

MCKS Charitable Foundation UK & Ireland

England & Wales · Charity number 1188773

Details

Other names MCKS CHARITABLE FOUNDATION UK

Status Registered

Legal form CIO

Registered 2020-03-26

Register [View on the Charity Commission register](#)

Contact

Address 81 St. Marks Crescent
Maidenhead
Berkshire
SL6 5DQ

Phone 07775943691

Email dave@mckscharity.co.uk

Activities

Objects: TO RELIEVE POVERTY IN THE UK AND IRELAND BY PROVIDING GRANTS, ITEMS OR SERVICES TO INDIVIDUALS IN NEED AND OR CHARITIES AND OTHER ORGANISATIONS ALSO WORKING TO PREVENT OR RELIEVE POVERTY.THE RELIEF OF THOSE IN NEED BY REASON OF YOUTH, AGE, ILL HEALTH, OR DISABILITY BY THE PROVISION OF GRANTS, ITEMS OR SERVICES.

Activities: To relieve poverty and help alleviate suffering in the UK through feeding programs, informative support and charitable services under the MCKS name. The relief of those in need by reason of youth, age, ill health, or disability by providing caring and compassionate support to all regardless of cultural or religious backgrounds to help create healthy and resilient communities in UK.

Classification

- **How:** Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Economic/community Development/employment, Recreation, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-01-31	£713,624	£669,632	£1,511,145	0
2024-01-31	£715,509	£489,741	£1,467,153	1
2023-01-31	£612,278	£216,677	£1,241,385	1
2022-01-31	£530,543	£228,937	£845,784	0
2021-01-31	£165,867	£121,825	-	-

Trustees

Name	Role	Appointed
LESLIE JOHN FLITCROFT	Chair	2022-06-22
ADELE SHIRLEY YOUNG		2023-11-15
Angela Louise Rigby		2021-03-10
DAVID HETHERINGTON		2020-03-26
MANDEEP KHAIRA		2022-11-08
SHONA LYNDSEY SCOTT		2023-09-02

MCKS Charitable Foundation UK & Ireland

England & Wales - Charity number 1188773

Accounts

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 January 2025
for
MCKS Charitable Foundation UK

Contents of the Financial Statements
for the Year Ended 31 January 2025

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Report of the Trustees
for the Year Ended 31 January 2025

The trustees present their report with the financial statements of the charity for the year ended 31 January 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust reflecting the charitable objectives of the charitable incorporated organization (CIO).

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1188773

Principal address

81 St Marks Crescent
Maidenhead
BERKS
SL6 5DQ

Trustees

D Hetherington Treasurer
Ms R Morrissy
L J Flitcroft Chair
Ms M Khaira
Ms A L Rigby
Ms S L Scott
Ms A S Young

Approved by order of the board of trustees on20th October 2025..... and signed on its behalf by:



.....
D Hetherington - Trustee

MCKS Charitable Foundation UK

Statement of Financial Activities
for the Year Ended 31 January 2025

	Notes	Unrestricted fund £	Restricted funds £	31.1.25 Total funds £	31.1.24 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	680,477	5,608	686,085	699,519
Investment income	3	27,539	-	27,539	15,990
Total		708,016	5,608	713,624	715,509
EXPENDITURE ON					
Raising funds	4	565,124	-	565,124	334,692
Charitable activities	5				
General charitable activities		104,508	-	104,508	155,049
Total		669,632	-	669,632	489,741
NET INCOME		38,384	5,608	43,992	225,768
RECONCILIATION OF FUNDS					
Total funds brought forward		1,458,517	8,636	1,467,153	1,241,385
TOTAL FUNDS CARRIED FORWARD		1,496,901	14,244	1,511,145	1,467,153

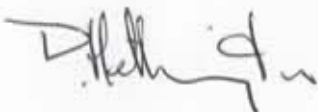
The notes form part of these financial statements

MCKS Charitable Foundation UK

Balance Sheet
31 January 2025

	Notes	Unrestricted fund £	Restricted funds £	31.1.25 Total funds £	31.1.24 Total funds £
CURRENT ASSETS					
Debtors	11	45,490	1,624	47,114	27,694
Cash at bank		1,454,863	12,621	1,467,484	1,442,482
		<u>1,500,353</u>	<u>14,245</u>	<u>1,514,598</u>	<u>1,470,176</u>
CREDITORS					
Amounts falling due within one year	12	(3,452)	(1)	(3,453)	(3,023)
		<u>1,496,901</u>	<u>14,244</u>	<u>1,511,145</u>	<u>1,467,153</u>
NET CURRENT ASSETS					
		<u>1,496,901</u>	<u>14,244</u>	<u>1,511,145</u>	<u>1,467,153</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>1,496,901</u>	<u>14,244</u>	<u>1,511,145</u>	<u>1,467,153</u>
NET ASSETS					
		<u>1,496,901</u>	<u>14,244</u>	<u>1,511,145</u>	<u>1,467,153</u>
FUNDS					
	13			1,496,901	1,458,517
Unrestricted funds				14,244	8,636
Restricted funds					
TOTAL FUNDS					
				<u>1,511,145</u>	<u>1,467,153</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 20th October 2025 and were signed on its behalf by:



.....
D Hetherington - Trustee

MCKS Charitable Foundation UK

Cash Flow Statement
for the Year Ended 31 January 2025

	Notes	31.1.25 £	31.1.24 £
Cash flows from operating activities			
Cash generated from operations	1	(2,537)	197,389
Net cash (used in)/provided by operating activities		(2,537)	197,389
Cash flows from investing activities			
Interest received		27,539	15,990
Net cash provided by investing activities		27,539	15,990
Change in cash and cash equivalents in the reporting period			
		25,002	213,379
Cash and cash equivalents at the beginning of the reporting period		1,442,482	1,229,103
Cash and cash equivalents at the end of the reporting period		1,467,484	1,442,482

The notes form part of these financial statements

Notes to the Cash Flow Statement
for the Year Ended 31 January 2025

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.1.25 £	31.1.24 £
Net income for the reporting period (as per the Statement of Financial Activities)	43,992	225,768
Adjustments for:		
Interest received	(27,539)	(15,990)
Increase in debtors	(19,420)	(8,018)
Increase/(decrease) in creditors	430	(4,371)
Net cash (used in)/provided by operations	<u>(2,537)</u>	<u>197,389</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.2.24 £	Cash flow £	At 31.1.25 £
Net cash			
Cash at bank	1,442,482	25,002	1,467,484
	<u>1,442,482</u>	<u>25,002</u>	<u>1,467,484</u>
Total	<u>1,442,482</u>	<u>25,002</u>	<u>1,467,484</u>

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Notes to the Financial Statements - continued
for the Year Ended 31 January 2025

2. DONATIONS AND LEGACIES

	31.1.25	31.1.24
	£	£
Donations	686,085	699,519
	<u> </u>	<u> </u>

3. INVESTMENT INCOME

	31.1.25	31.1.24
	£	£
Deposit account interest	27,539	15,990
	<u> </u>	<u> </u>

4. RAISING FUNDS

Raising donations and legacies

	31.1.25	31.1.24
	£	£
Support costs	-	2,295
	<u> </u>	<u> </u>

Other trading activities

	31.1.25	31.1.24
	£	£
Purchases	559,139	327,626
Staff costs	5,985	4,771
	<u> </u>	<u> </u>
	565,124	332,397
	<u> </u>	<u> </u>

Aggregate amounts	565,124	334,692
	<u> </u>	<u> </u>

5. CHARITABLE ACTIVITIES COSTS

	Direct	Grant	Support	Totals
	Costs	funding of	costs (see	£
	£	activities	note 7)	£
	£	(see note	£	£
	£	6)	£	£
General charitable activities	16,979	78,368	9,161	104,508
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

Notes to the Financial Statements - continued
for the Year Ended 31 January 2025

6. GRANTS PAYABLE

	31.1.25	31.1.24
	£	£
General charitable activities	78,368	144,987
	<u>78,368</u>	<u>144,987</u>

7. SUPPORT COSTS

	Finance	Human	Governance	Totals
	£	resources	costs	£
General charitable activities	319	2,973	5,869	9,161
	<u>319</u>	<u>2,973</u>	<u>5,869</u>	<u>9,161</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 January 2025 nor for the year ended 31 January 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 January 2025 nor for the year ended 31 January 2024.

9. STAFF COSTS

	31.1.25	31.1.24
	£	£
Wages and salaries	5,985	4,751
Other pension costs	-	20
	<u>5,985</u>	<u>4,771</u>

The average monthly number of employees during the year was as follows:

31.1.25	31.1.24
<u>31.1.25</u>	<u>31.1.24</u>

No employees received emoluments in excess of £60,000.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	695,317	4,202	699,519
Investment income	15,990	-	15,990
Total	<u>711,307</u>	<u>4,202</u>	<u>715,509</u>
EXPENDITURE ON			
Raising funds	334,692	-	334,692
Charitable activities			
General charitable activities	155,049	-	155,049
Total	<u>489,741</u>	<u>-</u>	<u>489,741</u>
NET INCOME	<u>221,566</u>	<u>4,202</u>	<u>225,768</u>
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>1,236,951</u>	<u>4,434</u>	<u>1,241,385</u>
TOTAL FUNDS CARRIED FORWARD	<u><u>1,458,517</u></u>	<u><u>8,636</u></u>	<u><u>1,467,153</u></u>

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.1.25	31.1.24
	£	£
Paypal ac	<u>16,945</u>	<u>4,348</u>

Notes to the Financial Statements - continued
for the Year Ended 31 January 2025

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.1.25	31.1.24
	£	£
Trade creditors	53	873
Other creditors	3,400	2,150
	<u>3,453</u>	<u>3,023</u>

13. MOVEMENT IN FUNDS

	At 1.2.24	Net movement	At
	£	in funds	31.1.25
		£	£
Unrestricted funds			
General fund	1,458,517	38,384	1,496,901
Restricted funds			
Centre Fund	8,636	5,608	14,244
TOTAL FUNDS	<u>1,467,153</u>	<u>43,992</u>	<u>1,511,145</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	708,016	(669,632)	38,384
Restricted funds			
Centre Fund	5,608	-	5,608
TOTAL FUNDS	<u>713,624</u>	<u>(669,632)</u>	<u>43,992</u>

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.2.23 £	Net movement in funds £	At 31.1.24 £
Unrestricted funds			
General fund	1,236,951	221,566	1,458,517
Restricted funds			
Centre Fund	4,434	4,202	8,636
TOTAL FUNDS	<u>1,241,385</u>	<u>225,768</u>	<u>1,467,153</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	711,307	(489,741)	221,566
Restricted funds			
Centre Fund	4,202	-	4,202
TOTAL FUNDS	<u>715,509</u>	<u>(489,741)</u>	<u>225,768</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.2.23 £	Net movement in funds £	At 31.1.25 £
Unrestricted funds			
General fund	1,236,951	259,950	1,496,901
Restricted funds			
Centre Fund	4,434	9,810	14,244
TOTAL FUNDS	<u>1,241,385</u>	<u>269,760</u>	<u>1,511,145</u>

Notes to the Financial Statements - continued
for the Year Ended 31 January 2025

13. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,419,323	(1,159,373)	259,950
Restricted funds			
Centre Fund	9,810	-	9,810
TOTAL FUNDS	<u>1,429,133</u>	<u>(1,159,373)</u>	<u>269,760</u>

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 January 2025.

MCKS Charitable Foundation UK

Detailed Statement of Financial Activities
for the Year Ended 31 January 2025

	31.1.25 £	31.1.24 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	686,085	699,519
Investment income		
Deposit account interest	27,539	15,990
Total incoming resources	<u>713,624</u>	<u>715,509</u>
EXPENDITURE		
Other trading activities		
Purchases	559,139	327,626
Wages	5,985	4,751
Pensions	-	20
	<u>565,124</u>	<u>332,397</u>
Charitable activities		
Insurance	1,673	1,659
Advertising	11,347	654
Sundries	1,445	200
No description	2,514	1,187
Grants to institutions	78,368	144,987
	<u>95,347</u>	<u>148,687</u>
Support costs		
Finance		
Bank charges	319	827
Human resources		
Software licences	2,973	2,456
Governance costs		
Accountancy and legal fees	5,869	5,374
Total resources expended	<u>669,632</u>	<u>489,741</u>
Net income	<u><u>43,992</u></u>	<u><u>225,768</u></u>

This page does not form part of the statutory financial statements

TRUSTEES DECLARATION

MCKS CHARITABLE FOUNDATION UK

Registered Charity Number 1188773 Company Number CE021301

PERIOD ENDED 31/1/25

The trustees of MCKS Charitable Foundation UK present their annual report and accounts for the period leading to 31st January 2025 to comply with the requirements of the Charity Commission.

MCKS Charitable Foundation UK (originally operating under a Declaration of Trust Deed dated 13/8/2012) registered as a Charitable Incorporated Organisation (CIO) in March 2020 and asset transfer completed to the CIO on 30 November 2020.

The purpose of the MCKS Charitable Foundation UK is to relieve poverty and help alleviate suffering in the UK through food pantries, feeding programs, informative support, and charitable services under the MCKS UK name. The relief of those in need by reason of youth, age, ill health, or disability by providing caring and compassionate support to all regardless of cultural or religious backgrounds to help create healthy and resilient communities in the UK.

During our reporting period 2024-25 our focus has been to provide support to schools with weekly deliveries of food and toiletries to stock their pantry cupboards and support the provision of breakfast clubs. We achieved our target goal of 150 schools to supporting 162 by the year end. Our goal is to increase this further to 180 schools by September 2025. In addition, provision of cereal bars was made to support pupils during their important summer exams as some arrive for their exams having not eaten breakfast, and a provision of Christmas packages of chocolate to provide gifts to those who receive little at this time of year.

We also provided grants in line with our purpose, following a robust assessment process, to support Special Educational Needs and Health concerns.

We base our provision of support on careful investigation into need to ensure our funds are used in line with our purpose.

Our plans for 2025-26 include extension of support across the areas our purpose outlines to include health and disability through provision of targeted grants.

FUNDRAISING

The foundation raised £686,085 (2024: £699,519) in the year to 31 January 2025. The charity wishes to extend its thanks and appreciation to The Institute of Pranic Healing UK & Ireland, for its huge ongoing support, being responsible through its network of Instructors and Trainers, Therapists, Students, Patients, and wider family for the bulk of our income, as well as for the further volunteered time and effort by their members to support and enhance the value of our donations with healing and other services. Naturally, this gratitude extends to all the healer's patients and families and the public who give so generously of their time and money.

**Independent Examiner's Report to the Trustees of
MCKS Charitable Foundation UK
Registered Charity Number 1188773 Company Number CE021301**

I report to the trustees on my examination of the financial statements of the Company for the year ended 31st January 2025

Responsibilities and basis of report

As the Charities' trustees of the Company you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for the year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's Financial statements as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

My role is to state whether any material matters have come to my attention giving cause to believe:

- 1) that accounting records were not kept as required by section 386 of the Companies Act 2006; or
- 2) that the financial statements do not accord with those records; or
- 3) that the financial statements do not comply with the relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirements that the financial statements give a "true and fair" view which is not a matter considered as part of an independent examination; or
- 4) the financial statements have not been prepared in accordance with the Charities SORP (FRS102)

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters listed in (1) to (4) above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.



Robin Lawrence AFA
R&M Accountancy
Suite 1b, 18 Crendon Street
High Wycombe
Buckinghamshire
HP13 6LS

Dated 26th November 2025

MCKS Charitable Foundation UK & Ireland

England & Wales - Charity number 1188773

Accounts

REGISTERED CHARITY NUMBER: 1188773

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 January 2024
for
MCKS Charitable Foundation UK

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for the Year Ended 31 January 2024

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MCKS Charitable Foundation UK

Report of the Trustees
for the Year Ended 31 January 2024

The trustees present their report with the financial statements of the charity for the year ended 31 January 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust reflecting the charitable objectives of the charitable incorporated organization (CIO).

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1188773

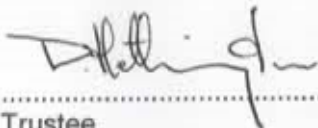
Principal address

81 St Marks Crescent
Maidenhead
BERKS
SL6 5DQ

Trustees

D Hetherington Treasurer
Ms R Morrissy
L J Flitcroft Chair
Ms M Khaira
M D Willis (resigned 15.11.23)
Ms A L Rigby
Ms S L Scott (appointed 2.9.23)
Ms A S Young (appointed 15.11.23)

Approved by order of the board of trustees on 29/4/2024 and signed on its behalf by:



Trustee

MCKS Charitable Foundation UK

Statement of Financial Activities
for the Year Ended 31 January 2024

	Notes	Unrestricted fund £	Restricted funds £	31.1.24 Total funds £	31.1.23 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	695,317	4,202	699,519	611,825
Investment income	3	15,990	-	15,990	453
Total		711,307	4,202	715,509	612,278
EXPENDITURE ON					
Raising funds	4	334,692	-	334,692	102,332
Charitable activities	5				
General charitable activities		155,049	-	155,049	114,345
Total		489,741	-	489,741	216,677
NET INCOME		221,566	4,202	225,768	395,601
RECONCILIATION OF FUNDS					
Total funds brought forward		1,236,951	4,434	1,241,385	845,784
TOTAL FUNDS CARRIED FORWARD		1,458,517	8,636	1,467,153	1,241,385

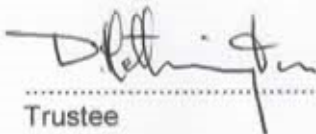
The notes form part of these financial statements

MCKS Charitable Foundation UK

Balance Sheet
31 January 2024

	Notes	Unrestricted fund £	Restricted funds £	31.1.24 Total funds £	31.1.23 Total funds £
CURRENT ASSETS					
Debtors	11	26,070	1,624	27,694	19,676
Cash at bank		1,435,469	7,013	1,442,482	1,229,103
		<u>1,461,539</u>	<u>8,637</u>	<u>1,470,176</u>	<u>1,248,779</u>
CREDITORS					
Amounts falling due within one year	12	(3,022)	(1)	(3,023)	(7,394)
		<u>1,458,517</u>	<u>8,636</u>	<u>1,467,153</u>	<u>1,241,385</u>
NET CURRENT ASSETS					
		<u>1,458,517</u>	<u>8,636</u>	<u>1,467,153</u>	<u>1,241,385</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>1,458,517</u>	<u>8,636</u>	<u>1,467,153</u>	<u>1,241,385</u>
NET ASSETS					
		<u>1,458,517</u>	<u>8,636</u>	<u>1,467,153</u>	<u>1,241,385</u>
FUNDS					
	13			1,458,517	1,236,951
Unrestricted funds				8,636	4,434
Restricted funds					
TOTAL FUNDS				<u>1,467,153</u>	<u>1,241,385</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 29/1/2024 and were signed on its behalf by:


Trustee

The notes form part of these financial statements

MCKS Charitable Foundation UK

Cash Flow Statement
for the Year Ended 31 January 2024

	Notes	31.1.24 £	31.1.23 £
Cash flows from operating activities			
Cash generated from operations	1	197,389	432,135
Net cash provided by operating activities		<u>197,389</u>	<u>432,135</u>
Cash flows from investing activities			
Interest received		<u>15,990</u>	<u>453</u>
Net cash provided by investing activities		<u>15,990</u>	<u>453</u>
Change in cash and cash equivalents in the reporting period			
		213,379	432,588
Cash and cash equivalents at the beginning of the reporting period		<u>1,229,103</u>	<u>796,515</u>
Cash and cash equivalents at the end of the reporting period		<u><u>1,442,482</u></u>	<u><u>1,229,103</u></u>

The notes form part of these financial statements

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.1.24 £	31.1.23 £
Net income for the reporting period (as per the Statement of Financial Activities)	225,768	395,601
Adjustments for:		
Interest received	(15,990)	(453)
(Increase)/decrease in debtors	(8,018)	30,544
(Decrease)/increase in creditors	(4,371)	6,443
	<hr/>	<hr/>
Net cash provided by operations	<u>197,389</u>	<u>432,135</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.2.23 £	Cash flow £	At 31.1.24 £
Net cash			
Cash at bank	1,229,103	213,379	1,442,482
	<hr/>	<hr/>	<hr/>
	1,229,103	213,379	1,442,482
	<hr/>	<hr/>	<hr/>
Total	<u>1,229,103</u>	<u>213,379</u>	<u>1,442,482</u>

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Notes to the Financial Statements - continued
for the Year Ended 31 January 2024

2. DONATIONS AND LEGACIES

	31.1.24	31.1.23
	£	£
Donations	699,519	611,825
	<u>699,519</u>	<u>611,825</u>

3. INVESTMENT INCOME

	31.1.24	31.1.23
	£	£
Deposit account interest	15,990	453
	<u>15,990</u>	<u>453</u>

4. RAISING FUNDS

Raising donations and legacies

	31.1.24	31.1.23
	£	£
Support costs	2,295	-
	<u>2,295</u>	<u>-</u>

Other trading activities

	31.1.24	31.1.23
	£	£
Purchases	327,626	95,134
Staff costs	4,771	4,498
Support costs	-	2,700
	<u>332,397</u>	<u>102,332</u>

Aggregate amounts	<u>334,692</u>	<u>102,332</u>
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5. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Grant funding of activities (see note 6) £	Support costs (see note 7) £	Totals £
General charitable activities	3,700	144,987	6,362	155,049

6. GRANTS PAYABLE

	31.1.24 £	31.1.23 £
General charitable activities	144,987	49,762

7. SUPPORT COSTS

	Finance £	Human resources £	Governance costs £	Totals £
Raising donations and legacies	-	-	2,295	2,295
General charitable activities	827	2,456	3,079	6,362
	827	2,456	5,374	8,657

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 January 2024 nor for the year ended 31 January 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 January 2024 nor for the year ended 31 January 2023.

Notes to the Financial Statements - continued
for the Year Ended 31 January 2024

9. STAFF COSTS

	31.1.24	31.1.23
	£	£
Wages and salaries	4,751	4,498
Other pension costs	20	-
	<u>4,771</u>	<u>4,498</u>

The average monthly number of employees during the year was as follows:

	31.1.24	31.1.23
Administrative staff	<u>-</u>	<u>1</u>

No employees received emoluments in excess of £60,000.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	606,994	4,831	611,825
Investment income	453	-	453
Total	<u>607,447</u>	<u>4,831</u>	<u>612,278</u>
EXPENDITURE ON			
Raising funds	38,470	63,862	102,332
Charitable activities			
General charitable activities	90,945	23,400	114,345
Total	<u>129,415</u>	<u>87,262</u>	<u>216,677</u>
NET INCOME/(EXPENDITURE)	478,032	(82,431)	395,601
Transfers between funds	(47,800)	47,800	-
Net movement in funds	<u>430,232</u>	<u>(34,631)</u>	<u>395,601</u>
RECONCILIATION OF FUNDS			
Total funds brought forward	806,719	39,065	845,784

Notes to the Financial Statements - continued
for the Year Ended 31 January 2024

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
TOTAL FUNDS CARRIED FORWARD	1,236,951	4,434	1,241,385

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.1.24	31.1.23
	£	£
Paypal ac	4,348	158

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.1.24	31.1.23
	£	£
Trade creditors	873	4,704
Other creditors	2,150	2,690
	3,023	7,394

13. MOVEMENT IN FUNDS

	At 1.2.23 £	Net movement in funds £	At 31.1.24 £
Unrestricted funds			
General fund	1,236,951	221,566	1,458,517
Restricted funds			
Centre Fund	4,434	4,202	8,636
TOTAL FUNDS	1,241,385	225,768	1,467,153

Notes to the Financial Statements - continued
for the Year Ended 31 January 2024

13. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	711,307	(489,741)	221,566
Restricted funds			
Centre Fund	4,202	-	4,202
TOTAL FUNDS	<u>715,509</u>	<u>(489,741)</u>	<u>225,768</u>

Comparatives for movement in funds

	At 1.2.22 £	Net movement in funds £	Transfers between funds £	At 31.1.23 £
Unrestricted funds				
General fund	806,719	478,032	(47,800)	1,236,951
Restricted funds				
Centre Fund	39,065	(18,569)	(16,062)	4,434
SCHOOL INCENTIVES	-	(63,862)	63,862	-
	<u>39,065</u>	<u>(82,431)</u>	<u>47,800</u>	<u>4,434</u>
TOTAL FUNDS	<u>845,784</u>	<u>395,601</u>	<u>-</u>	<u>1,241,385</u>

13. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	607,447	(129,415)	478,032
Restricted funds			
Centre Fund	4,831	(23,400)	(18,569)
SCHOOL INCENTIVES	-	(63,862)	(63,862)
	<u>4,831</u>	<u>(87,262)</u>	<u>(82,431)</u>
TOTAL FUNDS	<u>612,278</u>	<u>(216,677)</u>	<u>395,601</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.2.22 £	Net movement in funds £	Transfers between funds £	At 31.1.24 £
Unrestricted funds				
General fund	806,719	699,598	(47,800)	1,458,517
Restricted funds				
Centre Fund	39,065	(14,367)	(16,062)	8,636
SCHOOL INCENTIVES	-	(63,862)	63,862	-
	<u>39,065</u>	<u>(78,229)</u>	<u>47,800</u>	<u>8,636</u>
TOTAL FUNDS	<u>845,784</u>	<u>621,369</u>	<u>-</u>	<u>1,467,153</u>

13. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,318,754	(619,156)	699,598
Restricted funds			
Centre Fund	9,033	(23,400)	(14,367)
SCHOOL INCENTIVES	-	(63,862)	(63,862)
	<u>9,033</u>	<u>(87,262)</u>	<u>(78,229)</u>
TOTAL FUNDS	<u>1,327,787</u>	<u>(706,418)</u>	<u>621,369</u>

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 January 2024.

MCKS Charitable Foundation UK

Detailed Statement of Financial Activities
for the Year Ended 31 January 2024

	31.1.24 £	31.1.23 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	699,519	611,825
Investment income		
Deposit account interest	15,990	453
Total incoming resources	<u>715,509</u>	<u>612,278</u>
EXPENDITURE		
Other trading activities		
Purchases	327,626	95,134
Wages	4,751	4,498
Pensions	20	-
	<u>332,397</u>	<u>99,632</u>
Charitable activities		
Insurance	1,659	6
Telephone	-	447
Postage and stationery	-	58
Advertising	654	8,578
Sundries	200	100
No description	1,187	966
Grants to institutions	144,987	49,762
	<u>148,687</u>	<u>59,917</u>
Support costs		
Finance		
Bank charges	827	297
Human resources		
Software licences	2,456	619
Governance costs		
Accountancy and legal fees	5,374	32,812
Carried forward	5,374	32,812

This page does not form part of the statutory financial statements

MCKS Charitable Foundation UK

Detailed Statement of Financial Activities
for the Year Ended 31 January 2024

	31.1.24 £	31.1.23 £
Governance costs		
Brought forward	5,374	32,812
Exceptional items	-	23,400
	<hr/>	<hr/>
	5,374	56,212
Total resources expended	<hr/>	<hr/>
	489,741	216,677
Net income	<hr/>	<hr/>
	225,768	395,601
	<hr/> <hr/>	<hr/> <hr/>

This page does not form part of the statutory financial statements

TRUSTEES DECLARATION

MCKS CHARITABLE FOUNDATION UK

Registered Charity Number 1188773 Company Number CE021301

PERIOD ENDED 31/1/24

The trustees of MCKS Charitable Foundation UK present their annual report and accounts for the period leading to 31st January 2024 to comply with the requirements of the Charity Commission.

MCKS Charitable Foundation UK (originally operating under a Declaration of Trust Deed dated 13/8/2012) registered as a Charitable Incorporated Organisation (CIO) in March 2020 and asset transfer completed to the CIO on 30 November 2020.

The purpose of the MCKS Charitable Foundation UK is to relieve poverty and help alleviate suffering in the UK through food pantries, feeding programs, informative support, and charitable services under the MCKS UK name. The relief of those in need by reason of youth, age, ill health, or disability by providing caring and compassionate support to all regardless of cultural or religious backgrounds to help create healthy and resilient communities in the UK.

During our reporting period 2023-24 our focus has been to provide support to schools with weekly deliveries of food, toiletries, and sanitary products to stock their pantry cupboards and support the provision of breakfast clubs. We achieved our goal to increase the number of school pantries we can support to 100 by the summer of 2023. Our goal is to increase this further to 150 schools by September 2024 and to increase support to these schools by applying a tiering system focusing out funds in relation to need. During 2024 this support will be extended during the school holidays to provide continuity of support to families and children in need.

We base our provision of support on careful investigation into need to ensure our funds are used in line with our purpose. Our plans for 2024-25 include extension of support across the areas our purpose outlines to include health and disability through provision of targeted grants.

FUNDRAISING

The foundation raised £699,519 (2023: £611,825) in the year to 31 January 2024. The charity wishes to extend its thanks and appreciation to The Institute of Pranic Healing UK & Ireland, for its huge ongoing support, being responsible through its network of Instructors and Trainers, Therapists, Students, Patients, and wider family for the bulk of our income, as well as for the further volunteered time and effort by their members to support and enhance the value of our donations with healing and other services. Naturally, this gratitude extends to all the healer's patients and families and the public who give so generously of their time and money.

**Independent Examiner's Report to the Trustees of
MCKS Charitable Foundation UK
Registered Charity Number 1188773 Company Number CE021301**

I report to the trustees on my examination of the financial statements of the Company for the year ended 31st January 2024

Responsibilities and basis of report

As the Charities' trustees of the Company you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for the year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's Financial statements as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

My role is to state whether any material matters have come to my attention giving cause to believe:

- 1) that accounting records were not kept as required by section 386 of the Companies Act 2006; or
- 2) that the financial statements do not accord with those records; or
- 3) that the financial statements do not comply with the relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirements that the financial statements give a "true and fair" view which is not a matter considered as part of an independent examination; or
- 4) the financial statements have not been prepared in accordance with the Charities SORP (FRS102)

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters listed in (1) to (4) above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.



Robin Lawrence AFA
R&M Accountancy
Suite 1b, 18 Crendon Street
High Wycombe
Buckinghamshire
HP13 6LS

Dated 31st October 2024

MCKS Charitable Foundation UK & Ireland

England & Wales - Charity number 1188773

Accounts

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 January 2023
for
MCKS Charitable Foundation UK

Contents of the Financial Statements
for the Year Ended 31 January 2023

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Cash Flow Statement	4
Notes to the Cash Flow Statement	5
Notes to the Financial Statements	6 to 13
Detailed Statement of Financial Activities	14 to 15

MCKS Charitable Foundation UK

Report of the Trustees
for the Year Ended 31 January 2023

The trustees present their report with the financial statements of the charity for the year ended 31 January 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust reflecting the charitable objectives of the charitable incorporated organization (CIO).

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1188773


Principal address

81 St Marks Crescent
Maidenhead
BERKS
SL6 5DQ

Trustees

D Hetherington Treasurer
Ms R Morrissy Chair (resigned 21.6.22)
K S Sura Secretary (resigned 8.11.22)
L J Flitcroft Chair (appointed 22.6.22)
Ms M Khaira (appointed 8.11.22)
M D Willis (appointed 8.11.22)

Approved by order of the board of trustees on 28/4/2023 and signed on its behalf by:


.....
Trustee

MCKS Charitable Foundation UK

Statement of Financial Activities
for the Year Ended 31 January 2023

	Notes	Unrestricted fund £	Restricted funds £	31.1.23 Total funds £	31.1.22 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	606,994	4,831	611,825	530,536
Investment income	3	453	-	453	7
Total		607,447	4,831	612,278	530,543
EXPENDITURE ON					
Raising funds	4	38,470	63,862	102,332	-
Charitable activities	5				
General charitable activities		90,945	23,400	114,345	228,937
Total		129,415	87,262	216,677	228,937
NET INCOME/(EXPENDITURE)		478,032	(82,431)	395,601	301,606
Transfers between funds	13	(47,800)	47,800	-	-
Net movement in funds		430,232	(34,631)	395,601	301,606
RECONCILIATION OF FUNDS					
Total funds brought forward		806,719	39,065	845,784	544,178
TOTAL FUNDS CARRIED FORWARD		1,236,951	4,434	1,241,385	845,784

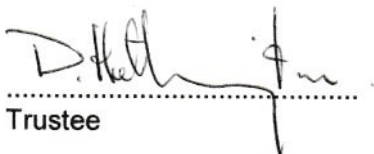
The notes form part of these financial statements

MCKS Charitable Foundation UK

Balance Sheet
31 January 2023

	Notes	Unrestricted fund £	Restricted funds £	31.1.23 Total funds £	31.1.22 Total funds £
CURRENT ASSETS					
Debtors	11	18,052	1,624	19,676	50,220
Cash at bank		1,226,292	2,811	1,229,103	796,515
		<u>1,244,344</u>	<u>4,435</u>	<u>1,248,779</u>	<u>846,735</u>
CREDITORS					
Amounts falling due within one year	12	(7,393)	(1)	(7,394)	(951)
		<u>1,236,951</u>	<u>4,434</u>	<u>1,241,385</u>	<u>845,784</u>
NET CURRENT ASSETS					
		<u>1,236,951</u>	<u>4,434</u>	<u>1,241,385</u>	<u>845,784</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>1,236,951</u>	<u>4,434</u>	<u>1,241,385</u>	<u>845,784</u>
NET ASSETS					
		<u>1,236,951</u>	<u>4,434</u>	<u>1,241,385</u>	<u>845,784</u>
FUNDS					
	13				
Unrestricted funds				1,236,951	806,719
Restricted funds				4,434	39,065
TOTAL FUNDS				<u>1,241,385</u>	<u>845,784</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 28/4/2023 and were signed on its behalf by:


Trustee

The notes form part of these financial statements

MCKS Charitable Foundation UK

Cash Flow Statement
for the Year Ended 31 January 2023

	Notes	31.1.23 £	31.1.22 £
Cash flows from operating activities			
Cash generated from operations	1	432,135	250,431
Net cash provided by operating activities		<u>432,135</u>	<u>250,431</u>
Cash flows from investing activities			
Interest received		<u>453</u>	<u>7</u>
Net cash provided by investing activities		<u>453</u>	<u>7</u>
Change in cash and cash equivalents in the reporting period			
		432,588	250,438
Cash and cash equivalents at the beginning of the reporting period		<u>796,515</u>	<u>546,077</u>
Cash and cash equivalents at the end of the reporting period		<u><u>1,229,103</u></u>	<u><u>796,515</u></u>

The notes form part of these financial statements

Notes to the Cash Flow Statement
for the Year Ended 31 January 2023

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.1.23 £	31.1.22 £
Net income for the reporting period (as per the Statement of Financial Activities)	395,601	301,606
Adjustments for:		
Interest received	(453)	(7)
Decrease/(increase) in debtors	30,544	(50,220)
Increase/(decrease) in creditors	6,443	(948)
Net cash provided by operations	<u>432,135</u>	<u>250,431</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.2.22 £	Cash flow £	At 31.1.23 £
Net cash			
Cash at bank	796,515	432,588	1,229,103
	<u>796,515</u>	<u>432,588</u>	<u>1,229,103</u>
Total	<u>796,515</u>	<u>432,588</u>	<u>1,229,103</u>

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Notes to the Financial Statements - continued
for the Year Ended 31 January 2023

2. DONATIONS AND LEGACIES

	31.1.23	31.1.22
	£	£
Donations	611,825	530,536
	<u>611,825</u>	<u>530,536</u>

3. INVESTMENT INCOME

	31.1.23	31.1.22
	£	£
Deposit account interest	453	7
	<u>453</u>	<u>7</u>

4. RAISING FUNDS

Other trading activities

	31.1.23	31.1.22
	£	£
Purchases	95,134	-
Staff costs	4,498	-
Support costs	2,700	-
	<u>102,332</u>	<u>-</u>

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Grant funding of activities (see note 6) £	Support costs (see note 7) £	Totals £
General charitable activities	10,155	49,762	54,428	114,345
	<u>10,155</u>	<u>49,762</u>	<u>54,428</u>	<u>114,345</u>

6. GRANTS PAYABLE

	31.1.23	31.1.22
	£	£
General charitable activities	49,762	211,000
	<u>49,762</u>	<u>211,000</u>

Notes to the Financial Statements - continued
for the Year Ended 31 January 2023

7. SUPPORT COSTS

	Finance £	Human resources £	Governance costs £	Totals £
Other trading activities	-	-	2,700	2,700
General charitable activities	297	619	53,512	54,428
	<u>297</u>	<u>619</u>	<u>56,212</u>	<u>57,128</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 January 2023 nor for the year ended 31 January 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 January 2023 nor for the year ended 31 January 2022.

9. STAFF COSTS

	31.1.23 £	31.1.22 £
Wages and salaries	4,498	-
	<u>4,498</u>	<u>-</u>

The average monthly number of employees during the year was as follows:

	31.1.23	31.1.22
Administrative staff	1	-
	<u>1</u>	<u>-</u>

No employees received emoluments in excess of £60,000.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	504,803	25,733	530,536
Investment income	7	-	7
Total	<u>504,810</u>	<u>25,733</u>	<u>530,543</u>
EXPENDITURE ON			
Charitable activities			
General charitable activities	228,937	-	228,937
NET INCOME	<u>275,873</u>	<u>25,733</u>	<u>301,606</u>
RECONCILIATION OF FUNDS			
Total funds brought forward	530,846	13,332	544,178
TOTAL FUNDS CARRIED FORWARD	<u><u>806,719</u></u>	<u><u>39,065</u></u>	<u><u>845,784</u></u>

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.1.23	31.1.22
	£	£
Paypal ac	158	50,220
	<u><u>158</u></u>	<u><u>50,220</u></u>

Notes to the Financial Statements - continued
for the Year Ended 31 January 2023

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.1.23	31.1.22
	£	£
Trade creditors	4,704	1
Other creditors	2,690	950
	<u>7,394</u>	<u>951</u>

13. MOVEMENT IN FUNDS

	At 1.2.22	Net movement	Transfers	At
	£	in funds	between	31.1.23
		£	funds	£
			£	
Unrestricted funds				
General fund	806,719	478,032	(47,800)	1,236,951
Restricted funds				
Centre Fund	39,065	(18,569)	(16,062)	4,434
SCHOOL INCENTIVES	-	(63,862)	63,862	-
	<u>39,065</u>	<u>(82,431)</u>	<u>47,800</u>	<u>4,434</u>
TOTAL FUNDS	<u>845,784</u>	<u>395,601</u>	<u>-</u>	<u>1,241,385</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	607,447	(129,415)	478,032
Restricted funds			
Centre Fund	4,831	(23,400)	(18,569)
SCHOOL INCENTIVES	-	(63,862)	(63,862)
	<u>4,831</u>	<u>(87,262)</u>	<u>(82,431)</u>
TOTAL FUNDS	<u>612,278</u>	<u>(216,677)</u>	<u>395,601</u>

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.2.21 £	Net movement in funds £	At 31.1.22 £
Unrestricted funds			
General fund	530,846	275,873	806,719
Restricted funds			
Centre Fund	13,332	25,733	39,065
TOTAL FUNDS	<u>544,178</u>	<u>301,606</u>	<u>845,784</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	504,810	(228,937)	275,873
Restricted funds			
Centre Fund	25,733	-	25,733
TOTAL FUNDS	<u>530,543</u>	<u>(228,937)</u>	<u>301,606</u>

Notes to the Financial Statements - continued
for the Year Ended 31 January 2023

13. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.2.21 £	Net movement in funds £	Transfers between funds £	At 31.1.23 £
Unrestricted funds				
General fund	530,846	753,905	(47,800)	1,236,951
Restricted funds				
Centre Fund	13,332	7,164	(16,062)	4,434
SCHOOL INCENTIVES	-	(63,862)	63,862	-
	<u>13,332</u>	<u>(56,698)</u>	<u>47,800</u>	<u>4,434</u>
TOTAL FUNDS	<u>544,178</u>	<u>697,207</u>	<u>-</u>	<u>1,241,385</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,112,257	(358,352)	753,905
Restricted funds			
Centre Fund	30,564	(23,400)	7,164
SCHOOL INCENTIVES	-	(63,862)	(63,862)
	<u>30,564</u>	<u>(87,262)</u>	<u>(56,698)</u>
TOTAL FUNDS	<u>1,142,821</u>	<u>(445,614)</u>	<u>697,207</u>

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 January 2023.

MCKS Charitable Foundation UK

Detailed Statement of Financial Activities
for the Year Ended 31 January 2023

	31.1.23 £	31.1.22 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	611,825	530,536
Investment income		
Deposit account interest	453	7
Total incoming resources	<u>612,278</u>	<u>530,543</u>
EXPENDITURE		
Other trading activities		
Purchases	95,134	-
Wages	4,498	-
	<u>99,632</u>	<u>-</u>
Charitable activities		
Insurance	6	-
Telephone	447	-
Postage and stationery	58	995
Advertising	8,578	-
Sundries	100	35
No description	966	-
Grants to institutions	49,762	211,000
	<u>59,917</u>	<u>212,030</u>
Support costs		
Finance		
Bank charges	297	23
Human resources		
Software licences	619	-
Governance costs		
Accountancy and legal fees	32,812	16,884
Carried forward	32,812	16,884

This page does not form part of the statutory financial statements

MCKS Charitable Foundation UK

Detailed Statement of Financial Activities
for the Year Ended 31 January 2023

	31.1.23 £	31.1.22 £
Governance costs		
Brought forward	32,812	16,884
Exceptional items	23,400	-
	<hr/>	<hr/>
	56,212	16,884
Total resources expended	<hr/>	<hr/>
	216,677	228,937
Net income	<hr/>	<hr/>
	395,601	301,606

This page does not form part of the statutory financial statements

TRUSTEES DECLARATION

MCKS CHARITABLE FOUNDATION UK

Registered Charity Number 1188773 Company Number CE021301

PERIOD ENDED 31/1/23

The trustees of MCKS Charitable Foundation UK present their annual report and accounts for the period leading to 31st January 2023 to comply with the requirements of the Charity Commission.

AIMS

MCKS Charitable Foundation UK (originally operating under a Declaration of Trust Deed dated 13/8/2012) registered as a Charitable Incorporated Organisation (CIO) in March 2020 and asset transfer completed to the CIO on 30 November 2020.

The mission of the MCKS Charitable Foundation UK is to help alleviate suffering by providing caring and compassionate support to those in need.

Up to June 2022 our charity was a grant giving charity. Since this date we have set up our own initiatives and school pantry cupboards. We collaborate with schools to provide much-needed weekly deliveries of food, toiletries, and sanitary products to stock their pantry cupboards.

Our annual goal is to increase the number of school pantries we can support from 45 to 100 by the summer of 2023, with additional support during the summer holidays for the most vulnerable students and their families.

FUNDRAISING

The foundation raised £611,825 (2022: £530,536) in the year to 31 January 2023.

The charity wishes to extend its thanks and appreciation to The Institute of Pranic Healing UK & Ireland, for its huge ongoing support, being responsible through its network of Instructors and trainers, healers, students, patients, and wider family for the bulk of our income, as well as for the further volunteered time and effort by their members to support and enhance the value of our donations with healing and other services.

Naturally this gratitude extends to all the healer's patients and family and the public who give so generously of their time and money.

**Independent Examiner's Report to the Trustees of
MCKS Charitable Foundation UK
Registered Charity Number 1188773 Company Number CE021301**

I report to the trustees on my examination of the financial statements of the Company for the year ended 31st January 2023

Responsibilities and basis of report

As the Charitiy's trustees of the Company you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

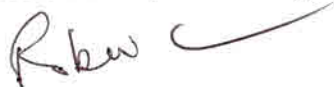
Having satisfied myself that the accounts of the Company are not required to be audited for the year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's Financial statements as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commssion under section 145(5)(b) of the 2011 Act.

My role is to state whether any material matters have come to my attention giving cause to believe:

- 1) that accounting records were not kept as required by section 386 of the Companies Act 2006; or
- 2) that the financial statements do not accord with those records; or
- 3) that the financial statements do not comply with the relevant accounting requirements under secton 396 of the Companies Act 2006 other than any requirements that the financial statements give a "true and fair" view which is not a matter considered as part of an independent examination; or
- 4) the financial statements have not been prepared in accordance with the Charities SORP (FRS102)

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters listed in (1) to (4) above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.



Robin Lawrence AFA
R&M Accountancy
Suite 1b, 18 Crendon Street
High Wycombe
Buskinghamshire
HP13 6LS

Dated 28th April 2023

MCKS Charitable Foundation UK & Ireland

England & Wales - Charity number 1188773

Accounts

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 January 2022
for
MCKS Charitable Foundation UK

Contents of the Financial Statements
for the Year Ended 31 January 2022

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Report of the Trustees	1
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Cash Flow Statement	4
Notes to the Cash Flow Statement	5
Notes to the Financial Statements	6 to 11
Detailed Statement of Financial Activities	12

MCKS Charitable Foundation UK

Report of the Trustees
for the Year Ended 31 January 2022

The trustees present their report with the financial statements of the charity for the year ended 31 January 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust reflecting the charitable objectives of the charitable incorporated organization (CIO).

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1188773

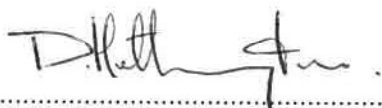
Principal address

81 St Marks Crescent
Maidenhead
BERKS
SL6 5DQ

Trustees

D Hetherington Treasurer
Ms R Morrissy Chair
K S Sura Secretary

Approved by order of the board of trustees on 14/3/2022 and signed on its behalf by:



.....
Trustee

MCKS Charitable Foundation UK

Statement of Financial Activities
for the Year Ended 31 January 2022

	Notes	Unrestricted fund £	Restricted fund £	Year Ended 31.1.22 Total funds £	Period 26.3.20 to 31.1.21 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	504,803	25,733	530,536	165,865
Investment income	3	7	-	7	2
Total		504,810	25,733	530,543	165,867
EXPENDITURE ON					
Raising funds	4	-	-	-	950
Charitable activities					
General charitable activities	5	228,937	-	228,937	105,479
Other		-	-	-	15,396
Total		228,937	-	228,937	121,825
NET INCOME		275,873	25,733	301,606	44,042
Transfers between funds	12	-	-	-	13,553
Net movement in funds		275,873	25,733	301,606	57,595
RECONCILIATION OF FUNDS					
Total funds brought forward		530,846	13,332	544,178	486,583
TOTAL FUNDS CARRIED FORWARD		806,719	39,065	845,784	544,178

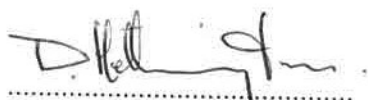
The notes form part of these financial statements

MCKS Charitable Foundation UK

Balance Sheet
31 January 2022

	Notes	Unrestricted fund £	Restricted fund £	31.1.22 Total funds £	31.1.21 Total funds £
CURRENT ASSETS					
Debtors	10	32,955	17,265	50,220	-
Cash at bank		774,714	21,800	796,514	546,078
		<u>807,669</u>	<u>39,065</u>	<u>846,734</u>	<u>546,078</u>
CREDITORS					
Amounts falling due within one year	11	(950)	-	(950)	(1,900)
NET CURRENT ASSETS		<u>806,719</u>	<u>39,065</u>	<u>845,784</u>	<u>544,178</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>806,719</u>	<u>39,065</u>	<u>845,784</u>	<u>544,178</u>
NET ASSETS		<u>806,719</u>	<u>39,065</u>	<u>845,784</u>	<u>544,178</u>
FUNDS					
Unrestricted funds	12			806,719	530,846
Restricted funds				39,065	13,332
TOTAL FUNDS				<u>845,784</u>	<u>544,178</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 14.1.2022 and were signed on its behalf by:


.....
Trustee

The notes form part of these financial statements

MCKS Charitable Foundation UK

Cash Flow Statement
for the Year Ended 31 January 2022

	Notes	Year Ended 31.1.22 £	Period 26.3.20 to 31.1.21 £
Cash flows from operating activities			
Cash generated from operations	1	250,429	546,076
Net cash provided by operating activities		<u>250,429</u>	<u>546,076</u>
Cash flows from investing activities			
Interest received		<u>7</u>	<u>2</u>
Net cash provided by investing activities		<u>7</u>	<u>2</u>
Change in cash and cash equivalents in the reporting period			
Cash and cash equivalents at the beginning of the reporting period		<u>546,078</u>	<u>-</u>
Cash and cash equivalents at the end of the reporting period		<u><u>796,514</u></u>	<u><u>546,078</u></u>

The notes form part of these financial statements

1. **RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	Year Ended 31.1.22 £	Period 26.3.20 to 31.1.21 £
Net income for the reporting period (as per the Statement of Financial Activities)	301,606	44,042
Adjustments for:		
Interest received	(7)	(2)
	-	500,136
Increase in debtors	(50,220)	-
(Decrease)/increase in creditors	(950)	1,900
Net cash provided by operations	<u>250,429</u>	<u>546,076</u>

2. **ANALYSIS OF CHANGES IN NET FUNDS**

	At 1.2.21 £	Cash flow £	At 31.1.22 £
Net cash			
Cash at bank	546,078	250,436	796,514
	<u>546,078</u>	<u>250,436</u>	<u>796,514</u>
Total	<u>546,078</u>	<u>250,436</u>	<u>796,514</u>

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Notes to the Financial Statements - continued
for the Year Ended 31 January 2022

2. DONATIONS AND LEGACIES

	Year Ended 31.1.22 £	Period 26.3.20 to 31.1.21 £
Donations	530,536	165,865

3. INVESTMENT INCOME

	Year Ended 31.1.22 £	Period 26.3.20 to 31.1.21 £
Deposit account interest	7	2

4. RAISING FUNDS

Other trading activities

	Year Ended 31.1.22 £	Period 26.3.20 to 31.1.21 £
Support costs	-	950

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Grant funding of activities (see note 6) £	Support costs (see note 7) £	Totals £
General charitable activities	1,030	211,000	16,907	228,937

6. GRANTS PAYABLE

	Year Ended 31.1.22 £	Period 26.3.20 to 31.1.21 £
General charitable activities	<u>211,000</u>	<u>105,000</u>

7. SUPPORT COSTS

	Finance £	Governance costs £	Totals £
General charitable activities	<u>23</u>	<u>16,884</u>	<u>16,907</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 January 2022 nor for the period ended 31 January 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 January 2022 nor for the period ended 31 January 2021.

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	152,533	13,332	165,865
Investment income	<u>2</u>	<u>-</u>	<u>2</u>
Total	152,535	13,332	165,867
EXPENDITURE ON			
Raising funds	950	-	950
Charitable activities			
General charitable activities	105,479	-	105,479
Other	<u>15,396</u>	<u>-</u>	<u>15,396</u>
Total	<u>121,825</u>	<u>-</u>	<u>121,825</u>

Notes to the Financial Statements - continued
for the Year Ended 31 January 2022

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted fund £	Total funds £
NET INCOME	30,710	13,332	44,042
Transfers between funds	13,553	-	13,553
Net movement in funds	44,263	13,332	57,595
RECONCILIATION OF FUNDS			
Total funds brought forward	486,583	-	486,583
TOTAL FUNDS CARRIED FORWARD	<u>530,846</u>	<u>13,332</u>	<u>544,178</u>

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.1.22 £	31.1.21 £
No description	50,220	-

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.1.22 £	31.1.21 £
Other creditors	950	1,900

12. MOVEMENT IN FUNDS

	At 1.2.21 £	Net movement in funds £	At 31.1.22 £
Unrestricted funds			
General fund	530,846	275,873	806,719
Restricted funds			
Centre Fund	13,332	25,733	39,065
TOTAL FUNDS	<u>544,178</u>	<u>301,606</u>	<u>845,784</u>

Notes to the Financial Statements - continued
for the Year Ended 31 January 2022

12. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	504,810	(228,937)	275,873
Restricted funds			
Centre Fund	25,733	-	25,733
TOTAL FUNDS	<u>530,543</u>	<u>(228,937)</u>	<u>301,606</u>

Comparatives for movement in funds

	At 26.3.20 £	Net movement in funds £	Transfers between funds £	At 31.1.21 £
Unrestricted funds				
General fund	486,583	30,710	13,553	530,846
Restricted funds				
Centre Fund	-	13,332	-	13,332
TOTAL FUNDS	<u>486,583</u>	<u>44,042</u>	<u>13,553</u>	<u>544,178</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	152,535	(121,825)	30,710
Restricted funds			
Centre Fund	13,332	-	13,332
TOTAL FUNDS	<u>165,867</u>	<u>(121,825)</u>	<u>44,042</u>

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 January 2022.

MCKS Charitable Foundation UK

Detailed Statement of Financial Activities
for the Year Ended 31 January 2022

	Year Ended 31.1.22 £	Period 26.3.20 to 31.1.21 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	530,536	165,865
Investment income		
Deposit account interest	7	2
Total incoming resources	530,543	165,867
EXPENDITURE		
Charitable activities		
Postage and stationery	995	444
Sundries	35	35
Grants to institutions	211,000	105,000
	212,030	105,479
Support costs		
Finance		
Bank charges	23	-
Governance costs		
Accountancy and legal fees	16,884	1,346
Exceptional items	-	15,000
	16,884	16,346
Total resources expended	228,937	121,825
Net income	301,606	44,042

This page does not form part of the statutory financial statements

TRUSTEES DECLARATION

MCKS CHARITABLE FOUNDATION UK

Registered Charity Number 1188773 Company Number CE021301

PERIOD ENDED 31/1/22

The trustees of MCKS Charitable Foundation UK present their annual report and accounts for the period leading to 31st January 2022 to comply with the requirements of the Charity Commission.

AIMS

MCKS Charitable Foundation UK (originally operating under a Declaration of Trust Deed dated 13/8/2012) registered as a Charitable Incorporated Organisation (CIO) in March 2020 and asset transfer completed to the CIO on 30 November 2020.

The MCKS Charitable Foundation UK has the following objects: it was predominately established as a feeding program and as a vehicle to help other charitable organisations, which have a good fit with its objects.

- The prevention or relief of poverty in the UK (England) providing grants, items and services to individuals in need and/or charities, and other organisations working to prevent or relieve poverty.
- To relieve financial hardship, sickness, and poor health amongst elderly people.
- The relief of those in need, by reason of youth, age, ill health, disability financial hardship or other disadvantage.
- To promote such other charitable purposes for the public benefit as are exclusively charitable according to the laws of England and Wales as the trustees may from time to time determine

FUNDRAISING

The foundation raised £530,536 (2021: £165,865) in the year to 31 January 2022 and paid out £211,000 (2021: £105,000) to fourteen charities.

The charity wishes to extend its thanks and appreciation to The Institute of Pranic Healing UK & Ireland (IPHUK), for its huge ongoing support, being responsible through its network of Instructors and trainers, healers, students, patients, and wider family for the bulk of our income, as well as for the further volunteered time and effort by their members to support and enhance the value of our donations with healing and other services.

Naturally this gratitude extends to all the healer's patients and family and the public who give so generously of their time and money.

DONATIONS

The Foundation is pleased to have been able to support fourteen charities during this period, with the following main donations this year.

- £10,000 to Brixton Soup Kitchen (Charity Reg No 1159976)
- £10,000 to Sussex Emmaus (Charity Reg No 1053354)
- £10,000 to Parenting Special Children (Charity Reg No 1141172)
- £12,500 to The Fountain Centre (Charity Reg No 1089086)
- £20,000 to Crawley Open House (Charity Reg No 1048919)
- £25,000 to WhiteChapel Mission (Charity Reg No 227905)
- £10,000 to HALO (Charity Reg No 1001813)
- £10,000 to Haven House (Charity Reg No 1044296)
- £10,000 to Winter Night Shelter (Charity Reg No 1149480)
- £3,500 to InterAct Stroke Support (Charity Reg No 1080046)
- £15,000 to The Separated Child (Charity Reg No 1120669)
- £20,000 to Dad's House (Charity Reg No 1172419)
- £20,000 to Made in Hackney (Charity Reg No 1176690)
- £35,000 to MCKS Food Pantry (CIC Reg No 13397698)

It is envisaged that total Income and Donations for the next financial year to 31 January 2023 will continue to rise, thanks to the continued development and growth of the IPHUK and its qualified Pranic Healers and their continuing generosity towards the needy.

**Independent Examiner's Report to the Trustees of
MCKS Charitable Foundation UK
Registered Charity Number 1188773 Company Number CE021301**

I report to the trustees on my examination of the financial statements of the Company for the year ended 31st January 2022

Responsibilities and basis of report

As the Charities' trustees of the Company you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for the year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's Financial statements as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

My role is to state whether any material matters have come to my attention giving cause to believe:

- 1) that accounting records were not kept as required by section 386 of the Companies Act 2006; or
- 2) that the financial statements do not accord with those records; or
- 3) that the financial statements do not comply with the relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirements that the financial statements give a "true and fair" view which is not a matter considered as part of an independent examination; or
- 4) the financial statements have not been prepared in accordance with the Charities SORP (FRS102)

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters listed in (1) to (4) above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.



Robin Lawrence AFA
R&M Accountancy
Suite 1b, 18 Crendon Street
High Wycombe
Buckinghamshire
HP13 6LS

Dated 15th March 2022

MCKS Charitable Foundation UK & Ireland

England & Wales - Charity number 1188773

Accounts

Report of the Trustees and
Unaudited Financial Statements for the Period 26 March 2020 to 31 January 2021
for
MCKS Charitable Foundation UK

Contents of the Financial Statements
for the Period 26 March 2020 to 31 January 2021

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Detailed Statement of Financial Activities	7

MCKS Charitable Foundation UK

Report of the Trustees
for the Period 26 March 2020 to 31 January 2021

The trustees present their report with the financial statements of the charity for the period 26 March 2020 to 31 January 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust reflecting the charitable objectives of the charitable incorporated organization (CIO).

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1188773

Principal address

81 St Marks Crescent
Maidenhead
BERKS
SL6 5DQ

Trustees

D Hetherington Treasurer
R Morrissy Chair
K S Sura Secretary

Approved by order of the board of trustees on 22/11/2021 and signed on its behalf by:



.....
Trustee

MCKS Charitable Foundation UK

Statement of Financial Activities
for the Period 26 March 2020 to 31 January 2021

	Notes	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM				
Donations and legacies		152,533	13,332	165,865
Investment income	2	2	-	2
Total		<u>152,535</u>	<u>13,332</u>	<u>165,867</u>
EXPENDITURE ON				
Raising funds		950	-	950
Charitable activities				
General charitable activities		105,479	-	105,479
Other		15,396	-	15,396
Total		<u>121,825</u>	<u>-</u>	<u>121,825</u>
NET INCOME				
		<u>30,710</u>	<u>13,332</u>	<u>44,042</u>
Transfers between funds	5	13,553	-	13,553
Net movement in funds		44,263	13,332	57,595
RECONCILIATION OF FUNDS				
Total funds brought forward		486,583	-	486,583
TOTAL FUNDS CARRIED FORWARD		<u><u>530,846</u></u>	<u><u>13,332</u></u>	<u><u>544,178</u></u>

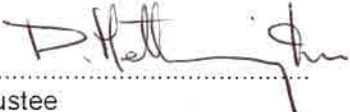
The notes form part of these financial statements

MCKS Charitable Foundation UK

Balance Sheet
31 January 2021

	Notes	Unrestricted fund £	Restricted fund £	Total funds £
CURRENT ASSETS				
Cash at bank		532,746	13,332	546,078
CREDITORS				
Amounts falling due within one year	4	(1,900)	-	(1,900)
NET CURRENT ASSETS		<u>530,846</u>	<u>13,332</u>	<u>544,178</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		530,846	13,332	544,178
NET ASSETS		<u>530,846</u>	<u>13,332</u>	<u>544,178</u>
FUNDS	5			
Unrestricted funds				530,846
Restricted funds				<u>13,332</u>
TOTAL FUNDS				<u>544,178</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 22/11/2021 and were signed on its behalf by:


Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Notes to the Financial Statements - continued
for the Period 26 March 2020 to 31 January 2021

2. INVESTMENT INCOME

Deposit account interest	£ 2
	<u>2</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 31 January 2021.

Trustees' expenses

There were no trustees' expenses paid for the period ended 31 January 2021.

4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

Other creditors	£ 1,900
	<u>1,900</u>

5. MOVEMENT IN FUNDS

	At 26.3.20 £	Net movement in funds £	Transfers between funds £	At 31.1.21 £
Unrestricted funds				
General fund	486,583	30,710	13,553	530,846
Restricted funds				
Centre Fund	-	13,332	-	13,332
TOTAL FUNDS	<u>486,583</u>	<u>44,042</u>	<u>13,553</u>	<u>544,178</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	152,535	(121,825)	30,710
Restricted funds			
Centre Fund	13,332	-	13,332
TOTAL FUNDS	<u>165,867</u>	<u>(121,825)</u>	<u>44,042</u>

6. RELATED PARTY DISCLOSURES

There were no related party transactions for the period ended 31 January 2021.

MCKS Charitable Foundation UK

Detailed Statement of Financial Activities
for the Period 26 March 2020 to 31 January 2021

£

INCOME AND ENDOWMENTS

Donations and legacies

Donations 165,865

Investment income

Deposit account interest 2

Total incoming resources

165,867

EXPENDITURE

Charitable activities

Postage and stationery 444

Sundries 35

Grants to institutions 105,000

105,479

Support costs

Governance costs

Accountancy and legal fees 1,346

Exceptional items 15,000

16,346

Total resources expended

121,825

Net income

44,042

TRUSTEES DECLARATION

MCKS CHARITABLE FOUNDATION UK

Registered Charity Number 1188773 Company Number CE021301

PERIOD ENDED 31/1/21

The trustees of MCKS Charitable Foundation UK present their annual report and accounts for the period leading to 31st January 2021 to comply with the requirements of the Charity Commission.

AIMS

MCKS Charitable Foundation UK (originally operating under a Declaration of Trust Deed dated 13/8/2012) registered as a Charitable Incorporated Organisation (CIO) in March 2020 and asset transfer completed to the CIO on 30 November 2020.

The MCKS Charitable Foundation UK has the following objects: it was predominately established as a feeding program and as a vehicle to help other charitable organisations, which have a good fit with its objects.

- The prevention or relief of poverty in the UK (England) providing grants, items and services to individuals in need and/or charities, and other organisations working to prevent or relieve poverty.
- To relieve financial hardship, sickness, and poor health amongst elderly people.
- The relief of those in need, by reason of youth, age, ill health, disability financial hardship or other disadvantage.
- To promote such other charitable purposes for the public benefit as are exclusively charitable according to the laws of England and Wales as the trustees may from time to time determine

FUNDRAISING

The foundation raised £165,865 (2020: £ N/A) in the three months to 31 January 2021 and paid out £105,000 (2020: £ N/A) to eleven charities.

The charity wishes to extend its thanks and appreciation to The Institute of Pranic Healing UK (IPHUK), for its huge ongoing support, being responsible through its network of Instructors and trainers, healers, students, patients and wider family for the bulk of our increasing income, as well as for the further volunteered time and effort by their members to support and enhance the value of our donations with healing and other services.

Naturally this gratitude extends to all the healer's patients and family and the public who give so generously of their time and money.

DONATIONS

The Foundation is pleased to have been able to support eleven charities during this period, with the following main donations this year.

- £10,000 to Brixton Soup Kitchen (Charity Reg No 1159976)
- £5,000 to Caius House (Charity Reg No 1130066)
- £10,000 to SHOC (Charity Reg No 1070689)
- £5,000 to Wycombe Homeless (Charity Reg No 1156211)
- £10,000 to Crawley Open House (Charity Reg No 1048919)
- £25,000 to WhiteChapel Mission (Charity Reg No 227905)
- £5,000 to Lothian Autistic (Charity Reg No SC021439)
- £20,000 to Power of Parenting (Charity Reg No 1167772)
- £5,000 to Winter Night Shelter (Charity Reg No 1149480)
- £5,000 to Hope for Food (Charity Reg No 1162039)
- £5,000 to Haven West (Charity Reg No 1179298)

It is envisaged that total Income and Donations for the next financial year to 31 January 2022 will continue to rise, thanks to the continued development and growth of the IPHUK and its qualified Pranic Healers and their continuing generosity towards the needy.

**Independent Examiner's Report to the Trustees of
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- 4) the financial statements have not been prepared in accordance with the Charities SORP (FRS102)

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters listed in (1) to (4) above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.



Robin Lawrence AFA
R&M Accountancy
Suite 1b, 18 Crendon Street
High Wycombe
Buskinghamshire
HP13 6LS

Dated 19th November 2021

Suite 1b 18 Crendon Street
High Wycombe Bucks HP13 6LS
Tel: 01494 524118

Robin Lawrence email: robin.rmaccountancy@btconnect.com