






Annual Report and Financial Statements

ADHD Embrace

Charity Number 1188759

For the year ended 31 March 2025

Key information

Legal status	Charitable Incorporated Organisation Charity Number 1188759 (England & Wales)
Registered address	4th Floor Tuition House, 27 - 37 St George's Road, London SW19 4EU
Trustees	Annette Wilson (Chair) Dhavarajh Frank (Treasurer) Clare Mullane (Secretary) Katherine Virdi
Independent Examiner	Hartley Fowler LLP 27 - 37 St George's Road London SW19 4EU
Bank	HSBC UK Bank Plc Kingston Branch 90 Eden Street Kingston Upon Thames KT1 1DJ
Website & social media	<div> https://adhdembrace.org/</div> <div> @AdhdEmbrace</div> <div> @AdhdEmbraceUK</div>

Chair's statement

ADHD Embrace has had a busy year. Driven by increased awareness of ADHD and neurodiversity and continued demand for our services, our community grew by 25% compared to the previous year.

We welcomed the appointment of the NHS Independent ADHD Taskforce, with a national remit to consider service provision, and were delighted to be invited to participate in some of its committee workstreams. The final report which is a comprehensive and significant piece of work included some important recommendations, which we support. It is a call to action at government level to address some structural issues in order to improve care and support for those with ADHD. We continue to see long waiting lists (between one and two years) for both ADHD diagnosis and assessment for medication, despite more investment by statutory service providers and the implementation of the "Right to Choose". Equally post diagnosis support in healthcare and education still has a long way to go and we continue to work collaboratively with statutory service providers to better support our community.

At ADHD Embrace, our focus remains on ensuring that young people with ADHD are understood, supported and ultimately thrive. Similarly our holistic approach to supporting young people, their parents and professionals working with them is vital to helping young people with ADHD. We continue to ensure our offering is current in a changing world and we believe that it is important to adapt and enhance our service offering based on our user feedback.

Service provision

Our service provision continued to be strong, with our core offering for parents and carers being well supported. In the last year we also added further topics for our parent workshops and courses to support some of the real challenges faced by families with ADHD. We ran parent workshops on executive function and covered how those with ADHD can be impacted and what parents can do to better support their children. Our parenting courses which provide strategies and practical tools to support children and teens with ADHD were well attended as well as those covering conflict in couples and the management of aggressive behaviour in children and young people. We rolled out more Post Diagnosis Workshops for young people and are keen to make them more engaging for young people.

Our engagement with schools, teachers and other professionals is an important part of our service and our work with schools and teachers has had impact but there is more work to be done. We continue to see that young people with ADHD face school exclusions or avoid school attendance. Both of these indicate the individual's needs are not being met sufficiently; a complex area. We continue to be active on the advocacy side including working with education and healthcare statutory service providers to highlight the needs of our community.

We continued our collaboration with Kingston and St Mary's Universities where we worked closely with the Educational Facilities and also Kingston University co-host our teacher seminars. We also worked on a research study with Kingston University to develop guidelines on how schools can audit their environment to assess if it accommodates neurodiverse students. We were disappointed that university-wide budget cuts meant our involvement in lecturing trainee teachers on ADHD awareness and teaching strategies to support pupils with ADHD was paused. Despite the cuts, we continue to have strong working relationships with both Universities including on their ADHD research.

Our work with other charities and support groups in the area has continued, ensuring we cross refer to each other's services enabling our families to access a wide range of services and support. In addition, in July 2024 we entered into partnership with The Assessment Team, a group providing diagnostic assessments of ADHD. They offered some pro-bono assessments to those young people in our community on free school meals. In the nine months to March 2025, four families benefitted from this service, which was highly valued in the light of the long waiting lists for assessments.

Organisational developments

The last year saw a step change in our resourcing as we invested in the team to allow them to better serve the growing demand for our services. Our staff costs increased by 40% and the team complement increased to a full-time equivalent of 3.72 (2024: FTE of 2.42). The main areas where we expanded our resourcing was the hire of a part-time fundraiser, increased resourcing to our Community and Schools Outreach work as well as adding further resourcing to

support our Operational and IT functions to support the growth of our community and expansion of our service offering. Our small team of six staff, who mainly work part-time, all contribute to our service provision and operations through their respective roles. Our flexible working has enabled us to hire experienced staff, who value being able to work part-time in meaningful roles. We are also fortunate to have a group of volunteers, including Trustees, who contributed the equivalent of 1.0 FTE (2024: 1.7 FTE), and have supported the team in a wide range of areas. We are grateful for this support from our many volunteers and the benefit from an experienced Board of Trustees. During the year we undertook a Board evaluation in-line with governance best practice and also carried out a skills review. Our evaluation confirmed that the skillset and experience of the Board of Trustees was diverse and we had the required skills for appropriate oversight by the Board.

Our Trustees, as well as most of our team have first-hand experience of ADHD or associated neuro conditions within their family or professionally; we therefore have lived experience of the challenges faced by young people with ADHD and their families.

In the last twelve months, we saw Dr Bozhena Zoritch, Sarah Woods and Chris Burich step down as Trustees. After stepping down as Trustee, Bozhena has become our first ADHD Embrace Ambassador, where we are delighted to have an experienced and well-regarded practitioner represent us. We also appointed our first two ADHD Embrace Advocates, Matt Shepherd and Amy Jennings. Matt and Amy each bring their own experiences of ADHD and it is great to have them to support us in broadening our reach.

Funding sources

Our philosophy as a charity is to offer our services modestly priced or for free in order to ensure they are accessible to as many people as possible. We are reliant on funding to do so and this continues to be an area of importance.

Securing funding has been extremely competitive with the timing often unpredictable. As a small charity this is always a challenge, but we have worked hard to ensure that we continue to benefit from diverse sources of funding. Grants continue to be the largest contributor to our funding and we were delighted again to secure renewal funding from our core funders: Richmond Foundation, Hampton Fund, The Barnes Fund as well as the NHS Trust for specific services. In the year we also benefitted from strong funding from the Leathersellers' Company, St James Place Foundation, Lord's Group Foundation and The Royal Borough of Kingston upon Thames plus smaller amounts from a number of others.

We also received generous donations from our ADHD Embrace community, corporates charitable foundations such as Goldman Sachs Gives and ShareGift and royalties donated from the publication "Understanding ADHD in Girls and Women" by Dr Jo Steer. We benefitted from our community raising money for us with various challenge events such as Kew 10K, Richmond Marathon, London Landmark Half Marathon and Surrey Peaks. We benefitted from schools raising funds for us where St Stephen's Primary School did bike ride challenge event and Tiffin School raised funds during ADHD Awareness Month. We were thrilled to be selected as a beneficiary charity at some community events.

Plans for next financial year and beyond

In the next year our focus will be to further improve our operational efficiency, expand our reach to support more young people with ADHD and further enhance our offering. We will continue to build our team's capabilities including our digital marketing skills, and also enhance our infrastructure, including IT system and website.

We continue to be proud of what we have achieved and continue to see our charity playing an important role in supporting young people with ADHD and their families, with our holistic approach. We have built a strong reputation for the work we do and also for the impact we are having by supporting young people with ADHD and their families. My sincere thanks to the whole team of our dedicated staff, volunteers and my fellow Trustees, who have each contributed in their respective ways to build our capabilities and support our growing community.

Annette Wilson
Chair

Report of the Trustees

1. Mission and principal activities

The mission of ADHD Embrace is to be a support community for families and professionals living and working with young people with attention deficit and hyperactivity disorder ("ADHD") by:

- providing information, **knowledge** and practical support to parents, carers and professionals
- **raising awareness** of ADHD amongst the general public, local schools, local healthcare groups and in the local community as well at government level
- **empowering** those with ADHD and their families through provision of knowledge and practical support
- using any such charitable means as the trustees shall from time to time deem fit with a view **to improving the lives of children and young people with ADHD and those of their families.**

ADHD Embrace offering is provided to the wider public and for the benefit of the public and everybody is welcomed. This is in-line with the Charity Commission's public benefit guidance. Most of our service offering is free or hugely discounted and in cases of those in financial hardship access is granted by provision of assisted places.

2. Legal structure

ADHD Embrace (formerly known as ADHD Richmond and Kingston) was originally established in 2002 and operated as an unincorporated association. It is currently constituted as a Charitable Incorporated Organisation (CIO), which was registered with the Charity Commission on 25 March 2020. The Charity is governed by its Constitution that was adopted at incorporation and was amended on 26 July 2021 to reflect its name change.

3. Management and governance

3.1 Trustees who served during the reporting period

The following Trustees served on the Board of Trustees during the reporting period:

Chair	Annette Wilson
Treasurer	Dhavarajh Frank
Secretary	Clare Mullane
Other Trustees	Dr Bozhena Zoritch (resigned 20 January 2025)
	Sarah Woods
	Katherine Virdi
	Chris Burich.

Subsequent to the reporting period, Sarah Woods and Chris Burich stood down as Trustees on 2 June 2025 and 19 September 2025 respectively.

The Board of Trustees typically meets six weekly and in the reporting period nine meetings were held.

3.2 Appointment of Trustees

ADHD Embrace Trustees are appointed by the Board of Trustees. The Trustees are either representative of its ADHD community, which comprises parents, professionals and other related individuals, and / or are people with skills, knowledge and experience necessary to run an effective registered charitable organisation. In recruiting for Trustees, ADHD Embrace advertises the Trustee' vacancies to its community through its newsletter and also advertises these roles to the wider community through various voluntary sector recruitment platforms and also through social media.

In the reporting period all the Trustees and the majority of the staff of ADHD Embrace have children with ADHD or associated neuro developmental conditions or have worked with young people with ADHD.

4. Operational policies and procedures

ADHD Embrace has put in place policies and procedures to ensure the Charity is run in a structured and efficient way and also to mitigate key risks. The policies include a Safeguarding Policy. All the key policies and procedures are reviewed and approved by the Board of Trustees.

Report of the Trustees (continued)

5. Financial management and reserves policy

ADHD Embrace applies strong financial management in order to ensure that the Charity has sufficient resources to meet its liabilities and that its funds are managed prudently and spent to support the work as set out in its mission statement. The annual budget and quarterly management accounts are presented to the Board of Trustees to ensure sound financial governance.

The Charity implemented a reserve policy whereby it targets to hold unrestricted reserves of 6 – 9 months average expenditure for the next financial year. This policy was adopted taking account of the competitive fundraising environment and the timing of receipt of funding sometimes being unpredictable.

Unrestricted reserves as at 31 March 2025 were £115,274 (2024: £94,828), which equates to 6.73 months (2024: 5.82 months) average expenditure budgeted for the next financial year.

Restricted reserves committed to specific projects as at 31 March 2025 were £5,566 (2024: £5,416).

6. Funding overview and going concern

ADHD Embrace funding strategy is to ensure that it secures funding from diverse income streams in order to ensure it is sustainable in the longer term. As our cost base has grown this strategy is even more important. The make up of our income is shown below as a percentage of total income in the year and illustrates the relative sources of income. As we have scaled the organisation's structure and increased our cost base in the last year, we have been able to secure an increased level of funding from grants of 45%, compared to 35% in the previous year. The funding from our community donations and fundraising challenge events have not kept up to contribute as much to the increased cost base and so we saw a drop to 8% in the last year compared to 16% in the previous year. The make-up of our funding income was as follows:

	2025	2024	Variance year on year
Grants	45%	35%	+10%
Corporate donations	17%	14%	+3%
NHS commission income	12%	16%	-4%
Income from service activities	12%	12%	-
Community donations and fundraising events	8%	16%	-8%
Schools donations	4%	6%	-2%
Interest income	2%	1%	-1%

In view of the diversity of the Charity's funding and the level of unrestricted reserves, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, the Charity has adopted the going concern basis in the preparation of its the financial statements for the period under review.

7. Overview of ADHD Embrace's core activities

The Charity's core activities are focused on serving its community and being an advocate for ADHD awareness in the wider local community and with statutory service providers in order to ensure its community's needs are catered for.

It offers a number of activities focused on knowledge sharing and education – these include Seminars led by expert speakers, Post Diagnosis Workshops, Parenting Courses and Advice Clinics as well as an extensive website which has a wealth of information and a resource library of videos and other materials. In addition, the Community and Schools' Outreach Programme of visiting schools together with the Teacher Seminars are also aimed at knowledge sharing and education on ADHD. Through our school visits we also lead ADHD awareness session to parents, who we may not have otherwise reached.

Report of the Trustees (continued)

7. Overview of ADHD Embrace's core activities (continued)

It also offers activities which are focused on greater engagement with its community such as Drop-in Meet ups, community events and the two Closed Facebook Forums for Parents and Teachers respectively.

8. Service provision in the period under review

ADHD Embrace's service provision has been strong. It has seen another increase in the size of its community and also its website is widely used, where it is considered one of the best sources on ADHD in the UK. The summary below provides an overview of the numbers of activities and participation levels achieved, together with comparative figures for the preceding year.

	March 2025	March 2024
Website (annual rolling)		
Unique users	150,709	168,636
Sessions	228,529	210,445
Evening Seminars and Teacher After School Seminars		
No of participants	638	813
No of seminars	24	25
Parenting courses and workshops		
No of participants	261	290
No of courses	16	15
Young people courses and workshops (pilots in FY 2024)		
No of participants	56	37
No of courses	7	4
One-to-one Advice Clinics – Total sessions	133	167
Meet ups / Drop-in sessions		
No of participants	104	108
No of Meet ups	9	9
ADHD awareness and teacher training		
School visits	33	56
No of participants – teachers and staff	575	1,013
No of participants – parents	305	538
University training sessions (discontinued FY 2025 due to lack of funding)	N/A	5
No of participants - student teachers	N/A	490
Ballot for pro bono ADHD assessment (launched in July 2024)		
No of participants offered pro bono assessments	4	N/A
No of ADHD diagnoses made	4	N/A

User feedback on ADHD Embrace's events endorse the value obtained by participants from its different activities.

The Trustees' Annual Report was approved by the Board of Trustees on 24th November 2025 and is signed on its behalf by:

Annette Wilson
Chair

Independent Examiner's Report to the Trustees of ADHD Embrace

Independent examiner's report to the trustees of ADHD Embrace

I report to the charity trustees on my examination of the accounts of ADHD Embrace (the Trust) for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Jonathan Askew FCA
The Institute of Chartered Accountants in England and Wales

Hartley Fowler LLP
Chartered Accountants
4th Floor Tuition House
27-37 St George's Road
Wimbledon
London
SW19 4EU

Date: 25/11/2025
Date:

ADHD Embrace

Statement of Financial Activities

For the year ended 31 March 2025

		2025	2025	2025	2024	2024	2024
		Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	Notes	funds	funds	funds	funds	funds	funds
Income		£	£	£	£	£	£
Donations	2	120,592	12,600	133,192	87,503	21,490	108,993
Charitable activities	3	22,449	21,435	43,884	19,070	24,150	43,220
Investment income	4	2,982		2,982	1,130		1,130
Total income		146,023	34,035	180,058	107,703	45,640	153,343
Expenditure							
Staff costs	5	79,500	28,452	107,952	55,657	33,892	89,549
Service providers - operations		801		801	1,022		1,022
Service providers - activities		7,401	5,433	12,834	2,400	11,100	13,500
IT platform development		2,858		2,858	520		520
Printing, stationery & equipment		3,305		3,305	2,541	648	3,189
Premises & room hire		2,153		2,153	1,325		1,325
Fundraising	6	19,306		19,306	3,465		3,465
IT & communications		3,691		3,691	1,303		1,303
Governance	7	4,235		4,235	2,104		2,104
Staff training		1,638		1,638	2,265		2,265
Bank and payment fees		689		689	634		634
Total expenditure		125,577	33,885	159,462	73,236	45,640	118,876
Net movement in funds		20,446	150	20,596	34,467		34,467
Total funds brought forward		94,828	5,416	100,244	60,361	5,416	65,777
Total funds carried forward	13	115,274	5,566	120,840	94,828	5,416	100,244

The Statement of Financial Activities includes all gains and losses in the year. All of the above results are derived from continuing activities.

ADHD Embrace

Balance Sheet

As at 31 March 2025

	Notes	2025 Total funds £	2024 Total funds £
Current assets			
Debtors	9	2,382	1,389
Cash at bank and in hand		179,541	115,229
Total current assets		181,923	116,618
Creditors falling due within one year	10	(61,083)	(16,374)
Net current assets		120,840	100,244
Funds of the Charity			
Restricted reserves	12, 13	5,566	5,416
Unrestricted reserves	12, 13	115,274	94,828
Total funds		120,840	100,244

The Financial Statements on pages 9 to 15 were approved by the Board of Trustees on 24th November 2025 and are signed on their behalf by:

Annette Wilson
Chair

Dhavarajh Frank
Treasurer

Notes to the financial statements

1. Accounting policies

1.1 Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) – (“the SORP”) and the Financial Reporting Standard applicable in the UK and Republic of Ireland (“FRS 102”). The accounts comply with the Charities Act 2011 and are prepared on a going concern basis.

The Charity has taken advantage of section 4.6 of the SORP to report the Charity’s expenditure in accordance with the purpose for which it was incurred rather than on an activity basis.

The Charity has taken advantage of the disclosure exemption with regards to the requirements of section 7 Statement of Cash Flows in preparing these financial statements, as permitted by FRS 102.

1.2 Revenue recognition

Income is included in the Statement of Financial Activities once ADHD Embrace becomes legally entitled to it, the amount can be quantified with reasonable accuracy and once any performance criteria has been met.

Donations in kind are included under donations based on estimates of the value of goods and services received or in the case of donations in kind for use at events (e.g. auction prizes) are recognised at the amount realised from their sale. No amounts are included for services donated by volunteers in accordance with the SORP. The Trustees’ Report gives more information about volunteers’ contributions.

1.3 Expenses

All expenditure is accounted for on an accruals basis once costs have been incurred. Accruals for unpaid expenses relating to the reporting period are based on best estimates of amounts due.

1.4 Fund accounting

Unrestricted funds are funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or raised by the Charity for particular purposes. The aim and use of each restricted fund is set out in the notes to the financial statements.

1.5 Public benefit

The Charity meets the definition of a public benefit entity under FRS 102.

1.6 Taxation

ADHD Embrace is a Registered Charity and meets the exemption criteria from taxation under the Income and Corporation Taxes Act. No taxation therefore arises.

1.7 Irrecoverable VAT

The Charity is not registered for VAT and therefore does not recover VAT on costs incurred. Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

1.8 Debtors

Debtors include amounts owed to the Charity as at the period end for the provision of goods and services before the period end or amounts the Charity has paid in advance for the goods and services it will receive. Debtors and prepayments are normally recognised at their settlement amount after allowing for any trade discounts due.

Notes to the financial statements (continued)

1.9 Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.10 Creditors and provisions

Creditors and provisions include amounts owing by the Charity as at the period end for goods and services received before the period end. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due. Creditors also include funds received in advance of the period for which they have been given.

2. Donations

	2025	2025	2025	2024	2024	2024
	Unrestricted funds	Restricted funds	Total funds	Unrestricted funds	Restricted funds	Total funds
	£	£	£	£	£	£
Grants from charitable trusts	69,014	12,600	81,614	33,180	20,842	54,022
Donations from corporates	30,220		30,220	21,929		21,929
Donations from individuals and fundraising events & platforms	11,655		11,655	19,804	648	20,452
Donations - schools	7,456		7,456	9,166		9,166
Other revenue	2,247		2,247	3,424		3,424
	120,592	12,600	133,192	87,503	21,490	108,993

Other revenue includes book royalties from the sale of "Understanding ADHD in Girls & Women".

There were no donations in kind during the year ending 31 March 2025 or the previous financial year.

3. Income from charitable activities

	2025	2025	2025	2024	2024	2024
	Unrestricted funds	Restricted funds	Total funds	Unrestricted funds	Restricted funds	Total funds
	£	£	£	£	£	£
Income for commissioned work from NHS	-	21,435	21,435	-	24,150	24,150
Income from seminars and workshops	22,449	-	22,449	19,070	-	19,070
Total Income from charitable activities	22,449	21,435	43,884	19,070	24,150	43,220

4. Investment income

Investment income reflects interest earned from the bank.

Notes to the financial statements (continued)

5. Staff costs

	2025	2025	2025	2024	2024	2024
	Unrestricted funds	Restricted funds	Total funds	Unrestricted funds	Restricted funds	Total funds
	£	£	£	£	£	£
Salaries	95,182	28,452	123,634	53,769	33,892	87,661
Employer's pension contributions to defined contribution schemes	2,165	-	2,165	1,888	-	1,888
Total staff costs	97,347	28,452	125,799	55,657	33,892	89,549

The average head count in the year was 6.92 staff (2024: 6.5 staff) and the average number of full-time equivalent employees was 3.72 (2024: 2.73). One member of staff, our Executive Director was full-time, with all other staff being part-time. No member of staff was paid more than £60,000 per annum in this or the preceding year.

With regards to the unrestricted staff costs of £97,347, one member of staff was employed as a dedicated fundraiser and as a result her cost has been allocated to fundraising (note 6), with the balance of the unrestricted staff cost being allocated to staff costs on the SOFA on page 9.

6. Fundraising activities expenses

	2025	2025	2025	2024	2024	2024
	Unrestricted funds	Restricted funds	Total funds	Unrestricted funds	Restricted funds	Total funds
	£	£	£	£	£	£
Staff costs						
Salaries	17,474	-	17,474	-	-	-
Employers pension contributions to defined contribution schemes	373	-	373	-	-	-
Total Staff Costs	17,847	-	17,847	-	-	-
Other Fundraising costs						
Consultancy	550	-	550	2,062	-	2,062
Events & Merchandising	909	-	909	1,403	-	1,403
Total Other Fundraising costs	1,459	-	1,459	3,465	-	3,465
Total Fundraising costs	19,306	-	19,306	3,465	-	3,465

In the year ending 31 March 2025, fundraising cost totalled £19,306 (2024: £3,465). This includes a dedicated member of staff, use of specialist consultancy services to support grant bid writing for funding applications as well as costs associated with fundraising events.

Notes to the financial statements (continued)

7. Governance costs

	2025	2025	2025	2024	2024	2024
	Unrestricted funds	Restricted funds	Total funds	Unrestricted funds	Restricted funds	Total funds
	£	£	£	£	£	£
Independent Examiner & accountancy fees	3,942	0	3,942	1,925	0	1,925
Insurance	179	0	179	179	0	179
Legal	114	0	114	0	0	0
Total governance costs	4,235	0	4,235	2,104	0	2,104

The Charity is governed by the Board of Trustees under the leadership of the Chair. Trustees are not paid for their services and perform any work for the Charity on a pro bono basis. No expenses were paid to Trustees in either period.

8. Related party transactions

There were no transactions in either period with Trustees that require disclosure.

9. Debtors: amounts falling due within one year

	2025	2025	2025	2024	2024	2024
	Unrestricted funds	Restricted funds	Total funds	Unrestricted funds	Restricted funds	Total funds
	£	£	£	£	£	£
Trade debtors	250	0	250	745	0	745
Prepayments and accrued Income	2,132	0	2,132	644	0	644
	2,382	0	2,382	1,389	0	1,389

10. Creditors: amounts falling due within one year

	2025	2025	2025	2024	2024	2024
	Unrestricted funds	Restricted funds	Total funds	Unrestricted funds	Restricted funds	Total funds
	£	£	£	£	£	£
Trade creditors	829	-	829	1,324	-	1,324
Service user prepayments	3,653	-	3,653	2,400	-	2,400
Taxation and social security	1,918	-	1,918	3,239	-	3,239
Pensions payable	590	-	590	486	-	486
Accruals	1,884	-	1,884	1,650	-	1,650
Deferred income (note 11)	44,219	7,990	52,209	-	7,275	7,275
	53,093	7,990	61,083	9,099	7,275	16,374

Notes to the financial statements (continued)

11. Creditors: deferred income

	2025	2024
	Total funds	Total funds
	£	£
Balance at beginning of year	7,275	38,595
Amount released to income in the year	(7,275)	(38,595)
Amount deferred in the year	52,209	7,275
Balance at end of year	<u>52,209</u>	<u>7,275</u>

Deferred income comprises grants received in the year which can only be utilised in future periods.

12. Analysis of net assets between funds

	2025	2025	2025	2024	2024	2024
	Unrestricted funds	Restricted funds	Total funds	Unrestricted funds	Restricted funds	Total Funds
	£	£	£	£	£	£
Total current assets	168,367	13,556	181,923	103,927	12,691	116,618
Creditors falling due within one year	(53,093)	(7,990)	(61,083)	(9,099)	(7,275)	(16,374)
Net current assets	<u>115,274</u>	<u>5,566</u>	<u>120,840</u>	<u>94,828</u>	<u>5,416</u>	<u>100,244</u>

13. Analysis of net movement in funds

Current year:	Funds at 1 Apr 2024	Income	Expenditure	Funds at 31 Mar 2025
	£	£	£	£
Unrestricted funds	<u>94,828</u>	<u>146,023</u>	<u>(125,577)</u>	<u>115,274</u>
Restricted Funds:				
Hampton Fund: staff costs	3,000	12,600	(12,450)	3,150
NHS: post diagnosis workshops and advice clinics	-	21,435	(21,435)	-
Co-op: videos	2,416	-	-	2,416
	<u>5,416</u>	<u>34,035</u>	<u>(33,885)</u>	<u>5,566</u>
Total funds current year	<u>100,244</u>	<u>180,058</u>	<u>(159,462)</u>	<u>120,840</u>
Previous year:	Funds at 1 Apr 2023	Income	Expenditure	Funds at 31 Mar 2024
	£	£	£	£
Unrestricted funds	<u>60,361</u>	<u>107,703</u>	<u>(73,236)</u>	<u>94,828</u>
Restricted Funds:				
Richmond Voluntary Fund: Richmond residents		8,092	(8,092)	
Hampton Fund: staff costs	3,000	12,000	(12,000)	3,000
NHS: post diagnosis workshops and advice clinics	-	24,150	(24,150)	-
Kingston Charitable Foundation: Kingston schools	-	750	(750)	-
Co-op: videos	2,416	-	-	2,416
St Margarets Fair: printing		648	(648)	
	<u>5,416</u>	<u>45,640</u>	<u>(45,640)</u>	<u>5,416</u>
Total funds previous year	<u>65,777</u>	<u>153,343</u>	<u>(118,876)</u>	<u>100,244</u>