

# THE UNITY

England & Wales · Charity number 1188920

## Details

---

**Status** Registered

**Legal form** CIO

**Registered** 2020-04-06

**Register** [View on the Charity Commission register](#)

## Contact

---

**Address** 8 Royal Crescent  
Harrogate  
HG2 8AB

**Phone** 07791790205

**Email** [info@theunity.org.uk](mailto:info@theunity.org.uk)

## Activities

---

**Objects:** THE OBJECTS OF THE CIO ARE: TO RELIEVE THE NEEDS OF CHILDREN WHO ARE NEUROLOGICALLY DIVERSE OR DISABLED OR SOCIALLY OR ECONOMICALLY DISADVANTAGED TO HELP THEM DEVELOP, THRIVE AND REACH THE BEST OF THEIR INDIVIDUAL POTENTIAL AND ENCOURAGING THEM TO ADAPT IN THE WIDER COMMUNITY BY:-- THE ADVANCEMENT OF EDUCATION THROUGH SOCIAL INCLUSION AND DEVELOPMENT ACTIVITIES TO IMPROVE THEIR SKILLS, CAPACITIES AND CAPABILITIES; - THE ADVANCEMENT OF EDUCATION THROUGH TRAINING AND DEVELOPMENT PROGRAMMES FOR THE FAMILIES, CARERS AND PROFESSIONALS WHO HAVE A ROLE IN SUPPORTING THE INDIVIDUALS WITH DISABILITIES;- THE ADVANCEMENT OF EDUCATION THROUGH TRAINING FOR BUSINESSES AND SERVICE PROVIDERS TO HELP THEM MAKE REASONABLE ADJUSTMENTS TO MEET NEED AND IMPROVE ACCESSIBILITY AND INCLUSION - THE DEVELOPMENT OF NEW SERVICES TO SUPPORT THE WELLBEING OF FAMILIES, WORKING WITH PEOPLE ON THE AUTISM SPECTRUM AND CHILDREN WITH OTHER ADDITIONAL NEEDS, INCLUDING PHYSICAL, BEHAVIOURAL AND EMOTIONAL;- THE PROVISION OF ACCESSIBLE EVENTS AND FUN DAYS FOR THE WHOLE FAMILY; AND - THE PROVISION OF PARENT AND SIBLING SUPPORT, INCLUDING A BEFRIENDING / MENTORING SERVICE. NOTHING IN THIS CONSTITUTION SHALL AUTHORISE AN APPLICATION OF THE PROPERTY OF THE CIO FOR PURPOSES WHICH ARE NOT CHARITABLE IN ACCORDANCE WITH SECTION 7 OF THE CHARITIES AND TRUSTEE INVESTMENT (SCOTLAND) ACT 2005 AND SECTION 2 OF THE CHARITIES ACT (NORTHERN IRELAND) 2008.

**Activities:** A parent-led group providing accessible events for families living with disability, neurodiversity or from vulnerable backgrounds; friendship and support for parents/carers and siblings; inclusion training for businesses and schools.

## Classification

---

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Disability
- **Who:** Children/young People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

## Geography

---

- North Yorkshire

## Finances

---

Period end	Income	Expenditure	Assets	Employees
2024-12-31	-	-	-	-
2023-12-31	-	-	-	-
2022-12-31	£881	£1,150	-	-
2021-12-31	£3,342	£215	-	-
2020-12-31	£2,495	£50	-	-

## Trustees

---

Name	Role	Appointed
Judith Sarah Symmonds		2022-11-06

**THE UNITY**

England & Wales - Charity number 1188920

---

# Accounts

---



Trustees' Annual Report for the period							
From	Period start date			T o	Period end date		
	01	01	2021		31	12	2021

## Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

8 Royal Crescent	
Harrogate	
North Yorkshire	
Postcode	HG2 8AB

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Hilary Gardner	Secretary		
2	Elizabeth Parsons	Treasurer		
3	Joanne van Berckel			
4	Sarah Louise Williams			
5	Amanda Collinson			
6				
7				
8				
9				
10				
11				
12				
13				
14				

15  
16  
17  
18  
19  
20

**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

Lynn Westerman (formerly Lynn Westerman Holt) is founder and chief executive

**Section B Structure, governance and management**

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	Constitution (12 March 2020)
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by vote of other trustees - one nominates and second confirms appointment. They must have relevant experience and / or be parents and agree with the mission, vision and values of the charity

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

## Section C

## Objectives and activities

**Summary of the objects of the charity set out in its governing document**

To relieve the needs of children who are neurologically diverse or disabled or socially or economically disadvantaged to help them develop, thrive and reach the best of their individual potential and encouraging them to adapt in the wider community by - education; development of services; provision of accessible events; provision of parent / carer and sibling support

The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Activities include:

- provision of social inclusion and development activities
- provision of training for schools and businesses
- provision of activities to support the wellbeing of families
- provision of accessible, inclusive events
- provision of support to family members

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



**Summary of the main achievements of the charity during the year**

A difficult year due to legacy issues from covid, so many of our usual activities which focus on bringing families together were not possible earlier in the year. We arranged for families to have gingerbread house kits from a local bakery - this meant they could undertake a fun seasonal activity which involved all of the family together

We did manage to bring our families together at the end of the year to celebrate in person:

- holding two accessible sessions at the lighting installation GLOW event at RHS Harlow Carr
- holding two inclusive Father Christmas show / grotto experiences at a local hotel with the Enchanticas team, our fourth year of working with them

## Section E Financial review

<b>Brief statement of the charity's policy on reserves</b>	No formal policy Bank account balance at 31 December 2021 was £7,510.86
<b>Details of any funds materially in deficit</b>	n/a

### Further financial review details (Optional information)

<p>You <b>may choose</b> to include additional information, where relevant about:</p> <ul style="list-style-type: none"> <li>• the charity's principal sources of funds (including any fundraising);</li> <li>• how expenditure has supported the key objectives of the charity;</li> <li>• investment policy and objectives including any ethical investment policy adopted.</li> </ul>	<p>Proceeds during the year were raised from sales of gingerbread houses and small local donations.</p> <p>Covid concerns / legacy issues meant fundraising opportunities were limited and the bank balance was higher than usual due to the inability to stage accessible events throughout the whole of the year.</p> <p>End of year funds included ticket sales to Harlow Carr for their GLOW event which were due to be paid over to the third party in January 2022 (£779 total)</p>
--	---

## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>	H Gardner	E Parsons
---------------------	-----------	-----------

<b>Full name(s)</b>	Hilary Gardner	Elizabeth Parsons
---------------------	----------------	-------------------

<b>Position (eg Secretary, Chair, etc)</b>	Secretary	Treasurer
--	-----------	-----------

---

**Date** 30 October 2022

**THE UNITY**

England & Wales - Charity number 1188920

---

# Accounts

---



Trustees' Annual Report for the period							
From	Period start date			T o	Period end date		
	01	01	2020		31	12	2020

## Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

8 Royal Crescent	
Harrogate	
North Yorkshire	
<b>Postcode</b>	<b>HG2 8AB</b>

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Hilary Gardner	Secretary		
2	Elizabeth Parsons	Treasurer		
3	Joanne van Berckel			
4	Sarah Louise Williams			
5	Amanda Collinson			
6				
7				
8				
9				
10				
11				
12				
13				
14				

15  
16  
17  
18  
19  
20

**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

Lynn Westerman (formerly Lynn Westerman Holt) is founder and chief executive

**Section B Structure, governance and management**

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	Constitution (12 March 2020)
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by vote of other trustees - one nominates and second confirms appointment. They must have relevant experience and / or be parents and agree with the mission, vision and values of the charity

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

## **Section C**

## **Objectives and activities**

**Summary of the objects of the charity set out in its governing document**

To relieve the needs of children who are neurologically diverse or disabled or socially or economically disadvantaged to help them develop, thrive and reach the best of their individual potential and encouraging them to adapt in the wider community by - education; development of services; provision of accessible events; provision of parent / carer and sibling support

The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Activities include:

- provision of social inclusion and development activities
- provision of training for schools and businesses
- provision of activities to support the wellbeing of families
- provision of accessible, inclusive events
- provision of support to family members

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



**Summary of the main achievements of the charity during the year**

A difficult year due to covid, so many of our usual activities which focus on bringing families together were not possible. We had to instead organise activities which people could do from the safety of their own home, to allow them to feel included and that people were thinking of them and providing them with activities to enjoy during lockdown, helping to reduce a sense of isolation.

These included:

- design your own sweatshirt - these were then printed up and doorstep delivered - the creativity was a great way of engaging children of all abilities; and to then be able to wear their actual design provided a wonderful boost to their self esteem
- arranging for families to have gingerbread house kits from a local bakery - this meant they could undertake a fun seasonal activity which involved all of the family together
- personalised Santa and Tinsel the Elf messages and sing along at home videos to keep connected with our families in the absence of our usual inclusive Christmas grotto experiences at RHS Harlow Carr

## Section E Financial review

<b>Brief statement of the charity's policy on reserves</b>	No formal policy Bank account balance at 31 December 2020 was £4,383.80
<b>Details of any funds materially in deficit</b>	

**Further financial review details (Optional information)**

<p>You <b>may choose</b> to include additional information, where relevant about:</p> <ul style="list-style-type: none"> <li>• the charity's principal sources of funds (including any fundraising);</li> <li>• how expenditure has supported the key objectives of the charity;</li> <li>• investment policy and objectives including any ethical investment policy adopted.</li> </ul>	<p>Proceeds during the year were £333 from the token scheme at Waitrose Otley and £2,161.80 raised by a local school</p> <p>Covid meant fundraising opportunities were limited and the bank balance was higher than usual due to the inability to stage accessible events due to lockdowns.</p>
--	---

## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>	H Gardner	E Parsons
---------------------	-----------	-----------

<b>Full name(s)</b>	Hilary Gardner	Elizabeth Parsons
---------------------	----------------	-------------------

<b>Position (eg Secretary, Chair, etc)</b>	Secretary	Treasurer
--	-----------	-----------

---

**Date** 30 October 2021



**Receipts and payments accounts**

CC16a

For the period  
from

01/01/2020

To

31/12/2020

**Section A Receipts and payments**

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Waitrose Token Scheme	333	-00	-00	333	-00
Highfield school fundraising	2,162	-00	-00	2,162	-00
	- 0	-00	-00	-00	-00
	- 0	-00	-00	-00	-00
	- 0	-00	-00	-00	-00
	- 0	-00	-00	-00	-00
	- 0	-00	-00	-00	-00
<b>Sub total(Gross income for AR)</b>	<b>2,495</b>	<b>-00</b>	<b>-00</b>	<b>2,495</b>	<b>-00</b>
<b>A2 Asset and investment sales, (see table).</b>					
	- 0	- 0	- 0	-00	
	- 0	- 0	- 0	-00	- 0
<b>Sub total</b>	<b>- 0</b>	<b>- 0</b>	<b>- 0</b>	<b>-00</b>	<b>- 0</b>
<b>Total receipts</b>	<b>2,495</b>	<b>- 0</b>	<b>- 0</b>	<b>2,495</b>	<b>- 0</b>
<b>A3 Payments</b>					
Watson Training Services - safeguarding	50	-00	-00	50	-00
	- 0	-00	-00	-00	-00
	- 0	-00	-00	-00	-00
	- 0	-00	-00	-00	-00
	- 0	-00	-00	-00	-00
	- 0	-00	-00	-00	-00
	- 0	-00	-00	-00	-00
<b>Sub total</b>	<b>50</b>	<b>-00</b>	<b>-00</b>	<b>50</b>	<b>-00</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	- 0	- 0	- 0	-00	
	- 0	- 0	- 0	-00	- 0
<b>Sub total</b>	<b>- 0</b>	<b>- 0</b>	<b>- 0</b>	<b>-00</b>	<b>- 0</b>
<b>Total payments</b>	<b>50</b>	<b>- 0</b>	<b>- 0</b>	<b>50</b>	<b>- 0</b>
<b>Net of receipts/(payments)</b>	<b>2,445</b>	<b>-00</b>	<b>-00</b>	<b>2,445</b>	<b>-00</b>
<b>A5 Transfers between funds</b>	- 0	-00	-00	-00	-00
<b>A6 Cash funds last year end</b>	1,939	-00	-00	1,939	-00
<b>Cash funds this year end</b>	<b>4,384</b>	<b>-00</b>	<b>-00</b>	<b>4,384</b>	<b>-00</b>

**Section B Statement of assets and liabilities at the end of the period**

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
<b>B1 Cash funds</b>	Bank balance	4,384	-00	-00
		-00	-00	-00
		-00	-00	-00
	<b>Total cash funds</b>	<b>4,384</b>	<b>-00</b>	<b>-00</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
<b>B2 Other monetary assets</b>		-00	-00	-00
		-00	-00	-00
		-00	-00	-00
		-00	-00	-00
		-00	-00	-00
		-00	-00	-00
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-00	-00
			-00	-00
			-00	-00
			-00	-00
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-00	-00
			-00	-00
			-00	-00
			-00	-00
			-00	-00
			-00	-00
			-00	-00
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-00	
			-00	
			-00	
			-00	
			-00	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	Hilary Gardner	Hilary Gardner	31/10/21	
	Elizabeth Parsons	Elizabeth Parsons	31/10/21	