



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	30	03	2020		31	12	2020

Section A Reference and administration details

Charity name

CARRICK ROWING CLUB

Other names charity is known by

N/A

Registered charity number (if any)

1188812

Charity's principal address

70A Grenville Road

Falmouth

Cornwall

Postcode

TR11 2NW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Robert Nunn	Treasurer		
2	Emma Nunn	Captain		
3	Lauren Roberts			
4	Victoria Robinson	Welfare Officer		
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15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Foundation Model Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Trustees are appointed

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The CIO is now affiliated to the West of England Amateur Rowing Association (WEARA) and hope to be affiliated to the rowing NGB, British Rowing, in the year 2021. This will provide the benefit of additional safety advice and policies to ensure ethical, safeguarding, and water safety standards are of the highest available.

The CIO has established a relationship with the NMMC (National Maritime Museum Cornwall in Falmouth), they have many links into local schools that the CIO intends to get involved and active on the water.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The promotion of community participation in healthy recreation in particular by the provision of facilities for the participation in the sport of Rowing.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The purpose of the CIO is to promote community participation in healthy recreation by the provision of facilities for participation in the sport of Rowing.

The CIO has been able to provide facilities, such as boats and coaches, for members of the community to be involved in rowing, this has been offered in different forms, from free one to one sessions from the beach to a full novice course enabling someone to achieve a level of skill to enjoy the sport more.

Although not fully affiliated to British Rowing, the CIO has taken much of the guidance available from them to ensure equality and fairness for all and a suitable level of transparency.

When making decisions, the trustees have had due regard to the Charity Commissions public benefit guidance when exercising any powers or duties to which the guidance is relevant.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Formal activity began in August with the induction of new club rowing members in early morning one-to-one slots on Gyllyngvase beach. We also began rowing in larger boats, in particular doubles and fours, and putting club rowing members through capsizing drills. In the autumn we began a Learn to Row course with eight individuals, some of whom have gone on to become full club rowing members. We continued to row after the November lockdown ended, with full crew outings in December as we were fortunate to remain in Tier 1, however the new year and the third lockdown once again shut all activity down.

The learn to row course is mainly aimed at those people who have not rowed before, however we also had people who had rowed in their youth but lacked the confidence to get back in a boat without help and guidance. One to One sessions are also offered on a Saturday morning for anyone wishing to get in a boat and see if they like it, this has been an invaluable exercise for the CIO and the the public, meaning members of the community can come along with absolutely no obligation to come again if they decide its not for them.

The CIO has now has 14 boats, a container for equipment storage, a boat trailer, a small shed to house changing facilities and an admin area. Many boats have been donated by clubs across the country so the CIO purchased a suitable trailer. Of these boats 4 are stable single learner boats, these are best suited for anyone new to rowing to learn the basics before progressing into fine or crew boats.

The CIO has has to purchase safety equipment such as life jackets that are suitable for boat Coxes and crews when onboard safety boat; safety posters and handbooks; boat trollies to transport boats to the water and racks to store boats safely.

The CIO now has 24 Club Rowing Members. The age range is currently 17-78, of these members 15 are new to rowing or have come back to rowing after a long break. We are able to coach these members with 4 volunteers who can take them out onto the water and coach from either a safety launch, another boat or the same boat as the participant. Most new members have joined through a Novice course run by these volunteers, they consist of either 10, 8 or 4 sessions depending on ability and any previous experience. The novice course run in late 2020 was a 10 session course. This consists of safety training on and off the water, land training to understand technique, boat handling, rowing technique on the water and outings in learner singles finishing with crew outings in large fine boats. Rowing can be a very hazardous sport, Carrick rows from the Falmouth Harbour and this can be a very busy stretch of water and conditions can vary wildly. Everyone is trained to understand when it is safe to row, what conditions are and how to manage the risks. Conditions such as wind speed, wind direction, tide times and spring tides are the main factors that need to be taught. Other conditions such as the weather also need to be assessed; clothing, sun block, and temperature are contributing factors; cold water shock is a very real danger to those participating, everyone is trained to understand how this will affect them and what they are to do.

The CIO has established a good connection with The Falmouth National Maritime Museum, they have generously given the CIO use of land and a slipway free of charge for the first year and will be drawn up in a formal agreement in September 2021 where a small charge will be made to the CIO to ensure a more stable and reliable future.

Although COVID has greatly reduced what the CIO had intended to achieve this year, it has also provided many opportunities to refine and hone the skills of volunteers to enable us to provide a safe and friendly place for the community to get involved in. Much of the equipment needed repair, the oars given to the club needed to be sanded, filled and repainted, some needed to be reduced in size for junior or smaller members. All of the boats also needed to be rigged, this takes hours of painstaking measuring and adjustments to ensure a good learning and rowing experience.

The CIO was hoping to engage more with local schools, this has again been difficult due to COVID restrictions and varying degrees of lockdown. The NMMC has links into schools and has discussed working alongside us to enable more interaction for younger children and getting them more active and involved in sport. We aim to start working more on this in July and September when restrictions will be eased. Slide seat rowing has traditionally been a very elitist sport, we want to see more younger people given the opportunity to take part through offering either free, or greatly subsidised lessons to those who might not otherwise get the opportunity to be involved in the sport.

In the coming year WEARA will be offering clubs the opportunity to compete in the southwest, the CIO intends to be able to offer this opportunity to anyone wishing to take part. This will be made as affordable as possible.

Section E

Financial review

Brief statement of the charity's policy on reserves

The CIO has a reserve policy of £400.00 to safeguard against unexpected expenditure due to damage of equipment. This also covers 50% of the insurance renewal paid monthly throughout the year. This will be reviewed at the next AGM.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The CIO's principal source of funds comes from Club Rowing Membership and Courses designed to get the members of the community active and on the water.

The club has been able to purchase boats and equipment enabling more people to get on the water; including 4 learner boats. The CIO has also been able to purchase a container and a shed for storage of equipment.

The Club now owns a boat trailer, not only for the purchase of boats but also to enabling rowers to travel to compete locally & nationally.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	R. Nunn	E. Nunn
Full name(s)	Robert Tony Nunn	Emma Katherine Nunn
Position (eg Secretary, Chair, etc)	Treasurer	Captain
Date	25/05/2021	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Carrick Rowing Club

No (if any)
1188812

Receipts and payments accounts

CC16a

For the period
from

Period start date
30/03/2020

To

Period end date
31/12/2020

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Membership	2,414	-	-	2,414	-
Novice Course	560	-	-	560	-
Fundraising	595	-	-	595	-
Grants & Donations	100	-	-	100	-
Loans	500	-	-	500	-
Loans	-	1,700	-	1,700	-
Boats and Buildings	-	3,282	-	3,282	-
	-	-	-	-	-
Sub total (Gross income for AR)	4,169	4,982	-	9,151	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	4,169	4,982	-	9,151	-
A3 Payments					
Consumables	545	-	-	545	-
Equipment	1,915	-	-	1,915	-
Insurance	490	-	-	490	-
Maintenance	50	-	-	50	-
Affiliation fees	80	-	-	80	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	3,080	-	-	3,080	-
A4 Asset and investment purchases, (see table)					
Trailer, boats & buildings	-	4,982	-	4,982	-
Re-payments on loans	500	-	-	500	-
Sub total	500	4,982	-	5,482	-
Total payments	3,580	4,982	-	8,562	-
Net of receipts/(payments)	589	-	-	589	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	589	-	-	589	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Club Bank Account	589	-	-
		-	-	-
		-	-	-
	Total cash funds	589	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Furniture, fixtures and fittings	Restricted	-	102
	Maintenance Equipment	Restricted	-	128
	Safety Equipment	Restricted	-	169
	Trailer	Restricted	-	1,700
	Boats & Buildings	Restricted	-	3,282
	CoxBox	Restricted	-	500
	Blades	Restricted	-	600
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Boat trailer - A.W, J.P, P.C (money loaned to CRC for purchase of boat trailer)	Unrestricted	1,200	01/09/2022
			-	
	J.P (advance towards costs)	Unrestricted	500	N/A
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	R.Nunn	Robert Nunn	25/05/2021	
	E.Nunn	Emma Nunn	25/05/2021	