

Chrysalis Centre for Change CiO

Charity number 1188750

Annual Report and Financial Statements for the year ended 31 December 2024



Greater Merseyside Community
Accountancy Service

Chrysalis Centre for Change CiO

Annual Report and Financial Statements for the year ended 31 December 2024

Contents	Page
Trustees' report	2 to 4
Examiner's report	5
Receipts and payments account	6
Statement of assets and liabilities	7
Notes to the accounts	8 to 10

Prepared by the Greater Merseyside Community Accountancy Service

Chrysalis Centre for Change CiO

Trustees' report

The Trustees during the year were:

Name		Dates
Andrew Vint	Chairperson	
Mrs Rita Williams	Trustee	
Gemma Roby	Secretary	
Gail Aspinall	Trustee	

Method of appointment

Trustees are elected by the members at the AGM

Principal address

1st Floor
Beacon Building
College Street
St Helens WA10 1TF

Bankers

Natwest Bank
5 Ormskirk Street
St Helens
WA10 1DR

Governing document

Constitution adopted 6th November 2019
Registered as a CiO Foundation on 25th March 2020 Charity number 1188750

Objects of the organisation

To relieve the needs of women in St Helens and the surrounding areas who have complex needs, in particular, but not exclusively who suffer with mental health issues as a result from domestic abuse through the provision of information, workshops and support groups.

Independent examiner

on behalf of:

Greater Merseyside Community Accountancy Service

Beacon Building
College Street
St Helens
WA10 1TF

Chrysalis Centre for Change CiO

Trustees' report continued

Review of progress and achievements

Chrysalis received 1082 referrals; 50% of these referrals came from the health sector (e.g. GPs, mental health teams); 31% came from the social sector (e.g. housing services, social services, safe2Speak); 19% came from the voluntary sector, schools, self or word of mouth, social media, internet searches

29 counsellors in 2024: 1 employed staff; 8 people on self-employed working agreements; 17 students on placement; 3 volunteer counsellors

We completed 847 registrations for new service users.

485 individual women attended counselling for a combined 3,112 sessions

64 individual women attended our groups and courses a total of 896 times

51 women attended our Craft & Chat afternoons a total of 607 times over the year

34 women attended our Healthy Women group a total of 283 times

Thanks to Lottery funding, we were able to outsource marketing for our Facebook and Instagram accounts. We started with 286 followers on Facebook and to date we have 3.2k!!

3 staff members were awarded their Emergency first aid at work certificates

We visited the women's group at Momos, run by social prescribers and give the clients information about Chrysalis

We attended the Isolation and Loneliness steering group. Discussed how we can help individually and as an organisation to combat social isolation and loneliness in St Helens

Social prescribers came into our craft group in to talk to us about services we provide

We put on a second set of Sign Health Training and invited the IDVAs from Safe2 Speak to participate so that we can work better together to support deaf clients

We continued working with Heart of Glass on their project

We engaged and shared information with a large number of organisations including NHS Talking Therapies, St Helens Rotary, Qwell, CGL St Helens, Hub of Hope, Wonder Arts, St Helens Family Hub & Children's Centres, YMCA St Helens - Listening Service, SHAP Ltd, St Helens College, Probation Women's Team, Hope Centre, Sam's Diamonds Cancer Support Charity, Halton & St Helens Voluntary and Community Action. Making Menopause Matter, St Helens Adult and Community Learnin, DWP, Dads Matter, Library Outreach Officer, and Social Prescribers

Administration & Policies

All policies were reviewed and approved at the Annual General Meeting

Domestic abuse support continues to feature heavily in our remit and as such, we continue to be a part of the DV partnership board and fortnightly MARAC conferences.

We also attended a meeting regarding the White Ribbon event and 16 days of activism which led to us hosting a discussion group with domestic abuse survivors

In addition we are part of the JTAI (Joint Targeted Area Inspection) meetings that are concerned with how local services link up in response to domestic abuse

We also participated in some research looking at the level of support that Bronze rated victims on the MERIT receive and attended an event aimed at learning lessons and putting actions in place for future information and questions about lessons from Domestic Homicide Reviews.

Matt Thompson - St Helens public Health is concerned about the number of suicides connected to DA relationships. He suggested a meeting with us, CGL, Safe2Speak and Torus. We met in November and December and discussed the Merit and if that could be amended to include a suicide question and plan

Our CEO, Siân and Manager, Julie both received diagnoses of Autism and ADHD respectively, this has led to a greater awareness and understanding of Neurodivergence and the need to develop policies around Neurodiversity.

Chrysalis Centre for Change CiO

Trustees' report continued

Fundraising

We have an ongoing Contract with St Helens CCG for running costs.

We are now in our 3rd year of funding from the Safe Accommodation Support Fund via the Domestic Abuse Partnership Board to help us reduce the waiting time for counselling for victims of domestic abuse

We received our 3rd year of funding from the Office of the Police & Crime Commission for Merseyside to support victims of domestic and sexual abuse

We received funding from UKSPF for team cohesion and wellbeing sessions

We received a grant from the Vinci Foundation to help with refurbishment costs.

We received grants towards running costs from John Moores Foundation, Eleanor Rathbone, E L Rathbone, Garfield Weston and Henry Smith.

We received a grant from the Women's Fund via the Community Foundation for Merseyside for running costs, bereavement support and external consultancy fees

We were successful in being awarded a 3rd round of funding from The National Lottery's Reaching communities fund to continue our Taking Flight project. This encompasses services under our Transform your life program aimed at supporting, empowering and inspiring women to create the life they want

Claire from Momos delivered a presentation about the history of Cowley Maternity hospital and raised money through ticket and refreshment sales for us

We received lots of lovely Easter eggs and gifts from local businesses so that we could have an Easter raffle and raise some money.

We continue to offer our private counselling service - Better Life Therapies

We are part of the St Helens Lottery where people can buy ticket, choose a charity and then we receive 60% of those ticket sales

We received a donation of £400 from the True Light Lodge of Friendship, Masons organisation

New Developments & Significant Changes

The focus for 2025 is to continue strengthening our partnerships with other local organisations, increasing our awareness and understanding of neurodivergence and its role in women's mental health and impact on domestic abuse, develop our income generation activities and plans for sustainability and future financial security.

Due to the Lottery money, we have been able to fund Mambo Agency to develop our online courses two of which are now ready for sale, Brave Women and Journey Through Grief

We intend to recruit a Counselling Lead and new Administrator in 2025

We will be welcoming 3 new Trustees onto our Board at the 2025 AGM

We are restarting the domestic abuse group up from February 2025

Siân, CEO, came to Chrysalis as a service user 20 years ago (September 2004) and became a volunteer in February 2005. Her late-diagnosis of Autism would be the theme of a celebration day held in her honour, hoping to bring greater awareness to the needs, support and barriers facing Neurodivergent people, the significant impact on mental health and domestic abuse, as well as dispelling myths and celebrating differences.

Cheshire and Merseyside Cancer Alliance Social Action Lead – Halton and St Helens came to discuss some funding they have to run awareness sessions in 2025

We are working in conjunction with Salford university to deliver an art project at the centre

Chrysalis Centre for Change CiO
Independent examiner's report on the accounts of
Chrysalis Centre for Change CiO
for the year ended 31 December 2024

I report on the accounts of the charity set out on pages 6 to 10

Respective responsibilities of the Management Committee and the examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- ☐ examine the accounts under section 145 of the Charities Act,
- ☐ to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- ☐ to state whether particular matters have come to my attention.

Basis of Independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- ☐ accounting records were not kept in accordance with section 130 of the Charities Act or
- ☐ the accounts do not accord with the accounting records

I have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Jane Williams

Jane Williams
MAAT
Greater Merseyside Community Accountancy Service
Beacon Building
College Street
St Helens
WA10 1TF

15th April 2025

Chrysalis Centre for Change CiO

Receipts and payments account

for the year ended 31 December 2024

	Notes	2024 Unrestricted funds £	2024 Restricted funds £	2024 Total funds £	2023 Total funds £
Receipts					
Grants and donations	(2)	440	257,480	257,919	320,304
Better Life Therapies		-		-	218
Fundraising		7,255	-	7,255	9,078
Total receipts		7,694	257,480	265,174	329,600
Payments					
Wages & Salaries	(3)	5,485	127,467	132,952	127,313
Payroll support		-	666	666	525
Staff Expenses		-	-	-	15
Occupational Health		3,750	-	3,750	-
Recruitment		-	362	362	-
Rent & Room Hire		-	27,225	27,225	26,211
Refurbishment Costs		-	6,290	6,290	4,444
Volunteer expenses		634	629	1,263	1,127
Networking		-	56	56	-
Better Life Therapies		-	4,251	4,251	970
Phone and postage		-	3,850	3,850	3,212
Printing and stationery		-	5,736	5,736	6,939
Advertising and publicity		-	8,212	8,212	6,901
Health & Safety		-	137	137	193
Memberships		-	310	310	520
Professional Fees		-	6,808	6,808	29,209
Professional Counselling Fees		-	75,031	75,031	78,912
Research & Development		-	-	-	6,480
DBS Checks		-	265	265	232
Fundraising		-	10	10	451
Training		-	380	380	2,713
Accountancy / independent examination		-	300	300	275
Crafts & Activities Expenses		-	244	244	297
Insurance		-	1,550	1,550	1,427
Supervision		775	1,815	2,590	3,230
Cleaning		-	3,062	3,062	2,895
Refreshments		164	558	722	857
Digital Development & IT		-	829	829	2,485
Bank Charges		-	174	174	211
Total payments		10,808	276,216	287,025	308,044
Net receipts / (payments)		(3,114)	(18,737)	(21,850)	21,556
Cash fund balances brought forward		9,970	88,361	102,032	80,476
Cash fund balances carried forward	(4)	6,856	69,624	80,182	102,032

Chrysalis Centre for Change CiO

Statement of assets and liabilities as at 31 December 2024

	2024	2024	2024	2023
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Cash funds				
Cash at bank ~ Chrysalis Centre for Change	10,318	69,624	79,942	101,759
Paypal account	140	-	140	174
Cash in hand	100	-	100	100
Total cash funds	<u>10,558</u>	<u>69,624</u>	<u>80,182</u>	<u>102,033</u>

	2024	2024	2024	2023
	Unrestricted	Restricted	£	£
Assets retained for the organisation's own use				
Equipment at cost	1,062	12,995	14,057	14,057
			<u>14,057</u>	<u>14,057</u>
Liabilities			£	£
HMRC			-	-
Accountancy			-	-
			<u>-</u>	<u>-</u>

Approval of the accounts

The annual report and accounts were approved at a meeting of the Trustees held on 15th April 2025

Andrew Vint

Andrew Vint
Chairman

Chrysalis Centre for Change CiO

Notes to the accounts

for the year ended 31 December 2024

1 Accounting Policies

a Basis of accounting

The Trustees have taken advantage of section 42 (3) of the Charities Act 1993 and have prepared the accounts on a receipts and payments basis.

b Taxation

As a registered charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

c Fund accounting

Funds held by the charity are either:

Unrestricted general funds

These are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted funds

These are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds

These are funds set aside by the trustees out of unrestricted general funds for specific future purposes or projects.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Chrysalis Centre for Change CiO
Notes to the accounts continued
for the year ended 31 December 2024

2 Grants and Donations	2024	2024	2024	2023
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
The National Lottery: Reaching Communities	-	44,473	44,473	39,310
NHS St Helens CCG	-	80,903	80,903	92,073
Provident Hospital Endowment fund	-	-	-	2,000
Police & Crime Commissioner for M'side	-	58,000	58,000	70,500
St Helens Council: SASF	-	28,283	28,283	42,425
Henry Smith	-	26,400	26,400	30,200
John Moores Foundation	-	5,000	5,000	5,000
Garfield Weston	-	-	-	15,000
Eleanor Rathbone	-	-	-	4,000
E L Rathbone	-	-	-	3,000
Vinci Foundation	-	-	-	6,500
Community Foundation M'side	-	9,471	9,471	10,000
UKSPF Fund	-	4,950	4,950	-
Donations	440	-	440	296
	<u>440</u>	<u>257,480</u>	<u>257,919</u>	<u>320,304</u>

3 Staff costs and numbers	2024	2023
	£	£
Gross salaries	124,478	118,161
Social security costs	7,962	8,383
Pensions	512	769
	<u>132,952</u>	<u>127,313</u>

No employee earned £60,000 per annum or more in the current accounting period
The average number of employees during the year was 4 FTE

Chrysalis Centre for Change CiO

Notes to the accounts continued

for the year ended 31 December 2024

4 Restricted funds summary	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
NHS St Helens CCG	53,063	80,903	125,102	-	8,864
TNL: Reaching Communities	2,220	44,473	33,534	-	13,159
Police & Crime Com For M'side	21,300	58,000	60,024	-	19,276
Henry Smith	-	26,400	26,400	-	-
John Moores Fdtn	923	5,000	5,680	-	243
Garfield Weston	4,389	-	4,389	-	-
Eleanor Rathbone	4,000	-	4,000	-	-
E L Rathbone	3,000	-	3,000	-	-
Vinci Foundation	2,056	-	2,056	-	-
Community Foundation M'side	1,157	9,471	10,628	-	-
UKSPF Fund	-	4,950	-	-	4,950
St Helens Council: SASF	(3,747)	28,283	1,404	-	23,132
	<u>88,361</u>	<u>257,480</u>	<u>276,217</u>	<u>-</u>	<u>69,624</u>

Purpose of restricted funds

St Helens Council have provided funding for general running costs and to support victims of domestic abuse by reducing our waiting times for counselling for them. It came through a fund called the Safe Accommodation Support Fund.

St Helens CCG funding is to provide a Women's Support Service and Domestic Violence Support Service.

Henry Smith, John Moores Foundation, Eleanor Rathbone, E L Rathbone and Garfield Weston funding are all for running costs.

The National Lottery: Reaching Communities is for our Taking Flight Project which encompasses services provided as part of our Transform Your Life program, a range of groups and courses to support, empower and inspire women to create the life they want

Community Foundation for Merseyside was from the Women's Fund for running costs, bereavement support and external consultancy fees

Police and Crime Commissioner for Merseyside: £58,000 was awarded to support victims of domestic and sexual abuse.

Vinci Foundation funded our refurbishment costs.

UKSPF Fund: For a tailored program of team cohesion, wellbeing and leadership development sessions.

5 Trustee remuneration and expenses

No trustees received any remuneration or expenses during the period.

6 Related party transactions

Owing to the nature of the charity's activities and the composition of the board of trustees (being drawn from local statutory and voluntary organisation), it is inevitable that transactions will take place with organisations in which a trustee may have an interest. All transactions in which a trustee may have an interest are conducted at arm's length and in accordance with the charity's financial regulations and expenditure procedures.