

SOUTHERN WOMEN'S AID NETWORK (SWAN)

TRUSTEE REPORT FOR THE YEAR 2024–2025

Charitable Incorporated Organisation (CIO) No. 1188649

The charity is non-profit making, and its trustees are volunteers.



Unit 3, Bensham Business Centre,
62 Bensham Grove, Thornton Heath, CR7 8DS
Email: info@swanlondon.org | www.swanlondon.org

Reference and Administrative Information

Charity's Registered Name: Southern Women's Aid Network

Charity's Registered Number: 1188649

Charity's Principal Address: 85 Great Portland Street, London W1W 7LT

Trustees:

- Uzma Hameed (Chair)
- Saiqa Ali
- Amina Nasreen Khawaja (Secretary)
- Amber Siddiqui (Treasurer)
- Saman Jung
- Smaira Wahid
- Naheed Nizam

Bankers:

Bank of Scotland

PO Box 23583, Edinburgh EH1 1WH

Independent Examiner & Accountant:

Pearl Accountants Limited



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Structure, Governance and Management – Objectives and Aims

The relief or prevention of poverty amongst people in London or in other parts of the United Kingdom or abroad in such ways as the trustees from time to time think fit but not exclusively by:

- **Providing emergency food and household items to individuals and families in need.**
- **Offering support and signposting to relevant information, advisory services, and other organisations working to relieve or prevent poverty.**



Message from Our Chairperson

Dear SWAN Supporters and Well-Wishers,

I am delighted to provide you with an overview of SWAN's financial performance and the impactful initiatives we have undertaken over the past year. Your unwavering support has played a crucial role in enabling us to make a positive difference in the lives of individuals and communities both locally and internationally.

This past year, internationally, our reach extended across Pakistan, Afghanistan, Malawi, Bangladesh, Palestine and Madagascar. Through our new partnership with Croissant d'Espoir de Madagascar, we delivered food packs to elderly people, widows, and orphans, ensuring access to nutritious meals and dignity for those most at risk.

SWAN continued its critical work in Palestine, responding to the escalating humanitarian crisis in Gaza with emergency food, water, grants, and medical aid at a time of immense human suffering.

Locally, in South London, SWAN has continued to address social need through a multifaceted, community-led approach. Our weekly food banks and three soup kitchens provided essential sustenance to 9,840 beneficiaries, while our partnerships with local food distributors ensured that surplus fresh food was redistributed responsibly and with dignity. Initiatives such as the Refugee Children's Art Club and our monthly Tea & Talk sessions have supported mental wellbeing, social connection, and inclusion within our communities.

We have also begun developing a Community Drop-In Service, designed to offer a safe, confidential space for individuals seeking advice, emotional support, or practical assistance. This initiative reflects SWAN's commitment to meeting people where they are and responding holistically to local need.

Looking ahead, the past year has also been a period of reflection and strategic planning for SWAN. As our work has grown, so too has the need to ensure that our impact remains focused, sustainable, and responsibly funded. We have therefore begun a process of strengthening our team and refining and defining our work more clearly, prioritising local need in the UK, and focusing internationally on carefully selected countries where we have trusted partners and the ability to fund programmes without overstressing our resources or relying on unrestricted funds. This approach will allow SWAN to deepen impact, build long-term sustainability, and ensure that every project we support is both meaningful and financially responsible.

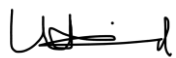
We extend our heartfelt gratitude to everyone who supports SWAN and to partner organisations including Don's Local Action Group, The Felix Project, FareShare, Lidl, and Gail's Bakery, whose weekly food donations continue to sustain our community pantries and families in need.

In conclusion, SWAN's work over the past year — locally and internationally — reflects both our compassion in responding to urgent need and our commitment to building a stronger, more sustainable organisation for the future. We remain deeply grateful for your trust, generosity, and belief in our mission.



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Warm regards,



Uzma Hameed

Chairperson

Southern Women's Aid Network (SWAN)

12th January 2026



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Achievements and Performance

SWAN has made a significant impact on the communities we serve through a holistic, three-tier approach of **Survival, Support, and Sustainability** — addressing urgent needs while empowering people for long-term resilience.

In **South London**, SWAN continues to run weekly food banks and three weekly soup kitchens, collectively providing for over **9,840 beneficiaries**. We also collaborate with other food banks to ensure no fresh food goes to waste, regularly donating surplus supplies to **St Martin's Community Centre**.

In addition to food aid, we offer emotional and social support through community-building initiatives such as our **Refugee Children's Art Club** and **monthly Tea & Talk gatherings** for adults.

As part of our continued commitment to holistic community support, we are now developing a **Community Drop-In Service**, which will be a confidential and welcoming space for anyone in need — offering advice, emotional support, and signposting to local services.

Our Appeals

United Kingdom

Our food bank and soup kitchens continue to serve diverse communities, including families in hardship, refugees, asylum seekers, and the homeless. This year, our **Community Pantry** provided over **3,000 food packs** to **900 registered families**, distributing up to **60 packs per week**.

We also provided **10,270 hot meals** through three weekly soup kitchens and distributed **2,530 essential supply packs**.

Through the **SWAN500 Project**, where 500 people donate £1 weekly, we have been able to issue **65 small grants** (up to £250 each) to families in emergency need, such as help with bills, debt, or essential items.

Afghanistan

Our **bakery project** produces **3,600 loaves weekly** (187,200 annually), providing both food and job opportunities. Additionally, vocational training empowers men and women with skills to achieve economic independence.



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Pakistan

We operate **two weekly soup kitchens**, fund a **school for 100 children**, and provide **2,200 kg of flour monthly** to support 1,000 students and local poor families.

We also support widows through a **sewing programme**, giving each graduate a sewing machine to start a business.

Bangladesh

With *Umme Salman Safura Begum Girls Madrasha and Orphanage*, we run a **Coding for Kids** programme empowering **Rohingya girls** with digital literacy. Ninety-five students completed 50 programming projects this year.

Malawi

Through *Darul Qur'aan Madrassah*, SWAN supports **70 students**, half of whom are orphans. This year saw **4 new Huffaaz**, **7 Aalim graduates**, and **15 students** complete computer courses.

Sudan

SWAN continues to support **Sudanese refugee families and orphans** displaced by the conflict, delivering food, essentials, and shelter support to those in camps and temporary housing.

SWAN has contributed to a **sustainable bread factory** project producing 1,300 packs per hour — ensuring food security for thousands of families while maintaining a model that covers operational costs through affordable pricing.

Madagascar

In partnership with *Croissant d'Espoir de Madagascar*, SWAN is providing **food packs to elderly people, widows, and orphans**. Each pack includes rice, oil, flour, sugar, lentils, and household essentials — enough to sustain a family for several weeks. This collaboration marks an expansion of SWAN's reach in Africa, extending compassion and relief to overlooked communities.

Gaza, Palestine

SWAN continues long-standing projects in Gaza, including:

- **Ambulance service** for emergency and chronic patients
- **Khan Younis Field Hospital** (rent, salaries, medical aid)
- **Primary Health Clinic** (maternity, neonatal, emergency care)



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- **Women's Hygiene Kits** (£25 each)
- **Orphan Sponsorships** (50 children at £50/month)
- **Food, water, and vegetable hampers**
- **Monthly family grants**
- **Breastfeeding project** providing food packs for mothers and orphaned babies

Despite severe conditions, SWAN continues to deliver vital support wherever access is possible.

Seasonal Campaigns: Ramadan and Eid

During **Ramadan 2025**, SWAN distributed more than **21,000 iftar meals** across **Gaza, Afghanistan, Yemen, Lebanon, Pakistan, Somalia, and the UK**.


In **Gaza**, 5,800 meals were served; **Pakistan** saw 6,000 beneficiaries; **Syria** and **Afghanistan** received 2,500 each; **Yemen** 2,400; **Lebanon** 2,100.

Eid celebrations reached:

- 200 children in Lebanon (Eid gift bags)
- 120 widows in Pakistan (38kg family packs)
- 63 women's shelters in the UK (support hampers)

SWAN's Ramadan work ensures food, dignity, and joy reach those who need it most.

Signed on behalf of the Board of Trustees



Uzma Hameed
Chairperson
Southern Women's Aid Network (SWAN)
12th January 2026



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Annual Report

Southern Women's Aid Network
For the period ended 30 April 2025



Prepared on
2 December 2025

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Financial Activities 30/04/20253

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Southern Women's Aid Network

Financial Activities

May 2024 - April 2025

	Total Restricted	Unrestricted	TOTAL
	funds		
Income	£	£	£
Charitable activities	38,155	265	38,420
Donations and legacies	1,090,928	70,818	1,161,746
Bakery / Bread	79		79
Bakery Operations	697		697
Bread	37		37
Total Bakery / Bread	813	-	813
Emergency Response	952		952
Family Support	3		3
Food Packs	15		15
Food Bank	84		84
Nursing Mothers	528		528
Total Food Packs	627	-	627
General	5,760	68	5,828
Hot Meals	3		3
Emergency Cooked Meals	20	2,792	2,812
Soup Kitchen	356		356
Total Hot Meals	379	2,792	3,171
Hygiene	130		130
Medical Aid	9		9
SWAN Field Hospital	4,793		4,793
Total Medical Aid	4,802	-	4,802
Most Needed	-	1,496	1,496
Orphans	463		463
SWAN500	-	100	100
Vocational/Educational	-		-
Coding	10		10
School Development Programs	275		275
Total Vocational/Educational	285	-	285
Water	-		-
Water Tankers	6,432		6,432
Water Well	6,181		6,181
Total Water	12,613	-	12,613
Zakat In	60,074		60,074
Total Donations and legacies	1,177,830	75,274	1,253,104
Gift Aid	-	26,612	26,612
Grant	24,905		24,905
Total Income	1,240,891	102,151	1,343,042
Cost of Sales			
Merchant Fees	208	6,078	6,286

Total Cost of Sales	208	6,078	6,286
Total	1,240,683	96,073	1,336,756
Expenditures			
Accountancy fees	-	-	
Advertising/Promotional	-	19,166	19,166
Bank charges	-	1,835	1,835
Cost of Labour	- -	4,858 -	4,858
Depreciation	2,600		2,600
Employee Pension Liability	- -	13 -	13
Employer National Insurance Expense	-	1,973	1,973
Employer Pension Expense	-	402	402
Employer Pension Liability	- -	10 -	10
Entertainment	-	807	807
Fundraising	-	20,380	20,380
Insurances	-	1,090	1,090
Monitoring and Evaluation	-	40	40
Office/General Administrative Expenses	-	5,931	5,931
Other Professional Services	-	19,850	19,850
Phone Costs	-	1,462	1,462
Travel and Accommodation	-	57	57
Volunteer Training	-	346	346
Wages Expense	-	40,445	40,445
Total Expenditures	2,600	108,904	111,504
Net Operating Income	1,238,083 -	12,831	1,225,252
Other Expenditures			
Casual Labour	-	189	189
Community Support	5,604	1,656	7,260
Contractor	6,018	4,717	10,735
Employee Expenses	-	90	90
Food Packs	-		
Food Bank	8,375		8,375
Total Food Packs	8,375	-	8,375
Hall Hire	2,240		2,240
Hot Meals	-		
Soup Kitchen	23,693		23,693
Total Hot Meals	23,693	-	23,693
Medical Related Expenditure	- 25	-	25
Other Charities	169,554	7,000	176,554
Overseas	884,533		884,533
Refugees	972		972
Research and Case Studies	-	345	345
Zakat Out	4,000		4,000
Total Other Expenditures	1,104,963	13,997	1,118,960
Net Other Income	- 1,104,963 -	13,997 -	1,118,960
Net Income/(Expenditure)	133,120 -	26,828	106,292

Balance Sheet

Southern Women's Aid Network

As of April 30, 2025

Distribution account	Total
Fixed Asset	
Tangible assets	
Motor Vehicles Cost	13,000
Motor Vehicles Depreciation Charge for the year	-
Total for Tangible assets	9,967
Total for Fixed Asset	9,967
Cash at bank and in hand	
Bank Account	234,261
Paypal	-
Total for Cash at bank and in hand	234,261
Debtors	
Debtors	4,389
Total for Debtors	4,389
Current Assets	
Deferred income	32,698
Prepaid Expenditures	-
Total for Current Assets	32,698
NET CURRENT ASSETS	271,348
Creditors: amounts falling due within one year	
Trade Creditors	
Creditors	1,140
Total for Trade Creditors	1,140
Current Liabilities	
Accruals	-
Employee National Insurance Liability	13
National Insurance Liability	1,824
PAYE Liability	-
Payroll Clearing	-
VAT Control	-
Total for Current Liabilities	1,837
Total for Creditors: amounts falling due within one year	2,977
NET CURRENT ASSETS (LIABILITIES)	268,371
TOTAL ASSETS LESS CURRENT LIABILITIES	278,337
TOTAL NET ASSETS (LIABILITIES)	278,337
Charity funds	
Opening Balance	9,230
Retained Earnings	162,816
Surplus/(Deficit)	106,292
Total for Charity funds	278,337

Notes to financial statements

Unrestricted Funds

Unrestricted funds are funds that are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Unrestricted funds include general funds, which are available for use in accordance with the charitable objects, and designated funds, which have been set aside by the trustees for specific purposes.

Restricted Funds

Restricted funds are funds subject to specific conditions imposed by donors or grant-making bodies, or through the terms of an appeal, and may only be used for particular purposes within the charitable objectives of the charity.

The purposes and uses of restricted funds are detailed within the notes to the financial statements.

Tangible Fixed Assets and Depreciation

Tangible fixed assets are initially recognised at cost. Cost includes the purchase price and any costs directly attributable to bringing the asset into working condition for its intended use.

Depreciation is charged on a straight-line basis as follows.

Motor Vehicle: 5 years straight line method.

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Trustees:

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- Saiqa Ali
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- Amber Siddiqui (Treasurer)
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Bank of Scotland

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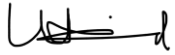
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Uzma Hameed

Chairperson

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Seasonal Campaigns: Ramadan and Eid

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Soup Kitchen	23,693		23,693
Total Hot Meals	23,693	-	23,693
Medical Related Expenditure	- 25	-	25
Other Charities	169,554	7,000	176,554
Overseas	884,533		884,533
Refugees	972		972
Research and Case Studies	-	345	345
Zakat Out	4,000		4,000
Total Other Expenditures	1,104,963	13,997	1,118,960
Net Other Income	- 1,104,963 -	13,997 -	1,118,960
Net Income/(Expenditure)	133,120 -	26,828	106,292

Balance Sheet

Southern Women's Aid Network

As of April 30, 2025

Distribution account	Total
Fixed Asset	
Tangible assets	
Motor Vehicles Cost	13,000
Motor Vehicles Depreciation Charge for the year	-
Total for Tangible assets	9,967
Total for Fixed Asset	9,967
Cash at bank and in hand	
Bank Account	234,261
Paypal	-
Total for Cash at bank and in hand	234,261
Debtors	
Debtors	4,389
Total for Debtors	4,389
Current Assets	
Deferred income	32,698
Prepaid Expenditures	-
Total for Current Assets	32,698
NET CURRENT ASSETS	271,348
Creditors: amounts falling due within one year	
Trade Creditors	
Creditors	1,140
Total for Trade Creditors	1,140
Current Liabilities	
Accruals	-
Employee National Insurance Liability	13
National Insurance Liability	1,824
PAYE Liability	-
Payroll Clearing	-
VAT Control	-
Total for Current Liabilities	1,837
Total for Creditors: amounts falling due within one year	2,977
NET CURRENT ASSETS (LIABILITIES)	268,371
TOTAL ASSETS LESS CURRENT LIABILITIES	278,337
TOTAL NET ASSETS (LIABILITIES)	278,337
Charity funds	
Opening Balance	9,230
Retained Earnings	162,816
Surplus/(Deficit)	106,292
Total for Charity funds	278,337

Notes to financial statements

Unrestricted Funds

Unrestricted funds are funds that are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Unrestricted funds include general funds, which are available for use in accordance with the charitable objects, and designated funds, which have been set aside by the trustees for specific purposes.

Restricted Funds

Restricted funds are funds subject to specific conditions imposed by donors or grant-making bodies, or through the terms of an appeal, and may only be used for particular purposes within the charitable objectives of the charity.

The purposes and uses of restricted funds are detailed within the notes to the financial statements.

Tangible Fixed Assets and Depreciation

Tangible fixed assets are initially recognised at cost. Cost includes the purchase price and any costs directly attributable to bringing the asset into working condition for its intended use.

Depreciation is charged on a straight-line basis as follows.

Motor Vehicle: 5 years straight line method.



Section A

Independent Examiner's Report

Report to the trustees

Charity Name
SWAN (SOUTHERN WOMEN'S AID NETWORK)

On accounts for the year
ended

30/04/2025

Charity no
(if any)

1188649

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **30 / 04 / 2025**.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete [] if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* *Please delete the words in the brackets if they do not apply.*

Signed: *M. Kalair*

Date: 30/01/2026

Name: Manisha Kalair

Relevant professional MAAT

qualification(s) or body
(if any):

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Address:

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

n/a

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