

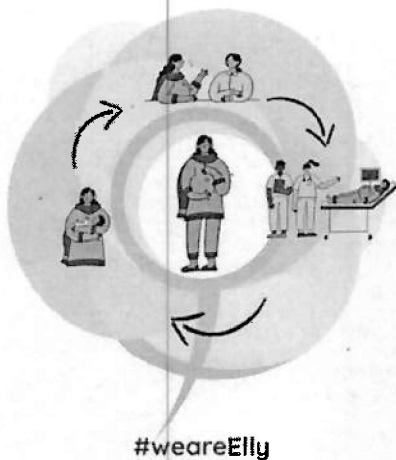


Trustee's Annual Report (30 August 2023– 29 August 2024)

Objectives and Activities: Progress and Key Achievements

To promote and protect women's health in the UK and internationally by

a) Training and educating healthcare workers and health professionals in how to provide optimal care during pregnancy and childbirth.



MRCOG Part 3 Revision Course We conducted two MRCOG Part 3 revision courses. These courses were vital in preparing health professionals for their exams and enhancing their skills.

Basic Surgical Skills Course We run 2 basic surgical skills courses every year aimed at building the capacity and upskilling health professionals. The course provides lifelike learning experiences on essential surgical techniques. For example, using of ox tongue to simulate perineal repair practice.

Laparoscopy Course A specialised laparoscopy course was delivered to further train healthcare professionals in advanced surgical procedures, ensuring they stay updated with the latest techniques and practices.

Knowledge Building and Impact Through these training initiatives, healthcare professionals gained enhanced knowledge and practical skills (e.g. surgical competence etc.) leading to improved patient care. Women and the wider patient population benefit from the enhanced care delivered by these upskilled health professionals. Our courses promote knowledge exchange, enabling attendees to disseminate learning within their teams and wider professional networks in UK and internationally, contributing to broader improvements in maternal health care.

b) Supporting research excellence in women's health.

Health Literacy Project We continued our health literacy work, with funding support led by Barts Charity alongside contributions from other partners. This enabled us to co-produce new course content designed for non-English speaking pregnant women, which we successfully delivered in the Southend community, with 13 women taking part.

The development process was highly collaborative and multidisciplinary, involving women with lived experience, English language (ESOL) teachers, birthing partners, translators, midwives, health professionals, community organisations, and a visualiser.

We partnered with Welcome to the UK, a local charity, to reach and support women in the area. One experienced ESOL teacher led the Southend course, supported by two ESOL teachers. We also recruited two community researchers with lived experience to support ongoing evaluation, act as trusted links to the community, and ensure that delivery remained grounded in local needs. Learning was central to our approach, and we worked closely with a research fellow from



King's College London to support us. We also enabled observers to attend helping inform best practice and ensuring learning could be shared across sites later in the year.

In parallel, we began preparing for ethical approval to deliver the course as a research study in East London. As part of the ethics submission, we developed a protocol and accompanying materials, including consent forms and participant information sheets. Following ethical approval in August 2024, we began setting up the necessary processes to invite women to take part. The East London course delivery began in September 2024.

To raise awareness of the course and gather feedback, we showcased the health literacy project through local community events in Southend, including Welcome to the UK's International Women's Day event.



Engagement This project reached a marginalised group, primarily non-English speaking pregnant women in one of the most deprived areas of the UK, who rarely have opportunities to contribute to health care provision or research. Their input directly influenced a future research study aimed at providing solutions to the issues they raised.

Empowering Participants Women participating in our activities shared their experiences and highlighted issues that were important to them within maternity care. They valued having a voice in shaping our follow-on research and enjoyed the experience.

Educational Impact Medical students and healthcare professionals involved in the project gained insights into the community's needs and priorities, improving their understanding and service delivery. The ESOL teachers also reported increased confidence in delivering new content and highlighted the importance of integrating health with language learning.

Visibility and Awareness: The community events and the visual representation of our project have raised awareness and shared our progress. These activities have also allowed us to gather feedback on community priorities, engaging a broader audience including academics, healthcare professionals, and the wider public. Additionally, these community-facing activities helped us understand how best to communicate complex health messages in accessible and culturally relevant ways.

Team Development, Skills Building and Networking We have enhanced women's health community research capacity in East London and Southend. Local community researchers gained valuable skills, such as facilitating discussions and presenting publicly, which contributed to their professional development.

Contribution to Healthier Society In a broader context, this project supports a healthier society. When women understand their health and how to navigate services, they are better equipped to care for themselves and their children. This contributes to stronger early-life outcomes and, over time, helps reduce pressure on the healthcare system while strengthening community wellbeing.

c) Accelerating the application of research into healthcare environments.

Uganda Obstetric Fistula Camp Trustee Ram spent three weeks in Uganda, at an obstetric fistula camp. He not only performed surgeries but also provided training helping with capacity building for health professionals in Africa, enhancing their ability to operate and manage obstetric fistulas. Significantly improving healthcare outcomes for women with obstetric fistulas in Uganda. This effort not only treated individual patients but also strengthened local healthcare providers and systems through training.



**Community Rehabilitation following
Fistula Repair** In the Democratic Republic of



Congo, we support a holistic rehabilitation programme for women recovering from obstetric fistula repair surgeries. Often isolated and excluded from society, women receive peer support and skills training (such as crafting beautiful handmade baskets) to help them rebuild their lives with dignity and independence. Alongside this, we support community champions who work to reduce stigma and promote access to care. Currently, we support 50 women in Kinshasa and North Kivu.

Box of Health In Malaysia, we're supporting new mothers from the most deprived and marginalised populations with a 'Box of Health' – a co-produced initiative inspired by similar projects in rural India. Each box contains essential sanitation items curated with women in the community, ensuring they reflect what mothers themselves want and need to support their health and well-being and that of their newborns.

The Trustees believe this report demonstrates how our activities have delivered public benefit in line with the Charity Commission's guidance on public benefit.

Structure, Governance and Management / Reference and Administrative details

Our Trustees were recruited as required in our constitution and are:

- Ramesan Navaratnarajah (since 2020)
- Shakila Thangaratinam (since 2020)
- Joseph Aquilina (since 2020)

Elly Charity is managed day-to-day by a team of freelancers who lead on project delivery, marketing and communications, training, and Charity administration. As the Charity grows through its increased project activity, more support has been needed and as such we have sought to build the internal capacity of the team and systems to manage this. We benefit greatly too from support from a number of professionals from the fields of research and women's health. We are grateful to everyone as well as our volunteers for their commitment and dedication to enhancing women's health both in the UK and internationally.



We operate under the name ELLY Charity, registered charity number 1188897 as a CIO Foundation governed by a constitution. We also use the other names;

- EAST LONDON INTERNATIONAL WOMEN'S HEALTH CHARITY
- (Working name)
- ELLY (Working name)
- ELLY APPEAL (Former name)

Our principle address is; Royal London Hospital, Dept of Obstetrics & Gynaecology, 8th floor, South Tower, Whitechapel Road, London, E1 1FR

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>Essential to the on-going success of Elly is the necessity for sound financial planning and good governance. Although the charity made a negative return of £17,944 the trustees believe that this does not have any significant effect on meeting the charities objectives.</p> <p>In 2024 income was £111,534 (2023-£91,911) with a deficit of £17,944 (2023- deficit of £13,341)</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level sufficient to provide services for at least three months. The Trustees consider reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised.</p> <p>The trustees will work look at ways to increase their free reserves in line with the growth of the charity.</p> <p>Amounts held in Restricted funds have been earmarked for a specific use as deemed necessary by the trustees. Restricted funds are set aside for specific purposes and can only be used in accordance with the conditions set by the original funder or funding agreement.</p> <p>As set out in Elly Charity's Reserves Policy, the aim is to maintain reserves equivalent to 9 months running costs which is currently an estimated £34,500. The Reserves Policy is reviewed annually to ensure it remains appropriate to the Charity's size and scope of activities.</p>
Amount of reserves held	Para 1.22	£131,151 (2023 - £149,095)
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A


Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

	
---	--

Jacquiline

**Position
(eg Secretary,
Chair, etc)
Date**

26 th June 2025			

Charity Name Elly Charity		Charity No	1188897	
		Company No	CE021400	
Annual accounts for the period				
Period start date	30.08.2023	To	Period end date	29.08.2024

Section A Statement of financial activities (including summary income and expenditure account)

Recommended categories by activity	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total funds £ F04	Prior year funds £ F05
Income (Note 3)					
Income and endowments from:					
Donations and legacies	1,155	-	-	1,155	8,082
Charitable activities	105,472	3,150	-	108,622	83,269
Other trading activities	-	-	-	-	-
Investments	-	-	-	-	-
Separate material item of income	-	-	-	-	-
Other	1,757	-	-	1,757	560
Total	108,384	3,150	-	111,534	91,911
Expenditure (Notes 4)					
Expenditure on:					
Raising funds	-	-	-	-	-
Charitable activities	104,484	5,848	-	110,332	34,055
Separate material expense item	-	-	-	-	-
Other	19,145	-	-	19,145	71,197
Total	123,630	5,848	-	129,478	105,252
Net income/(expenditure) before tax for the reporting period	- 15,246	- 2,698	-	- 17,944	- 13,341
Tax payable	-	-	-	-	-
Net income/(expenditure) after tax before investment gains/(losses)	- 15,246	- 2,698	-	- 17,944	- 13,341
Net gains/(losses) on investments	-	-	-	-	-
Net income/(expenditure)	- 15,246	- 2,698	-	- 17,944	- 13,341
Extraordinary items	-	-	-	-	-
Transfers between funds	-	-	-	-	-
Other recognised gains/(losses):					
Gains and losses on revaluation of fixed assets for the charity's own use	-	-	-	-	-
Other gains/(losses)	-	-	-	-	-
Net movement in funds	- 15,246	- 2,698	-	- 17,944	- 13,341
Reconciliation of funds:					
Total funds brought forward	141,097	7,998	-	149,095	162,436
Total funds carried forward	125,851	5,300	-	131,151	149,095

Charity No
Company No

1188897
CE021400

Section B

Balance sheet

	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Fixed assets					
Intangible assets	-	-	-	-	-
Tangible assets (Note 5)	993	-	-	993	2,337
Heritage assets	-	-	-	-	-
Investments	-	-	-	-	-
Total fixed assets	993	-	-	993	2,337
Current assets					
Stocks	-	-	-	-	-
Debtors	393	-	-	393	1,007
Investments	-	-	-	-	-
Cash at bank and in hand (Note 6)	131,486	-	-	131,486	148,067
Total current assets	131,878	-	-	131,878	149,074
Creditors: amounts falling due within one year (Note 7)	1,720	-	-	1,720	2,316
Net current assets/(liabilities)	130,158	-	-	130,158	146,758
Total assets less current liabilities	131,151	-	-	131,151	149,095
Creditors: amounts falling due after one year	-	-	-	-	-
Provisions for liabilities	-	-	-	-	-
Total net assets or liabilities	131,151	-	-	131,151	149,095
Funds of the Charity					
Endowment funds	-	-	-	-	-
Restricted income funds	5,300	-	-	5,300	7,998
Unrestricted funds (Note 8)	125,851	-	-	125,851	141,097
Revaluation reserve	-	-	-	-	-
Fair value reserve	-	-	-	-	-
Total funds	131,151	-	-	131,151	149,095

Signed by one or two trustees/directors on behalf of all the trustees/directors

Print Name	Date of approval dd/mm/yyyy
PANJESH NAWARTNATHAL	27/06/2025



Elly Charity
Notes to the accounts
for the period ended 29th August 2024

1 Basis of preparation

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and with the Charities Act 2011.

2 Accounting Policies

2.1 Income

Income is included when receivable. Where income has conditions attached to it, that income is recognised when there is certainty of receipt, entitlement and the amount can be measured with sufficient reliability. Income (including grants receivable) is deferred where conditions exist on entitlement such as a specified future time period.

2.2 Expenditure

Expenditure is recognised in the period in which it is incurred and includes attributable VAT which cannot be recovered. Expenditure is recognised when a legal or constructive obligation arises. Costs of raising funds are those costs incurred in attracting voluntary income. Governance costs are those costs incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

2.3 Depreciation

Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life.

Fixtures, fittings and equipment: 25% Straight Line

2.4. Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

2.4. Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

2.5 Funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity. Restricted funds are where the donor specifies the use to which the funds can be spent.

Note 3 Income

	Analysis of income	Unrestricted income £	Restricted Funds	Total Funds
Donations and legacies:	Donations and gifts	1,155	0	1,155
Charitable activities:	Teaching & grants received	105,472	3,150	108,622
Other Trading activities	Fundraising events	0	0	0
Other	Bank Interest	1,757	0	1,757
TOTAL INCOME		108,384	3,150	111,534

Note 4**Expenses****2024**

	Unrestricted funds	Restricted funds	Total funds
Costs - Running courses (food/trav)	13,897		13,897
Course Examination fees	2,845		2,845
Purchases	3,776		3,776
Role Players	770		770
Other direct costs	34,391	5,848	40,239
Accountancy	1,000		1,000
Admin Fee	5,264		5,264
Audit	720		720
Bank charges	193		193
IT costs	553		553
License	1,508		1,508
Depreciation	1,344		1,344
Meetings & Subsistence	5,257		5,257
Other professional fees	16,903		16,903
Charity Coordinator	17,301		17,301
Programme Manager	7,849		7,849
Costs associated with overseas			
Charity projects	5,972		5,972
Stationery and printing	35		35
Training & conferences	4,052		4,052
	<u>123,630</u>	<u>5,848</u>	<u>129,478</u>

Note 5**Tangible fixed assets****Fixtures,
fittings and
equipment****Cost**

At 30 August 2023	5376
Additions	0
At 29 August 2024	<u>5,376</u>

Depreciation

At 30 August 2023	3039
Charge for the Period	1344
At 29 August 2024	<u>4383</u>

Net book values:

At 29 August 2024	<u>993</u>
At 29 August 2023	<u>2,337</u>

Note 6**Current Assets**

	2024	2023
Cash in hand & bank	131,486	148,067
Other debtors	393	1,007
	<u>131,879</u>	<u>149,074</u>

Note 7**Creditors: amounts falling due within one year**

	2024	2023
Accruals and deferred income	1720	2,316
	<u>1720</u>	<u>2316</u>

Note 8**Charity funds**

Fund names	Type PE, EE R or UR *	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Unrestricted Funds	UR	141,097	108,384	- 123,630	-	-	125,851
Restricted Funds	R	7,998	3,150	- 5,848			5,300
Other funds (balancing figure)	N/a	-	-	-	-	-	-
Total Funds as per balance sheet		149,095	111,534	- 129,478	-	-	131,151

Note 9**Transactions with trustees and related parties**

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity



Section A

Independent Examiner's Report

Report to the trustees

Charity Name
Elly Charity

On accounts for the year
ended

29 August 2024

Charity no
(if any)

1188897

Set out on pages

1-6

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD/MM/YYYY.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: M A Gambrill

Date: 26/06/2025

Name: Mrs Maxine Gambrill FCCA

Relevant professional
qualification(s) or body

Association of Chartered Certified Accountants

(if any):

Address:

PG Lemon LLP

22-26 Bank Street, Herne Bay

Kent, CT6 5EA

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.