

2022

Growing Hope Brockley ANNUAL REPORT

Report & Financial Statements
1 January - 31 December 2022



Growing
HOPE
Brockley

2 Contents

4	CEO's Letter
6	Chairman's Letter
7	Trustees' Report
8	Clinic Manager's Letter
10	Objectives
12	Hope for Children
14	Andrew's Story
15	Hope for Families
17	Hope in Jesus
18	Who We Support
20	Volunteers
21	Sarah's Story
22	Financial Review
23	Risk Management
24	Supporter Engagement and Fundraising
25	Structure, Governance and Management
26	The Year Ahead and References
27	Financial Report





Andrew's Story

Page 14



Hope for Families

Page 15



Who We Support

Page 18



Financial Report

Page 27

4 CEO's Letter

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“I’m filled with joy reflecting on the impact we’ve had for families this year and I’m excited for our continued growth in the year ahead.”

We have seen another year of encouraging growth at Growing Hope this year. I had the privilege recently to talk about all that we’ve been doing with His Majesty King Charles III, the Archbishop of Canterbury Justin Welby and The Rt Revd and Rt Hon Dame Sarah Mullally DBE, Bishop of London, at a community reception at King’s Cross Church. It was great to celebrate Growing Hope King’s Cross and all that we’ve seen happen across the charity nationally.



Over this year we have continued to work with many more children, young people and families who have additional needs. A couple of weeks ago I was in clinic with a family who have seen amazing breakthrough with their ten-year-old son who, through occupational therapy, is now able to sleep in his own bed on his own at night. Having sleep is making a big difference to the whole family and it’s encouraging to see similar stories repeated across our clinics. We have excitingly applied for charity status for our next Growing Hope clinic in Gateshead and we hope to open this early in the new year. We are also in a number of encouraging conversations with churches across the country who may set up a Growing Hope clinic in 2023.

I am so encouraged by God’s faithfulness to Growing Hope and the provision for each of the local clinics. Over the course of this year we have excitingly added five new individuals to our Growing Hope national team and it is brilliant to have Vicki, Jade, Naz, Anna and Jennie on board. The increased capacity at a national level means that we can better support and grow our local Growing Hope clinics.

We have also taken big steps nationally in the development of resources which support children and young people with additional needs and their families across the UK. We have been rolling out our When Dreams Change course for parents and carers of children with additional needs and our Siblings Group courses. We have also launched our accessibility award for churches to receive a kitemark about their accessibility. We are looking forward to continuing to impact families through partnering with local churches, communities and schools alongside our Growing Hope clinics.

I’m filled with joy reflecting on the impact we’ve had for families this year and I’m excited for our continued growth in the year ahead.

Yours sincerely,

Dr Naomi Graham
Founder & CEO of Growing Hope National

”



“Thank you for listening to us and helping us! The work Growing Hope do is amazing. I have told other families about Growing Hope as so many would benefit.”

- Growing Hope Brockley Clinic Parent

6 Chairman's Letter

This has been my first full year as Chair of Trustees since taking over the role back in September 2021, and what a year it has been for Growing Hope Brockley. I said last year how blessed I felt to be a part of such a wonderful charity, a feeling that has since grown and grown over the last 12 months.

“

“We’ve continued to see and hear so many great stories from the families involved with Growing Hope Brockley and I’ll keep expressing my thanks to God for allowing us to continue to aid more and more children and their families.”

This year Growing Hope Brockley has become a multi-award-winning charity, which, in its second year of operation, is a phenomenal achievement, having won awards at both the Southwark Faith and Beliefs Awards and London Faith and Beliefs Awards. A huge thank you to the Faith and Belief Forum judges who have identified the importance and value of the work being done through Growing Hope Brockley, and yet again thank you to St Peter’s Church, Brockley who have continued to provide a home for us, and to the Growing Hope National charity who continue to give their support and guidance as we mature as a charity.

I’d like to thank our Board of Trustees who have been absolutely outstanding this year with their volunteering involvements going way above the call of duty of the role. They have all served Growing Hope Brockley so well and have been vital in helping it achieve so many successes.

All of these thanks wouldn’t be possible to give if it was not for our Clinic Manager, Shaaron O’Driscoll. Her dedication to Growing Hope Brockley and the children and families it serves is second to none, so thank you Shaaron so much for all you give to making this charity the beacon of hope that it is to so many.

Finally, I’ll reiterate my thanks to God. He really does hear and answer our prayers. In my letter last year, we asked for prayer for financial provision, and this was answered in abundance time and time again.

We’ve seen very generous donations from so many donors, some as one-off gifts, others contributing to various fundraising events over the year including our Spring Ball and the Big Give Quiz. On a personal note, I’d like to say a massive thanks to all who sponsored me to run the London Marathon again this past October.

I invite you to join me in prayer for further provision, for funding and for volunteers as we strive to help the growing list of children being referred to our clinic.

Yours sincerely,

Nick Steels
Chair of Trustees



Trustees' Report

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The Board of Trustees presents its report and financial statements for the year 1 January 2022 - 31 December 2022 together with the Independent Examiner's Report. Growing Hope Brockley was registered with the charity commission as a CIO on 23 March 2020, charity number 1188708. The current trustees are Nick Stevenson-Steels, Liz Morgan, Lynne Wilkinson and Tinashe Mokoni.

Growing Hope Brockley continues to provide free therapy services for children and young people with additional needs and their families living in Lewisham and Southwark. Our aim is to provide a holistic service which supports parents, carers and siblings - as well as the children and young people themselves. Details of our charitable objectives (page 10) and impact and outcomes (page 12 onwards) are found in greater depth within this report.

We are confident that Growing Hope Brockley has carried out its charitable objectives in 2022 and acted in the interests of the public benefit. We have referred to the Charity Commission's guidance on reporting on public benefit when preparing this annual report. In October 2022 Imani McEwen stepped down as a trustee, and we would like to thank Imani for her service and dedication to Growing Hope Brockley.

Growing Hope Brockley provides intervention and support to children and families in need, regardless of income. These services are provided by one member of staff and one volunteer (registered healthcare professionals). In the future, services may also be provided by further volunteers and freelancers where necessary, in accordance with charity policy and standards of good practice. We have many non-clinical volunteers without whom we would not have been able to run Growing Hope Brockley in 2022, and we are extremely grateful for their support.

In particular we would like to thank Shaaron O'Driscoll, Clinic Manager, who has gone above and beyond in enabling Growing Hope Brockley to be a success and to support many children, young people and families across Lewisham and Southwark.

Yours sincerely,

Lynne Wilkinson
Liz Morgan
Nick Stevenson-Steels

*Nick Stevenson-Steels, Liz Morgan,
Lynne Wilkinson and Tinashe Mokoni*

This year we have:

- supported 127 children, siblings, parents and carers through therapy and training.
- raised £74,606 to grow hope in the lives of people in Lewisham and Southwark.

8 Clinic Manager's Letter

Over the past 12 months, we have had the privilege to support even more children and young people at our clinic through therapy sessions, as well as support for their families including courses for parents and carers.

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“I am also thankful for each of our trustees who have volunteered their time, energy and resources to make sure that Growing Hope Brockley has continued to thrive.”

This year alongside occupational therapy, we were able to offer music therapy in our clinic. This was of huge benefit to the children that were able to access it and was amazing to see the progress made by the children.

I have remained grateful for the continued support, encouragement, and prayers from the staff team at St Peter's Church, Brockley, who support our vision to support children and families in the local community and to make church a place that is welcoming and accessible to all. I am also thankful for each of our trustees who have volunteered their time, energy and resources to make sure that Growing Hope Brockley has continued to thrive.

This year, some of our highlights have been our continued partnerships with other local services to help us to support our families more effectively during these difficult times, as well as the new partnerships made, including with Space for Change. Another highlight has been Growing Hope Brockley being nominated for and receiving two awards from the Faith & Belief Forum for the work we do in our community as a faith-based organisation. It was amazing to see the

charity recognised for its continued work in this area and has helped inspire us for the year ahead.

My hope and prayer for the year ahead is to find creative ways to support even more children, young people and their families within our local community, and to continue to work alongside other services to be able to meet an even wider range of needs faced by the families. As a clinic, we look forward to continuing to grow hope for children, hope for families and hope in Jesus in 2023.

Yours sincerely,



Shaaron O'Driscoll
Clinic Manager



Shaaron O'Driscoll
Clinic Manager



Growing Hope Values



Hope



Community



Generosity



Innovation




Courage


10 Objectives

In accordance with its charity constitution, Growing Hope Brockley has sought to achieve the following aims and objectives in the year dated 1 January 2022 to 31 December 2022.

The advancement of health and wellbeing for the public benefit by the provision of a therapy clinic run in accordance with Christian principles for children and young people (0-18) with additional needs and their families living in the Lewisham and Southwark area. In particular, but not exclusively, by:

 registered healthcare professionals providing assessment, advice and intervention, and other services as the trustees see fit.

 provision of sibling, parent and carer support groups and courses, and other services as the trustees see fit.

 the advancement of the Christian faith through the opportunity to engage in conversation about faith and spiritual wellbeing and to receive prayer, and other such invitations as the trustees see fit.



Hope for Children:

We have provided free occupational therapy, integrative therapy and music therapy in the St Peter's Brockley church building. We have worked on individualised goals to support children and families in the areas of greatest need.



Hope for Families:

We have provided two When Dreams Change groups for parents processing the experience of having a child with additional needs, and one Siblings Group to support siblings of children with additional needs.



Hope in Jesus:

We have supported families of children with additional needs to access church services and feel a part of the St Peter's Brockley community. We continue to provide the opportunity for families to participate in prayer at the end of their clinic session.

We've provided direct therapy for 44 children.




84% of therapy goals set with children were achieved.



80 parents supported through courses and support groups.



A woman with short dark hair and glasses, wearing a grey sweater, is smiling and looking down at a young girl. The girl is sitting on the floor, wearing a light pink sweater and blue jeans, and is smiling while playing with small wooden rings. A large blue exercise ball is on the floor next to them. In the background, another woman with long brown hair is smiling. The room has colorful walls and shelves with various items.

16.6%
of children in
England have an
additional need¹

46%
of disabled children's
siblings are socially
isolated²

54%
of parents are
experiencing a
delay in accessing
therapy³

12 Hope for Children

In 2022 we worked with 44 children on a one-to-one or group basis.

Each child received an assessment and then a four to six week block of weekly intervention sessions to support them in reaching their therapy goals. Various therapy services have been provided in the year by our therapists:

 **Shaaron O'Driscoll** (occupational therapist) our Clinic Manager.

 **Aislinn Jeffers** (trainee Integrative Child Counsellor) who regularly volunteered from September 2021 until May 2022.

 **Nikkola Thornton** (music therapist) who regularly volunteered from October 2021 until December 2022.

 **Anna Frasilho** (occupational therapist) who has been regularly volunteering since June 2022.

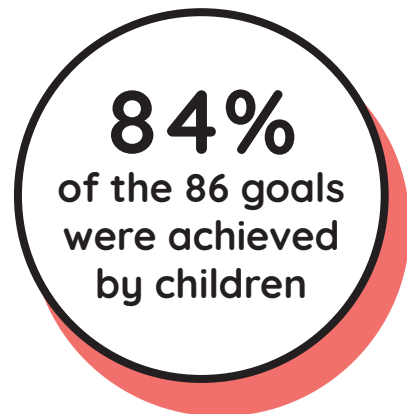
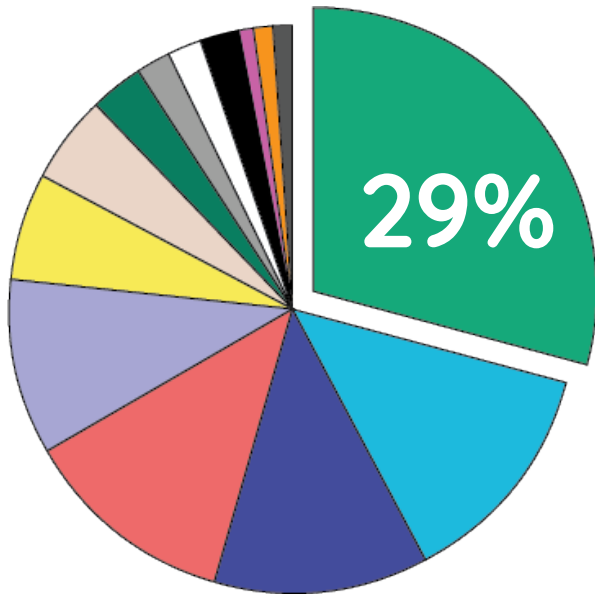
Outcome Measures

At Growing Hope we are committed to providing a high quality of clinical services and therefore we place a high importance on our outcome measurement. We use a combination of non-standardised feedback forms and a standardised measure, the Goal Attainment Scale (GAS).⁴ GAS is an outcome measure that is commonly used in research to show the effectiveness of therapy services.⁵ GAS enabled us to set three goals for each child and young person in a conversation between themselves, their parents and the therapist. These goals follow 'SMART' goal standards: Specific, Measurable, Achievable, Realistic and Timely. Each goal is designed to be achievable within the block of sessions a child is undertaking.

Outcomes

Every child was seen to make improvements over the course of their therapy sessions. Of 86 goals set within the clinic and across our groups with children and young people, 84% of therapy goals were met. Where goals weren't met, the primary reasons were parents facing challenges that prevented them from carrying out activities with the child at home, or that the family were unable to attend clinic on several occasions. A core value of Growing Hope is equipping parents to incorporate their child's goals into their everyday life; this often leads to high success in therapy.





- Emotional Regulation**
- 25 goals / 29%
- Attention and Listening**
- 11 goals / 13%
- Dressing**
- 10 goals / 12%
- Mark Making and Writing**
- 10 goals / 12%
- Co-ordination, Walking and Strength**
- 9 goals / 10%
- Social Skills**
- 5 goals / 6%
- Toileting**
- 4 goals / 5%
- Self-confidence and Identity**
- 3 goals / 3%
- Speech and Communication**
- 2 goals / 2%
- Eating**
- 2 goals / 2%
- Self-expression**
- 2 goals / 2%

- Communication and Social Interaction**
- 1 goals / 1%
- Self-awareness**
- 1 goals / 1%
- Anxiety Management**
- 1 goals / 1%



Andrew's Story and Occupational Therapy

Andrew is a 4-year-old boy who was referred to the clinic by his mother after she found the details of our services online. She reported that she was having difficulties managing his behaviour and struggled with his poor communication. Andrew is diagnosed with Autism.

As Andrew was not able to participate, two goals were agreed with his mother: to sit at a table for an adult-led task for one minute with visual and verbal prompts and a familiar routine, and for Andrew's mother to have strategies to better manage his behaviour at home and in the community.

Andrew attended a block of six sessions where we worked on the agreed goals. Andrew achieved his attention goal even better than expected. He was able to sit for up to five minutes while completing adult lead tasks. Andrew's mother also achieved her goal and had strategies that helped them to go on the bus without Andrew getting upset and to manage situations at home and when out in the community. To achieve this, she used a range of strategies and had a better understanding of Andrew's needs.



“

“I'm very grateful because we met and you helped me to understand Andrew and his needs! I remembered how desperate I was that time when I wrote that message to you! And then you helped me with Andrew and prayed for him! I learned many tips from you!” - Andrew's mother

We believe that the families of children with additional needs require support and care too so we provide a range of support groups and courses.

“

“What Growing Hope is doing for families is truly amazing. We have learnt so much in the last month. So much progress has been made.”

- Parent Training Attendee

When Dreams Change

When Dreams Change enables parents to have the opportunity to reflect on their experience of their hopes and dreams having to change because of their child's additional needs. We ran the course twice this year for a total of 5 parents and carers. The course was developed by Heather Graham (counsellor) and Naomi Graham (occupational therapist) in 2019. Both instances of running When Dreams Change were met with extremely positive feedback, with several parents reporting how valuable they had found it to be able to process some of their emotions and share their feelings. We will run the course three times in 2023.

The Goal Attainment Scale^{4&5} is used to measure outcomes of the When Dreams Change course. Across all the courses run this year, 100% of the goals set were met. The course aimed to enable parents to achieve the following:



reflect on their own experience and map out and share with the group the core emotions they are experiencing at the moment.



reflect on their own support network and share with the group one way in which they can draw upon this.



reflect on their own dreams and share with the group one small step they may take towards these.



Parent and Carer Training Sessions

Throughout the year, Shaaron has run 5 practical training sessions for parents and carers. These sessions have taken place online and are free to attend. Over 30 parents have attended these sessions. Topics have included sensory processing, selective feeding and independence skills. These sessions have been very popular with parents and carers. In 2023, we will offer 10 sessions in partnership with Growing Hope National.

“Shaaron is a great teacher who is empathetic and patient in explaining the mechanics behind sensory sensitivity and how to deal with it.”

“The sessions really made a difference for our whole family, not just our daughter. It gave us a common language we could use to talk about the things our daughter was experiencing and tactics we could all use. It felt like a very safe, welcoming and non-judgemental space and our therapist really put our daughter at ease and connected with her on her level.”

Siblings Group

We ran the course once this year for a total of 3 siblings.

The Goal Attainment Scale^{4&5} is used to measure outcomes of the Siblings Group. Across the course that was run this year, 100% of the goals set were met. We will run the Siblings Group three times in 2023. The course aims to enable children to explore and share some of their experiences and feelings of being a sibling of a child with additional needs. The group uses puppet, art and movement activities to help children think through scenarios and relay their own experiences.



At Growing Hope Brockley we believe that Jesus brings hope into everyone's lives, that God has created every individual fearfully and wonderfully and that they are of value to him. Our Christian values have underpinned the work we have done both in the clinic and in schools over the past year.

We welcome all individuals to the clinic, whatever their faith or background. During this year 19% of the families we have supported have no faith, 6% are from a Muslim background, 4% are from a Catholic background and 53% are from a Christian background. Each week within therapy sessions, we offer to pray for people if this is something they would like to do. Some families have declined the offer of prayer, but many have accepted it. Across the year we have had conversations with families who have asked questions about faith and the hope that Jesus can bring. We've also been able to pray for families along the therapy journey, and this appears to have helped families to stay hopeful and confident. It has been a privilege to be able to extend the hope that Jesus can bring to the families who have come to the clinic. On several occasions we have been able to pray with both children and parents facing challenging times, to walk alongside them and speak hope into their challenges.



“One of my favourite verses from the Bible is according to Jeremiah 29:11 which has the word hope in it - ‘For I know the plans I have for you,’ declares the Lord, ‘plans to prosper you and not to harm you, plans to give you hope for a future.’ I think that is what Growing Hope is helping me and Ranan with. It’s giving us a hope for the future because it’s quite overwhelming for a parent when a child receives their diagnosis.”

- Growing Hope Brockley Clinic Parent

“I feel like we can use your advice every day, and it is helping us all as a family to work through different situations. The approach you take is so kind and so responsive... Each time we leave with your advice and your prayers, and really like both. Thank you for all of your time and advice.”

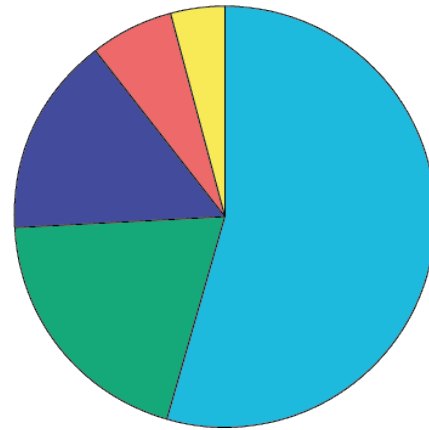
- Growing Hope Brockley Clinic Parent

Who We Support

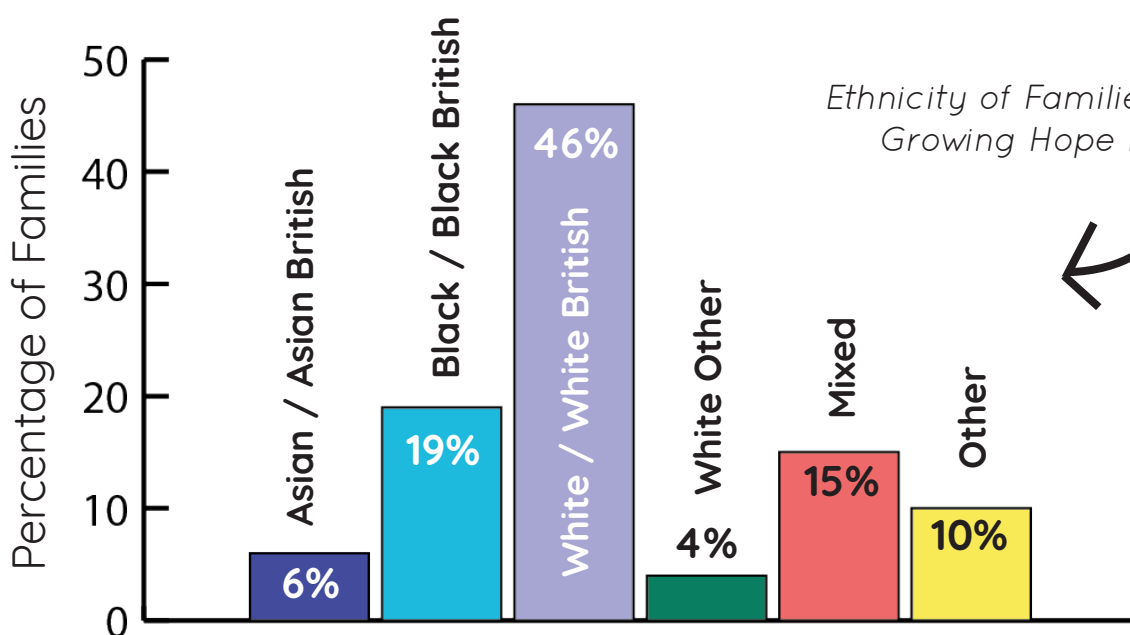
We support children, young people and families from a range of backgrounds and circumstances.

53% of families were receiving some kind of benefit or income support such as free school meals, universal credit or disability living allowance. At Growing Hope Brockley, we endeavour to offer a service that is open to all individuals irrespective of their background, and reach those who are experiencing the most pressing challenges. We feel these demographics demonstrate that over the last year we have been helping to assist those in critical need of support. At Growing Hope, we are accepting of all and want everyone to know they are seen, heard and belong.

Parents and carers are given the opportunity to complete demographic information to help us to understand more about individuals who are using our services. The below infographics demonstrate the characteristics that individuals have ticked when completing the forms.



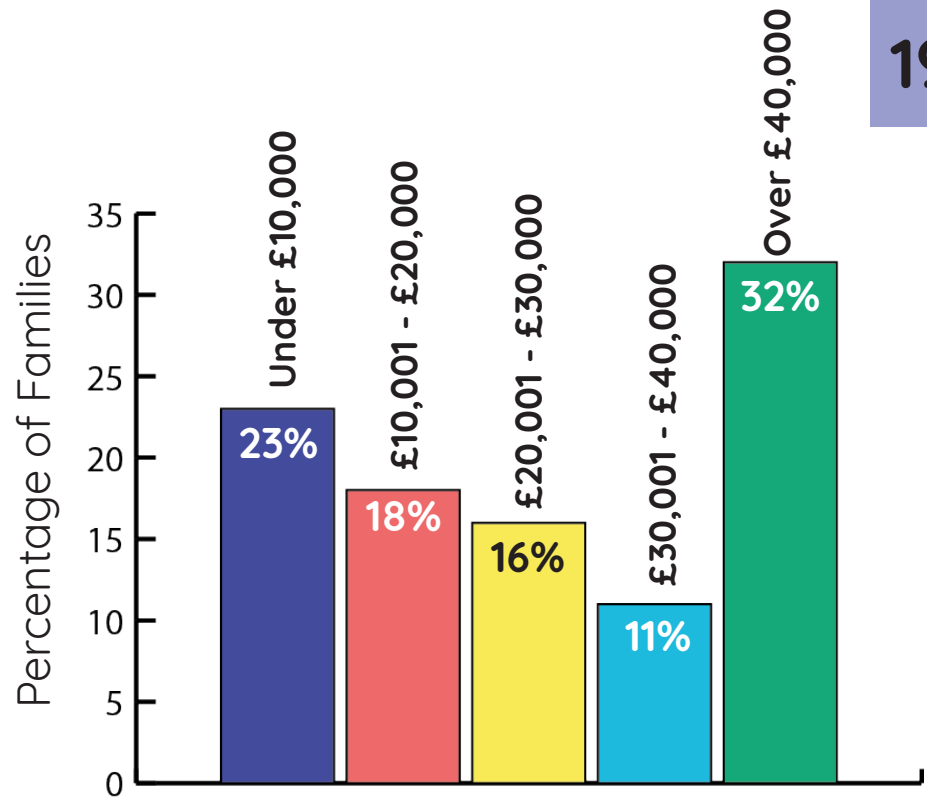
Religion of Families Attending Growing Hope Brockley



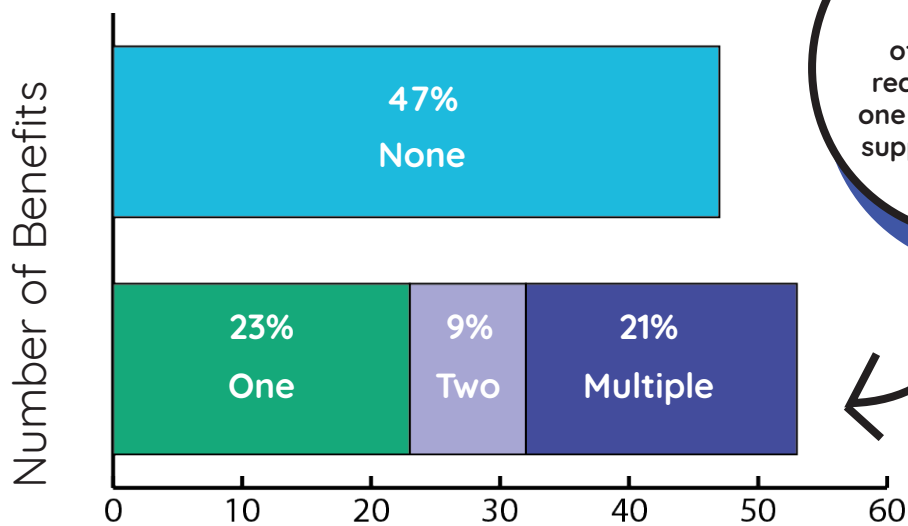
Ethnicity of Families Attending Growing Hope Brockley

57%

of families have a household income that is below the UK median of £31,400⁶



Household Income for Families Attending Growing Hope Brockley



Household Benefits for Families Attending Growing Hope Brockley

53%
of families are receiving at least one type of income support or benefit.

20 Volunteers

Volunteers play a big part in enabling Growing Hope Brockley to operate. The trustees and clinic manager would like to say a big thank you to each and every individual who has supported Growing Hope Brockley in the past year.

Including the trustees, we have 11 regular volunteers who give up hours of their time on a monthly or periodic basis. We also have 13 volunteers who have supported us at one-off events or through providing childcare in order for us to run our groups for families. The trustees also want to recognise the role of our partnership church, St Peter's Brockley, in facilitating this level of support and volunteering. Without the church community, Growing Hope Brockley would be unable to continue to support children, young people and families. We particularly want to thank Nikkola Thornton for all her work as a music therapist; Anna Frasilho for volunteering her time as an occupational therapist; Karla Ramirez, international student, for providing three months of admin support; and Isaac Morgan for running a stand at the Brockley Open Studios Christmas fair.

Sunday Volunteers

This year we have seen six Growing Hope families attend church services or events. The St Peter's kids team have received briefing and training as to how to support children with additional needs within a church setting and accessibility is core to the kids ministry provided. Each session includes visual schedules, fidget toys, opportunities for movement, a multisensory story and prayer activities so children, whatever their needs, can engage and participate. The trustees want to thank St Peter's Church who have enabled Growing Hope's provisions to thrive on a Sunday.

Event Volunteers

Our one-off volunteers for our events have been so valuable in enabling these initiatives to be as successful as they have been. We are extremely grateful to everyone who offers up their time to serve at these events.

Due Diligence

All regular volunteers provide two references, and any volunteer who works with children provides two references and completes a DBS check. Regular volunteers have a volunteer agreement which is in no way legally binding, but helps Growing Hope Brockley and the volunteer to agree the role in which they volunteer.



Sarah's Story and Occupational Therapy



Sarah was referred to Growing Hope Brockley due to difficulties at home and school resulting from anxiety and difficulties managing her emotions. Sarah has a diagnosis of dyslexia.

On assessment, Sarah said that she found school 'hard' and struggled with lessons and needing to have a reduced timetable and 1:1 support. She stated that at home she had some difficulties tying up her hair, settling herself to sleep at night, and regulating her emotions when upset.

Sarah attended occupational therapy sessions with a parent present. Sarah felt that the main focus of the block of therapy was for her to learn sensory tools to manage her anxiety and fluctuating emotions. In the sessions, Sarah and her parents learnt about emotional states and how we move from one state to another. We trialled sensory and cognitive strategies which Sarah and her parents were able to practise at home and at school. Each week, we discussed any tough scenarios that Sarah had navigated, and we explored healthy ways of responding that she was then able to put into place when she needed to.

Sarah achieved all three of her goals by the end of her six sessions. She told us that she felt better equipped for managing her emotions, and her parents were aware of strategies to suggest in difficult situations. It was a pleasure to work with Sarah and her parents.

22 Financial Review

The trustees present an overview of the charity's finances for the period: 1 January 2022 - 31 December 2022. Growing Hope Brockley currently runs with both restricted and unrestricted funding. Funds left in reserve at the end of the financial period: £45,130.

We received an income of £74,606:

- £7,962 regular giving
- £13,121 one-off gifts
- £4,513 gift aid
- £11,659 donations from other organisations
- £13,500 grants
- £23,851 fundraising, campaigns and events

We had an expenditure of £55,979:

- £1,254 office and admin costs
- £135 clinic expenses
- £4,189 fundraising costs
- £44,401 salaries and HR
- £6,000 Giving to Growing Hope National

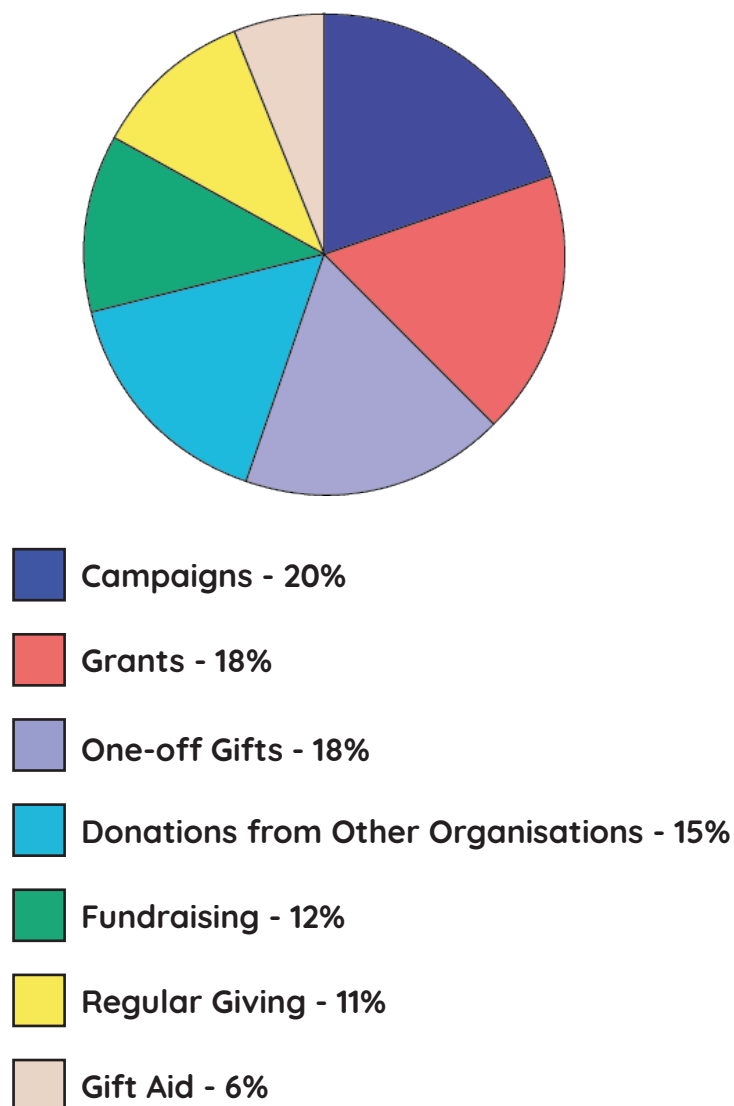
This is in line with expectations for the end of our financial year, and is enough funding to continue to run sustainably. Throughout the year Growing Hope Brockley has continued to fundraise with a Spring Fundraiser and other events such as a 'Big Quiz' during the Big Give week. The trustees are confident that there is going concern to continue the charity for the year ahead.

Management of Financial Risk

We aim to hold at least three months of our outgoings in reserve. We raise our income through regular giving, fundraising events and grants. We aim to increase regular giving in order to have further sustainable finances to enable us to provide our therapy services. The financial statements have been prepared

in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102. The full financial statements are found at the end of this report.

Types of income received by Growing Hope Brockley



The trustees take risk management seriously and have identified the following risks and put in place processes to mitigate them.

Financial Risk:

- Hold three months' finances in reserves.
- Organise monthly fundraising meetings and plans.
- Regular finance updates for local clinics prepared by our Finance Officer.
- Follow policies and procedures outlined by Growing Hope National charity.

IT Security and Protection:

- Follow data protection policy provided by Growing Hope National charity.
- Files accessed on a needs basis within Google Drive.
- Encrypted clinic software (Canopy) for all clinical notes.
- All computers password protected.
- All reports and appointment letters sent to families are password protected.

Safeguarding:

- All trustees have an up-to-date DBS.
- Any volunteers and/or staff and freelancers are recruited via safer recruitment and have undergone referencing and DBS checks.
- All volunteers and staff are aware of safeguarding policy and procedures.

Health and Safety:

- Follow health and safety policy outlined by Growing Hope National charity.
- Public liability insurance is in place.
- Day-to-day risk assessments are carried out by all staff and volunteers within their roles.

Compromising Christian Identity and Values:

- Hope in Jesus continues to be core to the charity's messaging.
- Everyone is welcome regardless of their background.
- Each family who attends the clinic has the opportunity to choose to participate in prayer.

Supporter Engagement and Fundraising

This year generous individuals and organisations gave a total of £74,606 to grow hope in the lives of people in Lewisham and Southwark.

Trustees and members of the Growing Hope Brockley team spent time applying for grant funding, thanking regular givers and continuing to create opportunities for individuals to give regularly.

Big Give

We were also still able to raise £14,758 through our Big Give campaign. We received several generous donations from individuals who have committed to pray and support Growing Hope Brockley - you know who you are and we are so grateful for your gifts which enable us to support children and their families.

Other Fundraising

In April we hosted our fundraising dinner, where we raised £7,512 thanks to our generous guests and supporters. Also, we would like to say a huge thank you to Nick Stevenson-Steels for raising over £1,200 by running the London Marathon in October 2022.

Grants and Trusts

We have also received several generous donations from trusts and grant providers. We would like to thank Benefact Trust, The Jerusalem Trust, Faith and Belief Forum, The Childwick Trust, ShareGift and London Catalyst for supporting us by funding our therapy services. With their support, we have been able to continue to provide therapy for children

with additional needs in Lewisham and Southwark.

Partnerships

We would like to thank Space For Change for their support, who have partnered with us this year and supported us financially to enable us to support more children.

Grants received:

- Benefact Trust - £3,000
- The Jerusalem Trust - £2,500
- Faith and Belief Forum - £500
- ShareGift - £2,500
- The Childwick Trust - £3,000
- London Catalyst - £2,000



The Jerusalem Trust

London ♦ Catalyst



THE
CHILDWICK
TRUST

Structure, Governance and Management

Growing Hope Brockley is a registered charity in England and Wales, and is run in accordance with its charity constitution. Growing Hope Brockley works in partnership with St Peter's Brockley and Growing Hope National.

As a CIO, if Growing Hope Brockley is wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities. The trustees also hold Trustee Indemnity insurance of £100,000 for Executive Risks. Insurance is provided via Growing Hope National (Policy number CC009583).

Employees

Shaaron O'Driscoll has continued to provide therapy for Growing Hope Brockley over the last year. Shaaron attends Growing Hope Brockley Trustee meetings but is not party to any decisions regarding her salary or employment.

Governance and Partnerships

Growing Hope Brockley is a CIO that runs in partnership with Growing Hope National. It is Growing Hope's second clinic and launched in October 2020. Growing Hope Brockley receives governance, policy, insurance, clinical supervision and training from the National charity. It provides financial reports to the National charity and, with parental consent, shares stories from the clinic. Growing Hope Brockley also partners closely with its local partnership church, St Peter's Brockley, where the Clinic Manager Shaaron O'Driscoll is part of the staff team. St Peter's provides pastoral care for Shaaron.

Trustees

Growing Hope Brockley's trustees are members of the CIO and appointed by a resolution at trustee meetings. They are responsible for governance of Growing Hope Brockley, ensuring it is meeting its charitable purposes.








26 The Year Ahead

We are delighted with how the charity has continued to grow and reach more children and families in 2022. We are looking forward to continuing to grow our services and see the positive impact of our work on the lives of children, young people and their families.

A key aim of the trustees is to maintain our fundraising income through grant applications, events and campaigns. We also endeavour to keep our current staff in position and expand our services as finances allow.

For the next year we have set ourselves these goals:

-  **SERVICES** to continue to expand our services as finances allow.
-  **LOCALITY** to reach more families living in Lewisham and Southwark.
-  **FUNDRAISING** to increase fundraising income through regular giving, grants and supporter engagement.
-  **CONNECTIONS** to continue to build relationships with other local services and schools.
-  **CHURCH** to see more families that come through the clinic find home in church community.

Annual Report References:

1. Gov.UK. 2022. Special educational needs in England. [Online]. [16 June 2022]. Available from: <https://explore-education-statistics.service.gov.uk/find-statistics/special-educational-needs-in-england>
2. Disabled Children's Partnership, 2022. *Left Behind – Six Months On*. [Online] Available at: <https://disabledchildrenspartnership.org.uk/wp-content/uploads/2022/03/Left-Behind-6-months-on-DCP-Report-2022.pdf> [Accessed 11 Jan 2023]
3. Disabled Children's Partnership, 2022. *Left Behind – Six Months On*. [Online] Available at: <https://disabledchildrenspartnership.org.uk/wp-content/uploads/2022/03/Left-Behind-6-months-on-DCP-Report-2022.pdf> [Accessed 11 Jan 2023]
4. Ruble, L., McGrew, J.H., Toland, M.D. (2012) Goal Attainment Scaling as an Outcome Measure in Randomized Controlled Trials of Psychosocial Interventions in Autism. *Journal of Autism and Developmental Disorders* 42(9): 1974-1983.
5. Cox, R., Amsters, D. (2002) Goal Attainment Scaling: An Effective Outcome Measure for Rural And Remote Health Services. *Australian Journal of Rural Health*. 10(5): 256-261.
6. ONS., 2021. Average household income, UK: financial year 2021. [Online]. [28 March 2022]. Available from: <https://www.ons.gov.uk/peoplepopulationandcommunity/personalandhouseholdfinances/incomeandwealth/bulletins/householddisposableincomeandinequality/financialyearending2021>

Growing Hope
Reference and administrative details
For the year 1 January 2022 – 31 December 2022

Trustees:

Nicholas Stevenson-Steels appointed 21 September 2021
Imani McEwan appointed 21 May 2021, stepped down 4 October 2022
Elizabeth Morgan appointed 21 September 2021
Lynne Wilkinson appointed 7 December 2021
Tinashe Mokoni appointed 7 December 2021

Key Management Personnel:

Shaaron O'Driscoll, Clinic Manager

Registered Principal office:

St. Peter's Church, Wickham Road, London SE4 1LT

Charitable Incorporated Organisation (CIO) number:

1188708

Bankers:

NatWest 135 Bishopsgate London EC2M 3UR

Independent Examiner:

Nicola Ainscough, FCA

Growing Hope Brockley Independent Examiner's Report to the Trustees

For the year 1 January 2022 to 31 December 2022

I report to the charity trustees on my examination of the accounts of the charity for the period 1 January 2022 to 31 December 2022 which are set out on pages 31-36.

Responsibilities and Basis of Report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed



Nicola Ainscough FCA
Equilibrium Accountants Ltd,
48 Goodramgate,
York,
YO1 7LF

16 February 2023

Statement of Financial Activity				
Note	Unrestricted Funds	Restricted Funds	TOTAL FUNDS	TOTAL FUNDS
		2022		2021
	£	£	£	£
INCOME FROM:				
Voluntary Income	37,255	0	37,255	24,974
Grant Income	3,000	10,500	13,500	6,725
Activities for Generating funds	23,851	0	23,851	6,106
TOTAL INCOME	64,106	10,500	74,606	37,805
EXPENDITURE ON:				
Raising Funds	4,189	0	4,189	198
Charitable Activities	48,790	3,000	51,790	35,392
TOTAL EXPENDITURE	52,979	3,000	55,979	35,590
NET INCOME/(EXPENDITURE) BEFORE TRANSFER OF FUNDS				
	11,127	7,500	18,627	2,215
Gross transfer in funds out	0	0	0	0
Gross transfer in funds in	0	0	0	0
NET MOVEMENT IN FUNDS	11,127	7,500	18,627	2,215
Balances brought forward at 1 January 2022	26,503	0	26,503	24,288
BALANCES CARRIED FORWARD AT 31 DECEMBER 2022	37,630	7,500	45,130	26,503

Balance Sheet as at 31st December 2022

	Note	2022 £	2021 £
FIXED ASSETS			
Clinic Equipment	4	794	1,589
		794	1,589
CURRENT ASSETS			
Bank Account		44,408	25,942
Other Debtors	5	0	2,000
		44,408	27,942
LIABILITIES - Creditors due within one year			
Creditors due within one year		(72)	(3,028)
Total Creditors due within one year	6	(72)	(3,028)
NET CURRENT ASSETS		44,336	24,914
NET ASSETS		45,130	26,503
RESERVES			
Surplus for the year		18,627	2,215
Brought Forward Balance		26,503	24,288
		45,130	26,503
FUNDS			
Unrestricted		37,630	26,503
Restricted		7,500	0
	7	45,130	26,503

The financial statements were approved by the Board of Trustees on: 16 February 2023

Approved by and signed on its behalf by:

Nicholas Stevenson-Steels
Chair of Trustees



Tinashe Mokoni
Trustee



Growing Hope Brockley
Notes to the Financial Statements
For the year 1 January 2022 to 31 December 2022

1. Accounting Policies

Incorporation

Growing Hope Brockley was registered in England and Wales with the Charity Commission as a CIO Foundation on 23 March 2020. These financial statements are for the period 1 January 2022 to 31 December 2022.

Basis of Preparation

The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The Charity is a public benefit entity for the purposes of FRS 102 and therefore the charity also prepared its financial statements in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102 Charities SORP) and the Charities Act 2011.

The financial statements are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest pound.

The financial statements are prepared under the historical cost convention.

The principal accounting policies adopted in the preparation of the financial statements are set out below.

Going Concern Basis

The trustees have assessed whether the use of going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charity to continue as a going concern. The trustees have made this assessment for a period of at least one year from the date of approval of these financial statements. In particular, the trustees have considered the charity's forecasts and projections and have taken account of pressure on income. After making enquiries, the trustees have concluded that there is a reasonable expectation that the charity has adequate resources to continue in operations existence for the foreseeable future. The charity therefore continues to adopt the going concern basis in preparing financial statements.

Income

Income is recognised in the period which it was receivable. Also included is the estimated value of gifts in kind and goods or services donated to the charity where the amounts are material, readily quantifiable and measurable. Such estimates are based on the market price the charity would otherwise have paid.

Expenditure

Direct charitable expenditure comprises all expenditure relating to the activities carried out to achieve the objectives.

Expenditure is allocated directly to the expenditure headings as far as practically possible to reflect the activities of the charity. Support costs have been allocated to the activities based on employee time spent on that activity.

Expenditure is included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered. Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party; it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Fund Accounting

Restricted funds are subject to restrictions imposed by the donor. These are accounted for separately from unrestricted funds. The movements on restricted funds in the period 1 January 2022 to 31 December 2022 are shown in note 7 to the accounts.

Unrestricted funds are those which are not subject to restrictions, and any surpluses may be applied in furtherance of any of the charity's objectives.

Cash and Cash Equivalents

Cash and cash equivalents include cash at banks and in hand and short-term deposits with a maturity date of three months or less.

Debtors and Creditors

Debtors and creditors receivable or payable within one year of the reporting date are carried at their transaction price. Debtors and creditors that are receivable or payable in more than one year and not subject to a market rate of interest are measured at the present value of the expected future receipts or payment discounted at a market rate of interest.

Tangible Fixed Assets and Depreciation

Tangible fixed assets costing less than £500 are not capitalised and are written-off in the year of purchase. Depreciation is provided so as to write off the cost of the fixed assets over their estimated useful lives. A full year's depreciation is charged in the year of purchase. Depreciation is charged at the following annual rates:

Computer and Office Equipment:	4 Years straight line
Clinic Equipment:	4 Years straight line

Pension

The charity operates a defined contribution stakeholder pension scheme. The assets of the scheme are held separately from the charity.

Critical Accounting Estimates and Areas of Judgement

The annual depreciation charge for property, plant and equipment is sensitive to change in useful economic life and residual values of assets. These are reassessed annually.

In the view of the trustees in applying the accounting policies adopted, no other judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

2. Income

	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	2022	2022		2021	2021	
	£	£	£	£	£	£
Voluntary Income	37,255	0	37,255	24,974	0	24,974
Regular Giving	7,962	0	7,962	2,423	0	2,423
One Off Giving	13,121	0	13,121	10,727	0	10,727
Gift Aid	4,513	0	4,513	1,824	0	1,824
Donations from other Organisations	11,659	0	11,659	10,000	0	10,000
Grant	3,000	10,500	13,500	725	6,000	6,725
Grants	3,000	10,500	13,500	725	6,000	6,725
Fundraising Income	23,851	0	23,851	6,106	0	6,106
Growing Hope Fundraising Night	7,512	0	7,512	1,638	0	1,638
Campaigns	14,758	0	14,758	2,852	0	2,852
Marathon	1,243	0	1,243	1,616	0	1,616
Consultancy	338	0	338	0	0	0
TOTAL INCOME	64,106	10,500	74,606	31,805	6,000	37,805

3. EXPENDITURE

	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	2022	2022		2021	2021	
	£	£	£	£	£	£
Office and Administration Costs	1,254	0	1,254	1,911	0	1,911
Advertising/Promotion	0	0	0	70	0	70
Postage, Printing , Stationery	296	0	296	287	0	287
Depreciation	795	0	795	1,412	0	1,412
Travel	0	0	0	7	0	7
Phone	130	0	130	100	0	100
Equipment not Capitalised	0	0	0	35	0	35
Office Expenses	33	0	33	0	0	0
Clinic Expenses	135	0	135	229	0	229
Assesment Tools/Clinic Equipment	110	0	110	89	0	89
DBS	23	0	23	47	0	47
Volunteer Hospitality	2	0	2	93	0	93
Fundraising Costs	4,189	0	4,189	198	-	198
Cost of Fundraising	4,189	0	4,189	198	0	198
Contribution to Other charities	6,000	0	6,000	0	0	0
Donation to Growing Hope	6,000	0	6,000	0	0	0
Salaries and HR	41,402	3,000	44,402	27,252	6,000	33,252
Wages and Salaries	37,666	3,000	40,666	24,997	6,000	30,997
Employer Costs	2,033	0	2,033	1,864	0	1,864
Freelance	385	0	385	0	0	0
Finance and HR	1,140	0	1,140	381	0	381
Staff Training	177	0	177	10	0	10
Total Expenditure	52,980	3,000	55,980	29,590	6,000	35,590

Growing Hope Brockley
Annual accounts 1 Jan 2022- 31 Dec 2022

		Clinic Equipment
		£
4. Fixed Assets	Actual Cost	
	At 1 January 2022	3,178
	At 31 December 2022	3,178
Depreciation	At 1 January 2022	1,589
	Charge for the year	795
	At 31 December 2022	2,384
Net Book Value	At 1 January 2022	1,589
	At 31 December 2022	794

5. Debtors	2022	2021
	£	£
Other debtors and accrued income	0	2,000
Total	0	2,000

6. Creditors (amounts falling due less than one year)	2022	2021
	£	£
Creditors falling due within one year	72	3,028
Total Current Liabilities	72	3,028

7. Analysis of Assets by Fund

	Unrestricted Funds	Restricted Funds	TOTAL FUNDS
	£	£	£
Cash & Deposit Balances	36,908	7,500	44,408
Fixed Assets	794	0	794
Total Assets	37,702	7,500	45,202
Current Liabilities	(72)	0	(72)
	37,630	7,500	45,130

8. Staff

No employee was paid at the rate of more than £60,000

Growing Hope Brockley
Annual accounts 1 Jan 2022- 31 Dec 2022

	2022	2021
Average employees during the period	1.0	1.0

9. Restricted Funds

Funder	Item Funded	Balance as at 1 January		Expenditure	Balance as at 31 December	
		2022	Income		2022	
		£	£		£	
The Diocese of Southwark	Project cost	0	3,000	3,000	0	
The Jerusalem Trust	Project cost	0	2,500	0	2,500	
The Childwick Trust	Project cost	0	3,000	0	3,000	
London Catalyst	Project cost	0	2,000	0	2,000	

10. Related Parties

Growing Hope Brockley received a total of £2,234 unrestricted donations from its trustees in 2022 (2021 = £404.00)

Growing Hope Brockley makes an annual donation of £6,000 to Growing Hope based on their Partnership Agreement; to support the setting up of new clinics. Growing Hope provides advice, governance and policy support, clinical supervision, and training to the clinic.

11. Fees payable to Independent Examiner

The independent examiner did not charge for their services.



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growinghope.org.uk

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Photographs: Naomi Wilde Photography, Richard Cozby, RodyCloud
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