

INSIGHT INTERNATIONAL FOR MENTAL HEALTH AND INTEGRATED HEALTH SYSTEMS

England & Wales - Charity number 1188880

Details

Status Registered

Legal form CIO

Registered 2020-04-02

Register [View on the Charity Commission register](#)

Contact

Address The Holly Bush
Upper Bond Street
Hinckley
LE10 1RH

Phone 08000345011

Email harry@kennacottcourt.co.uk

Activities

Objects: FOR THE PUBLIC BENEFIT, THE PRESERVATION AND PROTECTION OF GOOD MENTAL HEALTH AND THE PROMOTION OF RECOVERY IN THOSE EXPERIENCING OR AT RISK OF EXPERIENCING POOR MENTAL HEALTH, COMORBIDITIES WITH SOMATIC HEALTH PROBLEMS OR OTHER MENTAL HEALTH RELATED ISSUES ANYWHERE IN THE WORLD BY THE PROVISION OF ADVICE ON SUSTAINABLE SYSTEM-BASED IMPROVEMENTS OF MENTAL HEALTH SYSTEMS AND INTEGRATED APPROACHES TO PROMOTE UNIVERSAL ACCESS TO GOOD QUALITY MENTAL HEALTH CARE, BY THE PROVISION OF TRAINING AND CAPACITY BUILDING AND BY ADVOCATING FOR GOOD MENTAL HEALTH.

Activities: The public benefit, the preservation and protection of good mental health and the promotion of recovery in those experiencing or at risk of experiencing poor mental health, comorbidities with somatic health problems or other mental health related issues anywhere in the world by the provision of advice on sustainable system-based improvements of mental health systems and integrated services.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Defined Groups

Geography

- France
- Romania
- Switzerland
- Tanzania
- Turkey

Finances

Period end	Income	Expenditure	Assets	Employees
2025-02-13	-	-	-	-
2024-02-13	£218	£9,646	-	-
2023-02-13	£66,275	£103,675	-	-
2022-02-13	£46,880	£49	-	-
2021-02-13	£0	£0	-	-

Trustees

Name	Role	Appointed
Mohammad Haroon	Chair	2020-04-02
Frederick William Saunders		2020-04-02
Yasirah Fatimah		2021-02-19

Accounts



Trustees' Annual Report for the period

From 14.02.2023 Period start date To 13.02.2024 Period end date

Charity name: INSIGHT International for Mental Health and Integrated Health Systems

Charity registration number: 1188880

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The objects of the CIO are, for the public benefit, the preservation and protection of good mental health and the promotion of recovery in those experiencing or at risk of experiencing poor mental health, comorbidities with somatic health problems or other mental health related issues anywhere in the world by the provision of advice on sustainable system-based improvements of mental health systems and integrated approaches to promote universal access to good quality mental health care, by the provision of training and capacity building and by advocating for good mental health.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>The charity had limited activities in this reporting period due to personnel changes (departure of the CEO as of end February 2023, i.e. 2 weeks after the beginning of this reporting period) and no new resources secured by the charity.</p> <p>As per our strategic plans, the charity sought to deliver on its set objects by:</p> <ul style="list-style-type: none">• Targeting sustainable system-based reforms of mental health systems;• Focusing on supporting system transformations for people with mental health problems in both LMICs and HICs;• Engaging with decision makers to enact real change;• Providing the best evidence to guide critical decisions for improving mental health and well-being;• Undertaking capacity building, education & training;• Carrying out implementation research and

		<p>health service research.</p> <ul style="list-style-type: none"> • Collaborating with partners and donor agencies to develop and sustain locally-led, quality mental health systems, programmes and policies. <p>During this reporting period, main activities in relation to the 5 strategic objectives emerging from CIO's objects, were as follows:</p> <ol style="list-style-type: none"> 1) Contribute to improved access to mental health care through system-based changes <p>Following up on the work in previous reporting period on the planned project Tanzania Mental Health – Reaching Those in Need, the charity completed the work delivering on the start-up grant from the Serra Foundation (a Dutch-based family foundation focused small-size grants that can catalyse change for new promising initiatives) to support the implementation of the Preliminary Phase of the Project. The assessment report has been produced and successfully submitted to the Serra Foundation.</p> <ol style="list-style-type: none"> 2) Contribute to improved staff competencies through training & capacity building <p>No additional work was conducted in this area.</p> <ol style="list-style-type: none"> 3) Contribute to improved governance for mental health and integrated health systems <p>No additional work was conducted in this area.</p> <ol style="list-style-type: none"> 4) Contribute to increased research-generated international base of evidence for good mental health system. <p>No additional work was conducted in this area.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	This is to confirm that the trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
	Para 1.38	Not applicable.

Policy on grant making		
Policy on social investment including program related investment	Para 1.38	Not applicable.
Contribution made by volunteers	Para 1.38	Not applicable.
Other		Not applicable.

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The main achievement of the charity during this reporting period has been the finalisation and successful submission of the report of the rapid assessment of the Tanzanian mental health system.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	

Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of reporting period the charity was in a position to cover all its running costs, with no outstanding financial debts/liabilities.	
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Insight International's Reserves Policy states that money from unrestricted balances, which are not invested in fixed assets, are allocated to several designated funds. These funds are: 1) Continuity Fund; 2) Restructuring Fund; 3) Cyclical Maintenance Fund; 4) Dissolution Fund. Any reserves held are for the purpose of serving the objects of the foundation.	
Amount of reserves held	Para 1.22	Zero	
Reasons for holding zero reserves	Para 1.22	All funds secured are allocated towards the activities the charity.	
Details of fund materially in deficit	Para 1.24	No deficit.	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None.	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	The charity is dependent on securing funds for its activities. While active fundraising has been conducted, at the end of this reporting cycle, the charity did not have new financial resources to continue its activities.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	According to Art 10 on <i>Appointment of charity trustees</i> of the CIO Constitution (1) Appointed charity trustees (a) Apart from the first charity trustees, every appointed trustee must be appointed for a term of four years by a resolution passed at a properly convened meeting of the charity trustees. (b) In selecting individuals for appointment as appointed charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	INSIGHT International for Mental Health and Integrated Health Systems
Other name the charity uses	
Registered charity number	1188880

Charity's principal address	THE HOLLY BUSH , UPPER BOND STREET, HINCKLEY, LE10 1RH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mohammad Haroon	Chair	For entire reporting period.	The first charity trustee, appointed through the CIO Constitution.
2	Frederick William Saunders		For entire reporting period.	The first charity trustee, appointed through the CIO Constitution.
3	Yasirah Fatimah		For entire reporting period	Appointed by the Board of Trustees.
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Corporate trustees – names of the directors at the date the report was approved

Director name		
Not applicable		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Not applicable		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable

Other optional information


Not applicable

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Mohammad Haroon

Position (eg Secretary,
Chair, etc)

Chair

Date

13.12.2024

Accounts



Trustees' Annual Report for the period

From 14.02.2022 Period start date To 13.02.2023 Period end date

Charity name: INSIGHT International for Mental Health and Integrated Health Systems

Charity registration number: 1188880

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The objects of the CIO are, for the public benefit, the preservation and protection of good mental health and the promotion of recovery in those experiencing or at risk of experiencing poor mental health, comorbidities with somatic health problems or other mental health related issues anywhere in the world by the provision of advice on sustainable system-based improvements of mental health systems and integrated approaches to promote universal access to good quality mental health care, by the provision of training and capacity building and by advocating for good mental health.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	As per our strategic plans, the charity seeks to deliver on its set objects by: <ul style="list-style-type: none">• Targeting sustainable system-based reforms of mental health systems;• Focusing on supporting system transformations for people with mental health problems in both LMICs and HICs;• Engaging with decision makers to enact real change;• Providing the best evidence to guide critical decisions for improving mental health and well-being;• Undertaking capacity building, education & training;• Carrying out implementation research and health service research.• Collaborating with partners and donor agencies to develop and sustain locally-led, quality mental health systems, programmes

and policies.

During this reporting period, main activities in relation to the 5 strategic objectives emerging from CIO's objects, are as follows:

1) Contribute to improved access to mental health care through system-based changes

- In June 2022 INSIGHT International was formally appointed by the Tanzanian Ministry of Health as its key international partner for the development & implementation of the new National Mental Health Strategy and co-signed a the Memorandum of Understanding concerning the development and the implementation of the Tanzanian National Mental Health Strategy.

- INSIGHT International has initiated the project Tanzania Mental Health – Reaching Those in Need. The overall objective of the project is to deliver a mental health system transformation at national level that is grounded in the new Mental Health Strategy covering all the components of the health system (governance, service delivery, human resources and financing). The end beneficiaries of this project are people with common mental health disorders and those with severe mental health problems who require ongoing treatment and care. There is a particular focus on vulnerable groups (e.g. young people, the elderly, people living under the poverty line, and women). The target groups are expected to benefit from the intervention in the following ways: receiving timely access to appropriate care based on need and which is closer to home, and receive evidence-based care which is appropriate and affordable.

- In December 2022, the charity has been awarded a start-up grant from the Serra Foundation (a Dutch-based family foundation focused small-size grants that can catalyse change for new promising initiatives) to support the implementation of the Preliminary Phase of the Project. The scope of the Preparatory Phase of the project was two-fold. First, to conduct a rapid assessment of the Tanzanian mental health system and map the key stakeholders, based on which recommendations for the project were prepared. Second, to deliver a preliminary outline of the new model of mental health care to be initially piloted in one region, which will subsequently be scaled up at

	<p>national level. The Preparatory Phase, which entailed a study visit to Tanzania in December 2022, was still ongoing at the end of the reporting period covered by this Trustees' Annual Report.</p> <p>2) Contribute to improved staff competencies through training & capacity building</p> <p>The charity has engaged with key stakeholders in Tanzania to identify the needs for human resources capacity building for mental health, focused on two dimensions:</p> <ul style="list-style-type: none"> • Solutions to tackle the daunting gap in highly specialised resources (Tanzania only has 38 psychiatrists for a population of over 60 million people) – e.g. the recognition for recently initiated alternative degree in psychiatry and re-establishment of its academic and clinical training. • Competencies and skills of other health professionals providing care to people with mental health problems, with focus on transferable skills and competencies. <p>Preliminary work has been initiated. If successful in securing funding for the Phase 1 of the project (see below) these issues will constitute an important work component in the upcoming period.</p> <p>3) Contribute to improved governance for mental health and integrated health systems</p> <p>The charity has continued to deliver support to European Community based Mental Health Service Providers Network (EUCOMS) on overseeing the implementation of the Network's strategy for the period 2021-2024. This entailed a sustained series of webinars and other collaborative initiatives. Here are a few examples:</p> <ul style="list-style-type: none"> • Webinar on Network Psychiatry • Webinar on Open Dialogue: Experience from 4 Countries: UK, Czech Republic, Netherlands and Estonia • Webinar on Surrounding Countries of Ukraine: Interaction of emergency aid and mental health services • Webinar on Polish Reform on Mental Health <p>4) Contribute to increased research-</p>
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generated international base of evidence for good mental health system.

The charity staff have continued to contribute scientific articles focused on its core areas of work e.g. Can J Psychiatry article (doi: 10.1177/07067437221078411) on advancing Implementation Science Measurement for Global Mental Health Research.

At the same time, we have also continued to provide expert advice to implementation research carried out by the MENSANA project on Mental health system reform in Moldova. Data collection has been conducted during this entire reporting period, and is expected to continue till end 2023, to be followed by scientific articles on findings of the research.

Finally, during this reporting period, the initiative on evaluation of the mental health services delivered by the WHO Collaborating Centre Lille Metropole, France has been renewed following delays caused by the pandemic. INSIGHT International has partnered with Maastricht University, School for Mental Health & Neurosciences to design and carry out a comprehensive evaluation of a leading mental health service based Sector 59G21 of EPSM Lille Métropole. The research protocols have been revised, and start date of the evaluation set for April 2023, with the following objectives:

- Determine whether the model of care and interventions provided are based on evidence or documented good practices
- Evaluate the functioning of the mental health services by examining implementation, mechanisms of impact and contextual factors
- Assess the outcome delivered at client, service, population and society level
- Determine whether this model of care could be scaled up in France, and if so, lessons could be learned.

5) Contribute to increased prioritisation and investment in good mental health systems and integrated approaches.

During this reporting period, the charity continued engagement with potential donors for the project Tanzania Mental Health – Reaching Those in Need, focusing on securing funding for the Phase I of the project, following the Preliminary Phase.

		<p>Work is in progress.</p> <p>In addition, the charity has engaged with other European partners in seeking funding from Horizon Health grants, work on this is in progress.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	This is to confirm that the trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable.
Policy on social investment including program related investment	Para 1.38	Not applicable.
Contribution made by volunteers	Para 1.38	Not applicable.
Other		Not applicable.

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The main achievements of the charity during this reporting period are as follows.</p> <p>INSIGHT International has signed a Memorandum of Understanding with the Tanzanian Ministry of Health. The objective of this MoU is to promote mental health and wellbeing of the Tanzanian population, as well as the recovery of people experiencing or at risk of experiencing mental health problems. The joint responsibilities assigned by the MOU focus on the following 3 areas of priority:</p> <ol style="list-style-type: none"> 1. The development of the Tanzanian National Strategy for Mental Health and the preparation of its Implementation Plan 2. Delivering implementation of these policy

		<p>documents once adopted by the Tanzanian MoH.</p> <p>3. Conducting monitoring and evaluation of the implementation.</p> <p>The charity will work together with key stakeholders in Tanzania and local communities to transform the mental health system, tackle the current challenges and seek long term, sustainable and innovative solutions.</p> <p>In addition, the charity continued to contribute to make a difference with and for people who experience severe and enduring mental ill health through facilitation of mutual learning and support among mental health service provider organisations across different European countries members or collaborators of EUCOMS.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of reporting period the charity was in a position to cover the costs of the worked entailed by its activities, with no outstanding financial debts/liabilities.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Insight International's Reserves Policy states that money from unrestricted balances, which are not invested in fixed assets, are allocated to several designated funds. These funds are: 1) Continuity Fund; 2) Restructuring Fund; 3) Cyclical Maintenance Fund; 4) Dissolution Fund. Any reserves held are for the purpose of serving the objects of the foundation.
Amount of reserves held	Para 1.22	Zero
Reasons for holding zero reserves	Para 1.22	All funds secured are allocated towards the activities the charity.
Details of fund materially in deficit	Para 1.24	No deficit.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	The charity is dependent on securing funds for its current activities. While active fundraising has been conducted, at the end of this reporting cycle, the charity does not have yet long term securities.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	According to Art 10 on <i>Appointment of charity trustees</i> of the CIO Constitution (1) Appointed charity trustees (a) Apart from the first charity trustees, every appointed trustee must be appointed for a term of four years by a resolution passed at a properly convened meeting of the charity trustees. (b) In selecting individuals for appointment as appointed charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	Memorandum of Understanding with the Ministry of Health of Tanzania Concerning the development and implementation of the Tanzanian National Mental Health Strategy.
Other		

Reference and Administrative details

Charity name	INSIGHT International for Mental Health and Integrated Health Systems
Other name the charity uses	
Registered charity number	1188880
Charity's principal address	THE HOLLY BUSH , UPPER BOND STREET, HINCKLEY, LE10 1RH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mohammad Haroon	Chair	For entire reporting period.	The first charity trustee, appointed through the CIO Constitution.
2	Frederick William Saunders		For entire reporting period.	The first charity trustee, appointed through the CIO Constitution.
3	Yasirah Fatimah		For entire reporting period	Appointed by the Board of Trustees.
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Corporate trustees – names of the directors at the date the report was approved

Director name		
Not applicable		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Not applicable		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable.
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable.
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable.

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Scientific Advisory Board	Prof Rutger Engels	

Name of chief executive or names of senior staff members (Optional information)

Dr Ionela Petrea, CEO

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable.

Other optional information

Not applicable.

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Mohammad Haroon

Position (eg Secretary,
Chair, etc)

Chair

Date

02.12.2023

Accounts

Trustees' Annual Report for the period

		Period start date			Period end date		
From	Day 14	Month 02	Year 2021	To	Day 13	Month 02	Year 2022

Section A Reference and administration details

Charity name	INSIGHT International for Mental Health and Integrated Health Systems
Other names charity is known by	
Registered charity number (if any)	1188880
Charity's principal address	THE HOLLY BUSH , UPPER BOND STREET, HINCKLEY
Postcode	LE10 1RH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mohammad Haroon	Chair	For entire reporting period.	The first charity trustee, appointed through the CIO Constitution.
2	Frederick William Saunders		For entire reporting period.	The first charity trustee, appointed through the CIO Constitution.
3	Yasirah Fatimah		As of 19 February 2021	Appointed by the Board of Trustees.
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
Not applicable	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Scientific Advisory Board	Prof Rutger Engels	

Name of chief executive or names of senior staff members (Optional information)

Dr Ionela Petrea, CEO

Section B Structure, governance and management

Description of the charity’s trusts

Type of governing document (eg. trust deed, constitution)	CIO Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	According to Art 10 on <i>Appointment of charity trustees</i> of the CIO Constitution (1) Appointed charity trustees (a) Apart from the first charity trustees, every appointed trustee must be appointed for a term of four years by a resolution passed at a properly convened meeting of the charity trustees. (b) In selecting individuals for appointment as appointed charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity’s organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees’ consideration of

major risks and the system and procedures to manage them.



Section C Objectives and activities

<p>Summary of the objects of the charity set out in its governing document</p>	<p>The objects of the CIO are, for the public benefit, the preservation and protection of good mental health and the promotion of recovery in those experiencing or at risk of experiencing poor mental health, comorbidities with somatic health problems or other mental health related issues anywhere in the world by the provision of advice on sustainable system-based improvements of mental health systems and integrated approaches to promote universal access to good quality mental health care, by the provision of training and capacity building and by advocating for good mental health.</p>
<p>Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)</p>	<p>During this reporting period, the charity conducted the following key activities (SORP reference: Para 1.17 and 1.19)</p> <p>1) Training of Workforce in the framework of 'Social Inclusion for People with Mental Disabilities in Turkey' funded by EU & WHO.</p> <p>On behalf of WHO Turkey, a Consortium consisting of GGZ Noord-Holland-Noord and of INSIGHT International which is training and helping build the capacity of the workforce in community mental health centres in Turkey, and enable them to deliver high-quality, evidence-based and person-centred community services.</p> <p>During this reporting period, Insight has provided supervision to Turkish TOTs who delivered training to 32 CMHTs. Challenges encountered, learning points and gaps were identified and addressed in subsequent trainings. In addition, to ensure the uptake of knowledge, skills and competencies by each team, additional training was provided directly by the Consortium team to each of the CMHTs included in the roll-out.</p> <p>2) Driving research & dissemination of good practices in Romania</p> <p>Supporting the Romanian League for Mental Health on implementation of good practices in mental health, focusing on innovative solutions for remote areas and vulnerable groups, in particular:</p> <ul style="list-style-type: none"> • Raising awareness among vulnerable adult populations about risk factors, signs and symptoms of mental disorders. • Increasing the mental health resilience of children from vulnerable and at risk groups • Improving access to care for people with mental health problems in remote areas or vulnerable groups. <p>During this reporting period, the new RLMH International Research and Development Strategy has been finalised. In addition, we have prepared joint project proposals on improving access to care for child and adolescent mental health using artificial intelligence and for improving mental health at community level, seeking to generate mental resilience and well-being through developing multi-faceted local ecosystems for mental health bringing together service providers (specialist and primary care) and other stakeholders such as local governments/municipalities (with responsibilities for welfare, employment, schools, social services), insurance organisations, people with lived experiences and their families and civil society organisations,</p>

	<p>3) Rapid assessment of the Greek mental health services</p> <p>Within the framework of the collaborative work with its sister organisation in the Netherlands (the Stichting Insight International Institute for Mental Health and Integrated Health Systems (Netherlands)), the charity staff participated in the WHO Greece assessment of the Greek mental health services.</p> <p>As part of the WHO Mental Health Emergency exposed by COVID19, Insight staff supported the WHO Representative to Greece in the joint review by WHO and the Greek Government of the current state of mental health care services in the country and the development of recommended actions towards a community based, high quality, people-centred and integrated mental health system, with zero tolerance against any sort of human rights violation and stigma and leaving no one behind, and based on the lessons learned and the way forward due to the ongoing COVID19 pandemic. The deliverables were:</p> <ul style="list-style-type: none"> • Conducted assessment visits and interviews with key mental health professionals in Greece. • Produced an assessment report with recommendations for further action to strengthen Greek mental health system • Presented findings to key stakeholders, report disseminated at WHO High Level Meeting on Mental Health, July 2021. <p>4) Delivering advice & support to the European Community Mental Health Service providers network (EUCOMS) & its 60 members in 27 countries.</p> <p>During this reporting period, the charity contributed to the series of EUCOMS webinars <i>Learning From Each Other</i> with focused on:</p> <ul style="list-style-type: none"> • Flexible Assertive Community Treatment • Hard to Engage • E-community mental health. <p>In addition, it continued to facilitate working partnerships with leading international organisations and networks.</p> <p>5) Tanzania Mental Health Project- Reaching Those in Need – Collaboration in implementation the National Strategy and its Implementation Plan</p> <p>INSIGHT International team has been invited by the Tanzanian government to provide expert support which will enable the country to meet its national mental health challenges and seek long term, sustainable and innovative solutions.</p> <p>During this reporting period, the charity has negotiated the Memorandum of Understanding with the Tanzanian Ministry of Health (to be signed in the following reporting period).</p>
<p>Additional details of objectives and activities (Optional information)</p>	
<p>You may choose to include further statements, where relevant, about:</p> <ul style="list-style-type: none"> • policy on grantmaking; • policy programme related investment; • contribution made by volunteers. 	<p>Not applicable .</p>

Summary of the main achievements of the charity during the year

During this reporting period, the charity sought to contribute to 5 main strategic objectives emerging from CIO's objects, as follows:

- 1) Contribute to improved access to mental health care through system-based changes

The main achievement of the charity related to this objective was to successfully negotiate the Memorandum of Understanding with the Tanzanian Ministry of Health, which encompasses:

- The development of the Tanzanian National Strategy for Mental Health and the preparation of its Implementation Plan
- Delivering implementation of these policy documents once adopted by the Tanzanian MoH.
- Conducting monitoring and evaluation of the implementation.

The overall objective is to deliver support for a mental health system transformation at national level that is grounded in the new Mental Health Strategy covering all the components of the health system (governance, service delivery, human resources and financing).

- 2) Contribute to improved staff competencies through training & capacity building

The charity has managed to successfully supervise the delivery of training of 32 Community Mental Health Teams from across Turkey that received face-to-face and online training provided by national TOTs and by INSIGHT International & GGZ Noord-Holland-Noord experts. Combining structured knowledge sharing sessions with hands on sessions, the training supports mental health teams to deliver care to people with severe mental health problems for a catchment area of about 12 million population.

In addition, the preparations continued for the project in Tanzania undertaken during this reporting period also relate to building capacity of mental health and related professionals. Outcomes of this work are expected in the following period.

- 3) Contribute to improved governance for mental health and integrated health systems

The charity has delivered support to EUCOMS which includes overseeing the implementation of the Network's strategy for the period 2021-2024. This entailed a sustained series of webinars and other collaborative initiatives, bringing together specialised services with primary care ones, as well as input from other sectors (e.g. social care).

In addition, the charity has successfully finalised the new RLMH International Research and Development Strategy, which should guide the organisation for the period 2021 – 2026.

- 4) Contribute to increased research-generated international base of evidence for good mental health system.

The charity staff have continued to contribute scientific articles focused on its core areas of work e.g. BMC Psychiatry article (DOI:10.1186/s12888-021-03542-2) on experiences of healthcare staff providing community-based mental healthcare as a multidisciplinary community mental health team in 5 Central and Eastern European countries (Bulgaria, Croatia, North Macedonia, Romania and

Section D

Achievements and performance

Montenegro).

- 5) Contribute to increased prioritisation and investment in good mental health systems and integrated approaches.

During this reporting period, the charity continued engagement with potential donors for the implementation the Tanzanian National Strategy through the Tanzania Mental Health Project Reaching Those in Need. This work is expected to materialise in a new project being funded during the following reporting period.

Section E

Financial review

Brief statement of the charity's policy on reserves

Insight fund International's Reserves Policy states that money from unrestricted balances, which are not invested in fixed assets, are allocated to several designated funds. These funds are: 1) Continuity Fund; 2) Restructuring Fund; 3) Cyclical Maintenance Fund; 4) Dissolution Fund.

Details of any funds materially in deficit

Not applicable.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

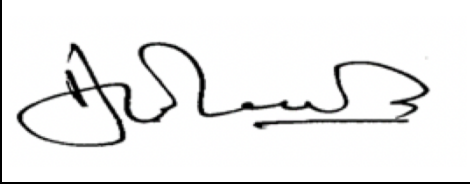
Other optional information

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Section G**Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Mohammad Haroon	
Position (eg Secretary, Chair, etc)	Chair	
Date	13.12.2022	



Receipts and payments accounts

CC16a

For the period from

Period start date

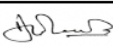
To

Period end date

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
GGZ NHM	30.678	-	-	30.678	-
RLMH	7.984	-	-	7.984	-
RLMH	7.660	-	-	7.660	-
CCRC	500	-	-	500	-
I Petrea	2	-	-	2	-
Refund bank charges	56	-	-	56	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	46.880	-	-	46.880	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	46.880	-	-	46.880	-
A3 Payments					
Bank Charges	-	49	-	49	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	49	-	49	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	49	-	49	-
Net of receipts/(payments)	46.880	- 49	-	46.831	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	46.880	- 49	-	46.831	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		46.831	-	-
		-	-	-
		-	-	-
	Total cash funds	46.831	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
		Mohammad Haroon, Chair		13/12/2022

Accounts



Trustees' Annual Report for the period

From: 02/04/2020 Period start date **To: 13/02/2021** Period end date

Charity name: INSIGHT International for Mental Health and Integrated Health Systems

Charity registration number: 1188880

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The objects of the CIO are, for the public benefit, the preservation and protection of good mental health and the promotion of recovery in those experiencing or at risk of experiencing poor mental health, comorbidities with somatic health problems or other mental health related issues anywhere in the world by the provision of advice on sustainable system-based improvements of mental health systems and integrated approaches to promote universal access to good quality mental health care, by the provision of training and capacity building and by advocating for good mental health.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>During this reporting period, the charity initiated 5 projects:</p> <p>1) Training of Workforce in the framework of 'Social Inclusion for People with Mental Disabilities in Turkey' funded by EU & WHO.</p> <p>On behalf of WHO Turkey, a Consortium consisting of GGZ Noord-Holland-Noord and of INSIGHT International which is training and helping build the capacity of the workforce in community mental health centres in Turkey, and enable them to deliver high-quality, evidence-based and person-centred community services. Key deliverables are:</p> <ul style="list-style-type: none"> • 21 Turkish Train-the-Trainers (TOT): 15 days of training. This was delivered during this reporting period. • 200 Turkish Mental health professionals (to be delivered un the next reporting period). • 32 Turkish community mental health teams covering a population of aprox. 11,7M people (to be delivered un the next reporting period). <p>2) Driving research & dissemination of good practices in Romania</p> <p>Supporting the Romanian League for Mental Health on implementation of good practices in mental health, focusing on innovative solutions for remote areas and vulnerable groups, in particular:</p> <ul style="list-style-type: none"> • Raising awareness among vulnerable adult populations about risk factors, signs and symptoms of mental disorders. • Increasing the mental health resilience of children form vulnerable and at risk groups

		<ul style="list-style-type: none"> Improving access to care for people with mental health problems in remote areas or vulnerable groups. <p>During this reporting period, we have initiated the preparation of the RLMH's International research and development strategy. We have also initiated the preparation of a joint project proposal on rural mental health in Northern Romania.</p> <p>3) Evaluating the mental health services delivered by the WHO Collaborating Centre Lille Metropole, France.</p> <p>Invited by the WHO Collaborating Centre, INSIGHT International has partnered with Maastricht University, School for Mental Health & Neurosciences to design and carry out a comprehensive evaluation of a leading mental health service based Sector 59G21 of EPSM Lille Métropole. The research will seek to:</p> <ul style="list-style-type: none"> Determine whether the model of care and interventions provided are based on evidence or documented good practices Evaluate the functioning of the mental health services by examining implementation, mechanisms of impact and contextual factors Assess the outcome delivered at client, service, population and society level Determine whether this model of care could be scaled up in France, and if so, lessons could be learned. <p>During this reporting period, the research protocol has been drafted. Start date of the research has been delayed due to pandemic, it is now expected to start in the first quarter of 2022.</p> <p>4) Delivering advice & support to the European Community Mental Health Service providers network (EUCOMS) & its 60 members in 27 countries.</p> <p>During this reporting period, the charity:</p> <ul style="list-style-type: none"> Co-hosted EUCOMS' 9th Network meeting on the 11th of June 2020 (which was its first online network event) that addressed <i>Delivering Community Mental Health Care During Covid-19: Innovative Practices & Lessons Learned</i>. Contributed to drafting of EUCOMS' 2021-2024 strategy. Facilitated dialogue on peer support work at the 10th EUCOMS meeting on the 27th of January 2021 which focused on peer support in mental health care. Facilitated working partnerships with leading international organisations and networks. <p>5) Tanzania Mental Health Project- Reaching Those in Need – Collaboration in implementation the National Strategy and its Implementation Plan</p> <p>INSIGHT International team has been invited by the Tanzanian government to provide expert support which will enable the country to meet its national mental health challenges and seek long term, sustainable and innovative solutions.</p> <p>During this reporting period, the charity prepared a draft Memorandum of Understanding with the Tanzanian Ministry of Health.</p>
Statement confirming whether the	Para 1.18	The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

trustees have had regard to the guidance issued by the Charity Commission on public benefit		
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable.
Policy on social investment including program related investment	Para 1.38	Not applicable.
Contribution made by volunteers	Para 1.38	Not applicable.

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>During this reporting period, the charity sought to contribute to 5 main strategic objectives emerging from CIO's objects, as follows:</p> <ol style="list-style-type: none"> 1) Contribute to improved access to mental health care through system-based changes <p>As a new charity, INSIGHT has initiated a number of activities which seek to contribute to this objective. In particular, the projects in Romania and Tanzania focus on this objective. During this reporting period this work has just started, with concrete outcomes expected to be delivered in following period.</p> <ol style="list-style-type: none"> 2) Contribute to improved staff competencies through training & capacity building <p>The charity has managed to successfully deliver training to 21 Turkish train the trainers, which enabled them to both:</p> <ul style="list-style-type: none"> • Train a large number of mental health professionals working throughout the country and serving a population of aprox. 11.7million people. • Improve their own clinical work and deliver high-quality, evidence-based and person-centred community services. <p>In addition, the preparations for the project in Tanzania undertaken during this reporting period also relate to building capacity of mental health and related professionals. Outcomes of this work are expected in the following period.</p>

		<p>3) Contribute to improved governance for mental health and integrated health systems</p> <p>The charity has delivered support to EUCOMS which includes the drafting of the network’s strategy for the next 4 years. Implementation of this strategy is expected to have a direct positive impact on stimulating the activities of over 60 mental health service providers which are members of EUCOMS. They entail preparation of workplans for each of the 25 countries represented in EUCOMS.</p> <p>In addition, the preparations for the project in Tanzania undertaken during this reporting period also relate to the development and implementation of a national mental health strategy, which will have impact on almost 70% of the population who are living in remote rural areas. With 44% of the 56.3 million population under the age of 14, there is a great need to help children and adolescents build resilience for mental health. Outcomes of this work are expected in the following period.</p> <p>4) Contribute to increased research-generated international base of evidence for good mental health system.</p> <p>The charity has started one project focused on delivering on this objective, namely the evaluation of the mental health services delivered by the WHO Collaborating Centre Lille Metropole, France.</p> <p>EPSM Lille-Métropole is often presented as an example of good practice in community care in France and internationally. While the Centre is conducting various research projects aimed at evaluating the impact it has in the coverage area, to date no external evaluation has been conducted. In this context, EPSM Lille-Métropole has asked INSIGHT International to design and carry out a comprehensive evaluation of its services, which would also address the process of implementation of the EPSM Lille-Métropole model of care.</p> <p>The research, which is expected to start in the first quarter of 2022, will seek to determine whether EPSM Lille-Métropole is a good practice in mental health service provision that delivers measurable outcomes by employing interventions which are based on evidence or documented good practices which can be used as a model at national level in France.</p> <p>5) Contribute to increased prioritisation and investment in good mental health systems and integrated approaches.</p> <p>During this reporting period, the charity initiated engagement with potential donors for the implementation the Tanzanian National Strategy through the Tanzania Mental Health Project Reaching Those in Need. This is still work in progress, with the pandemic having delayed a number of planned fundraising activities for this purpose.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	The charity has met its set objectives on most of its projects, see above details on the deliverables during this reporting period. It is worth noting the swift shift towards online working which allowed the charity to carry out its planned work. In particular, we would like to note the successful delivery on
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		<p>online training to Turkish train-the-trainers. Considering its efficiency and positive outcomes, it is likely that this approach will be employed also post-pandemic in other projects the charity will engage in.</p> <p>Some of its planned activities have however been delayed due to pandemic, namely:</p> <ul style="list-style-type: none"> a) Shaping new models of community-based mental health care in the Swiss canton of Valais. b) Assessment of the mental health services in Morocco, commissioned by WHO EMRO c) Evaluation of the national plan for mental health in Belgium, at the invitation of the Ministry of Health.
Performance of fundraising activities against objectives set	Para 1.41	<p>The charity met its fundraising objectives in relation to 2 of its projects, namely the projects 1 and 2 in described above. However, the emergence of the pandemic led to a delay in securing pre-discussed funding for activities related to 3 projects (a, b and c) mentioned above. The charity will follow up on all these fundraising activities, with the expectation that they can be reactivated in 2022.</p> <p>Preparation of fundraising activities related to the Tanzania Mental Health Project- Reaching Those in Need has also been delayed due to pandemic.</p>
Investment performance against objectives	Para 1.41	Not applicable.

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>The charity has been affected by the emergence of the pandemic which coincided with the start-up of its activities (the charity has been registered on the 2nd of April 2020, just in the beginning of the first wave). The most important difficulty was to open a bank account, while banks refused to take on new clients during this period. Therefore, the charity did not have any financial operations during this reporting period.</p> <p>The lack a bank account limited the ability of the charity to apply for funding, while donors require financial validation of applicants, including of their bank accounts. Consequently, the charity was able to engage financially only in 2 projects:</p> <ul style="list-style-type: none"> 1) Training of Workforce in the framework of 'Social Inclusion for People with Mental Disabilities in Turkey' funded by EU & WHO, and contracted by WHO Country Office in Turkey. <p>For the purposes of the project, the charity is part of a consortium together with the Dutch-based organisation GGZ Noord-Holland-Noord. WHO requires that funding is transferred to only one of the consortium partners, who in turn is required to transfer funds to the other consortium partners. This allowed INSIGHT to be part of the consortium and have its activities contracted with funding while not yet having a bank account.</p>
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		<p>2) Driving research & dissemination of good practices in Romania by supporting the Romanian League for Mental Health</p> <p>The charity was contracted by the Romanian League for Mental Health in the basis of a contract which required that payments are made only upon submission of deliverables, and bank information was expected only at that point.</p> <p>As a new organisation, the charity only has one employee, its CEO appointed by the Board of Trustees, Dr Petrea. The Board has secured an agreement whereby Dr Petrea has been able to deliver its work with payment subject to fundraising, and to the availability of financial operations (i.e. having a bank account to process payments). Once funding is available any salary arrears will be paid as agreed with the CEO. This allowed the charity to be active and conduct its work as reported in this Annual Report despite the financial challenges noted here.</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Not applicable.
Amount of reserves held	Para 1.22	Not applicable.
Reasons for holding zero reserves	Para 1.22	Due to pandemic, charity was unable to open a bank account during this reporting period, while banks refused to take on new charities as clients during this period.
Details of fund materially in deficit	Para 1.24	Not applicable.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<p>Not applicable.</p> <p>Bank account was finally open in March 2021, and the charity started to operate financially (this will be reflected in the next Annual Report)</p>

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<p>During this period, the activities of the charity have been funded by:</p> <ul style="list-style-type: none"> - World Health Organization, Country Office in Turkey - Romanian League for Mental Health <p>While contracts have been closed during this reporting period with both organisations, due to lack of bank account, no financial operations were conducted during this reporting period.</p>
Investment policy and objectives including any social investment policy adopted	Para 1.46	Not applicable.
A description of the principal		The main risk during this reporting period was posed by the inability to open a bank account during the first period of the

risks facing the charity	Para 1.46	<p>pandemic, which coincided with the first reporting period of the charity, established on the 2nd of April 2020. That was despite making every effort and approaching all the UK based banks. This risk has now been eliminated while the charity has managed to open a bank account with Lloyd Bank.</p> <p>In the upcoming period, the main risk for the charity relates to cashflow. The pandemic enabled the performance of the charity's work online, and reduced significantly any indirect costs and activity costs related to travel. At the same time, it limited the charity's ability to fundraise. Mitigation strategies have been put in place to ensure planned work can be funded through alternative fundraising activities.</p>
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Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>According to Article 10 on "Appointment of charity trustees" of the CIO Constitution,</p> <p>"(a) Apart from the first charity trustees, every appointed trustee must be appointed for a term of four years by a resolution passed at a properly convened meeting of the charity trustees.</p> <p>(b) In selecting individuals for appointment as appointed charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO."</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	<p>According to Article 11 of the CIO Constitution, "The charity trustees will make available to each new charity trustee, on or before his or her first appointment:</p> <p>(a) a copy of the current version of this constitution; and</p> <p>(b) a copy of the CIO's latest Trustees' Annual Report and statement of accounts."</p> <p>In addition, during this reporting period the charity has adopted the following policy documents, which are used for the induction and training of trustees:</p> <ul style="list-style-type: none"> • Code of Conduct and Ethics • Anti - Fraud Policy
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		<ul style="list-style-type: none"> • Conflict of Interest Policy • Data Protection Policy • Risk Management Policy • Volunteer Management Policy • Health and Safety Policy • Safeguarding Vulnerable Beneficiaries Policy • Complaints Handling and Whistleblowing Policy • Gender Equality Plan. • Paying staff.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	<p>The charity is led by its Board of Trustees and managed by its CEO.</p> <p>The team is expected to grow from 1 staff (the CEO) to 5-6 staff over the next 3-4 years.</p> <p>The charity collaborates with key international organizations and maintains close working relationships with government officials, local authorities, researchers, health professionals, leading mental health and academic centers, civil societies, and scientific communities. We also work closely with professional organizations, care associations, and people with lived experience of mental health issues.</p>
Relationship with any related parties	Para 1.51	<p>The charity collaborates with partners and donor agencies to develop locally-led mental health systems, programs, and policies through capacity building, education, and training. Our network spans 35 countries in Europe, Africa, and Asia. Our team has:</p> <ul style="list-style-type: none"> • Long term collaboration and work experience with key international organisations e.g. World Health Organization, the European Commission, OECD. • Established close working relationships with senior government officials, researchers, health professionals & other key stakeholders in over 35 EMEIA countries. • Track record of forging collaborations with leading mental health centres and academic centres. • Collaboration with leading non-state actors e.g. professional organisations, service users and carers associations. • Board Director, co-initiator and founding member of the European Network of Community Mental Health Service Providers (EUCOMS).

Reference and Administrative details

Charity name	INSIGHT International for Mental Health and Integrated Health Systems
Other name the charity uses	-
Registered charity number	1188880
Charity's principal address	THE HOLLY BUSH UPPER BOND STREET HINCKLEY LE10 1RH

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1 Mohammad Haroon	Chair	For entire reporting period.	The first charity trustee, appointed through the CIO Constitution.
2 Frederick William Saunders		For entire reporting period.	The first charity trustee, appointed through the CIO Constitution.
3 Yasirah Fatimah		As of 19 February 2021	Appointed by the Board of Trustees.

Corporate trustees – names of the directors at the date the report was approved

Director name		
Not applicable		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Not applicable		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

Name of chief executive or names of senior staff members (Optional information)

Dr Ionela Petrea, CEO

Exemptions from disclosure

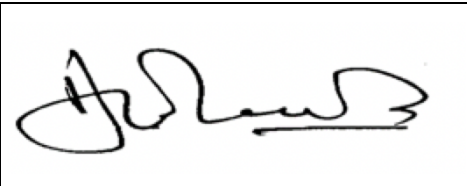
Reason for non-disclosure of key personnel details

Not applicable.

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Mohammad Haroon	
Position (eg Secretary, Chair, etc)	Chair	
Date	13/12/2021	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name INSIGHT International for Mental Health and Integrated Health Systems	No (if any) 1188880
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CC16a

Receipts and payments accounts

For the period from	02/04/2020	To	13/02/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	-	-	-	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	-	-	-	-
A3 Payments					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	-	-	-	-
Net of receipts/(payments)	-	-	-	-	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	-	-	-	-	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-

(agree balances with receipts and payments account(s))

OK OK OK


Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Mohammad Haroon	13/12/2021