

Chrysalis Centre for Change CiO

Charity number 1188750

Annual Report and Financial Statements for the year ended 31 December 2022

The logo for Greater Merseyside Community Accountancy Service (gmcas) features the lowercase letters 'gmcas' in a white, sans-serif font, centered within a solid black rectangular background.

Greater Merseyside Community
Accountancy Service

Chrysalis Centre for Change CiO

Annual Report and Financial Statements for the year ended 31 December 2022

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Prepared by the Greater Merseyside Community Accountancy Service

Chrysalis Centre for Change CiO

Trustees' report

The Trustees during the year were:

Name	Dates
Andrew Vint	Chairperson
Mrs Rita Williams	Trustee
Gemma Roby	Secretary
Gail Aspinall	Trustee

Method of appointment

Trustees are elected by the members at the AGM

Principal address

1st Floor
Beacon Building
College Street
St Helens WA10 1TF

Bankers

Natwest Bank
5 Ormskirk Street
St Helens
WA10 1DR

Governing document

Constitution adopted 6th November 2019
Registered as a CiO Foundation on 25th March 2020 Charity number 1188750

Objects of the organisation

To relieve the needs of women in St Helens and the surrounding areas who have complex needs, in particular, but not exclusively who suffer with mental health issues as a result from domestic abuse through the provision of information, workshops and support groups.

Independent examiner

on behalf of:

Greater Merseyside Community Accountancy Service

Beacon Building
College Street
St Helens
WA10 1TF

Chrysalis Centre for Change CiO

Trustees' report continued

Review of progress and achievements

CCC received referrals for 582 women. 39% of these referrals came from GPs and the health sector, 35% from the social sector and 26% from voluntary sectors as well as self-referrals and word of mouth

We completed 496 registrations for new service users.

We had 35 counsellors in 2022, a mix of qualified and students on placement. 370 clients attended a total of 2270 sessions

136 individual women attended our groups and courses 1181 times

Empowered Women, the domestic abuse support group was attended 253 times by 44 women

Domestic abuse survivors group, Thriving Women was accessed 216 times by 24 women

Healthy Women - new group was accessed 50 times by 15 women

Creative Women therapeutic arts and crafts group was attended 545 times by 71 women

Confident Women, confidence and assertion course was completed by 8 women

Wise Women, menopause awareness, was completed by 5 women

Self defence was attended 47 times by 17 women

We completed 154 Domestic abuse related wellbeing / check-in calls

In addition, we completed 334 Reviews / wellbeing calls with service users

Administration & Policies

All policies were reviewed and approved at the Annual General Meeting

We now have professionally designed brand new websites for the Chrysalis Centre chrysaliscentre.org and Better Life Therapies betterlifetherapies.org - our private counselling service. The logos and websites were all designed by Mike from We Are Grounded wearegrounded.co.uk

Volunteer Contributions & Development

Volunteers have been integral to our service delivery, giving us their time and skills and a number of ways. Volunteers at the Chrysalis Centre include counsellors, Support Workers, facilitators, administrators, Champions and creatives.

Training for the team included: Self Defense, Imposter Syndrome, Cultural Competence: Unconscious Bias; Sexual Health; Communication; awareness session with the National Centre for Domestic Violence; team building sessions. Two team members completed their Level 3 Certificate in Education & Training. All team members are required to complete the Freedom Programme online and the MERIT/MARAC training.

Jess is our LGBT+ Champion and delivered an amazing month-long social media campaign during June, which is Pride month. She also promoted the White Ribbon Campaign we completed a series of interviews with men exploring the different aspects of masculinity, including stereotypes, expectations and toxic behaviours. We will also touch on male violence against women and girls in connection with the UN's 16 Days of Activism against Gender-Based Violence. <https://www.youtube.com/@chrysaliscentre>

Fundraising

We have an ongoing Contract with St Helens Council for running costs.

We received funding from OPCC for Merseyside, Provident Hospital Endowment Fund, Oddfellows, The National Lottery Reaching Communities, the Postcode Lottery, Henry Smith, and the Indigo Trust

We held two fundraising events, an Easter Eggstravaganza which brought in £400 and our Annual Fayre was held at Rainford Parish Hall which raised £750

We received funding from the Safe Accommodation Support Fund in July, via St Helens Council, to reduce the counselling waiting list for domestic abuse victims. which resulted in:

- * 130 referrals for clients identified as DA or SA victims.

- * In the same period last year there were only 31. This is a 319% increase from last year.

- * 54 referrals from Safe2Speak/Torus (Only 7 this period last year)

44 referrals since July have been a recent MARAC

- * 470 completed counselling sessions under the umbrella of DV Priority

- * 41% reduction in the number of women on the waiting list since beginning of July when the funding started

- * 67% of priority referrals had a pre-counselling appointment within 1 month of us receiving their referral. A further 23% were seen within 2 months. This is compared to a previous wait of 6 months or more.

- * 84 domestic abuse check-in calls completed

New Developments & Significant Changes

We set up a new group: Healthy Women - an 8-week rolling program covering a different topic each week: Positive mental health; Stress-Busting; Self-Care; healthy Communication; Managing Emotions; Positive Thinking; Physical Health and Practical coping skills

We have partnered with a Licenced Menopause Champion to run a Making Menopause Matter Café once a month on a Tuesday evening. It consists of a guest speaker / education followed by discussion. This month we are exploring the impact of menopause on our mindset

We now have several videos on our YouTube Channel <https://www.youtube.com/@chrysaliscentre>

Chrysalis Centre for Change CiO
Independent examiner's report on the accounts of
Chrysalis Centre for Change CiO
for the year ended 31 December 2022

I report on the accounts of the charity set out on pages 5 to 9

Respective responsibilities of the Management Committee and the examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- ☐ examine the accounts under section 145 of the Charities Act,
- ☐ to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- ☐ to state whether particular matters have come to my attention.

Basis of Independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- ☐ accounting records were not kept in accordance with section 130 of the Charities Act or
- ☐ the accounts do not accord with the accounting records

I have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Jane Williams

Jane Williams
MAAT
Greater Merseyside Community Accountancy Service
Beacon Building
College Street
St Helens
WA10 1TF

20th March 2023

Chrysalis Centre for Change CiO
Receipts and payments account
for the year ended 31 December 2022

	Notes	2022 Unrestricted funds £	2022 Restricted funds £	2022 Total funds £	2021 Total funds £
Receipts					
Grants and donations	(2)	4,141	241,895	246,036	135,356
Fundraising		8,878	-	8,878	8,141
Total receipts		13,019	241,895	254,914	143,497
Payments					
Wages & Salaries	(3)	18,957	95,975	114,932	101,221
Payroll support		-	456	456	436
Recruitment		-	-	-	293
Staff Expenses		-	128	128	651
Rent & Room Hire		-	33,163	33,163	24,354
Volunteer expenses		-	2,128	2,128	887
Wellbeing Workshops		-	205	205	314
Phone and postage		-	3,317	3,317	2,146
Printing and stationery		-	5,515	5,515	3,698
Advertising and publicity		-	100	100	524
Health & Safety		-	239	239	994
Memberships		-	451	451	773
Professional Fees		-	40,368	40,368	15,013
DBS Checks		-	235	235	151
Fundraising		-	400	400	664
Training		-	2,727	2,727	2,849
Accountancy / independent examination		-	275	275	275
Crafts & Activities Expenses		-	258	258	573
Insurance		-	1,354	1,354	1,230
Supervision		-	3,628	3,628	3,642
Cleaning		-	2,337	2,337	1,917
Refreshments		-	781	781	537
Digital Development & IT		-	5,643	5,643	7,279
Bank Charges		-	219	219	142
Total payments		18,957	199,901	218,858	170,563
Net receipts / (payments)		(5,938)	41,993	36,056	(27,066)
Cash fund balances brought forward		9,970	29,074	44,420	71,486
Cash fund balances carried forward	(4)	4,032	71,067	80,476	44,420

Chrysalis Centre for Change CiO
Statement of assets and liabilities
as at 31 December 2022

	2022	2022	2022	2021
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Cash funds				
Cash at bank ~ Chrysalis Centre for Change	8,253	71,068	79,321	43,574
Paypal account	1,065	-	1,065	766
Cash in hand	90	-	90	81
Total cash funds	9,408	71,068	80,476	44,420

	2022	2022	2022	2021
Assets retained for the organisation's own use	Unrestricted	Restricted	£	£
Equipment at cost	1,062	12,995	14,057	14,057
			14,057	14,057

Liabilities	£	£
HMRC	-	-
Accountancy	-	-
	-	-

Approval of the accounts

The annual report and accounts were approved at a meeting of the Trustees held on 20th March 2023

Andrew Vint

Andrew Vint
Chairman

Chrysalis Centre for Change CiO

Notes to the accounts

for the year ended 31 December 2022

1 Accounting Policies

a Basis of accounting

The Trustees have taken advantage of section 42 (3) of the Charities Act 1993 and have prepared the accounts on a receipts and payments basis.

b Taxation

As a registered charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

c Fund accounting

Funds held by the charity are either:

Unrestricted general funds

These are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted funds

These are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds

These are funds set aside by the trustees out of unrestricted general funds for specific future purposes or projects.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Chrysalis Centre for Change CiO

Notes to the accounts continued

for the year ended 31 December 2022

2 Grants and Donations	2022	2022	2022	2021
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
The National Lottery: Reaching Communities	-	32,696	32,696	52,703
NHS St Helens CCG	-	61,382	61,382	60,233
Noel Buxton Trust	-	-	-	5,000
Indigo Trust	2,000	-	2,000	-
Provident Hospital Endowment fund	1,000	-	1,000	1,000
Police & Crime Commissioner for M'side	-	58,000	58,000	14,000
St Helens Council: SASF	-	28,283	28,283	766
Tillotson Bradbery Trust	-	-	-	1,500
Peoples Postcode Lottery	-	24,534	24,534	-
Henry Smith	-	32,000	32,000	-
John Moores Foundation	-	5,000	5,000	-
Donations	1,141	-	1,141	154
	<u>4,141</u>	<u>241,895</u>	<u>246,036</u>	<u>135,356</u>

3 Staff costs and numbers	2022	2021
	£	£
Gross salaries	108,581	95,539
Social security costs	5,529	5,023
Pensions	821	659
	<u>114,932</u>	<u>101,221</u>

No employee earned £60,000 per annum or more in the current accounting period

The average number of employees during the year was 4 FTE

Chrysalis Centre for Change CiO

Notes to the accounts continued

for the year ended 31 December 2022

4 Restricted funds summary	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
NHS St Helens CCG	11,170	61,382	66,567	-	5,985
Noel Buxton Trust	2,442	-	2,442	-	-
TNL: Reaching Communities	13,962	32,696	46,120	-	538
Tillotson Bradbery Trust	1,500	-	1,500	-	-
Police & Crime Com For M'side	-	58,000	19,915	-	38,085
Henry Smith	-	32,000	31,981	-	19
John Moores Fdtn	-	5,000	4,835	-	165
Peoples Postcode Lottery	-	24,534	3,340	-	21,194
St Helens Council: SASF	-	28,283	23,201	-	5,082
	<u>29,074</u>	<u>241,895</u>	<u>199,901</u>	<u>-</u>	<u>71,068</u>

Purpose of restricted funds

St Helens Council have provided funding for general running costs and to support victims of domestic abuse by reducing our waiting times for counselling for them. It came through a fund called the Safe Accommodation Support Fund.

Noel Buxton Trust and Tillotson Bradbery, Henry Smith, John Moores Foundation and People's Postcode Lottery funding are all for running costs.

The National Lottery: Reaching Communities is for our Taking Flight Project which encompasses services provided as part of our Transform Your Life program, a range of groups and courses to support, empower and inspire women to create the life they want

Police and Crime Commissioner for Merseyside: £58,000 was awarded to support victims of domestic and sexual abuse.

5 Trustee remuneration and expenses

No trustees received any remuneration or expenses during the period.

6 Related party transactions

Owing to the nature of the charity's activities and the composition of the board of trustees (being drawn from local statutory and voluntary organisation), it is inevitable that transactions will take place with organisations in which a trustee may have an interest. All transactions in which a trustee may have an interest are conducted at arm's length and in accordance with the charity's financial regulations and expenditure procedures.