

OPEN ARMS EAST DEVON

England & Wales · Charity number 1188977

Details

Status Registered

Legal form CIO

Registered 2020-04-08

Register [View on the Charity Commission register](#)

Contact

Address 1 Westcott Way
Honiton
Devon
EX14 1JE

Phone 07716519608

Email openarmseastdevon@gmail.com

Website <https://openarmseastdevon.org.uk>

Activities

Objects: TO RELIEVE THE NEEDS OF ADULTS EXPERIENCING MENTAL HEALTH DIFFICULTIES BY PROVIDING PEER GROUP SUPPORT TO ENCOURAGE SOCIAL INTERACTION AND BY PROVIDING ACTIVITIES AND EXPERIENCES TO IMPROVE WELLBEING AND INCREASE CONFIDENCE.

Activities: We help adults experiencing mental health difficulties by providing peer group support, encouraging social interaction and providing activities and experiences to improve wellbeing and increase confidence. We hold two friendly and inclusive sessions each week in Honiton where you can drop in, be with others and join in activities if you wish. Sessions are free. Phone support is also available.

Classification

- **How:** Provides Services
- **What:** Disability
- **Who:** Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- Devon

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-30	£7,138	£15,472	-	-
2024-04-30	£14,038	£12,623	-	-
2023-04-30	£18,739	£13,641	-	-
2022-04-30	£17,428	£8,562	-	-
2021-04-30	£9,705	£7,138	-	-

Trustees

Name	Role	Appointed
GARRY WAKEHAM	Chair	2018-04-28
DEAN BARROW		2019-10-17
David Staff		2024-03-28
HENRY BROWN		2018-04-28
Susan Edwards		2019-08-22

OPEN ARMS EAST DEVON

England & Wales - Charity number 1188977

Accounts

Open Arms East Devon
Report of the Trustees and Unaudited Financial Statements
For the year ended 30 April 2025

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**Open Arms East Devon
Report of the Trustees
For the year ended 30 April 2025**

The Trustees have pleasure in presenting their report and the financial statements for the charity for the year ended 30 April 2025.

REFERENCE AND ADMINISTRATIVE INFORMATION

Charity registration number	1188977
Principal address	1 Westcott Way Honiton Devon EX14 1JE
Trustees	Mr G Wakeham Mrs S Edwards Mr H Brown Mr D Barrow Mrs S Tucker Mr D Staff
Independent examiners	Simon A Martin Accountants Wessex House, 66 High Street Honiton Devon EX14 1PD

RESPONSIBILITIES OF THE TRUSTEES

The Trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The Trustees are required to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommend practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that this basis applies.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Open Arms East Devon
Report of the Trustees Continued
For the year ended 30 April 2025

Governing document

Open Arms East Devon is constituted as a Charitable Incorporated Organisation (CIO) whose only voting members are its trustees. The constitution was last amended on 20 February 2020 and the organisation was registered with the Charity Commission on 8 April 2020.

Organisational structure

The charity trustees are responsible for the general control and management of the charity. The trustees give their time freely and receive no remuneration or other financial incentives.

The trustees meet regularly during the year, at least on three occasions, but more often as the needs of the charity demand. An Annual General Meeting is also held with anyone welcome.

Recruitment and appointment of trustees

The existing trustees are responsible for the recruitment of new trustees from within the local community. In doing so the trustees believe that any new trustees are respected members of the local community and that good relations are maintained with the local communities that the charity seeks to serve.

In selecting new trustees, potential trustees are invited to attend trustees meetings as observers and are given more details of the charity's aims and activities and, if all agree, then they are proposed as new trustees at the subsequent trustees meeting. This process allows due consideration of the persons eligibility, personal competence, specialist knowledge and skills.

Risk Management

Disclosure and Barring Service checks are carried out on individuals who work with children and other vulnerable groups within the organisation.

In the next year the trustees plan to regularly assess the risks the charity faces through its regular activities and hopes to put a risk register together.

Objectives and activities

Our Purpose

We support adults experiencing mental health challenges by offering peer group support, engaging activities and positive experiences designed to improve wellbeing and build confidence

Activities

We have continued to deliver two weekly sessions, open to all members and held at the Mackarness Hall on Honiton High Street. These sessions offer a safe, welcoming environment where support and advice are always available. We continue to offer a free counselling service to those in need.

Throughout the year, our members have taken part in a wide range of creative and therapeutic activities, including paint pouring, jewellery making, tie-dye, decorating canvas bags, working with resin moulds and cookery sessions (held weekly on Tuesdays).

Outings

This year, we organised several group outings aimed at enjoyment, social connection, and personal growth. These experiences have helped members broaden their horizons and build confidence in new settings.

Places visited include:

The Donkey Sanctuary, Sidmouth
Shaldon Beach
A boat trip on the river Exe
Sidmouth
Trago Mills
Otter Nurseries

We also celebrated the festive season with a Christmas lunch at the Otter Inn on Friday 15th December.

Governance

Our board of Trustees meets regularly to oversee our operations, ensuring that our activities align with our mission and are delivered effectively and safely.

Open Arms East Devon
Report of the Trustees Continued
For the year ended 30 April 2025

Objectives and activities continued

Community Engagement

We have actively participated in community meetings and local events throughout the year. These efforts help raise awareness of our work and foster valuable partnerships with local organisations and services.

A key event was our Open Day at the Mackerness Hall on Tuesday 4th June. The event was a great success, designed to showcase our activities and raise awareness of the support we provide. It helped us make a stronger connection with the wider community and also raised over £500 through the sale of handmade crafts, donated goods and refreshments.

Our Impact

We have welcomed several new members this year, and both long-standing and new participants continue to share how much Open Arms East Devon has helped improve their confidence and overall wellbeing. The continued growth in membership and positive feedback highlights the importance of our service.

Funding and Support

Our work is only possible thanks to the generous support of individuals and organisations. As a free-to-access service, we rely entirely on fundraising and donations to continue our work.

We are deeply grateful for the following contributions received this year:

£2,530 from Honiton Town Council through their annual grant scheme

£2,000 from South West Community Matters

£1,600 from Honiton Town Council to support session leader provision

£500 interim payment from the Co-op Local Community Fund

£250 from Co-op in Honiton

£200 from the Lions Club of Honiton

£100 Buckerell Parich Council

£292 from the family of the late Mr Sweetland in his memory

A number of private donations

Looking Ahead

As we continue to grow, we remain committed to offering a safe, inclusive, and empowering space for adults facing mental health challenges. With ongoing community support, we aim to reach even more people and expand the services we offer.

Thank you!

We are so grateful to our many friends, supporters and funders for helping us and making our work possible.

These include:

Devon County Council

East Devon District Council

Honiton Town Council

Penny, Di and John Hartnell

The staff and volunteers at St Paul's Church

Nicky Salter, Counsellor

Hayley Watson of the Little Secret Craft and Design Studio

Our Trustees - Dean Barrow, Henry Brown, Sue Edwards, Susan Tucker, David Staff and Garry Wakeham

Simon A Martin Accountants

Honiton Carers

The National Lottery Community Fund

Devon Community Foundation

Gary McGoughlin and the Co-op, Honiton

The Lions Club of Honiton

A special thanks go to Garry Wakeham, our founder and Chair, who works tirelessly on a purely voluntary basis to help others.

Approved by the trustees and signed on their behalf by:

Trustee

Date

**Open Arms East Devon
Independent Examiners Report to the Trustees
For the year ended 30 April 2025**

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 145 of the Charities Act 2011) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act 2011;
- follow the procedures laid down in the General Directions given by the Charity Commissioner under section 145 (5) (b) of the Act; and
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison on the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you the trustees concerning any matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material aspect, the requirements;
 - a) to keep accounting records in accordance with section 130 of the Act: and
 - b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Mr D Barrow
Simon A Martin Accountants
Wessex House, 66 High Street
Honiton
Devon
EX14 1PD**

Date

**Open Arms East Devon
Receipts and Payments Account**

For the year ended 30 April 2025

	Note	Restricted Funds	Total Funds 2025	Total Funds 2024
Receipts		£	£	£
Grants and Donations		5,030	7,138	14,038
Events				
Refreshments				
Total Receipts		<u>5,030</u>	<u>7,138</u>	<u>14,038</u>
 PAYMENTS				
Activity and Refreshment Costs		8,656	8,954	7,473
Office Expenses			878	1,354
Insurance				
Equipment Purchased			1,748	974
Rent		4,049	4,049	2,822
		<u>12,705</u>	<u>15,629</u>	<u>12,623</u>
 NET RECEIPTS/(PAYMENTS)		<u>-7,675</u>	<u>-8,491</u>	<u>1,415</u>
 BALANCES AT 01/05/2024		<u>8,928</u>	<u>20,643</u>	<u>20,643</u>
 BALANCES AT 30/04/2025		<u>1,253</u>	<u>12,152</u>	

Open Arms East Devon
Statement of Assets and Liabilities
For the year ended 30 April 2025

	Restricted Funds	Total Funds 2025	Total Funds 2024
CASH FUNDS	£	£	£
Bank Current Account	1,253	12,152	20,485
Petty Cash			158
Total Cash Funds	1,253	12,152	20,643
 LIABILITIES			
Accrued Expenses			
	0	0	0
TOTAL LIABILITIES	0	0	30

Assets Retained for own use

The charity holds musical, kitchen, computer and office equipment.

Trustee

Date

Open Arms East Devon
Notes to the Financial Statements
For the year ended 30 April 2025

1. Accounting Policies

Accounting convention

The financial statements are prepared under the receipts and payments basis and comply with the Charities Act 2011. In preparing the financial statements the charity follows best practice as laid down in the Statement of Recommended Practice 2005 and the 2008 regulations.

2. Trustee remuneration and expenses

Trustees could claim any out of pocket expenses but no one has done so in the year. None of the trustees are paid for their time.

3. Restricted funds

There are restricted funds at the end of the year. These will be used for hall hire and staff for activities.

OPEN ARMS EAST DEVON

England & Wales - Charity number 1188977

Accounts

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Open Arms East Devon
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Risk Management

Disclosure and Barring Service checks are carried out on individuals who work with children and other vulnerable groups within the organisation.

In the next year the trustees plan to regularly assess the risks the charity faces through its regular activities and hopes to put a risk register together.

Objectives and activities

Our Purpose

We help adults experiencing mental health difficulties by providing peer group support, activities and experiences to improve wellbeing and increase confidence

Activities

We have continued to regularly provide two sessions per week which are open for all members to attend as they wish. Support and advice is always available and we also provide a free counselling service. Thanks to the grant received from Honiton Town Council last year we are able to engage an experienced session leader for 10 sessions to increase the range of activities offered and provide support for Garry.

We have provided a range of activities including paint pouring, jewellery making, tie-dying and pottery. We have also decorated canvas bags, worked with resin moulds and continued with cookery at the Tuesday sessions. Many of our sessions have been led by community artist, Hayley Watson. Trustees would like to congratulate Hayley on her award of a BEM in the New Years Honours List.

On International Women's Day the group was assisted by our local Co-op member pioneer to make bunting decorated with quotes by inspirational women which was displayed in the Co-op store in Honiton.

Venue

For most of this year the group met in the Community Use Building (CUB) in Honiton. We made alternative arrangements for a period of time in the summer holidays to allow the hall to be used for the provision of lunches for school children. We held some sessions in the portakabin on site and also arranged additional trips out during this period.

Unfortunately the CUB building was badly flooded in late September. The CUB trustees had to undertake an enormous amount of work to bring the building back into use and we resumed meeting there in late November. During this time we met locally, for coffee and lunch.

In early 2024 we received an offer to hold our sessions in the Mackarness Hall in High Street, Honiton. The main reason for considering a move was its central location in Honiton. This means that it is much more accessible to people in the community as it is close to public car parks and public transport. The hall is available for two full days on Tuesdays and Fridays, allowing a return to a full day session on Tuesdays.

The move went well in early April 2024 and the sessions have been successful.

Open Arms East Devon
Report of the Trustees Continued
For the year ended 30 April 2024

Objectives and activities continued

Outings

Members have also benefitted from visiting different locations this year – not just for the enjoyment of the day but also to expand their horizons and grow in confidence.

We visited:

The Donkey Sanctuary at Sidmouth
Bicton Gardens
Shaldon Zoo and beach
Sidmouth

Exmouth World of Country Life
Trago Mills
Otter Nurseries

We held our Christmas Lunch at the Otter Inn on Friday 15th December.

Governance

In March 2024 one of our longest standing trustees, Michael Jones, tendered his resignation from the Board of Trustees to concentrate on his other commitments. He had been an advocate for, and trustee of Open Arms East Devon since its inception in 2017 and the group is enormously grateful to him for his longstanding and continuous support.

Also in March we were delighted to welcome two new trustees, Susan Tucker and David Staff, both of whom have significant relevant experience.

Work with the community

Throughout the year we have attended a number of meetings and events to raise awareness of our work and to forge links with other community organisations.

Our impact

We have had new members join us this year and members new and old continue to tell us that attending sessions at Open Arms East Devon makes a real difference to their confidence and wellbeing.

Funding

We are so grateful to the individuals and organisations who contribute funding that makes our work possible. They include:

- Caroline Kolek for her donation of £490 following her successful ultramarathon run.
- The family of the late Mrs Maureen Sweetland for a donation of £340 in her memory.
- The members of the P & S Bingo club based at Honiton Conservative Club for their donation of £560.
- An anonymous donor for a donation of £150 in memory of her grandmother who lived with mental health difficulties.
- Honiton Town Council from whom we have received a grant for £1600 to provide support for Garry in the form of session leaders.
- Buckereil Community Association who made a donation of £512 from the proceeds of their Christmas Fayre
- Tesco Blue Token scheme – we received £1000 having been selected as one of the three good causes in the Axminster store
- Honiton Lions for their donation of £250.
- The National Lottery Community Fund for their grant of £7928

Thank you.

We are so grateful to our many friends, supporters and funders for helping us and making our work possible. These include:

Devon County Council
East Devon District Council
Honiton Town Council
Penny, Di and John Hartnell
Honiton Health Matters
The Trustees of the CUB building
Phil Twiss, Devon County Councillor
Hayley Watson of the Little Secret Craft and Design Studio

Simon A Martin Accountants
Honiton Carers
The National Lottery Community Fund
Devon Community Foundation
Gary McGoughlin and the Co-op, Honiton
The staff and volunteers at St Paul's Church

Our Trustees - Dean Barrow, Henry Brown, Sue Edwards, Mike Jones, Susan Tucker, David Staff and Garry Wakeham

Special thanks go to Garry Wakeham, our founder and Chair, who works tirelessly on a purely voluntary basis to help others and to Nicky Salter who also gives her time to support the individuals in the group.

Approved by the trustees and signed on their behalf by:

Trustee

Date

Open Arms East Devon
Independent Examiners Report to the Trustees
For the year ended 30 April 2024

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 145 of the Charities Act 2011) and that an independent examination is needed.

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Basis of Independent Examiner's Report

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 - b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mr D Barrow
Simon A Martin Accountants
Wessex House, 66 High Street
Honiton
Devon
EX14 1PD

Date

**Open Arms East Devon
Receipts and Payments Account**

For the year ended 30 April 2024

	Note	Restricted Funds	Total Funds 2024	Total Funds 2023
Receipts		£	£	£
Grants and Donations		8,928	14,038	18,238
Events				
Refreshments				501
Total Receipts		<u>8,928</u>	<u>14,038</u>	<u>18,739</u>
 PAYMENTS				
Activity and Refreshment Costs		2,243	7,473	7,709
Office Expenses		387	1,354	970
Insurance				212
Equipment Purchased		25	974	265
Rent		2,822	2,822	4,485
		<u>5,477</u>	<u>12,623</u>	<u>13,641</u>
 NET RECEIPTS/(PAYMENTS)		<u>3,451</u>	<u>1,415</u>	<u>5,098</u>
 BALANCES AT 01/05/2023		<u>5,477</u>	<u>19,228</u>	<u>19,228</u>
 BALANCES AT 30/04/2024		<u>8,928</u>	<u>20,643</u>	

Open Arms East Devon

Statement of Assets and Liabilities

For the year ended 30 April 2024

	Restricted Funds	Total Funds 2024	Total Funds 2023
CASH FUNDS	£	£	£
Bank Current Account	8,928	20,485	19,258
Petty Cash		158	
Total Cash Funds	<u><u>8,928</u></u>	<u><u>20,643</u></u>	<u><u>19,258</u></u>
LIABILITIES			
Accrued Expenses			
	0	0	30
TOTAL LIABILITIES	<u><u>0</u></u>	<u><u>0</u></u>	<u><u>30</u></u>

Assets Retained for own use

The charity holds musical, kitchen, computer and office equipment.

Trustee

Date

Open Arms East Devon
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Accounting convention

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Risk Management

Disclosure and Barring Service checks are carried out on individuals who work with children and other vulnerable groups within the organisation.

In the next year the trustees plan to regularly assess the risks the charity faces through its regular activities and hopes to put a risk register together.

Objectives and activities

Our activities this year

We have had a busy and successful year filled with activities, social events and trips out.

Outings

Making the link between nature and wellbeing, in May we visited Seaton Wetlands, undertook sun photography, using local plants and watched the birdlife. We also took a trip to Sidmouth for sightseeing and then had fish and chips.

June found us on Seaton Tramway, with a stop at the new halt for some birdwatching and later in the month we visited Bicton Gardens. Exmouth World of Country Life was our destination in July with close encounters with birds of prey, lots of other animals and a tractor ride

In September we enjoyed the butterflies and otters at Buckfaleigh Butterfly Farm and in December did some Christmas shopping in Trago Mills. We had a lovely Christmas lunch at the Otter Inn and in March we took a boat trip up the river Exe. This was a first for some of our members and was greatly enjoyed by everyone (including the fish and chips on dry land).

During the year we also enjoyed many trips to the Boston Tea Party.

Craft and outdoor activities

We have continued to meet regularly at the Community Use Building in Honiton. This provides plenty of space for both inside and outdoor activities. We run two open sessions per week, on Tuesday from 12.00 - 4.00 pm and on Fridays 10.30 am - 4.00 pm. Members have undertaken a variety of arts and craft activities including making Christmas cards, printing tote bags, and leaf printing on canvas (using leaves and other material from the woodland area), jewellery making and making snowglobes for Christmas. Many of our activities are led by Hayley Watson, a community artist.

Outside, the use of the woodland area has allowed us to do some gardening, growing fruit and vegetables, including green beans, lettuce, poppies and sweet peas. We have also used the wood in woodcraft projects.

We also cook and eat together at our sessions in the CUB Building.

Counselling Service

We are greatly indebted to Nicky Salter who provides a counselling service for members on a voluntary basis.

Open Arms East Devon
Report of the Trustees Continued
For the year ended 30 April 2023

Objectives and activities continued

Our Impact

We provide a mix of meeting together in familiar surroundings, undertaking a range of different activities and visiting new places, coupled with ongoing support from our leader Garry Wakeham and access to counselling service. This allows members to make progress at their own pace and grow confidence. We have observed a real sense of achievement and an increase in wellbeing over time.

Networking and other organisations

We work and liaise with many other local and regional organisations and have attended public events throughout the year. This enables us to raise awareness of the support that we can offer and also provides valuable learning and insight into the rather complex environment in which we are all operating.

Thank you.

We are so grateful to our many friends, supporters and funders for helping us and making our work possible. These include:

Devon County Council
East Devon District Council
Honiton Town Council
Devon Community Foundation
Phil Twiss, Devon County Councillor
TRIP
Honiton Health Matters
Hayley Watson of the Little Secret Craft and Design Studio
The Trustees of the CUB building
NHS Local Care Partnership
Tesco Honiton
Groundworks
Simon A Martin Accountants
FareShare
Honiton Carers
The National Lottery Community Fund
Honiton Tai Chi Group
Penny, Di and John hartnell
Sharon Thorne
Steve Craddock
Gary McGoughlin and the Co-op, Honiton
Nicola and the Staff at Seaton Tramway
Violet Bonetta, Co-op Member Pioneer

Our Trustees - Dean Barrow, Henry Brown, Sue Edwards, Mike Jones and Garry Wakeham

Approved by the trustees and signed on their behalf by:

Trustee

Date

Open Arms East Devon
Independent Examiners Report to the Trustees
For the year ended 30 April 2023

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 145 of the Charities Act 2011) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act 2011;
- follow the procedures laid down in the General Directions given by the Charity Commissioner under section 145 (5) (b) of the Act; and
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison on the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you the trustees concerning any matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material aspect, the requirements;
 - a) to keep accounting records in accordance with section 130 of the Act: and
 - b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or

- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mr D Barrow
Simon A Martin Accountants
Wessex House, 66 High Street
Honiton
Devon
EX14 1PD

Date

**Open Arms East Devon
Receipts and Payments Account**

For the year ended 30 April 2023

	Note	Restricted Funds	Total Funds 2023	Total Funds 2022
Receipts		£	£	£
Grants and Donations		17,622	18,238	17,428
Events				
Refreshments			501	
Total Receipts		<u>17,622</u>	<u>18,739</u>	<u>17,428</u>
 PAYMENTS				
Activity and Refreshment Costs		6,797	7,709	4,214
Office Expenses		723	970	2,002
Insurance			212	212
Equipment Purchased		140	265	2,134
Rent		4,485	4,485	0
		<u>12,145</u>	<u>13,641</u>	<u>8,562</u>
 NET RECEIPTS/(PAYMENTS)		<u>5,477</u>	<u>5,098</u>	<u>8,866</u>
 BALANCES AT 01/05/2022			<u>14,130</u>	<u>14,130</u>
 BALANCES AT 30/04/2023		<u>5,477</u>	<u>19,228</u>	

Open Arms East Devon

Statement of Assets and Liabilities

For the year ended 30 April 2023

	Restricted Funds	Total Funds 2023	Total Funds 2022
CASH FUNDS	£	£	£
Bank Current Account		19,258	13,986
Petty Cash			144
Total Cash Funds	<u>0</u>	<u>19,258</u>	<u>14,130</u>
LIABILITIES			
Accrued Expenses			
	0	30	0
TOTAL LIABILITIES	<u>0</u>	<u>30</u>	<u>0</u>

Assets Retained for own use

The charity holds musical, kitchen, computer and office equipment.

Trustee D Barrow

Date 15-Feb-24

Open Arms East Devon
Notes to the Financial Statements
For the year ended 30 April 2023

1. Accounting Policies

Accounting convention

The financial statements are prepared under the receipts and payments basis and comply with the Charities Act 2011. In preparing the financial statements the charity follows best practice as laid down in the Statement of Recommended Practice 2005 and the 2008 regulations.

2. Trustee remuneration and expenses

Trustees could claim any out of pocket expenses but noone have done so in the year. None of the trustees are paid for their time.

3. Restricted funds

There are no restricted funds at the moment.

OPEN ARMS EAST DEVON

England & Wales - Charity number 1188977

Accounts

Charity number: 1188977

Open Arms East Devon
Report of the Trustees and Unaudited Financial Statements
For the year ended 30 April 2022

**Open Arms East Devon
Report of the Trustees
For the year ended 30 April 2022
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**Open Arms East Devon
Report of the Trustees
For the year ended 30 April 2022**

The Trustees have pleasure in presenting their report and the financial statements for the charity for the year ended 30 April 2022.

REFERENCE AND ADMINISTRATIVE INFORMATION

Charity registration number	1188977
Principal address	1 Westcott Way Honiton Devon EX14 1JE
Trustees	Mr G Wakeham Mrs S Edwards Mr H Brown Mr M Jones Mr D Barrow
Independent examiners	Simon A Martin Accountants Wessex House, 66 High Street Honiton Devon EX14 1PD

RESPONSIBILITIES OF THE TRUSTEES

The Trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The Trustees are required to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommend practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that this basis applies.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Governing document

Open Arms East Devon is constituted as a Charitable Incorporated Organisation (CIO) whose only voting members are its trustees. The constitution was last amended on 20 February 2020 and the organisation was registered with the Charity Commission on 8 April 2020.

Organisational structure

The charity trustees are responsible for the general control and management of the charity. The trustees give their time freely and receive no remuneration or other financial incentives.

The trustees meet regularly during the year, at least on three occasions, but more often as the needs of the charity demand. An Annual General Meeting is also held with anyone welcome.

Open Arms East Devon

Report of the Trustees Continued

For the year ended 30 April 2022

Recruitment and appointment of trustees

The existing trustees are responsible for the recruitment of new trustees from within the local community. In doing so the trustees believe that any new trustees are respected members of the local community and that good relations are maintained with the local communities that the charity seeks to serve.

In selecting new trustees, potential trustees are invited to attend trustees meetings as observers and are given more details of the charity's aims and activities and, if all agree, then they are proposed as new trustees at the subsequent trustees meeting. This process allows due consideration of the persons eligibility, personal competence, specialist knowledge and skills.

Risk Management

Disclosure and Barring Service checks are carried out on individuals who work with children and other vulnerable groups within the organisation.

In the next year the trustees plan to regularly assess the risks the charity faces through its regular activities and hopes to put a risk register together.

Objectives and activities

Our aims

The objects of the charity are set out in the charity's constitution and are summarised as follows:

- To relieve the needs of adults experiencing mental health difficulties by providing
- Peer group support
- Experiences to improve wellbeing and increase confidence.

Our activities this year

We help adults experiencing mental health difficulties by providing peer group support, activities and experiences to improve wellbeing and increase confidence.

Getting back together

At the beginning our financial year, Covid restrictions meant that we were still not able to meet in person indoors. Garry continued to keep in contact with members on an individual basis and provide support when needed. Even when restrictions were lifted our normal meeting place, Dunning Court Community Centre in Honiton, was not open for much of the year. When the regulations allowed we started meeting outside for coffee and cake in the garden of the Boston Tea Party café in July and August. Actually seeing other for a chat was a real relief after so many months.

Our new website

During this time we were also busy working our new website which went live on 29 June 2021. The website address is <https://openarmseastdevon.org.uk> and was made possible by funding from the government's Coronavirus Community Support Fund.

A new home

The group started meeting in person in October 2021 using Dunning Court Community Centre on Tuesdays and the newly refurbished CUB (Community Use Building) on Fridays. In January 2022 we moved both sessions to the CUB building and now meet there from 12.00 – 4.00 pm on Tuesdays and 10:30 am – 4.00 pm on Fridays. We had a short break after Christmas to safeguard members when the Covid rate of infection was very high.

We are grateful to Mike Jones and the trustees of the CUB building for all their hard work in opening the facility. The CUB building offers more space so we could accommodate larger numbers of members and more options for activities. There is a large kitchen area where the group can cook and eat together or hold cooking demonstrations. It also has the advantage of some outside space – an adjacent area of ground available for use by the groups using the building.

Using the CUB does present some financial challenges as we have to pay rent and achieve a higher annual income than we have previously. A grant from the National Lottery Community Fund has assured our rent for the first year, providing some breathing space to raise funds for future years. This grant also funded some of our trips out (see below).

Open Arms East Devon
Report of the Trustees Continued
For the year ended 30 April 2022

Art and craft activities

We have undertaken a variety of art and craft projects since the autumn. Our focus this year has been on connecting to nature.

Led by Hayley Watson, a community artist, we made artificial flowers both for Mother's Day and as part of a new large display of artwork. This included handmade butterflies onto which personal memorials were attached. We also made Christmas wreaths and have done clay modelling.

These activities were made possible by support from Devon Community Foundation and Devon County Council's Reconnect, Rebuild, Recover Fund and for which we are very grateful. This also enabled us to buy the equipment we needed for the move to the CUB building and to update our leaflets and promotional materials so that we can ensure that more people know about our services and how to find us.

Cooking – the group have made and eaten together breakfasts, pancakes on Shrove Tuesday and apple crumble. We have bought a toaster and enjoyed hot Cross buns and crumpets.

A Christmas lunch was cooked on site by Garry's family and enjoyed by many members.

IT and computer familiarisation – Garry has produced a training book to convey basic IT skills to members who are new to IT. Each person will have their own folder so that they can work at their own pace. Training is incorporated into normal sessions on an individual basis. We have laptops and tablets available for members to use – we are grateful to Honiton Town Council for their support of this initiative.

Outside – we made bird boxes which have been installed in the wooded area at the CUB building and made use of straight away by a family of great tits.

Trips out

With help from TRIP, Honiton we also enjoyed some trips out during July and August, going out for lunch at the Keepers Cottage in Kentisbeare, visiting Seaton Wetlands and enjoying fish and chips at Sidmouth. We also enjoyed a trip on the tram from Seaton to Colyton with a bird expert on board.

We visited Otter Nurseries in November for a spot of Christmas shopping and lunch and in December we visited the Otter Sanctuary and Butterfly Farm at Buckfastleigh.

Co-op Good Cause

We were fortunate to have been named as one of the Co-op's good causes for the year. The more people who name Open Arms East Devon as their chosen cause, the more money we will receive.

Our impact

We have had new members join us this year and members new and old continue to tell us that attending sessions at Open Arms East Devon makes a real difference to their confidence and wellbeing.

Thank you!

We are so grateful to our many friends, supporters and funders for helping us and making our work possible. These include:
include:

Devon County Council	East Devon District Council
Honiton Town Council	Devon Community Foundation
The Neighbourly Fund	The National Lottery Community Fund
Honiton Health Matters	The trustees of the CUB building
Hayley Watson of the Little Secret Craft and Design Studio	The Thelma Hulbert Gallery
Phil Twiss, Devon County Councillor	Vernon Barrow Ltd.
Project Food	Honiton Carers
Nicola and staff at Seaton Tramway	FareShare
Sharon Thorne and TRIP	Gary McGoughlin and the Co-op, Honiton
Violet Bonetta, Co-op Member Pioneer	Penny, Di and John Hartnell
Our trustees – Dean Barrow, Henry Brown, Sue Edwards, Mike Jones and Garry Wakeham	

Approved by the trustees and signed on their behalf by:

Trustee

Date

16 February 2023

**Open Arms East Devon
Independent Examiners Report to the Trustees
For the year ended 30 April 2022**

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 145 of the Charities Act 2011) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act 2011;
- follow the procedures laid down in the General Directions given by the Charity Commissioner under section 145 (5) (b) of the Act; and
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison on the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you the trustees concerning any matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material aspect, the requirements;
 - a) to keep accounting records in accordance with section 130 of the Act: and
 - b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Mr D Barrow
Simon A Martin Accountants
Wessex House, 66 High Street
Honiton
Devon
EX14 1PD**

Date 16 February 2023

**Open Arms East Devon
Receipts and Payments Account**

For the year ended 30 April 2022

	Note	Restricted Funds	Unrestricted Funds	Total Funds 2022	Total Funds 2021
Receipts		£	£	£	£
Grants and Donations		16,651	777	17,428	9,848
Events					
Refreshments					
Total Receipts		<u>16,651</u>	<u>777</u>	<u>17,428</u>	<u>9,848</u>
 PAYMENTS					
Activity Costs		2,704	1,510	4,214	3,426
Refreshments					0
Office Expenses		1,796	206	2,002	1,074
Insurance			212	212	212
Equipment Purchased		2,003	131	2,134	1,908
Sundry Expenses			0	0	49
		<u>6,503</u>	<u>2,059</u>	<u>8,562</u>	<u>6,669</u>
 NET RECEIPTS/(PAYMENTS)		<u>10,148</u>	<u>-1,282</u>	<u>8,866</u>	<u>3,179</u>
 BALANCES AT 01/05/2021		<u> </u>	<u>5,264</u>	<u>5,264</u>	<u>2,085</u>
 BALANCES AT 30/04/2022		<u>10,148</u>	<u>3,982</u>	<u>14,130</u>	<u>5,264</u>

Open Arms East Devon
Statement of Assets and Liabilities
For the year ended 30 April 2022

	Restricted Funds	Unrestricted Funds	Total Funds 2022	Total Funds 2021
CASH FUNDS	£	£	£	£
Bank Current Account	10,148	3,838	13,986	4,635
Petty Cash	0	144	144	629
Total Cash Funds	<u><u>10,148</u></u>	<u><u>3,982</u></u>	<u><u>14,130</u></u>	<u><u>5,264</u></u>

LIABILITIES

Accrued Expenses

	0	0	0
TOTAL LIABILITIES	<u><u>0</u></u>	<u><u>0</u></u>	<u><u>0</u></u>

Assets Retained for own use

The charity holds musical equipment, computer and office equipment.

Trustee

Date 16 February 2023

Open Arms East Devon
Notes to the Financial Statements
For the year ended 30 April 2022

1. Accounting Policies

Accounting convention

The financial statements are prepared under the receipts and payments basis and comply with the Charities Act 2011. In preparing the financial statements the charity follows best practice as laid down in the Statement of Recommended Practice 2005 and the 2008 regulations.

2. Trustee remuneration and expenses

Trustees could claim any out of pocket expenses but no one has done so in the year. None of the trustees are paid for their time.

3. Restricted funds

Restricted funds refer to grants received for a particular purpose.

OPEN ARMS EAST DEVON

England & Wales - Charity number 1188977

Accounts

Open Arms East Devon
Report of the Trustees and Unaudited Financial Statements
For the year ended 30 April 2021

**Open Arms East Devon
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**Open Arms East Devon
Report of the Trustees
For the year ended 30 April 2021**

The Trustees have pleasure in presenting their report and the financial statements for the charity for the year ended 30 April 2020.

REFERENCE AND ADMINISTRATIVE INFORMATION

Charity registration number	1188977
Principal address	1 Westcott Way Honiton Devon EX14 1JE
Trustees	Mr G Wakeham Mrs S Edwards Mr H Brown Mr M Jones Mr D Barrow
Independent examiners	Vernon Barrow Ltd Wessex House, 66 High Street Honiton Devon EX14 1PD

RESPONSIBILITIES OF THE TRUSTEES

The Trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The Trustees are required to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommend practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that this basis applies.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Open Arms East Devon

Report of the Trustees Continued

For the year ended 30 April 2021

Governing document

Open Arms East Devon is constituted as a Charitable Incorporated Organisation (CIO) whose only voting members are its trustees. The constitution was last amended on 20 February 2020 and the organisation was registered with the Charity Commission on 8 April 2020.

Organisational structure

The charity trustees are responsible for the general control and management of the charity. The trustees give their time freely and receive no remuneration or other financial incentives.

The trustees meet regularly during the year, at least on three occasions, but more often as the needs of the charity demand. An Annual General Meeting is also held with anyone welcome.

Recruitment and appointment of trustees

The existing trustees are responsible for the recruitment of new trustees from within the local community. In doing so the trustees believe that any new trustees are respected members of the local community and that good relations are maintained with the local communities that the charity seeks to serve.

In selecting new trustees, potential trustees are invited to attend trustees meetings as observers and are given more details of the charity's aims and activities and, if all agree, then they are proposed as new trustees at the subsequent trustees meeting. This process allows due consideration of the persons eligibility, personal competence, specialist knowledge and skills.

Risk Management

Disclosure and Barring Service checks are carried out on individuals who work with children and other vulnerable groups within the organisation.

In the next year the trustees plan to regularly assess the risks the charity faces through its regular activities and hopes to put a risk register together.

Objectives and activities

Our aims

The objects of the charity are set out in the charity's constitution and are summarised as follows:

- To relieve the needs of adults experiencing mental health difficulties by providing
- Peer group support
- Experiences to improve wellbeing and increase confidence.

Our objective

We help adults experiencing mental health difficulties by providing peer group support, activities and experiences to improve wellbeing and increase confidence.

2020 started as a very happy and eventful year for us – filled with lots of activities and a very successful art exhibition before the coronavirus epidemic arrived and things had to change.

The Impact of Coronavirus

For the whole of our financial year from 1st May 2020 – 30th April 2021 we were unable to meet in person as the coronavirus problem continued and we were locked down.

Supported by funding from Devon County Council and the National Lottery Community Fund, during the year Garry worked hard to provide activities for group members to do at home, also cooperating with other organisations. He bought resources and made up and distributed art packs and food / recipe packs to members. The activities and recipes were chosen to be familiar to members, maintain connections and reduce feelings of isolation. As well as our own members, he worked with local organisations to provide packs to others who have expressed a need. He also continued to meet with members on an individual basis in a safe way and keep in telephone contact both with existing members and others who were newly struggling with issues of anxiety and isolation.

A Lockdown Legend

In September 2020 RAMM (Exeter's Royal Albert Memorial Museum and Art Gallery) mounted a Lockdown Legends exhibition, showcasing the stories of local people who have shown particular kindness, courage, humanity or ingenuity during the Covid-19 crisis. Nominated by Hayley Watson, Garry was chosen to feature in the exhibition. Always a legend to us, it was a fitting tribute to see him recognised by the wider community.

Open Arms East Devon
Report of the Trustees Continued
For the year ended 30 April 2021

Objectives and activities continued

Looking Ahead

We have finally been able to meet again as a group – on Tuesdays in Dunning Court and on Fridays in the CUB Building. We have taken members on outings and will continue to incorporate this into our programme. Thanks to support from Honiton Town Council, we have plans for the next year to get more involved with nature and the healing it can provide and also to help members improve their IT skills so that they can participate more fully in the virtual world.

A Huge Thank You

We are so grateful to our many friends, supporters and funders for helping us and making our work possible. These include:

Devon County Council
East Devon District Council
Honiton Town Council
Penny, Di and John Hartnell
The Neighbourly Fund
TRIP
Honiton Health Matters
Hayley Watson of the Little Secret Craft and Design Studio
The Thelma Hulbert Gallery
Recovery Devon
Honiton United Charities
The Allhallows Trust
Vernon Barrow Ltd
Project Food
Honiton Carers
The National Lottery Community Fund
Members of Replika - Henry Brown, Graeme Maccormick, Manuk Wijeyaratne,
Beccy Armory, Tom Edwards and Rob Jones
FareShare
Tesco Honiton
Our Trustees - Dean Barrow, Henry Brown, Sue Edwards, Mike Jones and Garry Wakeham

Approved by the trustees and signed on their behalf by:

Trustee Garry Wakeham

Date 24 February 2022

Open Arms East Devon
Independent Examiners Report to the Trustees
For the year ended 30 April 2021

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 145 of the Charities Act 2011) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act 2011;
- follow the procedures laid down in the General Directions given by the Charity Commissioner under section 145 (5) (b) of the Act; and
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison on the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you the trustees concerning any matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material aspect, the requirements;
 - a) to keep accounting records in accordance with section 130 of the Act: and
 - b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mr D Barrow
Vernon Barrow Accountants
Wessex House, 66 High Street
Honiton
Devon
EX14 1PD

Date 24 February 2022

**Open Arms East Devon
Receipts and Payments Account**

For the year ended 30 April 2021

	Note	Unrestricted Funds	Total Funds 2021	Total Funds 2020
Receipts		£	£	£
Grants and Donations		9,705	9,705	4,029
Events				374
Refreshments				577
Total Receipts		<u>9,705</u>	<u>9,705</u>	<u>4,980</u>
 PAYMENTS				
Activity Costs		4,146	4,146	4,199
Refreshments				183
Office Expenses		872	872	205
Insurance		212	212	212
Equipment Purchased		1,908	1,908	
Sundry Expenses				75
		<u>7,138</u>	<u>7,138</u>	<u>4,874</u>
 NET RECEIPTS/(PAYMENTS)		 <u>2,567</u>	 <u>2,567</u>	 <u>106</u>
 BALANCES AT 01/05/2020		 <u>2,085</u>	 <u>2,085</u>	 <u>1,979</u>
 BALANCES AT 30/04/2021		 <u>4,652</u>	 <u>4,652</u>	 <u>2,085</u>

Open Arms East Devon
Statement of Assets and Liabilities
For the year ended 30 April 2021

	Unrestricted Funds	Total Funds 2021	Total Funds 2020
CASH FUNDS	£	£	£
Bank Current Account	4,393	4,393	1,456
Petty Cash	259	259	629
Total Cash Funds	4,652	4,652	2,085
LIABILITIES			
Accrued Expenses			
	0	0	0
TOTAL LIABILITIES	0	0	0

Assets Retained for own use

The charity holds musical equipment, computer and office equipment.

Trustee

Date

Open Arms East Devon
Notes to the Financial Statements
For the year ended 30 April 2021

1. Accounting Policies

Accounting convention

The financial statements are prepared under the receipts and payments basis and comply with the Charities Act 2011. In preparing the financial statements the charity follows best practice as laid down in the Statement of Recommended Practice 2005 and the 2008 regulations.

2. Trustee remuneration and expenses

Trustees could claim any out of pocket expenses but no one has done so in the year. None of the trustees are paid for their time.

3. Restricted funds

There are no restricted funds at the moment.