

Chrysalis Centre for Change CiO

Charity number 1188750

Annual Report and Financial Statements for the year ended 31 December 2023

The logo for Greater Merseyside Community Accountancy Service (gmcas) features the lowercase letters 'gmcas' in white, set against a solid black rectangular background.

Greater Merseyside Community
Accountancy Service

Chrysalis Centre for Change CiO

Annual Report and Financial Statements for the year ended 31 December 2023

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Prepared by the Greater Merseyside Community Accountancy Service

Chrysalis Centre for Change CiO

Trustees' report

The Trustees during the year were:

Name	Dates
Andrew Vint	Chairperson
Mrs Rita Williams	Trustee
Gemma Roby	Secretary
Gail Aspinall	Trustee

Method of appointment

Trustees are elected by the members at the AGM

Principal address

1st Floor
Beacon Building
College Street
St Helens WA10 1TF

Bankers

Natwest Bank
5 Ormskirk Street
St Helens
WA10 1DR

Governing document

Constitution adopted 6th November 2019
Registered as a CiO Foundation on 25th March 2020 Charity number 1188750

Objects of the organisation

To relieve the needs of women in St Helens and the surrounding areas who have complex needs, in particular, but not exclusively who suffer with mental health issues as a result from domestic abuse through the provision of information, workshops and support groups.

Independent examiner

on behalf of:

Greater Merseyside Community Accountancy Service

Beacon Building
College Street
St Helens
WA10 1TF

Chrysalis Centre for Change CiO

Trustees' report continued

Review of progress and achievements

Chrysalis received 969 referrals; 45% of these referrals came from the health sector, (e.g. GPs, mental health teams), 43% came from the social sector (e.g. Safe2Speak; housing services); and 12% came from the voluntary sector and self or word of mouth.

25 counsellors in 2023; plus 3 employed staff; 7 people on self employed contracts.

We completed 741 registrations for new service users.

367 individual women attended counselling for a combined 2,343 sessions

108 individual women attended our groups and courses a total of 1052 times

60 women attended our Craft & Chat afternoons a total of 553 times over the year

34 women attended our Healthy Women group a total of 359 times

23 women attended our Empowered Women domestic abuse group 56 times

18 women attended our Social Sisters group 37 times

13 women attended our Confident Women course

6 women attended our Journey Through Grief course

5 women attended our Heart of Glass workshop

We completed 175 Reviews / Check-ins for service users

We have 5 new student counsellors

We held a number of networking coffee mornings attended by different organisations to share information and look at how we can all work together.

We met with MerseyCare Prevention and resolution team to discuss a new project they are piloting and look at how we can work together.

We attended a powerful production called Real Eyes, which shows domestic abuse through the eyes of a child.

We held a police drop-in session for service users to come and talk to police and the Cyber Crime Unit.

We had a visit from Sam's Diamonds who came to talk to women about how to check ourselves for signs of breast cancer.

We attended the Social inclusion marketplace at the Hope Centre in October and a meeting at MIND to talk to them about services at Chrysalis.

We continue to be a part of the DV partnership board and fortnightly MARAC conferences.

Administration & Policies

All policies were reviewed and approved at the Annual General Meeting

We continue to be a part of the DV partnership board and fortnightly MARAC conferences.

Volunteer Contributions & Development

Volunteers have been integral to our service delivery, giving us their time and skills and a number of ways. Volunteers at the Chrysalis Centre include counsellors, support workers, facilitators, administrators and creatives.

Several team members completed the ASIST suicide intervention 2-day training We had a training and awareness session with the Perinatal mental health team, Cultural competence in the workplace training, Cybercrime and a webinar about cyber abuse. The whole team attended a MARAC / MERIT update training session. Students have suicide awareness and domestic abuse training;

St Helens College completed a project with art degree students to produce a mural for us depicting our key values of supporting, empowering and inspiring. The mural will be in the waiting area on the 1st Floor of the Beacon Building.

Fundraising

We have an ongoing Contract with St Helens Council for running costs. We also received funding for running costs from Garfield Weston, Eleanor Rathbone, Elizabeth Rathbone; Henry Smith, John Moores Foundation

We received funding from Merseyside Women's Fund through the Community Foundation for Merseyside to enable us to work with external experts to help develop our organisation.

We received an award of £6500 from the Da Vinci Foundation to get a concertina wall and open up the separated course rooms in order to be able to accommodate more women for the Menopause Cafe and the Craft groups.

We received 2 grants to support victims of domestic abuse and sexual violence: the Safe Accommodation Support Fund is to help reduce the counselling waiting times for domestic abuse clients, and funding from the Office of the Police & Crime Commissioner is to "provide, or commission dedicated emotional and practical support services for victims of domestic abuse and / or sexual violence to help them cope and, as far as possible recover from the effects of domestic abuse and sexual violence."

We received additional funding from the OPCC that enabled us to commission some research with organisation Linxs Consultancy. The research was incredibly helpful and the recommendations included increased partnership working, improved publicity and networking, out of hours and satellite services.

We continue to offer our private counselling service - Better Life Therapies

We have now launched our first online course - Brave Women

Chrysalis Centre for Change CiO

Trustees' report continued

New Developments & Significant Changes

Mambo Agency designed new merchandise for Chrysalis which we now take to networking events <https://www.mambo.agency>

We had a visit to the Refuge to view their new extension and discuss how we might work together more closely. In addition we met with a number of IDVA's at Torus to talk about the finding from our recent research and how we can use it to improve joined up services for victims.

St Helens College completed a project with art degree students to produce a mural for us depicting our key values of supporting, empowering and inspiring. The mural will be in the waiting area on the 1st Floor of the Beacon Building.

Since receiving funding to reduce the counselling waiting list, we found the demand for the Empowered Women domestic abuse group diminished so we have stopped offering this for the time being

We set up a new monthly group in response to service user requests called Social Sisters aimed at social inclusion and bringing women together

Merseyside Police CEU Team is working in partnership with the Chrysalis. This collaboration has a great insight into the survivors experiences but also opportunity to improve force wide response to DV incident through very valuable survivors experience workshops. Together we have delivered a number of workshops which have covered topics such as controlling and coercive behaviour, Clare's law, cybercrime and NCDV. Chrysalis have also provided inputs such as the lived experience workshops, and the video they created which was showed to various departments including radio room, PVPU and local policing.

Chrysalis Centre for Change CiO
Independent examiner's report on the accounts of
Chrysalis Centre for Change CiO
for the year ended 31 December 2023

I report on the accounts of the charity set out on pages 6 to 10

Respective responsibilities of the Management Committee and the examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- ☐ examine the accounts under section 145 of the Charities Act,
- ☐ to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- ☐ to state whether particular matters have come to my attention.

Basis of Independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- ☐ accounting records were not kept in accordance with section 130 of the Charities Act or
- ☐ the accounts do not accord with the accounting records

I have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Jane Williams

Jane Williams
MAAT
Greater Merseyside Community Accountancy Service
Beacon Building
College Street
St Helens
WA10 1TF

23rd April 2024

Chrysalis Centre for Change CiO
Receipts and payments account
for the year ended 31 December 2023

	Notes	2023 Unrestricted funds £	2023 Restricted funds £	2023 Total funds £	2022 Total funds £
Receipts					
Grants and donations	(2)	2,296	318,008	320,304	246,036
Better Life Therapies		218		218	-
Fundraising		9,078	-	9,078	8,878
Total receipts		11,592	318,008	329,600	254,914
Payments					
Wages & Salaries	(3)	6,435	120,878	127,313	114,932
Payroll support		-	525	525	456
Staff Expenses		-	15	15	128
Rent & Room Hire		-	26,211	26,211	33,163
Refurbishment Costs		-	4,444	4,444	-
Volunteer expenses		-	1,127	1,127	2,128
Wellbeing Workshops		-	-	-	205
Better Life Therapies		-	970	970	-
Phone and postage		-	3,212	3,212	3,317
Printing and stationery		-	6,939	6,939	5,515
Advertising and publicity		-	6,901	6,901	100
Health & Safety		-	193	193	239
Memberships		-	520	520	451
Professional Fees		-	29,209	29,209	40,368
Professional Counselling Fees		-	78,912	78,912	-
Research & Development		-	6,480	6,480	-
DBS Checks		232	-	232	235
Fundraising		451	-	451	400
Training		-	2,713	2,713	2,727
Accountancy / independent examination		-	275	275	275
Crafts & Activities Expenses		-	297	297	258
Insurance		-	1,427	1,427	1,354
Supervision		-	3,230	3,230	3,628
Cleaning		-	2,895	2,895	2,337
Refreshments		-	857	857	781
Digital Development & IT		-	2,485	2,485	5,643
Bank Charges		211	-	211	219
Total payments		7,329	300,715	308,044	218,858
Net receipts / (payments)		4,263	17,293	21,556	36,056
Cash fund balances brought forward		9,970	71,068	80,476	44,420
Cash fund balances carried forward	(4)	14,233	88,361	102,033	80,476

Chrysalis Centre for Change CiO

Statement of assets and liabilities

as at 31 December 2023

	2023	2023	2023	2022
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Cash funds				
Cash at bank ~ Chrysalis Centre for Change	13,398	88,361	101,759	79,321
Paypal account	174	-	174	1,065
Cash in hand	100	-	100	90
Total cash funds	<u>13,672</u>	<u>88,361</u>	<u>102,033</u>	<u>80,476</u>

	2023	2023	2023	2022
	Unrestricted	Restricted	£	£
Assets retained for the organisation's own use				
Equipment at cost	1,062	12,995	<u>14,057</u>	<u>14,057</u>
			<u>14,057</u>	<u>14,057</u>

			£	£
Liabilities				
HMRC			-	-
Accountancy			<u>-</u>	<u>-</u>
			<u>-</u>	<u>-</u>

Approval of the accounts

The annual report and accounts were approved at a meeting of the Trustees held on 23rd April 2024

Andrew Vint

Andrew Vint
Chairman

Chrysalis Centre for Change CiO

Notes to the accounts

for the year ended 31 December 2023

1 Accounting Policies

a Basis of accounting

The Trustees have taken advantage of section 42 (3) of the Charities Act 1993 and have prepared the accounts on a receipts and payments basis.

b Taxation

As a registered charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

c Fund accounting

Funds held by the charity are either:

Unrestricted general funds

These are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted funds

These are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds

These are funds set aside by the trustees out of unrestricted general funds for specific future purposes or projects.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Chrysalis Centre for Change CiO

Notes to the accounts continued

for the year ended 31 December 2023

2 Grants and Donations	2023	2023	2023	2022
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
The National Lottery: Reaching Communities	-	39,310	39,310	32,696
NHS St Helens CCG	-	92,073	92,073	61,382
Indigo Trust	-	-	-	2,000
Provident Hospital Endowment fund	2,000	-	2,000	1,000
Police & Crime Commissioner for M'side	-	70,500	70,500	58,000
St Helens Council: SASF	-	42,425	42,425	28,283
Peoples Postcode Lottery	-	-	-	24,534
Henry Smith	-	30,200	30,200	32,000
John Moores Foundation	-	5,000	5,000	5,000
Garfield Weston	-	15,000	15,000	-
Eleanor Rathbone	-	4,000	4,000	-
E L Rathbone	-	3,000	3,000	-
Vinci Foundation	-	6,500	6,500	-
Community Foundation M'side	-	10,000	10,000	-
Donations	296	-	296	1,141
	<u>2,296</u>	<u>318,008</u>	<u>320,304</u>	<u>246,036</u>

3 Staff costs and numbers	2023	2022
	£	£
Gross salaries	118,161	108,581
Social security costs	8,383	5,529
Pensions	769	821
	<u>127,313</u>	<u>114,932</u>

No employee earned £60,000 per annum or more in the current accounting period

The average number of employees during the year was 4 FTE

Chrysalis Centre for Change CiO

Notes to the accounts continued

for the year ended 31 December 2023

4 Restricted funds summary	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
NHS St Helens CCG	5,985	92,073	44,995	-	53,063
TNL: Reaching Communities	538	39,310	37,628	-	2,220
Police & Crime Com For M'side	38,085	70,500	87,285	-	21,300
Henry Smith	19	30,200	30,219	-	-
John Moores Fdtn	165	5,000	4,242	-	923
Garfield Weston	-	15,000	10,611	-	4,389
Eleanor Rathbone	-	4,000	-	-	4,000
E L Rathbone	-	3,000	-	-	3,000
Vinci Foundation	-	6,500	4,444	-	2,056
Community Foundation M'side	-	10,000	8,843	-	1,157
Peoples Postcode Lottery	21,194	-	21,194	-	-
St Helens Council: SASF	5,082	42,425	51,254	-	(3,747)
	<u>71,068</u>	<u>318,008</u>	<u>300,715</u>	<u>-</u>	<u>88,361</u>

Purpose of restricted funds

St Helens Council have provided funding for general running costs and to support victims of domestic abuse by reducing our waiting times for counselling for them. It came through a fund called the Safe Accommodation Support Fund.

Henry Smith, John Moores Foundation, Eleanor Rathbone, E L Rathbone and People's Postcode Lottery funding are all for running costs.

The National Lottery: Reaching Communities is for our Taking Flight Project which encompasses services provided as part of our Transform Your Life program, a range of groups and courses to support, empower and inspire women to create the life they want

Police and Crime Commissioner for Merseyside: £70,500 was awarded to support victims of domestic and sexual abuse.

Vinci Foundation funded our refurbishment costs.

5 Trustee remuneration and expenses

No trustees received any remuneration or expenses during the period.

6 Related party transactions

Owing to the nature of the charity's activities and the composition of the board of trustees (being drawn from local statutory and voluntary organisation), it is inevitable that transactions will take place with organisations in which a trustee may have an interest. All transactions in which a trustee may have an interest are conducted at arm's length and in accordance with the charity's financial regulations and expenditure procedures.