



Trustees' Annual Report for the period

Period start date		Period end date	
From	01 04 2022	To	31 03 2023

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	D Patton			
2	A Shelton			
3	M Crumpton			
4	M Priest			
5	T Shaw			
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Bank	The Co-operative Bank	PO Box 250 Skelmersdale WN8 6WT
Accountants	JMC Accountants & Tax Advisers Ltd	76 High Street, Brierley Hill, DY5 3AW

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CIO – Charity registered 24 March 2020
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by existing Trustees

Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Summary of the objects of the charity set out in its governing document

The charity objectives are for the public benefit, to further the following purpose within a Christian ethos: the relief and prevention of poverty in Blackheath and the surrounding area by means of food provision, information and advice and any other means deemed appropriate by the Trustees.

The charity is run entirely by volunteers and aims to help local families in need, relieving and helping to prevent poverty by means of food provision. The charity is a membership-based food club and sources its food from supermarket surplus and donations to help local people struggling to meet their bills for as long as they need help.

Members can visit the Pantry once a week to choose food items. Membership fees are used by the charity to meet running costs and purchase food stocks.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

Section E Financial review



Brief statement of the charity's policy on reserves

No policy on Reserves at present.

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	DAVID PATTON	Tony Simon
Position (eg Secretary, Chair, etc)	TREASURER	TRUSTEE

Date

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information



CHARITY COMMISSION
FOR ENGLAND AND WALES

The Manna House CIO

1188732

Receipts and payments accounts

CC16a

For the period
from

01.04.2022


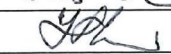
To

31.03.2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	17,919	-	-	17,919	10,606
Membership	23,180	-	-	23,180	15,372
Donations From Bethel Church	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	41,099	-	-	41,099	25,978
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	41,099	-	-	41,099	25,978
A3 Payments					
Food etc	21,515	-	-	21,515	15,180
Fare Share Membership	2,470	-	-	2,470	2,340
Good News Fellowship	280	-	-	280	283
Rent	5,196	-	-	5,196	5,196
Water Rates	314	-	-	314	490
Trade Waste	537	-	-	537	457
Light and Heat	4,336	-	-	4,336	4,251
Insurance	440	-	-	440	427
Donations	-	-	-	-	500
Clothing and PPE	14	-	-	14	160
Accountancy Fees	498	-	-	498	570
Postage and Stationery	129	-	-	129	21
Repairs and Renewals	980	-	-	980	1,347
Volunteer Training	36	-	-	36	-
Gifts for Volunteers	420	-	-	420	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	37,165	-	-	37,165	31,222
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	37,165	-	-	37,165	31,222
Net of receipts/(payments)	3,934	-	-	3,934	- 5,244
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	15,373	-	-	15,373	20,617
Cash funds this year end	19,307	-	-	19,307	15,373

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Account	19,135	-	-
	Cash Account	172	-	-
		-	-	-
	Total cash funds	19,307	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		DAVID PARNON	21/01/2024	
		TONY SMITH	21.01.2024	



Section A

Independent Examiner's Report

Report to the trustees/
members of

The Marina House CIO

On accounts for the year
ended

31.03.2023

Charity no
(if any)

1188732

Set out on pages

1 and 2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2023.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

17.01.2024

Name:

John Castro FFA ATT Fellow

Relevant professional
qualification(s) or body
(if any):

Institute of Financial Accountants

Address:

JMC Accountants & Tax Advisers Ltd, 76 High Street,
Brierley Hill, West Midlands, DY5 3AW

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.