

## **Foundation for Life Annual Report 1<sup>st</sup> April 2021 to 31<sup>st</sup> March 2022**

### **Administrative Details**

Charitable Incorporated Organisation  
Registration Number 1188868

Address: The Stables, Dinsdale Place, Newcastle upon Tyne NE2 1BD

Trustees: Dr Christopher Richards (Director), Dr Olwen Nicholson (Deputy Director), Dr Anika Lillicrap, Dr Robert Smith.

### **Structure, Governance and Management**

Foundation For Life is a Charitable Incorporated Organisation (CIO), registered with the Charity Commission on 02/04/2020.

Foundation For Life was previously a Charitable Trust, registered 19/06/2007 until 10/10/2020, Registration Number 1119712.

The CIO's four trustees meet not less than four times a year and take the final decisions about the structure and running of the CIO as set out in the Trust Deeds and CIO constitution. Foundation for Life has a Christian constitution.

### **Objectives and Activity**

The charity's primary aim is to provide advice and support for women with unplanned pregnancy, as well as the opportunity for a limited, non-diagnostic ultrasound scan for women with unplanned pregnancy. The primary purpose of the scan is informative, to enable a woman to view the image of her developing baby. To this end, the Tyneside Pregnancy Advice Centre (TPAC) was opened by Foundation For Life, at 14 Portland Terrace, Newcastle upon Tyne, in August 2008. During the reporting period, TPAC relocated to new rented premises in Newcastle upon Tyne (made necessary when the previous rented premises were sold for redevelopment). The relocation process took place in January 2022 and necessitated a temporary disruption to normal service provision. The ultrasound service was suspended from 25<sup>th</sup> January to 1<sup>st</sup> April whilst awaiting renewed CQC registration of the ultrasound service within our new premises. The pregnancy advice service was largely maintained throughout this time, with only a temporary restriction to a telephone-only service between 25<sup>th</sup> January and 11<sup>th</sup> February.

Clients accessed the service following referral by general practitioners or other health professionals, or self-referral. Throughout the reporting period, the Centre has worked in full accordance with Government and

NHS Covid-19 guidelines, which have necessitated temporary reductions in working capacity and service provision. Clients were offered the option of a telephone consultation, and ultrasound scans were offered by appointment only. The Centre was able to offer a 3-hour session on most working days. Clients receive information and advice and some request a non-diagnostic ultrasound scan, provided by a trained ultrasonographer. The Centre also has a follow-up support service which provides ongoing support for clients as necessary. From 1st April 2021 to 31st March 2022, a total of 77 new clients used the service. Of these, 72 attended in person and 5 accessed telephone consultations.

Since October 2013, TPAC's ultrasound scanning service has been registered with the Care Quality Commission (CQC). During the reporting period, CQC engagement meetings have been held approximately quarterly. As a result of its transfer from a Charitable Trust to a CIO, Foundation For Life was required to complete a new CQC registration process as a new organisation. Further re-registration processes were completed for the ultrasound service following TPAC's relocation to the new premises, and a new CQC Registered Manager was appointed for the service.

For the period of this report, there were no serious incidents that the CIO failed to report to the Charity Commission.

## **Staff**

From 1<sup>st</sup> April 2021 to 23<sup>rd</sup> December 2021, we employed 4 part-time trained sonographers to provide advice and non-diagnostic ultrasound scans for clients. Following the resignation of one sonographer in December 2021, we employed 3 part-time sonographers. The Centre offers ultrasound scans to volunteers in early pregnancy in order to meet the training needs and maintain the skills of the ultrasound staff. The Centre Coordinator post has been vacant during the reporting period and administrative duties have been covered by existing employees and members of the volunteer receptionist team. All employees and volunteers receive initial and ongoing training and supervision. Trustees, staff or volunteers may work directly and unsupervised with children or adults at risk. DBS checks have been carried out on all the individuals who are eligible to have them.

## **Financial Summary**

The CIO raises funds from the public. It does not work with a professional fundraiser or commercial participator. Grant making is not the main way the CIO carries out its purposes. During the financial period for this return, the CIO did not receive income from contracts from central government or a local authority, nor any grant funding from central government or a local authority. During the financial period for this return, the CIO did not

receive income from outside of the UK. The CIO has no trading subsidiaries. During the financial period for this return, the trustees received no remuneration or benefits other than expenses incurred, and none of the trustees resigned or took up employment with the CIO. During the financial period for this return, none of the CIO's staff received total employment benefits of £30,000 or more. The CIO had 6 UK volunteers, excluding trustees, during the financial period.

Attached is a copy of the Foundation For Life annual accounts.

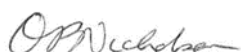
During the year ended 31 March 2022, the CIO (registration number 1188868) received income totalling £36,780.68, most of which came through voluntary donations. During the year, the CIO made payments totalling £48,302.01. The main areas were staff-related costs (£20,144), building-related costs (£21,878 - this included one-off payments totalling £7,660 relating to setting up the CIO's new premises), and other running costs of the Tyneside Pregnancy Advice Centre (£6,280). This gave rise to a deficit of £11,521.33, which when added to the opening balance of £33,052 gave rise to a closing balance of £21,530.64.

Trustees:

Dr Chris Richards  
Dr Olwen Nicholson  
Dr Anika Lillicrap  
Dr Robert Smith

The Trustees declare that they have approved the trustees' report above.

Signed on behalf of the Trustees:



Olwen Nicholson  
Trustee and Deputy Director

Date 14/10/2022

Foundation for Life (Registered Charity Number 1188868)

Receipts and Payments Account for the Year Ended 31 March 2022

All figures in £s	Y/E 31/3/22
<b>Receipts:</b>	<b>£</b>
Regular donations	24,437.68
One-off donations	12,343.00
<b>TOTAL</b>	<b>36,780.68</b>
<b>Payments:</b>	<b>£</b>
Staff costs (incl. training)	16,125.13
Liability insurance	4,019.09
CQC registration	3,731.00
Newcastle rent	9,228.55
Business rates	1,180.48
Utilities & cleaning	1,486.24
Insurance & security	1,677.25
Telephones	645.90
Supplies and services	2,548.49
The Stables set up costs	7,659.88
<b>TOTAL</b>	<b>48,302.01</b>
<b>Surplus/(Deficit)</b>	<b>(11,521.33)</b>
<b>Balance b/f</b>	<b>33,051.97</b>
<b>Balance c/f</b>	<b>21,530.64</b>

**Report to the trustees of Foundation for Life (registered charity number 1188868),**

I report to the trustees on my examination of the accounts of the above charity for the year ended 31 March 2022, which are set out on page 1.

Respective Responsibilities of the Trustees and Examiner

The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general directions given by the Charity Commissioners in section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in a full audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements to keep accounting records in accordance with section 130 the 2011 Act, or to prepare accounts which accord with the accounting records have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



ANTHONY FRANCIS  
2<sup>nd</sup> OCTOBER 2022

BA (Hons) FCA

Foundation for Life (Registered Charity Number 1188868)

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