

Charity Registration No 1188852



EMICS (EAST MIDLANDS IMMEDIATE CARE SCHEME) CIO

TRUSTEES REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31 OCTOBER 2023

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LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Dr T Gray (Chairman) Mrs M Boothroyd Dr B Coyle Dr P Holden Dr J Inman
Secretary	Mrs M Boothroyd
Charity Number	1188852
Principal Address	The Lodge 2 Pasture Lane Barleythorpe Oakham Rutland LE15 7EQ
Independent Examiner	Bettles Accountancy Limited Gummies Retreat Leicester Road Tilton on the Hill Leicestershire LE7 9DB
Bank	CAF Bank Ltd 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ

TRUSTEES REPORT FOR THE YEAR ENDED 31 OCTOBER 2023

The Trustees present their report and accounts for the year ended 31 October 2023.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Charity's constitution, the Charities Act 2011 and the Statement of Recommended Practice applicable to charities preparing their own accounts in accordance with the Financial Reporting Standards for Smaller Entities (FRSSE) (effective 1 January 2015).

REFERENCE AND ADMINISTRATIVE DETAILS

Registered name: EMICS (East Midlands Immediate Care Scheme) CIO

Registered Charity No: 1188852

Principal Address:

The Lodge
2 Pasture Lane
Barleythorpe
Rutland
LE15 7EQ

Trustees (at 31 October 2023):

Dr T Gray
Dr B Coyle
Dr J Inman
Dr P Holden
Mrs M Boothroyd

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

The CIO was established by a charitable trust deed on 1 April 2020.

Corporate Structure

The Charity has continued to operate as a Charitable Incorporated Organisation (CIO) since its effective formation on 31 May 2020. The CIO is managed by the Board of Trustees who act in the best interest of the members, and other stakeholders, of the Charity and ensured that all the required legal formalities are met.

Recruitment and Appointment of New Trustees

The proposed efforts to identify skills gaps in the Trustees Board and recruit more Trustees did not materialise but this is something which will be addressed in the year to come. It is recognised that as the Charity becomes more complex to run the skills and experience of the Board need to be extended.

Risk Management

The Trustees have continued to assess the major risks to which the Charity is exposed and are satisfied that systems and arrangements have been put in place to mitigate exposure to the major risks. These arrangements include purchasing appropriate insurance protection and operating suitable clinical compliance systems.

OBJECTIVES AND ACTIVITIES

EMICS (East Midlands Immediate Care Scheme) CIO exists to provide support for appropriately registered medical practitioners in their voluntary and charitable duties acting as Pre-Hospital Doctors. Such work, although undertaken on a charitable and voluntary basis, requires such doctors to be trained and equipped to a very high standard and is not part of their NHS duties.

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the Scheme should undertake. They work in partnership with the East Midlands Ambulance Service (EMAS) who commission the call-outs attended by our volunteer clinicians and, inter alia, assist in our compliance procedures via a memorandum of understanding.

ACHIEVEMENT AND PERFORMANCE

In the year ending 31 October 2023 our 18 active doctors responded to 1261 calls from EMAS to assist their front-line staff. EMICS doctors were first on scene at around 15% of these incidents. On average some 60% of these calls related to life threatening cases. Once again, we can confidentially say that EMICS doctors have saved lives and prevented life changing injuries.

The plans to complete a set of agreements between EMICS and each responding doctors and with EMAS were achieved during the year, although there is a slight delay in fully implementing those agreements. Each responding doctor has signed an agreement which lays down minimum levels of responding by way of justification of the equipment allocated to them but also importantly to maintain their clinical and operational competence.

The aspiration to extend our clinical responding personnel to include suitably qualified paramedics has yet to be met. Unfortunately, the pressure under which our doctors work, in their day jobs, and our inability to recruit more doctors in that environment, has impacted on our objective. Initially, we need to be able to put responding teams together, which combines the two sets of skills, but this has not been practically possible on enough occasions to develop the operational capability.

During the year we have continued to successfully trial the use of a Fast Response Vehicle. This trial has confirmed that we can deliver support to EMAS with responders working shifts and in parallel with the more traditional own car methodology. The trial has confirmed that the use of the FRV lowers the cost of responding, thereby delivering better value for money. Plans are being developed to turn the trial into a more permanent solution. These plans recognise that the FRV is carrying a more sophisticated set of medical equipment, with the enhanced treatment capability this delivers.

In the year to October 2023, EMICS received restricted grants from Basics, Leicestershire and Rutland Masons and Tesco's Community Fund. These grants were used to acquire a Schiller Monitor, some medical consumables and to initiate a fund to potentially purchase the FRV. In addition, restricted grant (NHS Together) monies were carried over from the previous year, which were used to service equipment purchased with the original grant.

FINANCIAL REVIEW

During the year, the Charity saw a drop of 16% in income from donations, legacies and fundraising. Along with other charities, the Trustees believe that the current cost of living crisis is having an impact. There was a drop of 20% in consolidated grant income if the one-off large grant received last year from NHS Together is ignored.

During the financial year, the Trustees continued to improve the equipment available to treat patients. These acquisitions included completing the purchasing of the sophisticated equipment that was installed on the Fast Response Vehicle (FRV). The capital assets acquired in the year were:

EMICS (EAST MIDLANDS IMMEDIATE CARE SCHEME) CIO

	2023	2022
	£	£
Equipment	34,983	55,213
PPE Clothing	1,376	-
IT Systems	921	2,868
Fast Response Vehicle	-	-
	<u>£37,280</u>	<u>£58,081</u>

Of the Equipment, some £30,869 has been acquired with funds provided by foundations and charitable trusts under restricted terms. Some £29,734 of assets were written off in the year as they were fully depreciated.

In addition to capital expenditure the Trustees have continued to incur expenses related to the drugs and medical consumables used by the responding doctors. They have also spent funds on extensive insurance cover and on motor expenses to support full use of the FRV. The Trustees have continued to make expense payout to high-responding doctors to compensate them for mileage, insurance and training they incur in responding to call-outs. Approximately one fifth of the total annual expenditure is spent on non-clinical, risk management or non-operational expenses.

During the year the Trustees continued to control costs and ensure that value for money procurement practices were undertaken. Although operating costs increased by 15% over the last year, the Charity achieved a net (of depreciation) unrestricted cash operating surplus of £9690 in the period.

The Trustees have maintained strong cash balances and have set aside the equivalent of 3 months forecast cash expenditure irrespective of any potential income during that period. They believe that this is a sensible approach and, as well as covering any very unlikely closure, enables the Trustees to consider several strategic options to sustain the Charity.

OUTLOOK

The Trustees have spent time in the latter months of the year reviewing the Charity's future and organisational structures. This review is against a background of growing compliance requirements and a desire to increase the level of responding. Having trialled the use of the FRV, it has been decided to seek grants to fund the purchase of the FRV. Operating this vehicle on a shift basis provides EMAS with more certainty of a responding capability and the doctors with a better work life balance. Similarly, it provides the opportunity to add suitably qualified paramedics to the responding team.

Having recognised the opportunity to develop the use of the FRV and the growing compliance requirements, the Trustees have decided that it is no longer possible to manage the Charity's day-to-day operations on a totally volunteer basis. As a result, the potential employment of an Operations Manager is being considered.

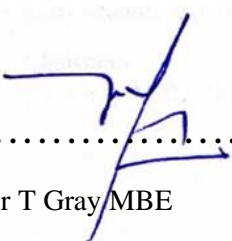
The Trustees have developed 3-year plans which show the financial implications of this new strategic approach. These plans show the need to develop and improve the business side of the Charity and to invest more funds in marketing resources. It is hoped that this investment will increase the profile across the East Midlands, to generate more donations, fundraising and grant income. This extra income will be used to recruit more clinicians, fund greater use of the FRV, to cover the costs of an Operations Manager and sustain the Charity in the longer term.

EMICS (EAST MIDLANDS IMMEDIATE CARE SCHEME) CIO

APPRECIATION

I would like to place on record, my appreciation for all the individuals (volunteers, both clinical and administration, Trustees, donors etc) who make EMICS such a success.

Signed Chairman



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Dr T Gray MBE

**INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF EMICS (EAST MIDLANDS IMMEDIATE CARE SCHEME) CIO**

I report on the accounts for the year ended 31 October 2023 which are set out on pages 9 to 15.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination and I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 Accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- 2 The accounts do not accord with those records; or
- 3 The accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mrs T M Bettles MAAT

T M Bettles

BETTLES ACCOUNTANCY LIMITED

Gummies Retreat

Leicester Road

Tilton on the Hill

Leicestershire

LE7 9DB

26 March 2024

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 OCTOBER 2023

	Notes	Unrestricted 2023 £	Restricted 2023 £	Total 2023 £	2022 £
Incoming resources from generated funds					
Donations, legacies and fundraising		34,925	-	34,925	41,527
Investment income	2	1606	-	1606	300
Grants		9,686	20,805	30,491	87,178
Total incoming resources		<u>46,217</u>	<u>20,805</u>	<u>67,022</u>	<u>129,005</u>
Resources expended					
Direct charitable costs	3	80,450	20,463	100,913	87,231
Net income in excess of expenditure		(34,233)	342	(33,881)	41,774
Losses on invested assets	2	(275)	-	(275)	(132)
Net movement in funds		<u>(34,508)</u>	<u>342</u>	<u>(34,166)</u>	<u>41,642</u>
Transfer between funds		(7)	7	-	-
Funds brought forward		203,222	83,520	286,742	245,100
Accumulated funds carried forward		<u><u>£168,707</u></u>	<u><u>£83,869</u></u>	<u><u>£252,576</u></u>	<u><u>£286,742</u></u>

- All incoming and resources and expenditures arise from continuing activities
- The notes form part of these financial statements

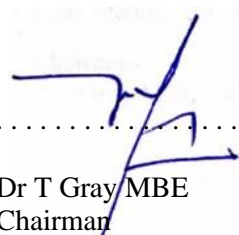
EMICS (EAST MIDLANDS IMMEDIATE CARE SCHEME) CIO

BALANCE SHEET

FOR THE YEAR ENDED 31 OCTOBER 2023

	Notes	Unrestricted Funds £	Restricted Funds £	Total £	2022 £
Fixed assets					
Tangible assets	7 & 8	78,448	65,915	144,363	170,845
Investments	9	74,192	-	74,192	76,745
		<u>152,640</u>	<u>65,915</u>	<u>218,555</u>	<u>247,590</u>
Current Assets					
Debtors & accounts receivable	10	5,782	-	5,782	4,301
Cast at bank		11,422	17,954	29,376	36,090
		<u>17,204</u>	<u>17,954</u>	<u>35,158</u>	<u>40,391</u>
Creditors:					
Amounts falling due within one year	11	1,137	-	1,137	1,239
Net current assets		<u>16,067</u>	<u>17,954</u>	<u>34,021</u>	<u>39,152</u>
Total assets		<u>£168,707</u>	<u>£83,869</u>	<u>£252,576</u>	<u>£286,742</u>
Accumulated funds	12	<u>£168,707</u>	<u>£83,869</u>	<u>£252,576</u>	<u>£286,742</u>

The accounts were approved by the Trustees on 21 February 2024



 Dr T Gray MBE
 Chairman

The notes form part of these financial statements.

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 OCTOBER 2023

1 Accounting policies

Accounting convention

The accounts have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets, the Charities Act 2011 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

Donations and legacy income and unrestricted grants: The income received from these sources are accounted for on a receipt basis. Investment income is accounted for on a receipts basis.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Equipment – 20% on cost

IT Software – 25% on cost

PPE – 33¹/₃% on cost

Motor Vehicles – 25% on cost

Assets acquired with restricted grants are depreciated on the same basis.

Taxation

The Charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be, and are, used in accordance with the charitable objectives at the discretion of the Trustees.

Some grants were received on a restricted basis during this year. These grants were consolidated together and also with similar funds carried over from the previous year. The resulting fund was spent in line with the grant restrictions either on capital expenditure or on-going support costs of those items.

Investments

Investments are bank ‘saving’ accounts as all quoted investments were sold during the year.

Value Added Tax

The Charity is not required to register for VAT. All expenses include irrecoverable VAT where charged by suppliers.

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 OCTOBER 2023

2 Investment income	2023	2022
	£	£
Income from listed investments	-	15
Interest receivable	1606	285
	<u>£1,606</u>	<u>£300</u>

Listed investments were sold during the year at a loss of £275.

3 Charitable activities cost	Direct costs (See note 4)	Support Costs (See note 5)	Totals
	£	£	£
Unrestricted direct charitable costs	63,084	17,366	80,450
Restricted	20,463	-	20,463
Total	<u>£83,547</u>	<u>£17,366</u>	<u>£100,913</u>

4 Direct costs of charitable activities

	Unrestricted	Restricted	Total	2022
	£	£	£	£
Doctors' compensation & mileage	6,158	-	6,158	7,704
Medical expenses & drugs	5,941	-	5,941	4,323
Vehicle operating costs	3,737	-	3,737	3,515
Depreciation	43,923	19,838	63,761	54,789
PPE	91	-	91	-
Equipment security & servicing	3,234	625	3,859	2,109
	<u>£63,084</u>	<u>£20,463</u>	<u>£83,547</u>	<u>£72,440</u>

5 Support Costs

	Unrestricted	Restricted	Total	2022
	£	£	£	£
Insurance	8,153	-	8,153	7,488
Printing, Stationery & Meeting Expenses	268	-	268	186
Sundries	317	-	317	953
Fundraising & Marketing	2,138	-	2,138	1,559
IT Expenses	2,958	-	2,958	3,669
Accounting Fees & Software	3,532	-	3,532	936
	<u>£17,366</u>	<u>-</u>	<u>£17,366</u>	<u>£14,791</u>

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 OCTOBER 2023

6 Trustees' remuneration and benefits

There were no Trustees' remuneration or other benefits paid in the year ended 31 October 2023. Some miscellaneous office supplies were re-imbursed to one Trustee.

7 Unrestricted Tangible Assets

	Equipment	IT Software	PPE	Vehicle	Total
Cost	£	£	£	£	£
At 1 November 2022	170,884	22,379	18,509	590	212,362
Additions in Year	4,112	921	1,376	-	6,409
Disposals/Write offs	(14,546)	-	(15,188)	-	(29,734)
At 31 October 2023	<u>£160,450</u>	<u>£23,300</u>	<u>£4,697</u>	<u>£590</u>	<u>£189,037</u>
Depreciation					
At 1 November 2022	70,767	11,059	14,425	148	96,399
Charge for the year	34,177	5,732	3,867	148	43,924
On Disposals/Write Offs	(14,546)	-	(15,188)	-	(29,734)
At 31 October 2023	<u>£90,398</u>	<u>£16,791</u>	<u>£3,104</u>	<u>£296</u>	<u>£110,589</u>
Net book value					
At 31 October 2023	£70,052	£6,509	£1,593	£294	£78,448
At 31 October 2022	£100,117	£11,320	£4,084	£442	£115,963

8 Restricted Tangible Assets

	Equipment £	PPE £	Total £
Cost			
At 1 November 2022	49,307	15,384	64,691
Additions in year	<u>30,869</u>	<u>-</u>	<u>30,869</u>
At 31 October 2023	<u>£80,176</u>	<u>£15,384</u>	<u>£95,560</u>
Depreciation			
At 1 November 2022	3,654	6,153	9,807
Charge for the year	<u>14,725</u>	<u>5,113</u>	<u>19,838</u>
At 31 October 2023	<u>£18,379</u>	<u>£11,266</u>	<u>£29,645</u>
Net Book Value			
At 31 October 2023	£61,797	£4,118	£65,915
At 31 October 2022	£45,653	£9,231	£54,884

NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 OCTOBER 2023

9 Investments

	Unrestricted	Restricted	Total	2022
	£	£	£	£
Listed Investments	-	-	-	1,244
Cash Deposits	74,192	-	74,192	75,501
	<u>£74,192</u>	<u>-</u>	<u>£74,192</u>	<u>£76,745</u>

All investments were held within the UK.

10 Debtors: amounts falling due within one year

Other Debtors	<u>£5,782</u>	<u>-</u>	<u>£5,782</u>	<u>£4,501</u>
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11 Creditors: amounts falling due within one year

	£	£	£	£
Trade Creditors	(59)	-	(59)	129
Other Creditors	<u>1,195</u>	<u>-</u>	<u>1,195</u>	<u>1,110</u>
	<u>£1,137</u>	<u>-</u>	<u>£1,137</u>	<u>£1,239</u>

12 Ultimate Controlling Party

The Charity is controlled by its Trustees.

13 Employees

There were no employees during the year.

14 Movement in funds

	1 November 2022	Net movement in funds	31 October 2023
	£	£	£
Unrestricted General Funds	203,222	(34,515)	168,707
Restricted Funds	83,520	349	83,869
Total	<u>£286,742</u>	<u>(£34,166)</u>	<u>£252,576</u>

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
 FOR THE YEAR ENDED 31 OCTOBER 2023

	£	£	£	£
INCOMING RESOURCES				
Voluntary income				
Donation, Legacies & Fundraising	34,925	-	34,925	41,528
Grants	9,686	20,805	30,491	87,178
Investment income				
Dividends	-	-	-	15
Interest receivable	1,606	-	1,606	286
Total incoming resources	<u>£46,217</u>	<u>£20,805</u>	<u>£67,022</u>	<u>£129,007</u>
RESOURCES EXPENDED				
Charitable activities				
Doctors' compensation & mileage	6,158	-	6,158	7,704
Medical expenses & drugs	5,941	-	5,941	4,323
Depreciation	43,923	19,838	63,761	54,789
PPE	91	-	91	-
Equipment security & servicing	3,234	625	3,859	2109
Vehicle costs	3,737	-	3,737	3,515
	<u>63,084</u>	<u>20,463</u>	<u>83,547</u>	<u>72,440</u>
Support costs				
Accountancy fees & software	3532	-	3532	936
Insurance	8,153	-	8,153	7,488
Stationery, Printing & Meeting Expenses	268	-	268	186
Sundries	317	-	317	953
Fundraising & Marketing	2,138	-	2,138	1,559
IT Expenses	2,958	-	2,958	3,669
	<u>17,366</u>	<u>-</u>	<u>17,366</u>	<u>14,791</u>
Total resources expended	<u>£80,450</u>	<u>£20,463</u>	<u>£100,913</u>	<u>£87,231</u>
Net income before Gains/Losses	(34,233)	342	(33,891)	41,774
Investment Losses	(275)	-	(275)	(132)
Net expenditure transferred to reserves	<u>(£34,508)</u>	<u>£342</u>	<u>(£34,166)</u>	<u>£41,642</u>

This page does not form part of the statutory financial statements.