

# GEORGE'S ROCKSTARS

England & Wales · Charity number 1188730

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2020-03-24

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** George's Rockstars  
Sovereign House  
37 Middle Road  
Park Gate  
SO31 7GH

**Phone** 02392007110

**Email** [info@georgesrockstars.com](mailto:info@georgesrockstars.com)

**Website** [www.georgesrockstars.com](http://www.georgesrockstars.com)

## Activities

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**Objects:** TO RELIEVE THE NEEDS OF CHILDREN AND TEENAGERS WHO ARE SERIOUSLY ILL OR HAVE A LIFE LIMITING ILLNESS/CONDITION BY FUNDING THE PROVISION OF THERAPIES AND ACTIVITIES, IN PARTICULAR, BUT NOT LIMITED TO, MUSIC THERAPY IN HOSPITALS IN THE UNITED KINGDOM OR IN A SETTING APPROPRIATE TO THEIR CONDITION.

**Activities:** George's Rockstars provides music therapy for children in hospital currently in the Hampshire region with a view to expanding across the UK as the charity grows

## Classification

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- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, People With Disabilities

## Geography

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- Throughout England

## Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£157,542	£126,716	-	-
2023-12-31	£130,426	£97,589	-	-
2022-12-31	£51,319	£54,918	-	-
2021-11-22	£51,481	£22,148	-	-
2020-11-22	£19,326	£652	-	-

## Trustees

Name	Role	Appointed
Craig O'Shaughnessy Mr		2019-10-30
Daniel Ash		2022-10-13
Dean Piper Mr		2019-10-30
Katie-Louise Biginton		2023-10-18
Maisie Lawrence		2022-10-16
Mark Robinson		2022-12-07
Nicola Caton		2023-10-11

**GEORGE'S ROCKSTARS**

England & Wales - Charity number 1188730

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# Accounts

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## Our inspiration

George was diagnosed with leukaemia at just 22 months old in November 2014. During his near five year battle he sadly relapsed four times and, after having all the treatments there were available, George passed away at home in August 2019 surrounded by his family.

George adored music and nature, had a huge zest for life, and an infectious smile and character. The charity was inspired by George's experience with music therapy during intensive treatment at Bristol Children's Hospital. Music therapy was the highlight of George's week and gave a then four year old George a way to express his frustrations and fears of being in isolation in hospital.

Music therapy isn't widely available in NHS hospitals, so George's family set up the charity to bring music therapy to children in hospital, many of whom have serious or life limiting illnesses and disabilities and, like George, spend too much of their childhood in hospital.

**"Where words fail, music speaks."**  
Hans Christian Anderson

## Our Mission

Music is part of all of us - in our heartbeats and movements, our laughter, crying and singing. Music Therapy uses music to help children and their families live creatively and resourcefully in the face of illness, disability and trauma.

George's Rockstars is on a mission to make children in hospital smile as much as George through the power of music therapy.





## **George's Rockstars** (Charitable Incorporated Organisation)

### **Legal and Administrative Information**

**Charity Number: 1188730**

**Date of registration: 24th March 2020**

**Start of Financial Year: 1st January 2024**

**End of Financial Year: 31st December 2024**

**Trustees at 31st December 2024:** Mark Robinson,  
Craig O'Shaughnessy,  
Daniel Ash,  
Nicola Caton,  
Dean Piper,  
Maisie Lawrence,  
Katie-Louise Biginton

**Legal Status: Charitable Incorporated Organisation**

**Governing Instrument: CIO - Foundation Registered 24th March 2020**

**Objects: To relieve the needs of Children and Teenagers who are seriously ill or have a life limiting illness/condition by funding the provision of therapies and activities, in particular, but not limited to, Music Therapy in Hospitals in the United Kingdom or in a setting appropriate to their condition.**

**Correspondence Address: 26 Manley Rd, Bursledon, Hampshire, SO31 8GZ**

**Primary Bankers: Nat West PLC, 250 Bishopsgate, London EC2M 4AA**

**Independent Examiner: Helouise Bailey on behalf of Ladies of Ledger Ltd**





## A message from our Founders

**Another amazing year for George's Rockstars!**

**This year we have worked incredibly hard to bring even more music to more children in hospital, providing over 2200 hours music therapy sessions in the five hospitals we currently serve.**

**We have also managed through hard work and dedication to grow our music therapy service and help even more families in hospital than in previous years. This year we have expanded our music therapy service at Southampton Children's Hospital, our largest regional children's hospital. We now provide music therapy in 5 departments working with children in intensive care and high dependancy thanks to support from Global's Make Some Noise! We also have began sessions in the children's neurological ward and children's cardiac "Ocean" ward as well as our ongoing work in the children's Oncology ward, Piam Brown.**

**We also began music therapy in our 5th hospital, the Royal Alexandra Hospital in Brighton thanks to a legacy left to Sussex Law.**

**We have welcomed two new music therapists into our growing team after Cathy and Brad left the team for pastures new. Natasha now covers our Brighton music therapy sessions, Sarah has taken on Hampshire hospitals working in Basingstoke and Winchester while Louise heads up all of our work in Portsmouth and Southampton hospitals and we have further plans to reach more hospitals in 2025!**

**Our fantastic trustees and treasurer John have continued to support our mission with huge thanks to Craig, Daniel, Dean, Mark, Maisie, Katie and Nicola for their continued passion and efforts ensuring George's Rockstars goes from strength to strength reaching more children in hospital.**

**I am so incredibly proud of the impact we are having for so many children in hospital during scary and traumatic times, bringing smiles and happy memories to so many children like George and their families.**

**We are so excited for 2025, with more planned expansion! We really couldn't do all of this without everyone who donates, gives up time, abseils crazy heights or hosts a gig. So from all of us at George's Rockstars, you all Rock! Thank you from the bottom of our hearts.**

**Amy O'Shaughnessy  
Co-founder and George's Mum**



**3 Therapists  
across  
5 hospitals**

**169 days  
of  
Music Therapy**

**730 children  
engaging in  
Music Therapy  
for the first time**

**4 amazing music festivals  
with our  
friends from  
Rocksteady  
Music School**

**1377 Music  
Therapy  
sessions offered**

**Our second South  
Coast  
Christmas No. 1  
single**



## Who we help

### Arabella



Arabella spent a long time in hospital after being diagnosed with a form of kidney cancer.

For many children who spend a long time in hospital they can lose all sense of autonomy and control because the nurses and doctors are constantly having to treat, observe and investigate. Injections are given, bloods are taken, heart rate, blood pressure and temperature monitored.

In her music therapy sessions, Arabella took back control. She had choice and was in charge of what and when we played, she loved to conduct and lead the music that we created together. We had fun, but more importantly the music therapy was able to address her psychological and developmental needs.

**“On the oncology ward I met a 12 year old boy who had just been diagnosed with leukaemia and had been in theatre that morning to have a central line fitted so that the chemotherapy could be administered. I introduced myself and explained about music therapy, he said that he was feeling really uncomfortable because of his surgery and so didn't want to do anything. However, his younger sister was visiting and he said that she could do some music. I brought some instruments into the room and his sister and I started to play. As soon as the music started he wanted to join in and I passed him an instrument and the 3 of us played together. Mum then joined in too and so there were 4 of us playing. A few minutes later Dad walked into the room and couldn't believe what he was seeing and hearing, but he immediately picked up a drum and so the whole family were playing together. For this family who were going through a really dark, difficult and frightening time, the music therapy brought them together and enabled them to have a moment of joy and light.” Louise, Music Therapist**



### Doris

Doris spends lots of time in hospital due to seizures and her family were very excited to have music therapy sessions with Louise after hearing about our work through our trustee Dean.

Doris loved her music therapy with George's Rockstars even though she was really struggling with her seizures, thank you so much for the music!

## Toby



Toby is 2 years old and due to being born prematurely with complex medical needs has had many stays in hospital in his short life. Our Music Therapist Louise has worked with Toby both in QA, his local hospital, and at the paediatric intensive care unit in Southampton. Toby loves music and so to be able to break up his hospital stays with an interactive, creative, sensory experience has really helped both him and his mum.

**“ I worked with an 8 year old boy who had recently undergone a bone marrow transplant at a London hospital, he had a week back at home but then had to be admitted to his local hospital due to having a high temperature and feeling really unwell. I had met him a few times before as he was often in and out of hospital during his cancer treatment. As soon as I went into his room he got out of bed and wanted to play. He chose all the loudest instruments and asked his mum to put on some rock music. We danced around the room and drummed and sang at top volume along to his favourite songs. At the end of the session his mum said that it was the first time he had got out of bed in the last couple of days and that she hadn't seen him be so energetic and enjoy himself so much for a long time.” Louise, Music Therapist**

## Jack

**When children are discharged from hospital, they often have to visit frequently for check ups and scans which involve long waits, missing friends at school and can make children and parents feel anxious.**

**Jack was recently able to have a great music therapy session in the playroom while waiting to see his consultant, making his time and memories of hospital much happier as you can see from that lovely smile!**



## Trev



Trev is a 17 year old with multiple and complex needs who has spent a long time in hospital this year. Despite often feeling very unwell Trev was really motivated by his music therapy sessions and he loved us singing songs together and he would want to include all the doctors and nurses in his songs. The music therapy was able to connect with and bring out the positive, enthusiastic and energetic side of Trev that so often wasn't present when he was so unwell in hospital.

**"We have brilliant sessions with Louise and they give both of us a much needed lift each time. Thank you for setting up George's Rockstars - such a brilliant valuable legacy."  
Trev's mum, Abby**

## Oliver

Little Oliver had been having a really tough time in hospital.

"After a tough week Oliver is starting to seem more like himself and I can feel like we can finally see the light at the end of the tunnel.

We had a wonderful time today with a visit from Natasha from George's Rockstars which was lovely as Oliver loves music! It couldn't have come at a better time as Oliver was having a break off his BiPaP mask so he could properly sit up, join in and he really enjoyed himself 🎵 So grateful for them coming to brighten up our time in hospital! Thank you!"



## Thomas

Thomas had been in hospital very ill for several weeks recovering from pneumococcal meningitis, and he was slowly rebuilding his physical strength, movement and gradually regaining the sight in his left eye. The music therapist was referred to see Thomas to support interactions and encouraging floor sitting and walking, Thomas had started walking just a few days before he got sick, so he was as keen as everyone to re-access this skill.

Understandably Thomas' parents had been through a lot, and they were delighted and relieved to see Thomas start engaging with familiar activities and movements again, expressing how music and dancing was a huge part of his life at home too when Thomas reached out to play the drum. The music therapist supported playful interactions, encouraging shaking, drumming and singing, whilst purposefully positioning instruments in different places to support reaching, balance and walking.

Grabbing the guitar, our music therapist Natasha provided some well known nursery songs to accompany and encourage Thomas' to follow the music walking and they ended up in the corridor, walking and singing with Mum and Dad following behind too.

This session supported the whole family, utilising fun familiar activities and songs to encourage, interact, connect whilst visibly showing the great progress Thomas was making after being so sick.



## Looking to the future

2025 is already shaping up to be an even bigger year with even more music coming to children in hospitals!

We are excited to announce plans to bring music therapy to Worthing hospital! Bluefin ward was lucky enough to experience music therapy thanks to work from Waves Music Therapy who have asked us to carry on music therapy for the children there so they can concentrate on their community lead service.

Subject to funding, we are also hoping to expand to cover Dorset's children departments in Dorchester and Poole hospitals! With ongoing support from Teddy Rocks festival, we are looking to ramp up our fundraising in the county to support these families.

Don't miss out on these exciting plans and more! Keep up to date with our socials or by signing up to our newsletter through our website!



**After music today I feel....**

I am a:  
 child/young person  
 parent  
 staff member

~~Young person~~

My son absolutely loved the session! He was so engaged; making requests; initiating ideas; and having the time of his life! He seemed to forget the pain and it lifted his mood for a good few hours.

For me it was a precious glimpse of the old Trev. We both had so much fun and it was lovely to see him happy again.

**GEORGE'S  
ROCKSTARS**  
 NHS Portsmouth Hospitals University NHS Trust

You can write or draw a picture!

You're amazing, thank you so much!

The Music Therapy service at Queen Alexandra Hospital is generously provided by George's Rockstars

*Ally & Trev*



## Trustees Report

For year ending 31st December 2024

### Objectives and Activities

To enhance the wellbeing of children and teenagers who are seriously ill or have a life limiting illness/condition by providing therapies and activities, in particular, but not limited to, music therapy in hospitals in the United Kingdom or in a setting appropriate to their condition.

At the date of this report, the charity had a full time charity manager, part time fundraising manager and three self-employed music therapists providing sessions in hospitals in Winchester, Portsmouth, Basingstoke, Brighton and 5 wards at Southampton Children hospital, with funding secured to expand to provide music therapy sessions in 2025 at Worthing hospital.

All monies raised for George's Rockstars are donations from fundraising activities, donations, grants or from the sale of merchandise.

The trustees confirm that they have considered the Charity Commission's guidance on public benefit.

### Financial Summary

During the financial period of the report, the charity raised £157,542 through fundraising events, financial grants and donations.

The main fundraising events were the March charity ball which raised £9402, our annual Christmas tree collection organized by a trustee which raised £3,500 in donations to the service. Our annual live music fundraiser for George's birthday in January raised £1,317.

There were numerous sponsored events including the Spinnaker Tower abseil which raised £14,335, the Dragon Boat race for Childhood Cancer Awareness Month which saw 5 teams raise £2,011, and the Brighton Marathon raised £1,005 in October.

We also released our second charity Christmas single, (It's Just Not) Christmas Without You written by one of our trustees, which in record downloads raised £520. The song was also played by local radio stations and made number 1 in the South Coast Music Chart!

The charity has been supported by several local organization's fundraising efforts including a gig by professional covers band the Strand which raised £717 and an Easter live music event that raised £800. A Slice of Vinyl record shop raised £298 during the year through raffles of signed merchandise and festival tickets.





## Financial Summary

Support from local music festivals raised £1,052 from Wickham Festival's signed guitar raffle and £1,014 from the Victorious festival signed guitar raffle.

We also continued to apply for financial grants. BBC Children in Need core funding grant for our charity manager continued with a second donation of £13,886. We secured support from Global's Make Some Noise which began funding our work for a two year period from April 2024 for music therapy in paediatric intensive care and high dependency at Southampton Children's Hospital, granting £22,536. We received £15,000 from the Garfield Weston Foundation for project costs and the Radcliffe Trust of £5,000 for core costs. We also received small grants including Hampshire and IOW Community Foundation of £5000, Louis Ross Foundation of £2,000, Postlethwaite Foundation of £1000, the Good Exchange of £3,000, the Hendy Foundation of £2,500 and Lord Barnby's Foundation and the Souter Charitable Trust of £3,000 each. We also received £10,000 in funding for Brighton hospital music therapy through our first legacy gift via Sussex Law.

This fundraising has enabled the charity to expand the music therapy provision at Southampton Children's hospital from 1 to 5 children's wards totally 3.5 days of music therapy each week in the hospital and begin in the Royal Alexandra hospital in Brighton, with further expansion planned for 2025 subject to financial review.

Moving forward next year we are looking to diversify our fundraising streams to include grants and corporate partnerships to ensure a sustainable future of the services we provide and help with future service growth to meet demand.

## Financial Review

The charity holds its reserves according to policy with an additional balance from fundraising during COVID

19 when service provision and associated costs were limited.

The charities reserves policy is to hold 4 months of current service provision to safeguard our service for our beneficiaries.





## Trustees' Responsibilities

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the CIO and of the surplus (deficit) of the CIO for that period.

In preparing those financial statements the trustees are required to:

Select suitable accounting policies and apply them consistently.  
Make judgements and estimates that are reasonable and prudent.  
Prepare financial statements on the going concern basis unless it is inappropriate to presume that the trust will continue in existence.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the CIO.

They are also responsible for safeguarding the assets of the CIO and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees on: 20<sup>th</sup> June 2025

Signed on their behalf by Trustee:

Printed Name: Mark Robinson, Chair





**George's Rockstars**  
**Statement of Financial Activities**  
**for year ending 31st December 2024**

INCOMING RESOURCES	Unrestricted	Restricted	Total 2024	Total 2023
Income from generated funds				
Grants, Legacies and Donations	78,143	30,761	108,904	100,475
Activities for Generating Funds	47,190		47,190	29,655
Interest Income (Interest)	1,448		1,448	296
<b>TOTAL INCOMING RESOURCES</b>	<b>126,781</b>	<b>30,761</b>	<b>157,542</b>	<b>130,426</b>
<b>RESOURCES EXPENDED</b>				
Cost of Generating Funds				
Cost of Charitable Activities 3a	126,536		126,536	97,589
Independent Examiners Fee 3b	180		180	
<b>TOTAL RESOURCES EXPENDED</b>	<b>126,716</b>		<b>126,716</b>	<b>97,589</b>
<b>NET INCOMING (OUTGOING) RESOURCES</b>	<b>65</b>	<b>30,761</b>	<b>30,826</b>	<b>32,837</b>
Funds Brought Forward	76,547		76,547	43,710
<b>TOTAL FUND CARRIED FORWARD</b>	<b>76,612</b>	<b>30,761</b>	<b>107,373</b>	<b>76,547</b>

Movements on all reserves and all recognised gains and losses are shown above. All of the organisations operations are classed as continuing.



**George's Rockstars**  
Statement of Financial Activities  
for year ending 31st December 2024

<b>FIXED ASSETS</b>	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total 2024</b>	<b>Total 2023</b>
Tangible Assets	-	-	-	-
Investments	-	-	-	-
<b>TOTAL FIXED ASSETS</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>CURRENT ASSETS</b>				
Debtors & Prepayments	-	-	-	3,100
Cash in Bank and in Hand	107,373	41,617	148,990	102,704
<b>TOTAL CURRENT ASSETS</b>	<b>107,373</b>	<b>41,617</b>	<b>148,990</b>	<b>105,804</b>
Creditors and Accruals	-	-	-	-
Creditors: Amounts falling due within 1 year	-	-	-	-
<b>NET CURRENT ASSETS</b>	<b>107,373</b>	<b>41,617</b>	<b>148,990</b>	<b>105,624</b>
<b>TOTAL ASSETS</b>	<b>107,373</b>	<b>41,617</b>	<b>148,990</b>	<b>105,624</b>
Less current liabilities				
Creditors falling due in more than 1 year	-	-	-	-
<b>NET ASSETS</b>	<b>107,373</b>	<b>41,617</b>	<b>148,990</b>	<b>105,624</b>



**George's Rockstars**  
**Statement of Financial Activities**  
**for year ending 31st December 2024**

Funds of the Charity	Unrestricted	Restricted	Total 2024	Total 2023
General Funds	107,373		107,373	79,367
Restricted Funds	-	41,617	41,617	29,257
<b>TOTAL FUNDS</b>	<b>107,373</b>	<b>41,617</b>	<b>148,990</b>	<b>105,624</b>

Approved by the Trustees on: 20.6.2025

Signed on their behalf by Trustee: 

Printed Name: Mark Robinson, Chair



**George's Rockstars**  
**Statement of Financial Activities**  
**for year ending 31st December 2024**

**NOTES TO THE STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31ST DECEMBER 2024**

**1. ACCOUNTING POLICIES**

**Basis of preparation & Assessment of Going Concern**

**Basis of preparation**

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) - (Charities SORP - FRS102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

**Assessment of Going Concern**

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

**Incoming Resources**

**Recognition of Incoming Resources**

These are included in the Statement of Financial Activities (SOFA) when:

the charity becomes entitled to the resources;  
the trustees are virtually certain they will receive the resources; and  
the monetary value can be measured with sufficient reliability



**George's Rockstars**  
**Statement of Financial Activities continued**  
**for year ending 31st December 2024**

**NOTES TO THE STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31ST DECEMBER 2024**

**Incoming Resources with Related Expenditure**

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

**Grants & Donations**

Grants and Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

**Tax Reclaims on Donations & Gifts**

Incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

**Contractual Income and Performance Related Grants**

This is only included in the SOFA once the related goods or services have been delivered.

**Gifts in Kind**

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable.

**Donated Services & Facilities**

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable, and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

**Volunteer Help**

The value of voluntary help received is not included in the accounts.



**George's Rockstars**  
**Statement of Financial Activities continued**  
**for year ending 31st December 2024**

**NOTES TO THE STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31ST DECEMBER 2024**

**Investment Income**

This is included on the accounts when receivable.

**Investment Gains & Losses**

This included any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

**Expenditure Liabilities**

**Liability Recognition**

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

**Accountancy Costs**

Included costs of preparation and examination of the statutory accounts.

**Grants with Performance Conditions**

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

**Grants Payable without Performance Conditions**

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to a grant which remain in control of the charity.

**Investments**

Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.

**Unrestricted Funds**

These funds can be used for the general objectives of the charity as set out in the trustees report. The movements of the unrestricted funds are given in the SOFA





## George's Rockstars Statement of Financial Activities continued for year ending 31st December 2024

### NOTES TO THE STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31ST DECEMBER 2024

#### Restricted Funds

These funds are where the donor has specified a purpose for the donation made. These restrictions often arise as a result of appeals for special offerings for specific purposes.

#### Designated Funds

These funds are funds set aside by the trustees out of unrestricted general funds for particular purposes or projects.

#### Fixed Assets

Fixed Assets are capitalized if they can be used for more than one year and cost at least £1,500. They are valued at cost or, if gifted, at the value to the charity on receipt.

#### Depreciation Expense

Depreciation is calculated at a rate to write off the cost of tangible fixed assets over their estimated useful lives.

The rates applied are as follows:

Fixtures, Fittings & Equipment 25% Straight Line Basis

#### 2. TANGIBLE FIXED ASSETS

The CIO held no fixed assets during this or the previous financial period.

The annual commitments under non-cancelling operating leases and capital commitments are:

31st December 2023 - none

31st December 2024 - none



**George's Rockstars**  
**Statement of Financial Activities continued**  
**for year ending 31st December 2024**

**NOTES TO THE STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31ST DECEMBER 2024**

<b>3. RESOURCES EXPENDED</b>	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total 2024</b>	<b>Total 2023</b>
<b>a. Cost of Charitable Activities</b>				
Activities & Events	27,927		27,927	12,829
Charity Payroll Costs	43,083		43,083	22,608
Marketing Costs	7,701		7,701	10,519
Accountancy Fees	245		245	703
Music Therapy Costs	45,669		45,669	48,360
Sundry Expenses	1,911		1,911	2,570
	<b>126,536</b>		<b>126,536</b>	<b>97,589</b>
<b>b. Governance Costs</b>				
Independent Examiners Fee	180		180	
	<b>180</b>	<b>-</b>	<b>180</b>	<b>-</b>

**George's Rockstars**  
**Statement of Financial Activities continued**  
**for year ending 31st December 2024**

**NOTES TO THE STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31ST DECEMBER 2024**

**4. STAFF COSTS AND NUMBERS**

The Charity employed 2 members of staff during this financial year ( 2023: NIL ).

**5. TRUSTEE REMUNERATION & BENEFITS**

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity.

**6. RISK ASSESSMENT**

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions.

The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

**7. RESERVES POLICY**

The Trustees have considered the level of reserves they wish to retain, appropriate to the CIO's needs. This is based on the CIO's size and the level of financial commitments held. The Trustees aim to ensure the CIO will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The Trustees will endeavor not to set aside funds unnecessarily.

**8. PUBLIC BENEFIT**

The CIO acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the CIO has achieved this are provided in the Trustees report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities, the CIO should undertake.



**George's Rockstars**  
**Statement of Financial Activities continued**  
**for year ending 31st December 2024**

**INDEPENDENT EXAMINERS REPORT ON THE ACCOUNTS**

**Report to the trustees/members of George's Rockstars on the accounts for the year ended 31st December 2024.**

**Respective Responsibilities of trustees and examiner**

**The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.**

**It is my responsibility to:**

- examine the accounts under section 145 of the Charities Act.**
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act.**
- state whether particular matters have come to my attention.**

**Basis of independent examiner's statement**

**During my examination, no matter has come to my attention which gives me reasonable cause to believe that the requirements to keep accounting records in accordance with section 130 of the Charities Act; and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act, have not been met.**

**Date: 19/6/25**

**Reviewer: Helouise Bailey**

**For: Ladies of Ledger Ltd**





**Thank you for your support!**

**Adrian Hanson**  
**AMFA Financial Advisers**  
**Andreas Nest - Action Coach**  
**Angela Luxmoore**  
**BBC Children in Need**  
**Beverley O'Shaughnessy**  
**Boppers**  
**Bamboo Finance**  
**Chris Stoner**  
**Christina Thornton**  
**Curdridge Primary School**  
**CRS Insure**  
**Damian Chapman - CRS Insure**  
**David Hider**  
**Dennis McSweeney**  
**Elizabeth Howe**  
**Gaynor King**  
**Guardian ITC**  
**Guitar Amp and Keyboard**  
**Centre**  
**Hobgoblin Music**  
**Irwin Mitchell**  
**Jeanette St Ledger**  
**Jo Atkinson**  
**Katie's Music Quiz**  
**Laura Horton**  
**Lazlo Maros**  
**Lizzi Humphreys**  
**Mackenzie Landscapes Ltd**  
**Mandy Tourle - Cognitive Law**  
**Mark Kellet Art**  
**Michelle Lynch - AMFA**  
**Mitie**  
**Nicola Saxon - B2P Prospect**  
**Nicola Grimson**  
**Patrick McShee - We Love Your**  
**Office**

**Paul Lees - One Box of Fudge**  
**Paul McNeil**  
**Palm Bay Guitars**  
**Paula Cairns**  
**Phill Bagnall**  
**Piper Tree Services**  
**Richard Chambers**  
**Richard Dalrymple**  
**Rock Steady Music**  
**Sandra Lowe**  
**Sally Poundall**  
**Solent Breezes Holiday Park**  
**Southdowns Chorus**  
**Southsea Nature Nursery**  
**Southern Ska Collective**  
**Sussex Law**  
**Tanya Mapp**  
**The Crown Inn, Luggershall**  
**Teddy Rocks Festival**  
**Tesco Stronger Starts**  
**Tiny Engines Web Design**  
**Verity Stokes**  
**Victorious Festival**  
**Waltham Gas Services**  
**Wickham Festival**  
**Will Carter**

Plus a huge thank you to everyone who has taken part in or attended one of our many fundraising events throughout the year.

**We couldn't do it without you!**





## Our 2024 Supporters

This year we have been honored to received such amazing support from some fantastic organisations including



A growing number of businesses have begun supporting our work to have a huge impact for children in hospital. Massive thanks to the following companies for your continued support.



Guardian ITC

Tiny Engines Web Design



We would also like to give a special thank you to Jane and Steph and all the players of Katie's Music Quiz who have continued to support us through their fantastic event for 2 years now raising over £4409!

This year we have grown our corporate support significantly through our Headliners sponsorship programme. Our Headliners sponsor sessions every month making a huge difference to children and their families at the most traumatic times in hospital.



We would like to give huge thanks to Paul McNeil, Beverley O'Shaughnessy, Tanya Mapp, Elizabeth Howe, Verity Stokes, Chris Stoner, Jo Atkinson, Andreas Nest, Adrian Hanson, Paula Cairns, Laura Horton Cathy Birch, Rebecca Bartlett, Phillipa Ambrose, Estee Barrett Claire Alderton, Mark Needham, Stephen Henshaw, Eve and Andi Loving, Sandra Lowe, Samantha Larkin, Tom Bax, Alisha O'Shaughnessy and Jeanette St Ledger for continuing to support our work through their monthly ICON donations.



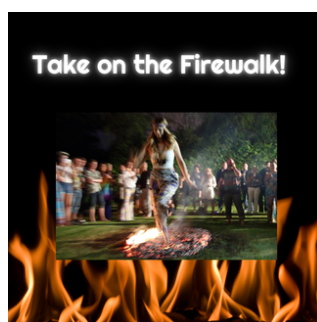
## How can you help?

There are so many fun ways to help fund music therapy for children in hospital and the more funding we receive the more hospitals we can offer music therapy to and more children will benefit from music therapy while living in the face of illness, disability and trauma.

From bake sales, sponsored walks, runs or swims to big challenges and live music events, there are so many ways to support George's Rockstars!

### Events

Check out our website <https://georgesrockstars.com/events/> for our upcoming events or get in touch if you have a fundraiser you would like to do for us!



### Merchandise

We have a range of George's Rockstars merchandise! From t-shirts and hoodies to lanyards, bags for life and more! If you would like to purchase merchandise or have some to sell at your event please email us at [info@georgesrockstars.com](mailto:info@georgesrockstars.com).

### Become an ICON!

For as little as £2 per month (less than a coffee!), you can make a child like George smile in a time of health crisis and isolation. Many children with serious illness spend far too much of their childhoods in hospital and often do not have access to emotional and psychological support to help them process and cope with the impact of illness and disability. Your support can make that change!

### Make your business a George's Rockstars Headliner!

Local companies and businesses can make a huge impact on children in hospitals through music. Whether it is through being the company charity of the year to one-off fundraisers or team building days to volunteering opportunities to give your team an engaging and meaningful workplace. For more details, drop our co-founder Amy an email on [amy@georgesrockstars.com](mailto:amy@georgesrockstars.com)





[www.georgesrockstars.com](http://www.georgesrockstars.com)

[info@georgesrockstars.com](mailto:info@georgesrockstars.com)

Registered Charity No. 1188730

**GEORGE'S ROCKSTARS**

England & Wales - Charity number 1188730

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# Accounts

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**ANNUAL REPORTS AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31ST DECEMBER 2023**

**GEORGE'S ROCKSTARS**

(Charitable Incorporated Organisation)

**Charity Registration No: 1188730**  
**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

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**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**LEGAL AND ADMINISTRATIVE INFORMATION**

<b>CHARITY NUMBER</b>	1188730
<b>DATE OF REGISTRATION</b>	24th March 2020
<b>START OF FINANCIAL YEAR</b>	1 <sup>st</sup> January 2023
<b>END OF FINANCIAL YEAR</b>	31st December 2023
<b>TRUSTEES AT 31ST DECEMBER 2023</b>	Craig O'Shaughnessy Dean Piper Mark Robinson Maisie Lawrence Daniel Ash Katie Louise Biginton Nicola Caton

**LEGAL STATUS** Charitable Incorporated Organisation

**GOVERNING INSTRUMENT** CIO - Foundation Registered 24th March 2020

**OBJECTIVES**

To relieve the needs of Children and Teenagers who are seriously ill or have a life limiting illness/condition by funding the provision of therapies and activities, in particular, but not limited to, Music Therapy in Hospitals in the United Kingdom or in a setting appropriate to their condition.

**CORRESPONDENCE ADDRESS** 44 Lynn Crescent  
Fareham  
PO14 4FP

**PRIMARY BANKERS** Natwest Bank PLC  
250 Bishopsgate  
London  
EC2M 4AA

**INDEPENDENT EXAMINERS** Ladies of Ledger  
Limited  
TB4 Tapnage Farm  
Titchfield Lane  
Fareham  
Hampshire  
PO17 5PQ

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 31ST DECEMBER 2023**

**Objectives and Activities**

To enhance the wellbeing of children and teenagers who are seriously ill or have a life limiting illness/condition by providing therapies and activities, in particular, but not limited to, music therapy in hospitals in the United Kingdom or in a setting appropriate to their condition.

At the date of this report, the charity had a self-employed charity manager and three self-employed music therapists providing sessions in hospitals in Winchester, Portsmouth, Basingstoke and one ward at Southampton Children hospital, with a waiting list of additional wards at Southampton.

All monies raised for George's Rockstars are donations from fundraising activities, donations, grants or from the sale of merchandise.

The trustees confirm that they have considered the Charity Commission's guidance on public benefit.

**Achievements and Performance**

During the financial period of the report the charity raised £130,426 through fundraising events, financial grants and donations.

The main fundraising events for the charity were the annual charity ball which raised £6,537, the annual Christmas tree collection organised by a trustee which raised £2,637, the annual live music fundraiser for George's birthday in January that raised £1,488 and a further live music event held in October raising £750. There were sponsored events including the Spinnaker Tower abseil which raised £4,438, the 3 Peaks Challenge in July that raised £12,400 and the Great South Run in October raising £1,405.

The charity released its first charity Christmas single, "Let's make Christmas Loud", written by one of the trustees, which through record downloads and t-shirt sales raised £3015.55

The charity was also supported by local organisations own fundraising efforts including a raffle held by Southsea Nature Nursery raising £650, the Rock Project raffle raising £500, Southdown's Chorus donation of £500 and Ernie's fundraiser of £500.

Support also came from two local music festivals, namely, "Teddy Rocks" who gave donations of £20,000 during the year and from the "Wickham Festival" who donated £1,966 from the signed guitar raffle.

The charity also expanded the income streams and began applying for financial grants. BBC Children in Need awarded a core funding grant of £13,886 per annum for two years from August 2023 to help facilitate the funding of a charity manager. The People's Postcode Lottery awarded a grant of £20,000 for project costs.

Smaller grants were also received during 2023 from Hampshire & Isle of Wight Community Fund (£5,000), The Albert Hunt Trust (£2,000), and St James Place Charity Foundation (£2,000).

George's Rockstars has also secured a grant from Global's Make Some Noise appeal of £21,500 to be received in April 2024. A donation of £20,000 was received just prior to the end of 2023 from a musician's legacy fund that appears in the Restricted Funds category of the Balance Sheet as the purpose of this donation is to fund a new project providing music therapy at the Royal Alexandra Children's Hospital in Brighton.

This fundraising has enabled the charity to expand the music therapy team going into 2024 to cover 2 new departments in Southampton Children's Hospital with further expansion planned subject to financial review.

Moving forward next year we are looking to diversify our fundraising streams to include grants and corporate partnerships to ensure a sustainable future of the services we provide and help with future service growth to meet demand.

### **Financial Review**

The charity holds its reserves according to policy with an additional balance from fundraising during COVID 19 when service provision and associated costs were limited.

The charities reserves policy is to hold 4 months of current service provision to safeguard our service for our beneficiaries.

### **Trustees' Responsibilities**

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the CIO and of the surplus (deficit) of the CIO for that period.

In preparing those financial statements the trustees are required to:

- Select suitable accounting policies and apply them consistently.
- Make judgements and estimates that are reasonable and prudent.
- Prepare financial statements on the going concern basis unless it is inappropriate to presume that the trust will continue in existence.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the CIO.

They are also responsible for safeguarding the assets of the CIO and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees on 10<sup>th</sup> January 2024

Signed on their behalf by Trustee



Printed Name

Craig O'Shaughnessy

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31ST DECEMBER 2023**

<b>INCOMING RESOURCES</b>	<b>Notes</b>	Unrestricted Funds	Restricted Funds	TOTAL 2023	TOTAL 2022
		£	£	£	£
<b>Income from Generated Funds</b>					
Grants, Legacies & Donations		95,846	4,629	100,475	25,555
Activities for Generating Funds		29,655	-	29,655	28,764
Investment Income (Interest)		296	-	296	-
<b>TOTAL INCOMING RESOURCES</b>		<b>125,797</b>	<b>4,629</b>	<b>130,426</b>	<b>51,319</b>
<b>RESOURCES EXPENDED</b>					
<b>Cost of Generating Funds</b>					
Cost of Charitable Activities	<b>3a</b>	97,589	-	97,589	54,702
Independent Examiners Fee	<b>3b</b>	-	-	-	216
<b>TOTAL RESOURCES EXPENDED</b>		<b>97,589</b>	<b>-</b>	<b>97,589</b>	<b>54,918</b>
<b>NET INCOMING (OUTGOING) RESOURCES</b>		<b>28,208</b>	<b>4,629</b>	<b>32,837</b>	<b>(3,599)</b>
Funds Brought Forward		43,710	-	43,710	29,333
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>71,918</b>	<b>4,629</b>	<b>76,547</b>	<b>25,734</b>

Movements on all reserves and all recognised gains and losses are shown above. All of the organisation's operations are classed as continuing.

The notes on pages 8 to 12 form part of these financial statements.

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)


**BALANCE SHEET**  
**AS AT 31ST DECEMBER 2023**

	Unrestricted Funds £	Restricted Funds £	TOTAL 2023 £	TOTAL 2022 £
<b>Fixed Assets</b>				
Tangible Assets	-	-	-	-
Investments	-	-	-	-
<b>Total Fixed Assets</b>	-	-	-	-
<b>Current Assets</b>				
Debtors & Prepayments	3,100	-	3,100	-
Cash in Bank and in Hand	73,477	29,257	102,704	48,007
<b>Total Current Assets</b>	<b>76,547</b>	<b>29,257</b>	<b>105,804</b>	<b>48,007</b>
Creditors & Accruals	180	-	-	4,298
<b>Creditors: Amounts falling due within 1 year</b>	-	-	-	-
<b>NET CURRENT ASSETS</b>	<b>76,267</b>	<b>29,257</b>	<b>105,624</b>	<b>43,710</b>
<b>TOTAL ASSETS less current liabilities</b>	<b>76,267</b>	<b>29,257</b>	<b>105,624</b>	<b>43,710</b>
<b>Creditors: Amounts falling due in more than 1 year</b>	-	-	-	-
<b>NET ASSETS</b>	<b>76,267</b>	<b>29,257</b>	<b>105,624</b>	<b>43,710</b>
<b>Funds of the Charity</b>				
General Funds	76,367	-	76,367	43,710
Restricted Funds	-	29,257	29,257	-
<b>TOTAL FUNDS</b>	<b>76,367</b>	<b>29,257</b>	<b>105,624</b>	<b>43,170</b>

Approved by the Trustees on

10<sup>th</sup> January 2024

Signed on their behalf by Trustee



Printed Name

Craig O'Shaughnessy

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**NOTES TO THE STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31ST DECEMBER 2023**

**1. ACCOUNTING POLICIES**

**Basis of preparation & Assessment of Going Concern**

**Basis of preparation**

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) - (Charities SORP - FRS102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

**Assessment of Going Concern**

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

**Incoming Resources**

**Recognition of Incoming Resources**

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

**Incoming Resources with Related Expenditure**

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

**Grants & Donations**

Grants and Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

**Tax Reclaims on Donations & Gifts**

Incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

**Contractual Income and Performance Related Grants**

This is only included in the SOFA once the related goods or services have been delivered.

**Gifts in Kind**

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable.

Continued...

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**NOTES TO THE STATEMENT OF FINANCIAL ACTIVITIES continued**  
**FOR THE YEAR ENDED 31ST DECEMBER 2023**

**Donated Services & Facilities**

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable, and material. The value placed on these resources

is the estimated value to the charity of the service or facility received.

**Volunteer Help**

The value of voluntary help received is not included in the accounts.

**Investment Income**

This is included on the accounts when receivable.

**Investment Gains & Losses**

This included any gain or loss on the sale of investments and any gain or loss resulting from revaluing

investments to market value at the end of the year.

**Expenditure Liabilities**

**Liability Recognition**

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

**Accountancy Costs**

Included costs of preparation and examination of the statutory accounts.

**Grants with Performance Conditions**

Where the charity gives a grant with conditions for its payment being a specific level of service or output

to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

**Grants Payable without Performance Conditions**

These are only recognised in the accounts when a commitment has been made and there are no conditions to

be met relating to a grant which remain in control of the charity.

**Investments**

Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value. continued...

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**NOTES TO THE STATEMENT OF FINANCIAL ACTIVITIES continued**  
**FOR THE YEAR ENDED 31ST DECEMBER 2023**

**Unrestricted Funds**

These funds can be used for the general objectives of the charity as set out in the trustees report. The movements of the unrestricted funds are given in the SOFA

**Restricted Funds**

These funds are where the donor has specified a purpose for the donation made. These restrictions often arise as a result of appeals for special offerings for specific purposes.

**Designated Funds**

These funds are funds set aside by the trustees out of unrestricted general funds for particular purposes or projects.

**Fixed Assets**

Fixed Assets are capitalized if they can be used for more than one year and cost at least £1,500. They are valued at cost or, if gifted, at the value to the charity on receipt.

**Depreciation Expense**

Depreciation is calculated at a rate to write off the cost of tangible fixed assets over their estimated useful lives. The rates applied are as follows:

Fixtures, Fittings & Equipment	25% Straight Line Basis
--------------------------------	-------------------------

**2. TANGIBLE FIXED ASSETS**

The CIO held no fixed assets during this or the previous financial period.

The annual commitments under non-cancelling operating leases and capital commitments are:

31st December 2022 - none  
31<sup>st</sup> December 2023 - none

continued...

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**NOTES TO THE STATEMENT OF FINANCIAL ACTIVITIES continued**  
**FOR THE YEAR ENDED 31ST DECEMBER 2023**

<b>3. RESOURCES EXPENDED</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>TOTAL 2023 £</b>	<b>TOTAL 2022 £</b>
<b>a) Cost of Charitable Activities</b>				
Activities and Events	12,829	-	12,829	19,319
Administrative Expenses	22,608	-	22,608	850
Advertising & Publicity	10,519	-	10,519	2,096
Accountancy Fees	703	-	703	-
Music Therapy Costs	48,360	-	48,360	30,550
Sundry Expense	2,570	-	2,570	1,886
	<b>97,589</b>	<b>-</b>	<b>97,589</b>	<b>54,702</b>
<b>b) Governance Costs</b>				
Independent Examiners Fee	-	-	-	216
	<b>-</b>	<b>-</b>	<b>-</b>	<b>216</b>

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**NOTES TO THE STATEMENT OF FINANCIAL ACTIVITIES continued**  
**FOR THE YEAR ENDED 31ST DECEMBER 2023**

**3. STAFF COSTS AND NUMBERS**

The Charity employed no members of staff during this or the previous financial year.

**4. TRUSTEE REMUNERATION & BENEFITS**

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity.

**5. RISK ASSESSMENT**

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

**6. RESERVES POLICY**

The Trustees have considered the level of reserves they wish to retain, appropriate to the CIO's needs. This is based on the CIO's size and the level of financial commitments held. The Trustees aim to ensure the CIO will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The Trustees will endeavor not to set aside funds unnecessarily.

**7. PUBLIC BENEFIT**

The CIO acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the CIO has achieved this are provided in the Trustees report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities, the CIO should undertake.

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**INDEPENDENT EXAMINERS REPORT ON THE ACCOUNTS**

Report to the trustees/members of George's Rockstars on the accounts for the year ended 31st December 2023.

**Respective Responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act.
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act.
- state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

During my examination, no matter has come to my attention which gives me reasonable cause to believe that the requirements to keep accounting records in accordance with section 130 of the Charities Act; and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act, have not been met.

Date: 24/1/24

Reviewer: Ms A Salter

For: Ladies of Ledger Ltd

**GEORGE'S ROCKSTARS**

England & Wales - Charity number 1188730

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# Accounts

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**ANNUAL REPORTS AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31ST DECEMBER 2022**

**GEORGE'S ROCKSTARS**

(Charitable Incorporated Organisation)

**Charity Registration No: 1188730**

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

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# **GEORGE'S ROCKSTARS**

(Charitable Incorporated Organisation)

## **LEGAL AND ADMINISTRATIVE INFORMATION**

<b>CHARITY NUMBER</b>	1188730
<b>DATE OF REGISTRATION</b>	24th March 2020
<b>START OF FINANCIAL YEAR</b>	23rd November 2021
<b>END OF FINANCIAL YEAR</b>	31st December 2022
<b>TRUSTEES AT 31ST DECEMBER 2022</b>	Craig O'Shaughnessy Dean Piper Mark Robinson Maisie Lawrence Daniel Ash
<b>LEGAL STATUS</b>	Charitable Incorporated Organisation
<b>GOVERNING INSTRUMENT</b>	CIO - Foundation Registered 24th March 2020

### **OBJECTS**

To relieve the needs of Children and Teenagers who are seriously ill or have a life limiting illness/condition by funding the provision of therapies and activities, in particular, but not limited to, Music Therapy in Hospitals in the United Kingdom or in a setting appropriate to their condition.

<b>CORRESPONDENCE ADDRESS</b>	44 Lynn Crescent Fareham PO14 4FP
<b>PRIMARY BANKERS</b>	Natwest Bank PLC 250 Bishopsgate London EC2M 4AA
<b>INDEPENDENT EXAMINERS</b>	Ladies of Ledger Ltd 15 Old Turnpike Fareham PO16 7HB

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 31ST DECEMBER 2022**

**Objectives and Activities**

To enhance the wellbeing of children and teenagers who are seriously ill or have a life limiting illness/condition by providing therapies and activities, in particular, but not limited to, music therapy in hospitals in the United Kingdom or in a setting appropriate to their condition.

At the date of the report, the charity had one self employed music therapist providing sessions in hospitals in Winchester, Portsmouth, Basingstoke and one ward at Southampton Children hospital, with a waiting list of additional wards at Southampton and a part time charity manager.

All monies raised for George's Rockstars are donations from fundraising activities, donations or from sale of merchandise.

The trustees confirm that they have considered the Charity Commission's guidance on public benefit.

**Achievements and Performance**

During the financial period of the report the charity raised £51,319.05, largely from fundraising events. The main fundraising events were the annual Xmas tree collection organised by a trustee which raised £1,737.75 from donations to the service. The annual live music fundraiser in January for George's birthday that raised £2,337.83 from tickets, donations and sale of merchandise.

There were numerous sponsored events including skydives amounting to £8,998.75 combined, sponsored runs amounting £3,508.38 combined, sunflower secateur hire at a local farm raising £1,180.61, a craft stall at a festival raising £900, two local children's sports clubs raising £2,000 and £478.50 from sponsored events. A local music quiz raising £570.90 across 3 quiz nights.

This fundraising has enabled the charity to grow from one to four hospitals across the region with the period of the report meaning we are reaching many more children across hospitals in our local region.

Moving forward next year we are looking to diversify our fundraising streams to include grants and corporate partnerships to ensure a sustainable future of the services we provide and help with future service growth to meet demand.

**Financial Review**

The charity holds its reserves according to policy with an additional balance from fundraising during COVID 19 when service provision and associated costs were limited.

The charities reserves policy hold 4 months of current service provision to safeguard our service for our beneficiaries.

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**TRUSTEES' REPORT continued**  
**FOR THE YEAR ENDED 31ST DECEMBER 2022**

**Trustees' Responsibilities**


The Charities Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the CIO and of the surplus (deficit) of the CIO for that period.

In preparing those financial statements the trustees are required to:

- Select suitable accounting policies and apply them consistently
- Make judgements and estimates that are reasonable and prudent
- Prepare financial statements on the going concern basis unless it is inappropriate to presume that the trust will continue in existence.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the CIO. They are also responsible for safeguarding the assets of the CIO and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees on 29/06/2023 .....

Signed on their behalf by Trustee.....  


**Craig O'Shaughnessy- Chair**  
Printed Name.....

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31ST DECEMBER 2022**

<b>INCOMING RESOURCES</b>	<b>Notes</b>	Unrestricted Funds	Restricted Funds	TOTAL 2022/21	TOTAL 2021/20
<b>Incoming Resources from Generated Funds</b>		£	£	£	£
Donations, Grants & Legacies	<b>3a</b>	22,555		22,555	48,165
Activities for Generating Funds	<b>3b</b>	28,764		28,764	1,324
Investment Income	<b>3c</b>	-		-	-
Other Incoming Resources	<b>3d</b>	-		-	1,992
<b>TOTAL INCOMING RESOURCES</b>		<b>51,319</b>	<b>-</b>	<b>51,319</b>	<b>51,481</b>
<b>RESOURCES EXPENDED</b>					
<b>Cost of Generating Funds</b>					
Cost of Charitable Activities	<b>4a</b>	54,702		54,702	21,668
Independent Examiners Fee	<b>4b</b>	216		216	480
<b>TOTAL RESOURCES EXPENDED</b>		<b>54,918</b>	<b>-</b>	<b>54,918</b>	<b>22,148</b>
<b>NET INCOMING (OUTGOING) RESOURCES</b>		<b>(3,599)</b>	<b>-</b>	<b>(3,599)</b>	<b>29,333</b>
Funds Brought Forward		29,333		29,333	
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>25,734</b>	<b>-</b>	<b>25,734</b>	<b>29,333</b>

Movements on all reserves and all recognised gains and losses are shown above. All of the organisation's operations are classed as continuing.

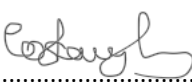
The notes on pages 6 to 12 form part of these financial statements.

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**BALANCE SHEET**  
**AS AT 31ST DECEMBER 2022**

	Notes	Unrestricted Funds £	Restricted Funds £	TOTAL 2022/21 £	TOTAL 2021/20 £
<b>Fixed Assets</b>					
Tangible Assets	2				
Investments	6				-
<b>Total Fixed Assets</b>					-
<hr/>					
<b>Current Assets</b>					
Debtors & Prepayments	8	-		-	2,207
Cash in Bank and in Hand	7	48,007		48,007	46,281
<b>Total Current Assets</b>					
		48,007		48,007	48,488
<hr/>					
<b>Creditors: Amounts falling due within 1 year</b>	9	4,298		4,298	480
<b>NET CURRENT ASSETS</b>		43,710		43,710	48,008
<hr/>					
<b>TOTAL ASSETS less current liabilities</b>		43,710		43,710	48,008
<hr/>					
Creditors: Amounts falling due in more than 1 year	10	-		-	-
<b>NET ASSETS</b>		43,710	-	43,710	48,008
<hr/>					
<b>Funds of the Charity</b>					
General Funds		43,710		43,710	48,008
Restricted Funds	5				
<b>Total Funds</b>		43,710		43,710	48,008

Approved by the Trustees on 29/06/2023.....

Signed on their behalf by Trustee .....

Printed Name..... Craig O'Shaughnessy- Chair.....

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**NOTES TO THE STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31ST DECEMBER 2022**

**1. ACCOUNTING POLICIES**

**Basis of preparation & Assessment of Going Concern**

**Basis of preparation**

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) - (Charities SORP - FRS102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

**Assessment of Going Concern**

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

**Incoming Resources**

**Recognition of Incoming Resources**

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

**Incoming Resources with Related Expenditure**

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

**Grants & Donations**

Grants and Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

**Tax Reclaims on Donations & Gifts**

Incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

**Contractual Income and Performance Related Grants**

This is only included in the SOFA once the related goods or services have been delivered.

**Gifts in Kind**

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable.

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**NOTES TO THE STATEMENT OF FINANCIAL ACTIVITIES continued**  
**FOR THE YEAR ENDED 31ST DECEMBER 2022**

**Donated Services & Facilities**

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

**Volunteer Help**

The value of any voluntary help received is not included in the accounts.

**Investment Income**

This is included on the accounts when receivable.

**Investment Gains & Losses**

This included any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

**Expenditure Liabilities**

**Liability Recognition**

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

**Accountancy Costs**

Included costs of the preparation and examination of the statutory accounts.

**Grants with Performance Conditions**

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

**Grants Payable without Performance Conditions**

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to a grant which remain in control of the charity.

**Investments**

Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.

**Unrestricted Funds**

These funds can be used for the general objectives of the charity as set out in the trustees report. The movements of the unrestricted funds are given in the SOFA

**Restricted Funds**

These funds are where the donor has specified a purpose for the donation made. These restrictions often arise as a result of appeals for special offerings for specific purposes.

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**NOTES TO THE STATEMENT OF FINANCIAL ACTIVITIES continued**  
**FOR THE YEAR ENDED 31ST DECEMBER 2022**

**Designated Funds**

These funds are funds set aside by the trustees out of unrestricted general funds for particular purposes or projects.

**Fixed Assets**

Fixed Assets are capitalised if they can be used for more than one year and cost at least £1,500. They are valued at cost or, if gifted, at the value to the charity on receipt.

**Depreciation Expense**

Depreciation is calculated at a rate to write off the cost of tangible fixed assets over their estimated useful lives. The rates applied are as follows:

Fixtures, Fittings & Equipment	25% Straight Line Basis
--------------------------------	-------------------------

**2. TANGIBLE FIXED ASSETS**

The CIO held no fixed assets during this or the previous financial period.

The annual commitments under non-cancelling operating leases and capital commitments are as follows:

22nd November 2021 - none

31st December 2022 - none

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**NOTES TO THE STATEMENT OF FINANCIAL ACTIVITIES continued**  
**FOR THE YEAR ENDED 31ST DECEMBER 2022**

**3. INCOMING RESOURCES**

	Note	Unrestricted Funds £	Restricted Funds £	TOTAL 2022/21 £	TOTAL 2021/20 £
<b>a) Donations, Grants &amp; Legacies</b>					
Gifts & Donations		22,555		22,555	48,165
		<u>22,555</u>	-	<u>22,555</u>	<u>48,165</u>
<b>b) Activities for Generating Funds</b>					
Fundraising Income		28,764		28,764	1,324
		<u>28,764</u>	-	<u>28,764</u>	<u>1,324</u>
<b>c) Investement Income</b>					
Interest		-		-	-
		<u>-</u>	-	<u>-</u>	<u>-</u>
<b>d) Other Incoming Resources</b>					
Refunds		-		-	1,087
Sundry Income		-		-	905
		<u>-</u>	-	<u>-</u>	<u>1,992</u>

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**NOTES TO THE STATEMENT OF FINANCIAL ACTIVITIES continued**  
**FOR THE YEAR ENDED 31ST DECEMBER 2022**

**4. RESOURCES EXPENDED**

	Unrestricted Funds £	Restricted Funds £	TOTAL 2022/21 £	TOTAL 2021/20 £
<b>a) Cost of Charitable Activities</b>				
Activities & Events	19,319		19,319	5,367
Administrative Expenses	850		850	60
Advertising & Publicity	2,096		2,096	1,632
Equipment Costs	-		-	4,013
Music Therapy Costs	30,550		30,550	9,575
Sundry Expenses	1,886		1,886	1,021
	54,702	-	54,702	21,668
<b>b) Governance Costs</b>				
Independent Examiners Fee	216		216	480
	216	-	216	480

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**NOTES TO THE STATEMENT OF FINANCIAL ACTIVITIES continued**  
**FOR THE YEAR ENDED 31ST DECEMBER 2022**

**5. RESTRICTED FUNDS**

The charity held no Restricted Funds during this or the previous financial period.

**6. INVESTMENTS**

The Charity held no Investments during this or the previous financial period.

**7. CASH AT BANK AND IN HAND**

	Unrestricted Funds	Restricted Funds	<b>TOTAL 2022/21</b>	<b>TOTAL 2021/20</b>
	£	£	£	£
Cash at Bank & in Hand	48,007		48,007	46,281
	<u>48,007</u>	-	<u>48,007</u>	<u>46,281</u>

**8. DEBTORS & PREPAYMENTS**

	Unrestricted Funds	Restricted Funds	<b>TOTAL 2022/21</b>	<b>TOTAL 2021/20</b>
	£	£	£	£
Sundry Debtors	-		-	2,207
	<u>-</u>	-	<u>-</u>	<u>2,207</u>

**9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	Unrestricted Funds	Restricted Funds	<b>TOTAL 2022/21</b>	<b>TOTAL 2021/20</b>
	£	£	£	£
Independent Examiners Fee	216		216	480
Accounts Payable	4,082		4,082	
	<u>4,298</u>	-	<u>4,298</u>	<u>480</u>

**10. CREDITORS: AMOUNTS FALLING DUE IN MORE THAN ONE YEAR**

The Charity held no long term liabilities during this or the previous financial period.

**11. NET ASSETS BETWEEN FUNDS**

	Unrestricted Funds	Restricted Funds	<b>TOTAL 2022/21</b>	<b>TOTAL 2021/20</b>
	£	£	£	£
Fixed Assets Investments				
Net Current Assets	43,710			48,008
Long Term Liabilities				
	<u>43,710</u>	-	<u>-</u>	<u>48,008</u>

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**NOTES TO THE STATEMENT OF FINANCIAL ACTIVITIES continued**  
**FOR THE YEAR ENDED 31ST DECEMBER 2022**

**12. STAFF COSTS AND NUMBERS**

The Charity employed no members of staff during this or the previous financial year.

**13. TRUSTEE REMUNERATION & BENEFITS**

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity.

**14. RISK ASSESSMENT**

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

**15. RESERVES POLICY**

The Trustees have considered the level of reserves they wish to retain, appropriate to the CIO's needs. This is based on the CIO's size and the level of financial commitments held. The Trustees aim to ensure the CIO will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The Trustees will endeavour not to set aside funds unnecessarily.

**16. PUBLIC BENEFIT**

The CIO acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the CIO has achieved this are provided in the Trustees report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities the CIO should undertake.

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**INDEPENDENT EXAMINERS REPORT ON THE ACCOUNTS**

Report to the trustees / members of George's Rockstars on the accounts for the year ended 31st December 2022 set out on pages 6 to 12.

**Respective Responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the account under section 145 of the Charities Act
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- state whether particular matters have come to my attention

**Basis of independent examiner's statement**

During my examination, no matter has come to my attention which gives me reasonable cause to believe that the requirements to keep accounting records in accordance with section 130 of the Charities Act; and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act, have not been met.

Ladies of Ledger  
15 Old Turnpike  
Fareham  
PO16 7HB

Date: 27th June 2023

**GEORGE'S ROCKSTARS**

England & Wales - Charity number 1188730

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# Accounts

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**ANNUAL REPORTS AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 22ND NOVEMBER 2021**

**GEORGE'S  
ROCKSTARS**

(Charitable Incorporated Organisation)

**CHARITY REGISTRATION No: 1188730**

Castle View Accounting Ltd  
New Barn  
Mudberry Lane  
Bosham  
Chichester  
West Sussex  
PO18 8TS

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

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Page 13	Independent Examiner's Report

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**LEGAL AND ADMINISTRATIVE INFORMATION**

<b>CHARITY NUMBER</b>	1188730
<b>DATE OF REGISTRATION</b>	24th March 2020
<b>START OF FINANCIAL YEAR</b>	23rd November 2020
<b>END OF FINANCIAL YEAR</b>	22nd November 2021
<b>TRUSTEES AT 22ND NOVEMBER 2021</b>	Amy O'Shaughnessy Dean Piper Craig O'Shaughnessy
<b>LEGAL STATUS</b>	Charitable Incorporated Organisation
<b>GOVERNING INSTRUMENT</b>	CIO - Foundation Registered 24th March 2020

**OBJECTS**

To relieve the needs of Children and Teenagers who are seriously ill or have a life limiting illness/condition by funding the provision of therapies and activities, in particular, but not limited to, Music Therapy in Hospitals in the United Kingdom or in a setting appropriate to their condition.

<b>CORRESPONDENCE ADDRESS</b>	44 Lynn Crescent Fareham Hampshire PO14 4FP
<b>PRIMARY BANKERS</b>	National Westminster Bank Plc 250 Bishopgate London EC2M 4AA
<b>INDEPENDENT EXAMINERS</b>	Castle View Accounting Ltd New Barn Mudberry Lane Bosham Chichester West Sussex PO18 8TS

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 22ND NOVEMBER 2021**

**Objectives and Activities**

To enhance the wellbeing of children and teenagers who are seriously ill or have a life limiting illness/condition by providing therapies and activities, in particular, but not limited to, music therapy in hospitals in the United Kingdom or in a setting appropriate to their condition.

At the date of the report, the charity has recruited its first self employed music therapist and is currently setting up music therapy one day a week at Queen Alexandra Paediatric dept. This is a service which we hope to expand to further children's hospital wards in the region.

All monies raised for George's Rockstars are donations from Fundraising activities or from sale of merchandise.

The trustees confirm that they have considered the Charity Commission's guidance on public benefit.

**Achievements and Performance**

In the financial period the charity had a total income of £51,481 from fundraising activities and donations. As we have been in the process of setting up music therapy and only just started to fund the service, our outgoings towards music therapy and associated costs of running a charity (website/ events costs etc) are small at £651.80 to the end of report date. This will increase as the charity grows and provides more music therapy provision in local hospitals.

We have held several events including a live music event in January 2020 which raised £4,336, a pub quiz which raised £1,348, an online music school and performances with Rocksteady which raised £3,047, a mass tree collection by a local business which raised £527.50.

We also had fundraising done by the local school that George attended which raised £1,494.

Moving forward to the next year, we are hoping to increase fundraising to expand the amount of music therapy we can offer to begin providing music therapy at Southampton Children Hospital

**Financial Review**

The trustees have that £10,000 which would provide 6 months of music therapy at QA hospital should be held in reserve and this will be review each time our service is expanded.

The principal source of funds is fundraising activities that are either run by us, or run by others and donated to us.

**Trustees' Responsibilities**

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the CIO and of the surplus of the CIO for that period. In preparing those financial statements the trustees are required to:

- Select suitable accounting policies and apply them consistently
- Make judgements and estimates that are reasonable and prudent
- Prepare financial statements on the going concern basis unless it is inappropriate to presume that the trust will continue in existence.

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the CIO. They are also responsible for safeguarding the assets of the CIO and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees on ..... 16th July 2022 .....

Signed on their behalf by Trustee .....  


Printed Name: Amy O'Shaughnessy

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 22ND NOVEMBER 2021**

	Notes	Unrestricted Funds £	Restricted Funds £	TOTAL 2021/20 £	TOTAL 2020/19 £
<b>INCOMING RESOURCES</b>					
<b>Incoming Resources from Generated Funds</b>					
Donations, Grants & Legacies	3a	48,165	-	48,165	17,546
Activities for Generating Funds	3b	1,324	-	1,324	1,781
Investment Income	3c	-	-	-	-
Other Incoming Resources	3d	1,992	-	1,992	-
<b>TOTAL INCOMING RESOURCES</b>		<b>51,481</b>	<b>-</b>	<b>51,481</b>	<b>19,327</b>
<b>RESOURCES EXPENDED</b>					
<b>Costs of Generating Funds</b>					
Cost of Charitable Activities	4a	21,668	-	21,668	652
Governance Costs	4b	480	-	480	-
<b>TOTAL RESOURCES EXPENDED</b>		<b>22,148</b>	<b>-</b>	<b>22,148</b>	<b>652</b>
<b>NET INCOMING (OUTGOING) RESOURCES</b>		<b>29,333</b>	<b>-</b>	<b>29,333</b>	<b>18,675</b>
Funds Brought Forward		18,675	-	18,675	-
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>48,008</b>	<b>-</b>	<b>48,008</b>	<b>18,675</b>

Movements on all reserves and all recognised gains and losses are shown above. All of the organisation's operations are classed as continuing.

The notes on pages 7 to 12 form part of these financial statements.

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**BALANCE SHEET**  
**AS AT 22ND NOVEMBER 2021**

	Note	Unrestricted Funds £	Restricted Funds £	Total 22-Nov-21 £	Total 22-Nov-20 £
<b>Fixed Assets</b>					
Tangible Assets	2	-	-	-	-
Investments	6	-	-	-	-
<b>Total Fixed Assets</b>		-	-	-	-
<b>Current Assets</b>					
Debtors & Prepayments	8	2,207	-	2,207	-
Cash at Bank and in Hand	7	46,281	-	46,281	18,675
<b>Total Current Assets</b>		<b>48,488</b>	-	<b>48,488</b>	<b>18,675</b>
<b>Creditors: Amounts falling due within one year</b>	9	480	-	480	-
<b>NET CURRENT ASSETS</b>		48,008	-	48,008	18,675
<b>TOTAL ASSETS less current liabilities</b>		<b>48,008</b>	-	<b>48,008</b>	<b>18,675</b>
<b>Creditors: Amounts falling due in more than one year</b>	10	-	-	-	-
<b>NET ASSETS</b>		<b>48,008</b>	-	<b>48,008</b>	<b>18,675</b>
<b>Funds of the Charity</b>					
General Funds		48,008	-	48,008	18,675
Restricted Funds	5	-	-	-	-
<b>Total Funds</b>		<b>48,008</b>	-	<b>48,008</b>	<b>18,675</b>

Approved by the Trustees on ..... 16th July 2022 .....

Signed on their behalf by Trustee  .....

Printed Name: Amy O'Shaughnessy

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 22ND NOVEMBER 2021**

**1. ACCOUNTING POLICIES**

**Basis of Preparation & Assessment of Going Concern**

**Basis of Preparation**

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) - (Charities SORP - FRS102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

**Assessment of Going Concern**

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

**Incoming Resources**

**Recognition of Incoming Resources**

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

**Incoming Resources with Related Expenditure**

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

**Grants and Donations**

Grants and Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

**Tax Reclaims on Donations and Gifts**

Incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

**Contractual Income and Performance Related Grants**

This is only included in the SOFA once the related goods or services have been delivered.

**Gifts in Kind**

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable.

**Donated Services and Facilities**

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

**Volunteer Help**

The value of any voluntary help received is not included in the accounts.

**Investment Income**

This is included in the accounts when receivable.

**Investment Gains and Losses**

This included any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**NOTES TO THE FINANCIAL STATEMENTS (continued)**  
**FOR THE YEAR ENDED 22ND NOVEMBER 2021**

**1. ACCOUNTING POLICIES (continued)**

**Expenditure and Liabilities**

**Liability Recognition**

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

**Governance Costs**

Include costs of the preparation and examination of statutory accounts, the costs of the trustees meetings and cost of any legal advice to trustees on governance or constitutional matters.

**Grants with Performance Conditions**

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

**Grants Payable without Performance Conditions**

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to a grant which remain in control of the charity.

**Investments**

Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.

**Unrestricted funds**

These funds can be used for the general objectives of the charity as set out in the trustees report. The movements of the unrestricted funds are given in the Statement of Financial Activities.

**Restricted funds**

These funds are where the donor has specified a purpose for the donation made. These restrictions often arise as a result of appeals for special offerings for specific purposes.

**Designated funds**

These funds are funds set aside by the trustees out of unrestricted general funds for particular purposes or projects.

**Fixed Assets**

Fixed Assets are capitalised if they can be used for more than one year and cost at least £1,500. They are valued at cost or, if gifted, at the value to the charity on receipt.

**Depreciation Expense**

Depreciation is calculated at a rate to write off the cost of tangible fixed assets over their estimated useful lives. The rates applied are as follows:

Fixtures, Fittings and Equipment	25% - Straight Line Basis
----------------------------------	---------------------------

**2. TANGIBLE FIXED ASSETS**

The CIO held no fixed assets during this or the previous financial period.

The annual commitments under non-cancelling operating leases and capital commitments are as follows:

22nd November 2021 : None

22nd November 2020 : None

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**NOTES TO THE FINANCIAL STATEMENTS (continued)**  
**FOR THE YEAR ENDED 22ND NOVEMBER 2021**

**3. INCOMING RESOURCES**

	Note	Unrestricted Funds £	Restricted Funds £	TOTAL 2021/20 £	TOTAL 2020/19 £
<b>a) Donations, Grants &amp; Legacies</b>					
Gifts & Donations		48,165	-	48,165	17,546
		<b>48,165</b>	<b>-</b>	<b>48,165</b>	<b>17,546</b>
<b>b) Activities for Generating Funds</b>					
Fundraising Income		1,324	-	1,324	1,781
		<b>1,324</b>	<b>-</b>	<b>1,324</b>	<b>1,781</b>
<b>c) Investment Income</b>					
Interest		-	-	-	-
		<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>d) Other Incoming Resources</b>					
Refunds		1,087	-	1,087	-
Sundry Income		905	-	905	-
		<b>1,992</b>	<b>-</b>	<b>1,992</b>	<b>-</b>

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**NOTES TO THE FINANCIAL STATEMENTS (continued)**  
**FOR THE YEAR ENDED 22ND NOVEMBER 2021**

**4. RESOURCES EXPENDED**

		Unrestricted Funds £	Restricted Funds £	TOTAL 2021/20 £	TOTAL 2020/19 £
<b>a) Cost of Charitable Activities</b>					
Activities & Events		5,367	-	5,367	-
Administrative Expenses		60	-	60	23
Advertising & Publicity		1,632	-	1,632	233
Equipment Costs		4,013	-	4,013	-
Gifts & Donations		-	-	-	96
Music Therapy Costs		9,575	-	9,575	300
Sundry Expenses		1,021	-	1,021	-
		<b>21,668</b>	<b>-</b>	<b>21,668</b>	<b>652</b>
<b>b) Governance Costs</b>					
Independent Examiners Fees	<b>9</b>	480	-	480	-
		<b>480</b>	<b>-</b>	<b>480</b>	<b>-</b>

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**NOTES TO THE FINANCIAL STATEMENTS (continued)**  
**FOR THE YEAR ENDED 22ND NOVEMBER 2021**

**5. RESTRICTED FUNDS**

The Charity held no Restricted Funds during this or the previous financial period.

**6. INVESTMENTS**

The Charity held no Fixed Asset Investments during this or the previous financial period.

**7. CASH AT BANK AND IN HAND**

	Unrestricted Fund £	Restricted Fund £	Total 22-Nov-21 £	Total 22-Nov-20 £
Cash at Bank & in Hand	46,281	-	46,281	18,675
	<b>46,281</b>	<b>-</b>	<b>46,281</b>	<b>18,675</b>

**8. DEBTORS AND PREPAYMENTS**

	Unrestricted Fund £	Restricted Fund £	Total 22-Nov-21 £	Total 22-Nov-20 £
Sundry Debtors	2,207	-	2,207	-
	<b>2,207</b>	<b>-</b>	<b>2,207</b>	<b>-</b>

**9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	Unrestricted Fund £	Restricted Fund £	Total 22-Nov-21 £	Total 22-Nov-20 £
Independent Examiners Fee	480	-	480	-
	<b>480</b>	<b>-</b>	<b>480</b>	<b>-</b>

**10. CREDITORS: AMOUNTS FALLING DUE IN MORE THAN ONE YEAR**

The CIO held no long term liabilities during this or the previous financial period.

**11. NET ASSETS BETWEEN FUNDS**

	Unrestricted Funds £	Restricted Funds £	Total 22-Nov-21 £	Total 22-Nov-20 £
Fixed Asset Investments	-	-	-	-
Net Current Assets	48,008	-	48,008	18,675
Long Term Liabilities	-	-	-	-
	<b>48,008</b>	<b>-</b>	<b>48,008</b>	<b>18,675</b>

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**NOTES TO THE FINANCIAL STATEMENTS (continued)**  
**FOR THE YEAR ENDED 22ND NOVEMBER 2021**

**12. STAFF COSTS AND NUMBERS**

The Charity employed no members of staff during this or the previous financial year.

**13. TRUSTEES AND OTHER RELATED PARTIES**

No payments were made to trustees or any persons connected with them during this financial period. No material transaction took place between the organisation and a trustee or any person connected with them.

**14. RISK ASSESSMENT**

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

**15. RESERVES POLICY**

The Trustees have considered the level of reserves they wish to retain, appropriate to the CIO's needs. This is based on the CIO's size and the level of financial commitments held. The Trustees aim to ensure the CIO will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The Trustees will endeavour not to set aside funds unnecessarily.

**16. PUBLIC BENEFIT**

The CIO acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the CIO has achieved this are provided in the Trustees report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities the CIO should undertake

**GEORGE'S ROCKSTARS**  
(Charitable Incorporated Organisation)

**INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS**

Report to the trustees/ members of George's Rockstars on the accounts for the year ended 22nd November 2021 set out on pages 5 to 12.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- state whether particular matters have come to my attention

**Basis of independent examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

K. Collaku MAAT  
Castle View Accounting Ltd  
New Barn  
Mudberry Lane  
Bosham  
Chichester  
West Sussex  
PO18 8TS

  
Date: 25th July 2022

**GEORGE'S ROCKSTARS**

England & Wales - Charity number 1188730

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# Accounts

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## Trustees' Annual Report for the period

Period start date

**From**

Period end date

**To**

**24  
03  
2020**

**22  
11  
2020**

Section A

Reference and administration details

**Charity name**

George's Rockstars

**Other names charity is known by**

N/A

**Registered charity number (if any)**

1188730

**Charity's principal address**

44 Lynn Crescent

**TAR**

Fareham

Hampshire

**Postcode**

**PO144FP**

**Names of the charity trustees who manage the charity**

**Trustee name**

**Office (if any)**

**Dates acted if not for whole year**

**Name of person (or body) entitled to appoint trustee (if any)**

1

Amy O'Shaughnessy  
Chair  
23/11/19 till present

2

Craig O'Shaughnessy  
Trustee  
23/11/19 till present

3

Dean Piper  
Trustee  
23/11/19 till present

4

5

6

7

8

9

10

11

12

13



**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

**Name**  
**Dates acted if not for whole year**

**Names and addresses of advisers (Optional information)**

**Type of adviser**

**Name**

**Address**

**Name of chief executive or names of senior staff members (Optional information)**

**Section B**

**Structure, governance and management**

## Description of the charity's trusts

Constitution

Type of governing document  
(eg. trust deed, constitution)

CIO

How the charity is constituted  
(eg. trust, association, company)

Trustee selection methods  
(eg. appointed by, elected by)

Originally selected as like minded people, with same values and drive to support the Charity.

### **Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

## **Section C Objectives and activities**

### **Summary of the objects of the charity set out in its governing document**

to enhance the wellbeing of children and teenagers who are seriously ill or have a life limiting illness/condition by providing therapies and activities, in particular, but not limited to, music therapy in hospitals in the United Kingdom or in a setting appropriate to their condition

### **Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

At the date of the report, the charity has recruited its first self employed music therapist and is currently setting up music therapy one day a week at Queen Alexandra Paediatric dept. This is a service which we hope to expand to further children's hospital wards in the region

All monies raised for George's Rockstars are donations from Fundraising activities or from sale of merchandise.

The trustees confirm that they have considered the Charity Commission's guidance on public benefit.

### **Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D

## Achievements and performance

## Section D

## Achievements and performance

### Summary of the main achievements of the charity during the year

In the first 8 month financial period the charity raised a total of £19325.83 from fundraising activities and donations. As we have been in the process of setting up music therapy and only just started to fund the service, our outgoings towards music therapy and associated costs of running a charity (website/ events costs etc) are small at £651.80 to the end of report date. This will increase as the charity grows and provides more music therapy provision in local hospitals.

We have held several events including a live music event in January 2020 which raised £4336, a pub quiz which raised £1348, an online music school and performances with Rocksteady which raised £3047, a xmas tree collection by a local business which raised £527.50.

We also had fundraising done by the local school that George attended which raised £1494

Moving forward to the next year, we are hoping to increase fundraising to expand the amount of music therapy we can offer to begin providing music therapy at Southampton Children Hospital

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

The trustees have that £10,000 which would provide 6 months of music therapy at QA hospital should be held in reserve and this will be review each time our service is expanded.

**Details of any funds materially in deficit**

N/A

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The principal source of funds is fundraising activities that are either run by us, or run by others and donated to us.

**Section G**

**Declaration**

**The trustees declare that they have approved the trustees' report above.**

**Signed on behalf of the charity's trustees**

**Signature(s)**

Chair

**Position (eg Secretary, Chair, etc)**

30.09.21

**Date**



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name <b>George's Rockstars</b>	No (if any) <b>1188730</b>
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## Receipts and payments accounts

<b>For the period from</b>	Period start date 3/24/2020	<b>To</b>	Period end date 11/22/2020
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
<b>A1 Receipts</b>				
Cash donations	17,506	-	-	17,506
online fundraising	1,781	-	-	1,781
amazon smile	40	-	-	40
		-	-	-
		-	-	-
	-	-	-	-
	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>19,327</b>	-	-	<b>19,327</b>
<b>A2 Asset and investment sales, (see table).</b>				
	-	-	-	-
	-	-	-	-
<b>Sub total</b>	-	-	-	-
<b>Total receipts</b>	<b>19,327</b>	-	-	<b>19,327</b>
<b>A3 Payments</b>				
music therapy cost	300	-	-	-
advertising and website	233	-	-	233
local giving fundraising platform fee	96	-	-	96
admin costs	23	-	-	23
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
<b>Sub total</b>	<b>652</b>	-	-	<b>652</b>
<b>A4 Asset and investment purchases, (see table)</b>				
	-	-	-	-
	-	-	-	-
<b>Sub total</b>	-	-	-	-
<b>Total payments</b>	<b>652</b>	-	-	<b>652</b>
<b>Net of receipts/(payments)</b>	<b>18,675</b>	-	-	<b>18,675</b>
<b>A5 Transfers between funds</b>	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-
<b>Cash funds this year end</b>	<b>18,675</b>	-	-	<b>18,675</b>

# Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
<b>B1 Cash funds</b>	balance in bank	18,675	-
		-	-
		-	-
	<b>Total cash funds</b>	<b>18,675</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)
			-
			-
			-
			-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)
			-
			-
			-
			-
			-
			-
			-
			-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)
			-
			-
			-
			-

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Amy O'Shaughnessy Chair of Trustees

**CC16a**

**Last year  
to the nearest £**

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**Endowment funds**

to nearest £

-
-
-
-

OK

**Endowment funds**

to nearest £

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-
-

**Current value (optional)**

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-
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-
-

**Current value (optional)**

-
-
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-
-
-
-

**When due (optional)**


Date of approval

11/13/2021