

# **Chrysalis Centre for Change CiO**

Charity number 1188750

## **Annual Report and Financial Statements for the year ended 31 December 2021**

**gmcas**

Greater Merseyside Community  
Accountancy Service

# **Chrysalis Centre for Change CiO**

## **Annual Report and Financial Statements for the year ended 31 December 2021**

<b>Contents</b>	<b>Page</b>
Trustees' report	2 to 4
Examiner's report	5
Receipts and payments account	6
Statement of assets and liabilities	7
Notes to the accounts	8 to 10

**Prepared by the Greater Merseyside Community Accountancy Service**

# **Chrysalis Centre for Change CiO**

## **Trustees' report**

The Trustees during the year were:

<b>Name</b>	<b>Dates</b>
Andrew Vint	Chairperson
Mrs Rita Williams	Trustee
Gemma Roby	Secretary
Gail Aspinall	Trustee

### **Method of appointment**

Trustees are elected by the members at the AGM

### **Principal address**

1st Floor  
Beacon Building  
College Street  
St Helens WA10 1TF

### **Bankers**

Natwest Bank  
5 Ormskirk Street  
St Helens  
WA10 1DR

### **Governing document**

Constitution adopted 6th November 2019  
Registered as a CiO Foundation on 25th March 2020 Charity number 1188750

### **Objects of the organisation**

To relieve the needs of women in St Helens and the surrounding areas who have complex needs, in particular, but not exclusively who suffer with mental health issues as a result from domestic abuse through the provision of information, workshops and support groups.

### **Independent examiner**

on behalf of:

#### **Greater Merseyside Community Accountancy Service**

Beacon Building  
College Street  
St Helens  
WA10 1TF

# **Chrysalis Centre for Change CiO**

## **Trustees' report continued**

### **Review of progress and achievements**

CCC received 3268 individual service referrals for 675 women. 50% of these referrals came from GPs and the health sector and the rest came from the social and voluntary sectors as well as self-referrals and word of mouth

We completed 496 assessments for new service users.

We had 18 counsellors in 2021, a mix of qualified and students on placement. 212 clients attended a total of 1741 sessions

We provided 568 Phone Support Sessions

Empowered Women, the domestic abuse support group was attended 278 times by 52 women

New domestic abuse survivors group, Thriving Women was accessed 110 times by 20 women

Supported Women mental health support group was accessed 309 times by 44 women

Creative Women therapeutic arts and crafts group was attended 308 times by 52 women

Confident Women, confidence and assertion course was completed by 6 women

Brave Women stress and anxiety course was completed by 6 women

We ran several Photography & Wellbeing courses in conjunction with Adult & Community Learning. These were attended 69 times by 13 women

We ran several Wellbeing Workshops on a range of topics including Music & Mental Health, Coercive Control, Assertiveness and Saying No and Fun, laughter and mental health. These were attended by 20 women overall.

We completed 109 wellbeing / check-in calls

We introduced a new group called Wise Women, this is a discussion group for women who are affected by the Menopause, offering them a safe space to share their experiences and have their voices heard.

### **Administration & Policies**

All policies were reviewed and approved at the Annual General Meeting and we introduced a new Menopause Policy

We received funding to implement a new organisation-wide system called CharityLog which has transformed how we log and store information and enables us to keep everything within the one place.

### **Volunteer Contributions & Development**

Volunteers have been integral to our service delivery, giving us their time and skills and a number of ways. Volunteers at the Chrysalis Centre include counsellors, Support Workers, facilitators, administrators, Champions and creatives.

Training included: Safeguarding, Equality & Diversity, LGBT+ Awareness, HIV Awareness, Team Effectiveness, Resilience Through Change and Boosting Creativity. All team members are required to complete the Freedom Programme online and the MERIT/MARAC training. 6 team members completed the Emergency First Aid at work certificate

Jess is our LGBT+ Champion and delivered an amazing month-long social media campaign during June, which is Pride month. Wendy's Lockdown challenge

Wendy, a volunteer counsellor, looked after our Facebook page and set up a Lockdown Challenge group in January 2021 so we could all encourage each other to do something physical each day that made us feel good. This group then developed into sharing and supporting each other with positive mental health quotes and posts.

Our information appeared in a pocket guide printed by Merseyside Fire & Rescue. We held a joint community engagement day in St Helens Town centre to launch the pocket guide and promote the community work of the fire service and the Chrysalis Centre services.

We have two new volunteer Domestic Abuse Champions. Tamala and Tina have an interest in domestic abuse and a passion for supporting survivors. They both attend the fortnightly MARAC meetings, Tina has helped in the Thriving Women group, whilst Tamala represents the Chrysalis Centre at the Domestic Abuse Survivor's Forum.

**Chrysalis Centre for Change CiO**  
**Independent examiner's report on the accounts of**  
**Chrysalis Centre for Change CiO**  
**for the year ended 31 December 2021**

I report on the accounts of the charity set out on pages 5 to 9

**Respective responsibilities of the Management Committee and the examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- ☐ examine the accounts under section 145 of the Charities Act,
- ☐ to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- ☐ to state whether particular matters have come to my attention.

**Basis of Independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- ☐ accounting records were not kept in accordance with section 130 of the Charities Act or
- ☐ the accounts do not accord with the accounting records

I have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*Jane Williams*

Jane Williams  
MAAT  
**Greater Merseyside Community Accountancy Service**  
Beacon Building  
College Street  
St Helens  
WA10 1TF

9th March 2022

**Chrysalis Centre for Change CiO**  
**Receipts and payments account**  
**for the year ended 31 December 2021**

	Notes	2021 Unrestricted funds £	2021 Restricted funds £	2021 Total funds £
<b>Receipts</b>				
Grants and donations	(2)	1,154	134,202	135,356
Fundraising		8,141	-	8,141
<b>Total receipts</b>		<u>9,295</u>	<u>134,202</u>	<u>143,497</u>
<b>Payments</b>				
Wages & Salaries	(3)	-	101,221	101,221
Payroll support		-	436	436
Recruitment		-	293	293
Staff Expenses		-	651	651
Rent & Room Hire		15	24,339	24,354
Volunteer expenses		-	887	887
Wellbeing Workshops		-	314	314
Phone and postage		-	2,146	2,146
Printing and stationery		-	3,698	3,698
Advertising and publicity		-	524	524
Health & Safety		-	994	994
Memberships		-	773	773
Professional Fees		-	15,013	15,013
DBS Checks		151	-	151
Fundraising		664	-	664
Training		-	2,849	2,849
Accountancy / independent examination		275	-	275
Crafts & Activities Expenses		-	573	573
Insurance		-	1,230	1,230
Supervision		-	3,642	3,642
Cleaning		-	1,917	1,917
Refreshments		-	537	537
Digital Development & IT		2,672	4,607	7,279
Bank Charges		142	-	142
<b>Total payments</b>		<u>3,919</u>	<u>166,644</u>	<u>170,563</u>
<b>Net receipts / (payments)</b>		<u>5,376</u>	<u>(32,442)</u>	<u>(27,066)</u>
Transfers of assets from previous charity 1117557		9,970	61,516	71,486
<b>Cash fund balances carried forward</b>	(4)	<u>15,346</u>	<u>29,074</u>	<u>44,420</u>

**Chrysalis Centre for Change CiO**  
**Statement of assets and liabilities**  
**as at 31 December 2021**

	2021	2021	2021	2020
	Unrestricted	Restricted	Total	Total
	£	£	£	£
<b>Cash funds</b>				
Cash at bank ~ Chrysalis Centre for Change	14,500	29,074	43,574	70,400
Paypal account	766	-	766	967
Cash in hand	81	-	81	119
<b>Total cash funds</b>	<b>15,346</b>	<b>29,074</b>	<b>44,420</b>	<b>71,486</b>

	2021	2021	2021	2020
<b>Assets retained for the organisation's own use</b>	Unrestricted	Restricted	£	£
Equipment at cost	1,062	12,995	14,057	14,057
			<u>14,057</u>	<u>14,057</u>

<b>Liabilities</b>	£	£
HMRC	-	-
Accountancy	-	-
	<u>-</u>	<u>-</u>

**Approval of the accounts**

The annual report and accounts were approved at a meeting of the Trustees held on 9th March 2022

*Andrew Vint*

Andrew Vint  
Chairman

# **Chrysalis Centre for Change CiO**

## **Notes to the accounts**

### **for the year ended 31 December 2021**

#### **1 Accounting Policies**

##### **a Basis of accounting**

The Trustees have taken advantage of section 42 (3) of the Charities Act 1993 and have prepared the accounts on a receipts and payments basis.

##### **b Taxation**

As a registered charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

##### **c Fund accounting**

Funds held by the charity are either:

###### **Unrestricted general funds**

These are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

###### **Restricted funds**

These are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

###### **Designated funds**

These are funds set aside by the trustees out of unrestricted general funds for specific future purposes or projects.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.



# Chrysalis Centre for Change CiO

## Notes to the accounts continued

### for the year ended 31 December 2021

2 Grants and Donations	2021	2021	2021
	Unrestricted funds	Restricted funds	Total funds
	£	£	£
The National Lottery: Reaching Communities	-	52,703	52,703
NHS St Helens CCG	-	60,233	60,233
Noel Buxton Trust	-	5,000	5,000
Provident Hospital Endowment fund	1,000	-	1,000
Police & Crime Commissioner for M'side	-	14,000	14,000
St Helens Council	-	766	766
Tillotson Bradbery Trust	-	1,500	1,500
Donations	154	-	154
	<u>1,154</u>	<u>134,202</u>	<u>135,356</u>

3 Staff costs and numbers	2021
	£
Gross salaries	95,539
Social security costs	5,023
Pensions	659
	<u>101,221</u>

No employee earned £60,000 per annum or more in the current accounting period  
The average number of employees during the year was 4 FTE

# Chrysalis Centre for Change CiO

## Notes to the accounts continued

for the year ended 31 December 2021

4 Restricted funds summary	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
NHS St Helens CCG	14,762	60,999	64,591	-	11,170
National Lottery Coronavirus Crisi	27,141	-	27,141	-	-
Garfield Weston	10,000	-	10,000	-	-
Noel Buxton Trust	5,000	5,000	7,558	-	2,442
Ravensdale Trust	108	-	108	-	-
National Lottery Awards for All	4,505	-	4,505	-	-
TNL: Reaching Communities	-	52,703	38,741	-	13,962
Tillotson Bradbery Trust	-	1,500	-	-	1,500
Police & Crime Com For M'side	-	14,000	14,000	-	-
	-	-	-	-	-
	61,516	134,202	166,644	-	29,074

### Purpose of restricted funds

St Helens CCG have provided funding for general running costs and to provide a domestic abuse support service.

Awards for All have funded our Wellbeing for Women Project.

Running Costs from Noel Buxton Trust, Garfield Weston and Tillotson Bradbery.

The National Lottery: Reaching Communities is for our Taking Flight Project which encompasses services provided as part of our Transform Your Life program, a range of groups and courses to support, empower and inspire women to create the life they want

Police and Crime Commissioner for Merseyside: £14,000 was awarded to support the increased demand for counselling, phone support and PPE due to the impact of Covid-19.

National Lottery Coronavirus Crisis Funding was the same as the Police and crime commission.

### 5 Trustee remuneration and expenses

No trustees received any remuneration or expenses during the period.

### 6 Related party transactions

Owing to the nature of the charity's activities and the composition of the board of trustees (being drawn from local statutory and voluntary organisation), it is inevitable that transactions will take place with organisations in which a trustee may have an interest. All transactions in which a trustee may have an interest are conducted at arm's length and in accordance with the charity's financial regulations and expenditure procedures.