



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From Period start date 0/01/2023 To Period end date 30/12/2023

Charity name: Carrick Rowing Club

Charity registration number: 1188812

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<b>The promotion of community participation in healthy recreation in particular by the provision of facilities for the participation in the sport of rowing.</b>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<b>The purpose of the CIO is to promote community participation in healthy recreation by the provision of facilities for participation in the sport of rowing.</b>  <b>The CIO has been able to provide facilities such as boats and coaches, for members of the community to be involved in rowing, this has been offered in different forms, from free, 1 to 1 sessions to a full novice course enabling someone to achieve a level of skill to enjoy the sport more.</b>  <b>The CIO is fully affiliated to British Rowing and takes much of the guidance available from them to ensure equality and fairness for all, and a suitable level of transparency.</b>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<b>When making decisions, the Trustees have had due regard to the Charity Commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant.</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment	Para 1.38	

including program related investment		
Contribution made by volunteers	Para 1.38	
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p><b>We were successful in attracting an increase in membership numbers, and our membership grew from 19 to 24. This has resulted in a range of experiences and ages, from novices to ex international coaches, with ages ranging from 18-83. This is a clear example of expanded access to the sport of rowing for the CIO's membership.</b></p> <p><b>The CIO was able to expand it's offering to Novice rowers, by supporting and fully funding one of our senior Members in achieving a Level 2 Coaching Qualification. This achieved an immediate effect with an increase in Learn to Row Courses, enabling more members of the community to access a sport they perhaps would not otherwise have exposure to.</b></p> <p><b>The CIO was able to maintain consistent weekly rowing sessions for social rowers to enjoy the opportunity of training on the water. These were held 2x a week in Winter (Saturdays and Sundays) and 2x a week in Summer (Wednesday, Saturday and Sunday).</b></p> <p><b>The CIO had a very good years entering all the Coastal Rowing League regattas in the region. The CIO also entered the British Rowing Offshore Championships, achieving a bronze medal position on one of our disciplines. The CIO also was represented in the infamous Henley Regatta, with our Men's Masters Achieving Gold.</b></p>

		<p>There were no changes to the fleet or premises. However, it was recognised that the CIO would benefit from an additional boat, and it was decided that fundraising would commence with an aim to achieve this in the following year.</p> <p>The CIO continues to be fully affiliated with British Rowing and West of England Amateur Rowing Association (WEARA). This has allowed us to row competitively at a price which allows all members to take part. We competed regularly in WEARA Coastal Rowing League Regattas regularly being placed in top positions. Affiliation to these associations also facilitate access to best practice and guidance documents to ensure that standards are enforced and being maintained.</p> <p>We benefitted from the expertise of one of our members who is an ex-international rowing coach, through seminars which were very well attended (average 10 attendees per session).</p>
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#### **Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p><b>The CIO started the financial year with a bank balance of 5060.32 on 01/01/2023 and ended the financial year with a bank balance of 9288.43 on 30/12/2023.</b></p> <p><b>The majority of funds were raised through membership subscriptions, totalling 6124</b></p> <p><b>The income during this period was 11679.60 and outgoings were 7451.49</b></p> <p><b>The majority of outgoing were spent on insurance 1369.96 and assets 2876.52</b></p> <p><b>Other outgoings include maintenance 973, race fees 1115 and a coaching course 499</b></p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<b>The CIO reviewed its' reserve policy and implemented a reserve of £2500 to ensure sustainability of the club (to cover rent/repairs/insurance to safeguard against unexpected expenditure due to damage of equipment or drop in membership.</b>
Amount of reserves held	Para 1.22	<b>The amount is held within the current account balance (£2500)</b>
Reasons for holding zero reserves	Para 1.22	<b>N/A</b>
Details of fund materially in deficit	Para 1.24	<b>N/A</b>
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>N/a</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<b>The CIO's principal source of funds continues to be from Club Rowing Membership and Courses designed to get members of the community active and on the water.</b>
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	

Other		
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## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	<b>Foundation Model Constitution</b>
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	<b>CIO</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<b>Trustees are appointed</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	<b>The CIO is affiliated to the West of England Amateur Rowing Association (WEARA) and the national governing body of rowing, British Rowing. This provides the benefit of additional safety advise and policies, to ensure ethical, safeguarding and waters safety standards are of the highest available.</b>
Relationship with any related parties	Para 1.51	<b>The lease relating to the land the CIO uses to undertake its activities has been transferred from The National Maritime Museum Cornwall in Falmouth to the Cornwall Council.</b>  <b>We have received a draft lease and we expect negotiations to commence imminently.</b>
Other		

## Reference and Administrative details

Charity name	Carrick Rowing Club
Other name the charity uses	
Registered charity number	1188812
Charity's principal address	6 Dunstan Close Penryn Cornwall TR10 8RY

### **Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Emma Nunn			
2	Andy Westcott			
3	Kasia Drinkwater			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
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17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

XXX

Full name(s)

XXX

Position (eg Secretary,  
Chair, etc)

XXX

Date



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
Carrick Rowing Club

No (if any)  
1188812

## Receipts and payments accounts

CC16a

For the period from	Period start date 01/01/2023	To	Period end date 31/12/2023
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Membership	6,124	-	-	6,124	2,683
Novice course	480	-	-	480	120
Grants	-	-	-	-	205
Fundraising	648	-	-	648	2,760
Racing income	1,114	-	-	1,114	799
Social events	59	-	-	59	315
Donations	765	-	-	765	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>9,190</b>	<b>-</b>	<b>-</b>	<b>9,190</b>	<b>6,882</b>
<b>A2 Asset and investment sales, (see table).</b>					
	2,990	-	-	2,990	-
	-	-	-	-	-
<b>Sub total</b>	<b>2,990</b>	<b>-</b>	<b>-</b>	<b>2,990</b>	<b>-</b>
<b>Total receipts</b>	<b>12,180</b>	<b>-</b>	<b>-</b>	<b>12,180</b>	<b>6,882</b>
<b>A3 Payments</b>					
Consumables	-	-	-	-	113
Equipment	-	-	-	-	-
insurance	1,370	-	-	1,370	860
Repairs and maintenance	973	-	-	973	2,760
Affiliation	182	-	-	182	227
Racing fees	1,115	-	-	1,115	1,164
social	436	-	-	436	300
misc-coaching course	499	-	-	499	94
	-	-	-	-	-
<b>Sub total</b>	<b>4,575</b>	<b>-</b>	<b>-</b>	<b>4,575</b>	<b>5,518</b>
<b>A4 Asset and investment purchases, (see table)</b>					
<b>Double/cox box and Trolley</b>	<b>2,877</b>	<b>-</b>	<b>-</b>	<b>2,877</b>	
repayment of loan jp 2022/loan moved to donation AW 2023					
	500	-	-	500	500
<b>Sub total</b>	<b>3,377</b>	<b>-</b>	<b>-</b>	<b>3,377</b>	<b>500</b>
<b>Total payments</b>	<b>7,952</b>	<b>-</b>	<b>-</b>	<b>7,952</b>	<b>6,018</b>
<b>Net of receipts/(payments)</b>	<b>4,228</b>	<b>-</b>	<b>-</b>	<b>4,228</b>	<b>864</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>5,060</b>	<b>-</b>	<b>-</b>	<b>5,060</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>9,288</b>	<b>-</b>	<b>-</b>	<b>9,288</b>	<b>864</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Balance in bank	9,288	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>9,288</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Container and shed	restricted	-	6,660
	Boats	restricted	-	4,600
	Boats and trolley	unrestricted	-	7,075
	Blades	restricted	-	2,000
	Blades	unrestricted	-	1,290
	Equip ( cox boxes / safety/mini cox box etc)	restricted	-	2,352
	Yole double purchase	unrestricted	-	1,950
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	