






Annual Report and Financial Statements

ADHD Embrace

Charity Number 1188759

For the year ended 31 March 2024

Key information

Legal status	Charitable Incorporated Organisation Charity Number 1188759 (England & Wales)
Registered address	88 Wyatt Drive London SW13 8AB
Trustees	Annette Wilson (Chair) Dhavarajh Frank (Treasurer) Clare Mullane (Secretary) Dr Bozhena Zoritch Sarah Woods Katherine Viridi Chris Burich
Independent Examiner	Hartley Fowler LLP 27-37 St George's Road London SW19 4EU
Bank	HSBC UK Bank Plc Kingston Branch 90 Eden Street Kingston Upon Thames KT1 1DJ
Website & social media	<div> https://adhdembrace.org/</div> <div> @AdhdEmbrace</div> <div> @AdhdEmbraceUK</div>

Chair's statement

ADHD Embrace has had another productive year. We continue to see our community of users grow - up 43% against the previous year. This is driven by the increased awareness of ADHD, and neurodiversity in general, as well as the increased need for support from our community. We continue to see waiting lists for ADHD diagnosis to be long despite more investment by statutory service providers. In addition our community was affected in the last year by the medication shortages driven by increased demand for medication mainly from more adults being diagnosed and supply chain issues affecting the production of medication.

Our focus on ensuring that young people with ADHD are understood, supported and ultimately thrive continues to be relevant. Similarly our holistic approach to supporting young people, their parents and professionals working with them is vital to helping young people with ADHD. We continue to ensure our offering is current in a changing world and we believe that it is important to adapt and enhance our service offering based on our user feedback and needs.

Service provision

Our service provision was strong and we were delighted to launch pilots of courses and workshops for the young people themselves. This extension of our services to young people has been an strategic objective we set a number of years ago following requests from our community in view of the lack of such services for young people with ADHD. One of our core offerings is to run Post Diagnosis Workshops for parents and carers of recently diagnosed young people and one of our new pilots was focused on providing such a workshop for the young people themselves. Our pilots were very well received by the young people and their parents and in the coming year we plan build on these.

Our other events and services continued to be well supported. We continue to operate a hybrid model for all our service delivery, where we have some in-person and some virtual events - an approach that continues to be favoured by our community. It also ensures that our offering is accessible to as many people as possible and we also are seeing a wider reach through our on-line offering. In addition in the last year we have added further topics around supporting the family unit in our seminars and parenting courses over and above our core topics and covered couples conflict management and also managing challenging situations with children and young people with non-violent resistant technics. These were well attended and reflect the topics impacting everyday life and challenges of families.

We are pleased with the continuing strong momentum of our School Outreach, where we visit schools and train staff to better support pupils with ADHD in the school environment. We are very fortunate to get positive engagements from schools with whom we work and we very much value the collaboration with schools as we all work to ensure pupils with ADHD are better supported. Equally the ADHD awareness parent coffee mornings, which we lead at school-hosted events has seen participation from parents increasing to over 500 in the last year. These sessions have enabled us to engage with hard to reach parents in the wider community. There is still more work to be done in engaging with more schools as we continue to see that young people with ADHD face school exclusions or are avoiding school attendance. Both of these indicate the individual's needs are not being met sufficiently; a complex area.

We continued our collaboration with Kingston and St Mary's Universities where we work closely with the Educational Facilities. We are involved in lecturing trainee teachers on ADHD awareness and strategies and tools to be used to support pupils with ADHD so that they have this knowledge at the start of their careers. Our Partnership with Kingston University also includes them co-hosting our Teacher Seminars. Our work with other charities and support groups in the area also continue as we ensure we cross refer to each others' services; allowing our families to access a wide range of services and support. We continue to be active on the advocacy side including working with education and healthcare statutory service providers to highlight the needs of our community.

Organisational developments

The team has developed well and is led by our full-time Executive Director, Jenny Cooper, with who I work closely. Jenny is supported by a small part-time team who each contribute to our service provision and operations through their respective roles. Our team comprises the full time equivalent (FTE) of 2.73 staff, a small team considering the breadth of our services.

During the year we undertook a detailed review of the workloads of each of our team members who were facing mounting pressures in terms of the demands on their time with the growth in our community as well as the need to maintain our standards in our service provision. At the same time we also undertook an analysis of our IT platform to look at how we can achieve improved efficiency by enhancing our digital platform. The result of these respective workstreams we have concluded that we need to increase our resourcing and also further invest in our IT platform in the new financial year. We also continued to build the organisation and in the last year have expanded and enhanced our policies and procedures in-line with evolving best practice and regulation.

As mentioned above we have a small team of staff and they continued to be significantly supported by our volunteers including Trustees, who contributed the equivalent of 1.70 FTE. We are grateful for this support from our many volunteers. We also have been fortunate to have benefitted from an experienced Board of Trustees since becoming a charity. In the last year we saw Iain Reid, one of first Trustees retire, as well as Miranda Lewis and Anthony Hewett stand down. We were delighted to bring on three new Trustees: Sarah Woods, Katie Viridi and Chris Burich. Our Board of seven is diverse and each member brings a different skillset, allowing us to operate as a well-rounded board with the required skills and expertise. Our Trustees as well as most of our team have first-hand experience of ADHD or associated neuro conditions within their family or professionally; we therefore have lived experience of the challenges faced by young people with ADHD and their families.

Funding sources

In the current environment securing funding is extremely competitive and the timing can be unpredictable. We have seen a change in from where our funding is coming and we have had to be more proactive across a number of areas. We were delighted to secure renewal funding from our core funders: RPLC, Hampton Fund and The Barnes Fund and funding from the NHS Trust for the family support work we do. In the year we also benefitted from funding from the Marsh Charitable Trust as well as funding for our activities in Kingston from The Royal Borough of Kingston upon Thames and Kingston Charitable Foundation. We also received further funding from Richmond Voluntary Fund to support our service provision specifically to Richmond residents. Grants are an important funding source but we saw less funding from this area during the year.

We were also pleased to have received generous donations from our ADHD Embrace community and the wider community including corporates charitable foundations such as Goldman Sachs Gives and received the royalties earned on the publication "Understanding ADHD in Girls and Women" by Dr Jo Steer. We also generated more of our own funds. We benefitted from our community raising money for us with various challenge events such as the Kew 10K, London Landmark Half Marathon, Thames Path Challenge and Surrey Peaks; many which are match-funded by employers. We were selected as the school's charity of the year at Radnor House and were also selected as a nominated charity at local community events such as the White Hart Lane Christmas Fair.

As we expand our offering and with increased demand for our services, ensuring that we have adequate funding to support the cost of our service provision continues to be an area of importance. Our philosophy as a charity is to offer our services modestly priced or free in order to ensure they are accessible to as many as possible. To this end, we are building our unrestricted reserves from our own income to have 6 – 9 months cover for the next year's expenses.

Plans for next financial year and beyond

We are proud of what we have achieved and continue to see our charity play an important role in supporting our ADHD Embrace community. In order to ensure we able to meet the needs of our community, we have increased our budget for our expense base by 25% as we increase resourcing for service provision, invest in our IT platform and also hire our first paid fundraiser (part-time). My sincere thanks to the whole team of our dedicated staff, volunteers and my fellow Trustees, who have each contributed in their respective ways to what has been an impactful year.

Annette Wilson
Chair

Report of the Trustees

1. Mission and principal activities

The mission of ADHD Embrace is to be a support community for parents and professionals living and working with young people with attention deficit and hyperactivity disorder ("ADHD") by:

- providing information, **knowledge** and practical support to parents, carers and professionals
- **raising awareness** of ADHD amongst the general public, local schools, local healthcare groups and in the local community as well at government level
- **empowering** those with ADHD and their families through provision of knowledge and practical support
- using any such charitable means as the trustees shall from time to time deem fit with a view **to improving the lives of children and young people with ADHD and those of their families.**

ADHD Embrace offering is provided to the wider public and for the benefit of the public and everybody is welcomed. This is in-line with the Charity Commission's public benefit guidance. Most of our service offering is free or hugely discounted and in cases of those in financial hardship access is granted by provision of assisted places.

2. Legal structure

ADHD Embrace (formerly known as ADHD Richmond and Kingston) was originally established in 2002 and operated as an unincorporated association. It is currently constituted as a Charitable Incorporated Organisation (CIO), which was registered with the Charity Commission on 25 March 2020. The Charity is governed by its Constitution that was adopted at incorporation and was amended on 26 July 2021 to reflect its name change.

3. Management and governance

3.1 Trustees who served during the reporting period

The following Trustees served on the Board of Trustees during the reporting period:

Chair	Annette Wilson
Treasurer	Dhavarajh Frank
Secretary	Clare Mullane
Other Trustees	Dr Bozhena Zoritch
	Iain Reid (resigned 9 October 2023)
	Sarah Woods (appointed 9 October 2023)
	Katie Virdi (appointed 9 October 2023)
	Anthony Hewitt (resigned 22 January 2024)
	Miranda Lewis (resigned 22 January 2024)
	Chris Burich (appointed 18 March 2024).

The Board of Trustees typically meets six weekly and in the reporting period eight meetings were held.

3.2 Appointment of Trustees

ADHD Embrace Trustees are appointed by the Board of Trustees. The Trustees are either representative of its ADHD community, which comprises parents, professionals and other related individuals, and / or are people with skills, knowledge and experience necessary to run an effective registered charitable organisation. In recruiting for Trustees, ADHD Embrace advertises the Trustee' vacancies to its community through its fortnightly newsletter and also advertises these roles to the wider community through various voluntary sector recruitment platforms.

In the reporting period the Trustees and staff of ADHD Embrace all have children with ADHD or associated neuro developmental conditions or have worked with young people with ADHD.

4. Operational policies and procedures

ADHD Embrace has put in place policies and procedures to ensure the Charity is run in a structured and efficient way and also to mitigate key risks. The policies include a Safeguarding Policy. All the key policies and procedures are reviewed and approved by the Board of Trustees.

Report of the Trustees (continued)

5. Financial management and reserves policy

ADHD Embrace applies strong financial management in order to ensure that the Charity has sufficient resources to meet its liabilities and that its funds are managed prudently and spent to support the work as set out in its mission statement. The annual budget and management accounts are presented to the Board of Trustees to ensure sound financial governance.

The Charity implemented a reserve policy whereby it targets to hold unrestricted reserves of 6 – 9 months average expenditure for the next financial year. This is an increase from our previous target of three months as the Board are seeing a more competitive fundraising environment and the timing of receipt of funding unpredictable. As a result to ensure that our service provision is not unduly affected by delays in funding, the Board deemed it prudent to increase the level of reserve cover as outlined. Unrestricted reserves as at 31 March 2024 were £94,892 (2023: £60,361), which equates to 5.82 months average expenditure (2023: 5.11 months) for the next financial year.

Restricted reserves committed to specific projects as at 31 March 2024 were £5,416 (2023: £5,416).

6. Funding overview and going concern

ADHD Embrace funding strategy is to ensure that it secures funding from diverse income streams in order to ensure it is sustainable in the longer term. In the period under review we have seen a reduction in the level of grant funding received however were able to secure increased funding from other sources and in particular increase donations from corporates. The make-up of our funding income was as follows:

	2024	2023	Variance compared to last year
Grants	35%	52%	-17%
NHS commission income	16%	13%	+3%
Community donations and fundraising events	16%	14%	+2%
Corporate donations	14%	5%	+9%
Income from service activities	12%	10%	+2%
Schools donations	6%	6%	-
Interest income	1%	-	+1%

In view of the diversity of the Charity's funding and the level of unrestricted reserves, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, the Charity has adopted the going concern basis in the preparation of its the financial statements for the period under review.

7. Overview of ADHD Embrace's core activities

The Charity's core activities are focused on serving its community and being an advocate for ADHD awareness in the wider local community and with statutory service providers in order to ensure its community's needs are catered for.

It offers a number of activities focused on knowledge sharing and education – these include Seminars led by expert speakers, Post Diagnosis Workshops, Parenting Courses and Advice Clinics as well as an extensive website which has a wealth of information and a resource library of videos and other materials. In addition, the Community and Schools' Outreach Programme of visiting schools and offering training at a local University together with the Teacher Seminars are also aimed at knowledge sharing and education on ADHD. Through our school visits we also lead ADHD awareness session to parents, who we may not have otherwise reached. In the last year we also piloted a course and workshop for young people with ADHD – following the success of this we intend to increase these.

Report of the Trustees (continued)

7. Overview of ADHD Embrace's core activities (continued)

It also offers activities which are focused on greater engagement with its community such as Drop-in Meet ups, community events and the two Closed Facebook Forums for Parents and Teachers respectively.

8. Service provision in the period under review

ADHD Embrace's service provision has been very strong. It has seen a large increase in the size of its community and also saw a significant increase in its website users as considered one of the best sources on ADHD in the UK. The summary below provides an overview of the numbers of activities and participation levels achieved, together with comparative figures for the preceding year.

	March 2024	March 2023
Website (annual rolling)		
Unique users	168,636	111,186
Sessions	210,445	130,886
Evening Seminars and Teacher After School Seminars		
No of participants	813	853
No of seminars	25	24
Parenting courses and workshops		
No of participants	290	216
No of courses	15	15
Young people courses and workshops (pilots in 2024)		
No of participants	37	n.a.
No of courses	4	
One-to-one Advice Clinics – Total sessions	167	161
Meet ups / Drop-in sessions		
No of participants	108	65
No of Meet ups	9	10
ADHD awareness and teacher training		
School visits	56	55
No of participants – teachers	1,013	1,369
No of participants – parents	538	263
University training sessions	5	4
No of participants - student teachers	490	460
ADHD Embrace family events		
No of events	1	6
No of participants (2023 included 20 th anniversary celebrations)	77	298

User feedback on ADHD Embrace's events endorse the value obtained by participants from its different activities.

The Trustees' Annual Report was approved by the Board of Trustees on 12 August 2024 and is signed on its behalf by:

Annette Wilson
Chair

Independent Examiner's Report to the Trustees of ADHD Embrace

Independent examiner's report to the trustees of ADHD Embrace

I report to the charity trustees on my examination of the accounts of ADHD Embrace (the Charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Jonathan Askew FCA
The Institute of Chartered Accountants in England and Wales

Hartley Fowler LLP
Chartered Accountants
4th Floor Tuition House
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Wimbledon
London
SW19 4EU

ADHD Embrace

Statement of Financial Activities

For the year ended 31 March 2024

		2024	2024	2024	2023	2023	2023
		Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	Notes	funds	funds	funds	funds	funds	funds
		£	£	£	£	£	£
Income							
Donations	2	87,503	21,490	108,993	53,119	46,834	99,953
Charitable activities	3	19,070	24,150	43,220	13,151	20,671	33,822
Investment income	4	1,130		1,130	207		207
Total income		107,703	45,640	153,343	66,477	67,505	133,982
Expenditure							
Staff costs	5	55,657	33,892	89,549	25,963	65,457	91,420
Service providers – operations		1,022		1,022			
Service providers – activities		2,400	11,100	13,500	3,811	6,021	9,832
IT platform development		520		520	3,254		3,254
Printing, stationery & equipment		2,541	648	3,189	1,452	1,556	3,008
Premises & room hire		1,325		1,325	747		747
Fundraising	6	3,465		3,465	5,748	296	6,044
IT & communications		1,303		1,303	1,386	675	2,061
Governance	7	2,104		2,104	1,723		1,723
Staff Training		2,265		2,265	199		199
Bank and Payment Fees		634		634	590		590
Total expenditure		73,236	45,640	118,876	44,873	74,005	118,878
Net movement in funds		34,467		34,467	21,604	(6,500)	15,104
Total funds brought forward		60,361	5,416	65,777	38,757	11,916	50,673
Total funds carried forward	13	94,828	5,416	100,244	60,361	5,416	65,777

The Statement of Financial Activities includes all gains and losses in the year. All of the above results are derived from continuing activities.

ADHD Embrace

Balance Sheet

As at 31 March 2024

		2024	2023
	Notes	Total funds	Total funds
		£	£
Current assets			
Debtors	9	1,389	50
Cash at bank and in hand		115,229	112,081
Total current assets		<u>116,618</u>	<u>112,131</u>
Creditors falling due within one year	10	(16,374)	(46,354)
Net current assets		<u>100,244</u>	<u>65,777</u>
Funds of the Charity			
Restricted reserves	12, 13	5,416	5,416
Unrestricted reserves	12, 13	94,828	60,361
Total funds		<u>100,244</u>	<u>65,777</u>

The Financial Statements on pages 9 to 15 were approved by the Board of Trustees on 12 August 2024 and are signed on their behalf by:

Annette Wilson
Chair

Dhavarajh Frank
Treasurer

Notes to the financial statements

1. Accounting policies

1.1 Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) – (“the SORP”) and the Financial Reporting Standard applicable in the UK and Republic of Ireland (“FRS 102”). The accounts comply with the Charities Act 2011 and are prepared on a going concern basis.

The Charity has taken advantage of section 4.6 of the SORP to report the Charity’s expenditure in accordance with the purpose for which it was incurred rather than on an activity basis.

The Charity has taken advantage of the disclosure exemption with regards to the requirements of section 7 Statement of Cash Flows in preparing these financial statements, as permitted by FRS 102.

1.2 Revenue recognition

Income is included in the Statement of Financial Activities once ADHD Embrace becomes legally entitled to it, the amount can be quantified with reasonable accuracy and once any performance criteria has been met.

Donations in kind are included under donations based on estimates of the value of goods and services received or in the case of donations in kind for use at events (e.g. auction prizes) are recognised at the amount realised from their sale. No amounts are included for services donated by volunteers in accordance with the SORP. The Trustees’ Report gives more information about volunteers’ contributions.

1.3 Expenses

All expenditure is accounted for on an accruals basis once costs have been incurred. Accruals for unpaid expenses relating to the reporting period are based on best estimates of amounts due.

1.4 Fund accounting

Unrestricted funds are funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or raised by the Charity for particular purposes. The aim and use of each restricted fund is set out in the notes to the financial statements.

1.5 Public benefit

The Charity meets the definition of a public benefit entity under FRS 102.

1.6 Taxation

ADHD Embrace is a Registered Charity and meets the exemption criteria from taxation under the Income and Corporation Taxes Act. No taxation therefore arises.

1.7 Irrecoverable VAT

The Charity is not registered for VAT and therefore does not recover VAT on costs incurred. Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

1.8 Debtors

Debtors include amounts owed to the Charity as at the period end for the provision of goods and services before the period end or amounts the Charity has paid in advance for the goods and services it will receive. Debtors and prepayments are normally recognised at their settlement amount after allowing for any trade discounts due.

Notes to the financial statements (continued)

1.9 Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.10 Creditors and provisions

Creditors and provisions include amounts owing by the Charity as at the period end for goods and services received before the period end. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due. Creditors also include funds received in advance of the period for which they have been given.

2. Donations

	2024 Unrestricted Funds £	2024 Restricted Funds £	2024 Total Funds £	2023 Unrestricted Funds £	2023 Restricted Funds £	2023 Total Funds £
Grants from charitable trusts	33,180	20,842	54,022	29,189	44,981	74,171
Donations from corporates	21,929		21,929	6,555		6,555
Donations from individuals and fundraising events & platforms	19,804	648	20,452	12,697	1,852	14,549
Donations - schools	9,166		9,166			
Donations in kind (note 6)						
Other revenue	3,424		3,424	4,678		4,678
	87,503	21,490	108,993	53,119	46,834	99,953

Other revenue includes book royalties from the sale of "Understanding ADHD in Girls & Women".

There were no donations in kind during the year ending 31 March 2024 or the previous financial year.

3. Income from charitable activities

	2024 Unrestricted Funds £	2024 Restricted Funds £	2024 Total Funds £	2023 Unrestricted Funds £	2023 Restricted Funds £	2023 Total Funds £
Income for commissioned work from the NHS	0	24,150	24,150	0	17,350	17,350
Income from seminars and workshops	19,070	0	19,070	13,151	3,321	16,472
Total Income from charitable activities	19,070	24,150	43,220	13,151	20,671	33,822

4. Investment income

Investment income reflects interest earned from the bank.

Notes to the financial statements (continued)

5. Staff costs

	2024	2024	2024	2023	2023	2023
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£	£	£	£
Salaries	53,769	33,892	87,661	23,615	65,457	89,072
Employers pension contributions to defined contribution schemes	1,888	0	1,888	2,348	0	2,348
Total staff costs	55,657	33,892	89,549	25,963	65,457	91,420

The average head count in the year was 6.5 staff (2023:6 staff) and the average number of full-time equivalent employees was 2.42 (2023: 2.73). One member of staff, our Executive Director was full-time, with all other staff being part-time. No member of staff was paid more than £60,000 per annum in this or the preceding year.

6. Fundraising activities expenses

In the year ending 31 March 2024, fundraising cost totalled £3,465 (2023: £6,044). This includes use of specialist consultancy services to support grant bid writing for funding applications as well as costs associated with fundraising events.

7. Governance costs

	2024	2024	2024	2023	2023	2023
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£	£	£	£
Independent Examiner fee	1,925	0	1,925	1,550	0	1,550
Insurance	179	0	179	173	0	173
Total governance costs	2,104	0	2,104	1,723	0	1,723

The Charity is governed by the Board of Trustees under the leadership of the Chair. Trustees are not paid for their services and perform any work for the Charity on a pro bono basis. No expenses were paid to Trustees in either period.

8. Related party transactions

There were no transactions in either period with Trustees that require disclosure.

9. Debtors: amounts falling due within one year

	2024	2024	2024	2023	2023	2023
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£	£	£	£
Trade debtors	745	0	745	50	0	50
Prepayments and accrued income	644	0	644	0	0	0
Total	1,389	0	1,389	50	0	50

Notes to the financial statements (continued)

10. Creditors: amounts falling due within one year

	2024	2024	2024	2023	2023	2023
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£	£	£	£
Trade creditors	1,324	0	1,324	3,005	0	3,005
Service user prepayments	2,400	0	2,400			
Taxation and social security	3,239	0	3,239	2,920	0	2,920
Pensions payable	486	0	486			
Accruals	1,650	0	1,650	1,835	0	1,835
Deferred income (note 11)	0	7,275	7,275	0	38,594	38,594
	9,099	7,275	16,374	7,760	38,594	46,354

11. Creditors: deferred income

	2024	2023
	Total Funds	Total Funds
	£	£
Balance at beginning of year	38,595	5,071
Amount released to income in the year	(38,595)	(5,071)
Amount deferred in the year	7,275	38,594
Balance at end of year	7,275	38,594

Deferred income comprises grants received in the year which can only be utilised in future periods.

12. Analysis of net assets between funds

	2024	2024	2024	2023	2023	2023
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£	£	£	£
Total current assets	103,927	12,691	116,618	68,121	44,010	112,131
Creditors falling due within one year	(9,099)	(7,275)	(16,374)	(7,760)	(38,594)	(46,354)
Net current assets	94,828	5,416	100,244	60,361	5,416	65,777

Notes to the financial statements (continued)

13. Analysis of net movement in funds

Current year:	Funds at 1 Apr 2023 £	Income £	Expenditure £	Funds at 31 Mar 2024 £
Unrestricted funds	60,361	107,703	(73,236)	94,828
Restricted Funds:				
Richmond Voluntary Fund: Richmond residents	0	8,092	(8,092)	0
Hampton Fund: staff costs	3,000	12,000	(12,000)	3,000
NHS: post diagnosis workshops and advice clinics	0	24,150	(24,150)	0
Kingston Charitable Foundation: Schools Outreach Kingston	0	750	(750)	0
Co-op: Videos	2,416	0	0	2,416
St Margarets Fair: printing	0	648	(648)	0
	5,416	45,640	(45,640)	5,416
Total funds current year	65,777	153,343	(118,876)	100,244
Previous year:				
	Funds at 1 Apr 2022 £	Income £	Expenditure £	Funds at 31 Mar 2023 £
Unrestricted funds	38,757	66,477	(44,873)	60,361
Restricted Funds:				
Richmond Voluntary Fund: Richmond residents	0	9,901	(9,901)	0
RPLC	0	23,081	(23,081)	0
Hampton Fund: staff costs	2,500	12,000	(11,500)	3,000
NHS: post diagnosis workshops and advice clinics	0	17,350	(17,350)	0
Wates Foundation: staff costs	7,000	0	(7,000)	0
National Lottery: Community Fund: parenting courses	0	3,321	(3,321)	0
Co-op: Videos	2,416	0	0	2,416
St Margarets Fair: printing	0	1,852	(1,852)	0
	11,916	67,505	(74,005)	5,416
Total funds previous year	50,673	133,982	(118,878)	65,777