

GROWING HOPE BROCKLEY

England & Wales · Charity number 1188708

Details

Status Registered

Legal form CIO

Registered 2020-03-23

Register [View on the Charity Commission register](#)

Contact

Address St. Peters Church
Wickham Road
London
SE4 1LT

Phone 07496528506

Email Brockley@growinghope.org.uk

Website www.growinghope.org.uk

Activities

Objects: THE ADVANCEMENT OF HEALTH AND WELLBEING FOR THE PUBLIC BENEFIT BY THE PROVISION OF A THERAPY CLINIC RUN IN ACCORDANCE WITH CHRISTIAN PRINCIPLES FOR CHILDREN AND YOUNG PEOPLE [0-18] WITH ADDITIONAL NEEDS AND THEIR FAMILIES LIVING IN THE LEWISHAM AND SOUTHWARK AREA. IN PARTICULAR, BUT NOT EXCLUSIVELY, BY:A) REGISTERED HEALTH CARE PROFESSIONALS PROVIDING ASSESSMENT, ADVICE AND INTERVENTION AND OTHER SERVICES AS THE TRUSTEES OF THE CHARITY FROM TIME TO TIME THINK FIT.B) PROVISION OF SIBLING, PARENT AND CARER SUPPORT GROUPS AND COURSES AND OTHER SERVICES AS THE TRUSTEES OF THE CHARITY FROM TIME TO TIME THINK FIT.C) THE ADVANCEMENT OF THE CHRISTIAN FAITH THROUGH THE OPPORTUNITY TO ENGAGE IN CONVERSATION ABOUT FAITH AND SPIRITUAL WELLBEING AND TO RECEIVE PRAYER AND OTHER SUCH ACTIVITIES AS THE TRUSTEES MAY FROM TIME TO TIME THINK FIT.

Activities: Growing Hope Brockley provides free therapy services for children and young people with additional needs (0-18 year olds) living in the Southwark and Lewisham boroughs. The therapy provided initially will be Occupational Therapy by the Lead Therapist & Clinic Manager. Additional therapies may be offered at a later date, such as Physiotherapy and/or Speech and Language Therapy.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, Disability, Religious Activities
- **Who:** Children/young People, People With Disabilities

Geography

- Lewisham
- Southwark

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£46,677	£57,901	-	-
2023-12-31	£52,953	£39,715	-	-
2022-12-31	£74,606	£55,979	-	-
2021-12-31	£37,805	£35,590	-	-
2020-12-31	£34,612	£10,276	-	-

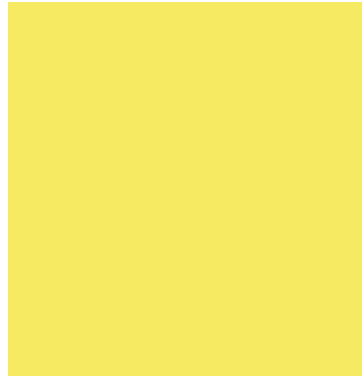
Trustees

Name	Role	Appointed
Kay Elizabeth Cutting	Chair	2026-01-22
Aliesha Telecia Girvan		2026-01-22
ELEANOR MARY ORR		2024-07-25
Kylie Den Engelsman		2024-10-15
Nikkola Thornton		2023-12-18

GROWING HOPE BROCKLEY

England & Wales - Charity number 1188708

Accounts



Growing 
 HOPE
 BROCKLEY
 ANNUAL REPORT 2024



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The Past Year

CLINIC MANAGER'S LETTER

Growing Hope Brockley officially re-opened its doors in September 2024. Through God's goodness, the unwavering dedication and support of our administrator, hard-working volunteers, a specialist therapist and trustees, we have offered free counselling, psychotherapy and occupational therapy services to the Lewisham and Southwark communities. Through our counselling services and accessible church work with children this year, we have witnessed God's grace in various ways. Through a parent consultation in the clinic, we witnessed a mother find hope for her child's increased anxiety challenges, as well as witness her obedience to the call of salvation. There are a few stories in this report that we will highlight, and we hope that you will discover the hope of Jesus and all His goodness in the work that we are doing at the Growing Hope Brockley clinic.



Kirsten Murphy, Clinic Manager, Growing Hope Brockley

CHAIR OF TRUSTEES' LETTER

Having stepped into this role in November 2023, I am honoured to reflect on a year of progress and gratitude for Growing Hope Brockley. In 2024, we celebrated key milestones, including appointing Kirsten as Clinic Manager, along with Ashlin and Tanya, whose roles have been vital to our success. The clinic's much-anticipated reopening in August has enabled us to serve families and children once again. We welcomed four new trustees—Lucy, Nikki, Eleanor, and Kylie—while thanking outgoing trustees Nick Stevenson-Steels, Rachel Catley and Tinashe Makoni for their invaluable contributions.

My deepest thanks go to Kirsten, the team, our trustees, and St Peter's Brockley for their steadfast support. Above all, we give God glory for the lives impacted this year.



Nicole Nelson Chair of Trustees, Growing Hope Brockley

CEO'S LETTER

2024 has been a year of tremendous growth for Growing Hope and it brings me such joy to see our impact in the lives of so many children with additional needs and their families. Our national team has expanded to 13 members, and I'm deeply inspired by the team and by the way that God has brought everyone together. And I'm so proud of the therapists, whose hard work, care and passion bring hope to families through our free services.

In June we launched our accessibility award for schools, which champions schools to create communities of welcome where all students can thrive. We're delighted to have opened Growing Hope Maidstone in November and look forward to launching our next clinics in Redbridge, Solent, York and Farnham in 2025.

We have seen another year of miraculous provision and incredible generosity from our supporters and donors. I want to extend our heartfelt thanks to all those who have given their time, talents and finances, which makes it possible for us to continue our mission of setting up 20 clinics by 2030, so more families can access free, life-changing therapy across the UK.



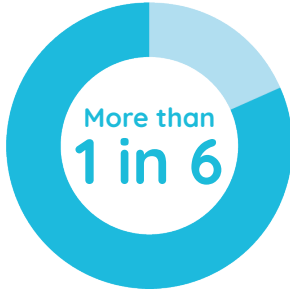
Dr Naomi Fox, Founder and CEO, Growing Hope

TRUSTEES' REPORT

The Board of Trustees presents its report and financial statements for the year 1 January 2024 - 31 December 2024 together with the Independent Examiner's Report. Growing Hope Brockley was registered with the charity commission as a CIO on 23 March 2020, charity number 1188708, 2024 was the fourth financial period of the charity. The current trustees are Nicole Nelson (Chair), Lynne Wilkinson, Lucy Dacey, Nikkola Thornton, Eleanor Orr and Kyle Van Den Engelsmen.

In September, Rachel Catley stepped down as a trustee. We would like to thank Rachel for her service and dedication to Growing Hope Brockley. Eleanor Orr and Kylie Van Den Engelsman were appointed as additional trustees in July and October respectively.

We are confident that Growing Hope Brockley has carried out its charitable objectives in 2024 and acted in the interests of the public benefit. We have referred to the Charity Commission's guidance on reporting on public benefit when preparing this annual report.



of children in England have an additional need¹



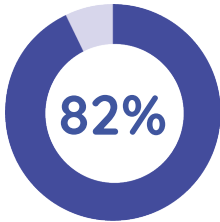
parent carers have to give up employment due to lack of support available²



siblings of children with additional needs face difficulties with their own mental health³

18 children

supported through direct therapy at Growing Hope Brockley



of GAS goals achieved by children and young people

We use a combination of non-standardised feedback forms and a standardised measure, the Goal Attainment Scale (GAS). GAS is an outcome measure that is commonly used in research to show the effectiveness of therapy services. GAS enabled us to set three goals for each child and young person in a conversation between themselves, their parents and the therapist.

6 Aims and Objectives

We are Growing Hope Brockley. We champion accessibility and provide free therapy for children and young people with additional needs living in Southwark and Lewisham, in partnership with St Peter's Brockley.



HOPE FOR CHILDREN

We bring hope to children through offering free therapy services.



HOPE FOR FAMILIES

We grow hope for families where hope has been lost due to isolation or rejection.



HOPE IN JESUS

We share hope in Jesus because He brings hope even in the most difficult situations.

In accordance with its charity constitution, Growing Hope Brockley has sought to achieve the following aims and objectives in the year dated 1 January 2024 to 31 December 2024.

The advancement of health and wellbeing for the public benefit by the provision of a therapy clinic run in accordance with Christian principles for children and young people (0-18) with additional needs and their families living in Lewisham and Southwark. In particular, but not exclusively by:

- registered healthcare professionals providing assessment, advice and intervention, and other services as the trustees see fit.
- provision of sibling, parent and carer support groups and courses, and other services as the trustees see fit.
- the advancement of the Christian faith for the public benefit through the opportunity to engage in conversation about faith and spiritual wellbeing and to receive prayer, and other such invitations as the trustees see fit.

Who's Who

This year the Growing Hope Brockley team has grown and across the year we have been joined by four volunteers who have supported our work through administrative tasks, fundraising activity and technology development.

 **Kirsten Murphy**, Clinic Manager and Educational Psychologist

 **Tanya Van Dalen**, Freelance Occupational Therapist

 **Ashlin Green**, Freelance Administrator and Accessible Lead

 **Lindsay Melliush**, Freelance Clinical Supervisor

GREY'S STORY

Grey came to Growing Hope Brockley for occupational therapy and he loved his sessions where he could play in the clinic room, especially loving the swing whilst we sang nursery rhymes with him. Grey practiced using a knife and spoon by feeding his doll some Play-Doh and by the end of the sessions he began using his cutlery at home to eat. Grey and his mother also learnt some fun games to play at home to help his overall gross and fine motor development. Grey made brilliant progress in his sessions.

Mum Vanessa said, "Growing Hope has made a difference to our life by giving Grey independence skills and our family the techniques needed to help our everyday lives. We loved our time here."



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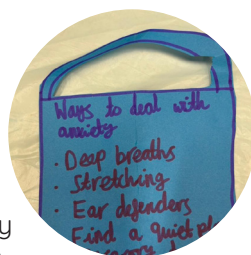
Hope for Children

- 🌿 We have provided free counselling and occupational therapy for children and young people in the St Peter's church building.
- 🌿 We have provided therapy for **18 children and young people**.
- 🌿 We have worked on individualised goals to support children and families in the areas of greatest need. Examples of goals have been emotional regulation, attention and listening, social skills, toileting, dressing and eating.
- 🌿 **82% of therapy goals have been achieved.**

JENNY & DAMEI'S STORY

Jenny and her mum Damei came to Growing Hope Brockley for counselling sessions and wanted to learn strategies to cope with Jenny's increased levels of anxiety in public spaces.

In therapy sessions, Jenny was able to identify her sources of anxiety and develop strategies, Damei can also help her use when she feels anxious. She created a bag of strategies to help her at home.



Hope for Families

We have run:

- 🌿 **27 training sessions for parents and carers**, fortnightly sessions on a variety of topics, hosted by our therapists in partnership with Growing Hope, King's Cross and High Wycombe. **375 parents and carers** have signed up to these sessions.

Hope in Jesus

We believe Jesus brings hope even in the most difficult situations. We always offer to pray for families at the end of each therapy session, several families have taken up this offer and it has been a privilege to see answers to prayer. Our Clinic Manager Kirsten also worked on a Sunday to support families to access church with the help of Growing Hope champions.

This year we have had four Growing Hope champions serving alongside children and youth ministry to help families feel welcome. This year St Peter's Church experienced a new direction in accessible church. We have documented an increase in children with additional needs in our kid's ministry program, thus a need for more volunteers and teaching that will enable them to access the Bible.

Our families feel so blessed, as the accessible team has been able to provide one-on-one support for children with moderate additional needs. We have accessible helpers in each Sunday school session, ensuring that children with additional needs are given the opportunity to participate with all other children in worshipping Jesus and accessing teaching.

Growing Hope is open to individuals of all faiths and backgrounds and there is no pressure to participate in the faith aspects of our service.

DYLAN'S STORY

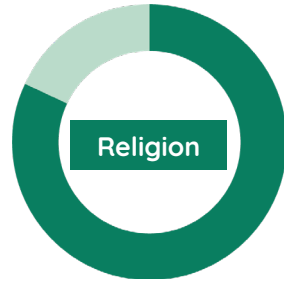
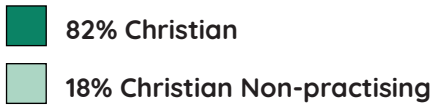
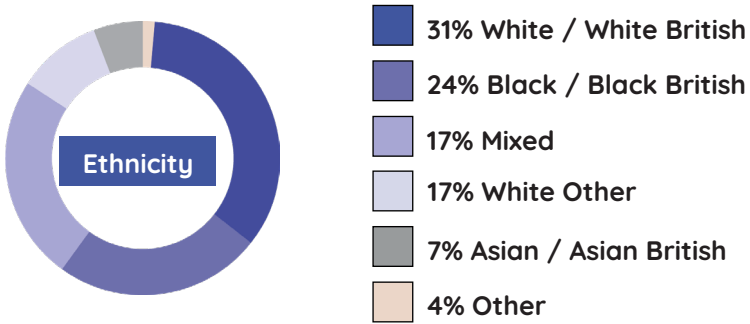
Dylan and his parents came to Growing Hope Brockley for counselling sessions this year.

Dylan and his parents worked creatively to find ways of regulating his anger. Dylan has the following tools in his calming tent: lights, a blanket, two pillows, and therapy putty. When he is angry he understands that he can go into his tent and use his tools to regulate.

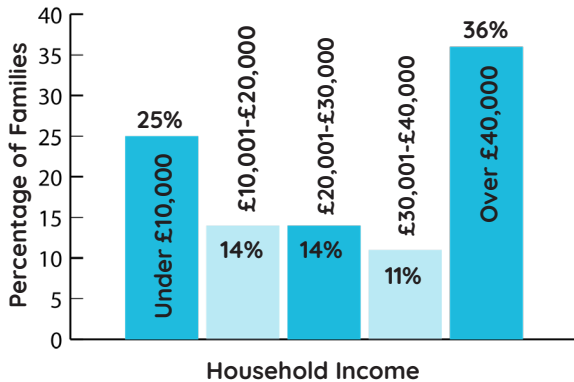
We are so proud of Dylan and his efforts to engage in a calm space when dysregulated.



10 Demographics*



Household income



*Demographic data for individuals referred to our service, from anonymous forms completed by parents and carers. Some parents/carers may have completed more than one form if they have attended multiple events.

Financial Review

The trustees present an overview of the charity's finances for the period: 1 January 2024 - 31 December 2024. Growing Hope Brockley currently runs with both restricted and unrestricted funding. Funds left in reserve at the end of the financial period: £47,144.

Management of Financial Risk

We aim to hold at least three months of our outgoings in reserve. We raise our income through regular giving, fundraising events and grants. We aim to increase regular giving in order to have further sustainable finances to enable us to provide our therapy services.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102. The full financial statements are found at the end of this report (p.14).

Income and Expenditure

We received an income of **£46,677**

- £16,300 from grants
- £10,344 from fundraising
- £4,800 from regular giving
- £1,796 from one-off gifts
- £1,023 from Gift Aid
- £6,878 from campaigns
- £12,413 donations from other organisations

We had an expenditure of **£57,901**

- £48,036 on salaries and HR
- £2,019 on fundraising
- £1,846 on clinic expenses, office and admin costs
- £6,000 Giving to Growing Hope National

12 Supporter Engagement and Fundraising

We raise money at key points in the year through the Big Give Christmas Challenge, community fundraising, a fundraising dinner and grants. We're grateful for all the support we have received from our generous supporters. More details are in the accounts.

Grants received:

- £5,300, Benefact Trust
- £3,000, Merchant Taylors' Foundation
- £3,000, Champion matched funding from The Childhood Trust for the Big Give Christmas Challenge Campaign 2024



AARON'S STORY*

Aaron attended a therapy block at Growing Hope Brockley. Aaron loved seeing the new and exciting way his local church was being used just for him! Aaron and his mother had a great deal of fun exploring the therapy room and experiencing sensory strategies that helped him feel regulated and more able to focus. Throughout each session, we experimented with strategies that could be implemented at home including deep pressure like making an 'Aaron sandwich' with pillows, squashing him under a therapy ball, crashing onto a pillow mountain, gentle rocking on the swing, the use of movement like the trampoline.



*name changed

Structure and Governance

Growing Hope Brockley is a registered charity in England and Wales, and is run in accordance with its charity constitution. Growing Hope Brockley works in collaboration with St Peter's Brockley and Growing Hope National. As a CIO, if Growing Hope Brockley is wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities. The trustees also hold Trustee Indemnity insurance of £100,000 for Executive Risks. Insurance is provided via Growing Hope National charity (policy number CC009584).

Kirsten Murphy attends Growing Hope Brockley trustee meetings but is not party to any decisions regarding her salary or employment.

Growing Hope Brockley trustees are members of the CIO and appointed by a resolution at trustee meetings. They are responsible for governance of Growing Hope, ensuring it is meeting its charitable purposes.

Risk Management

The trustees take risk management seriously and have identified the following risks and put in place processes to mitigate them. We have policies in place to mitigate any risks in the following areas: financial risk, IT security and protection, safeguarding, health and safety and comprising Christian identity and values. All of these can be accessed on our website.

The Year Ahead

Growing Hope Brockley is seeing a steady rise in counselling services, particularly for young people. In 2025, we aim to expand our counselling services and provide these services for young people, and we also aim to offer support courses for parents and carers. As a therapy team we endeavour to learn from each other and present ourselves as adaptable and well rounded professionals.

References

1. Gov.UK. 2024. Special educational needs in England. [Online]. [30 January 2025]. Available from: <https://explore-education-statistics.service.gov.uk/find-statistics/special-educational-needs-in-england>
2. Learning Hub, *Failed and Forgotten*, 2023, Disabled Children's Partnership. Available at: <https://disabledchildrenspartnership.org.uk/wp-content/uploads/2023/03/Failed-and-Forgotten-DCP-report-2023.pdf>
3. *Raising Kids Research*, 2022, Family Fund, Available at: <https://www.familyfund.org.uk/impact/research-reports/raising-kids/>

**Growing Hope Brockley
Reference and administrative details
For the year 1 January 2024 - 31 December 2024**

Trustees:

Nicole Nelson, Chair, appointed 08 November 2023
Lynne Wilkinson appointed 7 December 2021
Eleanor Mary Orr appointed 25 July 2024
Nikkola Thornton appointed 18 December 2023
Lucy Dacey appointed 18 December 2023
Kylie Den Englesman appointed 15 October 2024
Rachel Catley appointed 28 February 2023, resignation date
12 September 2024

Key Management Personnel:

Kirsten Murphy, Clinic Manager

Registered Principal Office:

St. Peter's Church, Wickham Road, London SE4 1LT

Charitable Incorporated Organisation (CIO) number:

1188708

Bankers:

NatWest 135 Bishopsgate London EC2M 3UR

Independent Examiner:

Nicola Ainscough, FCA

Growing Hope Brockley
Independent Examiner's Report to the Trustees
For the year 1 January 2024 to 31 December 2024

I report to the charity trustees on my examination of the accounts of the charity for the period 1 January 2024 to 31 December 2024 which are set out on pages 16-26.

Responsibilities and Basis of Report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed



Nicola Ainscough FCA,
Equilibrium Accountants Ltd,
48 Goodramgate,
York,
YO1 7LF

Growing Hope Brockley
Statement of Financial Activity
For the year ended 31 December 2024

Note	Unrestricted Funds	Restricted Funds	TOTAL FUNDS	Unrestricted Funds	Restricted Funds	TOTAL FUNDS
	2024			2023		
	£	£	£	£	£	£
INCOME FROM:						
	20,032	0	20,032	24,531	0	24,531
	11,000	5,300	16,300	5,000	5,300	10,300
	10,344	0	10,345	18,122	0	18,122
TOTAL INCOME:	41,377	5,300	46,677	47,652	5,300	52,953
EXPENDITURE ON:						
	2,019	0	2,019	2,901	-	2,901
	45,282	10,600	55,882	29,315	7,500	36,815
TOTAL EXPENDITURE	47,301	10,600	57,901	32,215	7,500	39,715
	(5,923)	(5,300)	(11,224)	15,437	(2,200)	13,237
NET INCOME/ (EXPENDITURE) BEFORE TRANSFER OF FUNDS						
	0	0	0	0	0	0
	0	0	0	0	0	0
NET MOVEMENT IN FUNDS	(5,923)	(5,300)	(11,224)	15,437	(2,200)	13,237
	53,068	5,300	58,368	37,631	7,500	45,131
BALANCES CARRIED FORWARD AT 31 DECEMBER 2024	47,144	(0)	47,144	53,069	5,300	58,369

Balance Sheet as at 31st December 2024

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	Note	2024 £	2023 £
FIXED ASSETS			
Clinic Equipment		0	0
	4	0	0
CURRENT ASSETS			
Bank Account		44,144	58,368
Other Debtors & Prepayments	5	3,309	0
		47,453	58,368
LIABILITIES - Creditors due within one year			
Other Creditors		(309)	0
Total Creditors due within one year	6	(309)	0
NET CURRENT ASSETS		47,144	58,368
NET ASSETS		47,144	58,368
RESERVES			
Surplus for the year		(11,224)	13,237
Brought Forward Balance		58,368	45,131
		47,144	58,368
FUNDS			
Unrestricted		47,144	53,068
Restricted		(0)	5,300
	7	47,144	58,368

The financial statements were approved by the Board of Trustees on:
18 March 2025

Approved by Board of Trustees and signed on its behalf by:

 Nicole Ayesu Nelson
Chair of Trustees

 Eleanor Orr
Finance Trustee

The notes on pages 18 to 26 form part of these financial statements.

Growing Hope Brockley
Notes to the Financial Statements
For the year period 1 January 2024 to 31 December 2024

1. Accounting Policies

Incorporation

Growing Hope Brockley was registered in England and Wales with the Charity Commission as a CIO Foundation on 23 March 2020. These financial statements are for the period 1 January 2024 to 31 December 2024.

Basis of preparation

The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The Charity is a public benefit entity for the purposes of FRS 102 and therefore the charity also prepared its financial statements in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102 Charities SORP) and the Charities Act 2011.

The financial statements are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest pound.

The financial statements are prepared under the historical cost convention.

The principal accounting policies adopted in the preparation of the financial statements are set out below.

Going concern basis

The trustees have assessed whether the use of going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charity to continue as a going concern. The trustees have made this assessment for a period of at least one year from the date of approval of these financial statements. In particular, the trustees have considered the charity's forecasts and projections and have taken account of pressure on income. After making enquiries, the trustees have concluded that there is a reasonable expectation that the charity has adequate resources to

continue in operations existence for the foreseeable future. The charity therefore continues to adopt the going concern basis in preparing financial statements.

Income

Income is recognised in the period which it was receivable. Also included is the estimated value of gifts in kind and goods or services donated to the charity where the amounts are material, readily quantifiable and measurable. Such estimates are based on the market price the charity would otherwise have paid.

Expenditure

Direct charitable expenditure comprises all expenditure relating to the activities carried out to achieve the objectives.

Expenditure is allocated directly to the expenditure headings as far as practically possible to reflect the activities of the charity. Support costs have been allocated to the activities based on employee time spent on that activity.

Expenditure is included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered. Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party; it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Fund accounting

Restricted funds are subject to restrictions imposed by the donor. These are accounted for separately from unrestricted funds. The movements on restricted funds in the period are shown in note 9 to the accounts.

Unrestricted funds are those which are not subject to restrictions, and any surpluses may be applied in furtherance of any of the charity's objectives.

Cash and cash equivalents

Cash and cash equivalents include cash at banks and in hand and short-term deposits with a maturity date of three months or less.

Debtors and creditors

Debtors and creditors receivable or payable within one year of the reporting date are carried at their transaction price. Debtors and creditors that are receivable or payable in more than one year and not subject to a market rate of interest are measured at the present value of the expected future receipts or payment discounted at a market rate of interest.

Tangible fixed assets and depreciation

Tangible fixed assets costing less than £500 are not capitalised and are written off in the year of purchase. Depreciation is provided so as to write off the cost of the fixed assets over their estimated useful lives. A full year's depreciation is charged in the year of purchase. Depreciation is charged at the following annual rates:

Computer and Office Equipment:	4 Years straight line
Clinic Equipment:	4 Years straight line

Pension

The charity operates a defined contribution stakeholder pension scheme. The assets of the scheme are held separately from the charity.

Critical accounting estimates and areas of judgement

The annual depreciation charge for property, plant and equipment is sensitive to change in useful economic life and residual values of assets. These are reassessed annually.

In the view of the trustees in applying the accounting policies adopted, no other judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

Growing Hope Brockley
Annual accounts 1 Jan 2024 - 31 Dec 2024

2. Income

	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	2024			2023		
	£	£	£	£	£	£
Voluntary Income	20,032	0	20,032	24,531	0	24,531
Regular giving	4,800	0	4,800	8,833	0	8,833
One off giving	1,796	0	1,796	2,420	0	2,420
Gift Aid	1,023	0	1,023	4,903	0	4,903
Donations from Other Organisations	12,413	0	12,413	8,375	0	8,375
Grants	11,000	5,300	16,300	5,000	5,300	10,300
Grants	11,000	5,300	16,300	5,000	5,300	10,300
Fundraising Income	10,344	0	10,344	18,122	0	18,122
Growing Hope Ball	1,837	0	1,837	7,556	0	7,556
Campaigns	6,878	0	6,878	9,718	0	9,718
Marathon	1,629	0	1,629	848	0	848
Consultancy	0	0	0	-	0	0
TOTAL INCOME	41,377	5,300	46,677	47,652	5,300	52,952

3. Expenditure

	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	2024			2023		
	£	£	£	£	£	£
Office and Administration Costs	489	0	489	1,483	0	1,483
Advertising/ Promotion	91	0	91	461	0	461
Printing, Postage and Stationery	35	0	35	139	0	139
Depreciation	0	0	0	794	0	794
Travel	0	0	0	0	0	0
Phone	197	0	197	81	0	81
Equipment not Capitalised	0	0	0	0	0	0
Office Expenses	167	0	167	8	0	8
Clinic Expenses	1,486	0	1,486	982	0	982
Assessment Tools/Clinic Equipment	817		817	110	0	110
DBS	0		0	23	0	23
Insurance	540		540			
Volunteer Hospitality	0		0	106	0	106
WDC and Siblings Group	0	0	0	115	0	115
Fundraising Costs	2,019	0	2,019	2,901	-	2,901
Cost of Fundraising	2,019	0	2,019	2,901	0	2,901

Contribution to Other charities	6,000	0	6,000	6,000	0	6,000
Donation to Growing Hope	6,000	0	6,000	6,000	0	6,000
Salaries and HR	37,436	10,600	48,036	20,850	7,500	28,350
Wages and Salaries	21,013	8,624	29,637	18,148	7,500	25,649
Employer Costs	1,044	438	1,482	1,282	0	1,282
Freelance	9,943	0	9,943	0	0	0
Finance and HR	4,951	0	4,951	1,128	0	1,128
Staff Training	485	1,539	2,024	292	0	292
Total Expenditure	47,301	10,600	57,901	32,215	7,500	39,716

Growing Hope Brockley
Annual accounts 1 Jan 2024 - 31 Dec 2024

4. Fixed Assets

**Clinic and IT
Equipment**

		2024	2023
		£	
Actual cost	At 1 January 2024	3,178	3,178
	At 31 December 2024	3178	3,178
Depreciation	At 1 January 2024	3,178	2,384
	Charge for the year	0	794
	At 31 December 2024	3178	3,178
Net Book Value	At 1 January 2024	0	794
	At 31 December 2024	0	0

5. Debtors

	2024	2023
	£	£
Prepayments	308.80	
Other debtors and accrued income	3,000	0
Total	3,309	0

6. Creditors (amounts falling due less than one year)

	2024	2023
	£	£
Creditors falling due within one year	309	0
Total Current Liabilities	309	0

7. Analysis of Asset by Fund	Unrestricted Funds	Restricted Funds	TOTAL FUNDS
			2024
	£	£	£
Cash & Deposit Balances	44,144	0	44,144
Fixed Assets	3,309	0	3,309
Total Assets	47,453	0	47,453
Current Liabilities	(309)	0	(309)
	47,144	0	47,144

8. Staff

No employee was paid at the rate of more than £60,000

	2024	2023
Average employees during the period	1.0	1.0

Funder	Item Funded	Balance as at 1 Jan 2024	Income	Expenditure	Balance as at 31 Dec 2024
		£	£	£	£
Benefact Trust	Project cost	5,300	5,300	10,600	0

10. Related Parties

Growing Hope Brockley received a total of £0 unrestricted donations from its trustees in 2024 (2023 = £1,000).

Growing Hope Brockley makes an annual donation of £6,000 to Growing Hope National based on their Collaboration Agreement; to support the setting up of new clinics. Growing Hope provides advice, governance and policy support, clinical supervision, and training to the clinic.

11. Fees Payable to Independent Examiner

The independent examiner did charge £120 for their services.



© Growing Hope® Brockley

Registered charity number 1188708 (England & Wales)

growinghope.org.uk/brockley

Growing Hope Brockley, St. Peter's Church, Wickham
Road, London, SE4 1LT

Email: brockley@growinghope.org.uk

Phone: 07845 052908

Photographs: Naomi Wilde

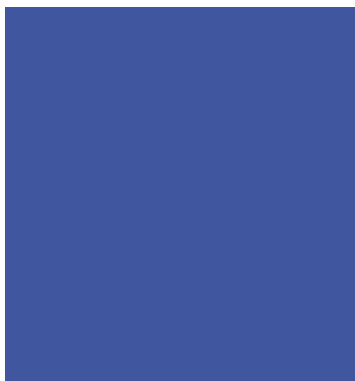
GROWING HOPE BROCKLEY

England & Wales - Charity number 1188708

Accounts



GROWING
HOPE
BROCKLEY
ANNUAL REPORT 2023



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- 03** | The Past Year
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Nick Stevenson-Steels, Former Chair of Trustees

2023 has been a year of lots of change for Growing Hope Brockley. For the most part we have been able to continue to deliver therapy services to those children most in need within the Brockley community, which is wonderful to be a part of, knowing that this charity is making such tangible differences to children, for FREE!



But it's important to recognise that we are in a transitional season at Growing Hope Brockley. We said goodbye to our original Clinic Manager, Shaaron, after a very successful few years holding the torch. It has been amazing to learn about all the ways Shaaron's commitment during her time here has gone to help so many children. Unfortunately since Shaaron's departure, we have been without a Clinic Manager, so right now our primary prayer request is that we find the right person to take on the role and lead the charity forwards to help even more children.

I too have stepped down as Chair, and Nicole Nelson has taken my place. It's been a blessing and a privilege to serve such a remarkable charity that is Growing Hope Brockley.

I'd like to thank our Board of Trustees who have all served Growing Hope Brockley so well and have been vital in helping it achieve so many successes. We also said goodbye to Tinashe from the board this year. St Peter's Church Brockley deserves a huge mention of thanks, as always they have provided a safe space for our clinic to be held, along with enabling us to host several fundraising events throughout the year.

Finally, the most important thanks is to God for helping our team at Growing Hope Brockley and National to persevere with the many changes this year has brought.

4

Dr Naomi Graham, Founder and CEO

This year we celebrated Growing Hope turning five years old and as I reflect back on the past five years, I'm so encouraged by the growth we have seen and the ways in which our clinics and therapists have made a difference in the lives of so many families.



This year saw some particularly exciting growth within our national team which is enabling us to reach and support more families of children with additional needs across the UK. We launched our accessibility award which enables churches to receive an audit and a bronze, silver or gold award for their provision for individuals with a wide range of additional needs. We also have seen our fourth clinic set up in Gateshead and look forward to seeing this open in 2024.

I'm so encouraged by the many conversations we are having with churches nationwide, around forming partnerships and setting up clinics within the coming years. I'm delighted that we're collaborating with All Saints Woodford Wells to set up our next clinic in Redbridge next year. I am so proud of all of the hard work of the Growing Hope team as we continue to grow hope across the UK and draw nearer to our vision of 20 clinics by 2030.

Trustees' Report

The Board of Trustees presents its report and financial statements for the year 1 January 2023 - 31 December 2023 together with the Independent Examiner's Report. Growing Hope Brockley was registered with the charity commission as a CIO on 23 March 2020, charity number 1188708. The current trustees are Nicole Nelson (Chair), Lynne Wilkinson and Rachel Catley, Nikkola Thornton and Lucy Dacey.

This year, Liz Morgan and Tinashe Mokoni stepped down as trustees, and Nick Stevenson-Steels stepped down as Chair of trustees. We would like to thank Liz, Tinashe and Nick for their service and dedication to Growing Hope Brockley. In February, Rachel Catley was appointed as an additional trustee, and in November Nicole Nelson was appointed as Chair of Trustees. In December, Nikkola Thornton and Lucy Dacey were appointed as additional trustees.

We are confident that Growing Hope Brockley has carried out its charitable objectives in 2023 and acted in the interests of the public benefit. We have referred to the Charity Commission's guidance on reporting on public benefit when preparing this annual report.

In 2023...

5



of children in England have an additional need¹

8/10 parent carers have poor mental wellbeing²



5/10 siblings of children with additional needs are socially isolated³



11 parents, carers and siblings

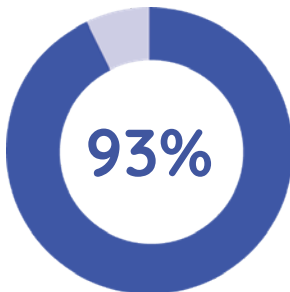
supported through training and courses

31 children

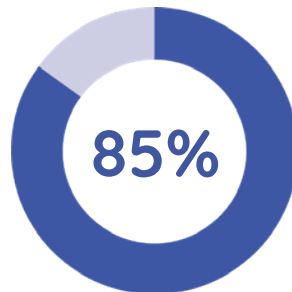
supported through direct therapy at our clinics

2 When Dreams Change courses run for parents and carers

1 Siblings Group course run for brothers and sisters



of GAS goals achieved by children and young people



of GAS goals achieved by parents, carers and siblings

6

Aims and Objectives

- ☞ We bring hope to children through free therapy services.
- ☞ We grow hope for families where hope has been lost due to isolation or rejection.
- ☞ We share hope in Jesus because he brings hope even in the most difficult situations

In accordance with its charity constitution, Growing Hope Brockley has sought to achieve the following aims and objectives in the year dated 1 January 2023 to 31 December 2023.

The advancement of health and wellbeing for the public benefit by the provision of a therapy clinic run in accordance with Christian principles for children and young people (0-18) with additional needs and their families living in Lewisham and Southwark. In particular, but not exclusively by:

- registered healthcare professionals providing assessment, advice and intervention, and other services as the trustees see fit.
- provision of sibling, parent and carer support groups and courses, and other services as the trustees see fit.
- the advancement of the Christian faith through the opportunity to engage in conversation about faith and spiritual wellbeing and to receive prayer, and other such invitations as the trustees see fit.

Kameron's Story



In his occupational therapy sessions, Kameron worked through the Personal Space Journey to help him think about his body awareness.

He looked at body and spatial awareness, and thought about how not to “pop” others’ bubbles by getting in their personal space. We’ve also been looking at Zones of Regulation together, to help him to know what he can do and shouldn’t do when he has big feelings.

Shaaron O'Driscoll provided therapy for Growing Hope Brockley until July 2023, when she stepped down as Clinic Manager. Across the year we have been joined by three regular volunteers who have supported our clinic sessions.

- 🍃 **Shaaron O'Driscoll**, Former Clinic Manager and Occupational Therapist until July 2023
- 🍃 **Anna Frasilho**, Volunteer Occupational Therapist until July 2023
- 🍃 **Anna Deane**, Freelance Administrator
- 🍃 **Andersen Wade**, IES Student/Clinic Volunteer
- 🍃 **Olivia Bauwens**, IES Student/ Clinic Volunteer
- 🍃 **Ruth Stephens**, Clinical Supervisor

Daniel's Story

Daniel is a 6-year-old boy who has autism and speech delay. Daniel and his mother came to Growing Hope Brockley for sessions where they worked with the therapist to overcome some challenges around using a dummy and increasing the range of food he explored at mealtimes.

Daniel achieved all of his goals, and is now able to function in the daytime without using his dummy for support and he has tasted new foods at home. Daniel's mother also attended our When Dreams Change course where she was able to connect with other parents, and was equipped with strategies to help her support her own independence and mental health needs.

Daniel's mum says, "When we first visited Growing Hope I wasn't sure what to expect or whether my son with additional needs would be comfortable being there. Now, at the end of his therapy, my son has enjoyed coming for his therapy sessions, and has made significant progress. I am more equipped with a wealth of information and helpful strategies to maintain and improve on my son's progress."



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Hope for Children


We have provided therapy for **31 children and young people**.

Examples of goals have been emotional regulation, attention and listening, social skills, toileting, dressing and eating. **93% of therapy goals** have been achieved.


We have provided free occupational therapy for children and young people in the St Peter's church building. We have worked on individualised goals to support children and families in the areas of greatest need.

Hope For Families


We have run:


 **Two When Dreams Change courses**, a four-week course that aims to help parents and carers reflect on their experience of having a child with additional needs, and to become more of the person they have been created to be.


**WHEN
DREAMS
CHANGE**

 **One Siblings Group course**, a seven-week course that aims to enable brothers and sisters of children with additional needs to share their experiences of being a sibling and connect with other children with similar experiences. Two young people from the Lewisham and Southwark boroughs attended a pilot course for a secondary school age Siblings Group.

**SIBLINGS
GROUP**

 **One Circle of Security course**, supporting parents in enabling their children to develop secure attachments.

 **21 training sessions for parents and carers**, fortnightly sessions on a variety of topics, hosted by our therapists in partnership with Growing Hope National, King's Cross, and High Wycombe.

 Feedback has been that **85% of goals have been met** within our courses.



We believe Jesus brings hope even in the most difficult situations. We always offer to pray for families at the end of each therapy session, several families have taken up this offer and it has been a privilege to see answers to prayer. Our Clinic Manager Shaaron also worked on a Sunday to support families to access church with the help of Growing Hope champions.

This year we have had nine Growing Hope champions serving alongside children and youth ministry to help families feel welcome. We have had another three families join the church because the kids' ministry team is able to support their children's needs. One of the mothers spent the first few weeks shocked that her son attended kids' church for the duration of the sessions and kept asking "how did you get him to stay?". The answer is that a sensory room was created out of the church office to give him a calming space when he needed it. Growing Hope is open to individuals of all faiths and backgrounds and there is no pressure to participate in the faith aspects of our service.

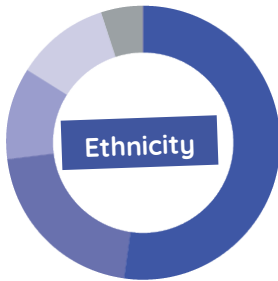
James' Story

James came to Growing Hope Brockley for occupational therapy sessions. He has been working on typing to increase his speed as an alternative to writing both at school and at home.

James uses a method of problem-solving to help him do daily tasks that he otherwise finds tricky. He has been able to write eight successful plans to do tasks such as tying his laces and making tea.

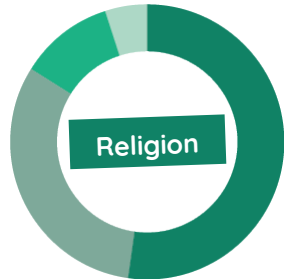


Demographics*

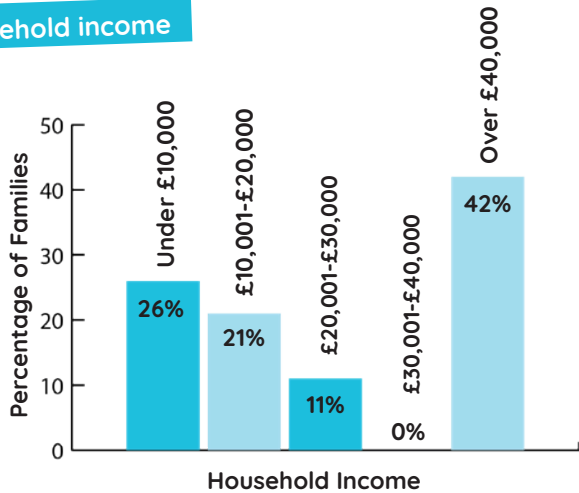


- 52% White / White British
- 21% Black / Black British
- 11% Mixed
- 11% Other
- 5% Asian / Asian British

- 53% No Religion
- 32% Christian
- 10% Christian Non-practising
- 5% Jewish



Household income



*Demographic data for individuals referred to our service, from anonymous forms completed by parents and carers. Some parents/carers may have completed more than one form if they have attended multiple events.

The trustees present an overview of the charity's finances for the period: 1 January 2023 - 31 December 2023. We are grateful to Fari Shakourozadeh, who runs our gift aid claims as a volunteer. Growing Hope Brockley currently runs with both restricted and unrestricted funding. Funds left in reserve at the end of the financial period: £58,368.

Management of Financial Risk

We aim to hold at least three months of our outgoings in reserve. We raise our income through regular giving, fundraising events and grants. We aim to increase regular giving in order to have further sustainable finances to enable us to provide our therapy services.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102. The full financial statements are found at the end of this report (p.14).

We received an income of £52,952

- £10,300 from grants
- £8,404 from fundraising
- £8,833 from regular giving
- £2,420 from one-off gifts
- £4,903 from Gift Aid
- £9,718 from campaigns
- £8,375 donations from other organisations

We had an expenditure of £39,715

- £28,350 on salaries and HR
- £2,901 on fundraising
- £2,465 on clinic rent, office and admin costs
- £6,000 Giving to Growing Hope National



We raise money at key points in the year through a summer campaign, Big Give, community fundraising, fundraising dinner and grants. We're grateful for all the support we have received from our generous supporters. More details are in the accounts.

Fundraising Champion



"I ran 10km for Growing Hope Brockley because I've known so many families caught in a long slow system, waiting for help for their children struggling with undiagnosed but challenging additional needs. The support Growing Hope offer to local families is really beautiful in action and I've been so impressed with all I've seen and heard."

Risk Management

The trustees take risk management seriously and have identified the following risks and put in place processes to mitigate them. We have policies in place to mitigate any risks in the following areas; financial risk, IT security and protection, safeguarding, health and safety and comprising Christian identity and values. All of these can be accessed on our website.

Grants received:

- £5,300, Benefact Trust
- £5,000, Goodnews Evangelical Mission
- Champion matched funding from The Childhood Trust for the Big Give Christmas Challenge Campaign 2023



**BENEFACT
TRUST**



GOODNEWS
Evangelical Mission



Structure and Governance

Growing Hope Brockley is a registered charity in England and Wales, and is run in accordance with its charity constitution. Growing Hope Brockley works in collaboration with St Peter's Brockley and Growing Hope National. As a CIO, if Growing Hope Brockley is wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities. The trustees also hold Trustee Indemnity insurance of £100,000 for Executive Risks. Insurance is provided via Growing Hope National charity (policy number CC009584).

Shaaron O'Driscoll attended Growing Hope Brockley Trustee meetings but was not party to any decisions regarding her salary or employment.

Trustees

Growing Hope Brockley trustees are members of the CIO and appointed by a resolution at trustee meetings. They are responsible for governance of Growing Hope, ensuring it is meeting its charitable purposes.

The Year Ahead

We will be continuing to recruit for new Clinic Manager to lead the clinic. There is an ever-increasing demand for the service, and we have found that group therapy sessions have been a very effective way to see families sooner as well as give families the opportunity to share learning and ideas amongst themselves. We plan to run more groups with more attendees. Stronger connections with schools will be worked towards to be able to offer more Siblings Groups and school training sessions. We also hope to employ a therapist that can further support children and young people who have experienced trauma and need counselling therapy.

References

1. Gov.UK. 2023. Special educational needs in England. [Online]. [22 June 2023]. Available from: <https://explore-education-statistics.service.gov.uk/find-statistics/special-educational-needs-in-england>
2. Lunt, *Left Behind - Six Months On*, 2022, Disabled Children's Partnership. Available at: <https://disabledchildrenspartnership.org.uk/left-behind-six-months-on/>
3. Lunt, *Left Behind - Six Months On*, 2022, Disabled Children's Partnership

**Growing Hope Brockley
Reference and administrative details
For the year 1 January 2023 - 31 December 2023**

Trustees:

Nicole Nelson, Chair, appointed 08 November 2023
Nick Stevenson-Steels appointed 21 September 2021, resigned
1 December 2023
Elizabeth Morgan appointed 21 September 2021, resigned
01 March 2023
Lynne Wilkinson appointed 7 December 2021
Tinashe Mokoni appointed 7 December 2021, resigned
30 November 2023
Rachel Catley appointed 28 February 2023
Lucy Dacey appointed 18 December 2023
Nikkola Thornton appointed 18 December 2023

Key Management Personnel:

Shaaron O'Driscoll, Clinic Manager

Registered Principal Office:

St. Peter's Church, Wickham Road, London SE4 1LT

Charitable Incorporated Organisation (CIO) number:

1188708

Bankers:

NatWest 135 Bishopsgate London EC2M 3UR

Independent Examiner:

Nicola Ainscough, FCA

**Growing Hope Brockley
Independent Examiner's Report to the Trustees
For the year 1 January 2023 to 31 December 2023**

15

I report to the charity trustees on my examination of the accounts of the charity for the period 1 January 2023 to 31 December 2023 which are set out on pages 16-27.

Responsibilities and Basis of Report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed



Nicola Ainscough FCA
Equilibrium Accountants Ltd,
48 Goodramgate,
York,
YO1 7LF

02 April 2024

**Growing Hope Brockley
Statement of Financial Activity
For the year ended 31 December 2023**



	Note	Unrestricted Funds	Restricted Funds	TOTAL FUNDS	Unrestricted Funds	Restricted Funds	TOTAL FUNDS
		2023			2022		
		£	£	£	£	£	£
INCOME FROM:							
Voluntary Income		24,531	0	24,531	37,255	0	37,255
Grant Income		5,000	5,300	10,300	3,000	10,500	13,500
Activities for Generating Funds		18,122	0	18,122	23,851	0	23,851
TOTAL INCOME:	2	47,653	5,300	52,953	64,106	10,500	74,606
EXPENDITURE ON:							
Raising Funds		2,901	0	2,901	4,189	-	4,189
Charitable Activities		29,315	7,500	36,815	48,790	3,000	51,791
TOTAL EXPENDITURE	3	32,216	7,500	39,716	52,979	3,000	55,980

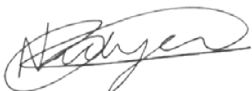
NET INCOME / (EXPENDITURE) BEFORE TRANSFER OF FUNDS	15,437	(2,200)	13,237	11,127	7,500	18,627
Gross transfer in funds out	0	0	0	0	0	0
Gross transfer in funds in	0	0	0	0	0	0
NET MOVEMENT IN FUNDS	15,437	(2,200)	13,237	11,127	7,500	18,627
Balances brought forward at 1 January 2023	37,631	7,500	45,131	26,504	-	26,504
BALANCES CARRIED FORWARD AT 31 DECEMBER 2023	53,068	5,300	58,368	37,631	7,500	45,131

Balance Sheet as at 31st December 2023

	Note	2023 £	2022 £
FIXED ASSETS			
Clinic and IT Equipment		0	794
	4	0	794
CURRENT ASSETS			
Bank Account		58,368	44,408
Other Debtors	5	0	0
		58,368	44,408
LIABILITIES - Creditors due within one year			
Other Creditors		0	(72)
Total Creditors due within one year	6	0	(72)
NET CURRENT ASSETS		58,368	44,336
NET ASSETS		58,368	45,130
RESERVES			
Surplus for the year		13,237	18,627
Brought Forward Balance		45,131	26,503
		58,368	45,130
FUNDS			
Unrestricted		53,068	37,630
Restricted		5,300	7,500
	9	58,368	45,130

The financial statements were approved by the Board of Trustees on: 02 April 2024

Approved by Board of Trustees and signed on its behalf by:



Nicole Ayesu Nelson
Chair of Trustees

The notes on pages 19 to 21 form part of these financial statements.

Growing Hope Brockley
Notes to the Financial Statements
For the year 1 January 2023 to 31 December 2023

1. Accounting Policies

Incorporation

Growing Hope Brockley was registered in England and Wales with the Charity Commission as a CIO Foundation on 23 March 2020. These financial statements are for the period 1 January 2023 to 31 December 2023.

Basis of Preparation

The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The Charity is a public benefit entity for the purposes of FRS 102 and therefore the charity also prepared its financial statements in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102 Charities SORP) and the Charities Act 2011.

The financial statements are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest pound.

The financial statements are prepared under the historical cost convention.

The principal accounting policies adopted in the preparation of the financial statements are set out below.

Going Concern Basis

The trustees have assessed whether the use of going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charity to continue as a going concern. The trustees have made this assessment for a period of at least one year from the date of approval of these financial statements. In particular, the trustees have considered the charity's forecasts and projections and have taken account of pressure on income. After making enquiries, the trustees have concluded that there is a reasonable expectation that the charity has adequate resources to continue in operations existence for the foreseeable future. The charity

therefore continues to adopt the going concern basis in preparing financial statements.

Income

Income is recognised in the period which it was receivable. Also included is the estimated value of gifts in kind and goods or services donated to the charity where the amounts are material, readily quantifiable and measurable. Such estimates are based on the market price the charity would otherwise have paid.

Expenditure

Direct charitable expenditure comprises all expenditure relating to the activities carried out to achieve the objectives.

Expenditure is allocated directly to the expenditure headings as far as practically possible to reflect the activities of the charity. Support costs have been allocated to the activities based on employee time spent on that activity.

Expenditure is included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered. Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party; it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Fund Accounting

Restricted funds are subject to restrictions imposed by the donor. These are accounted for separately from unrestricted funds. The movements on restricted funds in the period are shown in note 7 to the accounts.

Unrestricted funds are those which are not subject to restrictions, and any surpluses may be applied in furtherance of any of the charity's objectives.

Cash and Cash Equivalents

Cash and cash equivalents include cash at banks and in-hand and short-term deposits with a maturity date of three months or less.

Debtors and Creditors

Debtors and creditors receivable or payable within one year of the reporting date are carried at their transaction price. Debtors and creditors that are receivable or payable in more than one year and not subject to a market rate of interest are measured at the present value of the expected future receipts or payment discounted at a market rate of interest.

Tangible Fixed Assets and Depreciation

Tangible fixed assets costing less than £500 are not capitalised and are written off in the year of purchase. Depreciation is provided so as to write off the cost of the fixed assets over their estimated useful lives. A full year's depreciation is charged in the year of purchase. Depreciation is charged at the following annual rates:

Computer and Office Equipment:	4 Years straight line
Clinic Equipment:	4 Years straight line

Pension

The charity operates a defined contribution stakeholder pension scheme. The assets of the scheme are held separately from the charity.

Critical Accounting Estimates and Areas of Judgement

The annual depreciation charge for property, plant and equipment is sensitive to change in useful economic life and residual values of assets. These are reassessed annually.

In the view of the trustees in applying the accounting policies adopted, no other judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

Growing Hope Brockley Annual accounts 1 Jan 2023- 31 Dec 2023

2. Income

	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	2023			2022		
	£	£	£	£	£	£
Voluntary Income	24,531	0	24,531	37,256	0	37,256
Regular giving	8,833	0	8,833	7,962	0	7,962
One off giving	2,420	0	2,420	13,121	0	13,121
Gift Aid	4,903	0	4,903	4,513	0	4,513
Donations from Other Organisations	8,375	0	8,375	11,660	0	11,660
Grants	5,000	5,300	10,300	3,000	10,500	13,500
Grants	5,000	5,300	10,300	3,000	10,500	13,500
Fundraising Income	18,122	0	18,122	23,851	0	23,851
Growing Hope Ball	7,556	0	7,556	7,512	0	7,512
Campaigns	9,718	0	9,718	14,758	0	14,758
Marathon	848	0	848	1,243	0	1,243
Consultancy	0	0	0	338	0	338
TOTAL INCOME	47,652	5,300	52,952	64,107	10,500	74,607

3. Expenditure

	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	2023			2022		
	£	£	£	£	£	£
Office and Administration Costs	1,483	0	1,483	1,254	0	1,254
Advertising/Promotion	461	0	461	0	0	0
Printing, Postage and Stationery	139	0	139	296	0	296
Depreciation	794	0	794	795	0	795
Travel	0	0	0	0	0	0
Phone	81	0	81	130	0	130
Equipment not Capitalised	0	0	0	0	0	0
Office Expenses	8	0	8	33	0	33
Clinic Expenses	982	0	982	135	0	135
Assessment Tools/Clinic Equipment	691		691	110	0	110
DBS	70		70	23	0	23

3. Expenditure

	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	2023			2022		
	£	£	£	£	£	£
Volunteer Hospitality	106		106	2	0	2
WDC and Sibling Group	115	0	115	0	0	0
Fundraising Costs	2,901	0	2,901	4,189	-	4,189
Cost of Fundraising	2,901	0	2,901	4,189	0	4,189
Contribution to Other charities	6,000	0	6,000	6,000	0	6,000
Donation to Growing Hope	6,000	0	6,000	6,000	0	6,000
Salaries and HR	20,850	7,500	28,350	41,401	3,000	44,402
Wages and Salaries	18,148	7,500	25,648	37,666	3,000	40,666
Employer Costs	1,282	0	1,282	2,033	0	2,033
Freelance	0	0	0	385	0	385
Finance and HR	1,128	0	1,128	1,140	0	1,140
Staff Training	292	0	292	177	0	177
Total Expenditure	32,215	7,500	39,715	52,980	3,000	55,980

4. Fixed Assets

Clinic and IT
Equipment

£

Actual cost/Revalued cost	At 1 January 2023	3,178
	At 31 December 2023	<u>3,178</u>
Depreciation	At 1 January 2023	2,384
	Charge for the year	<u>794</u>
	At 31 December 2023	<u>3,178</u>
Net Book Value	At 1 January 2023	<u>794</u>
	At 31 December 2023	<u>0</u>

5. Debtors	2023	2022
	£	£
Other debtors and accrued income	0	0
Total	0	0

6. Creditors (amounts falling due less than one year)	2023	2022
	£	£
Creditors falling due within one year	0	72
Total Current Liabilities	0	72

9. Analysis of Asset by Fund	Unrestricted Funds	Restricted Funds	TOTAL FUNDS
	£	£	£
Cash & Deposit Balances	53,068	5,300	58,368
Fixed Assets	0	0	0
Total Assets	53,068	5,300	58,368
Current Liabilities	0	0	0
	53,068	5,300	58,368

8. Staff

No employee was paid at the rate of more than £60,000

	2023	2022
Average employees during the period	1.0	1.0

09. Restricted Funds	Item Funded	Balance as at 1 Jan 2023	Income	Expenditure	Balance as at 31 Dec 2023
Funder		£	£	£	£
Benefact Trust	Project cost	0	5,300	-	5,300
The Jerusalem Trust	Project cost	2,500		2,500	0
The Childwick Trust	Project cost	3,000		3,000	0
London Catalyst	Project cost	2,000		2,000	0

10. Related Parties

Growing Hope Brockley received a total of £1,000 unrestricted donations from its trustees in 2023 (2022 = £2,234.00).

Growing Hope Brockley makes an annual donation of £6,000 to Growing Hope based on their Partnership Agreement, to support the setting up of new clinics. Growing Hope provides advice, governance and policy support, clinical supervision, and training to the clinic.

11. Fees Payable to Independent Examiner

The independent examiner did not charge for their services.



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Registered charity number 1188708 (England & Wales)

growinghope.org.uk

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GROWING HOPE BROCKLEY

England & Wales - Charity number 1188708

Accounts

2022

Growing Hope Brockley ANNUAL REPORT

Report & Financial Statements
1 January - 31 December 2022



Growing
HOPE
Brockley

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Andrew's Story

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Who We Support

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4 CEO's Letter

“

“I'm filled with joy reflecting on the impact we've had for families this year and I'm excited for our continued growth in the year ahead.”

We have seen another year of encouraging growth at Growing Hope this year. I had the privilege recently to talk about all that we've been doing with His Majesty King Charles III, the Archbishop of Canterbury Justin Welby and The Rt Revd and Rt Hon Dame Sarah Mullally DBE, Bishop of London, at a community reception at King's Cross Church. It was great to celebrate Growing Hope King's Cross and all that we've seen happen across the charity nationally.



Over this year we have continued to work with many more children, young people and families who have additional needs. A couple of weeks ago I was in clinic with a family who have seen amazing breakthrough with their ten-year-old son who, through occupational therapy, is now able to sleep in his own bed on his own at night. Having sleep is making a big difference to the whole family and it's encouraging to see similar stories repeated across our clinics. We have excitingly applied for charity status for our next Growing Hope clinic in Gateshead and we hope to open this early in the new year. We are also in a number of encouraging conversations with churches across the country who may set up a Growing Hope clinic in 2023.

I am so encouraged by God's faithfulness to Growing Hope and the provision for each of the local clinics. Over the course of this year we have excitingly added five new individuals to our Growing Hope national team and it is brilliant to have Vicki, Jade, Naz, Anna and Jennie on board. The increased capacity at a national level means that we can better support and grow our local Growing Hope clinics.

We have also taken big steps nationally in the development of resources which support children and young people with additional needs and their families across the UK. We have been rolling out our When Dreams Change course for parents and carers of children with additional needs and our Siblings Group courses. We have also launched our accessibility award for churches to receive a kitemark about their accessibility. We are looking forward to continuing to impact families through partnering with local churches, communities and schools alongside our Growing Hope clinics.

I'm filled with joy reflecting on the impact we've had for families this year and I'm excited for our continued growth in the year ahead.

Yours sincerely,

Dr Naomi Graham
*Founder & CEO of Growing Hope
National*

”



“Thank you for listening to us and helping us! The work Growing Hope do is amazing. I have told other families about Growing Hope as so many would benefit.”

- Growing Hope Brockley Clinic Parent

6 Chairman's Letter

This has been my first full year as Chair of Trustees since taking over the role back in September 2021, and what a year it has been for Growing Hope Brockley. I said last year how blessed I felt to be a part of such a wonderful charity, a feeling that has since grown and grown over the last 12 months.

“

“We’ve continued to see and hear so many great stories from the families involved with Growing Hope Brockley and I’ll keep expressing my thanks to God for allowing us to continue to aid more and more children and their families.”

This year Growing Hope Brockley has become a multi-award-winning charity, which, in its second year of operation, is a phenomenal achievement, having won awards at both the Southwark Faith and Beliefs Awards and London Faith and Beliefs Awards. A huge thank you to the Faith and Belief Forum judges who have identified the importance and value of the work being done through Growing Hope Brockley, and yet again thank you to St Peter’s Church, Brockley who have continued to provide a home for us, and to the Growing Hope National charity who continue to give their support and guidance as we mature as a charity.

I’d like to thank our Board of Trustees who have been absolutely outstanding this year with their volunteering involvements going way above the call of duty of the role. They have all served Growing Hope Brockley so well and have been vital in helping it achieve so many successes.

All of these thanks wouldn’t be possible to give if it was not for our Clinic Manager, Shaaron O’Driscoll. Her dedication to Growing Hope Brockley and the children and families it serves is second to none, so thank you Shaaron so much for all you give to making this charity the beacon of hope that it is to so many.

Finally, I’ll reiterate my thanks to God. He really does hear and answer our prayers. In my letter last year, we asked for prayer for financial provision, and this was answered in abundance time and time again.

We’ve seen very generous donations from so many donors, some as one-off gifts, others contributing to various fundraising events over the year including our Spring Ball and the Big Give Quiz. On a personal note, I’d like to say a massive thanks to all who sponsored me to run the London Marathon again this past October.

I invite you to join me in prayer for further provision, for funding and for volunteers as we strive to help the growing list of children being referred to our clinic.

Yours sincerely,

Nick Steels
Chair of Trustees



Trustees' Report

The Board of Trustees presents its report and financial statements for the year 1 January 2022 - 31 December 2022 together with the Independent Examiner's Report. Growing Hope Brockley was registered with the charity commission as a CIO on 23 March 2020, charity number 1188708. The current trustees are Nick Stevenson-Steels, Liz Morgan, Lynne Wilkinson and Tinashe Mokoni.

Growing Hope Brockley continues to provide free therapy services for children and young people with additional needs and their families living in Lewisham and Southwark. Our aim is to provide a holistic service which supports parents, carers and siblings - as well as the children and young people themselves. Details of our charitable objectives (page 10) and impact and outcomes (page 12 onwards) are found in greater depth within this report.

We are confident that Growing Hope Brockley has carried out its charitable objectives in 2022 and acted in the interests of the public benefit. We have referred to the Charity Commission's guidance on reporting on public benefit when preparing this annual report. In October 2022 Imani McEwen stepped down as a trustee, and we would like to thank Imani for her service and dedication to Growing Hope Brockley.

Growing Hope Brockley provides intervention and support to children and families in need, regardless of income. These services are provided by one member of staff and one volunteer (registered healthcare professionals). In the future, services may also be provided by further volunteers and freelancers where necessary, in accordance with charity policy and standards of good practice. We have many non-clinical volunteers without whom we would not have been able to run Growing Hope Brockley in 2022, and we are extremely grateful for their support.

In particular we would like to thank Shaaron O'Driscoll, Clinic Manager, who has gone above and beyond in enabling Growing Hope Brockley to be a success and to support many children, young people and families across Lewisham and Southwark.

Yours sincerely,

Lynne Wilkinson

Liz Morgan

N S-Steels

*Nick Stevenson-Steels, Liz Morgan,
Lynne Wilkinson and Tinashe Mokoni*

This year we have:

- supported 127 children, siblings, parents and carers through therapy and training.
- raised £74,606 to grow hope in the lives of people in Lewisham and Southwark.

8 Clinic Manager's Letter

Over the past 12 months, we have had the privilege to support even more children and young people at our clinic through therapy sessions, as well as support for their families including courses for parents and carers.

“

“I am also thankful for each of our trustees who have volunteered their time, energy and resources to make sure that Growing Hope Brockley has continued to thrive.”

This year alongside occupational therapy, we were able to offer music therapy in our clinic. This was of huge benefit to the children that were able to access it and was amazing to see the progress made by the children.

I have remained grateful for the continued support, encouragement, and prayers from the staff team at St Peter's Church, Brockley, who support our vision to support children and families in the local community and to make church a place that is welcoming and accessible to all. I am also thankful for each of our trustees who have volunteered their time, energy and resources to make sure that Growing Hope Brockley has continued to thrive.

This year, some of our highlights have been our continued partnerships with other local services to help us to support our families more effectively during these difficult times, as well as the new partnerships made, including with Space for Change. Another highlight has been Growing Hope Brockley being nominated for and receiving two awards from the Faith & Belief Forum for the work we do in our community as a faith-based organisation. It was amazing to see the

charity recognised for its continued work in this area and has helped inspire us for the year ahead.

My hope and prayer for the year ahead is to find creative ways to support even more children, young people and their families within our local community, and to continue to work alongside other services to be able to meet an even wider range of needs faced by the families. As a clinic, we look forward to continuing to grow hope for children, hope for families and hope in Jesus in 2023.

Yours sincerely,



Shaaron O'Driscoll
Clinic Manager





Shaaron O'Driscoll
Clinic Manager



Growing Hope Values



Hope



Community



Generosity



Innovation






Courage

10 Objectives

In accordance with its charity constitution, Growing Hope Brockley has sought to achieve the following aims and objectives in the year dated 1 January 2022 to 31 December 2022.

The advancement of health and wellbeing for the public benefit by the provision of a therapy clinic run in accordance with Christian principles for children and young people (0-18) with additional needs and their families living in the Lewisham and Southwark area. In particular, but not exclusively, by:

-  registered healthcare professionals providing assessment, advice and intervention, and other services as the trustees see fit.
-  provision of sibling, parent and carer support groups and courses, and other services as the trustees see fit.
-  the advancement of the Christian faith through the opportunity to engage in conversation about faith and spiritual wellbeing and to receive prayer, and other such invitations as the trustees see fit.



Hope for Children:

We have provided free occupational therapy, integrative therapy and music therapy in the St Peter's Brockley church building. We have worked on individualised goals to support children and families in the areas of greatest need.



Hope for Families:

We have provided two When Dreams Change groups for parents processing the experience of having a child with additional needs, and one Siblings Group to support siblings of children with additional needs.



Hope in Jesus:

We have supported families of children with additional needs to access church services and feel a part of the St Peter's Brockley community. We continue to provide the opportunity for families to participate in prayer at the end of their clinic session.

We've provided direct therapy for 44 children.



84% of therapy goals set with children were achieved.



80 parents supported through courses and support groups.



16.6%
of children in
England have an
additional need¹

46%
of disabled children's
siblings are socially
isolated²

54%
of parents are
experiencing a
delay in accessing
therapy³

12 Hope for Children

In 2022 we worked with 44 children on a one-to-one or group basis.

Each child received an assessment and then a four to six week block of weekly intervention sessions to support them in reaching their therapy goals. Various therapy services have been provided in the year by our therapists:

-  **Shaaron O'Driscoll** (occupational therapist) our Clinic Manager.
-  **Aislinn Jeffers** (trainee Integrative Child Counsellor) who regularly volunteered from September 2021 until May 2022.
-  **Nikkola Thornton** (music therapist) who regularly volunteered from October 2021 until December 2022.
-  **Anna Frasquilho** (occupational therapist) who has been regularly volunteering since June 2022.

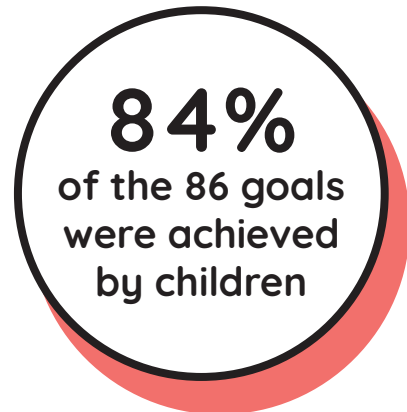
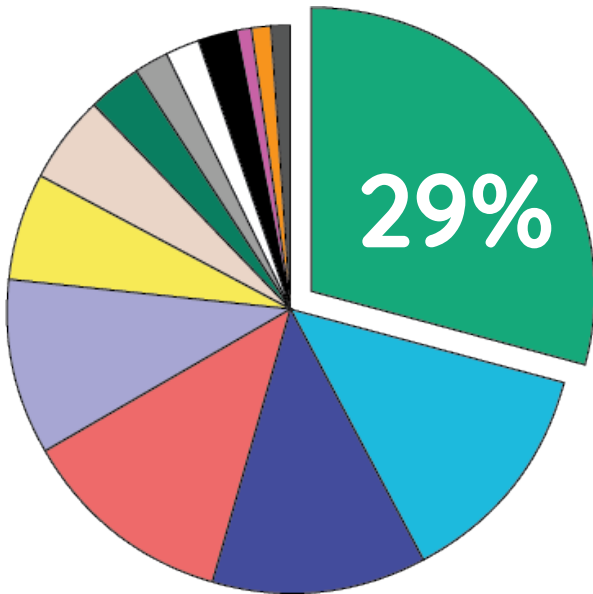
Outcome Measures

At Growing Hope we are committed to providing a high quality of clinical services and therefore we place a high importance on our outcome measurement. We use a combination of non-standardised feedback forms and a standardised measure, the Goal Attainment Scale (GAS).⁴ GAS is an outcome measure that is commonly used in research to show the effectiveness of therapy services.⁵ GAS enabled us to set three goals for each child and young person in a conversation between themselves, their parents and the therapist. These goals follow 'SMART' goal standards: Specific, Measurable, Achievable, Realistic and Timely. Each goal is designed to be achievable within the block of sessions a child is undertaking.

Outcomes

Every child was seen to make improvements over the course of their therapy sessions. Of 86 goals set within the clinic and across our groups with children and young people, 84% of therapy goals were met. Where goals weren't met, the primary reasons were parents facing challenges that prevented them from carrying out activities with the child at home, or that the family were unable to attend clinic on several occasions. A core value of Growing Hope is equipping parents to incorporate their child's goals into their everyday life; this often leads to high success in therapy.





- Emotional Regulation**
- 25 goals / 29%
- Attention and Listening**
- 11 goals / 13%
- Dressing**
- 10 goals / 12%
- Mark Making and Writing**
- 10 goals / 12%
- Co-ordination, Walking and Strength**
- 9 goals / 10%
- Social Skills**
- 5 goals / 6%
- Toileting**
- 4 goals / 5%
- Self-confidence and Identity**
- 3 goals / 3%
- Speech and Communication**
- 2 goals / 2%
- Eating**
- 2 goals / 2%
- Self-expression**
- 2 goals / 2%
- Communication and Social Interaction**
- 1 goals / 1%
- Self-awareness**
- 1 goals / 1%
- Anxiety Management**
- 1 goals / 1%



Andrew's Story and Occupational Therapy

Andrew is a 4-year-old boy who was referred to the clinic by his mother after she found the details of our services online. She reported that she was having difficulties managing his behaviour and struggled with his poor communication. Andrew is diagnosed with Autism.

As Andrew was not able to participate, two goals were agreed with his mother: to sit at a table for an adult-led task for one minute with visual and verbal prompts and a familiar routine, and for Andrew's mother to have strategies to better manage his behaviour at home and in the community.

Andrew attended a block of six sessions where we worked on the agreed goals. Andrew achieved his attention goal even better than expected. He was able to sit for up to five minutes while completing adult lead tasks. Andrew's mother also achieved her goal and had strategies that helped them to go on the bus without Andrew getting upset and to manage situations at home and when out in the community. To achieve this, she used a range of strategies and had a better understanding of Andrew's needs.



“

“I'm very grateful because we met and you helped me to understand Andrew and his needs! I remembered how desperate I was that time when I wrote that message to you! And then you helped me with Andrew and prayed for him! I learned many tips from you!” - Andrew's mother

We believe that the families of children with additional needs require support and care too so we provide a range of support groups and courses.

“

“What Growing Hope is doing for families is truly amazing. We have learnt so much in the last month. So much progress has been made.”

- Parent Training Attendee

When Dreams Change

When Dreams Change enables parents to have the opportunity to reflect on their experience of their hopes and dreams having to change because of their child’s additional needs. We ran the course twice this year for a total of 5 parents and carers. The course was developed by Heather Graham (counsellor) and Naomi Graham (occupational therapist) in 2019. Both instances of running When Dreams Change were met with extremely positive feedback, with several parents reporting how valuable they had found it to be able to process some of their emotions and share their feelings. We will run the course three times in 2023.

The Goal Attainment Scale^{4&5} is used to measure outcomes of the When Dreams Change course. Across all the courses run this year, 100% of the goals set were met. The course aimed to enable parents to achieve the following:

- reflect on their own experience and map out and share with the group the core emotions they are experiencing at the moment.
- reflect on their own support network and share with the group one way in which they can draw upon this.
- reflect on their own dreams and share with the group one small step they may take towards these.



Parent and Carer Training Sessions

Throughout the year, Shaaron has run 5 practical training sessions for parents and carers. These sessions have taken place online and are free to attend. Over 30 parents have attended these sessions. Topics have included sensory processing, selective feeding and independence skills. These sessions have been very popular with parents and carers. In 2023, we will offer 10 sessions in partnership with Growing Hope National.

“Shaaron is a great teacher who is empathetic and patient in explaining the mechanics behind sensory sensitivity and how to deal with it.”

“The sessions really made a difference for our whole family, not just our daughter. It gave us a common language we could use to talk about the things our daughter was experiencing and tactics we could all use. It felt like a very safe, welcoming and non-judgemental space and our therapist really put our daughter at ease and connected with her on her level.”

Siblings Group

We ran the course once this year for a total of 3 siblings.

The Goal Attainment Scale^{4&5} is used to measure outcomes of the Siblings Group. Across the course that was run this year, 100% of the goals set were met. We will run the Siblings Group three times in 2023. The course aims to enable children to explore and share some of their experiences and feelings of being a sibling of a child with additional needs. The group uses puppet, art and movement activities to help children think through scenarios and relay their own experiences.



At Growing Hope Brockley we believe that Jesus brings hope into everyone's lives, that God has created every individual fearfully and wonderfully and that they are of value to him. Our Christian values have underpinned the work we have done both in the clinic and in schools over the past year.

We welcome all individuals to the clinic, whatever their faith or background. During this year 19% of the families we have supported have no faith, 6% are from a Muslim background, 4% are from a Catholic background and 53% are from a Christian background. Each week within therapy sessions, we offer to pray for people if this is something they would like to do. Some families have declined the offer of prayer, but many have accepted it. Across the year we have had conversations with families who have asked questions about faith and the hope that Jesus can bring. We've also been able to pray for families along the therapy journey, and this appears to have helped families to stay hopeful and confident. It has been a privilege to be able to extend the hope that Jesus can bring to the families who have come to the clinic. On several occasions we have been able to pray with both children and parents facing challenging times, to walk alongside them and speak hope into their challenges.



“One of my favourite verses from the Bible is according to Jeremiah 29:11 which has the word hope in it - ‘For I know the plans I have for you,’ declares the Lord, ‘plans to prosper you and not to harm you, plans to give you hope for a future.’ I think that is what Growing Hope is helping me and Ranan with. It’s giving us a hope for the future because it’s quite overwhelming for a parent when a child receives their diagnosis.”

- Growing Hope Brockley Clinic Parent

“I feel like we can use your advice every day, and it is helping us all as a family to work through different situations. The approach you take is so kind and so responsive... Each time we leave with your advice and your prayers, and really like both. Thank you for all of your time and advice.”

- Growing Hope Brockley Clinic Parent

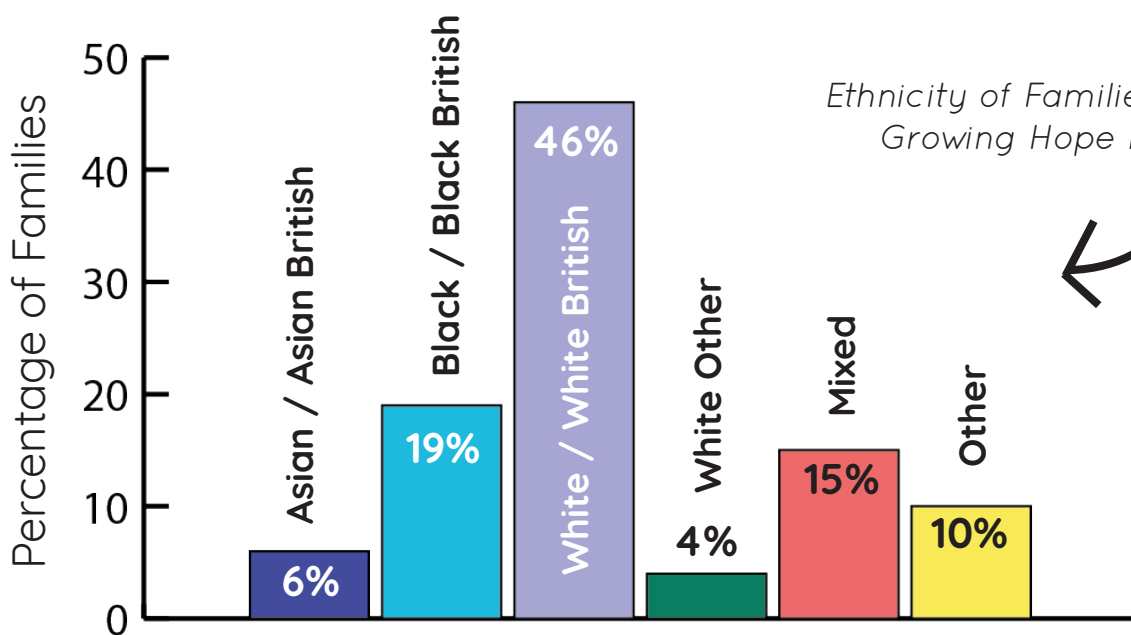
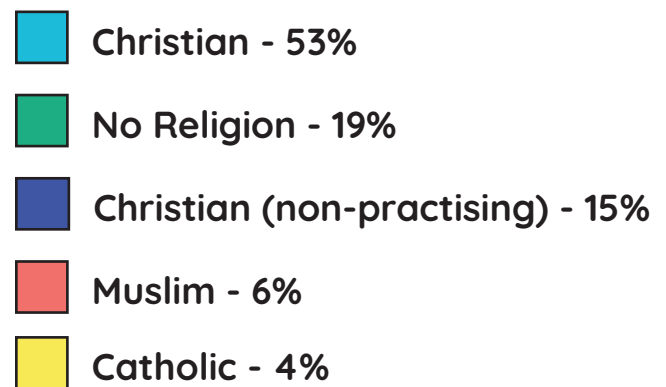
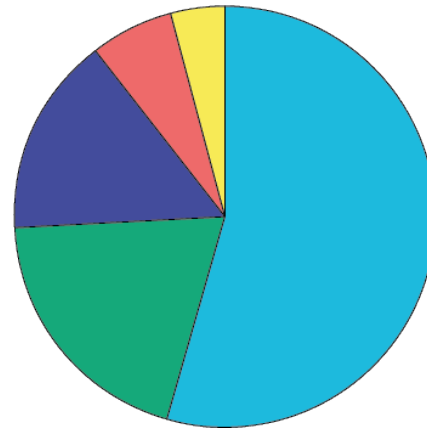
18 Who We Support

We support children, young people and families from a range of backgrounds and circumstances.

53% of families were receiving some kind of benefit or income support such as free school meals, universal credit or disability living allowance. At Growing Hope Brockley, we endeavour to offer a service that is open to all individuals irrespective of their background, and reach those who are experiencing the most pressing challenges. We feel these demographics demonstrate that over the last year we have been helping to assist those in critical need of support. At Growing Hope, we are accepting of all and want everyone to know they are seen, heard and belong.

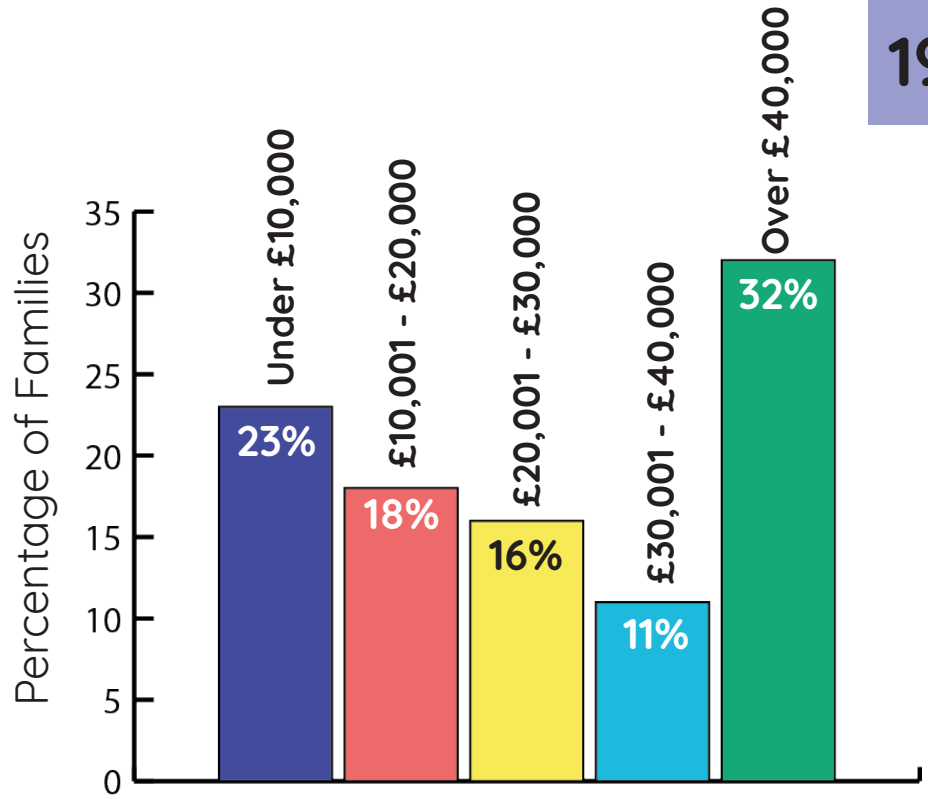
Parents and carers are given the opportunity to complete demographic information to help us to understand more about individuals who are using our services. The below infographics demonstrate the characteristics that individuals have ticked when completing the forms.

Religion of Families Attending Growing Hope Brockley

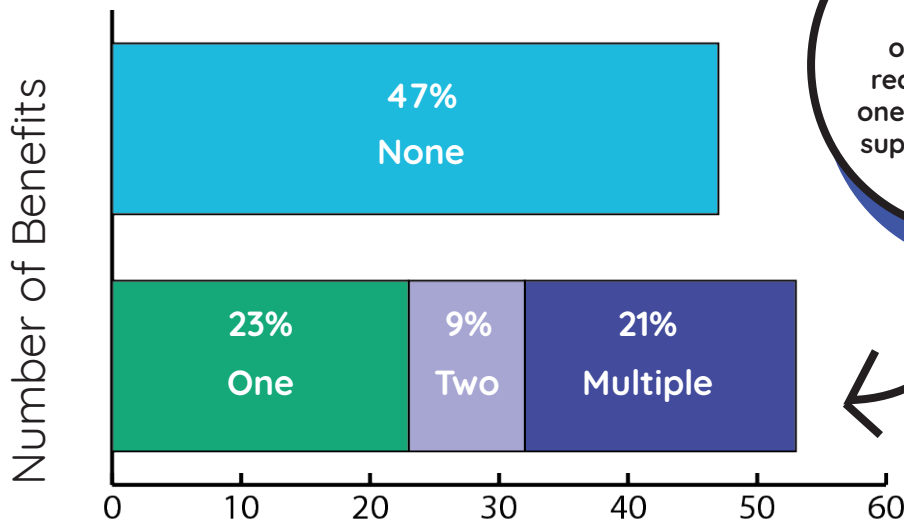


Ethnicity of Families Attending Growing Hope Brockley

57%
of families have a household income that is below the UK median of £31,400⁶



Household Income for Families Attending Growing Hope Brockley



53%
of families are receiving at least one type of income support or benefit.



Household Benefits for Families Attending Growing Hope Brockley

20 Volunteers

Volunteers play a big part in enabling Growing Hope Brockley to operate. The trustees and clinic manager would like to say a big thank you to each and every individual who has supported Growing Hope Brockley in the past year.

Including the trustees, we have 11 regular volunteers who give up hours of their time on a monthly or periodic basis. We also have 13 volunteers who have supported us at one-off events or through providing childcare in order for us to run our groups for families. The trustees also want to recognise the role of our partnership church, St Peter's Brockley, in facilitating this level of support and volunteering. Without the church community, Growing Hope Brockley would be unable to continue to support children, young people and families. We particularly want to thank Nikkola Thornton for all her work as a music therapist; Anna Frasilho for volunteering her time as an occupational therapist; Karla Ramirez, international student, for providing three months of admin support; and Isaac Morgan for running a stand at the Brockley Open Studios Christmas fair.

Sunday Volunteers

This year we have seen six Growing Hope families attend church services or events. The St Peter's kids team have received briefing and training as to how to support children with additional needs within a church setting and accessibility is core to the kids ministry provided. Each session includes visual schedules, fidget toys, opportunities for movement, a multisensory story and prayer activities so children, whatever their needs, can engage and participate. The trustees want to thank St Peter's Church who have enabled Growing Hope's provisions to thrive on a Sunday.

Event Volunteers

Our one-off volunteers for our events have been so valuable in enabling these initiatives to be as successful as they have been. We are extremely grateful to everyone who offers up their time to serve at these events.

Due Diligence

All regular volunteers provide two references, and any volunteer who works with children provides two references and completes a DBS check. Regular volunteers have a volunteer agreement which is in no way legally binding, but helps Growing Hope Brockley and the volunteer to agree the role in which they volunteer.



Sarah's Story and Occupational Therapy



Sarah was referred to Growing Hope Brockley due to difficulties at home and school resulting from anxiety and difficulties managing her emotions. Sarah has a diagnosis of dyslexia.

On assessment, Sarah said that she found school 'hard' and struggled with lessons and needing to have a reduced timetable and 1:1 support. She stated that at home she had some difficulties tying up her hair, settling herself to sleep at night, and regulating her emotions when upset.

Sarah attended occupational therapy sessions with a parent present. Sarah felt that the main focus of the block of therapy was for her to learn sensory tools to manage her anxiety and fluctuating emotions. In the sessions, Sarah and her parents learnt about emotional states and how we move from one state to another. We trialled sensory and cognitive strategies which Sarah and her parents were able to practise at home and at school. Each week, we discussed any tough scenarios that Sarah had navigated, and we explored healthy ways of responding that she was then able to put into place when she needed to.

Sarah achieved all three of her goals by the end of her six sessions. She told us that she felt better equipped for managing her emotions, and her parents were aware of strategies to suggest in difficult situations. It was a pleasure to work with Sarah and her parents.

22 Financial Review

The trustees present an overview of the charity's finances for the period: 1 January 2022 - 31 December 2022. Growing Hope Brockley currently runs with both restricted and unrestricted funding. Funds left in reserve at the end of the financial period: £45,130.

We received an income of £74,606:

- £7,962 regular giving
- £13,121 one-off gifts
- £4,513 gift aid
- £11,659 donations from other organisations
- £13,500 grants
- £23,851 fundraising, campaigns and events

We had an expenditure of £55,979:

- £1,254 office and admin costs
- £135 clinic expenses
- £4,189 fundraising costs
- £44,401 salaries and HR
- £6,000 Giving to Growing Hope National

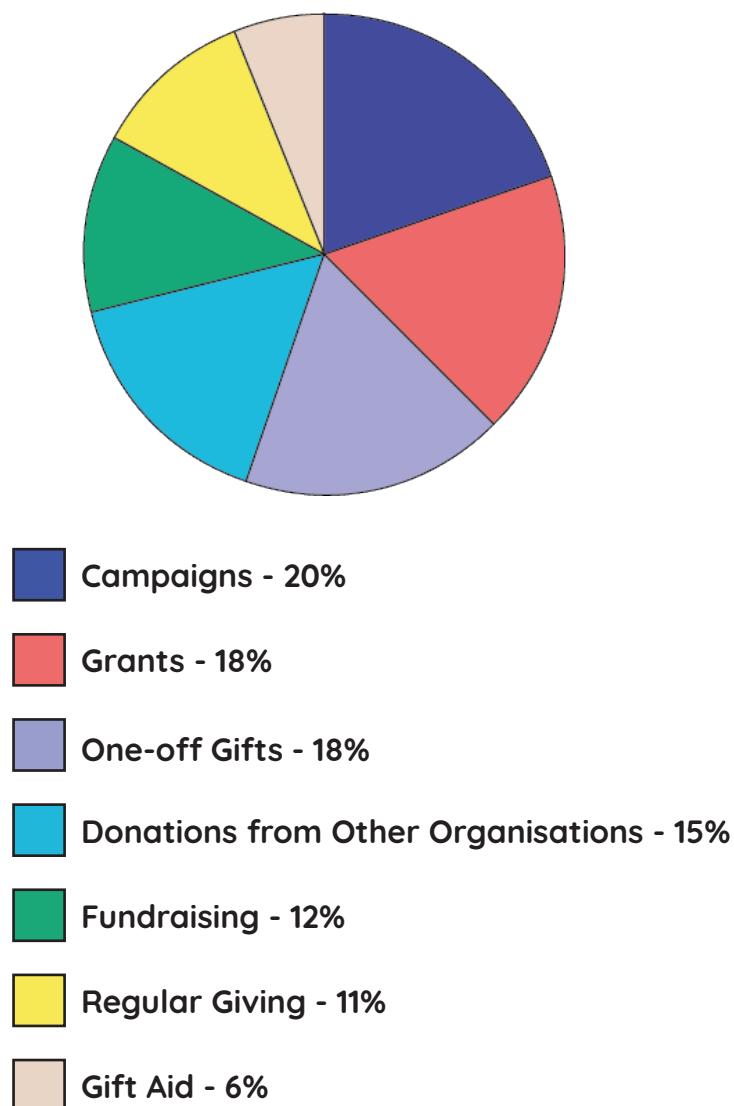
This is in line with expectations for the end of our financial year, and is enough funding to continue to run sustainably. Throughout the year Growing Hope Brockley has continued to fundraise with a Spring Fundraiser and other events such as a 'Big Quiz' during the Big Give week. The trustees are confident that there is going concern to continue the charity for the year ahead.

Management of Financial Risk

We aim to hold at least three months of our outgoings in reserve. We raise our income through regular giving, fundraising events and grants. We aim to increase regular giving in order to have further sustainable finances to enable us to provide our therapy services. The financial statements have been prepared

in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102. The full financial statements are found at the end of this report.

Types of income received by Growing Hope Brockley



The trustees take risk management seriously and have identified the following risks and put in place processes to mitigate them.

Financial Risk:

- Hold three months' finances in reserves.
- Organise monthly fundraising meetings and plans.
- Regular finance updates for local clinics prepared by our Finance Officer.
- Follow policies and procedures outlined by Growing Hope National charity.

IT Security and Protection:

- Follow data protection policy provided by Growing Hope National charity.
- Files accessed on a needs basis within Google Drive.
- Encrypted clinic software (Canopy) for all clinical notes.
- All computers password protected.
- All reports and appointment letters sent to families are password protected.

Safeguarding:

- All trustees have an up-to-date DBS.
- Any volunteers and/or staff and freelancers are recruited via safer recruitment and have undergone referencing and DBS checks.
- All volunteers and staff are aware of safeguarding policy and procedures.

Health and Safety:

- Follow health and safety policy outlined by Growing Hope National charity.
- Public liability insurance is in place.
- Day-to-day risk assessments are carried out by all staff and volunteers within their roles.

Compromising Christian Identity and Values:

- Hope in Jesus continues to be core to the charity's messaging.
- Everyone is welcome regardless of their background.
- Each family who attends the clinic has the opportunity to choose to participate in prayer.

24 Supporter Engagement and Fundraising

This year generous individuals and organisations gave a total of £74,606 to grow hope in the lives of people in Lewisham and Southwark.

Trustees and members of the Growing Hope Brockley team spent time applying for grant funding, thanking regular givers and continuing to create opportunities for individuals to give regularly.

Big Give

We were also still able to raise £14,758 through our Big Give campaign. We received several generous donations from individuals who have committed to pray and support Growing Hope Brockley - you know who you are and we are so grateful for your gifts which enable us to support children and their families.

Other Fundraising

In April we hosted our fundraising dinner, where we raised £7,512 thanks to our generous guests and supporters. Also, we would like to say a huge thank you to Nick Stevenson-Steels for raising over £1,200 by running the London Marathon in October 2022.

Grants and Trusts

We have also received several generous donations from trusts and grant providers. We would like to thank Benefact Trust, The Jerusalem Trust, Faith and Belief Forum, The Childwick Trust, ShareGift and London Catalyst for supporting us by funding our therapy services. With their support, we have been able to continue to provide therapy for children

with additional needs in Lewisham and Southwark.

Partnerships

We would like to thank Space For Change for their support, who have partnered with us this year and supported us financially to enable us to support more children.

Grants received:

- Benefact Trust - £3,000
- The Jerusalem Trust - £2,500
- Faith and Belief Forum - £500
- ShareGift - £2,500
- The Childwick Trust - £3,000
- London Catalyst - £2,000



The Jerusalem Trust

London  Catalyst



THE
CHILDWICK
TRUST

Structure, Governance and Management

Growing Hope Brockley is a registered charity in England and Wales, and is run in accordance with its charity constitution. Growing Hope Brockley works in partnership with St Peter's Brockley and Growing Hope National.

As a CIO, if Growing Hope Brockley is wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities. The trustees also hold Trustee Indemnity insurance of £100,000 for Executive Risks. Insurance is provided via Growing Hope National (Policy number CC009583).

Employees

Shaaron O'Driscoll has continued to provide therapy for Growing Hope Brockley over the last year. Shaaron attends Growing Hope Brockley Trustee meetings but is not party to any decisions regarding her salary or employment.

Governance and Partnerships

Growing Hope Brockley is a CIO that runs in partnership with Growing Hope National. It is Growing Hope's second clinic and launched in October 2020. Growing Hope Brockley receives governance, policy, insurance, clinical supervision and training from the National charity. It provides financial reports to the National charity and, with parental consent, shares stories from the clinic. Growing Hope Brockley also partners closely with its local partnership church, St Peter's Brockley, where the Clinic Manager Shaaron O'Driscoll is part of the staff team. St Peter's provides pastoral care for Shaaron.

Trustees

Growing Hope Brockley's trustees are members of the CIO and appointed by a resolution at trustee meetings. They are responsible for governance of Growing Hope Brockley, ensuring it is meeting its charitable purposes.



26 The Year Ahead

We are delighted with how the charity has continued to grow and reach more children and families in 2022. We are looking forward to continuing to grow our services and see the positive impact of our work on the lives of children, young people and their families.

A key aim of the trustees is to maintain our fundraising income through grant applications, events and campaigns. We also endeavour to keep our current staff in position and expand our services as finances allow.

For the next year we have set ourselves these goals:

-  **SERVICES** to continue to expand our services as finances allow.
-  **LOCALITY** to reach more families living in Lewisham and Southwark.
-  **FUNDRAISING** to increase fundraising income through regular giving, grants and supporter engagement.
-  **CONNECTIONS** to continue to build relationships with other local services and schools.
-  **CHURCH** to see more families that come through the clinic find home in church community.

Annual Report References:

1. Gov.UK. 2022. Special educational needs in England. [Online]. [16 June 2022]. Available from: <https://explore-education-statistics.service.gov.uk/find-statistics/special-educational-needs-in-england>
2. Disabled Children's Partnership, 2022. *Left Behind – Six Months On*. [Online] Available at: <https://disabledchildrenspartnership.org.uk/wp-content/uploads/2022/03/Left-Behind-6-months-on-DCP-Report-2022.pdf> [Accessed 11 Jan 2023]
3. Disabled Children's Partnership, 2022. *Left Behind – Six Months On*. [Online] Available at: <https://disabledchildrenspartnership.org.uk/wp-content/uploads/2022/03/Left-Behind-6-months-on-DCP-Report-2022.pdf> [Accessed 11 Jan 2023]
4. Ruble, L., McGrew, J.H., Toland, M.D. (2012) Goal Attainment Scaling as an Outcome Measure in Randomized Controlled Trials of Psychosocial Interventions in Autism. *Journal of Autism and Developmental Disorders* 42(9): 1974-1983.
5. Cox, R., Amsters, D. (2002) Goal Attainment Scaling: An Effective Outcome Measure for Rural And Remote Health Services. *Australian Journal of Rural Health*. 10(5): 256-261.
6. ONS., 2021. Average household income, UK: financial year 2021. [Online]. [28 March 2022]. Available from: <https://www.ons.gov.uk/peoplepopulationandcommunity/personalandhouseholdfinances/incomeandwealth/bulletins/householddisposableincomeandinequality/financialyearending2021>

Growing Hope
Reference and administrative details
For the year 1 January 2022 – 31 December 2022

Trustees:

Nicholas Stevenson-Steels appointed 21 September 2021
Imani McEwan appointed 21 May 2021, stepped down 4 October 2022
Elizabeth Morgan appointed 21 September 2021
Lynne Wilkinson appointed 7 December 2021
Tinashe Mokoni appointed 7 December 2021

Key Management Personnel:

Shaaron O’Driscoll, Clinic Manager

Registered Principal office:

St. Peter’s Church, Wickham Road, London SE4 1LT

Charitable Incorporated Organisation (CIO) number:

1188708

Bankers:

NatWest 135 Bishopsgate London EC2M 3UR

Independent Examiner:

Nicola Ainscough, FCA

Growing Hope Brockley Independent Examiner's Report to the Trustees

For the year 1 January 2022 to 31 December 2022

I report to the charity trustees on my examination of the accounts of the charity for the period 1 January 2022 to 31 December 2022 which are set out on pages 31-36.

Responsibilities and Basis of Report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed



Nicola Ainscough FCA
Equilibrium Accountants Ltd,
48 Goodramgate,
York,
YO1 7LF

16 February 2023

Statement of Financial Activity				
Note	Unrestricted Funds	Restricted Funds 2022	TOTAL FUNDS	TOTAL FUNDS 2021
	£	£	£	£
INCOME FROM:				
Voluntary Income	37,255	0	37,255	24,974
Grant Income	3,000	10,500	13,500	6,725
Activities for Generating funds	23,851	0	23,851	6,106
TOTAL INCOME	64,106	10,500	74,606	37,805
EXPENDITURE ON:				
Raising Funds	4,189	0	4,189	198
Charitable Activities	48,790	3,000	51,790	35,392
TOTAL EXPENDITURE	52,979	3,000	55,979	35,590
NET INCOME/(EXPENDITURE) BEFORE TRANSFER OF FUNDS				
	11,127	7,500	18,627	2,215
Gross transfer in funds out	0	0	0	0
Gross transfer in funds in	0	0	0	0
NET MOVEMENT IN FUNDS	11,127	7,500	18,627	2,215
Balances brought forward at 1 January 2022	26,503	0	26,503	24,288
BALANCES CARRIED FORWARD AT 31 DECEMBER 2022	37,630	7,500	45,130	26,503

Balance Sheet as at 31st December 2022

	Note	2022 £	2021 £
FIXED ASSETS			
Clinic Equipment	4	794	1,589
		794	1,589
CURRENT ASSETS			
Bank Account		44,408	25,942
Other Debtors	5	0	2,000
		44,408	27,942
LIABILITIES - Creditors due within one year			
Creditors due within one year		(72)	(3,028)
Total Creditors due within one year	6	(72)	(3,028)
NET CURRENT ASSETS			
		44,336	24,914
NET ASSETS			
		45,130	26,503
RESERVES			
Surplus for the year		18,627	2,215
Brought Forward Balance		26,503	24,288
		45,130	26,503
FUNDS			
Unrestricted		37,630	26,503
Restricted		7,500	0
	7	45,130	26,503

The financial statements were approved by the Board of Trustees on: 16 February 2023

Approved by and signed on its behalf by:

Nicholas Stevenson-Steels
Chair of Trustees



Tinashe Mokoni
Trustee



Growing Hope Brockley
Notes to the Financial Statements
For the year 1 January 2022 to 31 December 2022

1. Accounting Policies

Incorporation

Growing Hope Brockley was registered in England and Wales with the Charity Commission as a CIO Foundation on 23 March 2020. These financial statements are for the period 1 January 2022 to 31 December 2022.

Basis of Preparation

The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The Charity is a public benefit entity for the purposes of FRS 102 and therefore the charity also prepared its financial statements in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102 Charities SORP) and the Charities Act 2011.

The financial statements are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest pound.

The financial statements are prepared under the historical cost convention.

The principal accounting policies adopted in the preparation of the financial statements are set out below.

Going Concern Basis

The trustees have assessed whether the use of going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charity to continue as a going concern. The trustees have made this assessment for a period of at least one year from the date of approval of these financial statements. In particular, the trustees have considered the charity's forecasts and projections and have taken account of pressure on income. After making enquiries, the trustees have concluded that there is a reasonable expectation that the charity has adequate resources to continue in operations existence for the foreseeable future. The charity therefore continues to adopt the going concern basis in preparing financial statements.

Income

Income is recognised in the period which it was receivable. Also included is the estimated value of gifts in kind and goods or services donated to the charity where the amounts are material, readily quantifiable and measurable. Such estimates are based on the market price the charity would otherwise have paid.

Expenditure

Direct charitable expenditure comprises all expenditure relating to the activities carried out to achieve the objectives.

Expenditure is allocated directly to the expenditure headings as far as practically possible to reflect the activities of the charity. Support costs have been allocated to the activities based on employee time spent on that activity.

Expenditure is included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered. Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party; it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Fund Accounting

Restricted funds are subject to restrictions imposed by the donor. These are accounted for separately from unrestricted funds. The movements on restricted funds in the period 1 January 2022 to 31 December 2022 are shown in note 7 to the accounts.

Unrestricted funds are those which are not subject to restrictions, and any surpluses may be applied in furtherance of any of the charity's objectives.

Cash and Cash Equivalents

Cash and cash equivalents include cash at banks and in hand and short-term deposits with a maturity date of three months or less.

Debtors and Creditors

Debtors and creditors receivable or payable within one year of the reporting date are carried at their transaction price. Debtors and creditors that are receivable or payable in more than one year and not subject to a market rate of interest are measured at the present value of the expected future receipts or payment discounted at a market rate of interest.

Tangible Fixed Assets and Depreciation

Tangible fixed assets costing less than £500 are not capitalised and are written-off in the year of purchase. Depreciation is provided so as to write off the cost of the fixed assets over their estimated useful lives. A full year's depreciation is charged in the year of purchase. Depreciation is charged at the following annual rates:

Computer and Office Equipment:	4 Years straight line
Clinic Equipment:	4 Years straight line

Pension

The charity operates a defined contribution stakeholder pension scheme. The assets of the scheme are held separately from the charity.

Critical Accounting Estimates and Areas of Judgement

The annual depreciation charge for property, plant and equipment is sensitive to change in useful economic life and residual values of assets. These are reassessed annually.

In the view of the trustees in applying the accounting policies adopted, no other judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

2. Income

	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
		2022			2021	
	£	£	£	£	£	£
Voluntary Income	37,255	0	37,255	24,974	0	24,974
Regular Giving	7,962	0	7,962	2,423	0	2,423
One Off Giving	13,121	0	13,121	10,727	0	10,727
Gift Aid	4,513	0	4,513	1,824	0	1,824
Donations from other Organisations	11,659	0	11,659	10,000	0	10,000
Grant	3,000	10,500	13,500	725	6,000	6,725
Grants	3,000	10,500	13,500	725	6,000	6,725
Fundraising Income	23,851	0	23,851	6,106	0	6,106
Growing Hope Fundraising Night	7,512	0	7,512	1,638	0	1,638
Campaigns	14,758	0	14,758	2,852	0	2,852
Marathon	1,243	0	1,243	1,616	0	1,616
Consultancy	338	0	338	0	0	0
TOTAL INCOME	64,106	10,500	74,606	31,805	6,000	37,805

3. EXPENDITURE

	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
		2022			2021	
	£	£	£	£	£	£
Office and Administration Costs	1,254	0	1,254	1,911	0	1,911
Advertising/Promotion	0	0	0	70	0	70
Postage, Printing , Stationery	296	0	296	287	0	287
Depreciation	795	0	795	1,412	0	1,412
Travel	0	0	0	7	0	7
Phone	130	0	130	100	0	100
Equipment not Capitalised	0	0	0	35	0	35
Office Expenses	33	0	33	0	0	0
Clinic Expenses	135	0	135	229	0	229
Assesment Tools/Clinic Equipment	110	0	110	89	0	89
DBS	23	0	23	47	0	47
Volunteer Hospitality	2	0	2	93	0	93
Fundraising Costs	4,189	0	4,189	198	-	198
Cost of Fundraising	4,189	0	4,189	198	0	198
Contribution to Other charities	6,000	0	6,000	0	0	0
Donation to Growing Hope	6,000	0	6,000	0	0	0
Salaries and HR	41,402	3,000	44,402	27,252	6,000	33,252
Wages and Salaries	37,666	3,000	40,666	24,997	6,000	30,997
Employer Costs	2,033	0	2,033	1,864	0	1,864
Freelance	385	0	385	0	0	0
Finance and HR	1,140	0	1,140	381	0	381
Staff Training	177	0	177	10	0	10
Total Expenditure	52,980	3,000	55,980	29,590	6,000	35,590

Growing Hope Brockley
Annual accounts 1 Jan 2022- 31 Dec 2022

4. Fixed Assets		Clinic Equipment
		£
Actual Cost	At 1 January 2022	3,178
	At 31 December 2022	3,178
Depreciation	At 1 January 2022	1,589
	Charge for the year	795
	At 31 December 2022	2,384
Net Book Value	At 1 January 2022	1,589
	At 31 December 2022	794

5. Debtors	2022	2021
	£	£
Other debtors and accrued income	0	2,000
Total	0	2,000

6. Creditors (amounts falling due less than one year)	2022	2021
	£	£
Creditors falling due within one year	72	3,028
Total Current Liabilities	72	3,028

7. Analysis of Assets by Fund

	Unrestricted Funds	Restricted Funds	TOTAL FUNDS
	£	£	£
Cash & Deposit Balances	36,908	7,500	44,408
Fixed Assets	794	0	794
Total Assets	37,702	7,500	45,202
Current Liabilities	(72)	0	(72)
	37,630	7,500	45,130

8. Staff

No employee was paid at the rate of more than £60,000

Growing Hope Brockley
Annual accounts 1 Jan 2022- 31 Dec 2022

	2022	2021
Average employees during the period	1.0	1.0

9. Restricted Funds

Funder	Item Funded	Balance as at			Balance as at
		1 January	Income	Expenditure	31 December
		2022			2022
		£	£	£	£
The Diocese of Southwark	Project cost	0	3,000	3,000	0
The Jerusalem Trust	Project cost	0	2,500	0	2,500
The Childwick Trust	Project cost	0	3,000	0	3,000
London Catalyst	Project cost	0	2,000	0	2,000

10. Related Parties

Growing Hope Brockley received a total of £2,234 unrestricted donations from its trustees in 2022 (2021 = £404.00)

Growing Hope Brockley makes an annual donation of £6,000 to Growing Hope based on their Partnership Agreement; to support the setting up of new clinics. Growing Hope provides advice, governance and policy support, clinical supervision, and training to the clinic.

11. Fees payable to Independent Examiner

The independent examiner did not charge for their services.

GROWING HOPE BROCKLEY

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Registered charity number 1188708 (England & Wales)

growinghope.org.uk

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Phone: 07704427632

Photographs: Naomi Wilde Photography, Richard Cozby, RodyCloud
Photography, Rachel Orphan and Rebekah Rai

GROWING HOPE BROCKLEY

England & Wales - Charity number 1188708

Accounts

2021

Growing Hope Brockley ANNUAL REPORT

Report & Financial Statements
1 January - 31 December 2021



Growing
HOPE
Brockley

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Kejon's Story

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Hope for Families

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Who we support

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Financial Report

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4 CEO's Letter

“

“I am proud of all our staff and volunteers and the time, energy and effort they have put into supporting families.”

We have experienced significant expansion within Growing Hope in 2021. This year we have set up our third Growing Hope charity in High Wycombe which will open its doors for families to receive speech and language therapy in early 2022. Despite the challenges of coronavirus we have been able to continue to provide support for children, young people and families in our clinics.

This year has been particularly significant thanks to a generous grant from Allchurches Trust who have enabled us to grow our national team to five individuals. This has helped us to continue to support families of children with additional needs on a national level. The team have delivered our Growing Hope Conversations podcast, our 'When Dreams Change' course for parents and carers, and our Siblings Group for brothers and sisters of children with additional needs.

I am proud of all our staff and volunteers and the time, energy and effort they have put into supporting families. Collectively, we have worked with 372 children, young people, parents, carers and siblings in 2021. It is a joy to be able to see and hear so many positive stories of change which you will read within this report.

I'm so grateful to God for his provision for us as a charity and for the families that we work with. I'm excited by the opportunities for growth next year, particularly as we pursue our vision to

set up twenty clinics across the country by 2030, and continue conversations with potential partners in the north and east of the UK. I look forward to seeing all that 2022 holds as we continue to grow hope for children, hope for families and hope in Jesus.

Yours sincerely,



Dr Naomi Graham
Founder & CEO of Growing Hope



Growing Hope's Values



Hope

We believe Jesus brings hope to children, young people and families, even in the most difficult situations, and that underpins everything we do.



Community

We are accepting of all and want everyone to know they are seen, heard and belong.



Courage

We are brave, choosing honesty over comfort, and tackling problems because we want to change lives.



Innovation

We are innovative, flexible and creative in our approach, always aiming for excellence.



Generosity

We look out for others and share our time, encouragement, finances and skills.

6 Chairman's Letter

Having only just started in the role of Chair of Trustees since September, I've been blessed with seeing and hearing an abundance of positive and hope-inducing stories coming from all of those associated with Growing Hope Brockley. This is the perfect opportunity for me to thank God for all that he has done to help us continue to excel in supporting children and their families.

“

“Not only has God answered our prayers for the provision of people, but he has continued to answer our prayers to deliver financially.”

This year has seen a few changes to our Board of Trustees and I'd like to extend my thanks to all of our Trustees, including those who have moved on from their roles this year, for their efforts and dedication to helping Growing Hope Brockley succeed in helping as many children as possible.

This year Growing Hope Brockley celebrated its first birthday, which is a fabulous milestone for a newly formed charity to reach. This, however, simply wouldn't have been possible without our Lead Therapist and Clinic Manager Shaaron Powell, whose unwavering commitment to making Growing Hope Brockley thrive is such a God given blessing. A huge thank you to Shaaron and to the continued support and leadership of Naomi Graham (CEO & Founder of Growing Hope) for all that you do. Also, a huge thank you to St Peter's Church, Brockley, who carry on providing a fantastic venue for our clinic.

Not only has God answered our prayers for the provision of people, but he has continued to answer our prayers to deliver financially to help cover the costs to keep Growing Hope Brockley going, whether that's been through various grants throughout the year where we've

been successful in applying for, or through the many generous people who have donated to support us, including fundraising events such as the animal walk and those who sponsored my run of the London Marathon, this financial provision has been a huge answer to prayer.

I'd love to invite you all to join us in our prayers for continued financial provision and for God to prompt people to have generous hearts to allow us to help more and more families into 2022.

Yours sincerely,



Nick Steels
Chair of Trustees



”



“It’s been very helpful to have some support and guidance as usually this is a lonely process.”

Parent attending Growing Hope Brockley clinic

8 Trustees Report

The Board of Trustees presents its report and financial statements for the year 1 January 2021 - 31 December 2021 together with the Independent Examiner's Report. Growing Hope Brockley was registered with the charity commission as a CIO on 23 March 2020, charity number 1188708. The current trustees are Nick Stevenson-Steels, Imani McEwen, Liz Morgan, Lynne Wilkinson and Tinashe Mokoni.

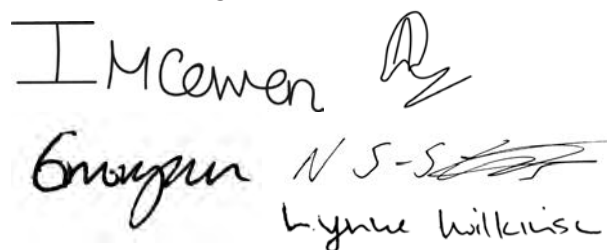
After lots of hard work and support in launching the charity the following trustees stepped down in 2021: Chloe Stephens (September), Ana Kyle (March), Jeni Noel (June), Imogen Sutherland (September), Francesca Bignoux (October). We now have a full new trustee board who started this year: Nick Stevenson-Steels (Chair, appointed 21 Sept 21); Imani McEwen (ex-officio trustee, 21 May 21); Liz Morgan (21 Sept 21); Lynne Wilkinson (7 December 2021), Tinashe Makoni (7 December 2021). We would like to thank all the trustees who stepped down this year for their support; without them the launch of Growing Hope Brockley wouldn't have been possible.

Growing Hope Brockley continues to provide free therapy services for children and young people with additional needs and their families living in Lewisham and Southwark. Our aim is to provide a holistic service which supports parents, carers and siblings - as well as the children and young people themselves. Details of our charitable objectives (page 12) and impact and outcomes (page 14 onwards) are found in greater depth within this report.

We are confident that Growing Hope Brockley has carried out its charitable objectives in 2021 and acted in the interests of the public benefit. We have referred to the Charity Commission's guidance on reporting on public benefit when preparing this annual report.

Growing Hope Brockley provides intervention and support to children and families in need, regardless of income. These services are provided by one member of staff and one volunteer (registered healthcare professionals), in the future services may also be provided by further volunteers and freelancers where necessary, in accordance with charity policy and standards of good practice. We have many non-clinical volunteers without whom we would not have been able to run Growing Hope Brockley in 2021, and we are extremely grateful for their support.

Yours sincerely,




Handwritten signatures of Imani McEwen, Liz Morgan, and Lynne Wilkinson.

Nick Stevenson-Steels, Imani McEwen, Liz Morgan, Lynne Wilkinson and Tinashe Mokoni

This year we have:

- Supported 111 children, siblings, parents and carers through therapy & training.
- Raised £37,805 to grow hope in the lives of people in Lewisham and Southwark.

”



“The intervention has helped my daughter to sit for learning and eating at the table. She was not able to sit for a minute before but she can now sit for at least 15 minutes for any activity. It also helped her to understand the concept of ‘more’ as she now asks when she needs more of any activity or food.”

Growing Hope Brockley Clinic Parent

10 Lead Therapist & Clinic Manager's Message

The last time I wrote an annual review the clinic had only opened three months prior and so much had already happened. Now it is a whole year later and it feels like only a few months have passed and even more has happened.

“

“A big thank you must be said to the Staff Team at St Peter’s who are always supportive and encouraging of Growing Hope.”

Over the last year we have worked with 39 children and young people at our clinic and 72 families through therapy sessions and online parent training. We have also run a range of events.

A big thank you must be said to the Staff Team at St Peter’s who are always supportive and encouraging of Growing Hope, our vision; to support children and families in the local community and to make church a place that is welcoming and accessible to all, is also their vision. To the trustees who volunteer their time, energy and resources to make sure that Growing Hope Brockley not only continues but thrives, a very big thank you.

Some of my highlights have been making connections with the local services in Lewisham who now make regular referrals and we have regular contact to review input and how the families are being supported. We believe in working in partnership with other services to make sure our families are known, heard and helped effectively. Our hope is to build stronger relationships with more services, charities and schools.

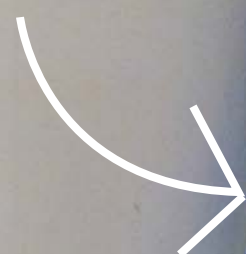
Another highlight is the growth of our team with Aislinn Jeffers, a volunteer integrative child counsellor, joining the team. Our clinic is due to expand further with the addition of Nikkola Thornton offering music therapy as a volunteer from the start of 2022. Our hope is to continue growing our team to be able to meet a wider range of needs faced by the families who access our service. After such a successful year, I look forward to what the next year will bring.

Yours sincerely,



Shaaron Powell
Lead Therapist & Clinic Manager




Shaaron Powell
Lead Therapist



12 Objectives

In accordance with its charity constitution, Growing Hope Brockley has sought to achieve the following aims and objectives in the year dated 1 January 2021 to 31 December 2021.

The advancement of health and wellbeing for the public benefit by the provision of a therapy clinic run in accordance with Christian principles for children and young people (0-18) with additional needs and their families living in the Lewisham and Southwark area. In particular, but not exclusively, by:

-  Registered healthcare professionals providing assessment, advice and intervention, and other services as the trustees see fit.
-  Provision of sibling, parent and carer support groups and courses, and other services as the trustees see fit.
-  The advancement of the Christian faith through the opportunity to engage in conversation about faith and spiritual wellbeing and to receive prayer, and other such invitations as the trustees see fit.



Hope for Children:

We have provided free occupational therapy and integrative therapy in the St Peter's Brockley church building. We have worked on individualised goals to support children and families in the areas of greatest need.



Hope for Families:

We have provided two 'When Dreams Change' groups for parents processing the experience of having a child with additional needs. Shaaron Powell (Lead Therapist and Clinic Manager) has also completed the Siblings Group Facilitator Training and will be hosting Siblings Groups in 2022.



Hope in Jesus:

We have supported families of children with additional needs to access church services and feel a part of the St Peter's Brockley community. We continue to provide the opportunity for families to participate in prayer at the end of their clinic session.

We've provided direct therapy for 39 children.



87% of therapy goals set with children were achieved.

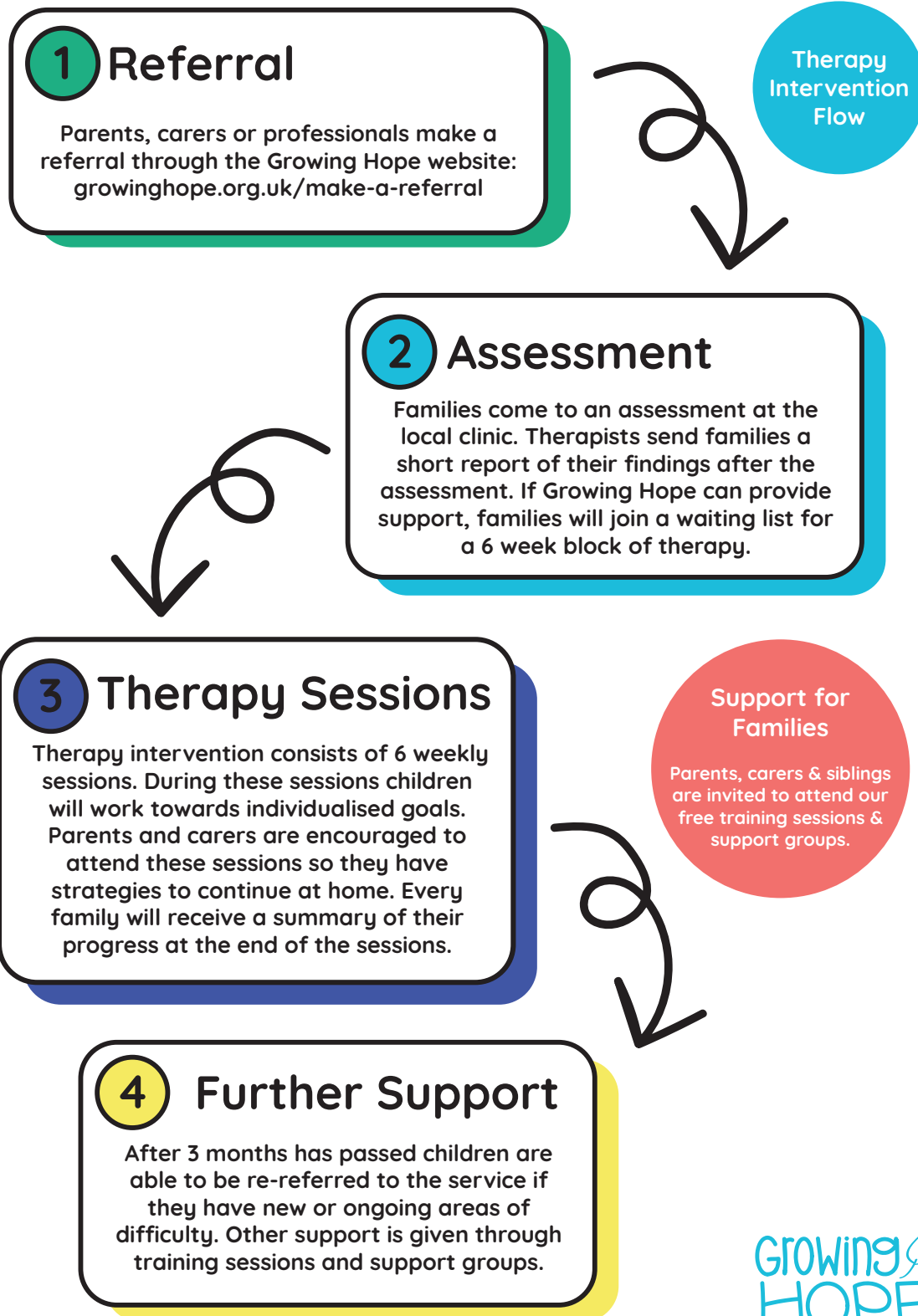


72 parents supported through therapy sessions & courses.



Referrals Process

Parents, carers and professionals can make referrals for the therapy we offer. Children are then assessed at our local clinic in Brockley before being offered a block of therapy if we can provide support.



14 Hope for Children

In 2021 we worked with 39 children on a one-to-one or group basis. Some of our sessions and assessments were completed virtually with families when lockdown measures or isolation meant that it was not possible to see families in person.

Each child received an assessment and then a four to six week block of weekly intervention sessions to support them in reaching their therapy goals. Where virtual sessions took place these were usually only 30 minutes as children found it more difficult to participate on zoom. Various therapy services have been provided in the year by our therapists:

 **Shaaron Powell** (occupational therapist) our Lead Therapist and Clinic Manager.

 **Aislinn Jeffers** (trainee Integrative Child Counsellor) who has been regularly volunteering since September 2021.

Outcome Measures

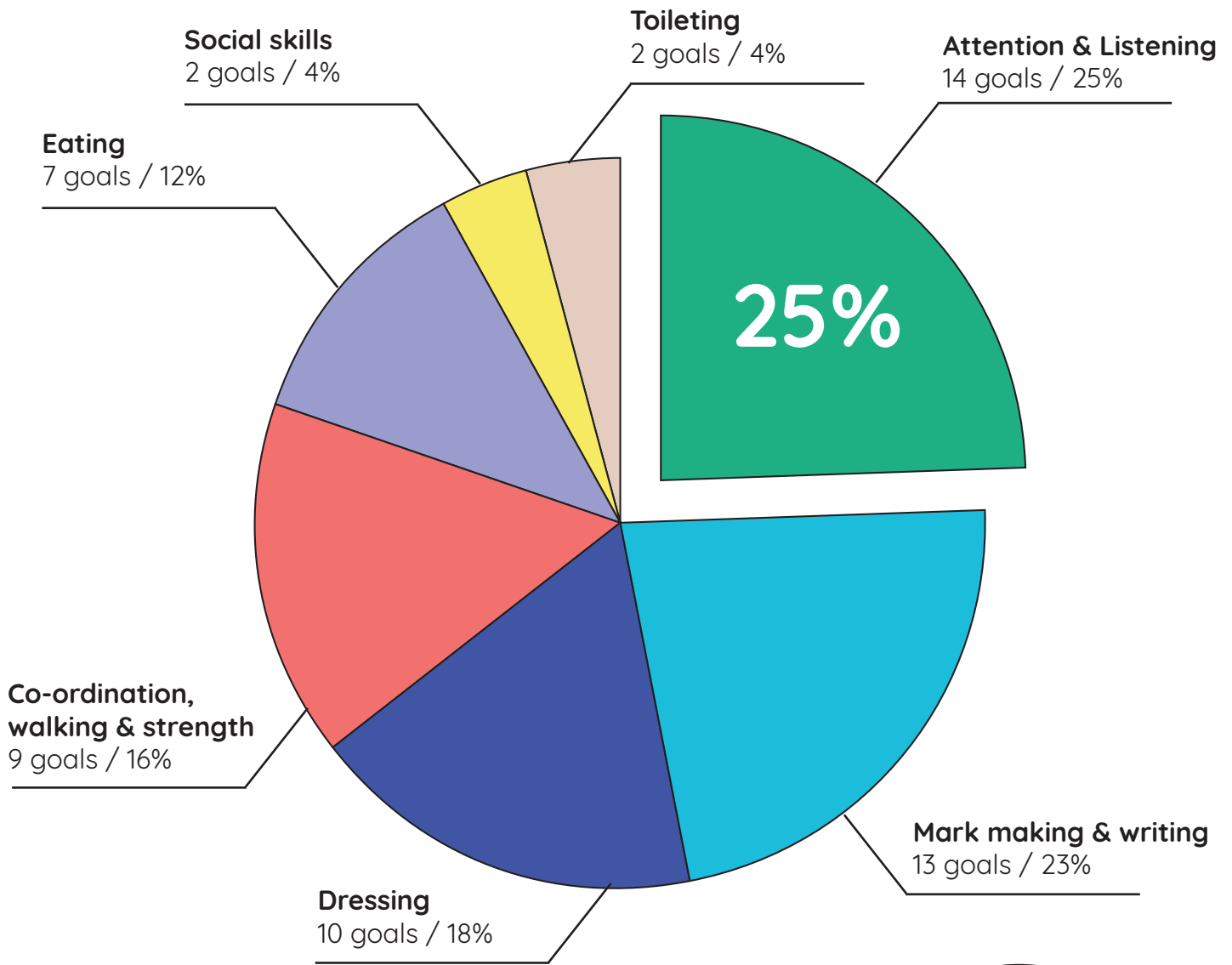
At Growing Hope we are committed to providing a high quality of clinical services and therefore we place a high importance on our outcome measurement. We use a combination of non-standardised feedback forms and a standardised measure, the Goal Attainment Scale (GAS).¹ GAS is an outcome measure that is commonly used in research to show the effectiveness of therapy services.² GAS enabled us to set three goals for each child and young person in a conversation between themselves, their parents and the therapist. These goals follow 'SMART' goal standards: Specific, Measurable, Achievable, Realistic and Timely. Each goal is designed to be achievable within the block of sessions a child is undertaking.

Outcomes

Every child was seen to make improvements over the course of their therapy sessions. Of 151 goals set within the clinic and across our groups with children and young people, 87% of therapy goals were met. Where goals weren't met the primary reasons were parents facing challenges that prevented them from carrying out activities with the child at home, or that the family were unable to attend clinic on several occasions. This was particularly noticeable during the winter lockdown where some parents found it challenging to continue therapy activities with their children at home. A core value of Growing Hope is equipping parents to incorporate their child's goals into their everyday life; this often leads to high success in therapy.



Types of goals children worked on in clinic



87%
of the 67 goals
were achieved
by children

21%
of the 151 therapy
sessions were
virtual in 2021

Kejon's Story & Occupational Therapy

Kejon is a 5-year-old boy who was referred to Growing Hope Brockley due to his difficulties managing and expressing his emotional needs, and difficulties eating. On assessment his mother noted that her two main concerns were his poor attention which influenced his learning and independence at home and school. Her other concern was that he eats extremely slowly, small amounts and a very limited range of foods.

Kejon attended a block of therapy which included six sessions in clinic with his mother present where we worked on improving attention and eating. A discussion was also held with school SENCO to problem-solve the areas he finds difficult and suggested recommendations were put in place making Kejon's experience at school more positive and allow him to stay at school for the duration of the school day.

Kejon's mother attended online parent training sessions where she gained more knowledge on Sensory Processing Difficulties and Selective Eating strategies. Kejon and his mother were a pleasure to work with and it is so encouraging that he achieved his goals and is now able to attend his school day.



“

“The sessions at Growing Hope Brockley were very beneficial and have helped us in so many ways. Kejon always looks forward to his time with Shaaron. Shaaron, we thank you for all your kindness, ideas and getting us involved in Growing Hope Brockley Charity Events.” Kejon's Mum

We believe that the families of children with additional needs require support and care too so we provide a range of support groups & courses.

“

“Shaaron is brilliant. She made everyone so at ease & helped us to be open. Thank you so much for everything.” When Dreams Change Attendee

When Dreams Change

When Dreams Change enables parents to have the opportunity to reflect on their experience of their hopes and dreams having to change because of their child’s additional needs. We ran the course twice online this year for a total of 8 parents and carers. The course was developed by Heather Graham (counsellor) and Naomi Graham (occupational therapist) in 2019. Both instances of running When Dreams Change were met with extremely positive feedback, with several parents reporting how valuable they had found it to be able to process some of their emotions and share their feelings.

The Goal Attainment Scale ^{1&2} is used to measure outcomes of the When Dreams Change course. Across all the courses run this year, 100% of the goals set were met. The course aimed to enable parents to achieve the following:

- Reflect on their own experience and map out and share with the group the core emotions they are experiencing at the moment.
- Reflect on their own support network and share with the group one way in which they can draw upon this.
- Reflect on their own dreams and share with the group one small step they may take towards these.



Parent & Carer Training Sessions

Throughout the year, Shaaron has run 6 practical training sessions for parents and carers. These sessions have taken place online and are free to attend. Over 25 parents have attended these sessions. Topics have included sensory processing and selective feeding. These sessions have been very popular with parents and carers.

“Every mealtime is a very stressful time for me and my son, thanks to this session I learned about a lot of different techniques that I can try to make it better. Very helpful thank you.”

“Really helpful sensory processing training that has made me feel more confident identifying my son’s needs and how to respond to these. Very equipping!”

“These short evening webinar sessions are SO useful and mean we can both engage together as parents and each one has started a useful discussion together where we decide what we are going to take away and action.”

Siblings Group

The Siblings Group facilitator course was launched by Growing Hope (national) this year. Shaaron and Imani (Growing Hope Brockley Trustee & St Peter’s Kid’s Pastor) were trained as facilitators in October 2021. They will run the first Siblings Group in 2022. The group will consist of seven 40 minute sessions with the goal of enabling children to explore and share some of their experiences and feelings of being a sibling of a child with additional needs. The group uses puppet, art and movement activities to help children think through scenarios and relay their own experiences. Through speaking about, writing or drawing their experiences, siblings have the opportunity to process their emotions and connect with others who have had similar experiences.



Hope in Jesus

At Growing Hope Brockley we believe that Jesus brings hope into everyone's lives, that God has created every individual fearfully and wonderfully and that they are of value to him. Our Christian values have underpinned the work we have done both in the clinic and in schools over the past year.

We welcome all individuals to the clinic, whatever their faith or background. During this year 8% of the families we have supported have no faith, 15% are from a Muslim background, 8% are from another faith and 69% are from a Christian background. Each week within therapy sessions, we offer to pray for people if this is something they would like to do. Some families have declined the offer of prayer, but many have accepted it. Across the year we have had conversations with families who have asked questions about faith and the hope that Jesus can bring. We've also been able to pray for families along the therapy journey, and this appears to have helped families to stay hopeful and confident. It has been a privilege to be able to extend the hope that Jesus can bring to the families who have come to the clinic. On several occasions we have been able to pray with both children and parents facing challenging times, to walk alongside them and speak hope into their challenges.



“One of my favourite verses from the Bible is according to Jeremiah 29 v 11 which has the word hope in it - ‘For I know the plans I have for you,’ declares the Lord, “plans to prosper you and not to harm you, plans to give you hope for a future.’ I think that is what Growing Hope is helping me and Ranan with. It’s giving us a hope for the future because it’s quite overwhelming for a parent when a child receives their diagnosis.”

Growing Hope Parent Quote

20 Introduction to Integrative Therapy

Aislinn Jeffers is a trainee integrative child counsellor who joined the Growing Hope Brockley Clinic team as a volunteer in September.

“

After children have had sessions with Aislinn, they experience increased self-esteem, a lighter mood and better concentration on school tasks.

Aislinn has a wealth of experience working with people of all ages who have various forms of additional needs and she has a passion to see people with additional needs live their lives to the fullest. She has been training at the Institute for Arts in Therapy and Education where they have an integrative approach to therapy and use multiple art forms as well as therapeutic models in order to enable their therapists to meet the needs of their clients from multiple angles.

The art forms Aislinn uses are drawing, painting, drama, puppetry, dance, body movement, music, poetry, sandplay and sculpture. The artforms used in sessions are dependent on the child and which ones they connect best with or are able to use. Aislinn's main aims are to improve the well-being of the people she works with by focussing on their educational, emotional and social needs. Aislinn's sessions are a special space in the busy school week for children to have time to talk, play, create art and discuss any feelings or worries.

After children have had sessions with Aislinn, they experience increased self-esteem, a lighter mood and better concentration on school related tasks. This is because strong feelings and

worries can really interfere with a person's ability to concentrate as well as how a person sees themselves in the world or interacts with others.

Aislinn hopes that the arts will enable the children and young people at Growing Hope Brockley to be able to tell their stories about their lives with the natural strength and depth that is often lost in day-day language.



”



“The intervention made a difference in my son’s life as he now feels confident tying his shoe laces, eating with cutlery and working more independently with scissors. He was asked about what skills he was having difficulties with and received therapy that helped improve his skills in all these areas.”

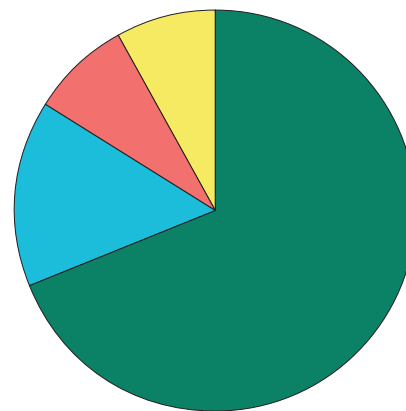
Growing Hope Brockley Clinic Parent

22 Who We Support

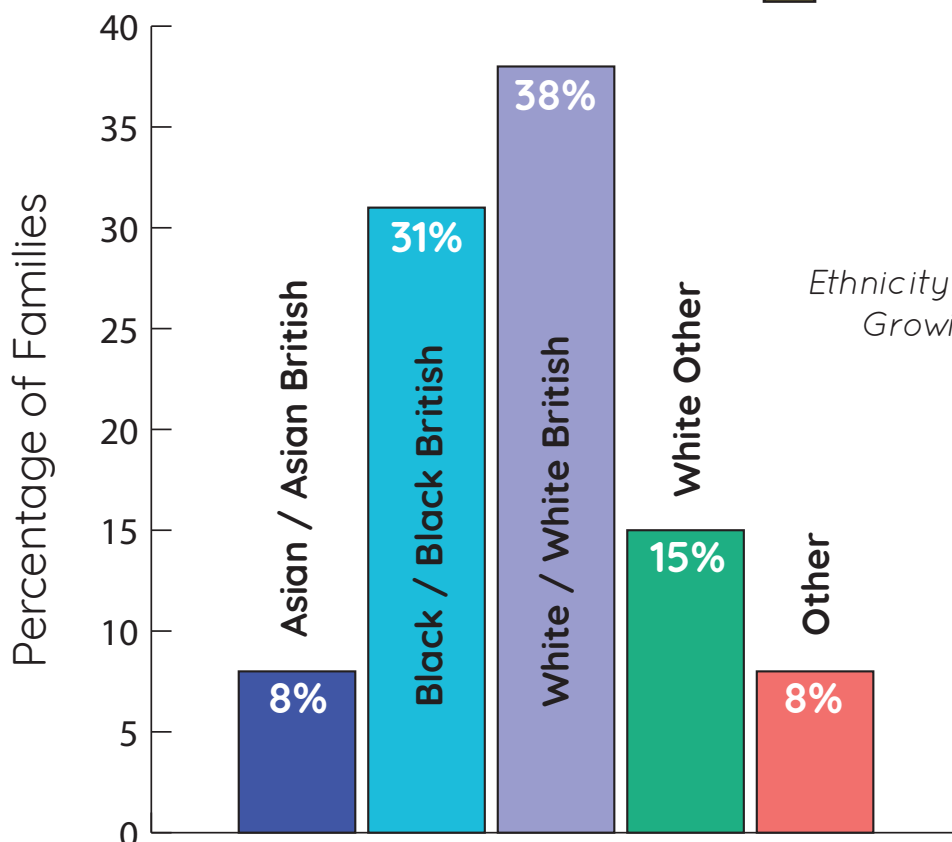
We support children, young people and families from a range of backgrounds and circumstances.

54% of families were receiving some kind of benefit or income support such as free school meals, universal credit or disability living allowance. At Growing Hope Brockley, we endeavour to offer a service that is open to all individuals irrespective of their background, and reach those who are experiencing the most pressing challenges. We feel these demographics demonstrate that over the last year we have been helping to assist those in critical need of support. At Growing Hope, we are accepting of all and want everyone to know they are seen, heard and belong.

Religion of Families Attending Growing Hope Brockley



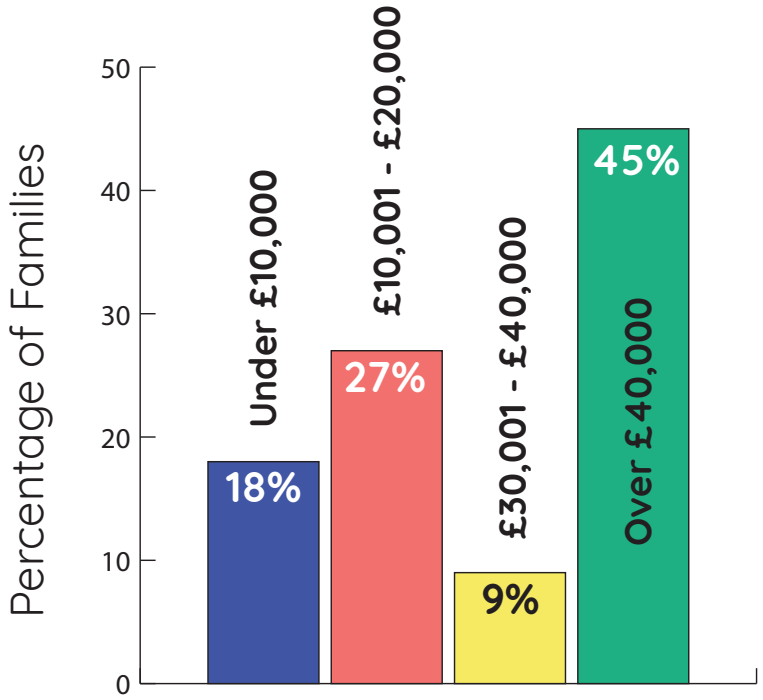
- Christian - 69%**
- Muslim - 15%**
- No Religion - 8%**
- Buddhist - 8%**



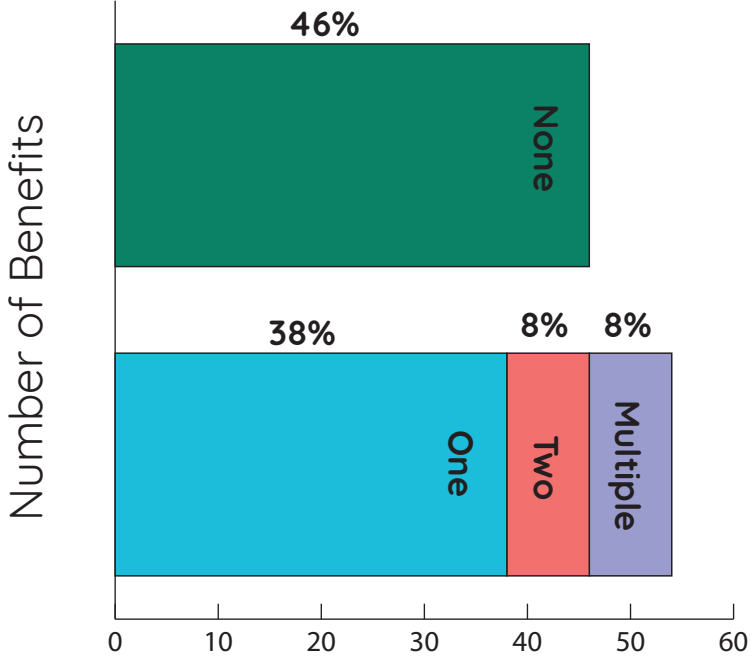
Ethnicity of Families Attending Growing Hope Brockley



45%
of families have a household income that is below the UK median of £29,900 ³



Household Income for Families Attending Growing Hope Brockley



54%
of families are receiving at least one type of income support or benefit.



Household Benefits for Families Attending Growing Hope Brockley

24 Volunteers

Volunteers play a big part in enabling Growing Hope Brockley to operate. The trustees would like to say a big thank you to each and every individual who has supported Growing Hope Brockley in the past year.

Including the trustees, we have 16 regular volunteers who give up hours of their time on a monthly or periodic basis. We also have 10 volunteers who have supported us at one-off events or through providing childcare in order for us to run our groups for families. The trustees also want to recognise the role of our partnership church, St Peter's Brockley, in facilitating this level of support and volunteering. Without the church community, Growing Hope Brockley would be unable to continue to support children, young people and families.

Sunday Volunteers

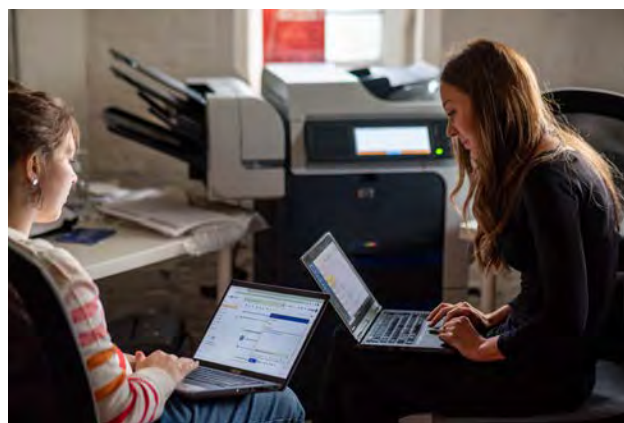
This year we have seen six Growing Hope families attend church services or events. The St Peter's kids team have received briefing and training as to how to support children with additional needs within a church setting and accessibility is core to the kids ministry provided. Each session includes visual schedules, fidget toys, opportunities for movement, a multisensory story and prayer activities so children, whatever their needs, can engage and participate. The trustees want to thank St Peter's Church who have enabled Growing Hope's provisions to thrive on a Sunday.

Event Volunteers

Our one-off volunteers for our events have been so valuable in enabling these initiatives to be as successful as they have been. We are extremely grateful to everyone who offers up their time to serve at these events.

Due Diligence

All regular volunteers provide two references, and any volunteer who works with children provides two references and completes a DBS check. Regular volunteers have a volunteer agreement which is in no way legally binding, but helps Growing Hope Brockley and the volunteer to agree the role in which they volunteer.





81%

of disabled people had problems accessing essential healthcare during the pandemic ⁴

15.9%

of children in England have an additional need ⁵

97%

of schools have insufficient funding to support pupils with special needs ⁶

1 in 3

schools has cut their special needs provision in the last year ⁶

26 Financial Review

The trustees present an overview of the charity's finances for the period: January 2021 - 31 December 2021. Growing Hope Brockley currently runs with both restricted and unrestricted funding. Funds left in reserve at the end of the financial period: £26,503.

We received an income of £37,805:

- £2,423 regular giving
- £10,727 one-off gifts
- £1,824 gift aid
- £10,000 donations from other organisations
- £6,725 grants
- £6,106 fundraising campaigns & events

We had an expenditure of £35,590:

- £1,911 office and admin costs
- £229 clinic expenses
- £198 fundraising costs
- £33,252 salaries & HR

This is in line with expectations for the end of our financial year, and is enough funding to continue to run sustainably. Throughout the year Growing Hope Brockley has run several small-scale fundraising events such as an Animal Walk Scavenger Hunt, Easter Fundraiser and London Marathon Sponsorship. We also took part in Hosting for Hope and the Big Give. The trustees are confident that there is going concern to continue the charity for the year ahead.

Management of Financial Risk

We aim to hold at least three months of our outgoings in reserve. We raise our income through regular giving, fundraising events and grants. We aim to increase regular giving in order to have further sustainable finances to enable us to provide our therapy services. The financial statements have been prepared

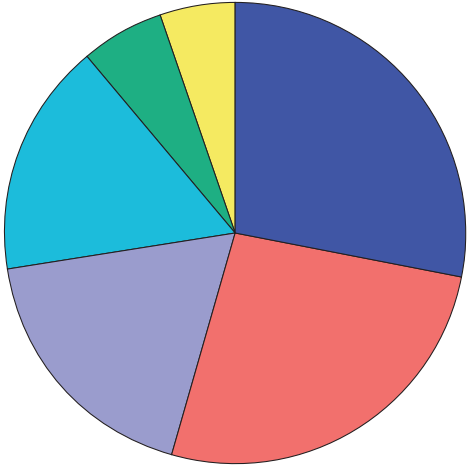
in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS 102. The full financial statements are found at the end of this report.

Impact of Coronavirus

We have not been able to organise in-person events, in particular on a large scale because of the government restrictions during the coronavirus pandemic. This has significantly impacted the launch of the charity and particularly the amount of regular givers. We have mitigated the shortfall of fundraising income through the generosity of major donors, grant foundations and the support of Growing Hope. We expect to hold our first in-person fundraising event in 2022 and hope to increase our regular giving support.



Types of income received by Growing Hope Brockley



- One-off Gifts - 28%
- Donations from other organisations - 26%
- Grants - 18%
- Fundraising campaigns & events - 16%
- Regular Giving - 6%
- Gift Aid - 5%



28 Risk Management

The trustees take risk management seriously and have identified the following risks and put in place processes to mitigate them.

Financial Risk:

- Hold three months' finances in reserves.
- Organise monthly fundraising meetings and plans.
- Regular finance updates for local clinics prepared by our Finance Officer.
- Follow policies and procedures outlined by Growing Hope umbrella charity.

IT Security & Protection:

- Follow data protection policy provided by Growing Hope umbrella charity.
- Files accessed on a needs basis within Google Drive.
- Encrypted clinic software (Canopy) for all clinical notes.
- All computers password protected.
- All reports and appointment letters sent to families are password protected.

Safeguarding:

- All trustees have an up-to-date DBS.
- Any volunteers and or staff and freelancers are recruited via safer recruitment and have undergone referencing and DBS checks.
- All volunteers and staff are aware of safeguarding policy and procedures.

Health & Safety:

- Follow health and safety policy outlined by Growing Hope umbrella charity.
- Public liability insurance is in place.
- Day-to-day risk assessments are carried out by all staff and volunteers within their roles.

Compromising Christian Identity & Values:

- Hope in Jesus continues to be core to the charity's messaging.
- Everyone is welcome regardless of their background.
- Each family who attends the clinic has the opportunity to choose to participate in prayer.

Supporter Engagement and Fundraising

This year generous individuals and organisations gave a total of £37,805 to grow hope in the lives of people in Lewisham and Southwark.

Trustees and members of the Growing Hope Brockley team spent time applying for grant funding, thanking regular givers and continuing to create opportunities for individuals to give regularly. Due to the ongoing pandemic and resulting Lockdowns, we were unable to hold any large scale in-person fundraising events in 2021. We are looking forward to our fundraising Ball in March 2022.

Hosting for Hope

We were still able to successfully run a Hosting for Hope campaign when Lockdowns were lifted in the Summer of 2021. During a Hosting For Hope meal, hosts invite friends and provide the food. Instead of bringing drinks or dessert, guests are invited to donate towards the work of Growing Hope (suggested minimum donation of £10). We raised nearly £400 during this campaign and plan to keep it running for people to take part in throughout the year.

Big Give

We were also able to raise significant funds through our Big Give campaign which we ran in partnership with Growing Hope Umbrella. We received several generous donations from individuals who have committed to pray and support Growing Hope Brockley - you know who you are and we are so grateful for your gifts which enable us to support children and young people and their families.

Other Fundraising

Also, we would like to say a huge thank you to Nick Stevenson-Steels for raising over £1,500 by running the London Marathon in October 2021.

Grants & Trusts

We have also received several generous donations from trusts and grant providers. We would like to thank Tesco, ASDA, Sir William Boreman and Allchurches Trust for supporting us by funding our therapy services. With their support, we have been able to continue to provide therapy for children with additional needs in Lewisham and Southwark.

Grants received:

- Sir William Boreman Foundation - £5,000
- ASDA - £300
- Tesco - £1,000



30 Structure, Governance and Management

Growing Hope Brockley is a registered charity in England and Wales, and is run in accordance with its charity constitution. Growing Hope Brockley works in partnership with St Peter's Brockley and Growing Hope (umbrella charity).

As a CIO, if Growing Hope Brockley is wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities. The trustees also hold Trustee Indemnity insurance of £100,000 for Executive Risks. Insurance is provided via Growing Hope umbrella charity (CaSE combined policy 013633/03/21).

Employees

Shaaron Powell has continued to provide therapy for Growing Hope Brockley over the last year. In September 2021 Shaaron increased her working days from 3 to 4. Shaaron attends Growing Hope Brockley Trustee meetings but is not party to any decisions regarding her salary or employment.

Freelancers & Volunteers

During 2021, Growing Hope Brockley expanded the therapy team to include a volunteer - Aislinn Jeffers. Aislinn has been providing regular integrative therapy as a volunteer for our clinic since September 2021. All staff and volunteers have undergone safer recruitment checks.

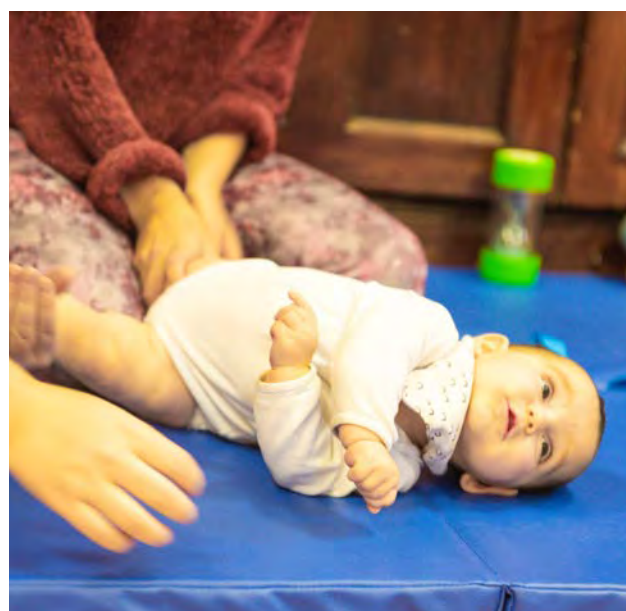
Governance & Partnerships

Growing Hope Brockley is a CIO that runs in partnership with Growing Hope (umbrella charity). It is Growing Hope's second clinic and launched in October 2020. Growing Hope Brockley receives

governance, policy, insurance, clinical supervision and training from the umbrella. It provides financial reports to the umbrella and, with parental consent, shares stories from the clinic. Growing Hope Brockley also partners closely with its local partnership church, St Peter's Brockley, where the lead therapist and clinic manager Shaaron Powell is part of the staff team. St Peter's provides pastoral care for Shaaron.

Trustees

Growing Hope Brockley's trustees are members of the CIO and appointed by a resolution at trustee meetings. They are responsible for governance of Growing Hope Brockley, ensuring it is meeting its charitable purposes.



“

“My son loved coming to each session, he never complained and was actually quite sad to find out it was over.”






Growing Hope Brockley Parent

32 The Year Ahead

We loved seeing the charity continue to grow and reach children and families in 2021 despite the ongoing coronavirus pandemic. We are looking forward to continuing to grow our services and see the positive impact of our work on the lives of children, young people and their families.

A key aim of the trustees is to maintain our fundraising income through grant applications, events and campaigns. We also endeavor to keep our current staff in position and expand our services as finances allow.

For the next year we have set ourselves these goals:

-  **SERVICES** to continue to expand our services as finances allow.
-  **LOCALITY** to reach more families living in Lewisham and Southwark.
-  **FUNDRAISING** to increase fundraising income through regular giving, grants and supporter engagement.
-  **CONNECTIONS** to continue to build relationships with other local services and schools.
-  **CHURCH** to see more families that come through the clinic find home in church community.

Annual Report References:

1. Ruble, L., McGrew, J.H., Toland, M.D. (2012) Goal Attainment Scaling as an Outcome Measure in Randomized Controlled Trials of Psychosocial Interventions in Autism. *Journal of Autism and Developmental Disorders* 42(9): 1974-1983.
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Growing Hope Brockley
Reference and Administrative Details
For the year 1 January 2021 – 31 December 2021

Trustees:

Nicholas Stevenson-Steels appointed 21 September 2021
Imani McEwan appointed 21 May 2021
Elizabeth Morgan appointed 21 September 2021
Lynne Wilkinson appointed 7 December 2021
Tineshe Mokoni appointed 7 December 2021

Trustees at the beginning of the year who have stepped down are as follows:

Chloe Stephens stepped down 21st Sept 2021
Imogen Sutherland stepped down 21st Sept 2021
Francesca Bignoux stepped down 21st Sept 2021
Jeni Noel Stepped down 29th June 2021
Ana Kyle stepped down 31st March 2021

Key Management Personnel:

Shaaron Powell, Lead Therapist and Clinic Manager

Registered Principal office:

St. Peters Church, Wickham Road, London SE4 1LT

Charitable Incorporated Organisation (CIO) number:

1188708

Bankers:

NatWest 135 Bishopsgate London EC2M 3UR

Independent examiner:

Nicola Ainscough

Growing Hope Independent Examiner's Report to the Trustees For the year period 1 January 2021 to 31 December 2021

I report to the charity trustees on my examination of the accounts of the charity for the period 1 January 2021 to 31 December 2021 which are set out on pages 33-42.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed



Nicola Ainscough ACA

17 February 2022

Equilibrium Accountants Ltd, 48 Goodramgate, York, YO1 7LF

Growing Hope Brockley
Annual accounts 1 Jan 2021- 31 Dec 2021

Statement of Financial Activity						
Note	Unrestricted	Restricted	TOTAL	Unrestricted	Restricted	TOTAL
	Funds	Funds	FUNDS	Funds	Funds	FUNDS
	2021			2020		
	£	£	£	£	£	£
INCOME FROM:						
Voluntary Income	24,974	-	24,974	13,438	-	13,438
Grant Income	725	6,000	6,725	20,000	-	20,000
Activities for Generating funds	6,106	-	6,106	1,125	-	1,125
TOTAL INCOME	31,805	6,000	37,805	34,563	0	34,563
EXPENDITURE ON:						
Raising Funds	198	-	198	42	-	42
Charitable Activities	29,392	6,000	35,392	10,235	-	10,235
TOTAL EXPENDITURE	29,590	6,000	35,590	10,276	0	10,276
NET INCOME/(EXPENDITURE) BEFORE						
TRANSFER OF FUNDS	2,215	0	2,215	24,288	-	24,288
Gross transfer in funds out	-	-	-	-	-	-
Gross transfer in funds in	-	-	-	-	-	-
NET MOVEMENT IN FUNDS	2,215	0	2,215	24,288	0	24,288
Balances brought forward at 1 January 2021	24,288	-	24,288	-	-	-
BALANCES CARRIED FORWARD AT 31 DECEMBER 2021	26,503	0	26,503	24,288	0	24,288

Growing Hope Brockley
Annual accounts 1 Jan 2021- 31 Dec 2021

Balance Sheet as at 31st December 2021

	2021	2020
Note	£	£
FIXED ASSETS		
Clinic Equipment	1,589	3,001
	1,589	3,001
CURRENT ASSETS		
Bank Account	25,942	21,201
Other Debtors	2,000	0
	27,942	21,201
LIABILITIES - Creditors due within one year		
Payroll	0	(85)
Accruals	(3,028)	0
Total Creditors due within one year	(3,028)	(85)
NET CURRENT ASSETS		
	24,914	21,286
NET ASSETS		
	26,503	24,288
RESERVES		
Surplus for the year	2,215	24,288
Brought Forward Balance	24,288	0
	26,503	24,288
FUNDS		
Unrestricted	26,503	24,288
Restricted	0	0
	26,503	24,288

The financial statements were approved by the Board of Trustees on: 20 January 2022

Approved by the and signed on its behalf by:



Nicholas Stevenson-Steels
Chair of Trustees



Tinashe Mokoni
Treasurer

Growing Hope Brockley
Annual accounts 1 Jan 2021- 31 Dec 2021
Notes to the Financial Statements

2. Income

	Unrestricted Funds	Restricted Funds 2021	Total Funds	Unrestricted Funds	Restricted Funds 2020	Total Funds
	£	£	£	£	£	£
Voluntary Income	24,974	0	24,974	13,439	0	13,439
Regular Giving	2,423	-	2,423	772	-	772
One Off Giving	10,727	-	10,727	664	-	664
Gift Aid	1,824	-	1,824	-	-	-
Donations from other Organizations	10,000	-	10,000	12,003	-	12,003
Grant	725	6,000	6,725	20,000	0	20,000
Grants	725	6,000	6,725	20,000	-	20,000
Fundraising Income	6,106	0	6,106	1,125	0	1,125
Growing Hope Fundraising Night	1,638	-	1,638	1,125	-	1,125
Campaigns	2,852	-	2,852	-	-	-
Marathon	1,616	-	1,616	-	-	-
TOTAL INCOME	31,805	6,000	37,805	34,564	0	34,564

3. EXPENDITURE

	Unrestricted Funds	Restricted Funds 2021	Total Funds	Unrestricted Funds	Restricted Funds 2020	Total Funds
	£	£	£	£	£	£
Office and Administration Costs	1,911	0	1,911	227	0	227
Advertising/Promotion	70	-	70	0	-	-
Postage and Packaging	287	-	287	50	-	50
Depreciation	1,412	-	1,412	177	-	177
Travel	7	-	7	-	-	-
Phone	100	-	100	-	-	-
Equipment not capitalised	35	-	35	-	-	-
Clinic Expenses	229	0	229	1,122	0	1,122
Assesment Tools/Clinic Equipment	89	-	89	95	-	95
Clinic Set Up Costs	-	-	-	947	-	947
DBS	47	-	47	-	-	-
Volunteer Hospitality	93	-	93	80	-	80
Fundraising Costs	198	-	198	41	-	41
Cost of Fundraising	198	-	198	41	-	41
Salaries and HR	27,252	6,000	33,252	8,886	0	8,886
Wages and Salaries	24,997	6,000	30,997	8,048	-	8,048
Employer costs	1,864	-	1,864	432	-	432
Finance and HR	381	-	381	361	-	361
Staff Training	10	-	10	45	-	45
Total Expenditure	29,590	6,000	35,590	10,276	0	10,276

Growing Hope Brockley
Notes to the Financial Statements
For the year period 1 January 2021 to 31 December 2021

Accounting Policies

Incorporation

Growing Hope Brockley was registered in England and Wales with the Charity Commission as a CIO Foundation on 23 March 2020. These financial statements are for the period 1 January 2021 to 31 December 2021.

Basis of Preparation

The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The Charity is a public benefit entity for the purposes of FRS 102 and therefore the charity also prepared its financial statements in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102 Charities SOP) and the Charities Act 2011.

The financial statements are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest pound.

The financial statements are prepared under the historical cost convention.

The principal accounting policies adopted in the preparation of the financial statements are set out below.

Going Concern Basis

The trustees have assessed whether the use of going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charity to continue as a going concern. The trustees have made this assessment for a period of at least one year from the date of approval of these financial statements. In particular, the trustees have considered the charity's forecasts and projections and have taken account of pressure on income. After making enquiries, the trustees have concluded that there is a reasonable expectation that the charity has adequate resources to continue in operations existence for the foreseeable future. The charity therefore continues to adopt the going concern basis in preparing financial statements.

Income

Income is recognised in the period which it was receivable. Also included is the estimated value of gifts in kind and goods or services donated to the charity where the amounts are material, readily quantifiable and measurable. Such estimates are based on the market price the charity would otherwise have paid.

Expenditure

Direct charitable expenditure comprises all expenditure relating to the activities carried out to achieve the objectives.

Expenditure is allocated directly to the expenditure headings as far as practically possible to reflect the activities of the charity. Support costs have been allocated to the activities based on employee time spent on that activity.

Expenditure is included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered. Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party; it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Fund accounting

Restricted funds are subject to restrictions imposed by the donor. These are accounted for separately from unrestricted funds. The movements on restricted funds in the period 1 January 2021 to 31 December 2021 are shown in note 8 to the accounts

Unrestricted funds are those which are not subject to restrictions, and any surpluses may be applied in furtherance of any of the charity's objectives.

Cash and cash equivalents

Cash and cash equivalents include cash at banks and in hand and short-term deposits with a maturity date of three months or less.

Debtors and creditors

Debtors and creditors receivable or payable within one year of the reporting date are carried at their at transaction price. Debtors and creditors that are receivable or payable in more than one year and not subject to a market rate of interest are measured at the present value of the expected future receipts or payment discounted at a market rate of interest.

Tangible Fixed Assets and Depreciation

Tangible fixed assets costing less than £500 are not capitalised and are written off in the year of purchase. Depreciation is provided so as to write off the cost of the fixed assets over their estimated useful

Growing Hope Brockley
Notes to the Financial Statements
For the year period 1 January 2021 to 31 December 2021

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Growing Hope Brockley
Annual accounts 1 Jan 2021- 31 Dec 2021
Notes to the Financial Statements

4. Fixed Assets		Clinic Equipment
		£
Actual/Revalued cost	At 1 January 2021	3,178
	At 31 December 2021	<u>3,178</u>
Depreciation	At 1 January 2021	177
	Prior year adjustment	618
	Charge for the year	794
	At 31 December 2021	<u>1,589</u>
Net Book Value	At 1 January 2021	<u>3,001</u>
	At 31 December 2021	<u>1,589</u>

4a. The depreciation in 2021 includes £618 worth of depreciation undercharged in 2020 due to incorrect application of Growing Hope's depreciation policy

5. Debtors	2021	2020
	£	£
Other debtors and accrued income	2,000	0
Total	<u>2,000</u>	<u>0</u>

6. Creditors (amounts falling due less than one year)

	2021	2020
	£	£
Payroll Liability	0	(85)
Accruals for income received in advance	3,028	0
Total Current Liabilities	<u>3,028</u>	<u>(85)</u>

7. Analysis of assets by fund

	Unrestricted Funds	Restricted Funds	TOTAL FUNDS
	£	£	£
Cash & Deposit Balances	25,942	0	25,942
Fixed Assets	1,589	0	1,589
Other Assets	2,000	0	2,000
Total Assets	<u>29,531</u>	<u>0</u>	<u>29,531</u>
Current Liabilities	(3,028)	0	(3,028)
	<u>26,503</u>	<u>0</u>	<u>26,503</u>

Growing Hope Brockley
Annual accounts 1 Jan 2021- 31 Dec 2021
Notes to the Financial Statements

8. Staff

No employee was paid at the rate of more than £60,000

	2021	2020
Average employees during the period	1.0	0.6

9. Restricted funds

Funder	Item Funded	Balance as at 1 January 2021	Income	Expenditure	Balance as at 31 December 2021
Sir William Boreman's Foundation	Project cost	0	5,000	5,000	0
Tesco	Project cost	0	1,000	1,000	0

Growing HOPE BROCKLEY

growinghope.org.uk

Registered charity number 1188708 (England & Wales)

Growing Hope Brockley, St Peter's Church, Brockley, Wickham Road, SE4 1LT

Email: info@growinghope.org.uk

Phone: 07704427632

Photographs: Richard Cozby and Rachel Orphan

GROWING HOPE BROCKLEY

England & Wales - Charity number 1188708

Accounts

ANNUAL REPORT

Growing 
HOPE
Brockley

2020

Report and Financial Statements
23 March 2020 - 31 December 2020

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Page 18: Maya's Story



Page 14: Message from our Clinic Manager





“We came to you with a very specific area of need, you were able to take a step back and look at Ted’s full picture - and are now supporting us with something I didn’t even know we could get help with.”

GROWING HOPE NATIONAL CHARITY, CEO'S LETTER

It has been a privilege to see the way that Growing Hope has been able to continue to grow hope for children, hope for families and hope in Jesus throughout 2020. Despite a turbulent year we have much to celebrate - we have seen a new Growing Hope clinic launched, fundraising targets met, and have had several new staff members join our team.



I am incredibly proud of the momentous amounts of work that our trustees, volunteers and staff have put in across 2020. Without these dedicated individuals Growing Hope would not be where it is today.

This year we launched Growing Hope Brockley, our second local clinic, in partnership with St Peter's Brockley. It has been a joy to welcome Shaaron Powell to the Growing Hope team as Lead Therapist and Clinic Manager providing occupational therapy services to children in Lewisham and Southwark. The launch of a second clinic has been an encouraging step towards our long term vision to set up twenty clinics across the UK by 2030.

We expanded our therapy team in the Growing Hope King's Cross clinic welcoming Abi Page (speech and language therapist) and Judith Hart (physiotherapist) to the team, both in two day a week roles. The King's Cross clinic also continues to provide occupational therapy, music therapy and children's counselling and has directly worked with over 120 individuals in 2020.

We also grew our national team and in September welcomed Rachel Orphan as

"I am incredibly proud of the momentous amounts of work that our trustees, volunteers and staff have put in across 2020."



Fundraising & Communication Officer. Rachel has been an incredible asset to the team and it is brilliant having her on board.

Coronavirus has had a significant impact on the children, young people and families that we work with this year. Several families have experienced increased stress and difficulties with their children's behaviour, some families have lost loved ones. As a small organisation, we have been able to respond quickly in the face of different government measures to slow the spread of the virus. Our coronavirus policy has evolved with the changing situation. During the first lockdown, individuals self-isolation periods, and tier 4, we have worked with families virtually. For approximately three months of 2020 we were able to open our clinics again in-person and see families face to face with health and safety measures in place. Throughout virtual and in-person support we have seen our services have a positive impact on the health and wellbeing of families. As a charity, we have endeavoured to go the extra mile and ran a virtual parent support group, a podcast, and a weekly activity idea newsletter for families. We have supported several families with challenging transitions back to school throughout the period. We continue to believe that Jesus brings hope even in the most challenging situations and continue to pray that God brings a quick end to coronavirus.

This year we have developed our values as an organisation- hope, community, courage, innovation and generosity. I have seen these reflected in many of the staff, families, volunteers and supporters I have encountered in the previous year. In particular, I'd like to extend my gratitude to the supporters who have shared their time, encouragement, finances and skills which have enabled Growing Hope to thrive.

As Founder & CEO of Growing Hope I am so grateful for God's faithfulness over the last three years since the charity launched. We have all learnt a lot in the process, and I am excited for this next phase of development as the team continues to expand and we continue to grow hope in the lives of children and young people with additional needs and their families across the UK.

Yours Truly,

Dr Naomi Graham
Founder & CEO



Dr Naomi Graham
Founder & CEO

VALUES



Hope

We believe Jesus brings hope to children, young people and families, even in the most difficult situations, and that underpins everything we do.



Community

We are accepting of all and want everyone to know they are seen, heard and belong.



Courage

We are brave, choosing honesty over comfort, and tackling problems because we want to change lives.



Innovation

We are innovative, flexible and creative in our approach, always aiming for excellence.



Generosity

We look out for others and share our time, encouragement, finances and skills.



CHAIRMAN'S LETTER

Following the launch of our clinic, I would like to take this opportunity to offer my humble thanks to God for His hand upon the process of setting up and opening Growing Hope Brockley. He has blessed us with an outstanding team of Trustees who have selflessly given up many hours to enable our clinic to open; and to recruit an outstanding Lead Therapist & Clinic Manager, Shaaron Powell - who is a trained Occupational Therapist. We are also so grateful to all who have donated and volunteered so far, and to St Peter's Church, Brockley for their ongoing support.

In our year of preparing for and opening the second local Growing Hope clinic, Growing Hope Brockley has worked tirelessly to lay good foundations for the clinic, under the supervision of Naomi Graham (CEO & Founder of Growing Hope). Our 'Friends & Family' Online Launch event was well received, and enjoyed by many - helping us to spread the word about the charity. We offer our sincerest thanks to all the performers who gave up their time to entertain us and create a very special evening. We had a variety of performances from singers, dancers, a poet, and even Guvna B and Penny McNamee.

Since our clinic officially launched in October, GHB has already seen a positive impact on the lives of the children and families who have been involved from Lewisham and Southwark. We have loved hearing the stories from Shaaron of how the children and families have seen breakthroughs in their everyday life, as well as placing a high level of appreciation on the opportunity

to pray together. The clinic continued to provide therapy in person, when possible; and Shaaron has created new groups to deliver much-needed support online during this time.

2020 was a year of preparation: the Trustees worked hard to set up everything that was needed, and to promote the charity and generate interest and support. We have seen continued growth in our occupational therapy service in just a few months. We ended 2020 with a waiting list of families who would benefit from therapy.

As I write this letter we continue to look to the future and we are in the process of planning our next virtual, Covid-secure fundraising events in 2021; and starting 3 new support groups online.

Please join us in continuing to pray for Growing Hope Brockley, and for all the families we have connected with so far, and those with whom we will see in the coming year.



Chloe Stephens
Chair of Trustees



“We have loved hearing the stories from Shaaron (Lead Therapist) of how the children and families have seen breakthroughs in their everyday life.”

TRUSTEES REPORT

The board of trustees presents its report and financial overview for the year 23 March 2020 - 31 December 2020. Growing Hope Brockley was registered with the charity commission as a CIO on 23 March 2020, charity number 1188708. Our current trustees are Chloe Stephens, Jeni Noel, Ana Kyle, Francesca Bignoux and Imogen Sutherland.

Growing Hope Brockley provides free therapy services for children and young people with additional needs and their families living in Lewisham and Southwark. Our aim is to provide a holistic service which supports parents, carers and siblings - as well as the children and young people themselves. Details of our charitable objectives are on page 12 and stories of our impact can be found throughout this report.

We are confident that Growing Hope Brockley has carried out its charitable objectives in 2020 and acted in the interests of the public benefit. We have referred to the Charity Commission's guidance on reporting on public benefit when preparing this annual report. Growing Hope Brockley provides intervention and support to children and families in need, regardless of income. These services are provided by our one member of staff and in the future may be provided by freelancers (registered healthcare professionals), with the help of volunteers where necessary, in accordance with charity policy and standards of good practice. We have many volunteers without whom we would not have been able to launch Growing Hope Brockley in 2020, and we are extremely grateful for their support.

Since our launch we have:

- Provided occupational therapy for 10 children and have a waiting list for future sessions.
- Seen over 100 individuals and organisations give financially to our work.
- Raised £34,612 to grow hope in the lives of people in Lewisham and Southwark.






**Chloe Stephens
Jeni Noel
Ana Kyle
Francesca Bignoux
Imogen Sutherland**



OBJECTIVES

In accordance with its charity constitution, Growing Hope Brockley has sought to achieve the following aims and objectives in the year dated 23 March 2020 to 31 December 2020

The advancement of health and wellbeing for the public benefit by the provision of a therapy clinic run in accordance with Christian principles for children and young people (0-18) with additional needs and their families living in the Brockley area. In particular, but not exclusively, by:

-  Registered healthcare professionals providing assessment, advice and intervention, and other services as the trustees see fit
-  Provision of sibling, parent and carer support groups and courses, and other services as the trustees see fit.
-  The advancement of the Christian faith through the opportunity to engage in conversation about faith and spiritual wellbeing and to receive prayer, and other such invitations as the trustees see fit.



HOPE FOR CHILDREN

We have provided free occupational therapy in the St Peter's Brockley church building. We have provided assessment, intervention and parent support.



HOPE FOR FAMILIES

We have achieved this objective through Shaaron Powell's (Lead Therapist and Clinic Manager) completion of When Dreams Change Facilitator Training. This will enable us to host parents courses in 2021. We have also supported the families of children who have attended clinic.



HOPE IN JESUS

We have supported families of children with additional needs to access church services and feel a part of the St Peter's Brockley community. We continue to provide the opportunity for families to participate in prayer at the end of their clinic session.

Since our launch in October 2020, we have received sixteen referrals and have supported ten children with occupational therapy.



15.5% of children in the UK have additional needs ¹

9 in 10 autistic people worried about their mental health during lockdown ²

A 2020 Ofsted report found a loss of learning and social skills in children following lockdown ³

“From the first day there was a team of people ready to help wherever needed.”



CLINIC MANAGER'S MESSAGE

The Growing Hope Brockley Clinic opened on the 20th of October 2020 with one referral and a great expectation.

Firstly, a huge thank you needs to be extended to the St Peter's Brockley church team who partnered with Growing Hope to open a clinic in the church to support the needs of their surrounding community; who prayed each week for every step in the process of setting up the clinic (I will get to this later); and who helped in spreading the news and making the community aware of our service. From the first day there was a team of people already so excited to have Growing Hope Brockley, and ready to help wherever needed.

Secondly, a very big thank-you to the trustees who started prior to me, making my job a possibility and hosting an incredibly successful virtual fundraising event. They have been a wealth of wisdom, support and encouragement.

Thirdly, the Growing Hope umbrella who have answered numerous questions, handed over many helpful resources and made starting a clinic so much easier having their template and experience to refer to.

Before opening day there were a number of essential administrative tasks, from agreeing budgets to ordering equipment, and working out storage to connecting with the community. Somehow things were all in place for the first day, but I was a little disappointed at having only one referral. However, this changed very quickly with two new referrals coming in on opening day, and another five by the end of the week making the clinic at full capacity. It did not take long for a waiting list to start and the huge need for the service to become very

evident. All of the referrals were made by parents who were so thankful for support that they had tried to get from other services; but were on long waiting lists for or did not meet criteria.

Over the last three months, the Growing Hope Brockley Clinic has received sixteen referrals and supported ten children. The sessions have been incredibly successful with the children making positive changes and achieving their goals. Positive feedback has been received from both parents and children who have found value and joy in the sessions.



Shaaron Powell

**Shaaron Powell
Clinic Manager/Lead Therapist**

HOPE FOR CHILDREN

Since our launch we have worked with 10 children on a 1:1 basis. Several of our sessions and assessments were completed on a virtual basis with families when lockdown measures or isolation meant that it was not possible to see families in person.

Where virtual sessions took place these were usually only 30 minutes as children found it more difficult to participate on Zoom. We are currently providing occupational therapy for children with additional needs in Lewisham and Southwark. Each child received an assessment and then a four to six week block of weekly intervention sessions to support them in reaching their therapy goals.


Therapy services have been provided by:

 **Shaaron Powell** (occupational therapist), our Lead Therapist and Clinic Manager.

OUTCOME MEASURES

At Growing Hope we are committed to providing a high quality of clinical services and therefore we place a high importance on our outcome measurement. We use a combination of non-standardised feedback forms and a standardised measure, the Goal Attainment Scale (GAS).⁴ GAS is an outcome measure that is commonly used in research to show the effectiveness of therapy services.⁵ GAS enabled us to set three goals for each child and young person in a conversation between themselves, their parents and the therapist. These goals follow ‘SMART’ goal standards: Specific, Measurable, Achievable, Realistic and Timely. Each goal is designed to be achievable within the block of sessions a child is undertaking.



A young girl with blonde hair and black-rimmed glasses is looking at a framed photograph of a woman, presumably her mother. The girl has a yellow bandage on her right index finger. She is wearing a black shirt. The background is a bright blue surface. A yellow circular graphic is overlaid on the left side of the image, containing text. In the bottom right corner, there is a red and black object, possibly a toy or a piece of equipment.

“The sessions have been incredibly successful with children making positive changes and achieving their goals. Positive feedback has been received from both parents and children who have found value and joy in the sessions.”

- Shaaron Powell / Lead Therapist

MAYA'S STORY

Maya is a six year old who carried such joy and was a delight at every encounter. Maya was referred to the Growing Hope Brockley Clinic by her great aunt due to difficulties with everyday activities such as using a knife and fork, doing up buttons, tying shoelaces, handwriting, and washing. Following occupational therapy assessment three goals were chosen:

- To independently tie her school shoelaces by the end of the therapy block.
- To hold her pencil with just enough pressure to write or colour effectively by the end of the therapy block.
- To maintain an upright sitting posture for a 10 minute writing task without verbal prompts by the end of the therapy block.

Maya was the first child to complete a block of six sessions at the Growing Hope Brockley Clinic. Her great aunt continued practising the strategies at home on a daily basis which resulted in her achieving all of her goals. By the end of the block Maya was more confident and would attempt tasks rather than her immediate response of 'I can't'.

"The sessions Maya had were a massive help to us both, she has gained so much more confidence and now able to support herself a lot more thank you."

- Maya's Great Aunt



“The sessions Maya had were a massive help to us both, she has gained so much more confidence.”

SUPPORTER ENGAGEMENT

Volunteers play a big part in enabling Growing Hope Brockley to operate. The trustees would like to say a big thank you to each and every individual who has supported Growing Hope Brockley in the past year.

The trustees also want to recognise the role of our partnership church, St Peter's Brockley, in facilitating this level of support and volunteering. Without the church community, Growing Hope Brockley would be unable to continue to support children, young people and families.

SUNDAY VOLUNTEERS

Part of Growing Hope's vision is to see children and young people with additional needs and their families be supported to access church if they'd like to. Next year we are excited to see Growing Hope Brockley become more of a part of kids ministry at St Peter's and we continue to pray for Growing Hope families to access church.

ONE-OFF VOLUNTEERS

Our one-off volunteers for our launch event were so valuable in enabling the 'Friday Night in' to be a success. We are extremely grateful to all the musicians and entertainers who offered up their time to serve at this event. There was a variety of performances from singers, dancers and poets.

PROCEDURE

All regular volunteers provide two references, and any volunteer who works with children provides two references and completes a DBS check. Regular volunteers have a volunteer agreement which is in no way legally binding, but helps Growing Hope Brockley and the volunteer to agree the role in which they volunteer.



FRIDAY NIGHT IN PERFORMERS

- Lily beck
- Johann Ting
- Erika Felici
- Jehovah Jireh Haven home in South Africa
- Marley Eliza Hart
- Akor Opaluwah
- Jenny McNamee
- Guvna B
- Aislin Green
- Elevate (Springs Dance Apprentices)



“I originally got involved with Growing Hope after seeing a call out for someone to help take minutes for the first trustee meeting of Growing Hope Brockley. I was a member at St.Peters and was looking for ways to get involved with local projects. At this first meeting, I realised this was something that I’d love to be more involved with and put my name down for the fundraising committee.

When lockdown hit, this all changed and as well as minuting trustee meetings via zoom we ended up planning our launch event online. As I was furloughed I had plenty of time to help wherever I could, before, during and after our amazing first event. The team of trustees were lovely and it was a pleasure to help them. This is why, when asked, it was a no brainer for me to join them as the fundraising trustee. I’m sure it’s going to be a major learning curve, but I’m excited to watch the clinic grow and see the incredible work of Growing Hope spread across Lewisham and Southwark.”

- Imogen Sutherland /
Fundraising Trustee



TED'S STORY

Ted is a delightful 3 year old boy who sings to indicate his wants and has an infectious giggle. Ted came to the clinic after his mother completed a referral to improve his fine motor skills and upper limb function. However, through further discussion it was agreed Ted's limited range of what he would eat, was more of a priority, and feeding sessions would be the best use of time. A goal was set for Ted to trial three new foods by the end of the six sessions. Ted is yet to complete all of his sessions but has already made great gains, eating a carrot, trying a piece of cake and generally showing more interest in food. Ted's parents have taken on board the advice, and put strategies in place during their meals at home. Ted's mother has referred to the clinic room as being "magic", where Ted spontaneously does things he had never done. She also acknowledged changes he has made at home, such as Ted will now feeding his parents and showing interest in them eating. Although gains with feeding difficulties are small, it is important to remember that there are 32 steps to actually eating food and Ted's mother is incredible at acknowledging the small steps Ted is progressing in.

"We have been so so happy with the advice and support you have provided us. We came to you with a very specific area of need, you were able to take a step back and look at Ted's full picture - and are now supporting us with something I didn't even know we could get help with. What I mean is that as a parent I didn't even know I could ask for help with Ted's fear of new foods, which has a huge impact on his everyday life - but you really listened to what I said, and drew the issues out. Since then we both really look forward to coming to our sessions, and the recommendations you have made are so practical and enabling. I feel like we can use your advice every day, and it is helping us all as a family to work through different situations. The approach you take is so kind and so responsive to Ted's needs. Each time we leave with your advice and your prayers, and I really like both. Thank you for all of your time and advice."

-Ted's Mum



“We can use your advice every day, and it is helping us all as a family to work through different situations.”

FINANCIAL REVIEW

The trustees present an overview of the charity's finances for the period 23 March 2020 - 31 December 2020. Growing Hope Brockley currently runs with one unrestricted fund and does not have any restricted funds. Funds left in reserve at the end of the financial period: £24,337.

We received an income of £34,612

- £13,486 from voluntary income
- £20,000 from grant income
- £1,125 from fundraising activities

We had an expenditure of £10,275

- £42 on raising funds
- £10,234 on charitable activities

This is in line with expectations for the end of our financial year, and is enough funding to continue to run sustainably. The trustees are confident that there is going concern to continue the charity for the year ahead.

Our launch event helped raise funds and the profile of Growing Hope Brockley. We are currently planning for future virtual events. We took part in Growing Hope's charity wide #GiveBack2020 campaign which made us a small amount of income. We have set up Amazon Smile and Give as you Live to enable regular supporters to donate as they shop at no extra cost to them. We would like to thank Stewardship for donating £20,000 grant for the set up of Growing Hope Brockley.

MANAGEMENT OF FINANCIAL RISK

We aim to hold at least three months' of our outgoings in reserve. We raise our income through regular giving, fundraising events and grants. We aim to increase regular giving in order to have further sustainable finances to enable us to provide our therapy services.



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“By the end of the therapy block Maya was more confident and would attempt tasks rather than her immediate response of ‘I can’t.’”



RISK MANAGEMENT

The trustee's take risk management seriously and have identified the following risks and put in place processes to mitigate them.

FINANCIAL RISK

Hold the equivalent of three months regular expenditure in reserves.

Organise monthly fundraising meetings and plans.

Send regular finance updates to Growing Hope umbrella charity.

Follow policies and procedures outlined by Growing Hope umbrella charity.

IT SECURITY AND DATA PROTECTION

Follow data protection policy provided by Growing Hope umbrella charity.

Files accessed on a needs basis within google drive.

Encrypted clinic software (Canopy) for all clinical notes .

All computers password protected.

All reports and appointment letters sent to families password protected.

SAFEGUARDING

All trustees have undergone reference and DBS checks.

Any volunteers or staff working with children have undergone referencing and DBS checks.

All volunteers and staff are aware of safeguarding policy and procedures

HEALTH AND SAFETY

Follow risk management policy outlined by Growing Hope umbrella charity which includes health and safety guidelines.

Public liability insurance is in place.

Day-to-day risk assessments are carried out by all staff and volunteers within their roles.

COMPROMISING CHRISTIAN IDENTITY AND VALUES

Hope in Jesus continues to be core to the charity's messaging.

Everyone is welcome regardless of their background.

Each family who attends the clinic has the opportunity to choose to participate in prayer.



“The approach you take is so kind and so responsive to Ted’s needs. Each time we leave with your advice and your prayers, and I really like both.”





'Growing Hope is an incredible charity. Since talking to Growing Hope about setting up a clinic in Brockley, I've been blown away by their professionalism, commitment to the vision and love for the families they seek to give hope to. Our clinic started just one month ago and was full within 2 weeks of opening. The families it serves have genuinely fallen between the cracks of the care system and have been overwhelmed by the quality and the kindness of the care they've been given by Growing Hope. As a church leader, I am particularly encouraged by the link our therapist provides between the families in our local community and our Sunday worship services and the fact that Growing Hope offers prayer in way that is appropriate but incredibly effective. We already have families who wouldn't normally go to church returning to sessions with stories of the difference prayer has made to their child's week. Despite only starting the clinic a month ago, we are already looking at ways we can offer more sessions in the week given the overwhelming need in our area and the power of offering hope in Jesus as part of our care and love for families with children with additional needs. My prayer is that many more churches partner with Growing Hope so that they exceed their vision to see twenty more clinics by 2030 and I will be encouraging every church in our network to meet with Naomi Graham (Growing Hope's CEO) so that other localities can benefit from Growing Hope's replicable model themselves.'

Ben Jones, Vicar, St Peter's Church Brockley - second Growing Hope partnership church

Structure, Governance & Management

Growing Hope Brockley is a registered charity in England and Wales, and is run in accordance with its charity constitution. Growing Hope Brockley works in partnership with St Peter's Brockley and Growing Hope (umbrella charity).

As a CIO, if Growing Hope Brockley is wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities. The trustees also hold Trustee Indemnity insurance of £100,000 for Executive Risks. Insurance is provided via Growing Hope umbrella charity (CaSE combined policy 013633/03/19).

EMPLOYEES

Growing Hope Brockley employs Shaaron Powell as a Lead Therapist and Clinic Manager 3 days a week. Shaaron attends Growing Hope Brockley Trustee meetings and is not party to any decisions regarding her salary or employment.

All staff and volunteers have undergone safer recruitment checks.

GOVERNANCE AND PARTNERSHIPS

Growing Hope Brockley is a CIO that runs in partnership with Growing Hope (umbrella charity). It is Growing Hope's second clinic and receives governance, policy, insurance, clinical supervision and training from the umbrella. It provides financial reports to the umbrella and, with parental consent, shares stories from the clinic. Growing Hope Brockley also partners closely with its local partnership church, St Peter's where the lead therapist and clinic manager Shaaron Powell is part of the staff team. St Peter's provides pastoral care for Shaaron.

TRUSTEES

Growing Hope Brockley trustees are members of the CIO and appointed by a resolution at trustee meetings. They are responsible for governance of Growing Hope Brockley, ensuring it is meeting its charitable purposes.





“We came to you with a very specific area of need, you were able to look at the full picture - and are now supporting us with something I didn't even know we could get help with.”

THE YEAR AHEAD

We loved seeing the charity launch and reach children and families in 2020 despite the coronavirus pandemic. Heading into 2021 we know that virtual clinic will be a significant feature, particularly at the start of the year. However, we remain confident that we will be able to positively impact the lives of children, young people and their families and grow our services.

A key aim of the trustees is to increase our fundraising income through grant applications, events and campaigns. We also endeavor to keep our current staff in position and expand our services as finances allow.

For the next year we have set ourselves these goals:



SERVICES to continue to expand our services as finances allow.



LOCALITY to reach more families living in Lewisham and Southwark.



FUNDRAISING to increase fundraising income through regular giving, grants and supporter engagement.



CONNECTIONS to continue to build relationships with other local services and schools.



CHURCH to see more families that come through the clinic find home in church community.

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**WE BOTH REALLY LOOK
FORWARD TO COMING
TO OUR SESSIONS, AND
THE RECOMMENDATIONS
YOU HAVE MADE ARE
SO PRACTICAL AND
ENABLING.**

– CLINIC PARENT

GROWING HOPE BROCKLEY

growinghope.org.uk

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