	£
CASH FUNDS				
Bank Current Account	10,148	3,838	13,986	4,635
Petty Cash	0	144	144	629
Total Cash Funds	10,148	3,982	14,130	5,264

LIABILITIES

Accrued Expenses

	0	0	0
TOTAL LIABILITIES	0	0	0

Assets Retained for own use

The charity holds musical equipment, computer and office equipment.

Trustee

Date 16 February 2023

Open Arms East Devon
Notes to the Financial Statements
For the year ended 30 April 2022

1. Accounting Policies

Accounting convention

The financial statements are prepared under the receipts and payments basis and comply with the Charities Act 2011. In preparing the financial statements the charity follows best practice as laid down in the Statement of Recommended Practice 2005 and the 2008 regulations.

2. Trustee remuneration and expenses

Trustees could claim any out of pocket expenses but noone have done so in the year. None of the trustees are paid for their time.

3. Restricted funds

Restricted funds refer to grants received for a particular purpose.